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Reference:

Van der Biest Katrien, Meire Patrick, Schellekens Tim, D' hondt Bram, Bonte Dries, Vanagt Thomas, Ysebaert Tom.- Aligning biodiversity conservation and ecosystem services in spatial planning : focus on ecosystem processes
The science of the total environment - ISSN 0048-9697 - 712(2020), 136350
Full text (Publisher's DOI): <https://doi.org/10.1016/J.SCITOTENV.2019.136350>
To cite this reference: <https://hdl.handle.net/10067/1653730151162165141>

1 Aligning biodiversity conservation and
2 ecosystem services in spatial planning:
3 focus on ecosystem processes

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16

17 Abstract

18 Although the consideration of socio-economic demands with biodiversity conservation is now high on
19 the environmental policy agenda, it is not yet standard practice in spatial planning. This is argued to
20 be related, amongst others, to a lack of awareness among stakeholders and practitioners of the
21 underpinning role of ecosystem functioning and biodiversity to support human well-being. Meanwhile,
22 there is mounting critique on the absolute focus of biodiversity conservation on static properties such
23 as species and habitats. The establishment of more ecologically sensible objectives that include
24 ecosystem processes besides species and habitats is put forward as a more effective way of
25 environmental conservation. Methodological approaches increasingly consider ecosystem processes.
26 However, the processes that are included mostly relate to aspects of biodiversity such as dispersal and
27 productivity, and rarely do they include abiotic mechanisms that underlie biodiversity. We here report
28 on the development of a method that integrates two principles which we identify as key to advance
29 the integration of ecosystem services with biodiversity conservation in planning practice: (1) consider
30 the variety of ecosystem processes, biotic as well as abiotic, that support biodiversity and ecosystem
31 services, and (2) link the ecosystem processes to biodiversity and to socio-economic benefits to identify
32 the common ground between seemingly conflicting objectives. The methodology uses a stepwise
33 approach and is based on an extensive review of available knowledge on ecosystem functioning, expert
34 consultation and stakeholder involvement. We illustrate how the methodology supports the setting of
35 strategic goals to accomplish a healthy coastal ecosystem in Belgium, and exemplify how this may
36 affect spatial plans. The aim of this paper is to demonstrate how including processes opens
37 opportunities to align biodiversity and ecosystem services and how this increases chances to provide
38 long-term benefits for biodiversity and human well-being. The paper may provide inspiration to
39 advance current spatial planning approaches.

40

41

42 **Keywords**

43 Natural dynamics; ecosystem approach; marine ecosystem; stakeholders; synergies, trade-offs

44 1. Introduction

45 Given the fast growth of the world population, safeguarding the necessary space to protect
46 biodiversity and ensuring natural processes is a major challenge worldwide for spatial planning both
47 on land and at sea. Over the past decades, different concepts have been established that aim to find
48 compatibilities between nature conservation and socio-economic development. The ecosystem
49 approach (CBD, 2004), marine spatial planning (MSP) and ecosystem-based management (McLeod et
50 al., 2005) all focus on combining biodiversity conservation and sustainable and equitable use rather
51 than on isolated, sectoral objectives such as individual species/habitats or economic benefits. In recent
52 decades, the notion of ecosystem services (ES), which connects aspects of ecosystem functioning to
53 human well-being and underlines the dependency of humans on ecosystems, gained a lot of attention.
54 Highlights are the publications of the Millennium Ecosystem Assessment (MEA) in 2005 and The
55 Economics of Ecosystems and Biodiversity (TEEB) in 2010, and the foundation of the Intergovernmental
56 Panel on Biodiversity and ES (IPBES) in 2012. Although they have contributed to increasing awareness
57 on the contribution of nature to human well-being, conservation and spatial planning are still often
58 focused on achieving sectoral objectives (Liu et al., 2015; Ortiz-Lozano et al., 2017; Pires et al., 2018)
59 and true integration of ES with biodiversity is not yet standard practice (Guerry et al., 2015).

60 Biodiversity conservation has long focused on the preservation of individual species (assemblages) and
61 habitats (Jepson, 2016). However, ecosystems evolve through biophysical interactions and complex
62 ecological processes taking place on spatial and temporal scales beyond the boundaries of a single
63 habitat. It is increasingly recognized that conservation efforts are more successful if also ecological
64 processes are considered (Klein et al., 2009; Bennett A.F. et al., 2009; Magris et al., 2014; Perring et
65 al., 2015; Watson et al., 2016; Pettorelli et al., 2018). Likewise, research in ES has shown that decision-
66 making based solely on structural properties such as land use and habitat can result in strongly adverse
67 effects (Eigenbrod et al., 2010; Van der Biest et al., 2015) and calls for a consideration of ecosystem
68 processes (Kremen et al., 2005; Nicholson et al., 2009; Rieb et al., 2017).

69 Conservation approaches that take into account processes often only consider biotic processes such
70 as dispersal and succession (Tulloch et al., 2016; Pires et al., 2018), while abiotic processes tend to be
71 underrepresented (e.g. Edwards et al., 2010; Berglund et al., 2012; D’Aiola et al., 2017). Ockendon et
72 al. (2018) identify the inclusion of the variety of natural processes, both biotic and abiotic, as an
73 essential progress towards biodiversity and landscape restoration. Especially when integrating ES, the
74 role of including biotic and abiotic processes becomes more prominent as they are the driving
75 mechanisms for these benefits (Kremen et al., 2005; Nicholson et al., 2009; Haines-Young and Potschin,
76 2010; Rieb et al., 2017). Management of ecosystem processes thus constitutes a key approach for both
77 biodiversity and ES optimization (Reyers et al., 2012; Liu et al., 2015; Perring et al., 2015; Truchy et al.,
78 2015).

79 Recent work that integrates ES with biodiversity is often based on co-occurrence mapping of high
80 values for both objectives (Martínez-Harms et al., 2015; Schröter and Remme, 2016; Hermoso et al.,
81 2018; Hou et al., 2018). However, this may result in conflicts between competing objectives (Egoh et
82 al., 2010), without providing guidance on how to deal with these trade-offs. In some cases, a distinction
83 is made between biodiversity-compatible and non-compatible ES (e.g. Hermoso et al., 2018) and win-
84 wins for both (e.g. Naidoo et al., 2008; Lanzas et al., 2019). Mostly provisioning ES are considered not
85 to be compatible with biodiversity and with other ES (Rodríguez et al., 2006; Raudsepp-Hearne et al.,
86 2010). This requires an a priori decision on how trade-offs will be dealt with in planning, leaving
87 opportunities for multifunctionality and for turning trade-offs into synergies (Maes et al., 2012)
88 underexplored. A more clear representation of the underlying processes that cause the trade-offs and
89 information on the different links of these processes to ES and biodiversity values is needed to advance
90 the integration of ES with biodiversity in spatial planning.

91 We here report on the development of a method that integrates two principles which we identify as
92 key to advance the incorporation of ES with biodiversity conservation in spatial planning: (1) consider
93 the variety of ecosystem processes (biotic and abiotic) that support biodiversity and production of ES

94 and (2) link the ecosystem processes to biodiversity and to socio-economic benefits to identify the
95 common ground between these seemingly conflicting objectives. By considering ecosystem processes
96 in early stages of spatial planning, the method aims to support the development of spatial plans that
97 safeguard long-term benefits to biodiversity and ES.

