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# Potential Use of Lightweight Aggregate (LWA) Produced from Bottom Coal Ash for Internal Curing of Concrete Systems

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## Abstract

This study evaluates the potential use of a novel lightweight aggregate (LWA), spherical porous reactive aggregate (SPoRA), produced from waste coal bottom ash, for internal curing of concrete. The engineering properties of SPoRA required for concrete internal curing were assessed including specific gravity, porosity, sphericity, water absorption, and water desorption. SPoRA showed a low oven dry specific gravity, ranging from 0.83 to 1.43, accompanied by high porosity which makes it capable of storing the amount of water needed for concrete internal curing. Through X-ray computed tomography (XCT), the high porosity of SPoRA (39.6 % to 57.8 %, by volume) was measured and confirmed, and its sphericity, which influences the workability of concrete, was evaluated. XCT evaluation also showed that the pore structure of SPoRA is well connected, allowing stored water to move through the pore structure to the outer surface during the self-desiccation of concrete. SPoRA's 72 h water absorption not only passed the requirements of ASTM C1761 for internal curing (water absorption > 5 % and minimum of 85 % water desorption at 94 % relative humidity, RH), but also showed superior performance in comparison to LWAs available in the market, which were also evaluated in this study. Moreover, the SPoRA desorption

25 isotherms showed its capability for releasing a favorable amount of absorbed water as the internal  
26 RH decreases during concrete self-desiccation, thereby providing promising desorption behavior  
27 for concrete internal curing and can be a promising LWA for internal curing of concrete.

28 Keywords: Concrete, Lightweight Aggregate, Internal Curing, Pore Structure, Sintering, Sorption  
29 Properties.

30

### 31 **1. Introduction**

32 Curing is an essential process for concrete. Proper curing enables the cement to hydrate and  
33 develop its potential strength and durability. Traditional methods for curing concrete involve  
34 applying external water or curing compounds, neither of which sufficiently penetrate the entire  
35 depth to completely cure the concrete [1,2]. In these cases, where the moisture transport properties  
36 in concrete limit the external water penetrating to the core of the concrete, the internal relative  
37 humidity (RH) can drop low enough to cease the hydration inside the concrete (self-desiccation).  
38 Methods such as internal curing have been recommended to increase curing efficiency in concrete  
39 [3]. For internal curing, an internal medium that stores a sufficient amount of water is added to the  
40 concrete, so that the stored water can gradually release over time to maintain a desirable internal  
41 RH that maintains curing internally. The use of lightweight aggregate (LWA) (i.e., porous  
42 aggregate) in concrete is a promising method to effectively improve concrete curing [3–5]. For  
43 internal curing, LWAs need to possess necessary engineering properties including low specific  
44 gravity, high water absorption capacity, and a connected pore structure that enables water to  
45 effectively absorb, from the outside to the inside during mixing, and desorb from the inside to the  
46 outside of the LWA during concrete self-desiccation [6–9]. While these material properties are  
47 critical factors for internal curing, the negative effects of incorporating LWA on the mechanical

48 properties of concrete, due to the lower stiffness and strength of porous aggregates compared to  
49 non-porous aggregates, can be managed by concrete mixture design modifications [3,10].

50 Accessibility to LWAs for internal curing is becoming increasingly challenging in the United  
51 States (US) due to limited availability in many regions, increasing market demands, costs, and  
52 environmental issues [11]. Accordingly, alternative sustainable methods are needed to produce  
53 LWAs for internal curing [11,12]. One method to produce LWAs is the use of coal combustion  
54 products (CCP) or coal ash [13–15]. Every year, a substantial amount of CCP residues, including  
55 fly ash, bottom ash, boiler slag, fluidized bed combustion ash, and flue gas, are generated during  
56 the combustion of coal in many power plants around the country [15] that have historically led to  
57 a large stock of unused coal ash.

58 Fly ash and bottom ash have been reported as appropriate raw materials for producing LWA due  
59 to the formation of a vitreous phase followed by expansion and creation of porosity at elevated  
60 temperature [11,14,16]. Both types of ashes possess essentially similar elemental constituents, but  
61 their average particle size and shape are different. Bottom ash particles are large in size, mainly  
62 ranging from 150  $\mu\text{m}$  to 20 mm [17], irregular in shape and contain more pores/cavities, compared  
63 to fly ash particles, which are small ( $\approx 20 \mu\text{m}$ ) and more spherical [13]. Bijen reviewed alternative  
64 modes of manufacturing LWA made from fly ash [18]. One process includes mixing of raw  
65 materials, agglomeration, and hardening. Agglomeration techniques consist of agitation,  
66 granulation, and compacting. Hardening, involving sintering, autoclaving and cold bonding, was  
67 introduced. The sintering was found to be acceptable for a high carbon content fly ash, while  
68 autoclaved and cold bonded pellets were found to be preferable for low carbon fly ash [18]. Verma  
69 et al. [19] examined the use of fly ash blended with water and clay soil as binders to enhance the  
70 cohesion of pelletized nodules for the LWA sintering process between 1050 °C and 1200 °C. The

