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# 1 Exploring the diagnosis and profile of 2 cannabis allergy

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19  
20 Running title: Cannabis allergy: exploration of diagnostic performance and allergy profile.

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35 **ABSTRACT**

36

37 **BACKGROUND**

38 Cannabis allergy (CA) has mainly been attributed to Can s 3, the nsLTP (non-specific lipid transfer  
39 proten) of *Cannabis sativa*. Nevertheless, standardized diagnostic tests are lacking and research on CA  
40 is scarce.

41

42 **OBJECTIVE**

43 To explore the performance of five cannabis diagnostic tests and the phenotypic profile of CA.

44

45 **METHODS**

46 120 CA patients were included and stratified according to the nature of their cannabis-related  
47 symptoms, 62 healthy and 189 atopic controls were included. Specific (s)IgE hemp, sIgE and BAT  
48 rCan s 3, BAT with a crude cannabis extract and a skin prick test (SPT) with a nCan s 3-rich cannabis  
49 extract were performed. Clinical information was based on patient-history and a standardized  
50 questionnaire.

51

52 **RESULTS**

53 Firstly, up to 72% of CA reporting likely-anaphylaxis (CA-A) are Can s 3 sensitized. Actually, the  
54 Can s 3-based diagnostic tests show the best combination of positive and negative predictive values;  
55 80% and 60%, respectively. sIgE hemp displays 82% sensitivity but only 32% specificity. Secondly,  
56 Can s 3+CA reported significantly more cofactor mediated reactions and displayed significantly more  
57 sensitizations to other nsLTPs than Can s 3-CA. Finally, the highest prevalence of systemic reactions  
58 to plant-derived foods was seen in CA-A, namely 72%.

59

## 60 **DISCUSSION**

61 The most effective and practical tests to confirm CA are the SPT with a nCan s 3-rich extract and the  
62 sIgE rCan s 3. Can s 3 entails a risk of systemic reactions to plant-derived foods and cofactor-mediated  
63 reactions. However, as Can s 3 sensitization is not absolute, other cannabis allergens probably play a  
64 role.

65

## 66 **HIGHLIGHTS BOX**

### 67 **1. What is already known about this topic?**

68 Cannabis allergy, although rare, can manifest with severe and generalized symptoms and has been  
69 linked to Can s 3, the nsLTP present in *Cannabis sativa*.

### 70 **2. What does this article add to our knowledge?**

71 This article is the first to compare the performance of multiple cannabis diagnostic method and explore  
72 clinical and in vitro characteristics of cannabis allergy in one of the largest cannabis allergic  
73 populations described up till now.

### 74 **3. How does this study impact current management guidelines?**

75 There are no guidelines available on cannabis allergy diagnosis or management. This article 's  
76 perspective on diagnostic performances could aid in accurately approximating post-test probabilities  
77 and gives insight into the profile of Western-European cannabis allergic patients.

78

## 79 **KEYWORDS**

80 cannabis allergy; diagnosis; BAT; specific IgE; skin prick test; Can s 3; nsLTP; cofactor; basophil;  
81 anaphylaxis; hemp

82 **ABBREVIATIONS**

83	BAT	basophil activation test
84	CA	cannabis allergy
85	CA-A	patients with likely-anaphylaxis to cannabis
86	CA-C	patients with cutaneous symptoms to cannabis
87	CA-R	patients with respiratory symptoms to cannabis
88	CA-RC	patients with localized respiratory and cutaneous symptoms to cannabis
89	CBA	cytometric bead array
90	CI	confidence interval
91	CS	<i>Cannabis sativa</i>
92	CTA	cannabis tolerant but atopic participants with pollen and LTP sensitizations
93	HC	healthy controls
94	LHR	likelihood ratio
95	NPV	negative predictive value
96	NSAIDs	nonsteroidal anti-inflammatory drugs
97	nsLTP	nonspecific lipid transfer protein
98	PPV	positive predictive value
99	P+LTP-	atopic pollen sensitized participants without an nsLTP sensitization
100	P+LTP+	atopic pollen and nsLTP sensitized participants
101	rCan s 3	recombinant Can s 3 protein from <i>Cannabis sativa</i>
102	RuBisCO	Ribulose-1,5-bisphosphate carboxylase/oxygenase
103	sIgE	specific immunoglobuline E
104	SPT	skin prick test
105	TLP	thaumatin-like protein

