

This item is the archived peer-reviewed author-version of:

Comparative analysis reveals Ce3D as optimal clearing method for in toto imaging of the mouse intestine

Reference:

Bossolani Gleison D.P., Pintelon Isabel, Detrez Jan, Buckinx Roeland, Thys Sofie, Nelisis Zanoni Jacqueline, De Vos Winnok, Timmermans Jean-Pierre.-Comparative analysis reveals Ce3D as optimal clearing method for in toto imaging of the mouse intestine Neurogastroenterology and motility / European Gastrointestinal Motility Society - ISSN 1350-1925 - 31:5(2019), e13560 Full text (Publisher's DOI): https://doi.org/10.1111/NMO.13560 To cite this reference: https://hdl.handle.net/10067/1571420151162165141

uantwerpen.be

Institutional repository IRUA

1	Comparative analysis reveals Ce3D as optimal clearing method for in toto imaging
2	of the mouse intestine.
3	Gleison D. P. Bossolani ^{1,2*} , Isabel Pintelon ^{1*} , Jan D. Detrez ¹ , Roeland Buckinx ¹ , Sofie Thys ¹ ,
4	Jacqueline Nelisis Zanoni ² , Winnok H. De Vos ¹ , Jean-Pierre Timmermans ¹
5	Laboratory of Cell Biology and Histology, Department of Veterinary Sciences,
6	University of Antwerp, Antwerp, Belgium
7	² Department of Morphological Sciences, State University of Maringá, Maringá, Paraná,
8	Brasil
9	*both authors contributed equally
10	
11	Author correspondence:
12	Prof. Dr. Jean-Pierre Timmermans
13	University of Antwerp, Belgium
14	Department of Veterinary Sciences
15	Laboratory of Cell Biology and Histology
16	Universiteitsplein 1, B-2610 Wilrijk
17	jean-pierre.timmermans@uantwerpen.be
18	
19	
20	

21 ABBREVIATIONS

- 22 2D: two-dimensional
- 23 3D: three-dimensional
- 24 BABB: benzyl alcohol/benzyl benzoate
- 25 BABB-D15: BABB/diphenyl ether (1:15)
- 26 BSA: bovine serum albumin
- 27 DBE: dibenzyl ether
- 28 DCM: dichloromethane
- 29 DMSO: dimethyl sulfoxide
- 30 DPE: diphenyl ether
- 31 ENS: enteric nervous system
- 32 GFP: green fluorescent protein
- 33 GI: gastrointestinal
- 34 HE: hematoxylin-eosin
- 35 NHS: normal horse serum
- 36 PBS: phosphate-buffered saline
- 37 PBST: PBS containing 0.2% Triton X-100 and 20% DMSO
- 38 PFA: paraformaldehyde
- 39 PTwH: PBS/0.2% Tween-20 with 10 mg/ml heparin
- 40 RI: refractive index
- 41 RIMS: refractive index matching solution
- 42 RT: room temperature
- 43 SEM: scanning electron microscope
- 44 THF: tetrahydrofuran
- 45 V: volume

46 Key Points

Visikol[®], ScaleS- and CUBIC-cleared mouse intestinal samples yield low to
modest optical penetration depth, not allowing whole-thickness imaging of the
intestinal wall and resulting in substantial structural deformation of the mucosal
(sub)epithelial layer.

- The 3DISCO, iDISCO+ and uDISCO clearing protocols render 1.5-mm-thick samples of the intact mouse intestinal wall fully transparent but equally suffer from destructive tissue effects (e.g. shrinkage and damage to tissue morphology).
 The hydrophylic clearing protocols Ce3D, SeeDB2 and UbasM result in excellent GFP retention and preservation of morphology as well as antigenicity and fluorescent staining. Only Ce3D renders full-thickness tissue homogeneously transparent.
- 58 4. Ce3D emerged as the most efficient, low-toxic and least time-consuming, cheap
 59 protocol for full-thickness 3D mapping of the gastrointestinal wall.
- 60
- 61
- 62

63 ABSTRACT

Background: The intestinal wall has a complex topographical architecture. The multilayered network of the enteric nervous system and its intercellular interactions are difficult to map using traditional section-based or whole-mount histology. With the advent of optical clearing techniques, it has become feasible to visualize intact tissue and organs in 3D. However, as yet, a gap still needs to be filled in that no in-depth analysis has been performed yet on the potential of different clearing techniques for the small intestine.

Aim: The goal of this study was to identify an optimal clearing protocol for *in toto*imaging of mouse intestinal tissue.

Methods: Five aqueous-based clearing protocols (SeeDB2, CUBIC, ScaleS, Ce3D and UbasM) and four organic reagent-based clearing protocols (3DISCO, iDISCO+, uDISCO and Visikol[®]) were assessed in segments of small intestine from CX3CR1^{GPPGFP} and wildtype mice. Following clearing, optical transparency, tissue morphology, green fluorescent protein (GFP) fluorescence retention and compatibility with (immuno-)labeling were analysed.

Key results: All organic reagent-based clearing protocols – except for Visikol – rendered
tissue highly transparent but led to substantial tissue shrinkage and deformation. Of the
aqueous-based protocols, only Ce3D yielded full-thickness tissue transparency. In
addition, Ce3D displayed excellent GFP retention and preservation of tissue morphology.
Conclusions: Ce3D emerged as a most efficient protocol for enabling rapid full-thickness
3D mapping of the mouse intestinal wall.

85

Key words: optical clearing, tissue transparency clearing capability, tissue morphology,
GFP preservation, Ce3D, in toto imaging.

