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Amplification of Antimicrobial Resistance in Gut Flora of Patients Treated with Ceftriaxone

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1	Amplification of Antimicrobial Resistance in Gut Flora of Patients Treated with
2	Ceftriaxone
3	Short title: Ceftriaxone and amplification of resistance genes
4	J. Meletiadis <sup>1,9</sup> , A. Turlej-Rogacka <sup>3</sup> , A. Lerner <sup>4</sup> , A. Adler <sup>4</sup> , E. Taconelli <sup>5,6</sup> , J. W. Mouton <sup>2,9</sup> and
5	the SATURN diagnostic study group*
6	<sup>*</sup> The SATURN diagnostic study group further includes: S. Malhotra-Kumar <sup>3</sup> , H. Goossens <sup>3</sup> , C.
7	Lammens <sup>3</sup> , S. Percia <sup>4</sup> , G. De Angelis <sup>6</sup> , G. Restuccia <sup>6</sup> , L. Preotescu <sup>7</sup> , M. Popoiu <sup>7</sup> , B. Carevic <sup>8</sup> , T.
8	Tosic <sup>8</sup> , S. Harbarth <sup>10</sup> , Y. Carmeli <sup>3</sup>
9	
10	<sup>1</sup> Univ. of Athens, Athens, Greece, <sup>2</sup> Erasmus Med. Ctr., Rotterdam, Netherlands, <sup>3</sup> Univ. of
11	Antwerp, Antwerp, Belgium, <sup>4</sup> Sourasky Med. Ctr., Tel-Aviv, Israel, <sup>5</sup> DZIF center, Tübingen
12	University, Tübingen, Germany; <sup>6</sup> Univ. Cattolica Sacro Cuore, Rome, Italy, <sup>7</sup> Inst. for Infectious
13	Diseases Matei Bals, Bucharest, Romania, <sup>8</sup> Clin. Ctr. of Serbia, Belgrade, Serbia, <sup>9</sup> Radboud
14	UMC, Nijmegen, Netherlands, <sup>10</sup> Infection Control Program, Geneva University Hospital and
15	Faculty of Medicine, Geneva, Switzerland
16	
17	Correspondence: Joseph Meletiadis, Ph.D.
18	Department of Medical Microbiology and Infectious Diseases Na-906,
19	Erasmus MC s-Gravendijkwal 230, 3015CE Rotterdam,
20	The Netherlands, Email: jmeletiadis@med.uoa.gr

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23 Although antibacterial therapy has an impact on human intestinal flora and emergence of resistant bacteria, its role on amplification of antimicrobial resistance and the quantitative 24 25 exposure-effect relationship is not clear. An observational prospective study was conducted to determine whether and how ceftriaxone exposure is related to amplification of resistance in non-26 27 ICU patients. Serial stool samples from 122 ESBL(+) hospitalized patients were analyzed with quantitative real-time PCR to quantify the resistant gene  $bla_{CTX-M}$ . Drug exposure was calculated 28 29 for each patient using a population pharmacokinetic model. Multi- and univariate regression and 30 classification regression tree (CART) analysis was used to explore relationships between measures of exposure and amplification of *bla*<sub>CTX-M</sub> genes. Amplification of *bla*<sub>CTX-M</sub> was 31 observed in 0% (0/11) patients with no treatment and 33% (20/61) of patients treated with 32 ceftriaxone. Stepwise regression analysis showed a significant association between amplification 33 34 of  $bla_{CTX-M}$  and plasma fAUC<sub>0-24</sub>, fCmax and the duration of ceftriaxone therapy. Using CART 35 analysis, amplification of  $bla_{CTX-M}$  was observed in 11/16 (69%) of patients treated >14d and in 36 9/40 (23%) of patients treated  $\leq 14d$  (p=0.0019). In the latter group, amplification was observed 37 in 5/7 (71%) of patients with  $fAUC_{0.24} \ge 222$  mg.h/l and in 4/33 (12%) of patients with lower drug exposures (p=0.0033). A similar association was found for fCmax  $\geq$  30 mg/l (63% vs. 13%, 38 p=0.0079). A significant association was found between amplification of *bla*<sub>CTX-M</sub> resistance 39 genes and exposure of ceftriaxone. Both duration of treatment and degree of ceftriaxone 40 exposure have a significant impact on of amplification of resistance genes. 41