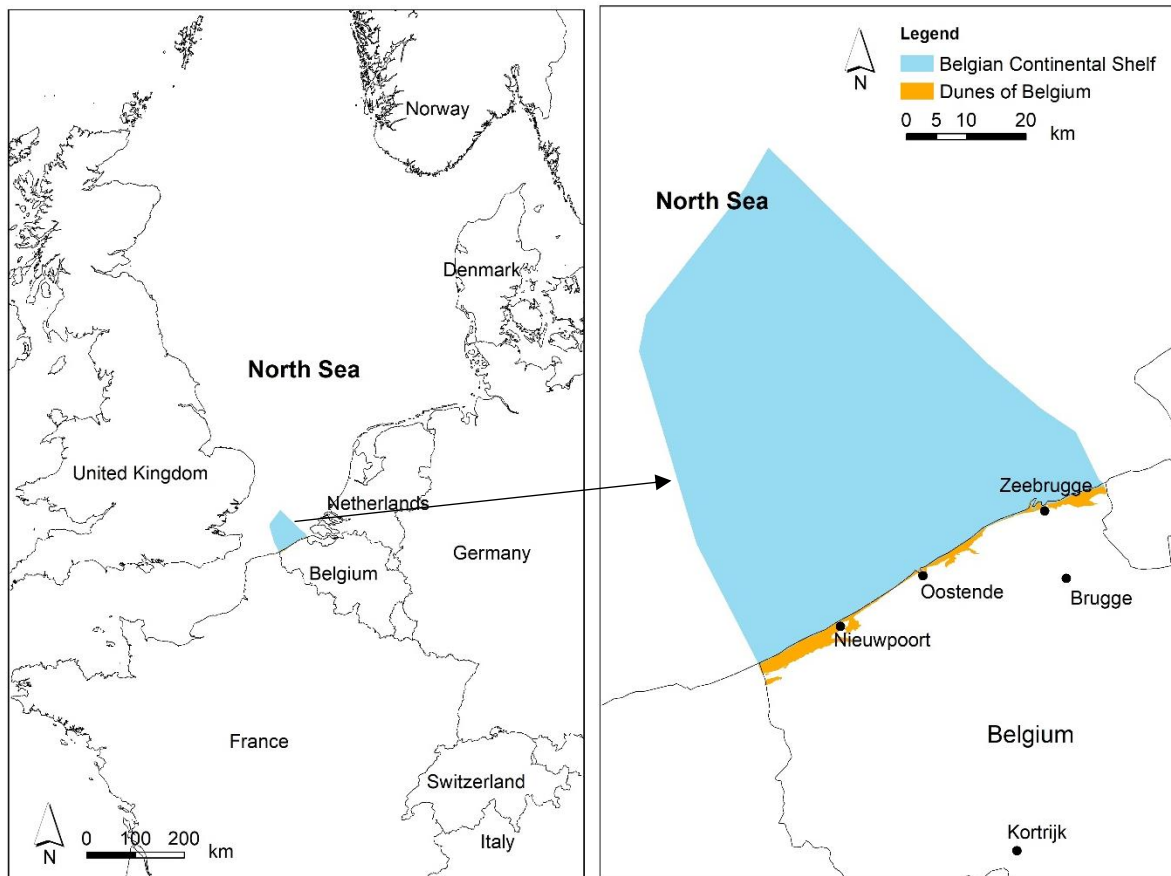
98 We illustrate its use in light of the development of a future vision for the Belgian coastal ecosystem
99 which is an intensively used area with high pressures on remaining important biodiversity values and
100 show how this may affect spatial planning using two detailed examples.

101

102 2. Methodology

103 2.1. Study area

104 The methodology is explained using the case-study of the Belgian coastal ecosystem. The terrestrial
105 limit is formed by the transition from polder to dunes, and the marine limit coincides with the boundary
106 of the Belgian part of the North Sea (Fig. 1). The land part (80 km²) is dominated by dunes under a
107 protected status as well as degraded dunes used as pasture or private gardens. The dunes are
108 intersected at two places by estuaries with tidal flats and marshes. The marine zone (3600 km²) is part
109 of the Southern North Sea and the seafloor is mainly made up of soft sediments with a series of parallel
110 sand banks hosting a high benthic diversity as a result of the variable topography and sediment
111 composition (Degraer et al., 2008; Vanden Eede et al., 2014). Densely urbanized areas are left out from
112 the study as management of open space is the main purpose of the application in the case-study. The
113 relatively small size and high population density create intensively used land- and seascapes and
114 jeopardize remaining biodiversity values. Several developments are taking place which will further
115 increase spatial claims or change the ecosystem (Douvere et al., 2007; Vanden Eede et al., 2014; Van
116 de Velde et al., 2014) such as blue growth initiatives (e.g. aquaculture, marine biotechnology) and
117 harbor developments.



118

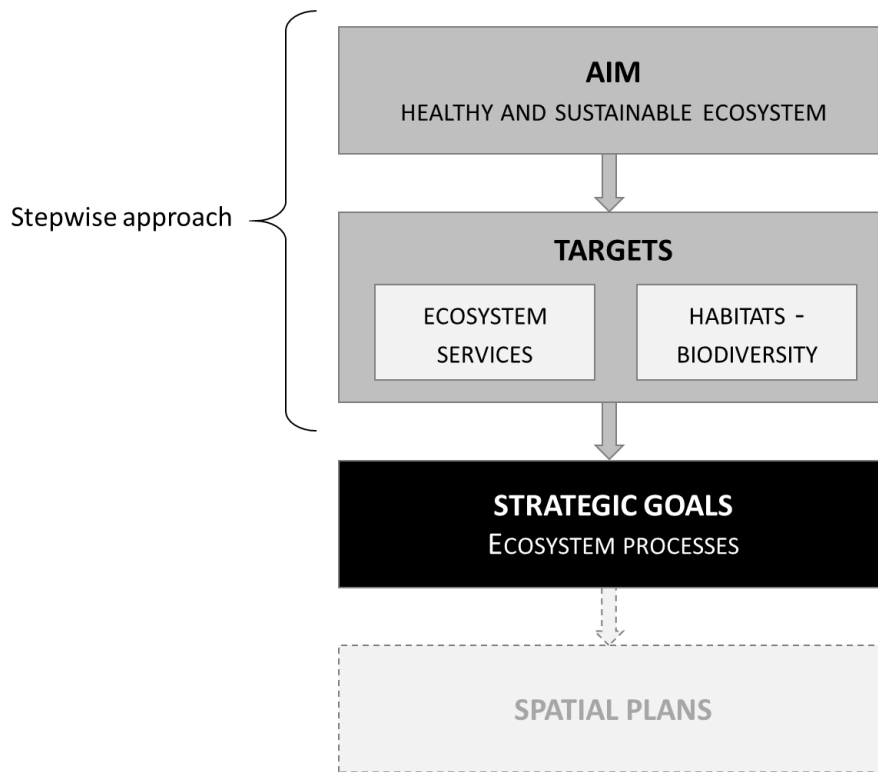
119 *Fig. 1 – Location of the study area consisting of a marine part (continental shelf) and a dune part*

120

121 2.2. Stepwise approach

122 Central in the approach is the focus on ecosystem functioning as the motor of a healthy ecosystem
 123 (cfr. the ecosystem approach by CBD, 2004). A well-functioning ecosystem can be defined as a system
 124 which has the ability to maintain its structure and processes over time in the face of external stress
 125 (CBD, 2004). Ecosystems are characterized by structural properties and shaped by underlying
 126 processes that allow them to adapt to changes. Ecosystem processes are here defined as changes in
 127 the stocks or in the fluxes of products and energy resulting from interactions among organisms (incl.
 128 humans), between organisms and their abiotic environment as well as among abiotic parameters.
 129 Ecosystems consist of different habitats, which the Convention of Biodiversity defines as “essential to
 130 the concept of biodiversity conservation, where the aim is to conserve natural habitats supporting the

131 preservation of the ecological processes which underpin ecosystem function". Ecosystem services
 132 likewise result from structural characteristics and underlying ecological processes that form these
 133 structures (Haines-Young & Potschin, 2010). As processes are the drivers of both biodiversity and ES
 134 (Nicholson et al., 2009), they enable to integrate objectives for biodiversity and for ES. This is the key
 135 rationale of the proposed methodology which is described as a stepwise procedure (Fig. 2).



136

137 *Fig. 2 – Schematized overview of the rationale of the proposed methodology. The stepwise approach supports in the*
 138 *creation of a future vision described by a series of strategic goals. These strategic goals can be used as guidance in the*
 139 *development of actual spatial plans.*

140

141 2.2.1. Step 1: Set term and identify external drivers of change

142 The first step consists of setting the time scale by which the aim of a healthy ecosystem and associated
 143 goals should be accomplished and identifying the external drivers of change. External drivers of change
 144 refer to processes taking place on large temporal and spatial scales beyond the boundaries of the
 145 ecosystem under consideration, and which are difficult to control by governance only on the local scale

146 and within the established term. Both the targeted time frame and the drivers of change will influence
147 future socio-economic demands (Step 2) and the capacity of the ecosystem to provide certain ES and
148 to develop habitats and maintain biodiversity goals.

