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1 ***In vitro* and *in vivo* investigations on the antitumour activity of *Chelidonium majus***

2

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17

18 **ABSTRACT**

19 *Background:* *Chelidonium majus* L. (Papaveraceae) (greater celandine) is a medicinal herb  
20 that is widely spread in Europe. Antitumoural activity has been reported for *C. majus*  
21 extracts.

22 *Hypothesis/Purpose:* To investigate the antitumour activity of a *C. majus* extract *in vitro* and  
23 *in vivo*.

24 *Study Design:* Cytotoxic effects of *C. majus* extracts were evaluated on human cancer cell  
25 lines, i.e. PANC-1 (pancreas cancer), HT-29 (colon cancer), MDA-MB-231 (breast cancer), PC-  
26 EM005 and PC-EM002 (primary endometrium cancer cells), and PANC02 (murine pancreatic  
27 adenocarcinoma cells). A preliminary *in vivo* study was performed to evaluate the effect of a  
28 defatted *C. majus* extract and Ukrain<sup>TM</sup> in a highly metastatic murine pancreatic model.

29 *Methods:* *Chelidonium majus* L. herb containing 1.26% (dry weight) of total alkaloids  
30 expressed as chelidonine was used to prepare an 80% ethanolic extract (CM2). This crude  
31 extract was then defatted with *n*-hexane, resulting in a defatted *C. majus* extract (CM2B).  
32 Cytotoxic effects of the two extracts (CM2 and CM2B) were evaluated on human and murine  
33 cell lines *in vitro*. CM2B and Ukrain<sup>TM</sup> were evaluated in a highly metastatic murine  
34 pancreatic model.

35 *Results:* Four main benzyloquinoline alkaloids were identified in CM2B, i.e. chelidonine,  
36 sanguinarine, chelerythrine and protopine, using HPLC-UV. CM2 showed a high cytotoxic  
37 activity against PANC-1 (IC<sub>50</sub>, 20.7 µg/ml) and HT-29 (IC<sub>50</sub>, 20.6 µg/ml), and a moderate  
38 cytotoxic activity against MDA-MB-231 (IC<sub>50</sub>, 73.9 µg/ml). CM2 as well as CM2B showed a  
39 moderate to high cytotoxic activity against the PANC02 cell line (IC<sub>50</sub>, 34.4 and 36.0 µg/ml).  
40 Low to almost no cytotoxic effect was observed on primary endometrium cancer cells PC-  
41 EM005, PC-EM002 and on normal fibroblast cells 3T3, when treated with CM2B. Significantly  
42 less metastases were counted in mice treated with 1.2 mg/kg CM2B, but not with 3.6 mg/kg  
43 Ukrain<sup>TM</sup>, compared to the control group. The extract, however, did not affect the weight of  
44 the primary tumours.

45 *Conclusion:* *C. majus* extracts show promising activity, particularly for pancreatic cancer.

46

47 *Keywords:*

48 *Chelidonium majus* L.; Papaveraceae; Greater celandine; *In vitro* cytotoxicity; *In vivo*  
49 antitumour activity

50 *Abbreviations:*

51 ATCC, American type culture collection; BEGM, Bronchial epithelial cell growth medium; BW,  
52 Body weight; CI, Cell index value; CM2, *C. majus* crude extract; CM2B, *C. majus* defatted  
53 crude extract; DMSO, Dimethyl sulfoxide; EDTA, Ethylene Diamine Tetra-Acetic Acid; EMA,  
54 European Medicines Agency; FBS, Fetal bovine serum; HS, 0.05 M *n*-Heptanesulfonic acid  
55 aqueous solution; NR, Neutral red; PBS, Phosphate Buffer Saline; RCT, Randomised clinical  
56 trial; RTCA, Real-Time Cell Analysis; SPE, Solid Phase Extraction; SRB, Sulforhodamine B

57

## 58 Introduction

59 *Chelidonium majus* L. (Papaveraceae), commonly known as greater celandine, is an herb that  
60 is widely spread in Europe and is used in folk medicine against disorders of liver and bile and  
61 for treatment of warts. The major secondary metabolites are benzylisoquinoline alkaloids,  
62 including benzophenanthridines (e.g. chelerythrine, chelidonine, sanguinarine,  
63 isochelidonine), protoberberines (e.g. berberine, coptisine, stylopine) and protopines (e.g.  
64 protopine). Sanguinarine and chelerythrine are the most prominent alkaloids obtained from  
65 roots while coptisine, chelidonine and berberine are usually obtained from the aerial parts.  
66 *Chelidonium* alkaloids have been thoroughly studied and their potential application as  
67 anticancer agents has already been reported (Barnes et al., 2007; Colombo and Bosisio,  
68 1996; Kemeny-Beke et al., 2007). The antiproliferative effects of *C. majus* were evaluated *in*  
69 *vitro* on rapidly multiplying human keratinocyte (HaCaT) cell lines resulting in an IC<sub>50</sub> value of  
70 1.9 µg/ml for the dry extract containing 0.68% alkaloids expressed as chelidonine.  
71 Sanguinarine, chelerythrine and chelidonine gave IC<sub>50</sub> values of 0.2, 3.2 and 3.3 µM,  
72 respectively, whereas berberine showed only low potency with an IC<sub>50</sub> of 30 µM. The lactate  
73 dehydrogenase assay showed a cytostatic activity rather than cytotoxic activity (Vavreckova,  
74 1996a; 1996b). Most *in vitro* studies suggested that sanguinarine, chelidonine, chelerythrine  
75 and berberine are responsible for the antitumoural effect of the *C. majus* extract. The  
76 strongest antitumour agent was found to be sanguinarine, which intercalates strongly with  
77 DNA. Chelidonine, chelerythrine and berberine are also active but are less potent than  
78 sanguinarine (EMA, 2011).

79 Ukrain<sup>TM</sup>, a purported anticancer drug, has been described as a semi-synthetic *Chelidonium*  
80 *majus* alkaloid derivative, consisting of three chelidonine molecules combined to  
81 thiophosphoric acid (thiotepa). It is claimed that Ukrain<sup>TM</sup> is effective against a range of  
82 cancers and the drug has been licensed only in a few states of the former Soviet Union.  
83 Numerous preclinical investigations and randomised clinical trials (RCT) suggest that  
84 Ukrain<sup>TM</sup> is pharmacologically active and clinically effective as an anticancer drug, but many  
85 of the Ukrain<sup>TM</sup> products show several limitations and there are doubts about the validity of  
86 the publications. Moreover, Panzer et al. found the mechanisms of action of Ukrain<sup>TM</sup> to be  
87 similar to the *C. majus* alkaloids it is prepared from. Chemical analyses of Ukrain<sup>TM</sup> were  
88 inconsistent with the proposed trimeric structure, and it was demonstrated that at least  
89 some commercial preparations of Ukrain<sup>TM</sup> consisted of a mixture of *C. majus* alkaloids

90 (including chelidonine) (Panzer et al., 2000a; 2000b; Ernst and Schmidt, 2005). In the present  
91 work the antitumour activity of a *Chelidonium majus* extract and Ukrain™ was investigated *in*  
92 *vitro* and *in vivo*.