44 The likelihood of acquisition of nosocomial resistant bacteria during or shortly after therapy with different antibiotic agents is still unclear and is often confounded by scarce data on 45 antibiotic usage at the individual patient level (1). Historically bacteria were susceptible to a 46 wide range of antibiotics. However, plasmid mediated multi-drug antimicrobial resistance has 47 emerged and become widespread among the Enterobacteriaceae (2). In particular,  $\beta$  -lactamases 48 have become an important mechanism of antibiotic resistance in Enterobacteriaceae and 49 50 intestinal carriage of  $\beta$ -lactamase-producing organisms is an important source of transmission (3). In order to understand the contributing factors of the emergence of antimicrobial resistance, 51 bacteria-, drug- and patient-level investigations are necessary to better elucidate the time-varying 52 and heterogeneous role of antibiotic selection pressure on emergence and selection of 53 antimicrobial resistance. 54

While drug exposure has been associated with clinical and bacteriological outcome in 55 pharmacokinetic/pharmacodynamic studies (4) and is used for dose optimization and the setting 56 of clinical breakpoints (5), its role on the development of antimicrobial resistance is under 57 58 intense investigation (6). Antibiotics, particularly those excreted into the intestinal tract, may promote amplification of resistance if sufficient exposures are not attained (7). As the human 59 colon flora is a diverse ecosystem with many and different bacteria, culture of specific species is 60 not quantitatively related to the total numbers of individuals of each of those species. It is not 61 practical to follow up every different colony form -if cultured at all - in a sample of feces. In 62 addition, there is the strong potential for a shift in gene copy numbers during the culturing 63 process. Therefore quantitative PCR techniques are important for studying the bacterial and gene 64 composition and the effect of antibiotics in situ (8). We here studied the effect of antibiotic 65

therapy and exposure on the amplification of resistance among identified carriers of enteric
resistant bacteria in a prospective study. A previously developed and validated quantitative real
time PCR (qPCR) (9) was used to quantitate resistance genes in rectal samples of non-ICU
patients colonized with bacteria carrying genes encoding ESBL enzymes and β -lactamases.

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## 71 Material and Methods

Study. An observational prospective study was conducted in 3 hospitals 1 in each of 72 73 Italy, Serbia and Romania with a high prevalence of ESBL at hospital admission as part of the FP7 EU project SATURN (NO241796; clinical trials.gov NTC01208519). The project aimed to 74 identify the prevalence and molecular background of ESBLs, rate of acquisition, duration of 75 colonization, emergence of resistance by way of appearance of  $\beta$  -lactamase genes not present at 76 admission and amplification of resistance, and whether antimicrobial exposure could be related 77 78 to emergence of resistance. All adult patients admitted to medical and surgical wards were screened for ESBLs using standard culture-based surveillance techniques (10). Overall, 10.035 79 patients were screened at hospital admission and up to four times within the first month of 80 hospitalization for ESBL producing Enterobacteriaceae carriage in rectal swabs. Of 1.102 81 82 patients screened positive at admission, 122 patients consented to be included in the longitudinal 83 study where serial (every 2-3 days) rectal samples were collected and analyzed using qPCR for detection of resistance genes. Before starting the study, specific forms were developed for 84 85 collection of demographic and other variables to allow population pharmacokinetic models to be used to predict patient specific exposures. More details of the study can be found in (10). 86

