Transition from supersonic to subsonic waves in superfluid Fermi gases

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We study the propagation of dispersive waves in superfluid Fermi gases in the BEC-BCS crossover. Unlike in other superfluid systems where dispersive waves have already been studied and observed, Fermi gases can exhibit a subsonic dispersion relation for which the dispersive wave pattern appears at the tail of the wave front. We show that this property can be used to distinguish between a subsonic and a supersonic dispersion relation at unitarity.

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I. INTRODUCTION

Cold atomic gases have given a new boost to the research on superfluids. Using the high level of experimental control offered by these systems, the propagation of first [1,2] and second sounds [3] has been observed, the superfluid fraction has been measured [3], the dissipationless flow of an impurity below the critical velocity was demonstrated [4], and the damping of phonons has been precisely measured in Bose gases [5,6] and clearly related to elementary three-phonon processes [7,8].

In this context, cold gases of paired fermions have attracted special attention due to the possibility of tuning the interaction strength using a Feshbach resonance [9]. This degree of freedom allowed for the observation, unique among superfluid systems, of a resonantly interacting gas in the so-called unitary limit [10]. A specificity offered by the controllable interactions is that the sound branch changes from a supersonic dispersion relation in the Bose-Einstein condensate (BEC) limit where the pairs are tightly bound dimers, to a subsonic one in the Bardeen-Cooper-Schrieffer (BCS) limit of weakly correlated pairs [11]. Cold Fermi gases are then one of the rare homogeneous superfluid systems in which a subsonic dispersion relation can be observed (others being helium at high pressure [12] and a spin-orbit coupled BEC [13]). Since dissipative effects are weak in low-temperature superfluid Fermi gases [14,15], waves propagate much longer than in a viscous medium. The long-time behavior of a wave packet is then governed by dispersive effects [16,17], and a specific behavior, observed in a superfluid in this paper, is expected for a subsonic dispersion [18].

Describing this dispersive hydrodynamics in a Fermi gas is a nontrivial task. Since high-amplitude waves excite the pair internal degrees of freedom, there exists no simple equivalent of the bosonic Gross-Pitaevskii equation able to describe the nonlinear wave dynamics and relate it to well-studied mathematical models, such as the Korteweg–de Vries equation [19,20]. Here we study wave propagation in two limiting cases where rigorous wave equations can be derived from first principles.

In Sec. II, we study small amplitude waves completely characterized by the dispersive spectrum. Due to dispersion, the plain wave front that would propagate after a perturbation in a nondispersive medium is perturbed by the formation of an oscillatory train. The position of these oscillations with respect to the wave front depends on whether the bending of the sound branch is supersonic or subsonic and thus changes when the interactions are tuned from the BEC to the BCS regime.

In Sec. III, we study the propagation of large-amplitude long-wavelength perturbations using the nonlinear wave equation derived in Ref. [21]. With an initial perturbation in the form of a density depletion, we show the appearance of a narrow solitary edge traveling slower than the speed of sound behind the wave front. The secondary peaks caused by dispersion are smoothened by nonlinear effects but remain visible. This behavior is reminiscent of the dispersive shock waves observed in Bose gases [22,23].

Finally, we show how these phenomena can be used to settle the ongoing debate on the interaction regime at which the collective branch changes from supersonic to subsonic. Calculations in the random-phase approximation (RPA) [11,24], in an effective Lagrangian approach [25], in a $4-\epsilon$ expansion [26], or Monte Carlo simulations [27] predict a supersonic branch at unitarity, whereas a density functional method [28] finds it subsonic. However, the supersonic or subsonic nature of the sound branch controls several important macroscopic properties of the gas, in particular, its dissipative properties [7]. Here we show that dispersive waves can be used to obtain a measurement that can settle this controversy using state-of-the-art experimental techniques to create small-sized perturbations [29] and to perform high-resolution imaging [30].