93

94

## 95 **Materials and methods**

### 96 *Plant material and preparation of the extract*

97 Analytical grade ethanol, *n*-hexane and hydrochloric acid (25%) were purchased from Acros  
98 Organics (Geel, Belgium). Ammonium formate was purchased from Acros Organics and *n*-  
99 heptanesulfonic acid was purchased from Sigma-Aldrich (St. Louis, MO, USA). Methanol was  
100 HPLC grade and purchased from Fisher Scientific (Leicestershire, UK). RiOS water was  
101 prepared by reverse osmosis and water for HPLC was dispensed by a *Milli-Q* system from  
102 Millipore (Bedford, MA, USA) and passed through a 0.22 µm membrane filter. The reference  
103 materials chelidonine (99.2%), sanguinarine (98%), chelerythrine (97%), protopine (100%)  
104 and gemcitabine (100%) were purchased from Sigma-Aldrich. Berberine (97.5%) was  
105 purchased from Alfa Aesar (Karlsruhe, Germany). Ukrain™ (batch number A012212111) was  
106 purchased from Nowicky Pharma (Vienna, Austria).

107

108 Uncut dried *Chelidonium majus* herb was identified and provided by Dr. Olaf Kelber from  
109 Steigerwald Arneimittelwerk GmbH; a voucher specimen was kept in the laboratory. The  
110 herb was ground and passed through a sieve of 1 mm. According to the method described in  
111 the European Pharmacopoeia (European Pharmacopoeia, 2012) the plant material contained  
112 1.26% total alkaloids (dry weight) expressed as chelidonine (minimum requirement 0.6%).  
113 An amount of 930 g was extracted exhaustively and consecutively with 33.9 L of 80% ethanol  
114 by percolation and maceration at room temperature. The ethanol was removed under  
115 reduced pressure at 40 °C and the aqueous extract was lyophilised, yielding 192 g crude  
116 extract (CM2). Approximately 30 g of crude extract was dissolved in 400 ml of water and  
117 extracted three times with 400 ml of *n*-hexane. This aqueous phase (CM2B) was then  
118 lyophilised and yielded 21.8 g. This defatted extract contained 2.87% total alkaloids  
119 expressed as chelidonine. The *C. majus* crude extract (CM2) and the defatted extract (CM2B)  
120 were used to evaluate the antitumoural activity of the extract *in vitro*.

121

122 HPLC chromatograms were recorded for CM2B on an Agilent 1260 series with degasser,  
123 quaternary pump, automatic injection sampler, thermostatic column compartment and a  
124 diode array detector (Agilent Technologies), as well as reference standards, i.e. chelidone,  
125 sanguinarine, chelerythrine, protopine and berberine. A HPLC method according to Sarközi  
126 et al. (2006), with minor modifications, was used. Solid phase extraction was performed  
127 before injection. CM2B (98.0 mg) was dissolved in 3 ml 0.5% HCl in methanol. About 1.25 ml  
128 from this solution was diluted with 3.75 ml of 0.05 M *n*-heptanesulfonic acid aqueous  
129 solution (HS) and was homogenised by sonication. The supernatant was loaded onto an  
130 octadecyl SPE column (Chromabond, Macherey-Nagel), previously activated with 5 ml of 5%  
131 HS (0.05 M) in methanol and 5 ml of 100% HS (0.05 M). The SPE column was then washed  
132 with 5 ml of a 70% HS (0.05 M) solution in methanol to remove the matrix. The compounds  
133 were then eluted with 2.5 ml of 5% HS (0.05 M) in methanol. The reference standards were  
134 dissolved in a concentration ranging from 0.08 – 0.23 mg/ml in methanol. Twenty microliter  
135 was injected and separation was performed on the Phenomenex Luna C<sub>18</sub> (250 x 4.6 mm, 5  
136 µm) (Phenomenex, Torrance, CA, USA) coupled with a precolumn. Column temperature was  
137 set at 30 °C and the flow rate was 1 ml/min. The mobile phases were (A) 30 mM ammonium  
138 formate (pH 2.80) and (B) methanol. The gradient was 0 min, 5% B; 5 min, 5% B; 55 min,  
139 100% B; 60 min, 100% B. The chromatograms were recorded at 280 nm and retention time  
140 and UV spectrum of the reference standards were compared with the compounds found in  
141 CM2B. Fig. 1 shows the chromatogram of the defatted *C. majus* extract and the determined  
142 alkaloids. The UV spectrum of the major peak was analysed at the beginning, the apex and  
143 the end of the peak and showed that it was a mixture of different compounds; but according  
144 to Sarközi et al. (2006) it should mainly consist of coptisine.

145

#### 146 *Cell lines*

147 All cell culture reagents and media were purchased from Life Technologies (Ghent, Belgium).  
148 All cell lines were maintained at 37 °C and 5% CO<sub>2</sub>/ 95% air in a humidified incubator.  
149 Malignant human cell lines of various origins (breast, pancreas and colon) were used for the  
150 *in vitro* cytotoxicity assessments. For breast cancer the cell line MDA-MB-231 was used.  
151 These cells form loosely cohesive grape-like or stellate structures consistent with the more  
152 invasive phenotype, therefore these cells are considered as invasive *in vitro* (Holliday and  
153 Speirs, 2011). Other human cancer cell line included the pancreatic epithelioid carcinoma

154 (PANC-1) cells and the colorectal adenocarcinoma cells (HT-29). MDA-MB-231 cells were  
155 cultured in RPMI 1640 medium enriched with 10% fetal bovine serum (FBS), 1% L-glutamine,  
156 1% sodium pyruvate and 1% penicillin/streptomycin. PANC-1 and HT-29 cells were cultured  
157 in DMEM also supplemented with 10% FBS, 1% L-glutamine and 1% penicillin/streptomycin.  
158 Two normal cell lines were also used to investigate the cytotoxicity of the crude extract.  
159 Human bronchial epithelial cells (BEAS-2B) were cultured in bronchial epithelial cell growth  
160 medium (BEGM) and the mouse fibroblast cells (3T3) were cultured in DMEM with all the  
161 supplements mentioned above. All previous mentioned cell lines were obtained from the  
162 American type culture collection (ATCC).

163  
164 Primary endometrial cancer cell cultures (PC-EM005 and PC-EM002) established from  
165 patients undergoing surgery at the Division of Gynaecologic Oncology, University Hospital  
166 Gasthuisberg, Leuven (Belgium) (approved by the ethical committee, study number: S52732)  
167 were cultured in RPMI 1640 medium with all the supplements described above.

168  
169 The murine pancreatic adenocarcinoma cells (PANC02) were a kind gift from Dr. C.  
170 Gravekamp (Albert Einstein College of Medicine, New York, USA) and were cultured in RPMI  
171 1640 medium supplemented with all the supplements described above.