## 106 INTRODUCTION

107 Cannabis is one of the most consumed drugs worldwide (1). Despite its widespread use, reports on  
108 cannabis allergy (CA) remain rare and generally deal with relatively small numbers of cases (2-6).  
109 Nevertheless, from these reports evidence is accumulating that CA can manifest with severe and  
110 generalized symptoms and a variety of cross-reactive plant-derived food allergies, mainly attributed to  
111 a Can s 3 sensitization, the nsLTP (non-specific lipid transfer protein) from *Cannabis sativa*. As a  
112 matter of fact, in some European surveys, Can s 3 has been demonstrated to be a major allergen (7-9).  
113 NsLTPs are heat stable allergens widely distributed throughout the plant kingdom and showing  
114 extensive *in vitro* and *in vivo* cross-reactivity (10). Both the severe phenotype and the extensive cross-  
115 reactivity associated with CA can be attributed to the physiochemical properties of Can s 3. Other  
116 putative cannabis allergens are RuBisCo, oxygen-evolving enhancer protein 2 and a thaumatin-like  
117 protein (2, 4). However, unlike Can s 3 (3), these allergens have not yet been successfully isolated nor  
118 expressed as a recombinant protein and are currently unavailable for diagnosis.

119 So far, in the majority of studies on CA, diagnosis is documented by prick-prick tests with buds or  
120 leaves (4-6, 9) and therefore are difficult to standardize, because of the heterogeneous composition of  
121 the different source materials. The clinical severity and cross-reactivity of CA together with the  
122 unpredictability of the source materials used for skin testing constitute strong incentives for more  
123 reliable cannabis diagnostic tests, *in vitro* or *in vivo*.

124 In two preliminary studies we have standardized and presented initial performance results four different  
125 cannabis diagnostic tests namely a basophil activation test (BAT) with rCan s 3, a BAT with a crude  
126 CS extract, a skin prick test (SPT) with a nCan s 3-rich extract and finally, a sIgE rCan s 3 assay using  
127 a cytometric bead array (CBA) technique. These diagnostic tests were compared to sIgE industrial  
128 hemp by FEIA ImmunoCAP. All four of our diagnostic tests have been found reliable in diagnosing  
129 CA (7, 8) and revealed Can s 3 sensitization in up to 75% of CA patients with an anaphylaxis-like

130 phenotype. Alternatively, the sIgE hemp assay showed, albeit an excellent sensitivity, to be poor  
131 reliable because of an important proportion of clinically irrelevant positive results in cannabis tolerant  
132 individuals sensitized and/or allergic to pollen.

133 Importantly, for robust validation purposes, our recent study (8) was restricted to patients with an  
134 anaphylaxis-like phenotype on cannabis exposure. However, in general practice, physicians might  
135 frequently encounter patients with less compelling histories such as isolated respiratory symptoms and  
136 in whom sensitization to Can s 3 sensitization seems less predominant (3). Therefore, this study  
137 investigates the diagnostic test performances and inter-test differences between these five diagnostic  
138 tests in a larger study population expressing distinct clinical phenotypes on cannabis exposure.  
139 Secondly, this study explores the clinical phenotype and biological profile of CA; the sensitization  
140 profiles, the severity of cross-reactivities with other plant-derived foods and the significance of  
141 cofactors, as patients presenting with nsLTP-related allergies have frequently been reported to  
142 necessitate a cofactor to become symptomatic (11, 12).

## 143 **METHODOLOGY**

### 144 ***Inclusion***

145 Patients and controls were included through the outpatients' clinic of Allergology at the Antwerp  
146 University Hospital and the Dermatology department of the Ghent University Hospital, Belgium. The  
147 local ethics committees of both hospitals approved this study (B300201524055) and patients or their  
148 representatives signed an informed consent in accordance with the Declaration of Helsinki. Patients  
149 with respiratory, gastro-intestinal, cardiovascular and/or cutaneous symptoms on exposure to cannabis  
150 were included. Exposure to cannabis was defined as active smoking, ingestion and/or direct cutaneous  
151 contact with cannabis. Patients with generalized symptoms in two or more organ systems were  
152 categorized as likely-anaphylactic according to the criteria defined by Sampson et al. (13).  
153 Furthermore, two distinct control groups were included; firstly, healthy controls without pollen or  
154 nsLTP-sensitization, secondly, a so-called atopic control group comprising patients with a documented  
155 pollen allergy with (P+LTP+) or without nsLTP (P+LTP-) sensitization. Controls were further  
156 stratified according to exposure and tolerance to cannabis, *i.e.* uneventful exposure. Definitions of  
157 pollen and nsLTP sensitizations are shown in **the online repository**.