149 For the low-lying Belgian coast where protection against floods is a major challenge, it was opted to
150 set the time scale at 2100, which corresponds to the long-term climate change scenario of the
151 Intergovernmental Panel on Climate Change (IPCC, 2014). Following external drivers of change were
152 identified: (1) effects of climate change related to more winter rainfall, warmer and drier summers,
153 ocean acidification due to increased CO_2 -uptake (Van der Aa et al., 2015) and sea level rise; and (2)
154 demographic growth (FPB-FOD, 2015). Although an increase in population size in the coastal zone is
155 expected, the spatial demand for housing is considered not to increase because of restrictions related
156 to building in dune areas and a tendency to urban infill in Flanders.

157

158 2.2.2. Step 2: Identify habitat and ecosystem services targets

159 In a second step, the habitats and relevant ES are identified. Habitats include all natural or non-natural
160 environments that host species of biodiversity conservation importance or wild fauna and flora
161 species. In some ES classification frameworks, biodiversity is included as an ES, e.g. in the category of
162 non-use values or option values (Gómez-Baggethun et al., 2014). However, biodiversity is not always
163 positively correlated with ES (Mace et al., 2012), and the benefits of biodiversity-related non-use
164 values or option values to human well-being are not always tangible (Small et al., 2017). Participatory
165 spatial planning solely to support ES may thus lead to adverse effects on biodiversity. Therefore,
166 biodiversity is included as a target aside ES in this methodology.

167 Habitats can be identified based on biodiversity targets of conservation frameworks for which they
168 provide opportunities. These include habitats occurring naturally in the ecosystem and non-natural
169 habitats with important biodiversity values, as well as habitats that are expected to occur in the future,
170 for example because of active management or environmental changes. The scale on which habitats

171 are defined should be such that variable effects of processes between habitats (see Step 3) can be
172 distinguished. If a process has mixed effects within one habitat, it is recommended to divide it into
173 separate habitats.

174 Relevant ES are selected based on the capacity of the particular ecosystem and its habitats to provide
175 these ES and based on socio-economic demands. As the aim of the method is to develop a strategic
176 vision for the future, it is important not only to consider today's capacity and demand for ES, but also
177 future potential demands and needs which may alter under the external drivers of change identified
178 in Step 1. An ES is considered to be relevant if its economic or social value is (expected to become)
179 high, or if it is specific to the ecosystem (e.g. fisheries production in marine ecosystems).

180 For the case study, the identification of habitats was largely based on the NATURA2000 habitat types
181 and the European habitat classification EUNIS which distinguishes in more detail marine habitats.
182 Twelve habitats were identified (Table 1) of which distribution and total surface area were derived
183 from monitoring data and existing cartographic information (Van der Biest et al., 2017b). Artificial
184 marine structures (jetties, ship wrecks, groynes, wind turbine foundations, ...) were additionally
185 included because of their ubiquity, potential ecological values (Perkol-Finkel et al., 2012), distinct
186 ecological functions and ES they may facilitate (Wetzel et al., 2014). A large differentiation was applied
187 to dune ecosystems in which processes related to sand dynamics and soil development strongly
188 influence species assemblages (Brunbjerg et al., 2015) and ES (Van der Biest et al., 2017a).

189

190 *Table 1 – Habitats identified in the development of a strategic plan for the Belgian coastal ecosystem, with indication of*
191 *their approximated total surface area in the Belgian coastal zone (km²) and cartographic source. * the definition of the*
192 *habitat is based on the definition of EUNIS or NATURA2000 and complemented with additional criteria in this study*

Habitat type	Code EUNIS/NATURA2000	Description	Surface area
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			(km ²)
Pelagic	EUNIS A7	The water column of the Belgian part of the North Sea	-
Gravel beds	EUNIS A5.13, A5.14, A5.15	Accumulation of loose grind and pebbles at the edge of a sand bank	max. 526.2
Submerged sandbanks and foreshore	NATURA2000 1110	Permanently submerged sandbanks at variable depths	524.8
Tidal flats and marshes	NATURA2000 1140, 1310, 1320, 1330	Habitats of fine sediment in the tidal zone above low tide and below spring tide, ranging from bare flats to densely vegetated on the least frequently flooded parts	1.3
(Artificial) reefs *	NATURA2000 1170	Biogenic reefs formed by dense concentrations of the sand mason worm <i>Lanice concilega</i> (NATURA2000) or fouling communities on permanently submerged artificial hard substrata	141.4
Estuary	NATURA2000 1130	Downstream part of a river that discharges in the sea and is subject to tidal forces and characterized by a salt gradient, including tidal flats	0.4

		and marshes and sand banks with varying salt gradient	
Lower beach and emerged sand banks	NATURA2000 1140	Sand banks above low tide and below high tide, including beaches	1.7
Upper beach and dune foot	NATURA2000 2110	Part of the beach above high tide where vegetation starts to develop + embryonic dunes	1.2
White dunes	NATURA2000 2120	Young, dynamic dunes dominated by dune building species such as marram grass	3.1
Grey dunes – herbaceous	NATURA2000 2130, 2150	Dunes fixed by moss or grass, with reduced sand dynamics and increasing soil development	5.8
Grey dunes – shrub	NATURA2000 2160, 2170, 2180	Older dunes fixed by shrub and woodland, with important soil development	9.1
Dune slacks	NATURA2000 2190	Depressions in the dune landscape which are temporarily or permanently flooded by fresh water	0.9

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194 Relevant ES were identified using the Common International Classification of Ecosystem Services CICES
195 v4.3 (EEA, 2016) as reference framework. Additionally, marine-specific ES that were not included in

196 CICES were selected from the marine typology of ES of Böhnke-Henrichs et al. (2013). An initial
197 selection of the most relevant ES was made based on the expected demand now and by 2100. From
198 this list, the ES whose consumption does not threaten ecosystem functioning and sustainability were
199 not retained (e.g. several cultural ES such as spiritual value and health benefits), since the overall aim
200 is a strategic vision for a healthy and sustainable ecosystem. This resulted in a list of 8 ES, of which 4
201 provisioning ES (agricultural production, fisheries production, aquaculture production, drinking water
202 provisioning), 3 regulating ES (flood protection, climate regulation, water quality regulation) and 1
203 cultural ES (recreation). This preliminary list was proposed to a multidisciplinary group of experts
204 (detailed in Supplementary Information Table S2) who added 2 provisioning ES (renewable energy
205 production and sediment supply), so in total 10 ES were considered.

206

207 2.2.3. Step 3: Prioritize ecosystem services and habitats

208 Next, the ES were given a weight for their anticipated demand in the ecosystem within the defined
209 time frame and taking into account the external drivers of change (Step 1). A variety of methods exists
210 to assess socio-economic priorities, but stakeholder involvement is strongly recommended (Keune et
211 al., 2015). Depending on local conditions and on the goal of application of the method, habitats can be
212 considered equally important or they can also be attributed a weight. A weight can for example be
213 attributed based on the biological value of the habitat (number of (rare) species, particular species,
214 etc.), its desired surface area, etc. In the case study, a group of stakeholders (see Supplementary
215 Information Table S3) was invited to individually give a score of 1 (not important) to 10 (extremely
216 important) to each ES, reflecting what they believe are the socio-economic benefits the coastal
217 ecosystem will need to provide by 2100. The final priority score per ES was calculated as the average
218 of all respondents (Table 2). The different habitats were considered equally important (weight [10])
219 since the overall aim is a healthy ecosystem.

220 *Table 2 – Priority scores attributed to ES by stakeholders (average, minimum and maximum of all respondents)*

	ES	Priority score (average)	Min	Max
Provisioning	Agricultural production	1	0	8
	Fisheries production	7	2	8
	Aquaculture production	3	3	9
	Drinking water provisioning	5	1	10
	Renewable energy from wind	8	5	9
	Sediment supply	6	0	7
Regulating	Flood protection	10	7	10
	Water quality regulation	8	2	10
	Climate regulation	3	3	10
Cultural	Recreation	9	6	10

221

222 2.2.4. Step 4: Describe ecosystem processes

223 For each habitat and ES, the processes are identified that contribute to their development,
224 maintenance or delivery. Natural processes are essential for the development and the functioning of
225 the ecosystem and the production of ES. Anthropogenic processes also have an impact on ecosystem
226 functioning (positive or negative), but they are, in contrast to natural processes, not essential for the
227 development and maintenance of a sustainable ecosystem. Most of the anthropogenic processes are
228 directly or indirectly related to the demand and consumption of ES. Only those processes should be
229 included that have a significant contribution to or impact on the identified habitats and ES, and that
230 do not fall under external drivers of change (Step 1). A score is assigned that expresses the magnitude
231 and direction of the impact of a process on the occurrence and the quality of a habitat or the provision
232 of an ES, referred to as the impact score. This can be based on quantitative information such as derived
233 from models or measurements, or expert judgment when no quantitative data is available. Contrasting