## 172 173 *Assays*

174 All reagents, including sulforhodamine B, tris(hydroxymethyl)aminomethane (tris) and  
175 trichloroacetic acid were purchased from Sigma-Aldrich or Acros Organics. The SRB assay  
176 was performed as published before (Capistrano I. et al., 2015) and the NR assay was only  
177 used for the cytotoxicity determination on the BEAS-2B cells. This latter experiment was  
178 performed at VITO NV in Mol (Belgium). BEAS-2B cells were seeded in 96-well plates (6400  
179 cells/well suspended in 200  $\mu$ l growth medium). After 48 h of incubation, wells were  
180 exposed to various concentrations (1 – 1000  $\mu$ g/ml) of the extract for 24 h (6 replicate wells  
181 per concentration). After incubation, neutral red staining solution (1% dissolved in growth  
182 medium) was added to the cells and incubated for 2 h. Cells were subsequently washed with  
183 PBS. Neutral red was extracted from the cells by adding 200  $\mu$ l of 10% acetic acid in ethanol  
184 to each well. The optical density was measured at 540 nm using a spectrophotometer. Cell  
185 viability inhibition was calculated relative to solvent control.

186

187 Experiments carried out on the endometrial cell lines and the mouse fibroblast cells were  
188 performed using the *xCELLigence* Real-Time Cell Analysis (RTCA) DP instrument (Roche  
189 Diagnostics GmbH, Mannheim, Germany) at the Division of Gynaecologic Oncology,  
190 Department of Oncology at KU Leuven. Cell proliferation and cytotoxicity experiments were  
191 performed using modified 16-well plates (E-plate, Roche Diagnostics GmbH, Mannheim,  
192 Germany) that were placed in the RTCA DP instrument which was kept in a humidified  
193 incubator at 37 °C and 5% CO<sub>2</sub>/ 95% air. Microelectrodes were attached at the bottom of the  
194 wells for impedance-based detection of attachment, spreading and proliferation of the cells.  
195 Initially, 100 µl growth medium was added to the wells. The plates were kept at room  
196 temperature for 30 min, and then the background impedance for each well was measured.  
197 Cells were harvested from exponential phase cultures by trypsinisation with 0.05% Trypsin-  
198 EDTA and counted by using a Fuchs Rosenthal Counting Chamber. In every well 100 µl (5000  
199 cells/well for the PC-EM005 and PC-EM002 cell lines, 2000 cells/well for the 3T3 cell line) of  
200 the cell suspension was seeded. Water was added to the space surrounding the wells of the  
201 E-plate to avoid evaporation from media out of the wells. After leaving the plates at room  
202 temperature for 30 min to allow cell attachment, in accordance with the manufacturer's  
203 guidelines, they were locked in the RTCA DP device in the incubator. The impedance value of  
204 each well was automatically monitored by the *xCELLigence* system and expressed as a cell  
205 index value (CI). CI was monitored every 5 or 15 min with the *xCELLigence* system. Twenty-  
206 four hours after cell seeding, cells were treated for 48 h with the extract using five different  
207 concentrations in triplicate. PBS was added to control wells also in triplicate.

208

#### 209 *In vitro* cytotoxicity

210 The cytotoxic effect of CM2 was evaluated on various human cancer cell lines *in vitro*, i.e.  
211 MDA-MB-231, PANC-1 and HT-29 using the SRB assay. Various concentrations of CM2 (10 –  
212 1000 µg/ml) incubated for 24 and 72 h were tested in three independent experiments. The  
213 cytotoxic effect of CM2 was also evaluated on the murine PANC02 cell line using the SRB  
214 assay in a concentration range from 1 – 1000 µg/ml (24 h and 72 h incubation time).

215 The cytotoxic effect of CM2B was tested against the PANC02 cell line *in vitro* in the same  
216 concentration range (0.1 – 1000 µg/ml). Three experiments were performed with an  
217 incubation time of 24 h and four experiments with an incubation time of 72 h.

218 The cytotoxic effect of CM2B was evaluated on the BEAS-2B cell line using the NR assay.  
219 CM2B was tested at 7 different concentrations (1 - 1000 µg/ml). A 100 mg/ml stock solution  
220 of the extract was prepared in 5% DMSO and diluted in media in such a way that the highest  
221 end percentage of DMSO did not exceed 0.05%.

222 The effect of CM2B was also evaluated on two primary endometrial cancer cell lines (PC-  
223 EM005 and PC-EM002) and on the mouse fibroblast cells (3T3) using the RTCA system.

224

#### 225 *Calculation of the IC<sub>50</sub> values*

226 For the SRB and NR assay, the survival percentages of the cells were calculated from the  
227 optical density readings as: (mean OD of treated cells/mean OD of control cells) x 100%.

228 These survival percentages were then fitted in a dose-response curve. The concentration of  
229 the crude extract causing 50% of growth inhibition (IC<sub>50</sub>) was then determined by non-linear  
230 regression analysis of the data with the WinNonlin® software (Pharsight, St. Louis, MO, USA)

231 For the RTCA system, the impedance value of each well was automatically monitored by the  
232 *xCELLigence* system in real-time and expressed as CI. A real-time plot of the *xCELLigence*  
233 experiment is then graphed by the system and after normalisation of the CI, a dose-response  
234 curve was plotted and the IC<sub>50</sub> value was calculated. The endpoint that was selected to  
235 calculate the IC<sub>50</sub> value was approximately 48 h after addition of the extract.

236

#### 237 *In vivo evaluation – effect on metastases*

238 An *in vivo* study was performed to evaluate the effect of the *C. majus* defatted extract  
239 (CM2B) on a highly metastatic pancreatic murine model. This study was executed at the  
240 department of Microbiology and Immunology, Albert Einstein College of Medicine (NY, USA).

241 PANC02 cells were cultured in McCoy's medium supplemented with 10% FBS, glutamine (2  
242 mM), nonessential amino acids, sodium pyruvate (1 mM), Hepes (10 mM), and  
243 penicillin/streptomycin (100 U/ml) and were maintained in exponential growth in a

244 humidified 5% CO<sub>2</sub> / 95% air atmosphere at 37 °C. Six-to-eight weeks old female C57BL/6  
245 mice were obtained from Charles River and maintained in the animal husbandry facility of

246 the Albert Einstein College of Medicine according to the Association for Assessment and  
247 Accreditation of Laboratory Animal Care guidelines, and according the guidelines of the

248 Albert Einstein Institute for Animal Studies. The mice were housed under a 10/14 h

249 dark/light cycle at constant temperature and humidity and had access to tap water and food  
250 *ad libitum*.