158

159 Information on cannabis allergy, cofactor associated reactions<sup>1</sup> and severity of plant-derived food  
160 associated reactions was gathered by history taking and a standardized questionnaire. Three cofactors  
161 were defined in this study: the use of alcoholic beverages, non-steroidal anti-inflammatory drugs  
162 (NSAIDs) and/or the performance of exercise within three hours preceding occurrence of an allergic  
163 reaction. A systemic reaction was defined as grade 1 or higher as defined by the WAO criteria of  
164 systemic allergic reactions (14). Patients with chronic spontaneous urticaria, uncontrolled asthma,  
165 eosinophilic esophagitis/colitis or systemic mastocytosis were excluded.

---

<sup>1</sup> Reported plant-derived food allergies with a history of of overt or more severe/generalized reactions in the presence of NSAIDs, alcohol or physical exercise than when the reaction occurred in the absence thereof.



166

167 *Diagnostic tests*

168 *Basophil activation test*

169 Basophil activation tests (BAT) with rCan s 3 and a crude *Cannabis sativa* extract were performed as  
170 detailed in the [online repository](#) and previously validated as described in detail elsewhere (8). Results  
171 were expressed as net percentages of CD63<sup>+</sup> basophils, calculated by subtraction of the spontaneous  
172 expression from the allergen-induced CD63 expression. A result >5% CD63<sup>+</sup> basophils was considered  
173 positive as defined by previous validation (8).

174

175 *Total and specific IgE*

176 Total and sIgE to industrial hemp, rBet v 1 and rBet v 2 from birch (*Betula verrucosa*), rPhl p 1 and  
177 rPhl p 5b from timothy grass (*Phleum pratense*), nArt v 1 and nArt v 3 of mugwort (*Artemisia vulgaris*),  
178 rAra h 9 from peanut (*Arachis hypogaeae*), rCor a 8 from hazelnut (*Corylus avellana*), rMal d 3 from  
179 apple (*Malus domestica*), rJug r 3 from walnut (*Juglans regia*), rPru p 3 from peach (*Prunus persica*),  
180 rPar j 2 from wall pellitory (*Parietaria judaica*) and nAna 2 c (bromelain from *Ananas comosus*), as a  
181 marker for sensitization to cross-reactive carbohydrate determinants (CCD), were quantified by FEIA  
182 ImmunoCAP technique (ThermoFisher Scientific, Uppsala Sweden) according to the manufacturer's  
183 instructions. All sIgE assays are readily available, except for industrial hemp, which is available for  
184 research use only and was kindly provided by ThermoFisher Scientific. Specific IgE to rCan s 3 was  
185 quantified using a flow cytometric bead array (CBA) technique (BD Biosciences, Franklin Lakes, NJ,  
186 USA). The method was validated as previously described (8). Results  $\geq 0.10$  kU<sub>A</sub>/L were considered  
187 positive.

188

189 *Skin prick tests (SPT)*

190 SPT implied a nCan s 3-rich CS extract that was prepared as described elsewhere (7). SPT responses  
191 were read after 15 minutes and considered positive when the wheal exceeded 3 mm (largest diameter).  
192 A positive control with histamine (10 mg/mL) and a negative saline control without allergen (ALK-  
193 Abello Ltd, Berkshire, United Kingdom) were performed to rule out non-responsiveness or  
194 dermographism of the skin, respectively.

195

196 *Statistical analysis*

197 IBM SPSS version 24.0 (IBM, Chicago, Ill., US) software was used for data analysis. Data are  
198 expressed as medians and interquartile ranges. Non-parametric tests and  $\chi^2$  analysis were used where  
199 appropriate. Test performances were compared by using McNemar's test. Where needed, missing  
200 values were imputed by using a multiple-imputation model with five imputations based on all available  
201 information which were subsequently pooled in SPSS. Significance levels for the pooled imputed data  
202 were calculated according to the method described by Schafer et al. (15). A p-value <0.05 was regarded  
203 as statistically significant.