234 effects of processes (positive and negative effects on a habitat or ES) should be avoided as much as
235 possible, to prevent loss of information when combining them into a single score. This can be done in
236 several manners: 1) Divide into narrower defined habitats when parts react differently to disturbance
237 or provide different ES (e.g. tidal areas into vegetated tidal marshes and non-vegetated tidal flats). 2)
238 Subdivide ES that affect habitats in different ways (e.g. pelagic fisheries has less impact on the seabed
239 than benthic fisheries; fish production can accordingly be split into benthic and pelagic fisheries). 3)
240 Specify processes to more detail when the general process is important for different and/or conflicting
241 reasons in habitats (e.g. greenhouse gas emissions can be split into different types of emissions: nitrous
242 oxide production reduces the amount of nutrients in the ecosystem and impacts climate regulation,
243 whereas methane production is only related to climate regulation). Alternatively, positive and negative
244 effects can be weighed against each other resulting in a single overall score that takes differences into
245 account. Uncertain processes regarding effect sizes are either merely identified but not included; the
246 range of the expected effects can be provided; or the weight of the expected effect can be corrected
247 based on its probability.

248 For the case study, an extensive literature and model review was performed (Van der Biest et al.,
249 2017b) to gain insight into the processes. Based on this review, a preliminary impact score was
250 attributed to each relationship process-habitat and process-ES by the project partners. This score was
251 either derived from quantitative data found in literature, based on descriptive literature, or using
252 expert judgment in case no literature was available. The impact scores for the processes (described in
253 Supplementary Information Table S1) on habitats and ES were synthesized in an impact matrix (Table
254 3, Table 4). Each of these preliminary scores was then presented to a group of experts from multiple
255 disciplines (natural and socio-economic sciences, see Supplementary Information Table S2) who
256 adapted the score based on their own knowledge and expertise. The scores were adapted based on
257 consented discussions within the group of experts.

258 Processes with multiple and contrasting effects were given a score +/- with a numeric value of 0
259 (positive and negative effects are expected to be equally large), or the effects were weighed against
260 each other resulting in a single overall score which takes the differences into account. Uncertain
261 relationships were included by attributing the lowest possible score for the anticipated direction of the
262 influence (± 0.5).

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279 Table 3 – Impact matrix of the impacts of processes on habitats and ES in the Belgian coastal zone. Dark blue: marine
 280 processes, brown: terrestrial processes, light blue: processes taking place at sea and on land. Definitions of the processes are
 281 found in Supplementary Information

282

Priority score	HABITATS											HABITAT SUM	ECOSYSTEM SERVICES										ECOSYSTEM SERVICES SUM		
	Pelagic	Gravel beds	Tidal flats and marshes	(Artificial) reefs	Submerged sandbanks and foreshore	Estuary	Lower beach and emerged sand banks	Upper beach and dune foot	White dunes	Grey dunes - herbaceous	Grey dunes - shrub		Dune slacks	Agricultural production	Fisheries production	Aquaculture production	Sediment supply	Drinking water provisioning	Flood protection	Climate regulation	Water quality regulation	Wind energy		Recreation and tourism	
	1	7	3	6	5	10	3	8	8	9	9		1	7	3	6	5	10	3	8	8	9			
Hydrodynamics (HD)	++	+	+	+	+	++	+	-	-	0	0	0	7	0	++	++	0	0	--	0	+	++	0	24	
Morphodynamics (MD)	0	-	++	+	++	-/+	++	0	0	0	0	0	6	0	-/+	-/0	+	0	+	0	0	0	0	14.5	
Ecological engineering (EE)	+	++	0	++	++	+	0	0	0	0	0	0	10	0	++	+	-/0	0	+	+	++	0	0	43	
Benthic production (BeP)	+	++	++	++	++	++	++	0	0	0	0	0	13	0	++	0	0	0	0	+	+	0	+	34	
Pelagic production (PeP)	++	++	+	+	+	++	+	0	0	0	0	0	10	0	++	++	0	0	0	+	+	0	-/+	31	
Transfer (T)	++	++	++	++	++	++	++	0	0	0	0	0	14	0	++	++	0	0	0	++	++	0	+	51	
Primary dune formation (DUNE)	0	0	0	0	0	0	0	++	0/+	0	0	+	3.5	0	0	0	0	+	++	0	0	0	++	43	
Large-scale wind dynamics (LW)	0	0	-/0	0	0	0	0	0	++	+	-	+	2.5	-	0	0	0	-	++	0	+	0	+	31	
Small-scale wind dynamics (SW)	0	0	0	0	0	0	0	0	+	++	0	+	4	0	0	0	0	0	+	0	+	0	0	18	
Infiltration (IF)	0	0	0	0	0	0	0	0	0	0	++	++	4	++	0	0	0	++	0	0	+	0	0	20	
Evapotranspiration (ET)	0	0	0	0	0	0	0	0	0/+	0	0	--	-1.5	-	0	0	0	--	0	-	0	0	0	-14	
Soil development (SOIL)	0	0	0	0	0	0	0	0	-	+	++	+	3	+	0	0	0	-/+	-	0/+	+	0	0	0.5	
Vegetation development (VEG)	0	0	++	0	0	0	0	++	++	++	++	++	12	0	0	0	0	0	++	+	0	0	+	12	
Primary production (land) (PP)	0	0	+	0	0	0	0	+	+	+	++	++	8	0	0	0	0	0	0	++	++	0	0	2	
Gas emissions (GHG)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	--	+	0	0	2	
Denitrification (DEN)	+	0	+	0	+	+	+	+	0	+	+	+	9	--	0	0	0	0	0	0	--	++	0	0	11
Population dynamics (POP)	++	++	++	++	++	++	++	++	+	++	+	++	22	-/+	++	-/0	0	0	0/+	0	0	0	+	26.5	
Sediment extraction (SED)	-	--	0	--	-	0	0	0	0	0	0	0	-6	0	-	0	++	0	0	0	0	0	-	-3	
Sediment dumping (DUM)	-	--	-	-	-/0	-	0	0	0	0	0	0	-7.5	0	-	-	0	0	0	0	0	0	0	-10	
Bottom disturbing fishing (BeF)	0	-	0	--	--	0	0	0	0	0	0	0	-5	0	+	0	0	0	0	0	0	-	+	8	
Pelagic fishing (PeF)	-	0	0	0	0	0	0	0	0	0	0	0	-1	0	+	0	0	0	0	0	0	0	+	16	
Artificial reef formation (ARF)	-/+	0	0	++	-	-	0	0	0	0	0	0	-1	0	+	++	-	0	+	0	++	0	+	42	
Artificial infiltration (AIF)	0	0	0	0	0	0	0	0	0	0	0	+	1	+	0	0	0	++	0	0	+	0	0/+	23.5	
Drainage (DRA)	0	0	0	0	0	0	0	0	0	-/0	-/0	--	-3	++	0	0	0	-	0	--	--	0	0/+	-20.5	
Water extraction (EXTR)	0	0	0	0	0	0	0	0	0	0	0	--	-4	-	0	0	0	+	0/+	--	--	0	0	-13	
Manuring (MAN)	-	0	-	0	0	--	-	+	--	--	--	--	-11	++	0	0	0	0	-	-	--	0	0	-27	
Grazing (GRZ)	0	0	-	0	0	0	0	0	+	-	+	+	0	++	0	0	0	--	0	--	-	0	0	-22	
Cropping (CRP)	0	0	+	0	0	0	0	0	0	--	--	--	-5	++	0	0	0	--	0	-	0	0	0	-11	
Disturbance by access (TR)	0	0	0	0	0	0	0	--	+	0	-	-	-3	0	0	0	0	0	-	0	0	0	++	8	
Surface hardening (PAV)	0	0	0	0	0	0	--	--	--	--	--	--	-12	--	0	0	0	--	--	--	--	0	-/+	-54	
Sand nourishing (NOUR)	-	--	0	--	+	-	-	+	+	0	0	0	-4	0	-	0	+	+	++	0	0	0	++	42	
Nature management (NAT)	+	++	++	+	+	+	+	++	+	++	+	++	17	0	++	0	0	+	+	-	+	0	++	52	
Biological invasions (INV)	--	--	--	--	--	--	0	0	0	-	--	--	-16	--	--	--	0	-	-	0/+	0/+	0	-/+	-31.5	
Noise and visual disturbance (DIS)	--	--	--	--	--	--	--	--	--	--	--	--	-24	0	0	0	0	0	0	0	0	0	-/+	0	