251 A pilot study was performed to determine the toxicity of *C. majus* on healthy tissues. Non-  
252 tumour-bearing C57BL/6 mice (n = 3 per dose) were given different doses of *C. majus* extract  
253 (0.4, 1.2 and 2.4 mg/kg BW). These doses were given IP daily for 3 days and the acute  
254 toxicity was then evaluated. The mice that received the two lowest doses (0.4 and 1.2 mg/kg  
255 BW) did not show any adverse effects. However, two mice died within 3 h after receiving an  
256 injection at the highest dose (2.4 mg/kg BW) and the last mouse died immediately after the  
257 second injection. Therefore it was preferred to test the cytotoxic effect of CM2B in tumour-  
258 bearing mice using the concentration of 1.2 mg CM2B/kg BW.

259  
260 Cultures of PANC02 cells were harvested using a 0.05% trypsin solution, washed twice in  
261 sterile PBS and resuspended in sterile PBS at a concentration of  $20 \times 10^6$  cells per ml. The  
262 viable cells were counted by using a haemocytometer and trypan blue. Mice (n = 21) were  
263 inoculated with 100  $\mu$ l of the cell suspension in the mammary fat pad. In this PANC02  
264 metastatic model, the primary tumour extends to the chest cavity lining, which is palpable 5  
265 to 7 days after tumour cell injection, but primary tumours stay relatively small, whereas  
266 metastases (visible by eye) predominantly developed in the portal liver, resulting in the  
267 production of ascites in the peritoneal cavity within approximately 20 days. In addition, the  
268 pancreas is heavily infiltrated with PANC02 tumour cells, but less frequently in the  
269 mesenteric lymph nodes, diaphragm, spleen, and kidneys (Quispe-Tintaya, 2013).

270  
271 Three independent experiments were performed with 2 groups, i.e. a control group, which  
272 was given saline (n = 3 mice per experiment) and a treatment group, which was given either  
273 CM2B or Ukrain<sup>TM</sup> or gemcitabine (n = 5 mice per treatment) (Table 1). All mice were  
274 injected with PANC02 tumour cells in the mammary fat pad and monitored for the next 3  
275 weeks. Treatment was administered for 19 days, starting 3 days after tumour inoculation.  
276 The first day of treatment was assigned "day 1" (Fig. 2). The control mice received 300  $\mu$ l  
277 saline IP daily, while the positive control group was given gemcitabine dissolved in saline 3  
278 times/week. It was administered IP at a dose of 60 mg/kg BW. CM2B was administered IP  
279 daily at a dose of 1.2 mg/kg BW and Ukrain<sup>TM</sup> was given 3 times/week at a dose of 3.6 mg/kg  
280 IP. All mice were checked for ascites (swollen abdomen) daily and were sacrificed 23 days

281 after tumour cell injection. The mice were analysed for ascites, tumour weight and the  
282 number of metastases in the peritoneal cavity.

283

#### 284 *Statistical analysis*

285 Statistical analysis of the *in vivo* results was performed by a non-parametric Mann-Whitney  
286 test, using GraphPad Prism 6 (Version 6.01). Values of  $p \leq 0.05$  were considered significant.

287

288

### 289 **Results**

#### 290 *Cytotoxic effects of CM2 on PANC-1, HT29, MDA-MB-231, and PANC02 tumour cell lines and* 291 *of CM2B on PANC02 tumour cell line*

292 A survival curve for each cell line and incubation time is shown in **Fout! Verwijzingsbron niet**  
293 **gevonden..** 3. The calculated  $IC_{50}$  values for these cell lines are summarised in Table 2. The *C.*  
294 *majus* crude extract only exerted a moderate effect on the MDA-MB-231 and PANC02 cells  
295 with an  $IC_{50}$  above 20  $\mu\text{g/ml}$  for both incubation times. A lower  $IC_{50}$  value was observed  
296 when incubated for 72 h compared to 24 h. A relevant cytotoxic effect of CM2 was observed  
297 on PANC-1 and HT-29 at  $IC_{50}$  value around 20  $\mu\text{g/ml}$  for both incubation times. The dose-  
298 response curve of CM2B against the PANC02 cell line is shown in Fig. 4. The calculated  $IC_{50}$   
299 values for this cell line treated with CM2B were  $36.0 \pm 2.6$  for 24 h and  $30.1 \pm 0.7$  for 72 h.  
300 The results observed for the defatted *C. majus* extract on the PANC02 cell line did not differ  
301 from the results observed for the crude extract. The  $IC_{50}$  values for both extracts all ranged  
302 around 35  $\mu\text{g/ml}$  and both extracts were considered having a moderate to high cytotoxic  
303 effect on the PANC02 cell line.

304

#### 305 *Cytotoxic effects of CM2B on BEAS-2B, PC-EM005 and PC-EM002 tumour cell lines, and 3T3* 306 *cells*

307 CM2B was also evaluated on other cell lines *in vitro* using various methods. Fig. 5 shows the  
308 percentage of cell viability inhibition on BEAS-2B cells relative to the solvent control. The  $IC_{50}$   
309 as determined from the fitted curve was 64.38  $\mu\text{g/ml}$ , thus CM2B only exerted moderate  
310 activity against BEAS-2B cells.

311 CM2B was evaluated against the two primary endometrial cancer cell lines (PC-EM005 and  
312 PC-EM002) and the mouse fibroblast cells (3T3) using the RTCA system. Dose-response  
313 curves were plotted and IC<sub>50</sub> values calculated (Table 3). High IC<sub>50</sub> values were observed for  
314 PC-EM005 and 3T3 cells, thus having no relevant cytotoxic effect on these cell lines. For the  
315 PC-EM002 cell line a low cytotoxic effect was observed with an IC<sub>50</sub> of 0.1 mg/ml. Fig. 6  
316 shows a real-time plot of the cytotoxic effect of CM2B on the PC-EM002 cell line. While no  
317 cytotoxic effect of CM2B was found on the PC-EM002 cells at a concentration of 100 µg/ml,  
318 a decline in number of cells was observed starting from a concentration of 250 µg/ml.  
319 Approximately 15 h after adding treatment, a slight increase in number of cells at a  
320 concentration of 250 µg/ml was found, but after some hours a proliferation inhibition was  
321 observed. When treated with 500 µg/ml, again a decline in cell number was observed 3 h  
322 after the treatment was added, and inhibition of proliferation was observed 24 h later.  
323 When cells were treated with 1 mg/ml, a slow decrease in cell number was observed during  
324 the entire incubation period.

325

#### 326 *In vivo evaluation – cytotoxic effect of CM2B on metastases in PANC02 model*

327 Firstly, each mouse was scored based on the degree of ascites (bloody, translucent or no  
328 ascites). The gemcitabine-treated mice did not show any ascites. All mice of the saline  
329 control groups developed bloody ascites. One mouse of the *C. majus* treated group did not  
330 show any ascites, while the four others showed translucent ascites. For the Ukrain<sup>TM</sup> treated  
331 group, 3 mice had bloody ascites and 2 mice had no ascites.

332

333 Secondly, all mice were analysed for tumour weight and number of metastases (Fig. 7).  
334 Treatment with the *C. majus* extract resulted in significantly less metastases compared to  
335 the saline control group. However, the extract did not affect the weight of the primary  
336 tumours. No significant effect of Ukrain<sup>TM</sup> on the number of metastases and tumour weight  
337 was observed compared to the control group. In the positive control group that was treated  
338 with gemcitabine, significantly less metastases were counted in comparison with the saline  
339 control group, but again no significant decrease in tumour weight was observed.