71 LWA produced had an oven-dry specific gravity of 1.23 and water absorption ranging from 15 %  
72 to 20 %. Zorić et al. [20] used fly ash, waste glass, and carboxyl methyl cellulose (CMC) as raw  
73 materials for production of LWA. Waste glass powder was used to provide a slag phase during the  
74 sintering procedure, while the CMC was a blowing agent for generating pores. The LWA was  
75 sintered at 1150 °C and had a 24 h water absorption of 42.7 %. In studies by Bethanis et al. [21]  
76 and Cheeseman et al. [22], bottom ash was used as a raw material to produce LWA. Bethanis et  
77 al. [21] used a temperature range between 1020 °C and 1100 °C for the sintering process and a  
78 residence time of 1 h at the maximum temperature. They observed reductions in LWA water  
79 absorption as sintering temperature increased because of reductions in the connected and water-  
80 accessible pores. Cheeseman et al. [22] added a controlled amount of water into the milled powder  
81 to produce identical 8 mm to 10 mm spherical pellets. The aggregates sintered at 1000 °C to  
82 1050 °C had average densities ranging from 1.4 g/cm<sup>3</sup> to 1.6 g/cm<sup>3</sup> with a water absorption value  
83 near 10 %. Karayannis et al. [23] utilized fly ash and bottom ash as their raw materials, where the  
84 fly ash had a much higher CaO content than bottom ash, but had less residual carbon. They  
85 prepared green pellets (prior to sintering) with 13 mm diameter using a stainless-steel die, and  
86 applied pressure using a hydraulic press during pelletization. They used two-step sintering, where  
87 the temperature first reached 1150 °C, then was rapidly cooled to 950 °C and was held isothermally  
88 for 2 h or 4 h. The advantages of this two-step sintering process were reported to be: (1) obtaining  
89 more pronounced crystallinity from the fly ash and bottom ash and (2) forming finer  
90 microstructures and more interconnected porosity [23].

91 While processes in which LWAs can be made using CCP have been documented in the literature,  
92 the main goal of this study is to evaluate the potential use of a novel LWA, spherical porous  
93 reactive aggregate (SPoRA) produced from waste bottom ash, for internal curing of concrete.

94 SPoRA possesses three main features that make it a unique LWA in comparison to traditional  
95 LWAs: a spherical shape to increase the workability of concrete, a porous structure that can absorb  
96 and desorb water for internal curing, and a glassy surface (with crystalline internal structure) that  
97 can enable surface reactivity with cementitious phases in concrete, ensuring a better bond with the  
98 cement paste matrix [24]. Previous works [24,25] have shown that SPoRA can be successfully  
99 produced from bottom ash through a sintering process. This paper extends this earlier work and  
100 the main objective of this paper is to evaluate the engineering properties of SPoRA that are required  
101 for internal curing of concrete. Engineering properties important to LWAs, including porosity,  
102 sphericity, specific gravity, water absorption, and water desorption, were measured to evaluate  
103 whether SPoRA can serve as an LWA that is efficient for concrete internal curing. The pore  
104 structure, porosity and sphericity of SPoRA were characterized using X-ray computed tomography  
105 (XCT). Time dependent water absorption was measured to evaluate SPoRA's capability in storing  
106 a sufficient amount of water for cement hydration in its pore structure. Water desorption behavior  
107 of SPoRA was characterized using a vapor sorption analyzer (VSA) to evaluate SPoRA's  
108 capability in releasing a promising portion of the stored water from its pore structure to help  
109 cement hydration to continue inside the concrete.

## 110 **2. Experimental program**

### 111 *2.1 Materials*

112 Two types of bottom ash were used in this study to produce SPoRA: (1) high-calcium content ash,  
113 denoted by WP, and (2) low-calcium content ash, denoted by NV. The oxide compositions were  
114 measured by a Bruker S8 Tiger Wavelength Dispersive X-ray Fluorescence<sup>1\*</sup> instrument by the

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\* Certain commercial equipment, software and/or materials are identified in this paper in order to adequately specify the experimental procedure. In no case does such identification imply recommendation or endorsement by the National Institute of Standards and Technology, nor does it imply that the equipment and/or materials used are necessarily the best available for the purpose.

115 bottom ash vendor according to ASTM D4326–13 [26] and are provided in Table 1. The crystalline  
 116 phases were detected by X-ray diffraction (XRD) using a Bruker D2 PHASER with Cu radiation.  
 117 The observed and calculated spectra (obtained with the Rietveld refinement method) are shown in  
 118 Figure 1. The main NV mineral components were quartz, mullite, calcite, vaterite, and hematite.  
 119 For the WP ash, the detected minerals included quartz, mullite, calcite, gehlenite, lime, and  
 120  $\text{CaAl}_2\text{O}_4$ . A stronger peak corresponding to quartz was observed in NV in comparison to WP,  
 121 which is consistent with the higher  $\text{SiO}_2$  content (see Table 1), whereas considerable amounts of  
 122 calcite and lime were found in WP as reflected by a higher calcium (CaO) content in WP than NV.