283

284

285

286

287 *Table 4 – Score and numeric value per type of impact of processes on habitats and ES.*

Score	Type of impact	Numeric value
--	important negative impact	-2
-	moderate negative impact	-1
-/0	relationship is uncertain, rather negative impact is expected	-0.5
0	no relationship	0
+/-	positive and negative effects are expected to be equally large	0
0/+	relationship is uncertain, rather positive impact is expected	0.5
+	moderate positive impact	1
++	important positive impact	2

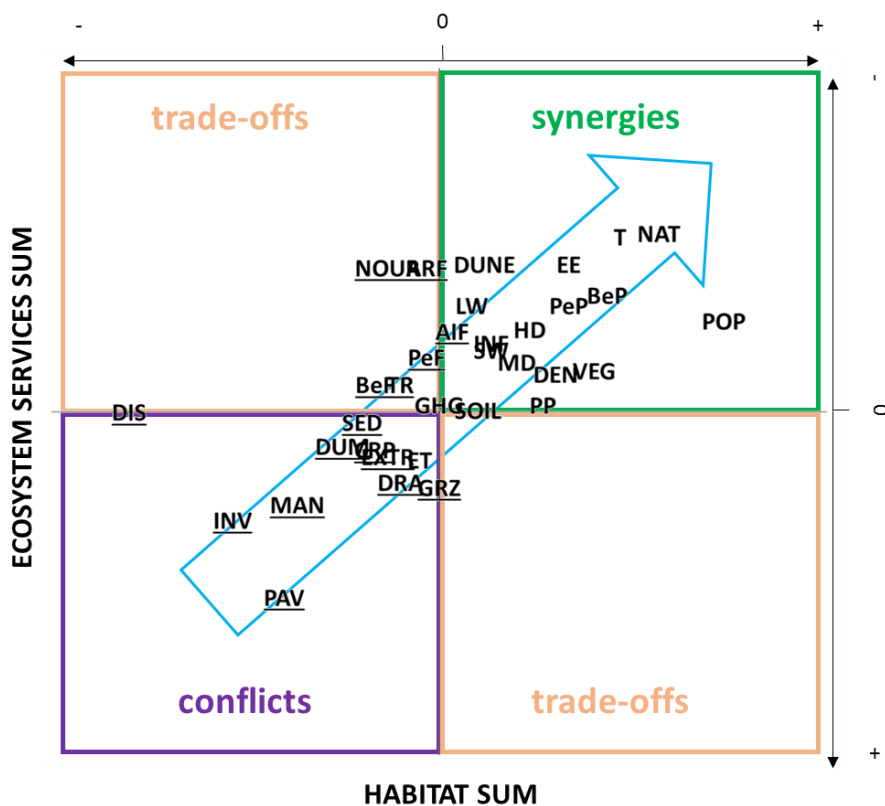
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290 **2.2.5. Step 5: Identify synergies, trade-offs and conflicts**

291 Per habitat and ES (Step 4) the impact score of a process is multiplied with the priority score for the
 292 habitat or ES (Step 3). Per process a sum is made of its effects on habitats and of its effects on ES,
 293 resulting in two (weighted) sums: 1) ES sum, which is a proxy for the degree to which the process
 294 contributes to (multiple) ES and 2) habitat sum, which is a proxy for the degree to which a process
 295 contributes to the development or maintenance of (multiple) habitats that host species of
 296 conservation importance or wild fauna and flora. Both sums are plotted relative to each other in an
 297 XY-diagram (Fig. 3). The graph shows a trend of multi-functionality from the bottom left to the top
 298 right (blue arrow). Processes in the upper right corner mostly create synergies between ES and
 299 habitats. In the lower left corner are processes that mostly cause conflicts between ES and habitats.

300 Trade-offs occur when (1) a process has negative impacts on habitats but positive on ES (upper left) or
 301 (2) a process has negative impacts on ES but positive on habitats (lower left).



302
 303 *Fig. 3 – Step 5 applied to the Belgian coastal zone. Habitat sum and ES sum represent the contribution of the processes to*
 304 *resp. habitats and ES. Underlined: anthropogenic processes, not underlined: ecological processes. Blue arrow: degree of*
 305 *multi-functionality. See Table 3 for abbreviations.*

307 **2.3. Setting strategic goals**

309 The ranking of the processes according to their multifunctionality and the identification of trade-offs,
 310 synergies and conflicts (Fig. 3) supports the process of setting goals to accomplish a healthy ecosystem.
 311 For the case study, 8 strategic goals were identified and 2 main backbones to which these goals are
 312 linked (Fig. 4, 5). Together these goals are the key elements that describe the vision for a healthy
 313 ecosystem.

314 A first set of goals was defined for the processes (hereafter abbreviated and written in italics; see Table
315 3 for abbreviations) in the far top-right corner which create mostly synergies between biodiversity and
316 ES. Many of these processes are related to **transport of sediment** (*HD, MD, LW, SW*) or **dynamic biotic**
317 **processes** (*BeP, PeP, POP, VEG, PP, T*). Transport of sediment in the sand-dominated ecosystem of the
318 Belgian coastal zone is a key driver of diversity at sea and in the dunes (Provoost et al., 2011). Natural
319 erosion and sedimentation processes create variation in topography, grain size, turbidity and hence
320 vegetation and benthic biomass producing heterogenic landscapes that drive biodiversity at the
321 landscape scale (Gingold et al., 2010; Hewitt et al., 2010; Brunbjerg et al., 2014, 2015). Also many ES
322 depend on sediment dynamics. Sand transport is crucial to create new dunes (*DUNE*) and, in
323 combination with vegetation development, maintain a **resilient coast** which is able to adapt to external
324 stress such as sea level rise (Van der Biest et al., 2017a). Sedimentation also is an important underlying
325 mechanism of carbon and nutrient **buffering in intertidal soils in estuaries and tidal marshes** (Adams
326 et al., 2012; Fagherazzi et al., 2013). Biotic processes and fluxes are crucial to create and sustain
327 **diversity**, and to develop the self-regulating capacity of ecosystems via ecological engineering (*EE*) and
328 reef development, which is the driver of ES such as water quality regulation (*DEN*) (Adams et al., 2012;
329 Fagherazzi et al., 2013; Chambers et al., 2017; Eriksson et al., 2017), climate regulation (*GHG*) (Adams
330 et al., 2012; Fagherazzi et al., 2013; Howard et al., 2017), coastal stabilisation and safety (*EE, DUNE*)
331 (van Leeuwen et al., 2010; Borsje et al., 2011) and fish production (*BeP, PeP*) (Koenig et al., 2000;
332 Rabaut et al., 2013). Hence, providing **space for dynamic processes** and **connectivity** are defined as
333 the two backbones of the future vision to which all other goals can be linked. Management should
334 primarily focus on sustaining and enhancing these to safeguard ES and biodiversity.