340

341 Although the positive control confirmed that the used model was suitable to evaluate the  
342 cytotoxic effect of the CM2B on the number of metastases, this was merely a pilot study  
343 with promising preliminary results. Therefore further investigation with for example a bigger  
344 sample size is needed. The PANC02 model is an extremely aggressive model, and in the  
345 future less tumour cells should be injected in order to create a longer treatment time period  
346 to fine tune the cytotoxic effects on metastases.

347

#### 348 *Discussion*

349 In this study the cytotoxic effects of two *Chelidonium majus* L. extracts (CM2 and CM2B)  
350 were evaluated on various tumour cell lines *in vitro* and in pancreatic cancer *in vivo*. It was  
351 demonstrated that CM2 showed a high cytotoxic activity against PANC-1 and HT-29, and a  
352 moderate cytotoxic activity against MDA-MB-231, with IC<sub>50</sub> values between 20 and 100  
353 µg/ml. CM2 as well as CM2B showed a moderate to high cytotoxic activity against the  
354 PANC02 cell line. Low to almost no cytotoxic effect was observed on PC-EM005, PC-EM002  
355 and 3T3 cell lines, when treated with CM2B, with IC<sub>50</sub> values above 100 µg/ml. In a pilot  
356 study in mice with pancreatic cancer (PANC02 model), a significant reduction of the number  
357 of metastases was observed compared to the control group, when treated with 1.2 mg  
358 CM2B/kg BW. The extract, however, did not affect the weight of the primary tumours. This is  
359 most likely due to the poor vascularization of the primary tumours in this model (Quispe-  
360 Tintaya et al, 2013). The drug Ukrain<sup>TM</sup>, which was demonstrated to be a preparation  
361 consisting of a mixture of *C. majus* alkaloids has been tested in several human clinical trials,  
362 and results were considered to be quite promising. Increased survival of patients with  
363 colorectal cancer, regression of tumours in patients with bladder cancer, improved survival  
364 of patients with pancreatic cancer, and remarkable symptomatic improvement in patients  
365 with breast cancer was found (Ernst and Schmidt, 2005). While most primary tumours can be  
366 removed by surgery, radiation and/or chemotherapy, for metastases there is still no cure.  
367 The significant reduction in the number of metastases with the CM2B extract of *Chelidonium*  
368 *majus* L. in mice with pancreatic cancer is therefore particularly promising. Ninety-five  
369 percent of all cancer patients diagnosed with pancreatic cancer will die within 6 months of  
370 the diagnosis. Combining CM2B with gemcitabine, which is the most common standard  
371 therapy in patients with pancreatic cancer, may be envisaged but is not supported by  
372 appropriate experimental data yet.

373

374 In conclusion, CM2 showed a high cytotoxic activity *in vitro* against various human cancer  
375 cell lines. CM2 as well as CM2B showed a moderate to high cytotoxic activity against the  
376 PANC02 cell line. In a pilot study with the PANC02 mouse model, *C. majus* (1.2 mg CM2B/kg  
377 BW) showed a significant reduction of the number of metastases compared to the control  
378 group. The extract, however, did not affect the weight of the primary tumours.

379

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387 The authors declare to have no conflict of interest.

388

389

390

### 391 **Conflicts of interest**

392 The authors wish to confirm that there are no known conflicts of interest associated with  
393 this publication and there has been no significant financial support for this work that could  
394 have influenced its outcome.

395

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433

434 **Table 1**

435 Group treatment assignment

<b>Group</b>	<b># mice</b>	<b>Treatment and dose</b>
<b>Negative control</b>	9	300 µl saline IP, daily
<b>Positive control</b>	5	60 mg/kg BW gemcitabine IP, 3x/week
<b><i>Chelidonium majus</i> extract</b>	5	1.2 mg/kg BW IP, daily
<b>Ukrain<sup>TM</sup></b>	5	3.6 mg/kg BW IP, 3x/week

436

437

438

439

440 **Table 2**

441 IC<sub>50</sub> of the *C. majus* crude extract on the tested cell lines

		IC <sub>50</sub> ± SEM (µg/ml)			
		MDA-MB- 231	PANC-1	HT-29	PANC02
<i>C. majus</i>	24 h	73.9*	20.7 ± 1.0	20.6 ± 2.5	34.4 ± 2.8
<b>(CM2)</b>	72 h	57.8 ± 5.1	19.8 ± 2.7	19.4 ± 1.6	33.4 ± 1.4

442 \*No standard error is shown since the best-fit value for the slope was difficult to determine, due to the low amount of data point in that  
 443 area

444

445

446

447 **Table 3**

448 IC<sub>50</sub> of the defatted *C. majus* extract on the tested cell lines

		IC <sub>50</sub> ± SEM (µg/ml)				
		PANC02		PC-EM005	PC-EM002	3T3
<b><i>defatted</i> <i>C. majus</i> (CM2B)</b>	24 h	36.0 ± 2.6		1400	100	1600
	72 h	30.1 ± 0.7	48 h	(R <sup>2</sup> : 0.98)	(R <sup>2</sup> : 0.98)	(R <sup>2</sup> : 0.99)

449

450 **Figure legends**

451 **Fig. 1.** HPLC-UV chromatogram of the defatted *C. majus* extract (CM2B) and the determined  
452 alkaloids i.e. protopine, chelidonine, sanguinarine and chelerythrine. The major (unlabeled)  
453 peak was not pure, but consisted mainly of coptisine.

454  
455 **Fig. 2.** Time line of the *in vivo* metastasis study. Inoculation of tumour cells, start of  
456 treatment and euthanasia are indicated by black arrows. The coloured lines above the  
457 time line indicated the days certain treatments were given. Ukrain<sup>TM</sup> and gemcitabine  
458 (positive control) were given 3 times/week, while the *C. majus* extract (CM2B) group and the  
459 saline group (negative control) were treated daily.

460  
461 **Fig. 3.** Dose-response curves of the different cancer cell lines treated with *C. majus* crude  
462 extract (CM2). Four cancer cell lines were treated with various doses of CM2 for 24 and 72 h.  
463 Three independent experiments were used to fit the curves and to calculate the IC<sub>50</sub> values.

464  
465 **Fig. 4.** Dose-response curves of the PANC02 cell lines treated with the defatted *C. majus*  
466 extract (CM2B). The PANC02 cells were treated with various doses of CM2B for 24 and 72 h.  
467 At least three independent experiments were used to fit the curves and to calculate the IC<sub>50</sub>  
468 values.

469  
470 **Fig. 5.** Dose-response curve and calculated IC<sub>50</sub> for effects on cell viability of BEAS-2B cells  
471 treated with defatted *C. majus extract* (CM2B). The BEAS-2B cells were exposed to various  
472 concentrations (1 – 1000 µg/ml) of CM2B for 24 h (6 replicate wells per concentration).