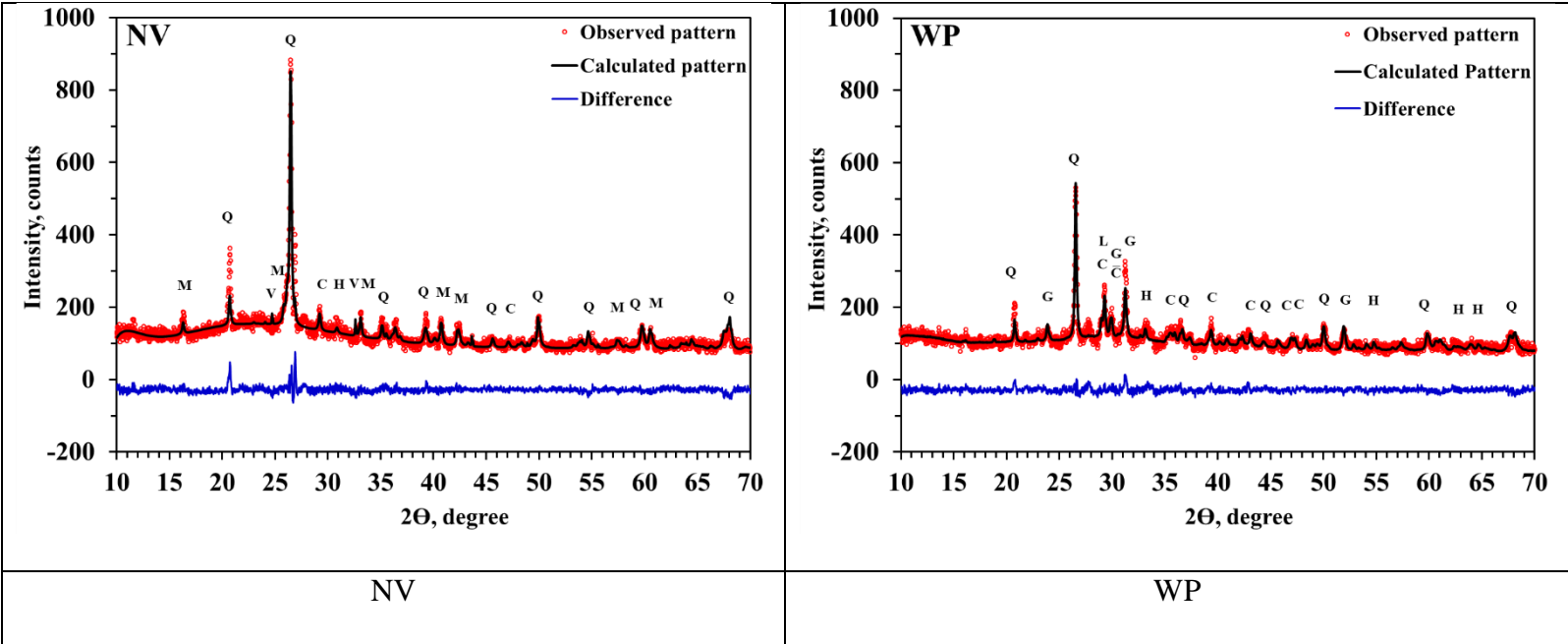
123

124 Table 1. Oxide compositions of NV and WP ashes used in this study [24]

<b>Chemical Composition</b> (% by mass)	<b>Sample Name</b>	
	<b>NV</b>	<b>WP</b>
$\text{SiO}_2$	63.2	43.1
$\text{Al}_2\text{O}_3$	20.1	17.1
$\text{Fe}_2\text{O}_3$	6.66	7.29
$\text{SO}_3$	0.39	0.64
CaO	3.51	22.5
$\text{Na}_2\text{O}$	1.43	1.19
MgO	0.97	4.10
$\text{K}_2\text{O}$	1.13	0.41
$\text{P}_2\text{O}_5$	0.09	0.91
$\text{TiO}_2$	1.03	1.25
<b>Total</b>	<b>98.53</b>	<b>98.52</b>

125

126



127

128 Figure 1. XRD spectra of NV and WP ash. Quartz=Q, Mullite=M, Calcite=C, Vaterite=V,  
 129 Hematite=H, Gehlenite=G, Lime=L and  $\text{CaAl}_2\text{O}_4=\bar{\text{C}}$ .