89 INTRODUCTION

90 Until recently, the topographical architecture of the enteric nervous system (ENS) and its interactions with other intramural components such as the mucosal barrier, the 91 92 muscle and immune cells could only be visualized with 2D histological techniques, based on thin cross-sections or whole-mount preparations. However, 2D techniques are 93 94 invasive, artefact-prone, and complicate the interpretation of complex 3D architectures (1-7). In recent years, tissue clearing has re-emerged as a powerful tool for bypassing 95 96 tissue sectioning. This has led to the development of a plethora of tissue clearing protocols 97 that reduce optical scattering and photon absorption by extracting the lipid fraction and/or by refractive index matching thereby yielding full-thickness tissue transparency (4, 7-14). 98 These protocols allow detailed 3D visualization of intact organs by confocal, light-sheet 99 100 or two-photon microscopy, but the appropriateness of each method is organ-specific and depends on the aspired goal in terms of clearing capability, preservation of fluorescent 101 reporter protein signal, compatibility with immunolabeling and nuclear staining, 102 morphological tissue integrity, complexity and cost (6, 14). 103

Despite the rapid and efficient clearing of large samples, the use of organic 104 105 solvent-based clearing methods such as BABB (15), 3DISCO (16, 17), Visikol (18) and iDISCO(+) (19, 20) is typically associated with tissue shrinkage and quenching of 106 fluorescent proteins (4). Moreover, the toxic nature of these organic solvents requires 107 careful sample handling and limits the compatibility with immersion objectives. Although 108 advances were made to overcome these disadvantages (20, 21), dehydration methods still 109 110 suffer from sample shrinkage and ultrastructural damage remains unaddressed. To overcome these limitations, a novel category of clearing approaches based on aqueous 111 112 solutions has been developed: SeeDB/SeeDB2 (22, 23), ClearT/ClearT2 (24), CUBIC and derived protocols (25, 26) including UbasM (11), Scale/ScaleS (27, 28) and Ce3D 113

(14). Whereas the earlier protocols (SeeDB, ClearT2 and Scale) were still hampered by 114 115 modest clearing capability and GFP preservation (7, 29), CUBIC and its modifications 116 yielded better clearance (26). The more recently developed protocols (SeeDB2, ScaleS, Ce3D and UbasM) have been reported to show superior outcomes in terms of clearing 117 118 capability, GFP retention and morphological preservation (11, 14, 23, 28). CLARITY and 119 derived protocols compose a third category of clearing approaches, which involves the 120 embedding of intact tissue into a hydrogel (30-33). Although these protocols aim to 121 further improve tissue transparency with minimal protein loss, they are more time-122 demanding or require additional infrastructure (7, 29).

123 As far as the GI tract is concerned, a systematic benchmark of different clearing 124 methods is lacking. Clearing of gut tissue has been performed with variable results and for specific aims using different approaches or modifications of existing protocols 125 126 including FocusClear (1-3, 34-38), BABB-based methods (39), urea-based ScaleA2 and 127 SeeDB (38), the PACT variant of CLARITY (32) and RIMS (40). Therefore, the aim of this study was to evaluate and directly compare the performance of the most effective, 128 state-of-the-art clearing protocols) on intestinal tissue. The outcome of this study provides 129 130 a methodological guideline for researchers interested in exploring and visualizing connections and interactions in the intestinal wall through 3D image reconstruction and 131 132 analysis.

133

135 MATERIALS AND METHODS

136 **Tissue collection**

All animal handling and housing procedures were conducted in accordance with 137 138 European directive 86/609/EEC. The small intestine was obtained from adult 139 CX3CR1^{GFPGFP} (41) and wild-type C57BL/6 mice. Animals were housed in controlled 140 environmental conditions of temperature (22 °C) and illumination (12/12h light-dark cycle). All mice received food and water ad libitum. Animals were sacrificed by cervical 141 142 dislocation and the ileum was collected and washed in ice-cold Krebs solution (117 mM 143 NaCl, 5 mM KCl, 2.5 mM CaCl₂·2H₂O, 1.2 mM MgSO₄·7H₂O, 25 mM NaHCO₃, 1.2 mM NaH₂PO₄·2H₂O, and 10 mM glucose; pH 7.4). Afterwards, intestinal samples were opened 144 along the mesenteric border and fixed with pins in a Sylgard-coated Petri dish. 145 146 Subsequently, tissues were fixed in 4% paraformaldehyde (PFA) for 2h at 4 °C, washed with 0.01M phosphate-buffered saline (PBS; pH 7.4), and cut into segments of 1 cm 147 148 length for tissue clearing.

149

150 Immunostaining and nuclear staining of intestinal whole-mounts

151 In general, the immunolabelling procedure preceded the clearing protocols, except for CUBIC, UbasM and Ce3D (see below). Nuclear counterstaining with TO-PRO-3 or 152 DAPI was used for assessment of optical penetration depth across the intestinal layers. 153 For immunofluorescent staining, a single neuronal immunostaining (BIII-tubulin-Cy3-154 immunostaining) or double staining with either an endothelial marker (CD31) or a 155 156 fibroblast-like cell marker (PDGFR- α) was performed for all clearing protocols to test its 157 compatibility with immunostaining. Additionally, the compatibility with the different 158 clearing protocols of frequently used neurochemical markers used for subtyping cells in 159 the intestinal wall were tested as well. In general, after an overnight blocking step, 160 intestinal samples were incubated in primary antibody dilutions for 2 days, rinsed in 161 between and then followed by an overnight incubation in the secondary antibody 162 solutions. The exact protocols of immunostaining procedures were slightly adapted to the 163 clearing protocol used and are described in more detail in the respective paragraphs. The 164 primary and secondary antibodies used in this study are listed in Table 1.

165

166 Tissue permeabilization

167 Tissue permeabilization for 3DISCO, iDISCO+, uDISCO and Visikol protocols 168 was performed including either sample pretreatment with methanol or an alternative pretreatment protocol without methanol according to Renier and colleagues (19). In the 169 first method, intestinal samples were rinsed 3x30 min in 0.01M PBS (pH 7.4), followed 170 171 by permeabilization in a graded series of 20%, 40%, 60%, 80% and 2x 100% methanol on a shaker at RT (1h for each step). The samples were then rehydrated in a reversed 172 methanol series (80%, 60%, 40%, 20%) and further permeabilized in PBS containing 173 0.2% Triton X-100 and 20% DMSO (PBST) for 2x1 h. In the methanol-free method, 174 intestinal tissues were rinsed 3x30 min in PBS and then 2x1 h in PBST, followed by 175 176 overnight incubation in PBST at 37 °C. Subsequently, the tissues were incubated in PBS containing 0.1% Tween-20, 0.1% Triton X-100, 0.1% deoxycholate, 0.1% NP40 and 20% 177 DMSO, at 37 °C overnight, and then rinsed 2x1 h in PBS, containing 0.2% Triton X-100 178 for 1 h before the onset of further immunostaining procedures. 179