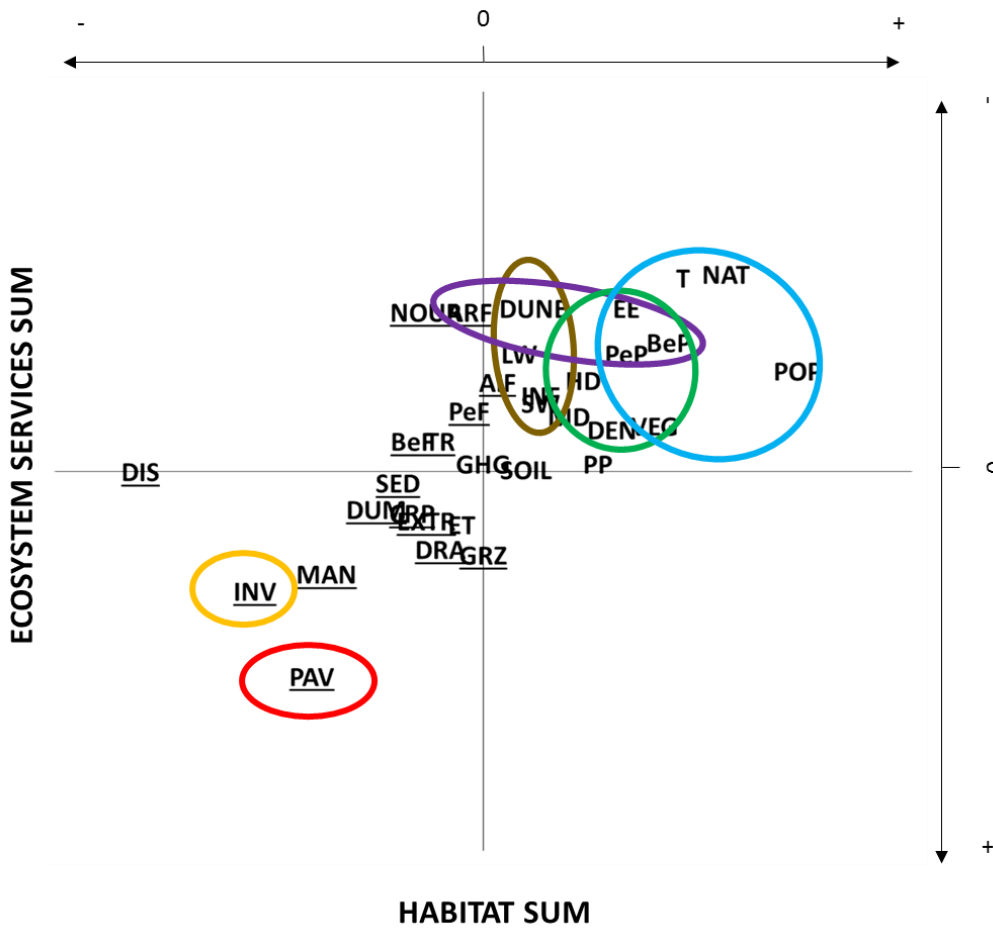
335 The debate on formulating recommendations for the processes that create trade-offs and conflicts
336 was more challenging. For these processes a choice needed to be made whether to accept trade-offs,
337 avoid these processes or minimize negative impacts by restricting or adapting the process. Many
338 anthropogenic processes are located in the upper left corner, illustrating the potential multi-
339 functionality of certain anthropogenic interventions and – depending on the location along the habitat

340 axis – benefits for some habitats. For example, nourishing of beaches creates opportunities for the
341 development of young, embryonic dunes and for multiple ES (artificial reef formation provides benefits
342 for water quality regulation through the filtering capacity of fouling communities). However, regular
343 sand nourishing at the same site negatively impacts benthic communities and thus trade-offs with
344 other habitats (Martin et al., 2005). Adaptation to reduce trade-offs is possible by 1) decreasing the
345 consumption of the ES so that the process reduces in intensity, frequency or geographical extent or (2)
346 search for alternative forms, location or timing to produce the ES. For example, beach recreation may
347 involve trampling of embryonic dunes (*TR*), hampering the development of dunes with *Amophila*
348 *arenaria* which host a high endemic diversity and allow to develop a **resilient coast** in view of sea level
349 rise. Access to the most critical areas could be restricted by creating (temporary) no-go zones, while in
350 less fragile zones access could be allowed.

351 Very few processes have only positive effects on habitats and negatively affect ES (lower right corner),
352 underpinning the dependence of human well-being on ecosystem functioning. Drinking water
353 provisioning, flood regulation, climate regulation and water quality regulation are ES that are most
354 affected by anthropogenic pressures. This is in line with conclusions from other studies that regulating
355 ES present highest trade-offs with provisioning services (Bennett E.M. et al., 2009; Howe et al., 2014),
356 to which most of the anthropogenic processes are linked.

357 **Urbanisation (PAV) should be minimized** as it poses a threat to a healthy ecosystem: less space is
358 available, sedimentary and biotic processes get interrupted, habitats fragmented and disturbed by
359 noise (*DIS*). **Biological invasions (INV)** pose important threats to local biodiversity and should be
360 controlled to avoid potential drastic changes in ecosystem functioning (Ehrenfeld et al., 2010) and ES
361 (Vilà and Hulme, 2017). Based on our approach, we recommend drastic changes in coastal zone
362 management in light of climate change, i.e. to develop strategies to **advance or retreat rather than to**
363 **maintain the current line.**

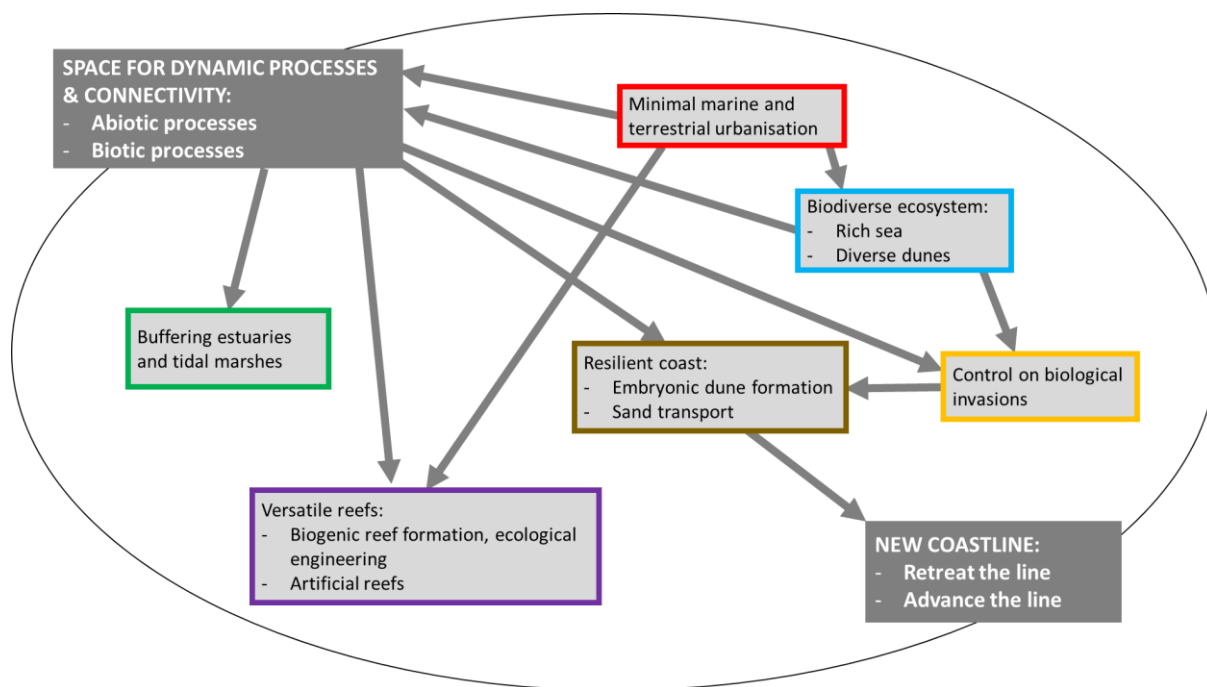
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365

366 *Fig. 4 – Illustration of how the strategic goals are deduced from the ranking of processes in Fig. 3. Underlined:*
 367 *anthropogenic processes, not underlined: ecological processes. Ovals represent groups of processes that are essential to*
 368 *achieve the strategic goals.*

369



370

371 *Fig. 5 – Scheme of the vision on a sustainable coastal ecosystem for the Belgian coastal zone indicating how key goals are*
 372 *connected to each other.*

373

374 3. Illustration of impacts on spatial planning: two show-cases

375

376 We illustrate how the methodology could lead to different outcomes in spatial planning using two
 377 examples. This step from translating strategic goals into concrete spatial plans or management
 378 measures does not fall within the scope of the methodology itself as it requires a much more
 379 elaborated process including scenario development, advanced participatory trajectory, financing
 380 mechanisms, legal considerations, ... (Ehler and Douvère, 2009). The two examples that are
 381 demonstrated here have the purpose to show the merits of including processes and integrating
 382 biodiversity and ES in spatial planning, which the methodology supports by providing an approach to
 383 create a shared vision as guidance in the development of the actual management plan.

384

385

386 First, we demonstrate the effect of including ES on the spatial allocation of target habitats. Second, we
387 show how including processes can change the range of target habitats and scale requirements for long-
388 term habitat maintenance.

