This item is the archived peer-reviewed author-version of:

Tracing creation: the director's notebook as genetic document of the postdramatic

Reference:
Le Roy Frederik, Cassiers Edith, Crombez Thomas, Van den Dries Luk.- Tracing creation: the director's notebook as genetic document of the postdramatic
Contemporary theatre review - ISSN 1048-6801 - 26:4(2016), p. 468-484
Full text (Publisher's DOI): https://doi.org/10.1080/10486801.2016.1196201
To cite this reference: http://hdl.handle.net/10067/1360770151162165141
TRACING CREATION.

THE DIRECTOR’S NOTEBOOK AS GENETIC DOCUMENT OF THE POSTDRAMATIC CREATIVE PROCESS

Frederik Le Roy is a postdoctoral researcher at the department of Art, Music and Theatre Studies at Ghent University. He is a member of Studies in Performing Arts and Media (Ghent University) and the Research Centre for Visual Poetics (University of Antwerp). He holds degrees in Philosophy (Catholic University of Leuven, 2003) and Performance Studies and Film (Ghent University, 2005). In 2012 he obtained his doctoral degree at Ghent University with a dissertation entitled \textit{Verknoopte tijd, verfrommelde geschiedenis} (Entangled Time, Crumpled History). Inspired by the philosophy of history of Walter Benjamin, this research dealt with the politics of memory of performative strategies (re-enactment, historical montage, testimony) in historic and contemporary (cultural) performance. He publishes on these themes. Besides his academic research, he has been a theory coach at the dance school P.A.R.T.S. (Brussels, since 2012), a freelance editor and is the content coordinator of the Master in Drama at KASK / School of arts.

Edith Cassiers obtained a Bachelor in Dutch - Theater, Film and Literature Studies and a Masters degree in Theater and Film Studies at the University of Antwerp. In 2010, she worked as an assistant-dramaturge for Jan Fabre within the production of \textit{Prometheus Landscape II}. Since 2011 she has been working as a theater scientist for Laboratorium/Troubleyn, studying artistic methodologies of the performer of the twenty-first century, including the acting method of Jan Fabre. Currently, she is a fellow of the Research Foundation Flanders (FWO) and preparing a PhD within the project ‘The Didascalic Imagination’ about contemporary theatrical notebooks.

Thomas Crombez studied Philosophy at the Vrije Universiteit Brussel and Theatre Studies at the Universiteit Antwerpen. He obtained his doctorate with a dissertation on ‘The Antitheatre of Antonin Artaud: An examination of aesthetic transgression, applied to the contemporary theatre’ (2006). He is currently teaching at the Koninklijke Academie voor Schone Kunst in Antwerp (Royal Academy of Fine Arts) and at Sint Lucas Antwerpen. Current courses include Philosophy of Art, Theatre History, and Performance and Avant-garde. See: www.zombrec.be.

Luk Van den Dries studied Germanic Philology at the University of Brussels and started his academic career in 1980 with a research fellowship at the University of Brussels. In 1991 he obtained his PhD on The Performance History of Heiner Müller in Belgium and was appointed as an assistant Professor at the University of Antwerp. Currently he is Professor of Theatre Studies at the University of Antwerp (Belgium) and head of the department of Literature. His major work on the corpus of the Flemish artist Jan Fabre (Immschoot, 2004), has been translated into seven languages. He is the author of several books and articles investigating the development of theatre in Flanders and the Netherlands. He is the co-supervisor of the FWO-supported research project The Didascalic Imagination.
Abstract:

In this paper we examine the director’s notes as indexical traces of the creative process of theatre performances, focussing particularly on the impact of the hybridisation of note-taking (i.e. the use and combination of different media formats as an alternative or addition to the traditional didascalic notes) in postdramatic theatre. Since medial hybridisation is a crucial characteristic of the postdramatic creative process, we argue that ‘intermedial transposition’, i.e., the adoption from one medium to the other, becomes a central concern in studying the genesis of a theatre performance. After a short reflection on how the creative process has been transformed over the last two to three decades, as well as has always consisted of medial transformation, we investigate two contemporary examples in which note-taking establishes an intermedial feedback loop supporting theatrical creation and determining the aesthetics of the resulting theatre performance: Luk Perceval’s use of video as an instrument to direct his actors and the drawings of Jan Fabre.

Keywords:
Creative processes in contemporary theatre; director’s notes; intermedial transposition; Luk Perceval; Jan Fabre

List of figures:

- Fig. 1: Drawing for Quando l’uome principale è una donna (2004) by Jan Fabre
- Fig. 2: Drawing for Universal Copyright (1996) by Jan Fabre
- Fig. 3: Drawing for Universal Copyright (1996) by Jan Fabre
- Fig. 4: Drawing for It is Theatre as was to be Expected and Foreseen (1982) by Jan Fabre
- Fig. 5: Drawing for Das Glas im Kopf wird vom Glas, de danssecties (1987) by Jan Fabre
- Fig. 6: Still from rehearsal video of Asem (2001) by Luk Perceval
- Fig. 7: Stills from rehearsal video of Asem (2001) by Luk Perceval
- Fig. 8: Stills from rehearsal video of Asem (2001) by Luk Perceval
TRACING CREATION.