180

181 Immunostaining and nuclear staining

The immunostaining protocol for 3DISCO, iDISCO+, uDISCO was performed
according to Renier and colleagues (19). To block any residual active aldehyde groups,
intestinal samples were incubated overnight in PBS/0.2% Triton X-100/20% DMSO/0.3

M glycine at 37 °C and then blocked for 1 day in PBS/0.2% Triton X-100/10% 185 186 DMSO/6% Normal Horse Serum (NHS) at 37 °C. After blocking, intestinal samples were 187 rinsed twice in PBS/0.2% Tween-20 with 10 mg/ml heparin (PTwH) for 1 h, followed by incubation for 2 days in primary antibody solution (PTwH, containing 5% DMSO and 188 189 3% NHS), at 37 °C. Ileal segments were then rinsed 5x30 min in PTwH and incubated overnight in secondary antibody dilutions in PTwH containing 3% NHS at 37 °C. 190 Samples were finally washed 5x30 min in PTwH prior to counterstaining with TO-PRO-191 192 3 (1:500 in PTwH) for at least 5 h. Finally, tissues were washed 5x30 min in PTwH. After 193 the staining procedure, clearing was performed as detailed below.

194

195 **Tissue clearing**

The 3DISCO clearing protocol was carried out at RT under continuous gentle shaking (16). For iDISCO+ and uDISCO clearing we used the protocols described by Renier and colleagues (19) and Pan and colleagues (21), respectively. The Visikol clearing procedure was performed according to manufacturer's instructions (Visikol, Whitehouse Station, NJ, USA).

For ScaleS and SeeDB2 clearing the protocols of Hama and colleagues (**28**) and Ke and colleagues (**22**) were applied, respectively. The CUBIC and UbasM clearing procedures were carried out according to the protocols described by Susaki and colleagues (**26**) and Chen and colleagues (**11**), respectively.

The Ce3D procedure involved incubation of intestinal samples for 8 h in a blocking solution containing 0.01M PBS/1% NHS/1% BSA/0.3% Triton X-100. For immunostaining, tissues were incubated in the primary antibody solution (0.01M PBS/1% NHS/ 1% BSA/0.3% Triton X-100/primary antibody) and then washed in 0.01M PBS/0.2% Triton-X100/0.5% 1-thioglycerol (Ce3D washing solution) for 3x10 min. 210 Subsequently, the intestinal tissues were incubated in the secondary antibody solution, 211 which contained 0.01M PBS/0.3% Triton X-100/secondary antibody. The samples were 212 then again rinsed in Ce3D washing solution for 3x10 min and then counterstained with either DAPI or TO-PRO-3 (1:500) for at least 1 h. Subsequently, ileal segments were 213 214 again washed in Ce3D washing solution for 5x30 min. Stained tissues were immersed in the Ce3D medium for 12 h at RT and imaged in Ce3D medium (14). Note that the N-215 216 methylacetamide that is used in the Ce3D solution has high reproductive toxicity and that 217 the N-methylacetamide produces toxic nitrogen oxide fumes when heated.

- 218
- 219

220 Macroscopic evaluation of transparency and tissue shrinkage

For macroscopic estimation of the degree of tissue transparency/opaqueness and tissue shrinkage/swelling 4% PFA-fixed ileal tissues, approximately 1 cm in length, were photographed in a transparent Petri dish above a standard grid allowing comparison of the transparency and tissue morphology achieved before and after the clearing procedures. Pictures were analyzed using Image-Pro Plus version 4.5.0.29 (Media Cybernetics, Silver Spring, MD, USA). Data were expressed as mean ± standard deviation (SD).

228

229 Confocal microscopy and data acquisition

Fixed intestinal samples, opened along the mesenteric attachment were visualized with a Leica SP8/LMS confocal microscope (Leica Microsystems CMS GmbH, Germany). Samples were positioned in a glass bottom Petri dish, submerged in their respective RI matching solution and covered by a golden ring with nylon mesh to prevent the tissue from floating. To evaluate the optical penetration depth, 300 image stacks (z

step size $\sim 1.5 \,\mu$ m) of TO-PRO-3 counterstained samples with a 512x512 pixel resolution 235 236 (X and Y pixel size is $1.12 \mu m$) at an excitation wavelength of 640 nm were recorded 237 using a 20x/0.75 HC PL Apo objective lens with a working distance of 600 μ m. Immersion oil and glycerol solution (80%) were used for the four organic reagent-based 238 239 clearing protocols and the five aqueous-based clearing protocols, respectively. The 240 correction collar of this multi-immersion objective was adjusted accordingly to match the refractive index of oil (RI~1.52) or 80% glycerol (RI~1.46). Thirty high-resolution image 241 242 stacks (z step size ~ 1 μ m) with 1024x1024 pixel resolution were collected for imaging 243 of the specific layers of the intestinal whole-mounts.

244

245 GFP fluorescence quantification

246 After immunostaining and clearing, the retention of GFP fluorescence intensity in CX3CR1-positive mononuclear phagocytes of intestinal whole-mounts of CX3CR1-GFP 247 transgenic mice was measured using ImageJ image processing freeware (National 248 Institutes of Health, Bethesda, MD, USA). In brief, Z-stacks of microvilli were projected 249 along the axial axis according to the maximum pixel intensity. Subsequently, a fixed 250 251 intensity threshold was set, just above background fluorescence, and the average intensity of the objects detected above this threshold was measured. The average object intensity 252 was expressed relative to the background threshold value (i.e. GFP intensity ratio). Non-253 cleared samples were used as controls to evaluate the GFP preservation of each clearing 254 protocol. Statistical analyses were performed using GraphPad Prism 6 software. All data 255 256 were expressed as mean ± standard error (SEM). A non-parametric t-test was used and 257 values with p < 0.05 were considered statistically significant.