130

131

132

133 *2.2 SPoRA preparation procedure*

134 A five-step process [24] was used to produce the SPoRA. In Step 1, the moisture of the bottom  
 135 ash was removed in an oven at a temperature of  $110\text{ }^\circ\text{C} \pm 5\text{ }^\circ\text{C}$  until the mass of the ash reached a  
 136 constant value. After drying, mechanical sieving (step 2) was used to divide the ash into five size  
 137 ranges, which were then blended in amounts that followed the Fuller equation (Equation 1):

138 
$$P_i = \left(\frac{d_i}{D}\right)^n \times 100\% \tag{Equation 1}$$

139

140 where:



141  $P_i$  = Percent by mass passing the  $i^{\text{th}}$  sieve

142  $d_i$  = Opening size of the  $i^{\text{th}}$  sieve,  $\mu\text{m}$

143  $D$  = Maximum particle size,  $\mu\text{m}$

144  $n$  = Fuller exponent

145 The maximum particle size chosen was 600  $\mu\text{m}$  (i.e., all particles passed the #30 or 600  $\mu\text{m}$  sieve),  
146 since pellets could not be produced with larger particles. The value of  $n$  was selected to be 0.5 in  
147 order to maximize the packing density [27].

148

149 In Step 3, the blended ash was mixed with NaOH aqueous solutions (2.5 mol/L, 6.25 mol/L and  
150 10 mol/L) to give mass concentrations (mass of solid NaOH per mass of bottom ash) of 4 %, 10 %,  
151 and 16 % at a liquid/solid (L/S) ratio of 0.4. The wet mixes were then compacted into a spherical  
152 pellet (green pellet) with a diameter of 16 mm using a plastic mold and a compressive load of  
153 18.77 N. NaOH was added as a fluxing agent to lower the melting temperature of the ashes as well  
154 as to reduce the viscosity of their molten phase. The NaOH addition was also found to chemically  
155 bind bottom ashes by initiating geopolymerization, which helped to retain the spherical shape of  
156 the green pellets before the sintering process. Samples were made to be spherical since spheres  
157 provide the minimum aggregate surface area that not only can improve concrete workability, but  
158 also can result in lower paste and cement demand in the concrete mixture. The L/S ratio of 0.4 was  
159 found to provide the best dry integrity (cohesion of particles) for green pellets. After demolding  
160 the green pellets, moisture was removed in Step 4 by placing the green pellets in a controlled  
161 environmental chamber at 40 °C and 30 % RH for 30 h. Finally, in Step 5, the pellets were sintered  
162 in a tube furnace at a temperature of 1160 °C. Residence times of 4 min and 8 min were used,

163 followed by immediate natural cooling to room temperature (23 °C). Table 2 shows the types of  
 164 SPoRA prepared in this study. Aggregates are abbreviated by the following format: XX-X%-Xmin  
 165 where XX represents bottom ash type (NV or WP), X% is the NaOH concentration (% by mass),  
 166 and Xmin is sintering time (in min), respectively. For instance, WP-10%-8min indicates  
 167 aggregates that are made from WP ash with 10 % NaOH concentration (by mass) and sintered for  
 168 8 min.

169

170

Table 2. SPoRA preparation matrix

Ash type	L/S	Residence time	NaOH concentration (%)			Code*			
NV	0.4	4 min	4	10	16	NV-4%-4min			
						NV-4%-8min			
			8 min	4	10	16	NV-10%-4min		
							NV-10%-8min		
		8 min	4	10	16	NV-16%-4min			
						NV-16%-8min			
			WP	0.4	4 min	4	10	16	WP-4%-4min
									WP-4%-8min
8 min	4	10				16	WP-10%-4min		
							WP-10%-8min		
8 min	4	10	16	WP-16%-4min					
				WP-16%-8min					

171 \*For each aggregate type, at least three replicates were produced for further testing.

172

173

## 174 *2.3 Testing procedures*

### 175 *2.3.1 X-ray Computed Tomography (XCT)*

176 The porosity and pore structure, which influence density, absorption, and desorption properties of  
177 the SPoRA, can be interpreted from data obtained from the XCT tests [28]. Moreover, a physical  
178 shape parameter, such as the sphericity index, can be calculated using XCT data [29]. The XCT  
179 test was performed using a Zeiss Versa XRM 500 system. XCT is a non-destructive three-  
180 dimensional imaging technique that captures 2D X-ray projections (radiographs) of a sample  
181 (mounted to a stage) as the stage is rotating. A series of 2D projections were taken from each  
182 SPoRA sample and stacked together to image the entire 3D sample volume [30]. The 2D  
183 projections represent the difference in X-ray attenuation at each point, which depends on the  
184 material density and average atomic number at that point. In the reconstructed images, solid voxels  
185 appear brighter [31,32] while pores appear to be dark gray or black. The SPoRA images were taken  
186 with voxels of edge length approximately 18  $\mu\text{m}$ , with some variations among aggregates. The X-  
187 ray source was set for 80 kV and 87  $\mu\text{A}$  during imaging.