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88	medium and transported to the local lab. After arrival to the local lab, the tubes are vortexed for 1
89	min. The E-swab medium suspension (~ $600\mu l$ ) was transferred into new tubes and mixed with
90	an equal volume of 50% glycerol solution. The samples were stored at -80°C until transport to
91	UA. Once arrived at UA, the samples were kept at -80°C until analysis. Prior to the DNA
92	extraction the total volume of each sample (16000xg, 10min) was centrifuged and the
93	supernatant was discarded. The remaining pellet was subjected to the total DNA extraction with
94	QIAamp® DNA Stool Mini Kit (Qiagen). 4 µl of such DNA was used as a template in qPCR
95	analysis.
96	<b>qPCR assav</b> . A quantitative real-time PCR was performed as a measure for resistance as
07	described before (0) Priefly, two singlenlay assays were performed, one for assassing the total
97	described before (9). Brieffy, two singlepiex assays were performed, one for assessing the total
98	bacteria using the 16S rRNA gene primers set 16S_E939F
99	(GAATTGACGGGGGCCCGCACAAG) and 16S_1492R
100	(TACGGYTACCTTGTTACGACTT) (length 597bp), and the other for assessing colonic CTX-
101	M producers with $bla_{CTX-M}$ primers CTX-M-A6 (TGGTRAYRTGGMTBAARGGCA) and CTX-
102	M-A8 (TGGGTRAARTARGTSACCAGAA) (length 175bp) (11-13). Samples were included in
103	the analysis only if (i) the CTX-M copies were $\geq 1$ and the CTrepeat1-CTrepeat2 values were $\leq 1$ ;
104	(ii) the 16S rDNA copies were $\geq$ 1000 and the CTrepeat1-CTrepeat2 values were $\leq$ 1; and (iii)
105	CTX-M copies of $\leq 1$ and the counterpart number of 16S rDNA copies were $\geq 1000$ . Samples
106	were considered as non-interpretable if the 16S rDNA copies were ≤1000 and CTX-M and/or
107	16S rDNA samples had only one repeat. The results were expressed as % of the number of
108	copies of the $hlamer a gene over the number of copies of 16S rRNA genes (100% x hlamer a/16S$
	copies of the <i>bia</i> CIX-M gene over the number of copies of 105 TRIVA genes (10070 x <i>bia</i> CIX-M 105
109	rRNA genes, bla/16S ratio) as previously described (9). A linear correlation between bla/16S

Sampling method. At the sampling point the swab was taken and put into the E-swab

110	ratios and the ratio of CFU/ml of resistant bacteria over total culturable aerobic bacteria was
111	previously found in stool samples and rectal swabs (9). The bla/16S ratio was used in order to
112	overcome the problem of unknown quantities in fecal material among different samples (9).
113	Exposure parameters. Since plasma sampling was not feasible in this study, a
114	population pharmacokinetic model was used to estimate exposure parameters for individual
115	patients, using their demographic characteristics and other relevant parameters such as creatinine
116	clearance. The plasma PK parameters fAUC <sub>0-24</sub> , fCmax and fCmin based on notional patient-
117	specific protein binding were calculated for each patient using the KinFun1.07 software
118	(Maastricht, NL) using a previously published population 2-compartment pharmacokinetic
119	model (14). The input parameters for the KinFun software were Vc=10.1 L, k12=0.51h <sup>-1</sup> ,
120	k21=0.71 h <sup>-1</sup> whereas the k10 was individualized based on the estimated ceftriaxone clearance of
121	each patient as CL=0.56+0.32x(CLcr/4.26) where CLcr was the creatinine clearance calculated
122	with Cockcroft-Gault Equation based on the gender, age, weight and serum creatinine (15). In
123	order to calculate the free fraction the following equation was used $fC=0.5*\{-(nP+1/Kaff)-tC)+(nP+1/Kaff)-tC\}$
124	$\sqrt{[(517+1/Kaff-tC)^2+4tC/Kaff]}$ where fC and tC are the free and total concentrations in $\mu$ M,
125	nP is the total concentration of protein binding sites 517 $\mu$ M and Kaff is the binding affinity
126	constant 0.0367 μM.
127	Significant amplification and analysis. To determine the threshold for significant

patients and controls. None of the controls had a >20% absolute increase in bla/16S ratios

amplification of resistance, a CART analysis was performed on amplification results for treated

130 indicating that this level represents an increase in bla/16S ratio not associated with antimicrobial

131 therapy. In subsequent analyses, patients were categorized as those with  $\leq 20\%$  and  $\geq 20\%$ 

132 increase bla/16S ratios at any time point compared to the initial screening. A univariate analysis

133	(Fisher exact test) was used to test whether amplification of resistance genes was associated with
134	antibiotic therapy as such and a multivariate stepwise logistic regression analysis was used to
135	associate different variables with amplification of resistance (JMP10, SAS Institute Inc., Cary,
136	NC). In order to assess the significance of time above the MIC in emergence of resistance,
137	%fT>MIC was calculated using the resistant breakpoint of <i>Enterobacteriaceae</i> of 4 mg/l. CART
138	analysis was performed to determine relationships between the highest increase in resistance
139	genes and the PK parameters or duration of therapy until the time that highest increase in
140	resistance genes was observed (JMP10, SAS Institute Inc., Cary, NC). The significance between
141	groups with PK parameters lower or higher that the cutoff PK parameter determined with CART
142	analysis was analyzed with Fisher's exact test (GraphPad Software 4.0, San Diego, CA).