## 204 RESULTS

### 205 *Demographics*

206 As shown in figure 1, a total of 371 individuals were included; 120 patients with symptoms on cannabis  
207 exposure (**CA**) of which 21% (n=25) were classified as likely-anaphylactic (**CA-A**), 19% (n=23)  
208 presented with mild and localized respiratory and cutaneous symptoms (**CA-RC**), 51% reported  
209 isolated respiratory symptoms (**CA-R**) and 9% report isolated cutaneous symptoms (**CA-C**). The  
210 remaining 251 participants were control individuals, either healthy controls (**HC**) or atopics with a  
211 pollen sensitization (**P+LTP+**), with or without nsLTP sensitizations (**P+LTP-**). As displayed by  
212 figure 1, 50-60% of each control group reported regular use of cannabis in the past 12 months without  
213 any symptoms apart from the known psychoactive effects, the other half reported no previous contact  
214 with cannabis. All CA patients displayed symptoms during active smoking, except for three patients  
215 denying any previous direct contact with cannabis (no active smoking, ingestion or cutaneous contact)  
216 but who had experienced symptoms on passive exposure to cannabis smoke. Furthermore, in total 34  
217 CA patients reported respiratory and/or cutaneous symptoms on isolated passive exposure to cannabis  
218 smoke apart from symptoms on active smoking. Finally, four patients also reported symptoms on  
219 ingestion of cannabis processed as space cake, cannabis seeds or oil, resulting in anaphylaxis in two of  
220 the cases.

221

222 The individual symptoms reported by CA-A are shown in table 1E of [the online repository](#). In  
223 summary, 23/25 reported respiratory symptoms and/or cutaneous symptoms, four patients also  
224 mentioned cardiovascular symptoms comprising palpitations and/or hypotension and finally, five  
225 patients additionally reported gastro-intestinal symptoms comprising abdominal pain, nausea and  
226 vomiting

227

228 Table 1 displays demographic data of the different study groups revealing similar age, sex-ratios and  
229 asthma prevalence in all groups. In contrast, atopic dermatitis and elevated total IgE values were  
230 significantly more prevalent in the P+LTP+ group than in the CA group and in the P+LTP- group.  
231 Total IgE was also significantly higher in the P+LTP- group compared to the CA group. Finally,  
232 importantly, 84% of CA patients showed a pollen sensitization and 72% an nsLTP sensitization. It is  
233 important to note that pollen sensitization was predominated by Bet v 1; 72% of CA sensitized) and  
234 79% of P+LTP+ exhibited a Bet v 1 sensitization.

235

### 236 *Performance of cannabis diagnostic tests.*

237 Figure 2 shows the individual results of five different cannabis diagnostic tests: the sIgE industrial  
238 hemp, sIgE rCan s 3 CBA, SPT with a nCan s 3-rich extract and the BAT with both rCan s 3 and a  
239 crude cannabis extract. Table 2 compares the test performances. For more details on the difference in  
240 test performance for sIgE rCan s 3 and sIgE hemp (considering 0.10 or 0.35 kU<sub>A</sub>/L cut-off), the reader  
241 is referred to figure 1E and table 2E of **the online repository**)

242

243 First of all, test performances showed important variances between the different clinical CA groups.  
244 The three Can s 3-based diagnostic methods (BAT, sIgE and SPT) displayed a similar sensitivity; 63-  
245 72% in CA-A (45-58% in the total CA group) and a similar specificity (81-87% in the total CA group).  
246 However, up to 37% (n=34) of P+LTP+ showed clinically irrelevant Can s 3 sensitizations (measured  
247 by BAT, sIgE or SPT): 20/34 reported tolerance to active cannabis use, 14/34 reported no previous  
248 cannabis contact. In comparison, the sIgE rCan s 3 and BAT rCan s 3 showed no clinically irrelevant  
249 positive results in pollen sensitized individuals without nsLTP sensitizations (P+LTP-).