259 Morphological damage assessment by hematoxylin-eosin (HE) staining and 260 scanning electron microscopy (SEM)

To assess morphological damage at the light microscopical level, organic solvent-based 261 cleared tissues were washed in 100% ethanol for 3x10 min and were then further 262 263 processed for paraffin embedding, sectioned (5 µm) and stained for HE. Hydrophilic 264 reagent-based cleared tissues had to be dehydrated first in a graded alcohol series before 265 paraffin-embedding, subsequent sectioning and HE staining. For SEM, cleared samples, 266 previously fixed in 4% PFA, were washed 3x30 min in 0.01M PBS and additionally fixed for 72 h at 4°C in 2.5% glutaraldehyde in 0.1 M Na-cacodylate buffer, dehydrated, critical 267 point dried, gold-sputtered and viewed in a Quanta FEG250 SEM system (ThermoFisher 268 269 Scientific). 270

271

273 **RESULTS**

274 Morphological preservation

275 Macroscopic images from intestinal samples before and after clearing taken on a 276 mm-grid show that the mm-grid is less visible in the images of Visikol and ScaleS. All other protocols resulted in full transparency of the tissue. The highest shrinkage rates 277 were observed for the organic solvent-based DISCO clearing procedures (3DISCO 57.16 278 279 \pm 9.8%; iDISCO+ 32.25 \pm 20.5%; µDISCO 43.60 \pm 10.5% and Visikol 18.18 \pm 9.8%), 280 whereas much less shrinkage was observed after ScaleS and Ce3D clearing (6.65 ± 7.3) , $5.40 \pm 6.0\%$ respectively) (Fig. 1). UbasM-, SeeDB2- and CUBIC-based clearing 281 procedures resulted in a substantial (UbasM) or slight (SeeDB2 and Cubic) increase of 282 tissue area $(41.09 \pm 7.1\%, 4.32 \pm 3.8\%$ and $4.35 \pm 2.6\%$ respectively) (Fig. 1). In addition, 283 in contrast to the 3DISCO and Ce3D procedures, CUBIC, iDISCO+ (not shown) and 284 285 uDISCO produced significant destructive effects on the mucosal villi as observed on the SEM and HE images (Fig. 3). Tissue structural deformations induced by dehydration and 286 delipidation procedures were also seen upon macroscopic examination, mainly for the 287 3DISCO- and uDISCO-cleared samples (Fig. 1). 288

289 Clearing capacity and optical penetration depth

Optical penetration depth analysis showed that only 3DISCO, iDISCO, uDISCO and Ce3D achieved full-thickness optical transparency of the intestinal whole-mounts (Fig. 2). The clearing capacity of the UbasM procedure yielded comparable results to the procedures mentioned above in specific areas but appeared not homogeneous for all different layers in the intestinal whole-mounts resulting in inhomogeneous fluorescent staining (Fig. 2 and Suppl Fig.).

296 GFP fluorescence preservation/quantification

For organic solvent-based clearing protocols, two distinct pretreatments of 297 298 intestinal tissues have been reported for tissue permeabilization, based on either a 299 dehydration/rehydration procedure with methanol or alternative pretreatment using an aqueous solution that contained PBS, detergent series and DMSO (19). The earlier 300 301 reported significant GFP quenching effect of methanol (4, 42, 43) was also confirmed in 302 our study. Consequently, we selected the alternative pretreatment without methanol for comparative GFP quantification. Estimates of GFP fluorescence, based on comparison of 303 304 maximum intensity projection images of the different procedures, showed that Ce3D and 305 SeeDB2 led to significantly lower GFP quenching compared to 3DISCO, uDISCO, iDISCO+, Visikol, CUBIC and ScaleS (Fig. 4). 306

307 Compatibility of the clearing protocols with immunostaining

308 Double immunostainings with the neuronal marker ßIII-tubulin and either the endothelial marker CD31 or the fibroblast-like cell marker PDGFR- α were performed in 309 310 combination with the nuclear stain DAPI on intestinal whole-mounts of CX3CR1-GFP transgenic mice (Fig. 5). Ce3D clearing allowed the simultaneous visualization of both 311 312 the submucosal and myenteric enteric nerve network at the distinct topographical levels 313 and its close interactions and associations with epithelial, immune and vascular components (Fig 5; Suppl video). In addition to the above-mentioned markers, other 314 frequently used neurochemical markers (S100, GFAP, nNOS, NF200, Vimentin, c-kit, 315 calretinin and calbindin) were tested as well (see Table 1; data not shown) and all these 316 antibodies showed compatibility with the Ce3D clearing protocol. 317

318 Comparison of the clearing protocols in terms of duration, handling and safety

Additional comparison of the remaining protocols in terms of clearing time, technical handling and safety requirements revealed that SeeDB2 and Ce3D were the preferable methods (see Table 2, Suppl Fig.). In contrast to organic solvent-based clearing

322	protocols, these water-based clearing procedures involve the use of reagents that are non-
323	irritant and less non-toxic and require less immersion steps, although it should be noted
324	that one component in the Ce3D solution, i.e. N-methylacetamide, does have toxic
325	features and might produce toxic nitrogen oxide fumes when heated (which is required in
326	the protocol). Compared to the other protocols requiring a minimum incubation time
327	ranging from a few days to 1 week, Ce3D required the shortest clearing time (12h) with
328	good morphological preservation and compatibility with GFP and different antibodies
329	tested-
330	
331	

333 **DISCUSSION**

334 The applicability of 9 clearing techniques (4 organic solvent-based and 5 aqueous-335 based protocols) was evaluated for 3D visualization of the entire thickness of the intestinal 336 wall in terms of the following parameters: tissue clearing efficiency, preservation of tissue 337 morphology and GFP fluorescence, immuno- and nuclear staining compatibility, clearing 338 protocol time and safety of the chemical reagents used. CLARITY-based protocols have not been performed in this study, since these are protocols that are more time-consuming 339 340 or require additional dedicated (commercially available) equipment and have been 341 reported to lead to GFP quenching, ultrastructural changes and compromised structural 342 integrity due to aggressive lipid removal from the biological samples (7, 23, 29).