## 144 Results

Patients. Of the 122 patients who consented to be included in the study 55 were from
medical and 67 were from surgical wards. Non-interpretable or qPCR data from one swab only
were obtained for 4 and 5 patients, respectively. For the remaining 113 patients the median
(range)/25<sup>th</sup>-75<sup>th</sup> percentile number of samples with qPCR results was 5 (2-15)/4-7 per patient
over a period of 15 (6-57) days. Only 14 patients were sampled before antibiotic treatment was
initiated.

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**Treatment**. Of the 113 patients available for analysis, 11 did not receive any

antimicrobial treatment whereas 102 patients were treated with one (N=31) or more (N=71)

antibiotics (Table 1). Of 31 patients who received only one drug, 20 were treated with

154 ceftriaxone, 2 with vancomycin, 2 with ciprofloxacin and 7 patients with another 7 different

100	antibiotics. Of 71 patients treated with a combination of drugs, 36 patients received ceftriaxone,
156	25 patients ciprofloxacin, 17 metronidazole, 11 meropenem, 11 cefuroxime, 11 levofloxacin, 10
157	vancomycin and another 29 received different antibiotics (<10 patients per drug). Of 46 treated
158	patients who did not receive ceftriaxone alone or in combination with other drugs, 9 were treated
159	with one drug (2 vancomycin, 3 ciprofloxacin, 1 meropenem, 1 cefazolin, 1 amoxicillin, 1
160	oxacillin) and 37 with a combination of drugs with the most common drug being ciprofloxacin
161	(12) followed by vancomycin (19), levofloxacin (8), meropenem (7), metronidazole (7) and 26
162	other antibiotics (<5). The details of the 56 patients treated with ceftriaxone (20 as monotherapy
163	and 36 as combination therapy) are shown in Table 1.
164	<b>qPCR.</b> Of 113 patients with more than one interpretable qPCR data, the $bla_{CTX-M}$ gene
105	was detected in 97 patients at the initial screening with median(range)/25 <sup>th</sup> -75 <sup>th</sup> percentile
165	
165	bla/16S ratios 3%(0.01%-206%)/0.1%-18% resistance genes, of whom 20 patients were
165 166 167	bla/16S ratios $3\%(0.01\%-206\%)/0.1\%-18\%$ resistance genes, of whom 20 patients were considered significant with >20% bla/16S ratios; the <i>bla</i> <sub>CTX-M</sub> gene was detected in 110 patients
165 166 167 168	bla/16S ratios 3%(0.01%-206%)/0.1%-18% resistance genes, of whom 20 patients were considered significant with >20% bla/16S ratios; the $bla_{CTX-M}$ gene was detected in 110 patients at any time point with 16%(0.01%-1263%)/3%-48% bla/16S ratios (46 patients had >20%
165 166 167 168 169	bla/16S ratios $3\%(0.01\%-206\%)/0.1\%-18\%$ resistance genes, of whom 20 patients were considered significant with >20% bla/16S ratios; the <i>bla</i> <sub>CTX-M</sub> gene was detected in 110 patients at any time point with 16%(0.01%-1263%)/3%-48% bla/16S ratios (46 patients had >20% bla/16S ratios) and the <i>bla</i> <sub>CTX-M</sub> gene was detected in 93 patients at the final screening with 4%
165 166 167 168 169 170	bla/16S ratios 3%(0.01%-206%)/0.1%-18% resistance genes, of whom 20 patients were considered significant with >20% bla/16S ratios; the $bla_{CTX-M}$ gene was detected in 110 patients at any time point with 16%(0.01%-1263%)/3%-48% bla/16S ratios (46 patients had >20% bla/16S ratios) and the $bla_{CTX-M}$ gene was detected in 93 patients at the final screening with 4% (0.01%-1263%)/0.7%-19% bla/16S ratios (22 patients had >20% bla/16S ratios) (Figure 1).
165 166 167 168 169 170 171	bla/16S ratios $3\%(0.01\%-206\%)/0.1\%-18\%$ resistance genes, of whom 20 patients were considered significant with >20% bla/16S ratios; the $bla_{CTX-M}$ gene was detected in 110 patients at any time point with $16\%(0.01\%-1263\%)/3\%-48\%$ bla/16S ratios (46 patients had >20% bla/16S ratios) and the $bla_{CTX-M}$ gene was detected in 93 patients at the final screening with 4% (0.01%-1263%)/0.7%-19% bla/16S ratios (22 patients had >20% bla/16S ratios) (Figure 1). Amplification of resistance genes and antimicrobial therapy. Amplification of