THE DIRECTOR’S NOTEBOOK AS GENETIC DOCUMENT OF THE POSTDRAMATIC CREATIVE PROCESS

In the last decade, theatre research has been marked by a growing interest in the documentation, reconstruction and analysis of creative processes in the performing arts. Theatre, dance and performance scholars, often in collaboration with or in response to theatre makers and choreographers keen on exploring and sharing their own creative processes and working methods, have expanded their horizon from the ‘final product’ – the performance – to the varied and often complex activities that precede and eventually establish that performance. One of the underlying ideas that fuel the interest in the analysis of what Josette Féral once termed the ‘pre-performance’, is the expectation that insight in the genesis of the performance will provide a more encompassing perspective on the work as a whole. This ‘genetic’ perspective is especially fruitful when we consider the contemporary performing arts and, more specifically, ‘postdramatic’ theatre, which will be the subject of this article. Even a cursory glance reveals that the vast aesthetic diversity of theatrical languages in contemporary theatre is matched by an almost equally great variety of working methods and creative strategies. These methods are often specific to the theatre makers who use them, or even to individual projects – ‘[e]ach work creates its own method’ the Belgian dramaturge Marianne van Kerkhoven once stated. But the relationship between the creative process and the final performance is complex, often elliptical and without a predetermined, linear path that leads from inception to

---

1 The research presented in this paper emerged from a larger research project entitled ‘The Didascalic Imagination’, which is funded by the FWO – Research Foundation Flanders from 2013 until 2017 and conducted at the Universities of Antwerp and Brussels. The primary objective of this project is to develop theatre genetics on the basis of an expanded understanding of the traditional Regiebuch or the director’s notebook by examining how contemporary theatre makers use a variety of means to develop and give shape to their ideas during the creation process of a theatre performance.


3 See, among others, Andrew Quick, Paula Court and Mary Gearhart, The Wooster Group Work Book (New York: Routledge, 2007); Luk Van den Dries, Corpus Jan Fabre: Observations of a Creative Process (Burggravenlann: Imshoost Uitgevers, 2006); Anne Teresa De Keersmaeker and Bojana Cvejić’s book series entitled A Choreographer’s Score (Brussels: Mercatorfonds, 2012 and 2014); Marianne Van Kerkhoven and Anouk Nuyens, Listen to the Bloody Machine: Creating Kris Verdonck’s End (Utrecht School of the Arts, 2012). Also important in this respects are multimedia projects and archives by/on William Forsythe (Synchronous Objects, Motion Bank), Emio Greco (Inside Movement Knowledge) or Siobhan Davies (Siobhan Davies Archive).


5 Van Kerkhoven and Nuyens, Listen to the Bloody Machine, p. 308.
result. Gaining access to, and understanding this relationship, especially in theatre forms that rely more on performative and visual rather than textual elements can pose significant methodological challenges.

In this article, we will focus on one crucial element of this creative process, namely the varied notes that are produced by the theatre director while making theatre. We approach these manifold notes as ‘genetic documents’: they are traces of the creative process and show the ‘scenic drafts’ leading up to and eventually constituting the final production. Studying these notes gives theatre researchers an entry point into a director’s ‘poetics of creation’, which in turn, allows them to better understand the resulting ‘poetics of the theatrical work’. At stake here, however, is not only what these notes document but also, and especially, what these notes do. In postdramatic theatre, the media that are traditionally used as note-taking devices by theatre directors expand beyond writing and even beyond the page. We will argue that this shift has an important impact because the specific properties of the media of the ‘director’s notebook’ have a pivotal and often underestimated influence on both the process and the final production.

This article thus starts from the premise that if we are to acquire a better understanding of the postdramatic theatrical creative process, we should take into account the decisive role of the varying media used by makers during that process. To discuss this, we will first consider how creative processes have changed in the past decades, since the emergence of the so-called postdramatic paradigm. We will argue that the creative process has become increasingly hybrid and that the combination and adaptation of different media, in short ‘intermediality, plays a crucial role. To test and demonstrate this theory, we will investigate the intermedial transitions in the notes of two Belgian theatre makers that have been influential for the development of ‘postdramatic theatre’, both nationally and internationally: Jan Fabre and Luk Perceval. Fabre, renowned for his focus on the body’s physicality in performances, starts the creative process with, and will continually return to the activity of drawing. Perceval uses another device: he videotapes rehearsals and, after editing them, uses these recordings during later rehearsals as a tool to work with actors. To fully understand how these drawn or videographic notes influence the genesis and aesthetics of the performances they create(d), we need to understand the specific character of their process-documents. To do this, we will shortly outline the (changing) status of these director’s notes, before we direct our attention to Fabre and Perceval.

---

6 Together, ‘all the written, visual and aural documents’ constitute, according to Josette Féral, the ‘scenic drafts’ leading up to the production (Féral, ‘Towards a Genetic Study of Performance Take 2’, p. 223).

Tracing Transforming Creations

Apart from the various drafts of the play text, we can distinguish the preparatory notes, which register the dramaturgical or historical research done by the director, actors and/or the dramaturge, and the very diverse and often chaotic working notes produced during the rehearsal period. While genetic research into theatre can evolve relatively successfully if the objects of study are such written sources, a text-based genetic analysis falls short when dealing with non-textual aspects of the creative process or with theatre forms that are not or no longer centred around the text. Theatre within the so-called postdramatic paradigm is therefore particularly challenging. Hans-Thies Lehmann argues that one of the main characteristics of the postdramatic aesthetics is a shift away from theatre’s ‘logo-centric’ legacy and towards performance. This means, on the one hand, that a postdramatic theatre aesthetics challenges or even dissolves the dramatic form, and, on the other hand, that the role of text on stage no longer takes precedence over the scenography, the presence of the performer, the material quality of the voice, the lighting, and other elements of the scenic language. Retracing the genesis of theatre should thus also include the embodied, visual and immaterial aspects that characterize the aesthetics of postdramatic performance.

Lehmann also couples the decentralisation of text and the development of postdrama with the ‘caesura of media society’. A hitherto little researched aspect is how the emergence of new media not only influenced theatre aesthetics, but also transformed the creative process. To the sketches, notes and conceptual reflections traditionally found both literally and figuratively in the margins of the dramatic text, a diversity of forms and media are added, often borrowed from other artistic fields (film, video, music, the visual arts), mixing old and new media. Indeed, it is striking how directors borrow techniques from filmmaking (like storyboarding) or music (like scoring).