In line with data reported in other organs (6, 14, 16, 17, 19, 21, 29, 44), of all 9 343 344 optical clearing techniques compared in this study, 3DISCO, iDISCO+, uDISCO and 345 Ce3D showed the highest and most homogeneous clearing capacity. In terms of visualization of full-thickness intestinal samples, the Ce3D protocol equally yielded 346 better clearing results compared to SeeDB2 (23). Compared to the original CUBIC 347 348 protocol, its improved version UbasM did result in higher transparency of the intestinal 349 tissue and less morphological damage (similar to the Ce3D protocol), but suffered from 350 inhomogeneous clearing throughout the intestinal wall. The inferior results in clearing capacity for ScaleS and in particular for Visikol, observed in our experiments on mouse 351 intestine, indicate that its clearing performance is tissue-specific, since better results with 352 these protocols were obtained in brain tissue (28, 45). This tissue dependence might be 353 354 explained by differences in lipid content, pigment, or the degree of inhomogeneity in refractive index (4). 355

Despite having excellent clearing capacity and providing good results in the brain, 357 358 the distinct DISCO protocols are less suitable to obtain optimal images of the full-359 thickness intestinal wall due to the destructive effects they have on intestinal samples (e.g. 360 damage in mucosal epithelium and/or membrane integrity, and substantial tissue 361 shrinkage). It has been reported that the potent clearing properties of 3DISCO, iDISCO+ 362 and uDISCO, which might be an advantage for brain tissue, may lead to destructive effects on biological (sub)cellular structures, due to the aggressive properties of a.o. 363 364 methanol, THF and DCM (10, 11, 45). Similarly, in line with earlier reports on other 365 tissues (8, 11, 28, 35, 46) the CUBIC protocol affected the morphology of the intestinal 366 samples, limiting compatibility of these protocols for post-hoc correlative ultrastructural 367 studies.

Substantial or even complete loss of GFP fluorescence occurred in intestinal 368 samples of CX3CR1 transgenic mice after 3DISCO, iDISCO+, uDISCO and Visikol 369 370 clearing, which is in line with previous findings in other tissues (11, 13, 14, 28, 29, 46, 371 47). Therefore, taken together with their destructive effects on morphology, these protocols were not further considered for testing their compatibility with immunostaining 372 373 with intestinal neurochemical markers. Of the 5 aqueous-based protocols, urea-based methods such as ScaleS and CUBIC equally induced substantial GFP quenching, 374 375 probably due to the presence of the high detergent concentration and the denaturating properties of urea (7, 29, 46, 48). In this study, only UbasM (using much lower detergent 376 concentrations compared to CUBIC), SeeDB2 and Ce3D (both using iohexol solutions) 377 378 met the requirements in terms of GFP signal retainment, as was also found for other fluorescent reporters (23, 49). The latter three protocols were also compatible with 379 immunostaining procedures enabling the visualization of the intrinsic enteric network and 380 its interaction with blood vessels, immune cells and the distinct components of the 381

mucosal barrier. The aqueous-based clearing procedures were also superior to the nonaqueous organic solvent-based protocols in terms of long-term storage due to the more aggressive solvents which have a strong negative impact on antigenicity (**29**).

In conclusion, Ce3D emerged as the preferred clearing protocol for 3D imaging 385 386 of full-thickness intestinal segments, since it is a non-destructive, cost-effective and fast clearing technique with excellent GFP signal preservation and immuno- and nuclear 387 counterstaining compatibility. Thus, it provides a promising tool for studying the distinct 388 389 intramural components in the GI tract in healthy and diseased conditions. This 3D 390 imaging approach of full-thickness samples opens avenues for detailed mapping and distributional analysis of distinct subsets of cells of the neuro-immune-vascular 391 392 interactive network within the entire GI wall, thereby leading to a better understanding of 393 the pathophysiological changes occurring in specific GI disorders.

394

395

397 ACKNOWLEDGMENTS

398	The authors thank Danny Vindevogel and Dominique De Rijck for
399	administrative and technical support. The authors would also like to thank the Electron
400	Microscopy for Material Science group (Prof Dr Sara Bals) at the University of
401	Antwerp for the use of the environmental SEM (Quanta 250 FEG). The Quanta 250
402	FEG (Hercules grant AUHA.11.01) and the Leica SP 8 (Hercules grant AUHA.15.12)
403	microscopes were funded by the Hercules Foundation of the Flemish Government.
404	
405	
406	FUNDING
407	This study was supported by grants from CAPES (Coordenação de
408	Aperfeiçoamento de Pessoal de Nível Superior) and Research funding of the University
409	of Antwerp (TTBOF/29267) and VLAIO Baekeland (IWT140775).
410	
411	COMPETING INTERESTS
412	The authors declare no competing interests.
413	
414	AUTHOR CONTRIBUTION
415	GB, IP and ST performed experiments and participated in data analysis. RB and
416	JPT designed the study. GB, RB and JPT wrote the largest part of the manuscript. JD, IP,
417	JZ, RB, WDV and JPT critically revised the manuscript. RB, WDV and JPT provided
418	essential research tools, research infrastructure and funding for this study.
419	
420	

REFERENCES

422	1.	Fu YY, Tang SC. Optical clearing facilitates integrated 3D visualization of
423		mouse ileal microstructure and vascular network with high definition. Microvasc
424		<i>Res</i> . 2010; 80 :512-21.
425	2.	Fu YY, Peng SJ, Lin HY, Pasricha PJ, Tang SC.
426		3D imaging and illustration of mouse intestinal neurovascular complex. Am J
427		Physiol Gastrointest Liver Physiol. 2013;304:G1-11.
428	3.	Liu YA, Chen Y, Chiang AS, Peng SJ, Pasricha PJ, Tang SC.
429		Optical clearing improves the imaging depth and signal-to-noise ratio for digital
430		analysis and three-dimensional projection of the human enteric nervous system.
431		Neurogastroenterol Motil. 2011;23:e446-57.
432	4.	Richardson DS, Lichtman JW. Clarifying tissue clearing. Cell. 2015;162:246-57.
433	5.	Richardson DS, Lichtman JW. Snapshot: tissue clearing. Cell 2017;171:496-
434		496.e.1
435	6.	Ariel P. A beginner's guide to tissue clearing. Int J Biochem Cell
436		<i>Biol</i> . 2017; 84: 35-9.
437	7.	Tainaka K, Kuno A, Kubota SI, Murakami T, Ueda HR.
438		Chemical principles in tissue clearing and staining protocols for whole-
439		body cell profiling. Annu Rev Cell Dev Biol. 2016;32:713-41.
440	8.	Orlich M, Kiefer F. A qualitative comparison of ten tissue clearing techniques.
441		Histol Histopathol. 2018; 33 :181-99.
442	9.	Aoyagi Y, Kawakami R, Osanai H, Hibi T, Nemoto T. A rapid optical clearing
443		protocol using 2,2'-thiodiethanol for microscopic observation of fixed mouse
444		brain. PLoS One. 2015;10:e0116280.