250 Secondly, the sIgE industrial hemp displayed a significantly higher sensitivity, up to 82% ( $p < 0.01$ ) in  
251 the total CA group compared to the Can s 3-based diagnostic tests (45-58%). However, sIgE hemp also  
252 demonstrated a significantly higher number of clinically irrelevant positive results in P+LTP- and

253 P+LTP+ *i.e.* 51-82% respectively compared to 0-25% for the Can s 3 diagnostic tests (all  $p<0.01$ ).  
254 Interestingly, an increase in sensitivity as seen in the sIgE hemp was not found in the BAT with a crude  
255 cannabis extract. The latter reached an overall sensitivity of 49% in the total CA group which was not  
256 superior to the Can s 3-based assays. Additionally, the BAT with the crude extract was not superior to  
257 the Can s 3 diagnostic tests in terms of specificity either, showing 19-38% of clinically irrelevant  
258 positive results in P+LTP- and P+LTP+. Collectively, for all diagnostic techniques, the majority of  
259 clinically irrelevant results were seen in the P+LTP+ group.

260

261 In summary, when all different clinical CA groups are considered (analyses B in table 2), it appears  
262 that the three Can s 3-based diagnostic tests did not significantly differ in performance and had the best  
263 combined positive and negative predictive values around 80% and 60%, respectively. The sIgE  
264 industrial hemp lacked specificity whereas the BAT crude CS extract showed no advantage over the  
265 Can s 3-based diagnostic tests.

266

### 267 ***The clinical phenotype and biological profile of cannabis allergy***

268 Figure 3 compares different clinical and *in vitro* characteristics for the different CA profiles and the  
269 control groups. The most prominent differences were found between CA-A and CA-R with  
270 significantly higher numbers of Pru p 3, Mal d 3, Cor a 8, Jug r 3, Tri a 14, Art v 3 sensitizations (all  
271  $p<0.01$ ) in CA-A than in CA-R. Furthermore, CA-A showed a higher prevalence of systemic reactions  
272 to plant-derived foods (72% compared to 40%,  $p=0.02$ ) and cofactor mediated allergic reactions (50%  
273 compared to 18%,  $p=0.01$ ) compared to CA-R. Additionally, CA-C and CA-RC showed a single  
274 difference from CA-A, namely a considerably lower prevalence of systemic reactions to plant-derived  
275 foods (71% in CA-A compared to 43% in CA-RC ( $p<0.01$ ) and 18% in CA-C ( $p=0.08$ )). It appears  
276 that none of the clinical nor *in vitro* parameters displayed significant differences between CA-R, CA-  
277 C and CA-RC.

278

279 Regarding, the comparison of Can s 3 sensitized and non-sensitized CA (as demonstrated in table 3E  
280 in of **the online repository**), it became clear that Can s 3+CA had a significantly higher prevalence of  
281 other nsLTP sensitizations (92%) than Can s 3-CA (39%) with higher frequencies of all measured  
282 nsLTPs (all  $p<0.01$ ), except for Par j 2. Also, Can s 3+CA displayed higher frequencies of pollen  
283 sensitizations than Can s 3-CA (92% compared to 74%) with significant more Bet v 1 sensitizations in  
284 the Can s 3 sensitized population. Additionally, Can s 3+ CA showed a considerably higher prevalence  
285 of cofactor mediated allergic reactions when compared to Can s 3-CA (41% vs. 12%;  $p<0.01$ ).

286

287 In a further analysis, the complete CA group was compared to the P+LTP+ group (as demonstrated in  
288 table 4E in of **the online repository**). This exploration revealed a significant ( $p<0.01$ ) higher  
289 prevalence of Can s 3 sensitizations in CA (63%) compared to P+LTP+ (35%). Furthermore, a  
290 significantly lower prevalence of Pru p 3, Mal d 3, Jug r 3, Par j 2 (all  $p<0.01$ ) but also bromelain  
291 ( $p=0.02$ ) and Phl p 1 ( $p<0.01$ ) sensitizations were seen in the CA group compared to P+LTP+. Finally,  
292 as already mentioned in the demographic paragraph, significantly ( $p<0.01$ ) more eczema was reported  
293 in the P+LTP+ group than the CA group and subsequently total IgE values were also significantly  
294 higher in P+LTP+ than in the CA group ( $p<0.01$ ). Although, there was no significant difference  
295 between CA and P+LTP+ concerning the frequency of systemic reactions to plant-derived foods  
296 ( $p=0.11$ ), CA-A did show double the frequency of systemic reactions to plant-derived foods than  
297 P+LTP+ (71% vs. 35%,  $p<0.01$ ).