II. LINEAR DISPERSIVE WAVES

At low momentum, the dispersion relation of the sound branch of a superfluid can be written generically as

$$\hbar\omega_{\mathbf{q}} = \hbar c q \left[1 + \frac{\gamma}{8} \left(\frac{\hbar q}{mc} \right)^2 + O\left(\frac{\hbar q}{mc} \right)^4 \right]. \tag{1}$$

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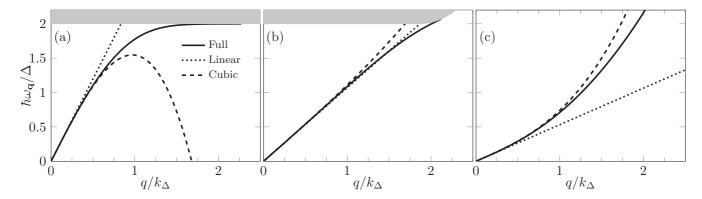


FIG. 1. The RPA dispersion relation of the collective excitations is plotted (a) in the BCS regime $(1/k_F a = -1)$, (b) at unitarity $(1/k_F |a| = 0)$, and (c) in the BEC regime $(1/k_F a = 1)$. The full line corresponds to the full numeric solution of the dispersion, which is compared to its linear (dotted) and cubic (dashed) approximation at low q. The gray area shows the pair-breaking continuum. Units of the superfluid order parameter Δ and $k_\Delta = \sqrt{2m\Delta}/\hbar$, respectively, are used for the energy and the wave number.

In this expression, c is the speed of sound, found from the density ρ and the chemical potential μ of the gas by the hydrodynamic relation $mc^2 = \rho d\mu/d\rho$, m is the mass of the particles, and γ is a dimensionless parameter controlling the cubic correction to the linear spectrum. In a superfluid Fermi gas, the speed of sound is known experimentally for any interaction strength from the measurements of the equation of state $\mu = \mu(\rho, a)$, with a as the s-wave scattering length [31,32]. For the coefficient γ , which depends on the microscopic physics of the system and trapping geometry, there are however only theoretical predictions. For homogeneous gases, several predictions of a positive [11,24–27] or negative [28] γ coexist at unitarity ($|a| = \infty$), but only the RPA prediction of γ exists in the whole BEC to BCS crossover [11]. In particular, the RPA finds γ to be negative for $1/k_{\rm F}a < -0.14$ and positive above. At higher momenta, the full dispersion relation $q \mapsto \omega_q$ was again only predicted within the RPA; it is obtained by numerically solving the RPA implicit equation [24,33] {see Eq. (1) in Ref. [11]}. This dispersion relation is visualized in Fig. 1 for different interaction regimes.

In this paper we explain how dispersive waves can be used to measure the coefficient γ . Our starting point is the Schrödinger equation that governs the propagation of a plane wave of momentum \mathbf{q} ,

$$(i\partial_t - \omega_{\mathbf{q}})\psi = 0, (2)$$

where $\psi \in \mathbb{R}$ represents a perturbation of the superfluid density $\rho = \rho_0 (1 + \psi)^2$. This very intuitive equation is, in fact, rigorously demonstrated for a superfluid Fermi gas by writing down, in a functional integral formalism, a quadratic Lagrangian for the phase and amplitude of the superfluid order parameter as is performed explicitly in Appendix A. Replacing $\omega_{\mathbf{q}}$ by its cubic approximation (1) and restricting to one-dimensional right-propagating waves Eq. (2) takes the form

$$\partial_t \psi = -c \,\partial_x \psi + \frac{\gamma \hbar^2}{8m^2 c} \partial_x^3 \psi, \tag{3}$$

which is nothing else than a linearized Kortweg-de Vries equation [19,34]. The propagation of unidimensional waves in (quasi)homogeneous space can be studied in box potentials

[35], provided the transverse size of the box is much larger than the wavelength of the perturbation [36]. In elongated harmonic traps, the dispersion of phonons is expected to be concave in the BEC limit as in a weakly interacting Bose gas [37] so that no transition from subsonic to supersonic waves should occur.

We study the propagation of an initial Gaussian perturbation of the superfluid density,

$$\psi(x, t = 0) = \zeta e^{-x^2/2\sigma^2},\tag{4}$$

where the amplitude ζ is chosen small enough for the linear differential equation (3) to remain valid. Upon rescaling the distances to the width of the perturbation σ and the times to its duration σ/c , there remains a unique parameter describing the propagation of waves under Eq. (3), namely, the coefficient of the third-order derivative $\gamma \hbar^2/8m^2c^2\sigma^2$. This parameter thus

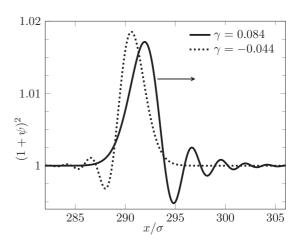


FIG. 2. A comparison of dispersive waves for different predictions of the cubic coefficient γ at unitarity $(1/k_{\rm F}a=0)$. Both functions are solutions to Eq. (3), starting from a Gaussian perturbation with $\zeta=0.02$ and $\sigma=2.5\hbar/mc$. For the solid curve the analytic RPA prediction $\gamma=0.084$ is used, whereas the dotted line is drawn for $\gamma=-0.044$, predicted by Zou *et al.* [28]. The dispersive waves are shown at a time $t=t_{\rm sep}$, and we omitted the symmetric left-traveling wave for visibility.