445	10. Azaripour A, Lagerweij T, Scharfbillig C, Jadczak AE, Willershausen B, Van
446	Noorden CJ. A survey of clearing techniques for 3D
447	imaging of tissues with special reference to connective tissue. Prog Histochem
448	<i>Cytochem</i> . 2016; 51 :9-23.
449	11. Chen L, Li G, Li Y, Li Y, Zhu H, Tang L, French P, McGinty J, Ruan S.
450	UbasM: An effective balanced optical clearing method for intact biomedical
451	imaging. Sci Rep. 2017;7:12218.
452	12. Feuchtinger A, Walch A, Dobosz M. Deep tissue imaging: a review from a
453	preclinical cancer research perspective. Histochem Cell Biol. 2016;146:781-806.
454	13. Kakimoto T. Validation of an easily applicable three-dimensional
455	immunohistochemical imaging method for a mouse brain using conventional
456	confocal microscopy. Histochem Cell Biol. 2018;149:97-103.
457	14. Li W, Germain RN, Gerner MY.
458	Multiplex, quantitative cellular analysis in large tissue volumes with clearing-
459	enhanced 3D microscopy (Ce3D). Proc Natl Acad Sci. 2017;114:E7321-30.
460	15. Becker K, Jährling N, Saghafi S, Weiler R, Dodt H-U. Chemical clearing and
461	dehydration of GFP expressing mouse brains. PLoS One 2012;7: e33916.
462	16. Ertürk A, Becker K, Jährling N, Mauch CP, Hojer CD, Egen JG, Hellal
463	F, Bradke F, Sheng M, Dodt HU. Three-dimensional imaging of solvent-
464	cleared organs using 3DISCO. Nat Protoc. 2012;7:1983-95.
465	17. Ertürk A, Bradke F. High-resolution imaging of entire organs by 3-
466	dimensional imaging of solvent cleared organs (3DISCO). Exp
467	Neurol. 2013; 242 :57-64.

468	18. Villani TS, Koroch AR, Simon JE. An improved clearing and mounting solution
469	to replace chloral hydrate in microscopic applications. Appl Plant
470	<i>Sci</i> . 2013; 1 :1300016.
471	19. Renier N, Wu Z, Simon DJ, Yang J, Ariel P, Tessier-Lavigne M. iDISCO: a
472	simple, rapid method to immunolabel large tissue samples for volume imaging.
473	<i>Cell</i> . 2014; 159 :896-910.
474	20. Renier N, Adams EL, Kirst C, Wu Z, Azevedo R, Kohl J, et al. Mapping of
475	Brain activity by automated volume analysis of immediate early genes. Cell
476	2016; 165 :1789–1802.
477	21. Pan C, Cai R, Quacquarelli FP, Ghasemigharagoz A, Lourbopoulos A, Matryba
478	P, Plesnila N, Dichgans M, Hellal F, Ertürk A. Shrinkage-
479	mediated imaging of entire organs and organisms using uDISCO. Nat
480	Methods. 2016; 13 :859-67.
481	22. Ke MT, Fujimoto S, Imai T. SeeDB: a simple and morphology-
482	preserving optical clearing agent for neuronal circuitre construction. Nat
483	Neurosci. 2013;16:1154-61.
484	23. Ke MT, Nakai Y, Fujimoto S, Takayama R, Yoshida S, Kitajima TS, Sato
485	M, Imai T. Super-resolution mapping of neuronal circuitry with an index-
486	optimized clearing agent. Cell Rep. 2016;14:2718-32.
487	24. Kuwajima T, Sitko AA, Bhansali P, Jurgens C, Guido W, Mason C. ClearT: a
488	detergent- and solvent-free clearing method for neuronal and non-neuronal
489	tissue. Development 2013;140:1364-8.
490	25. Susaki EA, Tainaka K, Perrin D, Kishino F, Tawara T, Watanabe
491	TM, Yokoyama C, Onoe H, Eguchi M, Yamaguchi S, Abe T, Kiyonari
492	H, Shimizu Y, Miyawaki A, Yokota H, Ueda HR. Whole-

493	brain imaging with single
494	cell resolution using chemical cocktails and computational analysis.
495	<i>Cell</i> . 2014; 157 :726-39.
496	26. Susaki EA, Tainaka K, Perrin D, Yukinaga H, Kuno A, Ueda HR.
497	Advanced CUBIC protocols for whole-brain and whole-
498	body clearing and imaging. Nat Protoc. 2015;10:1709-27.
499	27. Hama H, Kurokawa H, Kawano H, Ando R, Shimogori T, Noda H, Fukami K,
500	Sakaue-Sawano A, Miyawaki A. Scale: a chemical approach for fluorescence
501	imaging and reconstruction of transparent mouse brain. Nat Neurosci.
502	2011; 14 :1481-8.
503	28. Hama H, Hioki H, Namiki K, Hoshida T, Kurokawa H, Ishidate F, Kaneko T,
504	Akagi T, Saito T, Saido T, Myakawi A. Scale S: an optical clearing palette for
505	biological imaging. Nat. Neurosci. 2015;18:1518-29.
506	29. Seo J, Choe M, Kim SY . Clearing and labeling techniques for large-
507	scale biological tissues. Mol Cells. 2016;39:439-46.
508	30. Chung K, Wallace J, Kim SY, Kalyanasundaram S, Andalman AS, Davidson
509	TJ, Mirzabekov JJ, Zalocusky KA, Mattis J, Denisin AK, Pak S, Bernstein
510	H, Ramakrishnan C, Grosenick L, Gradinaru V, Deisseroth K.
511	Structural and molecular interrogation of intact biological systems.
512	<i>Nature</i> 2013; 497 :332-7.
513	31. Tomer R, Ye L, Hsueh B, Deisseroth K.
514	Advanced CLARITY for rapid and high-resolution imaging of intact tissues. Nat
515	<i>Protoc</i> . 2014; 9 :1682-97.