## 298 **DISCUSSION**

299 To our best knowledge, this is the largest survey exploring diagnostic performances in different clinical  
300 phenotypes of *Cannabis sativa* allergy. Along with the observation that the diagnostic utilities of our  
301 tests depend on the clinical presentation, it appears that the cannabis allergy profile in this study  
302 population has the following peculiarities:

303

304 Primarily, in terms of practicality, efficiency and standardization, the SPT with a nCans 3-rich extract  
305 and, the sIgE rCan s 3 are the easiest and fastest tests to confirm a clinical suspicion of CA, both equally  
306 reliable. However, due to unavailability, in clinical practice, physicians will need to rely upon other  
307 tests to screen patients with a convincing history. As a matter of fact, according to our data it seems  
308 that the sIgE hemp assay (available upon request by Thermo Fisher) could serve as a suitable diagnostic  
309 in central Europe to exclude cannabis allergy, because a negative test result reduces the risk of CA  
310 considerably (only 18% of CA have negative sIgE hemp results). Alternatively, patients with a  
311 convincing history together with a positive sIgE hemp should undergo additional testing in order to  
312 elucidate the clinical significance of the hemp solid phase assay. In addition, exploration of different  
313 cut-offs for the sIgE rCan s 3 and hemp shows that sensitivity of both tests decreases with around 10%  
314 in the total CA population. Nevertheless, sensitivity to detect CA-A remains the same for both. Even  
315 though specificity of sIgE hemp almost doubles, it still only reaches a maximum of 60%, which is not  
316 ideal.

317 However, none of our diagnostic tests appear absolutely predictive for the clinical outcome.  
318 Nevertheless, for the time being, based upon our findings, we propose to perform the SPT with a nCan  
319 s 3-rich extract or quantify sIgE rCan s 3 keeping in mind that Can s 3 does not cover the entire IgE  
320 sensitization profile, particularly in patients with a less severe/pronounced phenotype. Additionally, it  
321 could be questioned whether Can s 3-negative patients, especially if reporting only milder symptoms  
322 to cannabis, should effectively be categorized as CA, since their symptoms could result from non-

323 specific skin or airway irritation. Furthermore, due to ethical and legal limitations, it is impossible to  
324 confirm CA by an oral or respiratory challenge. Considering this hypothesis, it follows that the actual  
325 test performances are possibly underestimated in this study and that Can s 3 might even play a more  
326 prominent role than already suspected.

327 Furthermore, it is likely that performances of a Can s 3 assay display regional differences due to  
328 geographic differences in IgE reactivity profiles. The reason(s) why Can s 3 negative CA patients go  
329 undetected in the BAT with the full CS extract remain(s) elusive but could relate to a sensitization to  
330 allergens that are poorly present in our crude extract or do not resist our current extraction procedure.  
331 Moreover, the low presence and the physicochemical properties of the constituent allergens might also  
332 explain the different sensitization profiles in the distinct phenotypes, namely the lower prevalence of  
333 nsLTP sensitizations in CA-R compared to CA-A.

334

335 Secondly, although historically sensitization to nsLTP has mainly been recognized to occur in the  
336 Mediterranean region, characterized by severe reactions and governed by peach (10, 16), more recent  
337 data has accumulated showing that sensitization to nsLTP might also occur in other European regions  
338 and frequently go asymptomatic with uncertainties about the route(s) of sensitization (17-19). In this  
339 survey we confirm that nsLTP sensitization occurs frequently in CA and Can s 3 is a major allergen in  
340 CA-A patients but CA also implies a risk of systemic reactions to plant-derived foods and cofactor  
341 mediated reactions. Furthermore, Can s 3 sensitization can occur as a result of *in vitro* cross-reactivity  
342 to nsLTPs from taxonomically related or more distant sources such as pollen and/or plant-derived foods  
343 as suggested by the Can s 3 positive P+LTP+ patients without any previous cannabis contact. On the  
344 other hand, it seems that a Can s 3 sensitization in CA patients might also mirror a primary sensitization  
345 instead of only *in vitro* cross-reactivity as indicated by the significant higher prevalence of Can 3 and  
346 lower prevalence of Pru p 3, Mal d 3, Jug r 3 and Par j 2 sensitizations in CA compared to P+LTP+.