473  
474 **Fig. 6.** Real-time monitoring of the effect of CM2B on the PC-EM002 cell line. The grey  
475 vertical line (at approximately 24 h) indicates the time-point of cell index normalisation and  
476 time of treatment. This graph shows the mean cell index measurements per concentration  
477 level according to time. The vertical coloured lines show the standard deviation. Effect of the  
478 extract on cell proliferation can be observed starting at a concentration of 250 µg/ml.

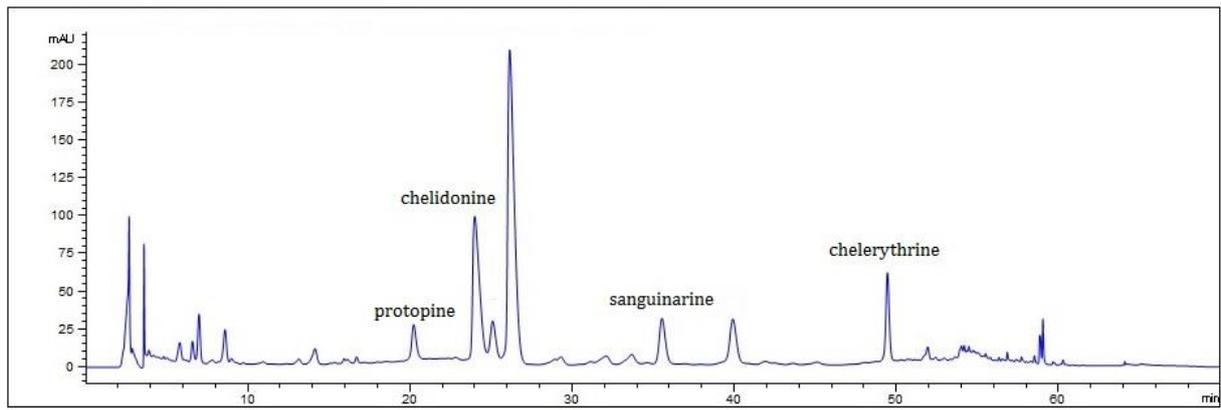
479

480 **Fig. 7.** Effect of the different treatment on the metastasis expressed as the number of  
481 counted metastases  $\pm$  standard error. The non-parametric Mann-Whitney test was used to  
482 determine statistical significance. Values of  $p \leq 0.05$  were considered significant.

483

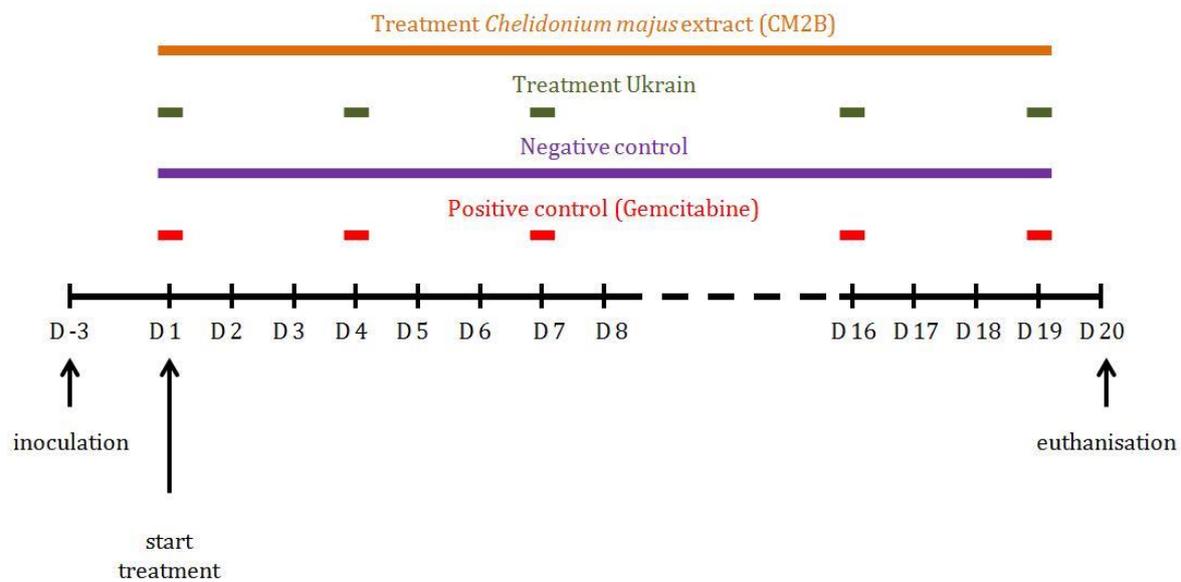
484 **Fig. 8.** Effect of the different treatments on the weight of the primary tumours  $\pm$  standard  
485 error. No significant differences between control and treated groups were observed  
486 regarding the weight of the primary tumours when treated with any kind of treatment.

487



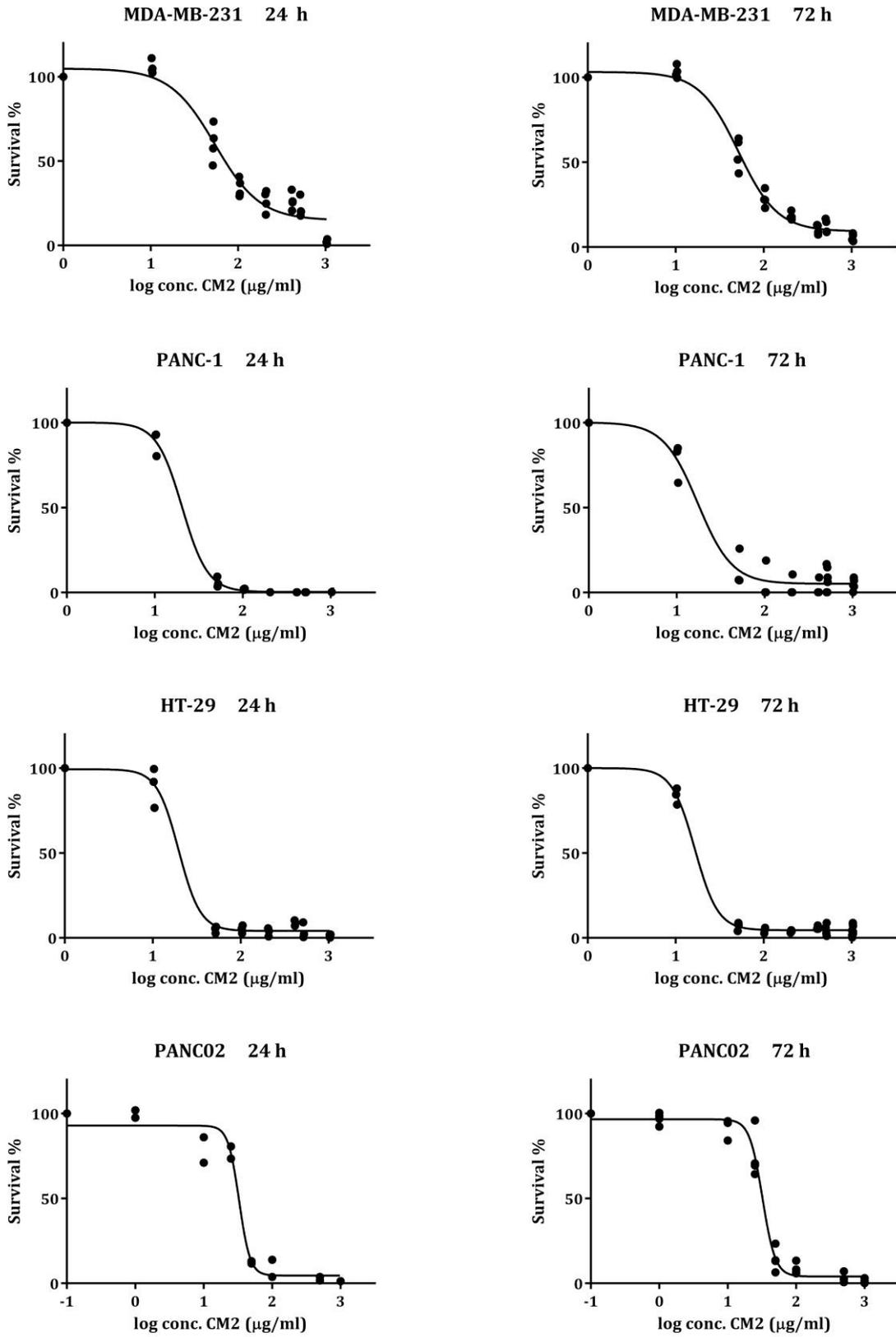
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489 Figure 1