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resistance genes compared to initial screening levels in four patients groups is shown in Figure 2. By definition, no amplification was observed in any of the 11 patients that did not receive any antibiotic (controls). Of the remaining 102 patients treated with antibiotics, amplification of resistance genes were observed in 20/56 (36%) patients treated with ceftriaxone alone or in combination (3/20 patients treated with ceftriaxone alone, 17/36 patients treated with ceftriaxone and another antibiotic) and 10/46 (22%) patients treated with other antibiotics (6/10 were treated

with ciprofloxacin (N=5) or levofloxacin (N=1) together with other antibiotics). Of 30 pts where
amplification of resistant genes was observed, 20 were colonized with ESBL+ *E. coli*, 8 with
ESBL+ *K. pneumoniae* and 2 with other ESBL+ species. Of the 72 patients that no amplification
of resistance was found, 45 were colonized with ESBL+ *E. coli*, 21 with ESBL+ *K. pneumoniae*,
2 with both species, 4 with other ESBL+ species.

To determine whether an association existed between amplification of resistance genes 183 and antimicrobial therapy or any demographic variable, a stepwise (mixed direction with p 184 185 enter=0.25 and p leave=0.1) multivariate regression analysis was performed with the following 186 nominal (n) and continuous (c) variables: country (n), wardtype (n), gender (n), age (c), weight (c), height (c), previous hospitalization (n), previous ABx (n), ABx on admission (n), any ABx 187 188 during study (n), number of antibiotics (c), duration of ABx (c), ABx including ceftriaxone (n), 189 ABx only with ceftriaxone (n), ABx without ceftriaxone (n). Of these, the only significant 190 associations with amplification of resistance genes found were ceftriaxone treatment alone 191 (p=0.010, OR=1.8) and ceftriaxone treatment alone or in combination with other drugs (p=0.015, 0.015)192 OR=2.7).

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193 **Ceftriaxone exposure.** The median (range) dose in patients receiving ceftriaxone was 194 1000 (1000-4000) mg dosed every 12h (40 patients) and 24h (16 patients). Using the individual 195 patient characteristics and the population pharmacokinetic model, the estimated ceftriaxone 196 clearance, *f*AUC<sub>0-24</sub>, *f*Cmax, *f*Cmin in these patients (median (range)) were 0.89 (0.67-1.36) l/h, 197 97 (50-667) mg.h/l, 14.8 (5.8-134.5) mg/l and 3.4 (1.3-12.4) mg/l, respectively. The median 198 (range) % free drug levels at *f*Cmax and *f*Cmin were 9% (7-34%) and 6% (5-9%), respectively.

Amplification of resistance genes and ceftriaxone therapy. To assess the association
 between amplification of resistance genes and ceftriaxone PK parameters, duration of ceftriaxone