188 For each SPoRA sample, approximately 800 XCT stack images were obtained. Images were  
189 analyzed by ImagePro Analyzer software [33]\*. The 16 bit 2D reconstructed slices that came  
190 directly from the XCT instrument were first converted to 8 bit images, i.e., 0 to 255 grayscale  
191 value (GSV), in order to reduce the computer memory requirement for image analysis.  
192 Segmentation was then implemented to separate solid phases from pore phases. For segmentation,  
193 a simple global thresholding method (generally different for each SPoRA) was used, in which a  
194 single GSV threshold was selected based on image intensity histogram analysis. Voxels with GSV

195 less than the selected threshold were assigned to pores ( $GSV = 255$ ) while voxels with GSV larger  
196 than the threshold were assigned to solid phases ( $GSV = 0$ )[31,34].

197

198

### 199 *2.3.2 Specific gravity and sorption properties*

200 The specific gravity and sorption properties of the SPoRA samples were measured. Additionally,  
201 three manufactured LWAs were evaluated as references for comparison. These three reference  
202 LWAs included two natural LWA samples (Sample A and Sample B) that are made from expanded  
203 shale, clay and slate (ESCS) and one foamed glass LWA produced from waste glass.

204 A buoyancy method was used according to ASTM C127 [35] to measure the specific gravity of  
205 the SPoRA samples. Oven dry (OD), saturated surface dry (SSD), and apparent specific gravity,  
206 which depends on the solid constituents and does not consider the pore space within the materials,  
207 were obtained. Additionally, the vacuum absorption capacity, which indicates the maximum  
208 possible absorption capacity of an aggregate, was measured. To obtain the OD mass, SPoRA  
209 samples were dried in an oven at a temperature of  $110\text{ }^{\circ}\text{C} \pm 5\text{ }^{\circ}\text{C}$  for a minimum of 12 h. OD  
210 samples were de-aerated with a vacuum pump (pressure of  $1.33\text{ kPa} \pm 0.33\text{ kPa}$ ) for 3 h followed  
211 by introducing deionized water, which was previously de-aerated, to the samples under vacuum  
212 conditions. Samples continued to be de-aerated under vacuum for an additional 1 h. After vacuum  
213 saturation of the samples, the surface water was removed and the SSD mass was measured.  
214 Samples were then placed in the buoyancy container and the apparent mass was measured.

215 It is important to note that the water absorption in the SPoRA samples takes place over time;  
216 therefore, a Volumetric Flask method [10] was conducted separately on the OD samples to

217 evaluate the water absorption as a function of time. Water absorption was measured at intervals  
218 described in [10] up to 120 h.

219

220

### 221 *2.3.2 Desorption properties*

222 The effective desorption of water from saturated SPoRA samples over time is an essential  
223 parameter controlling the release of water for internal curing during concrete self-desiccation when  
224 the internal RH drops continuously during hydration. Accordingly, desorption isotherms were  
225 obtained for the SPoRA samples using a vapor sorption analyzer (VSA). The VSA was also  
226 performed on the reference LWAs. To prepare a VSA test specimen, the aggregate was first cut  
227 using a diamond saw into slices with thicknesses of 1 mm to 2 mm. Then a small piece (40 mg to  
228 55 mg) was obtained by breaking the slice using twistlers and placed in a VSA pan. The pan  
229 containing the specimen was suspended from the VSA balance ( $\pm 0.001$  mg accuracy) and placed  
230 in the RH chamber to equilibrate, defined as the point where the mass change reaches a value less  
231 than 0.001 % per 15 min at  $23.0 \text{ }^\circ\text{C} \pm 0.05 \text{ }^\circ\text{C}$  and  $98 \% \pm 0.1 \% \text{ RH}$ . Afterwards, the RH in the  
232 chamber was decreased in discrete intervals of 1 % RH to reach 80 % RH, allowing the sample to  
233 equilibrate at each interval (same definition of equilibrate). The chamber RH was then dropped to  
234 0 % RH to fully remove all moisture from the specimen.

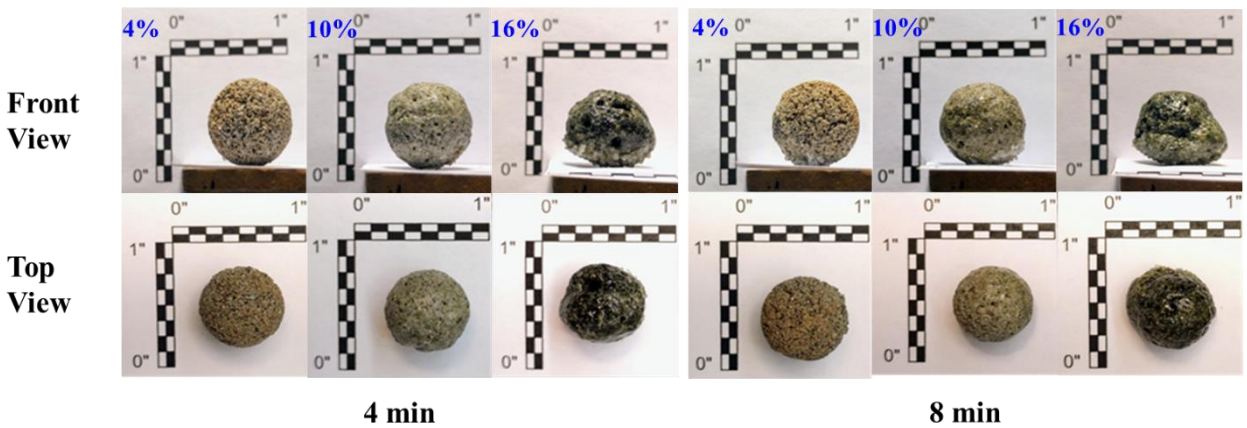
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## 236 **3. Results and discussion**