---

8 For a discussion of these written sources see: Almuth Grésillon and Jean-Marie Thomasseau, ‘Scènes De Genèses Théâtrales’, Genesis, 26 (2005), 19-34 (pp. 29-31).
10 Postdramatic theatre does not get rid of the dramatic text, but changes our relation to it (and the ideal it encompasses), often opening up new critical readings. Or, like Heiner Müller once said about his own theatre: it ‘always bears the memory of the deceased dramatic forms’. (Quoted in the German version of Lehmann’s book, Postdramatisches Theater (Frankfurt am Main: Verlag der Autoren, 1999), pp. 30-31, our translation).
11 See a.o. Grésillon et al., ‘Pour une génétique théâtrale’.
12 Lehmann, Postdramatic Theatre, p. 22ff.
use photography and video as rehearsal tools, rely on certain computer programs and other digital media, or incorporate visual art practices like drawing or sculpture. This heterogeneous mediality of the rehearsal documents begs for an ‘expanded’ definition of the director’s notes, and challenges us to take into account the way in which these media contaminate each other as well as influence the final product.

The processes leading from the creative process to the final performance inevitably involve transitions from one medium to another. However, the main focus of the research into intermedial or intersemiotic transitions in creative processes has frequently been on the transition from play-text to performance, or ‘from page to stage’. Although studied elaborately, often under different headings (translation, transposition, adaptation or a combination of these terms), the point of departure in these transition-theories remains the dramatic text and thus a (purely) textual or linguistic source-text. As Reba Gostand argues, theatre, even if it is dramatic theatre, always requires ‘a constant process of translation’, not just from play-text to performance but ‘from original concept to script (when there is one), to producer/director’s interpretation, to contribution by designer and actor/actress, to visual and/or aural images to audience response’. Furthermore, theories of ‘intermedial’ or ‘intersemiotic translation’ tend to focus on the translation of the message from one medium into another medium, and consequently disregard the impact of the medial carriers of both source- and target-text.

The underlying dichotomy between, on the one hand, the ‘meaning’, ‘content’ or ‘idea’

---

14 The terms ‘intersemiotic’ and ‘intermedial’ are (unfortunately) often used interchangeably. Both imply a crossing of borders, between different semiotic codes and between different media respectively. Intersemiotics, however, is intrinsically linked to linguistics and literary studies. Intermediality is used more broadly to study how distinctive media interact, are combined or communicate information differently when this information is transposed from one medium to another. Since we will discuss our objects in terms of their media, rather than their semiotic code, we opt for the term ‘intermedial’. This also allows us to expand the discussion in theatre studies to reflect on intermediality not only in theatre performances, but also in the creation process of theatre performances.


16 See for example Claus Cléier and Burton Watson, ‘On Intersemiotic Transposition’, Poetics Today, Art and Literature 1, 10 (1989), 55–90. Zuber-Skerritt furthermore describes transposition ‘as a special kind of translation, namely: transposing or transferring the dramatic text on to the stage. This dramatic transposition is a specialized form of translation, unique to drama and different from translating poetry or narrative prose’ (Ortrun Zuber-Skerritt, ‘Translation Science and Drama Translation’, Page to Stage: Theatre as Translation, 48 (1984), pp. 3-12 (p. 3)).


that is to be conveyed (the ‘textual’ or ‘message’\(^{20}\); the *signified*), and, on the other hand, the medial carrier or semiotic code of the message (the ‘material’ or ‘medial’\(^{21}\); the *signifier*) that conveys the meaning unadulterated, leads to an approach that risks to lose sight of the preservation of medial traces of the source text.

Although the sensibility for the impact of the medial carrier of the message is growing significantly in the past years\(^{22}\), the effect of the mediality and materiality of both source- and target-text within a theatrical creative process has been relatively unstudied. However, this merits attention. The decreasing importance many theatre directors attribute to the dramatic text (and, consequently, to the implied medial carrier of paper and ink), coupled with the medial hybridisation of the creative process, ensures that the form of rehearsal documents in contemporary theatre fundamentally changes.

The media of post-dramatic rehearsal documents - existing of, amongst others, drawings, writings, audio scores, video, digital programs and storyboards - are crucially different from those of the performances they help originate. The notes of the director are ideal for such an analysis: they are exemplary for the development in media, as they evolved from a linguistic form to an intermedial hybridisation – as we will indicate through the work of Jan Fabre and Luk Perceval.

**Beyond the Director’s Book: Creation through Drawing in the Creative Process of Jan Fabre**

Belgian visual artist, theatre maker and performance artist Jan Fabre (Antwerp, 1958) has played a central role in the development of a postdramatic poetics since the 1980s. In 1982, his eight-hour performance *It Is Theatre as Was to be Expected and Foreseen* made a strong impression at several European performance festivals, and launched his career as an internationally acclaimed artist. From the outset, his pioneering work crossed the

---


\(^{21}\) Robillard, ‘Beyond Definition’, pp. 159-60.

boundaries between theatre, dance and performance art. Inspired by the use of ‘real time/real action’ in performance art, Fabre’s theatrical language revolves not around characters, but around the impact of the corporeal presence of the performer on the stage. Bodies are brought in a state of perpetual physical metamorphoses: not only do they sweat, get exhausted by having to continually repeat the same gestures or bump into the limits of what they are physically capable of doing, they also negotiate cultural disciplining mechanisms that sketch out the boundaries between the human and the animal, or between the normal and the abject body.