516	32. Neckel PH, Mattheus U, Hirt B, Just L, Mack AF. Large-
517	scale tissue clearing (PACT): Technical evaluation and new perspectives in imm
518	unofluorescence, histology, and ultrastructure. Sci Rep. 2016;6:34331.
519	33. Yang B, Treweek JB, Kulkarni RP, Deverman BE, Chen CK, Lubeck E, Shah
520	S, Cai L Gradinaru V. Single-cell phenotyping within transparent intact tissue
521	through whole-body clearing. Cell. 2014;158:945-958.
522	34. Fu YY, Lin CW, Enikolopov G, Sibley E, Chiang AS, Tang SC. Microtome-
523	free 3-dimensional confocal imaging method for visualization of mouse intestine
524	with subcellular-level resolution. Gastroenterology 2009;137:453-65.
525	35. Chen Y, Tsai YH, Liu YA, Lee SH, Tseng SH, Tang SC. Application of three-
526	dimensional imaging to the intestinal crypt organoids and biopsied intestinal
527	tissues. Scientific World Journal. 2013;2013:624342.
528	36. Liu YA, Chung YC, Pan ST, Hou YC, Peng SJ, Pasricha PJ, Tang SC. 3-D
529	illustration of network orientations of interstitial cells of Cajal subgroups in
530	human colon as revealed by deep-tissue imaging with optical clearing. Am J
531	Physiol Gastrointest Liver Physiol. 2012;302:G1099-110.
532	37. Liu YA, Chung YC, Pan ST, Shen MY, Hou YC, Peng SJ, Pasricha PJ, Tang
533	SC3-D imaging, illustration, and quantitation of enteric glial network in
534	transparent human colon mucosa Neurogastroenterol Motil. 2013;25:e324-38.
535	38. Liu CY, Dubé PE, Girish N, Reddy AT, Polk DB.
536	Optical reconstruction of murine colorectal mucosa at cellular resolution. Am J
537	Physiol Gastrointest Liver Physiol. 2015;308:G721-35.
538	39. Appleton PL, Quyn AJ, Swift S, Näthke I. Preparation of wholemount mouse
539	intestine for high-resolution three-dimensional imaging using two-photon
540	microscopy. J Microsc. 2009;234:196-204.

541	40. Kaufman JA, Castro MJ, Sandoval-Skeet N, Al-Nakkash L.Optical clearing of
542	small intestine for three-dimensional visualization of cellular proliferation
543	within crypts. J Anat. 2018;232:152-57.
544	41. Jung S, Aliberti J, Graemmel P, Sunshine MJ, Kreutzberg GW, Sher A, Littman
545	DR. Analysis of fractalkine receptor CX3CR1 function by targeted deletion and
546	green fluorescent protein reporter gene insertion. Mol Cell Biol. 2000;20:4106-
547	14.
548	42. Schwarz M K, Scherbarth A, Sprengel R, Engelhardt J, Theer P, Giesel G.
549	Fluorescent-protein stabilization and high-resolution imaging of cleared, intact
550	mouse brains. PLoS One 2015;10:e0124650.
551	43. Lee E, Kim HJ, Sun W. See-Through technology for biological tissue: 3-
552	dimensional visualization of macromolecules. Int Neurourol J. 2016;20(Suppl
553	1):S15-22.
554	44. Ertürk A, Lafkas D, Chalouni C. Imaging cleared intact biological systems at
555	a cellular level by 3DISCO. J Vis Exp. 2014;89:51382.
556	45. Johnson M, Villani T. Reversible and non-destructive clearing of rat and mouse
557	brains using Visikol® HISTO [™] approach. Rutgers Brain Health Institute
558	Symposium, Rutgers University, 2016, doi.10.13140/RG.2.2.31814.88643.
559	46. Frétaud M, Rivière L, Job É, Gay S, Lareyre JJ, Joly JS, Affaticati P, Thermes
560	V. High-resolution 3D imaging of whole organ after clearing: taking a new look
561	at the zebrafish testis. Sci Rep. 2017;7:43012.
562	47. Kolesová H, Čapek M, Radochová B, Janáček J, Sedmera D.
563	Comparison of different tissue clearing methods and 3D imaging techniques for
564	visualization of GFP-expressing mouse embryos and embryonic hearts.
565	Histochem Cell Biol. 2016; 146 :141-52.

566	48. Yu T, Zhu J, Li Y, Ma Y, Wang J, Cheng X, Jin S, Sun Q, Li X, Gong H, Luo
567	Q, Xu F, Zhao S, Zhu D. RTF:
568	a rapid and versatile tissue optical clearing method. Sci Rep. 2018;8:1964.
569	49. Marx V. Microscopy: seeing through tissue. Nat Methods 2014;11:1209-14.
570	
571	
572	
573	

574 LEGENDS

Figure 1. Macroscopic images from intestinal samples before and after clearing, taken 575 on a mm-grid and showing the degree of opaqueness and shrinkage/swelling. The mm-576 577 grid is less visible in the images of Visikol and ScaleS compared to the other protocols which all led to full transparent tissue. The three DISCO protocols and Visikol showed 578 579 large shrinkage of the tissue while UbasM resulted in a substantial swelling. The graph represents the average projected area change (%) for all studied protocols. Mean data \pm 580 SD are plotted. iDISCO+, uDISCO, ScaleS (n = 5); 3DISCO, Visikol, SeeDB, CUBIC 581 582 and UbasM (n = 4) and Ce3D (n = 3).