### 237 *3.1 Physical appearance*

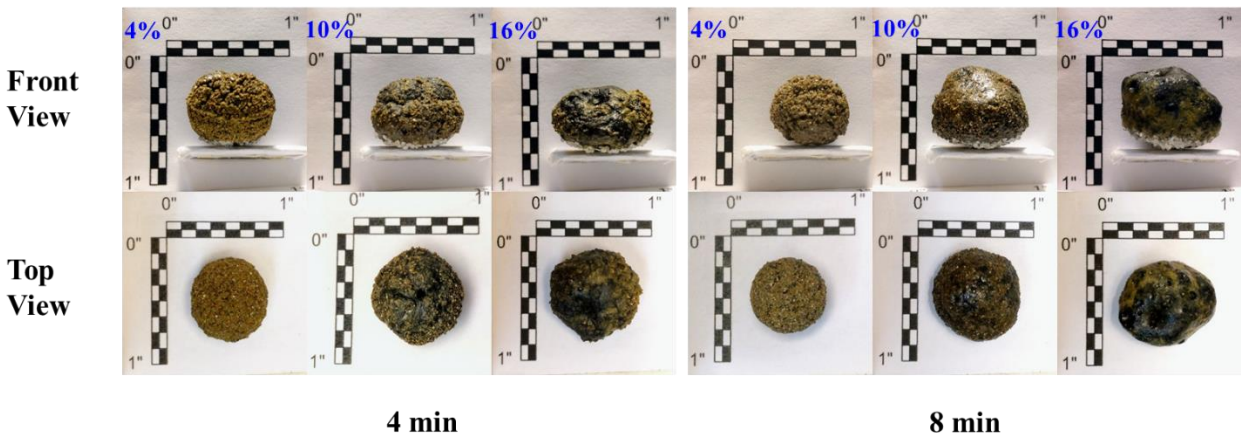
238 For each SPoRA sample described in Table 2, multiple replicates were produced. To evaluate the  
239 appearance and shape of SPoRA, high-quality photos were taken from different directions: top

240 view, where the direction of the photo was aligned with the gravitational direction of the pellet  
 241 during the sintering process, and front view, where the direction of the photo was perpendicular to  
 242 the gravitational direction of the pellet during the sintering process. The distance between the  
 243 camera and the aggregate were kept constant during imaging to maintain the same magnification  
 244 for all photos. Figure 2 and Figure 3 show representative images of SPoRA generated from NV  
 245 and WP ashes, respectively. Various sample replicates possessed approximately the same physical  
 246 appearance for each specific category of aggregates (considering ash type, NaOH concentration,  
 247 and residence time); the representative images shown in Figure 2 and Figure 3 were selected to  
 248 best illustrate the overall physical appearance of the SPoRA samples.



249

250 Figure 2. Front and top views of sintered NV at 1160 °C for 4 min and 8 min (the percentage in  
 251 the upper left corner of each image is the NaOH concentration). The patterned bars show 25.4  
 252 mm (1 in).



254

255 Figure 3. Front and top views of sintered WP at 1160 °C for 4 min and 8 min (the percentage in  
 256 the upper left corner of each image is the NaOH concentration). The patterned bars show 25.4  
 257 mm (1 in).

258

259

260

261 For the NV aggregates, it was found that at NaOH concentration of 4 %, the aggregate does not  
 262 deform during the sintering process. These SPoRAs appeared to be yellowish-brown in color with  
 263 a granular texture surface. As the NaOH concentration increased to 10 %, the NV aggregate was  
 264 still spherical, while the color changed to pale grey with a noticeably glassy surface. As the NaOH  
 265 concentration increased to 16 %, the aggregate exhibited the greatest deformation as the amount  
 266 of liquid molten phase increased during the sintering process [24]. Also, its color became dark  
 267 grey and with a more pronounced glassy surface.

268 For the WP material, the aggregate started to deform at NaOH concentration higher than 4%, and  
 269 the level of deformation increased as the NaOH concentration increased. While the surface of the  
 270 4% NaOH aggregate appeared to be granular and yellowish brown, it transformed to a smooth  
 271 dark glassy surface for 10 % and 16 % NaOH.