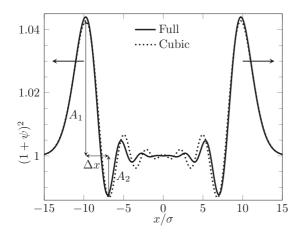


FIG. 3. Dispersive waves in the BCS regime $(1/k_{\rm F}a=-1)$ at a time $t=2t_{\rm sep}$, starting from an initial Gaussian perturbation with $\zeta=0.05$ and $\sigma=3.2\hbar/mc$. The cubic approximation of the dispersion (dotted line) is compared to the full numeric solution (solid line). The cubic approximation becomes worse moving away from the primary wave front where high-momentum waves dominate.

controls the time after which the dispersive effects become important,

$$t_{\text{sep}} = \frac{\sigma}{|c(\tilde{q}) - c|} = \frac{2\sigma}{c|\gamma|} \left(\frac{mc\sigma}{\hbar}\right)^2.$$
 (5)

Here $c(q) = \omega_q/q$ is the phase velocity of the waves with momentum q, and $\tilde{q} = 2/\sigma$ is the typical wave number of the high-momentum waves in the perturbation. At time $t = t_{\text{sep}}$ the waves with wave-number \tilde{q} have traveled away from the main wave front across a distance σ , leading to the formation of an oscillatory train. The width σ should be chosen narrow enough for the separation time to remain within experimental reach yet wide enough for the cubic expansion (1) to be valid.

In Fig. 2 we show the dispersive waves at unitarity $(1/k_F a=0)$ for $\sigma=2.5\hbar/mc$, comparing the prediction of γ of Ref. [28] to the expression of the RPA. The difference between supersonic and subsonic dispersive waves is clearly visible. For the positive γ predicted by the RPA, secondary oscillations appear at the leading edge of the traveling wave, whereas for a negative γ , they appear at the trailing edge. Observing the location of these secondary oscillations is thus enough to predict the sign of the cubic term in the dispersion.

In the BCS regime γ is certainly negative, offering a system with a subsonic dispersion. This can be seen in Fig. 3 where secondary oscillations appear behind the traveling wave front. There we compare dispersive waves generated by the full dispersion relation to those generated by its cubic approximation. Both solutions coincide close to the primary wave front but start to differ further away where higher wave numbers become important and the cubic expansion is not valid anymore.

III. SHOCK WAVES

To go beyond the small amplitude approximation and account for nonlinear effects in our physical situation, we now search for a nonlinear wave equation. Obtaining such an equation in a strongly interacting superfluid and especially in

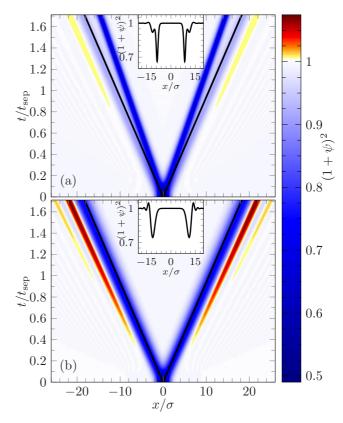


FIG. 4. The superfluid density following a localized initial perturbation in x=0 (with $\zeta=-0.3$ and $\sigma=1.14\hbar/mc$) is shown in colors as a function of space (on the horizontal axis) and time (on the vertical axis) in the BEC regime $(1/k_Fa=2)$. The black solid lines represent the light cone $x=\pm ct$. The top panel (a) shows the nonlinear evolution according to Eq. (6) whereas the bottom one (b) shows the linear dispersive evolution according to Eq. (2).

a superfluid of fermions is a difficult task. First, the (nonlinear) Korteweg–de Vries equation (or its extensions that include an arbitrary amplitude dependence of the speed of sound [20]), which would seem like a natural generalization of Eq. (2), describes separately right- and left-traveling waves [38] such that it does not describe our situation where a perturbation initially at rest splits into two counterpropagating waves and where important nonlinear effects take place during the separation stage. To correctly describe counterpropagating waves, we need at least a system of two coupled nonlinear equations as, for example, the (complex) Gross-Pitaevskii equation.