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202	56 patients treated with ceftriaxone alone or in combination. A significant association was found
203	between amplification of resistance (used as a categorical variable based on the cutoff of 20%
204	bla/16rRNA increase) and $fAUC_{0-24}$ , duration of therapy and their interaction (Chi square
205	ranging between 3.7-7.11 for each of three terms, p=0.02-0.08).
206	CART analysis confirmed these findings (Table 2). Amplification of <i>bla</i> <sub>CTX-M</sub> genes was
207	found in 11/16 (69%) patients treated >14d with ceftriaxone and in 9/40 (23%) patients treated
208	with $\leq 14d$ with ceftriaxone (p=0.0019). In the latter group, a strong association was found for
209	$fAUC_{0.24}$ for which amplification of resistance genes was observed in 5/7 (71%) of patients with
210	$fAUC_{0.24} \ge 221.9 \text{ mg/l}$ and in 4/33 (12%) of patients with lower $fAUC_{0.24}$ s (p=0.0033). A
211	significant association was also found with fCmax with amplification of bla <sub>CTX-M</sub> genes observed
212	in 5/8 (63%) of patients with $f$ Cmax $\geq$ 29.3 mg/l and in 4/32 (13%) of patients with a lower
213	fCmax (p=0.0079). The $f$ AUC <sub>0-24</sub> was highly correlated with $f$ Cmax (Pearson correlation
214	coefficient r=0.95, p<0.0001). No significant associations were found for <i>f</i> Cmin or % <i>f</i> T>MIC.
215	The bla/16S ratios were plotted over time for selected patients treated with ceftriaxone
216	are shown in Figure 3. More than 14d of ceftriaxone therapy was associated with amplification
217	of resistance independently of <i>f</i> Cmax and <i>f</i> AUC <sub>0-24</sub> . For shorter duration of therapy,

therapy and their interaction, a stepwise multivariate regression analysis was performed for the

amplification of resistance was observed at high drug exposures but not at lower drug exposures

- 219 for which  $fAUC_{0-24}$  was more important than fCmax (two bottom right graphs).
- 220

221 Discussion

A significant association was found between ceftriaxone exposure and amplification of *bla*<sub>CTX-M</sub> resistance genes in the GI tract. An increased risk of resistance amplification was found when ceftriaxone therapy lasted >14d independent of drug exposure. In addition, for shorter periods of treatment the risk of amplification was increased in patients with a *f*Cmax >30 mg/l or a *f*AUC<sub>0-24</sub> >222 mg.h/l.

227 We utilized a quantitative PCR assay to measure CTX-M resistance genes. Bacteriological techniques are not sensitive enough to detect small amounts and changes in 228 229 subpopulations of resistant bacteria (16). Previous studies showed that rectal swabs are suitable 230 for quantifying the concentration of beta lactamase-producers and that qPCR demonstrated higher correlation between rectal swabs and stool specimens than the culture-based method. The 231 bla<sub>CTX-M</sub>/16S RNA ratio reflect changes in the number of resistant bacteria as a proportion of 232 233 total bacteria, because all the subpopulations can potentially change during therapy. Previous 234 studies found a relationship between the qPCR ratio and surveillance cultures indicating that this 235 ratio reflects colonization by resistant bacteria. Antibacterial treatment may select for a wide 236 range of cephalosporin resistance genes from different families and micro-organisms (17, 18). In 237 the present study we studied the effect of antibiotic treatment on bla<sub>CTX-M</sub> genes normalized by 238 the total bacterial load using the 16S rRNA genes using a method developed earlier (9). This method was found to give comparable results between rectal swabs and stool specimens by 239 240 culture methods. Moreover, given that previous findings showed that anaerobic flora plays an 241 important role on emergence of resistant bacteria (19), a PCR method allows quantification of 242 all resistance genes originating from diff erent bacteria including non-culturable ones that would be missed by culture methods. However, since there was considerable variation in 243 244 positivity, and there were some very high bla<sub>CTX-M</sub>/16rRNA ratios that were difficult to explain,

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the analysis was performed with a qualitative parameter of amplification of resistance genes
using the cutoff of 20%, which represents the increase in bla/16S ratio associated with
antimicrobial therapy.

248 Antibiotic therapy has a severe impact on GI flora and this effect depends on antibiotic 249 used, its exposure and duration of treatment (20). However, although the use of broad spectrum 250 cephalosporins has been implicated in emergence of resistance (21, 22) few studies demonstrated a clear association between amplification of resistance and drug exposure. Animal studies in pigs 251 252 found an increase in the prevalence of resistant E. coli within the first week of treatment with 253 ceftiofur and amoxicillin (17). Similar studies in calves showed that a 14% increase of fecal bacteria resistant to ceftriaxone within three days after treatment. This response remained stable 254 255 up to 13 days whereas a further increase was found at day 17 (23). Goessens et al. demonstrated 256 a clear relationship between duration of exposure as well as the % time within the selection 257 window for ceftazidime in a rat model (24). Ceftriaxone is a highly protein bound drug with 258 high volume of distribution and excellent penetration in fluids (25). Up to 67% of the drug is 259 excreted unchanged in urine and the remaining is excreted in bile with average concentrations of 260 581-898 mg/l found 1-3h after dosing when the concurrent plasma concertation was 62.1 mg/l 261 (26). In addition, median ceftriaxone concentrations in feces of healthy volunteers treated with 7 days with 2g ceftriaxone IV were 2.4 mg/l on day 4 and 161 mg/l on day 8 indicating 262 263 accumulation in GI tract although a wide variation among individuals was found (0-806 mg/l) 264 (27). When intestinal flora was quantitated in the latter study, the number of enterococci 265 increased whereas the number of E. coli decreased during the ceftriaxone treatment (27). This accumulation is compatible with the strong association that we found in the present study 266