272 Comparing the two types of aggregates at 4 % NaOH, the WP-4%-4min seemed to have a weaker  
273 bonding in comparison to NV-4%-4min as after sintering some particles fell off during handling.  
274 This can be attributed to the fact that no glassy surface formed on the WP-4%-4min aggregates,  
275 which would have helped maintain the integrity of the aggregate.

## 276 *3.2 X-ray CT results*

### 277 *3.2.1 Cross-sectional binary images of SPoRA*

278 The cross-sectional binary images of SPoRAs sintered for 4 min and 8 min are depicted in Figure  
279 4 and Figure 5, respectively. The x-ray CT images were taken from samples selected by their  
280 overall physical appearance as described in Section 3.1 (shown in Figure 2 and Figure 3). For each  
281 aggregate shown, the cross section through the middle of the aggregate was selected and presented  
282 in Figure 4 and Figure 5. As was mentioned, the solid phases have GSV=0 (black) while the pores  
283 have GSV=255 (white). In Figure 4, NV aggregates with three NaOH concentrations were sintered  
284 for 4 min. The pore size increased with NaOH concentration. In NV-4%-4min, there are many  
285 voids that are interconnected, which is important for the sorption properties of the aggregate. This  
286 morphology suggests that the ash particles were not completely molten during the sintering process,  
287 and they were loosely bonded. For NV-10%-4min and NV-16%-4min, they have a denser interior  
288 structure in comparison to 4 % NaOH with many small pores well distributed. Also, large and  
289 round pores were observed along the outer layer of the aggregates. The formation of these large  
290 pores can be attributed to degassing of the slag phase in the form of bubbles [36], which escaped  
291 from the interior to the surface [14]. Identifying the gaseous products formed during sintering and  
292 their sources is an ongoing work. In our previous paper [24], it was found that the surface of NV  
293 aggregates attained the high temperature (1160 °C) during sintering, while the core of the  
294 aggregate had slightly lower temperature; therefore, the molten phase formed near the surface layer



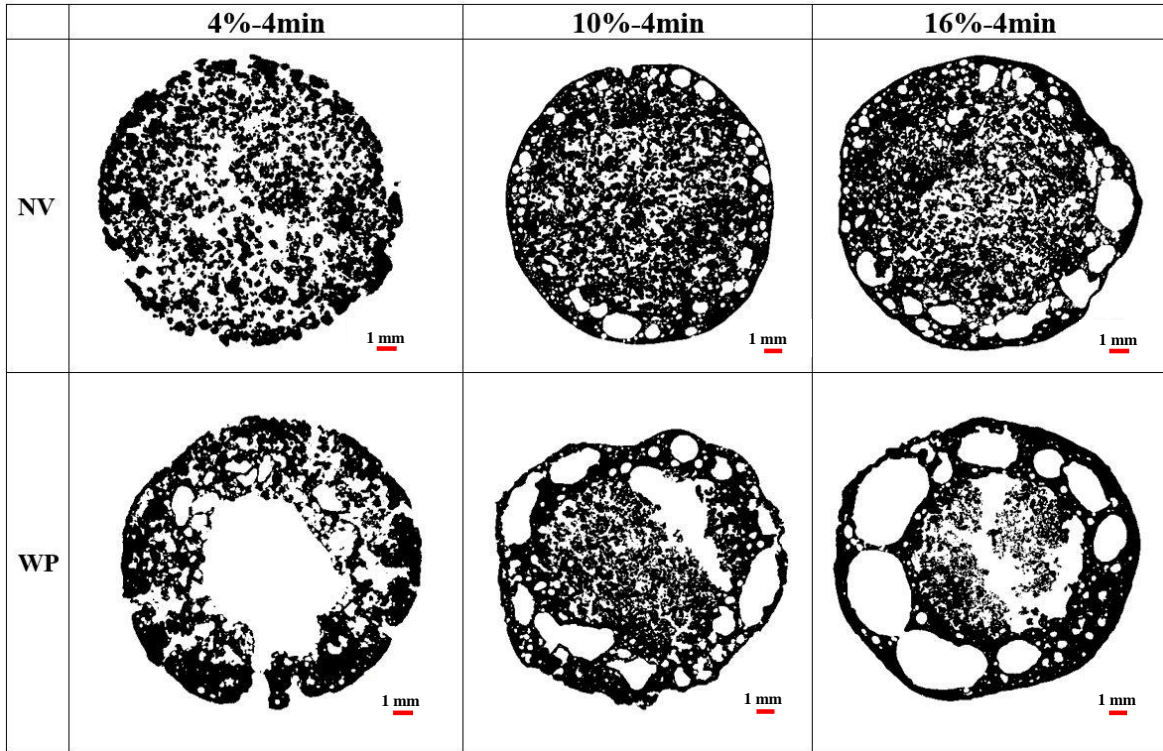
295 and was able to entrap the bubbles close to the surface. As the sintering time increased to 8 min  
296 (Figure 5), the morphologies are similar to those of 4 min sintering, revealing large and round  
297 pores near the surface of the aggregate for NV-10%-8min and NV-16%-8min.