Second, deriving a fermionic equivalent of the Gross-Pitaevskii equation is arduous because high-amplitude excitations excite the internal degrees of freedom of the fermion pairs. A first possibility is to use Bogoliubov–de Gennes equations of motion, which are a large set of coupled nonlinear equations [39]. Alternatively, Ref. [21] achieves it by restricting to long-wavelength and low-energy perturbations. The ensuing nonlinear wave equation on the superfluid order parameter Ψ takes the following form:

$$iD(|\Psi|^2)\partial_t \Psi = -C \,\partial_x^2 \Psi + Q \,\partial_t^2 \Psi + A(|\Psi|^2)\Psi + \left(E \,\partial_x^2 |\Psi|^2 - R \,\partial_t^2 |\Psi|^2\right)\Psi, \tag{6}$$

where the coefficients C, E, Q, and R, and the functions A and D of the wave intensity are given in Appendix B as integrals over the fermionic degrees of freedom. Unlike the phenomenological system based on hydrodynamics of Ref. [38] this equation is derived from first principles by resumming the infinite series of the slow fluctuations of the order parameter and naturally accounts for the fermionic contribution to the wave dynamics. Unfortunately, since it truncates time and space derivatives to second order, it does not describe correctly the dispersion coefficient γ in the BCS regime where it depends on higher-order derivatives.

In Fig. 4, we use this equation to track the time evolution of a large decrease ($\zeta = -0.3$) in the superfluid density in the BEC regime and compare it to the linear dispersive scenario of Eq. (2). The secondary oscillations caused by the supersonic dispersion are still visible at the leading edge of the wave, but their amplitude is reduced. In the trailing edge a major nonlinear feature appears: a narrow solitary edge traveling at a constant speed. Since we chose an initial perturbation that depletes the density, this speed is here slower than the speed of sound such that the dispersive oscillations and the solitary edge are separated by the light cone $x = \pm ct$.

The behavior observed here is reminiscent of the dispersive shock waves observed in dissipationless nonlinear media [17,22,23]. This is remarkable since our complex nonlinear equation (6) is quite different from the Kortweg–de Vries equation with which dispersive shock waves are usually described.

IV. EXPERIMENTAL OBSERVABILITY

We now discuss the observability of the secondary oscillations generated by the dispersive wave propagation in real experimental conditions.

A. Propagation time

To be able to see dispersive waves, one should wait a time of order $t_{\rm sep}$ [defined in Eq. (5)]. At time $t=t_{\rm sep}$, no matter the value of $mc\sigma/\hbar$, the primary density excitation has an amplitude A_1 of about 95% of the initial Gaussian perturbation ζ , whereas the biggest secondary peak A_2 is roughly 15% of ζ . At this time, the spatial distance between the two peaks is approximately $\Delta x \simeq 2.6 \, \sigma$.

To compare with experimental parameters, we use a system of ^6Li atoms with a typical Fermi temperature of $T_{\rm F}=1~\mu{\rm K}$. Using a thin optical barrier to create the initial perturbation, one can reach a width $\sigma=1.4~\mu{\rm m}$ [29] [corresponding to $(\hbar/mc\sigma)^2\simeq 0.16$ at unitarity]. Then the distance between the two peaks $\Delta x\simeq 3.6~\mu{\rm m}$ is longer than the spatial resolution of current experiments [30,40]. The minimal value $\gamma_{\rm min}$ that can be detected using dispersive waves is then *a priori* determined by the maximal propagation time in a condensate

of size L, $t_{\rm max} = L/c$. Imposing that the maximal separation time is $t_{\rm sep} = t_{\rm max}$, taking² $L = 250~\mu{\rm m}$ and $c \simeq 20~\mu{\rm m/ms}$ at unitarity [41], we obtain

$$|\gamma_{\min}| \simeq 33 \frac{\hbar}{mcL} \underset{1/k_{\rm F}|a|=0}{\sim} 0.074,$$
 (7)

smaller than the value predicted by the RPA at unitarity. To illustrate, the time used in Fig. 2 is $t_{\rm sep} \simeq 20$ ms, comparable to $t_{\rm max} = 13$ ms. It should thus be possible to determine the sign of γ at unitarity within present capabilities.