Within his creative process, Fabre’s drawing practice takes a primordial place. Creative acts, not only in his visual work, but also in his work for theatre, opera and dance, start with (and regularly return to) a hand-drawn exploration on paper where themes and ideas that will materialize in the performance first take shape. For his theatre performances, these drawings are remarkable traces of the genetic process. We can distinguish several kinds of drawn theatrical traces: first, drawings made during the preparation and rehearsals of a performance, some of which have been published, while others remain in the personal archive of the artist or were deliberately destroyed; second, drawings made as performance, in which the act of drawing itself is part of the performance; third, drawings made after the performance. For this paper, we are mainly interested in the first category.

To understand the status of these drawings as postdramatic ‘director’s notes’, it is useful to compare them to the ‘director’s book’ and to the role drawings have within these books. The director’s book, sometimes also called production book or theatrical notebook, is perhaps the best-known example of a (occasionally publicly available) document that captures the director’s scenic imagination. Significantly, the practice of preserving theatrical notebooks starts around 1900, contemporaneous with the emergence of the director as a pivotal figure in the staging of a play. The director’s book serves as a symbol for the director’s empowerment in the history of modern theatre. At the beginning of the twentieth century, the authority of the playwright (and thus of the dramatic text) as the sole origin of the performance is questioned. This evolving

24 This is especially the case in his early performance work, in which Fabre drew with blood, salt, BIC-pens or the ashes of burned paper money (e.g. My Body, My Blood, My Landscape (1978), Money Performance (1979), Ilad of the Bic-Art (1980), Sea-salt of the fields (1980), Ilad of the Bic-Art, the Bic-Art room (1981).
relationship between director and playwright, or more broadly, between dramatic text and performance, is embodied by this form of ‘theatre notation’ that is, according to Patrice Pavis, ‘a materialization of the optical and acoustic vision of the director at work’. Max Reinhardt’s Regiebücher are exemplary of how directors would develop their own personal performance aesthetic often literally in the margins of the dramatic text: he jotted down notes and sketches ‘beside, above and below the text’ as well as ‘in between the lines’. Not only was his mise en scène (scenography, acting style, costume, floor plans, etc.) first imagined in the gaps and intervals that the dramatic text inevitably left, this practice also signalled that the performance can develop its own particular theatricality and aesthetics, autonomous from the literary artefact. The Regiebuch can thus be linked to what Erika Fischer-Lichte referred to as the ‘first performative turn’ in theatre history at the beginning of the twentieth century.

If the director’s book can be seen as one (of several) factor(s) in the emancipation process of the director, it still remained closely linked to the text-based logic of dramatic theatre. Not only do the published examples of director’s notebooks clearly show a predilection for the didascalia as a paratext to the original drama text. They also function as an instruction manual for the stage production and its subsequent revivals in the same way play-texts and published promptbooks were once meant to control the production ‘as much as possible, from the printed page’. Drawings are part of this paratextual material and serve a clear function, namely providing an illustration of the scenography or costumes. Not surprisingly, the use of director’s books was...
institutionalised in theatre contexts that have a strong repertory tradition. The image that the ‘director’s book’ conjures up today, is associated with a rigid application of the Regiebuch as a repository of the ‘original’ of the theatre performance as it was envisioned by the director: an ‘authorized mise-en-scène’ that serves as a mnemonic device of how a performance should be (re-)played in the future if it is to approach the director’s original vision. In this context, the agency of drawings is limited to their instrumental function as memory aids for the visual aspects of the original performance.

Some of the drawings Fabre made during the preparatory stages of a performance do seem reminiscent of the classical mimetic ‘performance recipes’ of director’s books. These include sketches for the scenography, costumes or (albeit more rarely) floor plans. Depending at which moment in the rehearsal process they were produced, these drawings are more or less detailed. However, such drawings are not typical. If we take a step back in order to overlook the entire corpus of drawings Fabre produced in the context of his theatre performances over a span of thirty years, we are struck by the variety of functions and aesthetic languages he developed. If we consider the collection of drawings made for a specific performance, a different, postdramatic ‘director’s book’ appears, which offers neither a snapshot of the moment between the general rehearsal and the première, nor an instruction manual that controls subsequent re-stagings. Not only do they point towards the aforementioned hybridisation of the theatrical notebook in the postdramatic theatre, these drawings are also marked by their embedding in an ongoing, dynamic and transitory creative process where the emergence of ideas is key. Indeed, rather than illustrations or instructions, they function within a continuous dialectical loop with the rehearsals: Fabre’s drawings determine the rehearsal and the rehearsal in turn has an effect on his drawings. In what follows, we will illustrate a few of the many functions performed by these drawings in the course of the creative process.

In Writing on Drawing, the drawing and design scholar Steven Garner argues that drawing ‘supports cognitive processes, particularly creativity and the emerging of ideas’. Still today, German city theatres work with a Regiebuch, most often put together by the director’s assistant. Its use is mainly practical: it is an indispensable instrument to allow plays on the repertory to run over longer periods of time or to re-stage these plays in their original mise en scène after an interval of months or even years. This expression is used by Richard Schechner to describe how Bertolt Brecht’s Modellbücher are used by some of his predecessors at the Berliner Ensemble and elsewhere (Richard Schechner, Between Theatre and Anthropology (Philadelphia: University of Pennsylvania Press, 1985), p. 43). See also Patrice Pavis, L’analyse Des Spectacles (Paris: Armand Colin, 2012), p. 13. Pavis, Languages of the Stage, p. 121.

See for example the drawings for the dance solo Angel of Death (2003).