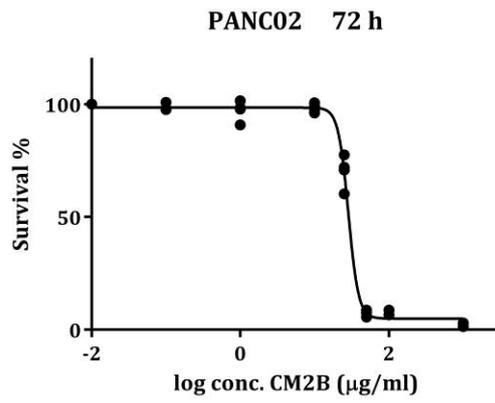
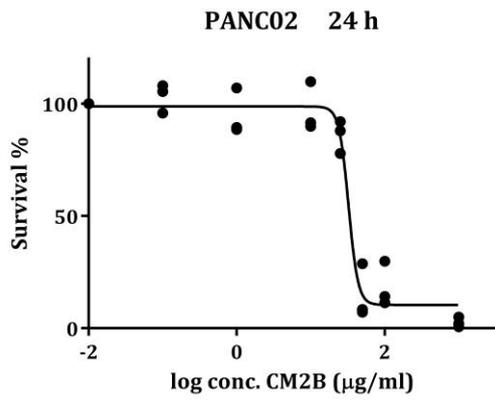
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491 Figure 2



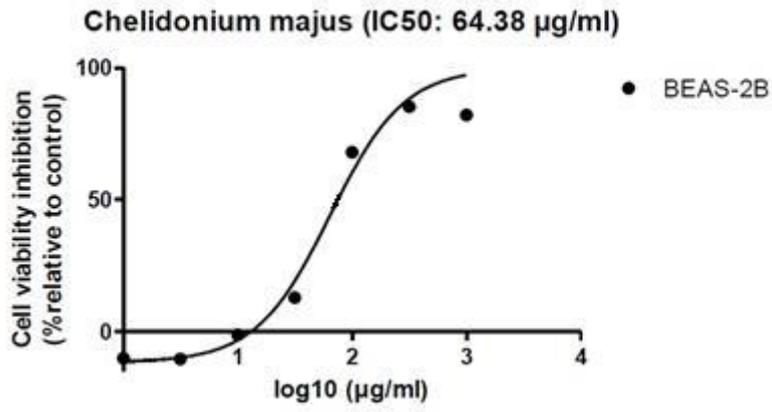
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493 Figure 3



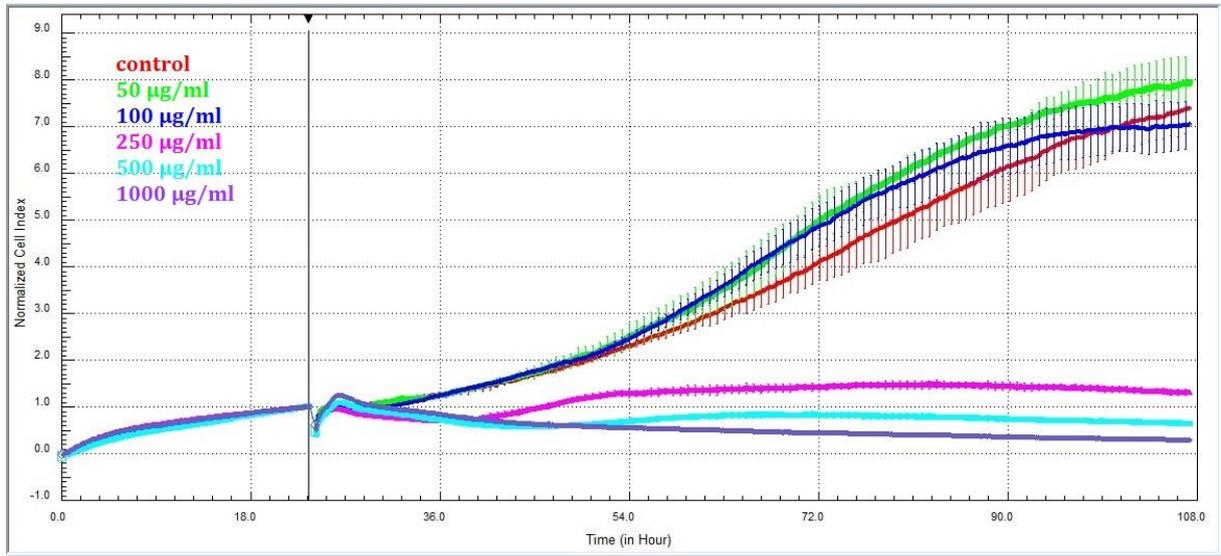
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495 Figure 4