In the BCS regime $|\gamma|$ is much larger such that shorter times are enough to distinguish dispersive waves. For an initial width $\sigma \simeq 1.2~\mu \mathrm{m}~[(\hbar/mc\sigma)^2 \simeq 0.1]$ as used in Fig. 3, the separation time is $t_{\mathrm{sep}} \simeq 0.22~\mathrm{ms}$ according to the RPA.

B. Staying in the linear regime

Finally, we introduce a simple criterion on the perturbation amplitude ζ that guarantees that the waves do not enter the nonlinear regime described in Sec. III. Even if nonlinearity does not completely remove dispersive effects, it probably forbids a precise measurement of γ . We consider the nonlinear deformation of a wave packet to be significant when the propagation time exceeds [38]

$$t_{\rm nl} = \frac{\sigma}{|c(\zeta) - c|}. (8)$$

Here, c is the phase velocity of the low-momentum waves at density ρ_0 , and $c(\zeta)$ is the same velocity at density $\rho = \rho_0 (1 + \zeta)^2$. When $t = t_{\rm nl}$, the waves in the peak of perturbation have traveled a distance σ away from the wave packet, therefore causing deformations of the wave front. In order for dispersive effects to be visible without nonlinear deformations, the initial perturbation ζ should be sufficiently small so that $t_{\rm nl} > t_{\rm sep}$.

Away from unitarity, where $|\gamma|$ is not anomalously small, this condition is well satisfied for perturbations of order $\zeta \approx$ 5% for which the secondary peak A_2 has an amplitude of about 1% of the background. A density fluctuation of this magnitude is within experimental detectability [3,30]. At unitarity, most theories predict $|\gamma|$ to be very small, which results in a long dispersive separation time. Therefore, fulfilling the condition $t_{\rm nl} > t_{\rm sep}$ is possible only for very small perturbations, experimentally challenging to prepare and observe. Still, the sign of γ can be assessed by entering the nonlinear regime with more easily detectable larger perturbations. To clarify this, we extend the nonlinear wave equation (6) in order to describe a concave dispersion. The coefficient R is now chosen to reproduce the desired value of γ . In Fig. 5, we use this model to compare subsonic and supersonic waves (with values of γ as in Fig. 2) for an increase in the superfluid

¹The solution of the wave equation (3) can be made independent of σ by changing x to $x' = (x - ct)/\sigma$ and t to $\sigma t'/c = t/\tilde{\sigma}^2$ with $\tilde{\sigma} = mc\sigma/\hbar$. Then the linearized Korteweg–de Vries equation (3) takes the simple form $\partial_{t'}\psi = \pm \partial_{x'}^3 \psi$ where the sign is that of γ and with the initial condition $\psi(x', t' = 0) = \zeta e^{-x'^2/2}$.

²Although box potentials have not reached this size yet [35], the wave packet can bounce back at the edges, resulting in a longer propagation length than the size of the box.

³At unitarity and in the BCS limit, where μ is proportional to the Fermi energy $\epsilon_{\rm F}$, one obtains from $mc^2 = \rho \, d\mu/d\rho$ that $c \propto \rho^{1/3}$ so that $c(\zeta) = c(1+\zeta)^{2/3}$. In the BEC limit where $\mu \propto \rho$, we have $c(\zeta) = c(1+\zeta)$.

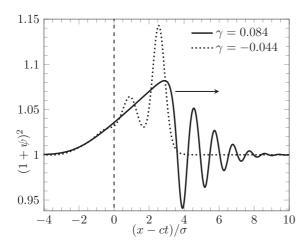


FIG. 5. Wave propagation at unitarity according to Eq. (6) where the coefficients are altered to incorporate two different predictions of γ (solid line for the RPA prediction and dotted line for the prediction of Ref. [28]). Only the right-traveling wave is shown at $t = 0.5t_{\rm sep} = 2.8t_{\rm nl}$ from an initial perturbation with $\zeta = 0.1$ and $\sigma = 2.5\hbar/mc$.

density ($\zeta=0.1$) sufficiently large to reveal nonlinear effects. As with more usual nonlinear dispersive wave equations [17], we observe that the orientation of the dispersive shock wave (the position of the oscillatory train with respect to the main peak) depends only on the sign of γ . This indicates that our scenario to measure the sign of γ is robust against nonlinear effects.

V. CONCLUSION

We have demonstrated that dispersive waves can be used as an alternative to Bragg spectroscopy [2,42] to measure the first dispersive correction to the collective branch of a superfluid Fermi gas. After a propagation time that we properly define, there appear deformations either behind or in front of the wave front, depending on whether the branch is subsonic or supersonic.