I draw in the moment – almost like a intimate diary of gazes, breathings and visions that are conjured up in my mind – and then, during the night, I make new drawings inspired by the sketches of the day. And these nocturnal drawings nourish my inspiration for new actions, improvisations and mise en scènes for the next day during the rehearsals with my performers. My drawings thus represent a continuous process.’ (Fabre, Le Temps Emprunté, p. 371, our translation)

Similarly, Fabre describes his drawing as ‘thinking while drawing and drawing while thinking’. ‘Drawing,’ he continues, ‘is a form of dancing with the wrists with always unexpected results’. A good example of how each drawing functions as a Denkbild or ‘thinking image’, intertwining thinking and drawing, the cognitive and the physical, is shown in the preparatory sketches for the dance solo Quando l’uomo principale è una donna (2004). In this performance he explores the boundaries of gender and sexuality creating an androgynous figure constantly shifting his/her identity. This double-sidedness of gender was first explored in drawings in which clear male and female symbols coalesce on the page. Rather than a design for the stage setting, the drawing was a way to research how this quest for an androgynous and very fluid dance performance style could be conceptualized. (see fig. 1) [insert figure 1]

An important category of drawings within his work is the ‘improvisation sketch’. During the first weeks of rehearsal, Fabre gives his ‘warriors of beauty’ (as he likes to call his actors) hundreds of improvisation tasks, aimed at developing the possible themes for a new play. The ideas for these tasks are distilled from the images that emerge during the activity of drawing. While the act of drawing happens outside of the rehearsal space (at night, in the privacy of his studio or home), this initial research is passed on to the actors through the instructions that emerged from the imaginary of the drawings. According to Fabre, the drawings are ‘limitless matter, overflowing with imagination, ideas and non-realized projects’. Ideally, the dancers and actors become co-researchers, exploring similar material to that explored in the drawings but through different means and media; namely, through the physicality and intuition of their bodies, through movement, voice, repeated exercises, etc. Though Fabre has a clear intuition about the end result, this process is meant to open up a space for him and his performers to find new and unexpected possible routes to attain this goal. The dynamic process between intuition and improvisation can be seen in the drawings he made for Universal Copyrights 1 & 9 (1995). Some of the notes on the drawings are drafts for the typical improvisation instructions he gives his performers. For example: ‘The body of the actor is smeared with honey and then bees are released!’; ‘All actresses must be pregnant three months (obligatory!’); ‘Motif of the siamese twins, elaborate with Albert + Jacques, filling each other, making each other fat.’ (see fig. 2 & 3) [insert figures 2 and 3]

Instead of assuming that these drawings ‘lack’ a performance component (and thus, considering the performance as the completion of the drawing), we should see them as autonomous art works that are not completed but adapted to another medium (i.e. the

bodies of the actors, the performance). These drawings function as a particular ‘theatrical trace’ that produced (and perhaps still produces) the precarious presence of performance. As the artist himself attests, as ‘poetic objects’ they carry a ‘physical action’ within them.

This process also offers a possible explanation for the great variety of techniques (Chinese ink drawings; sketches in pencil, pen or ballpoint; watercolour paintings) and the different styles and aesthetics applied. The style, technique and colours of the drawings are connected to the idiosyncrasies of each individual performance. The drawings of his first theatre trilogy (1980-84) for example are very rough and organic (see fig. 4); while the drawings made during the productions of his ‘Blue Hour’-productions (1990-95), for example, are much more tight, formal, disciplined, and partly drafted with a BIC-ballpoint pen, a technique he uses in his visual art work and that reappears through the intermediary of the drawing in the Bic blue colour of the scenography and costumes of his theatre and opera work. (see fig. 5) By studying the ‘intermedial transposition’, the translation of these drawings to the stage, we are able to analyse which elements and characteristics are taken into account during the creation of a performance and which influence formal aspects of the drawings, such as colour and lines, have on the actual performance.

Furthermore, this points to the blurring of the boundary between the visual arts and the theatre (a boundary Fabre is constantly crossing). While part of the rehearsal process, some of these drawings are art works in their own right. This dialogue with the fine arts, becomes even more obvious when one looks at the many references to other artists included in the drawings: to Lucio Fontana in the drawings of Falsification as it is, unfalsified (1992), to Yves Klein in Quando l’uomo principale è una donna, to pointillism in Swan Lake (2002). Conscious of his position vis-à-vis the fine arts, Fabre often intends for the drawings made during the rehearsal process to enter into other circuits of distribution. Many of the theatre-related drawings are published, exhibited or even sold to collectors or museums. As far as these drawings are concerned, it is often very difficult, even impossible to distinguish between pre- and postproduction drawings. For Fabre, who is

---

41 Fabre is also very conscious of the fact that certain things are only possible on paper, not on the stage. However, this is not a reason for him not to explore these ideas, if only for the pleasure of imagining them. (Jan Fabre, ‘Interview’.)
43 Fabre uses this technique in order to produce an idiosyncratic time-space, a kind of dream landscape that should have a magnetic effect on the observer.
44 The second series of drawings Fabre made for Je suis sang (2002) for example are totally different from the first series when the performance was created (2001): they lack didascalia and practical stage related concerns, are remarkably polished and were made several years after the premiere.
both a theatre director and a visual artist, this distinction doesn’t seem to matter: in the drawings both disciplines intersect.

In a sense, all these drawings together, as traces of the creative process, constitute a very particular, present-day version of the traditional Regiebuch. However, they do not constitute or capture ‘the ideal representation’ of a piece, or prefigure the performance, but are rather meant to capture and produce a certain performative energy that is to be materialized into other aspects of the performance – not just the visual elements – and thus, indirectly, affect the spectators. ‘In the drawings reside my nerves, my wrists, my energy, in a performance reside the nerve cells of the performers,’ Fabre says, evoking how the themes but also the kinetic qualities explored in the drawings are to be transposed and converted in the bodies of his performers through improvisations and physical exercises. Not aimed at capturing the ideal representation, these genetic documents are also archives of mistakes, erased paths and cancelled ideas or of impossible dreams, wild ideas and promises for the pre-performance.