389

390 3.1. Example of including processes: restoration of sand transport

391

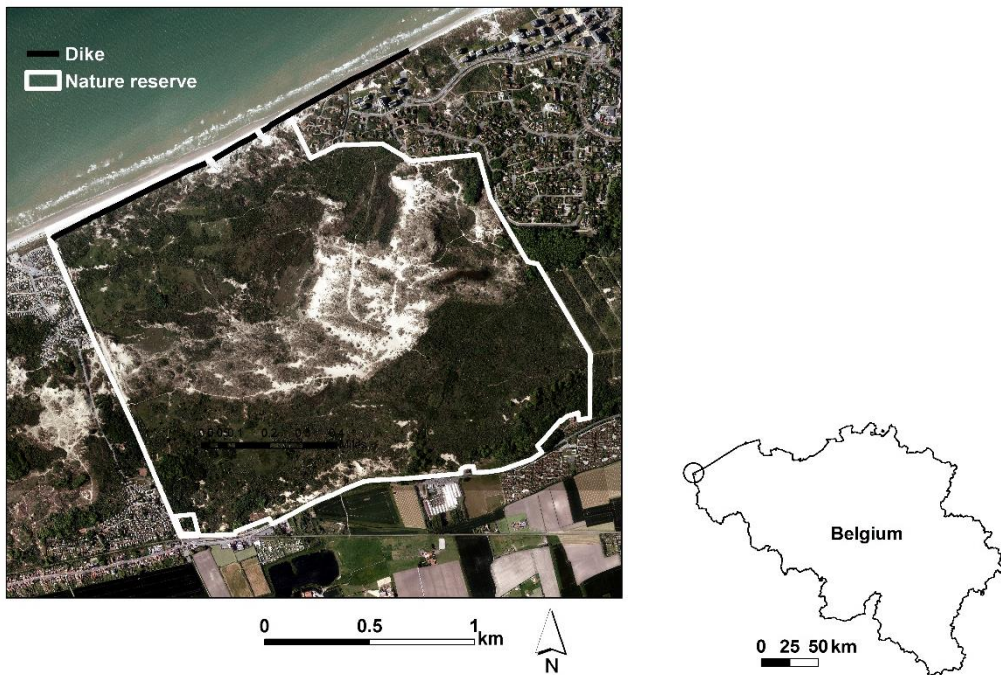
392 Hard engineering structures along the shoreline have originally been constructed to protect the coast
393 against erosion (e.g. dykes, groynes). However, a collateral effect of such structures is that they block
394 supply of sand from the sea to the beach and from the beach to the dune. As sea level rises, the
395 capacity of the dune to protect the hinterland against flooding will gradually reduce as the dune is not
396 able to grow without sand supply (Temmerman et al., 2013; Van der Biest et al., 2017a). Typical
397 habitats and species of the shoreline dunes also depend on this sand dynamic (Howe et al., 2010;
398 Brunbjerg et al., 2014; Keijsers et al., 2015). In Belgium, one of the few remaining dynamic dune areas
399 has been protected as nature reserve since 1957 ('Westhoek', Fig. 6). Embryonic and shifting dunes
400 are European habitat targets (H2110, 2120) for the area and they depend on sand dynamics. However,
401 today the area is still largely cut off from the beach by the presence of a dike, resulting in a domination
402 of fixed dunes with moss, grass and shrub. Nature management to protect the target habitats is now
403 dominated by active removal of fixating vegetation.

404 The presented methodology highlights the need to restore the natural process of sand transport
405 between sea, beach and dune to support the target habitats of young dunes in a sustainable way. This
406 safeguards long-term benefits for biodiversity and human well-being, as the young dune habitats and
407 species are kept viable by regular sand burial and the dune can regain its natural capacity to protect
408 against flooding as sea level rises. In the latest nature management plan, removal of the obstructing

409 dike along the entire zone where H2110 and H2120 are target habitats has been included as a measure
410 for a more efficient and long-term restoration of these dynamic habitats and of the natural capacity of
411 the dune to protect against flooding.

412 This example shows that explicitly considering processes besides protection of species and habitats in
413 spatial planning provides additional arguments to convince decision-makers for spatial rearrangement
414 of habitats and artificial structures. Especially when the benefits for human well-being of these
415 processes are made explicit, arguments for process restoration can become even more convincing.

416



417

418 *Fig. 6 – Aerial photograph and location of the Westhoek nature reserve (Belgium) with indication of the dike. White zones:*
419 *dynamic, bare dunes; patchy, light brown-green vegetation: dynamic, marram grass dunes; dark green zones: densely*
420 *vegetated, fixed dunes.*

421

422 3.2. Example of including ecosystem services: Belgian MSP 2020-2026

423

424 In Belgium, the first true MSP was adopted in 2014. The plan document which areas can be used for
425 different types of activities and tries to reconcile the spatial impact of the multiple users to one another
426 to optimally protect the marine ecosystem (Van de Velde et al., 2014). Although the MSP did not add
427 extra areas for nature conservation to the already existing protected areas, it aimed to improve the
428 coordination of activities with disturbing effects on the ecosystem by specific measures in subzones
429 within the protected areas. For example, bottom disturbing activities are limited to protect and restore
430 biogenic (*Lanice concilega* aggregations) and geogenic reefs (gravel beds) in 4 delineated areas within
431 the 'Vlaamse Banken' nature reserve (Vanden Eede et al., 2014). While the MSP mentions the potential
432 of future developments at sea for additional nature creation outside the boundaries of protected areas
433 (e.g. value of artificial reefs within wind farms to attract fish and other animals), it is not compulsory
434 for obtaining a license for the construction of infrastructure for these activities (Van de Velde et al.,
435 2014).

436 In 2019, a preliminary draft for a new MSP was presented (FOD Leefmilieu, 2019). In comparison with
437 the first MSP, more attention is paid to multifunctional use of space, naturalness and ES, and they are
438 even defined as the key principles for the development of all new activities in the Belgian part of the
439 North Sea. For these key principles, a recommendation is included in the MSP, which aims to improve
440 habitat development and biodiversity also outside the boundaries of the special protected areas. Each
441 new activity anywhere in the BPNS should be evaluated based on its potential for multifunctionality
442 and working-with-nature in function of nature protection or development. Additionally, one zone
443 outside the boundaries of the special protection areas is delineated where measures should be taken
444 to ensure sea-floor integrity, allowing to enhance biodiversity and provision of ES.

445 Legally binding actions included to accomplish the second MSP are the restoration of the biodiverse
446 gravel beds and research for the restoration of oyster reefs in designated zones both inside and outside
447 the boundaries of the protected areas. The second MSP explicitly mentions the exceptional value of
448 these habitats not only for biodiversity but also for several ES (e.g. water quality regulation: Jansen

449 (2012), Rose et al. (2015), van der Schatte Olivier et al. (2018); carbon sequestration: van der Schatte
450 Olivier et al. (2018), Filgueira et al. (2019) and nursery function for fisheries production: Peterson et al.
451 (2003), zu Ermgassen et al. (2016)), in contrast to the first MSP that considers nature conservation only
452 from the perspective of biodiversity support. The second MSP not only targets to avoid negative effects
453 from bottom-disturbing activities but also aims to stimulates active habitat restoration. Another
454 addition that can (partly) be ascribed to the consideration of ES, is the inclusion of a criterion for
455 multifunctionality and working-with-nature. Although the criterion is not legally binding, the MSP
456 explicitly states that all new activities within the BPNS should strive to comply with the working-with-
457 nature principle, i.e. to create added for the ecological, the physical and the societal system by making
458 use of the natural processes and/or stimulate nature development (FOD Leefmilieu, 2019).

459

460 4. Discussion

461

462 The main objective of the methodology is to support in the creation of a shared vision that guides in
463 the long term development of a region. The method is intended to be applied in early, strategic stages
464 of spatial planning. Its primary focus is to build understanding among different stakeholder groups and
465 find support for solutions that balance biodiversity conservation and socio-economic goals (McKenzie
466 et al., 2014). The output of the method can be used in later stages of the planning process to facilitate
467 the negotiation of compromise on specific actions and measures as part of a spatial plan. The method
468 identifies the key processes that should be considered in spatial planning besides structural properties.
469 This makes the methodology also useful to define additional criteria in spatial prioritization of
470 conservation areas making it more likely that they guarantee long term benefits for ES and biodiversity
471 (e.g. Klein et al., 2009).