347



348 Another important fact to highlight is that, because of the lack of data on the true prevalence of CA, it  
349 is likely that the number of patients per study group in this survey do not necessarily reflect the true  
350 prevalence of CA. Therefore, the test performances would differ dependent on characteristics of the  
351 tested population and the geographic prevalence of CA itself.

352

353 Finally, this study was not designed to explore the different individual types of plant-derived food  
354 allergies, as symptoms to different plant-derived foods were only assessed by a standardized  
355 questionnaire complemented with a history taking without systematic confirmatory testing. However,  
356 it would be interesting to further explore the actual differences in individual plant-derived food  
357 allergies within CA such as the differences in symptom-severity with and without peel, the types of  
358 plant-derived foods eliciting allergic symptoms but also the comparison of these factors between CA  
359 and other nsLTP-sensitized individuals.

360 In conclusion, this study is the largest study exploring diagnostic test performance, clinical phenotypes  
361 and biological profiles of CA. It shows that the most effective and practical tests to confirm a clinical  
362 suspicion of CA are the the SPT with a nCan s 3-rich extract and sIgE rCan s 3. Both tests display a  
363 positive and negative predictive value of about 80% and 60% respectively. However, due to current  
364 unavailability, screening with sIgE hemp could be a suitable tool in symptomatic cannabis users,  
365 because a negative result considerably reduces the likelihood of CA. Alternatively, we dissuade the  
366 general use of sIgE hemp to diagnose CA, mainly because of its limited PPV. Furthermore, we show  
367 that Can s 3 is a major allergen in patients with a history of likely-anaphylaxis upon cannabis exposure  
368 and, like other nsLTP associated allergies, CA might indicate a risk of systemic reactions to plant-  
369 derived foods and cofactor mediated reactions. Because around 30% of CA-A and even higher  
370 proportions in other, milder CA groups are not sensitized to Can s 3, it is likely that other cannabis  
371 allergens might play a role in CA. Further studies are thus warranted to identify and express other CA  
372 allergens which could then be applied to spike natural extracts or to compose mixtures of allergens.

373 Lastly, additional research should further explore the nature of plant-derived food allergies in CA as  
374 this study was not designed to evaluate specific plant-derived food allergies in CA.

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435

436 **FIGURE LEGENDS**

437 **Figure 1 Inclusion overview**

438 *CA=cannabis allergic patients, HC=healthy controls, P+LTP- pollen sensitized controls without an nsLTP sensitization, P+LTP+=pollen and nsLTP*  
 439 *sensitized controls, CS=cannabis sativa*

440

441 **Figure 2 individual test results: legend**

442 *A. Dotplots showing HC, P+LTP+, P+LTP- and CA. B. Dotplots for the different CA groups: CA-A, CA-RC, CA-R, CA-C. percentages reflect the*  
 443 *proportion of positive results horizontal lines represent group mean. †= patients with  $\geq 15\%$  response to anti-IgE stimulation(=non-responders). 55/371*  
 444 *(15%) were classified as non-responders;15 HC, 12 P+LTP-, 14 P+LTP+ and 14 CA.*

445

446 **Figure 3 overview of clinical and in vitro parameters: legend**

447 *Color variations represent increasing frequencies of positive results for the shown variable e.g.frequency of asthmatcst (sIgE measurements are shown*  
 448 *as percentage "sensitized/not sensitized). \* measured by BAT or sIgE rCan s 3. TOL=tolerant, SR=systemic reaction defined by generalized and severe*  
 449 *symptoms in at least one organ system (14), OAS= oral allergy syndrome defined as localizedand mild oropharyngeal symptoms without generalization.*