**Luk Perceval: The Director with the Video Camera**

Fabre establishes an on-going feedback-between the drawing and the performance that plays a crucial role in the creative process. In case of the Belgian theatre director Luk Perceval (b.1957), our second example, the intermedial feedback-loop leaves the page (still the main carrier of the drawing) behind to expand the notion of the director’s note further to include video documents. Perceval left his mark on contemporary Flemish theatre, first with the company he helped establish (Blauwe Maandag Compagnie, 1984–98), and then as the artistic director of the Antwerp municipal theatre Het Toneelhuis (1998–2005). We will refer to one of his most celebrated projects while working with Blauwe Maandag Compagnie, namely the trilogy *Ten Oorlog* (lit. ‘To war, into battle,’ 1993-97), an adaptation of Shakespeare’s cycle of ‘histories’ on the Wars of Roses, co-written by Perceval with the Belgian novelist and playwright Tom Lanoye. The three instalments were first shown separately, over a period of several years, and culminated in a series of eight-hour long ‘marathons’ when the piece was shown in its entirety. In 2005 he left Belgium to become house director at the Shaubühne am Lehniner Platz Berlin. Since 2009 he is the ‘leading director’ of the Thalia Theater in Hamburg and mainly works in Germany. From the start of his career, Perceval pioneered what would

---

45 Jan Fabre, ‘Interview’.
47 The piece also toured in a German language version under the name *Schlachten*. 
become one of the main features of the theatre artists of the ‘Flemish Wave,’ namely the appropriation of classical repertory through sampling and montage. Fed up with the ‘old-fashioned’ subsidised theatre, he furthermore shifted the focus to a more physical acting, and tries to bring theatre closer to the spectator’s and actor’s own environment.

Perceval makes ample use of different documentation forms and social media during the preparation and rehearsal process. Film and video play a crucial role to the extent that such videographic documents are examples of the process-based and hybrid director’s notes we are interested in. In contrast to many other contemporary directors of his generation, such as Ivo Van Hove or Guy Cassiers, videotaped images are not part of the mise en scène in the final performance. Perceval is not interested in the combination of film with theatrical elements, which appears frequently in the works of other artists belonging to Perceval’s generation. However, while Perceval does not explore the juxtaposition of video and theatrical elements, crucial aspects of the performance, especially the acting style and lighting design, are nonetheless affected by the use of the camera during the creative process. Using the terminology developed by Irena Rajewski to distinguish different subcategories of intermediality, Perceval is not interested in ‘media combination’ - the combination of ‘at least two conventionally distinct media or medial forms of articulation’ within one work, but rather in adapting and referring to other media as an integral part of his non-mediated theatre language. As we will show, the transformation of the video recordings in performance is an example of what Rajewsky calls ‘media transposition’: the transformation of a given media product or of its substratum into another medium.

In the archives of Blauwe Maandag Compagnie, numerous cardboard boxes filled with VHS-tapes are stored. While the archive contains often just one tape for Perceval’s earliest pieces (mostly full-length recordings of try-outs and premières made in view of future re-stagings), the number of tapes grows exponentially by the mid-1990 when he starts to videotape the rehearsals of Ten Oorlog. Because Perceval operates the camera himself (at later stages of his career, an assistant often functions as camera operator), the recordings have registered his particular way of looking at the rehearsal. The camera functions as if it were an extension of his own gaze: he lets it travel through the performance space, often zooming in on an individual actor or on a group of actors.

---

48 See also Geert Sels, Accidenten van een Zaalwachter: Luk Perceval (Leuven: Van Halewyck, 2005), p. 43.
49 Research in the archive of Blauwe Maandag Compagnie shows that Perceval from the outset was an ‘early adopter’ of digital media. The ‘analogue’ method of text editing (re-writing text by hand, editing with scissors and glue) is (in part) replaced by computers with text editing software which also allows for the circulation of text versions via diskettes, flash drives or e-mail. Today, Perceval makes active use of the web-based file hosting service Dropbox to share each consecutive version during the preparation and rehearsals of a play. Besides these, he shares inspirational images, work in progress and reflections through his blogs (see lukpercevaljournal.tumblr.com and www.lukperceval.info).
In some cases, Perceval enters the working space himself, as he moves among the actors while filming, undoing the static and frontal perspective that characterizes the view from the ‘director’s seat’. Interestingly, he is not committed to the ‘central’ action of any given scene (e.g. the main dialogue). In many rehearsal videos, the camera focuses on only one of the dialogue partners, on performers or objects in the background or on isolated gestures, effectively decentralizing the dramatic action. (see fig. 6) [insert figure 6] At night, after the rehearsal, Perceval edits the day’s footage, in order to show it to the actors during rehearsal the following day. This process of filming, editing and then showing the footage at the start of a new rehearsal (which is again recorded on video), serves several functions\(^\text{51}\) that should be discussed in order to understand this form of ‘note-taking’.

First, Perceval’s working method continues the thorough process of rewriting the source text during the preparation and rehearsal of a play. When working on the script for the trilogy Ten Oorlog, Perceval wrote to his co-author Tom Lanoye that their adaption of Shakespeare ‘should meet the short, often fast way of mounting / editing film’.\(^\text{52}\) He tackled the source text in the same way that film reels would be treated in the editing room: with scissors and tape, cutting it first to pieces and then stitching together the passages he wanted to retain in his preferred order. By boldly editing the text, Perceval strives to make it as transparent as possible and retain only what he deems essential. In doing this, he transforms the dramatic text into what resembles a scenario. What is left is a heavily truncated script that remains open to change until the opening night - or even beyond that, as improvisations during the run of the piece might change the text again. Geert Opsomer labelled the resulting text as an ‘open text’ and contrasted Perceval’s open dramaturgy to a dramaturgy in the study room of the author from where the actions of the director and actors were, so to speak, steered to be aligned with the author’s intention.\(^\text{53}\) What he did while radically adapting and cutting up the ‘dramatic text’, the video camera allowed him to do for (and to) the ‘performance text’.