472

473 4.1. Guidance in finding common ground

474

475 Starting from an inventory of scientific knowledge on how ecosystem processes underlie the
476 development of ES and biodiversity values, the methodology identifies (i) the key ecosystem processes
477 that support both conservation values and socio-economic demands, and (ii) the processes that result
478 in conflicts between both objectives. Processes are thus represented as the mechanisms that link
479 biodiversity and socio-economic demands, allowing to find common ground or to balance trade-offs.
480 Explicitly considering the production mechanisms of biodiversity and ES and emphasizing the common
481 ground between both objectives provides more guarantee for long-term benefits to biodiversity of
482 conservation efforts and spatial planning than solely considering structures (Klein et al., 2009; Arkema
483 et al., 2015; Manea et al., 2019). The methodology explicitly takes into account the multiple
484 consequences of trade-offs and ranks the underlying processes that cause the trade-off accordingly:
485 the position of the process along the blue arrow Fig. 3) gives information on the degree to which a
486 process creates multiple benefits or trade-offs. For example, pelagic fishing (PeF) is located relatively
487 high along the arrow, indicating that in the Belgian coastal zone pelagic fisheries creates multiple
488 additional benefits such as opportunities for recreation associated with visits to the local fish mines
489 and fish restaurants. However, PeF also has some negative impacts on habitats, but these can be
490 reduced to a minimum by proper management of the ecosystem, or even turned into opportunities
491 for synergies (Maes et al., 2012). For example, artisanal fishing causes less impact on biodiversity due
492 to reduced catch efficiency and usage of more sustainable fishing techniques. Allowing limited fisheries
493 in certain zones can also reduce pressure in intensively exploited fishing areas elsewhere, creating
494 opportunities for biodiversity at these sites.

495 Focusing on the underlying production mechanisms that produce the trade-offs instead of on
496 (seemingly conflicting) end goals changes the subject of the spatial planning debate. Processes are
497 prioritized by ordering them according to a degree of multifunctionality, based on the sum of the

498 multiple effects they have on ES and on habitats. This shifts the debate on choosing over priorities
499 from a focus on conflicts between sectors to a common goal of multifunctionality (Egoh et al., 2012;
500 Hermoso et al., 2018). It also facilitates communication among stakeholders as (1) sectors are not
501 explicitly targeted in the discussion, (2) potential co-benefits are also taken into account and may
502 compensate minor negative effects (Egoh et al., 2010; Hermoso et al., 2018) and (3) benefits for human
503 well-being of biodiversity conservation are made explicit (Albert et al., 2019). A more comprehensive
504 overview of the multiple roles that processes play in supporting biodiversity and ES provides a more
505 solid basis to balance trade-offs (Mastrangelo et al., 2014). Sand transport can for example be
506 negatively experienced by local people when sand is blown into gardens or on agricultural fields.
507 However, it is an important underpinning process for multiple ES such as flood prevention and
508 recreation, and it is the underlying mechanism that resets ecological succession and promotes diversity
509 of plants and arthropods (Brunbjerg et al., 2015). This is shown by the location of the process of sand
510 dynamics in Fig. 3. In spite of the negative impacts of sand blowing, the process is located far along the
511 arrow of multifunctionality in the upper-right corner of the graph. It is indeed argued that there is a
512 lack of transparent information and awareness among stakeholders and spatial planners of the
513 underpinning role of ecosystem processes and biodiversity to support human well-being (Ortiz-Lozano
514 et al., 2017), and that this may explain why integration of ES and biodiversity is yet to be
515 operationalized in everyday decision-making (Guerry et al., 2015; Dick et al., 2018; Saarikoski et al.,
516 2018).

517

518 4.2. Including biotic and abiotic processes

519

520 The need to incorporate ecological processes in spatial planning has been highlighted by many recent
521 studies (e.g. Bennett A.F. et al., 2009; Klein et al., 2009; Hughes et al., 2012; Syrbe and Walz, 2012;
522 Watson et al., 2016; Kukkala and Moilanen, 2017; Rieb et al., 2017; Lanzas et al., 2019), but often only

523 biotic processes are taken into account (Lawler et al., 2015; Tulloch et al., 2016; Ockendon et al., 2018;
524 Pires et al., 2018; Albert et al., 2019). Especially when integrating ES into conservation planning it
525 becomes important to also explicitly consider abiotic processes, as some ES are more strongly
526 controlled by physical processes than by biological processes (Hooper et al., 2005; Midgley, 2015). For
527 example, services related to water flow (e.g. drinking water supply, flood regulation) are primarily
528 driven by abiotic processes (e.g. infiltration, hydrodynamics). Lawler et al. (2015) explain how including
529 abiotic drivers allows to more explicitly take into account global changes in conservation efforts that
530 may result in changes in species composition. However, studies where restoration of abiotic processes
531 is targeted together with biodiversity conservation are scarce and mostly restricted to floodplains (e.g.
532 Schiemer, 1999; Rood et al., 2003; Maris et al., 2004; Beauchard et al., 2014; Oosterlee et al., 2018).
533 By following the ecosystem approach (CBD, 2004), the method unravels the development of
534 biodiversity values and ES in a systematic way. This provides a more structural and objective approach
535 for selecting the processes that need to be considered and is an essential change associated with the
536 transition from sectoral towards more holistic approaches to spatial planning. In the case study of the
537 sandy coastal ecosystem of Belgium, the method identifies processes related to sand dynamics (MD,
538 SW, HW) as having a crucial role in providing ES and in maintaining biodiversity (Fig. 4). However, in
539 Belgium coastal zone planning traditionally focused on stabilizing the coastline with hard structures
540 such as dikes and groynes that reduces sand dynamics. This can partly be explained by a lack of
541 awareness of the underlying role of sand dynamics for several ES and biodiversity among different
542 stakeholders (Nordstrom et al., 2015).

543

544 4.3. Methodological approach

545

546 The structure of the presented approach is comparable with the DPSIR framework (Drivers-Pressures-
547 State-Impact-Response) and other frameworks that link human activities to ecological processes and

548 ES. However, the presented framework starts from an analysis which processes are essential to create
549 ES and habitats and from there defines targets to stimulate ES and habitats, in contrast to the DPSIR
550 framework which starts from an identification of driving forces and pressures that have a negative
551 effect on the ecosystem processes. The difference thus lies in a focus on avoiding negative impacts
552 (DPSIR) versus a focus on creating opportunities by stimulating processes (presented framework).
553 Although the presented framework also includes anthropogenic processes, most of them being similar
554 to pressures in DPSIR, and negative impacts on the ecosystem, it explicitly identifies which processes
555 are beneficial. This framework also allows to include processes that can be stimulated by human
556 intervention and result in benefits for ES and habitats (nature-based solutions), but that are not
557 necessarily under threat by human activities.

558 An important limitation of the method is related to knowledge availability. The relationships between
559 the processes and the habitats and ES are now expressed using expert-based scores and thus strongly
560 depend on the knowledge of the involved experts, and of the knowledge available for a certain
561 ecosystem. The Belgian coastal ecosystem is one of the most intensively monitored and studied coastal
562 ecosystems in the world. Applying the method may be more challenging in other areas where less
563 knowledge is available.

564 Also, more complex relationships such as non-linear effects of processes and interactions between
565 processes that reduce or increase the impact of a process on a habitat or ES are not included. This is
566 related to the usage of coupled matrices that are not capable of dealing with feedback loops. Petri-
567 nets (Rova et al. 2019) or causal loop diagrams (Dambacher et al. 2002) can be a potential solution to
568 account for more complex relationships.

569

570 5. Conclusion

571

572 The main aim of this paper is to demonstrate how including biotic and abiotic ecosystem processes
573 opens opportunities to find common ground between seemingly conflicting objectives of biodiversity
574 conservation and socio-economic demands. The paper present a stepwise methodology to support the
575 early, more strategic stages of spatial planning and guides in the creation of a shared vision among
576 different stakeholders. The application of the methodology on the Belgian coastal zone shows how
577 explicitly considering ecosystem processes in spatial planning is more likely to safeguard long-term
578 benefits for biodiversity and human well-being than taking only structural properties into account. The
579 paper aims to provide inspiration to advance current approaches for integrating biodiversity and ES in
580 spatial planning.

581

582 6. Acknowledgments and contributions

583 The research is part of the project on the development of a strategic vision for the Flemish coast
584 (Belgium). The authors wish to thank the institutes that conceived and financed the project: Maritime
585 Access Division and Agency for Nature and Forests, Flemish Government, Belgium. Special thanks go
586 to the experts and stakeholders that were involved during different stages of the project.

587 KVDB, BD, TS, TV, DB, TY and PM developed the method. KVDB wrote the manuscript, PM, DB, TS, TY
588 and BD contributed critically.

589

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