We show that using state-of-the-art experimental techniques it should be possible to assess the nature of the dispersion at unitarity. Our paper takes into account possible nonlinear deformations and quantifies their relevance in experimental conditions, which is rarely performed for Fermi gases.

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APPENDIX A: EQUATION OF MOTION

The equation of motion (2) can be rigorously derived in the functional integral formalism. Expanding the full action of the system up to quadratic order in phase θ and amplitude λ fluctuations of the order parameter gives the Gaussian fluctuation action [24],

$$S = S_0 + \int d\omega \sum_{\mathbf{q}} (\lambda^* \quad \theta^*) \mathbf{M}(\omega, \mathbf{q}) \begin{pmatrix} \lambda \\ \theta \end{pmatrix}, \quad (A1)$$

with $\mathbf{M}(\omega, \mathbf{q})$ as the 2×2 Gaussian fluctuation matrix, see Eqs. (38) and (39) in Ref. [43]. From the action (A1) coupled linear equations of motion can be derived for the phase and amplitude fields. Alternatively, one can integrate out the amplitude field λ in the partition function,

$$\mathcal{Z} = \int \mathcal{D}\lambda \, \mathcal{D}\theta \, e^{-\mathcal{S}},\tag{A2}$$

which yields an effective action for the phase field θ ,

$$\tilde{S} = S_0 + \int d\omega \sum_{\mathbf{q}} \frac{\det \mathbf{M}(\omega, \mathbf{q})}{M_{1,1}(\omega, \mathbf{q})} \theta^* \theta.$$
 (A3)

As the zeros of det $\mathbf{M}(\omega, \mathbf{q})$ describe the collective mode dispersion $\omega_{\mathbf{q}}$, this action can always be written as

$$\tilde{S} = S_0 + \int d\omega \sum_{\mathbf{q}} P(\omega, \mathbf{q}) (\omega^2 - \omega_{\mathbf{q}}^2) \theta^* \theta, \quad (A4)$$

where $P(\omega, \mathbf{q})$ is some polynomial in ω and \mathbf{q} that does not vanish below the pair-breaking continuum. Extremizing the action $(\delta \mathcal{S}/\delta \theta^* = 0)$, switching to the time domain, and identifying ψ for θ thus leads to Eq. (2) in the main text.

APPENDIX B: EFFECTIVE FIELD THEORY

At zero temperature and in the three-dimensional thermodynamic limit, the coefficients C, E, Q, and R of Eq. (6) are given by [21]

$$C = \int \frac{d\mathbf{k}}{(2\pi)^3} \frac{\hbar^4 k^2}{6m^2} \frac{1}{4\mathcal{E}_k^3},$$
 (B1)

$$E = \int \frac{d\mathbf{k}}{(2\pi)^3} \frac{\hbar^4 k^2}{3m^2} \frac{5\xi_{\mathbf{k}}^2}{16\mathcal{E}_{\mathbf{k}}^7},$$
 (B2)

$$Q = \int \frac{d\mathbf{k}}{(2\pi)^3} \frac{\hbar^2}{8\mathcal{E}_{\mathbf{k}}^3},\tag{B3}$$

$$R = \int \frac{d\mathbf{k}}{(2\pi)^3} \frac{\hbar^2}{16\mathcal{E}_{\mathbf{k}}^5},\tag{B4}$$

with $|\Delta|$ as the bulk value of the superfluid order parameter and $\xi_{\bf k}=\frac{\hbar^2k^2}{2m}-\mu$ and $\mathcal{E}_{\bf k}=\sqrt{\xi_{\bf k}^2+|\Delta|^2}$, respectively, the dispersion relations of free fermions and of BCS quasiparticles. The functions A and D of the perturbed order parameter Ψ are

$$A(|\Psi|^2) = -\frac{m}{4\pi\hbar^2 a} - \frac{1}{2} \int \frac{d\mathbf{k}}{(2\pi)^3} \left(\frac{1}{E_{\mathbf{k}}} - \frac{2m}{\hbar^2 k^2}\right), \text{ (B5)}$$

$$D(|\Psi|^2) = \int \frac{d\mathbf{k}}{(2\pi)^3} \frac{\hbar \xi_{\mathbf{k}}}{4E_{\mathbf{k}}^3},$$
 (B6)

with
$$E_{\mathbf{k}} = \sqrt{\xi_{\mathbf{k}}^2 + |\Psi|^2}$$
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