267	between emergence of resistance and >14d of ceftriaxone treatment. For shorter period of
268	treatment, drug exposure plays more important role on emergence/amplification of resistance.
269	As cephalosporin's activity is time-dependent, the driving PK-PD index is time above the
270	MIC and 60-70% of the dosing interval is commonly thought to be associated for maximal
271	bactericidal activity in vivo (28, 29). However, no significant association was found between
272	amplification of resistance with %fT>MIC in the present study. This is in agreement with
273	previous studies in rats where intestinal colonization by ceftazidime-resistant Enterobacter
274	cloacae isolates were associated with the time within the mutation selection window, AUC/MIC
275	and $f$ Cmax/MIC rather than % $f$ T>MIC (24). Although concentrations in feces are not the same as
276	in plasma, it could well be that the location were selection occurs (close to the gut wall) is
277	correlated to plasma concentrations.
278	There are several limitations in our study. In this study we only explored the association
279	between ceftriaxone exposure and amplification of CTX-M genes and therefore the effect on
280	ceftriaxone therapy for other resistant genes is unknown. It may therefore well be that the effect
281	of ceftriaxone therapy on resistance amplification is even stronger than demonstrated. A second
282	limitation is the fact that pharmacokinetic parameters was estimated using a population
283	pharmacokinetic model based on the creatinine clearance calculated on Cockcroft-Gault equation
284	using patient demographic data rather than actual measurement as this was not feasible (14).
285	Although this model well described the serum concentrations of ceftriaxone it may not capture
286	the entire variation within our patient population and it does not predict ceftriaxone
287	concentrations in the gut. However, concerning the latter, preclinical studies also showed
288	correlations with plasma levels rather than concentrations in the gut (24). Therefore, even though
289	the quantitative association may be different in the gut, the association does exist, either directly

290 or indirectly. Finally, the study was a prospective observational cohort study comparing the 291 effects of various treatments of ceftriaxone, rather than a randomized controlled trial, which may 292 have resulted in both bias as well as confounding. The analysis of specifically ceftriaxone 293 exposure presented here rather than that of a specific antibiotic was not defined in advance, since 294 the study ran in several centres and it was not known beforehand for which antibiotics the 295 analysis could be performed. Nevertheless, the data to be collected were defined in advance, and 296 there was an anticipation that only few drugs would be taken by a sufficient number of patients 297 to perform the analysis here. Ceftriaxone was the only drug that was taken by a sufficient 298 number of patients to allow for the present evaluation. Even with the relatively low number of 299 patients included in this analysis we were able to show a significant result, indicating that the 300 effects may be quiet strong. Nevertheless, the association should be confirmed in a prospective 301 randomized trial.

302 Amplification of a particular known resistance gene by ceftriaxone therapy may have 303 important clinical implications. Amplification of this gene may indicate amplification of the 304 resistant bacteria over susceptible ones or transmission of this gene across different species. 305 Heavily colonized patients are at risk in developing difficult to treat bloodstream infections. 306 Thus, identifying patients with low ceftriaxone exposure and therefore at risk in developing such 307 infections may promote rigorous surveillance studies and high alert of the clinicians. 308 Interventional strategies could be adopted by optimizing ceftriaxone dosing regimens in order to 309 minimize the risk of amplification of blaCTX-M genes. Thus, in addition to optimizing therapy in 310 terms of efficacy, exposure could or should be optimized with regard to resistance amplification.

311	In conclusion, amplification of CTX-M resistance genes were observed during
312	ceftriaxone therapy with strong association found with the duration of therapy and drug
313	exposure. Long treatment and high drug exposures increased the risk of amplification.