This edited footage is, secondly, used as a communication tool while directing actors. With the (edited) recordings Perceval can show exactly what he wants or does not want, without resorting to (possibly vague) spoken instructions that paraphrase rather than show the actor’s performance. He argues that ‘language is always a detour and often there is noise that disturbs the interpretation of the message. A camera on the other hand,

\(^{51}\) For a discussion of some of these functions in the context of Perceval’s staging of Platonov at the Shaubühne am Lehninerplatz, see Zoë Svendsen, ‘Luk Perceval—Platonov (2006)—Rules for a Theatre of Contemporary Contemplation’, in Making Contemporary Theatre. pp. 222-241 (pp. 234-236).

\(^{52}\) Luk Perceval, ‘Unpublished Letter to Tom Lanoye. 9 November 1995’, (1995). See also Geert Sels, Accidenten Van Een Zaalwachter, p. 238. All translations from Dutch are ours.

is straightforward and objective in its recording’.\textsuperscript{54} Perceval (as with a number of his actors)\textsuperscript{55} argues that actors who witness their own acting are then more inclined to critically assess their performance. The edited footage, furthermore, serves as a stepping-stone for the communication between actor and director, as the order of the outtakes structure Perceval’s feedback. Zoë Svendsen describes it as follows: ‘[i]f in the rehearsal room the camera becomes a kind of physical embodiment of the director’s attention to the acting, it is also a means by which Perceval regulates his own responses’.\textsuperscript{56}

This brings us to a third, more general function: Perceval believes that the filmed image has the power, not only to record but also to \textit{generate} the subtle acting style he strives for, thus having an impact on the resulting performance. Certain characteristics of the filmic medium are to be evoked and imitated in and by the theatrical performance. Irina Rajewsky calls this process ‘intermedial reference’ and points out that one of the main properties of ‘intermedial reference’ is its ‘illusion-forming quality’: when a medium refers to another medium, it does not become this other medium, but generates the \textit{illusion} of becoming another medium or, at least, of incorporating some of its properties.\textsuperscript{57} Put differently, media retain their own ontological integrity, while producing the effect of becoming another medium. When Perceval ‘refers’ to film in and by performance he is particularly invested in the technique of the cinematic close-up. From the start of his trajectory as a director, Perceval sought to develop an acting style that ‘referred’ to a specific film corpus, namely the American classical cinema (especially films starring ‘Method Actors’) he watched when he grew up. To him, the camera allows for a close encounter between actor and spectator, producing an effect of ‘truthfulness’ and ‘authenticity’ the theatre was missing.\textsuperscript{58} And the cinematic close-up - that was amply used in these films -, with its ability to register even the subtlest expression of the actor, was to be an antidote to the declamatory and therefore distancing acting styles. (see fig. 7 & 8) \textbf{[insert figure 7 & 8]} The reference to cinema had to rid the stage of what Panofsky called ‘the impurities of theatricality’.

Perceval attests that the many years of using a video camera in the rehearsal studio has left its marks on both his way of working with actors and the resulting acting style during the performance. Even today, although he no longer operates the camera

\textsuperscript{54} Sels, \textit{Accidenten Van Een Zaalwachter}, p. 321. This footage was also helpful to overcome the language barrier Perceval experienced when he started working in Germany.


\textsuperscript{56} Ibid, p. 235.

\textsuperscript{57} See Rajewsky, ‘Intermediality, intertextuality and remediation’, pp. 42-64.

\textsuperscript{58} Luk Perceval, ‘Interview with Luk Perceval in the Context of “Belgium Is Happening”/Toneelstof 80’, (15 March 2009). (Electronically available on www.belgiumishappening.net/home/interviews/luk-perceval-toneelstof-80)
himself,\textsuperscript{59} he often instructs his actors to ‘use the space as if they have to relate to a camera’ or to ‘play as if they want to show the spectator a close-up’\textsuperscript{60} The effect of this instruction is enhanced even further when actors have indeed seen themselves play in close-up in Perceval’s video-outtakes of the rehearsals. This again implies a shift of focus from the verbal to the corporeal, stressing the importance of body language, not as the ‘large gestures’ but as the reluctant and controlled expression of emotion or intention.

This corporeal presence remains crucial for Perceval, which is why it was never his intention to rid himself of theatre and turn to making cinema instead.\textsuperscript{61} Paradoxically, referring to film in the creation process and eventually in the resulting performance ultimately brings him closer to what is at stake in the act of making theatre. Regina Schober has convincingly argued that when the boundaries of a medium are challenged during instances of intermedial exchange, that medium reflects its own medial nature.\textsuperscript{62} Echoing Rajewsky, Schober argues that intermedial transposition is not the reproduction of another medium, but a representation of the \textit{effects} of a certain medium in another medium.\textsuperscript{63} Such intermedial translations challenge the boundaries of a medium. At the same time, however, the ontological properties of that medium come into focus allowing for a reflection on its medial nature.\textsuperscript{64} Similarly, Perceval does not attempt to emulate film, but emulate, on the stage, certain \textit{effects} of the filmic medium, for example the sense of authenticity, proximity and fine-drawn emotionality captured in the close-up. At the same time, it leads him to something beyond the photographic promise of film to something that is inherently of the theatre: a powerful sense of presence produced by the performers on stage. It is this presence of the performer that escapes any form of translation.