## 450 TABLES

451

452 **Table 1 Demographic data**

453

		<b>HC=62</b>	<b>CA=120</b>	<b>P+LTP-=90</b>	<b>P+LTP+=99</b>
<b>Age (years)</b>	<b>Median</b>	28.3	29.2	28.8	29.9
	<b>Q<sub>25</sub>-Q<sub>75</sub></b>	(24.8-36.1)	(25.1-35.2)	(22.9-37.7)	(20.1-37.1)
<b>Sex</b>	<b>(% male)</b>	42%	48%	37%	49%
	<b>Eczema<sup>1</sup></b>	0%	37%	37%	54%
	<b>Asthma<sup>2</sup></b>	5%	30%	28%	39%
<b>Total IgE (kU/L)</b>	<b>Median</b>	16.7	247.4	126.0	424.5
	<b>Q<sub>25</sub>-Q<sub>75</sub></b>	(6.0-46.5)	(83.0-495.0)	(65.0-314.0)	(147.0-1054.0)
	<b>Pollen sensitization<sup>3</sup></b>	0%	84%	100%	100%
	<b>Ns-LTP sensitization<sup>4</sup></b>	0%	72%	0%	100%

<sup>1</sup>According to patient recollection and recent use of topical CS. <sup>2</sup>according to patient recollection. <sup>3</sup>At least one of the following sIgE's  $\geq 0.1$  kU<sub>A</sub>/L: rBet v 1, rBet v 2, nArt v 1, rPhl p 1, rPhl 5b. <sup>4</sup>At least one of the following sIgE's  $\geq 0.1$  kU<sub>A</sub>/L: rPru p 3, rMal d 3, rJug r 3, rAra h 9, rCor a 8, nArt v 3, rPar j 2, rTri a 14.

454

455

456 **Table 2: Test performance**

457

<b>A</b>	<b>sIgE hemp</b>	<b>sIgE rCan s 3</b>	<b>BAT rCan s 3</b>	<b>BAT crude CS extract</b>	<b>SPT nCan s 3-rich extract</b>
<b>SENSITIVITY</b>	86% (66-97)	63% (41-81)	71% (48-89)	63% (38-84)	72% (51-89)
<b>SPECIFICITY</b>	32% (20-45)	87% (78-93)	85% (76-92)	67% (55-78)	81% (71-88)
<b>PPV</b>	33% (28-38)	56% (40-70)	54% (39-67)	35% (25-47)	51% (39-63)
<b>NPV</b>	86% (66-95)	90% (84-94)	93% (86-96)	87% (78-92)	91% (84-95)
<b>LHR+</b>	1.3 (1.0-1.6)	4.7 (2.6-8.7)	4.8 (2.7-8.6)	1.9 (1.2-3.1)	3.7 (2.3-6.0)
<b>LHR-</b>	0.4 (0.1-1.3)	0.40 (0.3-0.7)	0.3 (0.2-0.7)	0.6 (0.3-1.0)	0.4 (0.2-0.7)
<b>B</b>	<b>sIgE hemp</b>	<b>sIgE rCan s 3</b>	<b>BAT rCan s 3</b>	<b>BAT crude CS extract</b>	<b>SPT nCan s 3-rich extract</b>
<b>SENSITIVITY</b>	82% (74-89)	47% (38-56)	45% (35-55)	49% (37-60)	58% (49-67)
<b>SPECIFICITY</b>	32% (20-45)	87% (78-93)	85% (76-92)	67% (55-78)	81% (71-88)
<b>PPV</b>	70% (66-74)	82% (72-89)	78% (67-86)	64% (54-73)	80% (72-86)
<b>NPV</b>	47% (34-61)	56% (51-60)	57% (52-62)	52% (46-59)	58% (53-64)
<b>LHR+</b>	1.2 (1.0-1.5)	3.5 (2.0-6.2)	3.0 (1.8-5.2)	1.5 (1.0-2.2)	3.0 (1.9-4.7)
<b>LHR-</b>	0.6 (0.3-1.0)	0.60 (0.5-0.7)	0.7 (0.5-0.8)	0.8 (0.6-1.0)	0.5 (0.4-0.7)

458 *A: calculations based upon CA-A group versus cannabis tolerant P+LTP- and P+LTP+. B: calculations based upon the whole CA group (respiratory*  
459 *and/or cutaneous symptoms) versus cannabis tolerant P+LTP- and P+LTP+. Test performance for both BAT's was calculated by considering both*  
460 *responders and non-responders to anti-IgE. PPV and NPV= positive and negative predictive values respectively, LHR+/-= positive and*  
461 *negative likelihood ratio 's respectively.*

462