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319			
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Figure 1. Time-course of quantitative PCR expressed as % bla<sub>CTX-M</sub> of 16S rRNA in patients 412 413 without any treatment (A), in patients treated with ceftriaxone alone (B) and in combination with 414 other drugs (C) and in patients treated with other drugs (D) at the time of screening (initial), the 415 time of the maximum (max PCR) and the last sample (final PCR). The % bla<sub>CTX-M</sub>/16S rRNA 416 ratios are the absolute measurement calculated by dividing bla<sub>CTX-M</sub> copy numbers over 16S 417 rRNA copy numbers.

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Figure 2. Amplification of resistance genes (% increase calculated as maximum  $bla_{CTX-M}/16S$ rRNA ratio at any time compared to initial ratio) in different patients groups. On the top of the graph, the number of patents with >20% increase in bla/16S ratios over the total number of patients per group is shown for each group. Error bars represent the median and interquartile range. \*;p<0.05 compared to No Abx group. The horizontal broken lines represent a relative increase of 20% of  $bla_{CTX-M}/16S$  rRNA ratios over the initial screening.



428Figure 3. Amplification of CTX-M resistance genes in rectal samples over time for 6 different429patients treated with ceftriaxone >14.3d (top graphs) and <14.3 (bottom graphs) attaining low</td>430(right graphs), intermediate (middle graphs) and high (left graphs) fCmax. The duration of431ceftriaxone therapy and the fCmax together with the fAUC<sub>0-24</sub> are shown for each patient. The432horizontal line represents the threshold of CTX-M gene amplification observed in non-treated433patients.

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435 Table 1. Details of patients included in the present study with a focus on patients treated with

## 436 ceftriaxone alone or in combination with other drugs

Patient groups	Number of pts		
No treatment	11		
Treatment	102		
E.coli	65		
K. pneumoniae	30		
Mixed	2		
Other	5		
One drug	31		
Ceftriaxone	20		
Other drugs	11		
>1 drug	71		
Ceftriaxone+another drug	36		
Ceftriaxone treated patients	56		
Admitted from home	47		
Previous hospitalization	9		
Catheters (urinary, iv)	12		
Underlying disease			
Malignancy	56		
Cardiovascular	11		
Diabetes	10		
CV	29		
Renal disease	2		
Primary diagnosis			
muscoskeletal system	31		
nervous system	14		
endocrine system	7		
respiratory system	2		
digestive system	1		
infectious and parasitic disease	1		
Surgical/Medical	42/14		
Age (y), median (range)	63 (25-88)		
Weight (kg), median (range)	74 (50-158)		
Height (cm), median (range)	168 (55-187)		
Male/female	30/26		
ESBL Colonization	56		
E.coli	40		
K. pneumoniae	13		
Mixed	1		
Unidentified	2		

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## 438 Table 2. Association between amplification of bla<sub>CTX-M</sub> genes and duration of therapy as well as

439 exposure of ceftriaxone therapy. The first column indicates the thresholds as determined by

### 440 CART analysis.

	<u>N of Pts with</u> Amplification <sup>a</sup>		<u>% Pts with</u> <u>Amplification</u>		<u>Fisher exact test</u>
All	Yes	No	Yes	No	P value
>14 days	11	5	69%	31%	0.0019
≤14 days	9	31	23%	77%	
fCmax≥29.3 <sup>b</sup>	5	3	63%	37%	0.0079
fCmax<29.3 <sup>b</sup>	4	28	13%	87%	
<i>f</i> AUC <sub>0-24</sub> ≥221.9 <sup>b</sup>	5	2	71%	29%	0.0033
<i>f</i> AUC <sub>0-24</sub> <221.9 <sup>b</sup>	4	29	12%	88%	
aux7 II C 1'C		• •			11 /1 / DITA

441 <sup>a</sup> "Yes" for amplification was assigned to patients with max bla<sub>CTX-M</sub>/16rRNA ratio - initial

442  $bla_{CTX-M}/16rRNA ratio > 20\%$ 

443 <sup>b</sup> These cutoffs values were derived from CART analysis for patients treated with ceftriaxone for

444  $\leq 14$  days. Steady state  $fAUC_{0.24}$ s were estimated using the population pharmacokinetic model of

445 ceftriaxone.

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