Through this process of filming and editing, Perceval establishes an on-going feedback loop between the video recording and the live action on stage. This provides scholars with a remarkable perspective on (a part of) the genesis of his performance: the televised images we witness today when we play one of the numerous VHS video tapes found in the archive resemble the images the director saw in the viewfinder of the camera that once roamed the rehearsal studio. We look through the (mediated) eyes of the director. Even if the video images do not capture the ‘live’ events of the rehearsal, they

\textsuperscript{59} Although he used to film himself, he now often outsources the filming to ‘camera assistants’. See Svendsen, ‘Luč Perceval—Platonov (2006)’, pp. 234-36.
\textsuperscript{60} Luk Perceval, ‘Personal Communication’, (Hamburg / Brussels: 2013).
\textsuperscript{61} Nevertheless, Perceval has produced several films based on his theatre works. These films were edited versions of the rehearsal footage, making them hybrids hanging between theatre and film, and fine examples of Rajewsky’s \textit{intermedial transposition} and \textit{intermedial reference}. See for example \textit{Traum im Herbst} (2001). The production of these films remains somewhat of a side project.
\textsuperscript{62} Schober, ‘Translating Sounds’.
\textsuperscript{63} ‘Not the medium itself, but an “imagined” version of the medium, realized by means of another medium, is the outcome of the intermedial translation process’ (Schober, ‘Translating sounds’, p. 166).
\textsuperscript{64} Schober, ‘Translating Sounds’, p. 171.
are indexical traces of the time spent creating through repetition, attempting and experimenting, trying again and failing again. The eventual theatre performance, we could argue, serves as a record of the creative process. However, it shows us but one possible outcome. The video images also trace what would otherwise be lost: the ‘erasures’ that inevitably happen during the rehearsal process.

**Archive and Promise**

Gaining access to the creative process poses many methodological challenges, even more so if the creative process is not (or no longer) available to one of the main methods of genetic theatre research, namely direct observation. The performance is always ‘at the vanishing point’, Herbert Blau famously wrote, but so is the creative process. One important way scholars have counter-acted the transitory nature of the creative process is study the written traces produced during the preparatory stages leading up to a theatre performance. The notebooks of the director, the director’s book, preparatory notes and other written process documents are therefore valuable sources for the theatre historian, especially when studying theatre performances that left no or only little records. Focussing on these written material traces of the creative process, however, has its limits. First of all, as historiographical sources, these notebooks become part of the same logic of reconstruction that characterized their ‘traditional’ use in theatre. When we remain within this logic, we risk missing a crucial aspect of these and other process-documents: their embedding in an on-going, dynamic and transitory creative process, where the emergence of ideas is key. We have tried to show how director’s notes are not ‘performance originals’ but rather indexical traces of the complex dynamics of invention during the genesis of a theatre play. In the postdramatic director’s

---


66 Herbert Blau, *Take up the Bodies. Theater at the Vanishing Point* (Chicago: University of Illinois Press, 1982).

67 Like any archive, the archive of genetic notes is inevitably incomplete, for many reasons. Two of these reasons are worthy of mention: firstly, not everything can be saved, not only for practical reasons but also because the *ephemeral* nature of the creative process, i.e. its ontological status as an event, cannot be stored; secondly, archives always determine the way the future will look back on the present. Through selection, artists and companies might therefore try to control this future image of the past to guard a specific legacy of an artist. We should always be aware of this dynamic.

68 See for example Corliss Philabaum, ‘Review: Max Reinhardt: Sein Theater in Bildern by Max Reinhardt Research Center; Max Reinhardt: Regiebuch Zu Macbeth by Manfred Grossmann’, *Educational Theatre Journal*, 22 (1970), 111-13. See also, with regard to theatre before the emergence of the director: Jean-Marie Thomasseau, ‘Towards a Genetic Understanding of Non-Contemporary Theatre: Traces, Objects, Methods’, *Theatre Research International*, 33 (2008), 234-49. The director’s notebook is part of the limited available documents that constitute (more or less) direct traces of the theatrical event. See Dietrich Steinbeck, *Einleitung in Die Theorie Und Systematik Der Theaterwissenschaft* (Berlin: De Gruyter, 1970). We deliberately write ‘more or less’ as the epistemological status of the director’s book as a historiographical source for theatre historiography is complex. One could argue that it is a source of the ‘intention’ of the theatre makers rather than of the actual theatrical event. In other words, it captures the ideal performance rather than the actual performance.
notes we studied, the notes are neither snapshots of the moment between the general rehearsal nor instructions manuals that control subsequent re-stagings. But the examples of Perceval and Fabre also pointed towards a second critical aspect: the hybridisation in contemporary postdramatic performances is reflected in a hybridisation of the director’s notes themselves. The postdramatic director’s notebook is an ‘expanded’ notebook that goes beyond the paratextual or didascalic. The activity of drawing in the case of Fabre and of videotaping and editing in the case of Perceval during the creation process and the ensuing intermedial feedback-loop can have a determining influence on the resulting performance’s visual language, narrative structure or acting style. If we take into account the non-textual source-text, the complex and multi-layered transformative dynamics between source- and target-text, and, above all, the effect of the radically different medially of process-documents on the final product, we can come to a better understanding of performance genetics within postdramatic theatre.

In the examples of Perceval and Fabre, the director’s notes reveal their true Janus face, as archives of both the past and the future. These hybrid notes store the very real and lively (but complex) interactions between a wide variety of processes, people and media during the theatrical genesis. They are indexical traces, capturing not only the ‘decision making process’ leading up to a performance, but also the mistakes, failures or abandoned tracks. At the same time, these genetic notes contain the remnants of what was à venir during the creative process. They contain the ‘performance promises’: the imagined, often unrealized end results of which the actual performances are only some of the many instantiations. Fabre’s drawings and Perceval’s video footage capture both the actual and the virtual performance to be. A genetic method, applied to contemporary, postdramatic theatre, will only be fruitful when it takes into account not only the actual traces but also the failures and promises of the director’s notes.

---