583

Figure 2. TOPRO3 staining of full-thickness intestinal samples represented as yz images illustrating the level of transparency. Images were taken with an inverted microscope and the serosa was positioned towards the bottom of the petri-dish. The white dots indicate the borders formed by the serosal layer (z = 0) and the top of the villi (z = 1). Full-depth imaging was achieved with the DISCO protocols and Ce3D. This is also evident from the corresponding graphs that present the changes in intensity of the fluorescence (normalized) over the length of the imaged tissue (z normalized for all graphs). The z 591 value that corresponded with the maximal intensity of fluorescence was set as zero; only
592 z values above this point are shown in the graph. The curve of ScaleS is used as a
593 reference (*red line*). Scale bar = 50 μm

594

595

596

Figure 3. Representative images of HE-stained sections and SEM images of non-cleared 597 control and cleared ileal segments. (A), (C), (E), (G), and (I) display HE-stained sections 598 599 from non-cleared control, 3DISCO, uDISCO, CUBIC and Ce3D, respectively. (B), (D), (F), (H) and (J) show SEM images corresponding to the HE sections. The images of HE-600 601 stained sections and SEM unambiguously illustrate the damage to the villus membrane 602 integrity or epithelial mucosa of the villi after clearing with uDISCO and CUBIC (E, F, G, H). On the other hand, the tissue is less affected by 3DISCO and Ce3D procedures as 603 seen in (C), (D), (I) and (J). Inserts depict a more detailed image of the area delineated 604 with the dashed line, corresponding with the top of the villi. Scale bars of the overview 605 images = 100 μ m; scale bars of the inserts = 50 μ m 606

607

608

Figure 4. Graph representing the degree of GFP preservation of each clearing protocol. To calculate the GFP intensity ratio the average object intensity was expressed relative to the background threshold value. Non-cleared samples were used as controls. This estimate of GFP fluorescence confirmed that the GFP signal was less affected by Ce3D and SeeDB2 protocols. Imaging was performed immediately after finishing the clearing procedure. Mean data \pm SEM are plotted. Control (n = 9); iDISCO+, uDISCO, Visikol, SeeDB2, CUBIC, ScaleS and Ce3D (n = 10); 3DISCO, UBASM (n = 5).

617

618 Figure 5. Full depth 3D observation showing the epithelium, the enteric nerve network (BIII-tubulin) and its close association with intestinal mononuclear phagocytes 619 (CX3CR1), fibroblast-like cells (PDGFRa) and the vascular network (CD31) in Ce3D-620 621 cleared intestinal segments. (A) Full-depth 3D distribution of the intestinal villi and 622 epithelium visualized by DAPI nuclear staining (at the left side of the dotted line). At the right side of the dotted line, the DAPI channel is removed allowing the visualization of 623 624 the underlying structures, i.e. the underlying neuronal and vascular network as well as CX3CR1+ cells across the distinct intestinal layers. A more detailed view of these 625 626 underlying structures is shown in (B). (C) Bottom view of the myenteric plexus with the 627 deeper located CX3CR1-GFP cells and blood vessels. (D) Similar image as (B) but now showing the fibroblast-like cell network instead of blood vessels. (E) Optical cross-628 section of an intestinal villus illustrating the intimate network of enteric nerves, blood 629 630 vessels, immune cells and fibroblast-like cells. Scale bars $(A - D) = 100 \mu m$; Scale bar 631 $(E) = 50 \ \mu m$

632

- 634 TABLES
- 635 **Table 1.** Antibodies used for immunostaining.

Epitope	Host	Dilution	Supplier
ßIII tubulin	Rabbit	1:500	Biolegend; Poly18020
S100	Rabbit	1:500	Dako; Z0311
GFAP	Rabbit	1:500	Dako; Z0334
nNOS	Goat	1:1000	Abcam; ab1376
NF200	Rabbit	1:500	Sigma-Aldrich; N4142
Vimentin	Goat	1:50	Millipore; AB1620

PDGFR-α	Goat	1:200	R&D Systems ; AF1062
CD31	Rat	1:50	Abcam; ab56299
c-kit	Goat	1:1000	R&D Systems; AF1356
Calretinin	Rabbit	1:10000	Swant; CG1
Calbindin	Rabbit	1:2000	Swant; C858a138
Anti-rabbit Cy3	Donkey	1:400	Jackson Immunoresearch
Anti-goat Cy5	Donkey	1:400	Jackson Immunoresearch
Anti-rat Cy5	Donkey	1:400	Jackson Immunoresearch
Anti-rat Cy3	Donkey	1:400	Jackson Immunoresearch

Table 2: Comparison of properties of nine clearing protocols

Clearing	Preservation		Clearing	IHC ^a	Handling	Time*	Cafaty	
protocol	GFP	Morphology	efficiency	IIIC	папиппд	1 mie.	Safety	
Aqueous solution-based								
CUBIC	+	+	++	+++	+++	7d	+++	
SeeDB2	+++	+++	+++	+++	+++	4d	+++	
ScaleS	+	nd	+	nd	+++	4d	+++	
Ce3D	+++	+++	+++	+++	+++	12 h	++	
UbasM	++	nd	++	+++	+++	4d	+++	
Hydrophobic solution-based								
3DISCO	+	+	+++	+++	+	4d	+	
iDISCO+	-	+	+++	+++	+	5d	+	
uDISCO	+	+	+++	+++	+	6d	+	
Visikol	-	nd	+	nd	+	6d	+	

+++= good; ++= medium; +=weak; -= not present; a= immunostaining; nd= not determined given the low clearing

capacity; *= only incubation time of tissue permeabilization and/or tissue pretreatment and clearing procedures was

considered without immunolabeling

Supplementary material

```
Supplementary figure. Similar images as shown in Figure 5, displaying the enteric nerve
644
      network (BIII-tubulin), the mononuclear phagocytes (CX3CR1), and the vascular
645
```

646	network (CD31) in UbasM-cleared (A, B and E) and SeeDB2-cleared intestinal segments
647	(D, C). Note the inhomogeneous clearing capacity (asterisks) and the slightly lower
648	immunostaining quality for the UbasM protocol (A,B). (C-E) Cross-sections of intestinal
649	villi of CX3CR1 transgenic mice after SeeDB2 and UbasM clearing and immunostaining,
650	respectively. Scale bar (B) = 100 μ m, Scale bar (C, D, E)= 50 μ m
651	
652	
653	Supplementary Video. 3D observation of the arrangement of the neurovascular network
654	and the CX3CR1+ mononuclear phagocytes throughout the full thickness of the intestinal
655	wall. Red: blood vessels stained by the endothelial marker CD31; green: GFP-labeled
656	CX3CR1-positive mononuclear phagocytes; blue: the enteric nerve network visualized
657	by means of ßIII-tubulin immunostaining; purple: nuclear (DAPI) staining.
658	
659	
660	
661	
662	