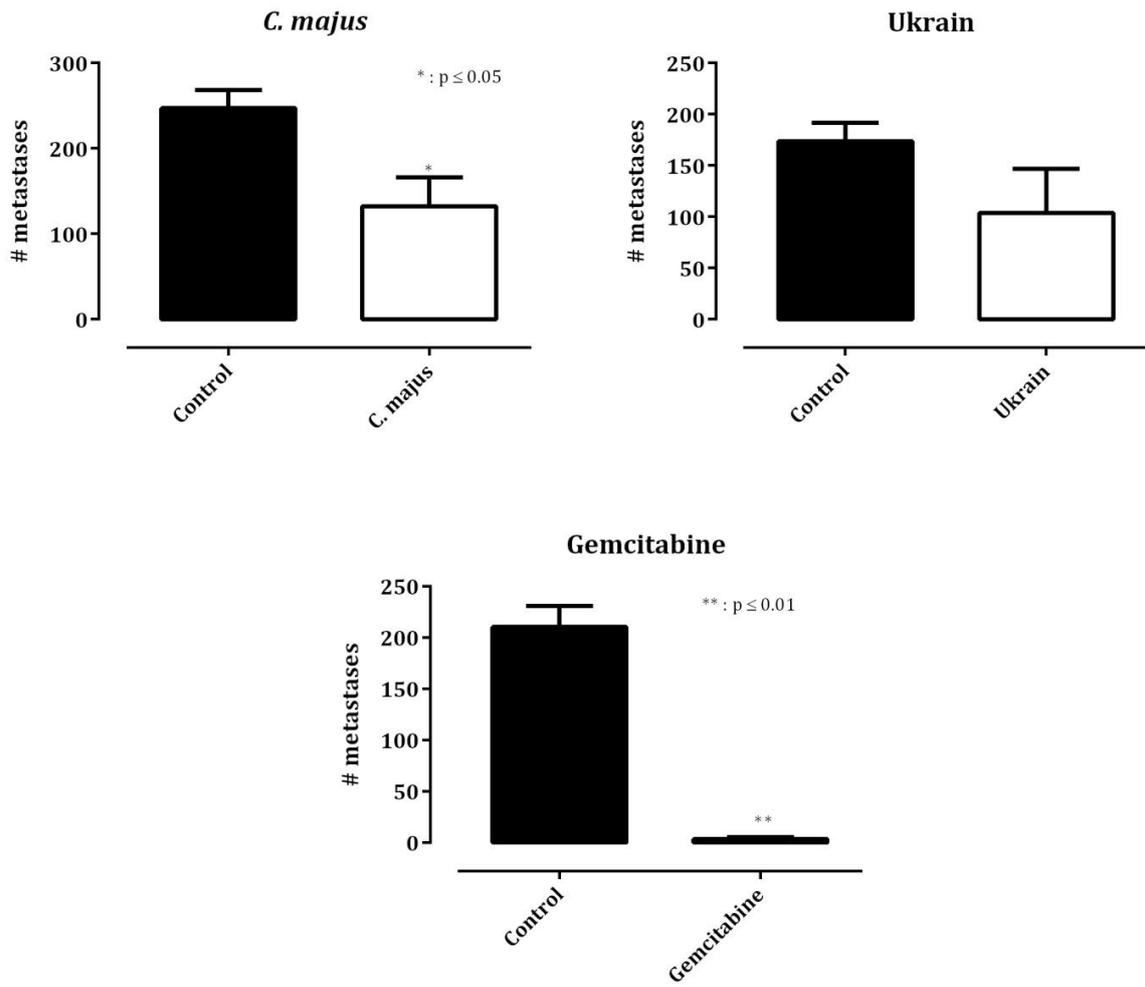
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497 Figure 5



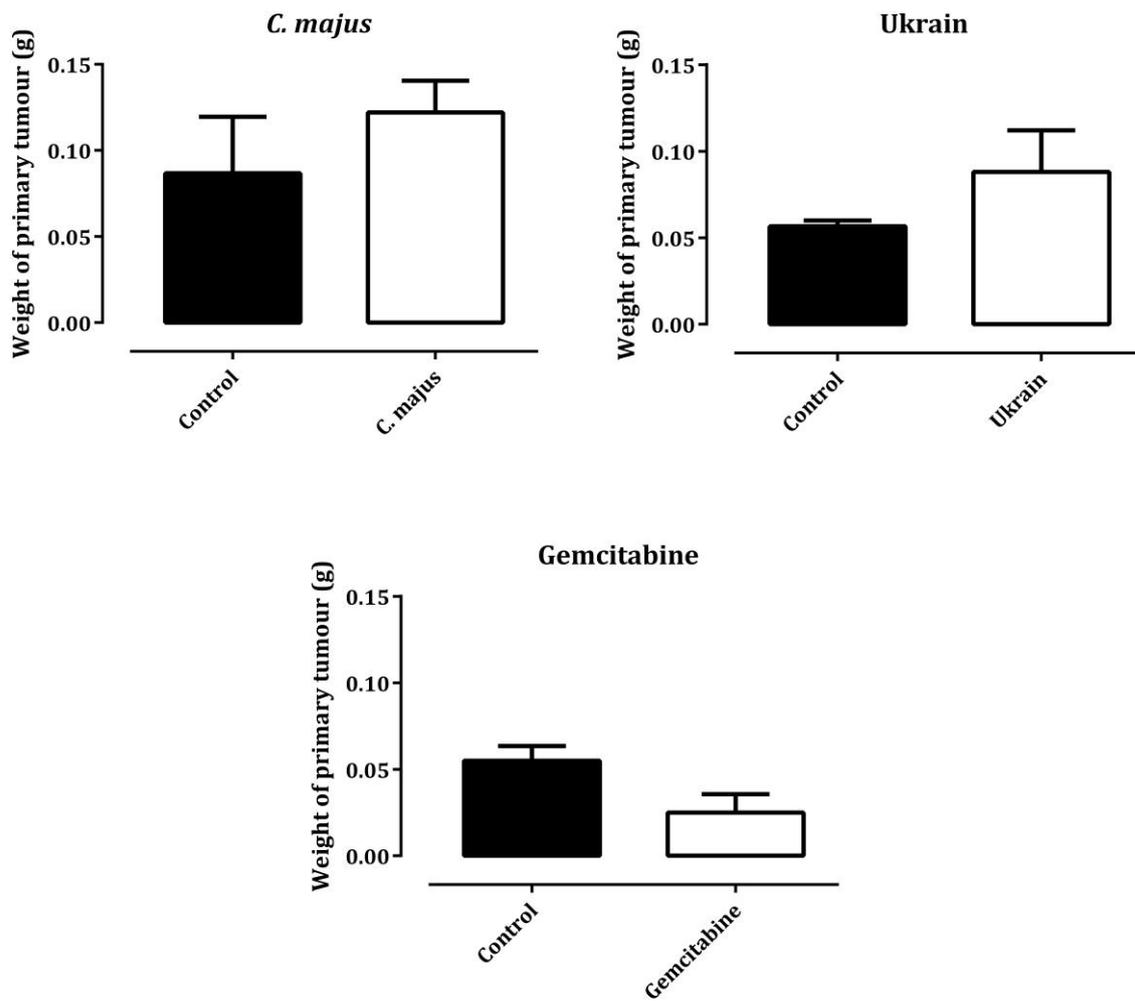
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499 Figure 6



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501 Figure 7



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503 Figure 8