298

299 For the WP aggregates (Figure 4 and Figure 5), in general the sizes of the voids and pores are  
300 much larger than those in NV aggregates, suggesting that more gas phase was generated during  
301 the sintering of this type of coal ash. A possible explanation of this difference is the fact that the  
302 liquid phase of the NV aggregates had a higher viscosity in comparison to the liquid phase of the  
303 WP aggregates [24].

304 For WP-4%-4min, a large void was observed in the middle of the aggregate (Figure 4), which is  
305 originated from entrapment of gaseous phase by the liquid phase. As reported in our previous study  
306 [24], increasing the NaOH concentration in the WP aggregates increases the volume of the liquid  
307 phase and lowers the viscosity of the molten phase due to the high calcium content of the WP ash.  
308 Accordingly, WP-10%-4min contained entrapped pores near the surface. The entrapped pores in  
309 the surface layer for WP-16%-4min are larger than those in WP-10%-4min.

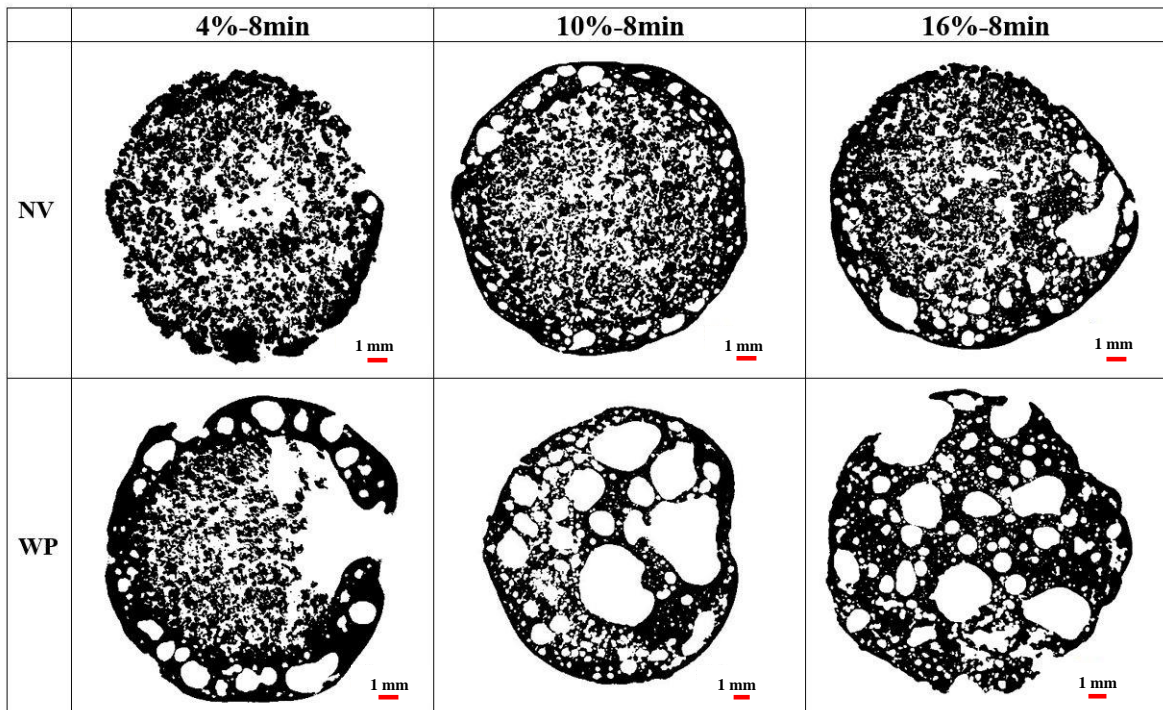
310 In Figure 5, WP-4%-8min showed a similar morphology as WP-4%-4min; i.e., a large void in the  
311 center of the aggregate, while a series of pores were also observed near the surface of the aggregate.  
312 Interestingly, increasing the sintering time to 8-min for WP-10 % and 16 % led to entrapment of  
313 pores throughout the entire aggregate. This is because the entire aggregate (both the surface and  
314 interior) had sufficient time to experience a high temperature (1160 °C) during sintering [24]. As  
315 a result, the molten phase formed in the entire aggregate, so gas bubbles could be entrapped in all  
316 parts of the aggregate.



317

318

Figure 4. 2-D projections of SPoRA sintered for 4 minutes



319

320

Figure 5. 2-D projections of SPoRA sintered for 8 minutes

321

### 322 3.2.2 Porosity

323 In order to calculate the porosity of aggregates using XCT results, an aggregate's total cross-  
324 sectional area (without considering any of the pores) and area of solids were obtained for each  
325 binary image in each 3D data set. By computing the aggregate's total cross-sectional area, adding  
326 all the slices together, and using the voxel size, the total volume of each aggregate was obtained.  
327 The same procedure was used for the solid area, and by taking the ratio, the porosity was calculated  
328 using Equation 2.

329

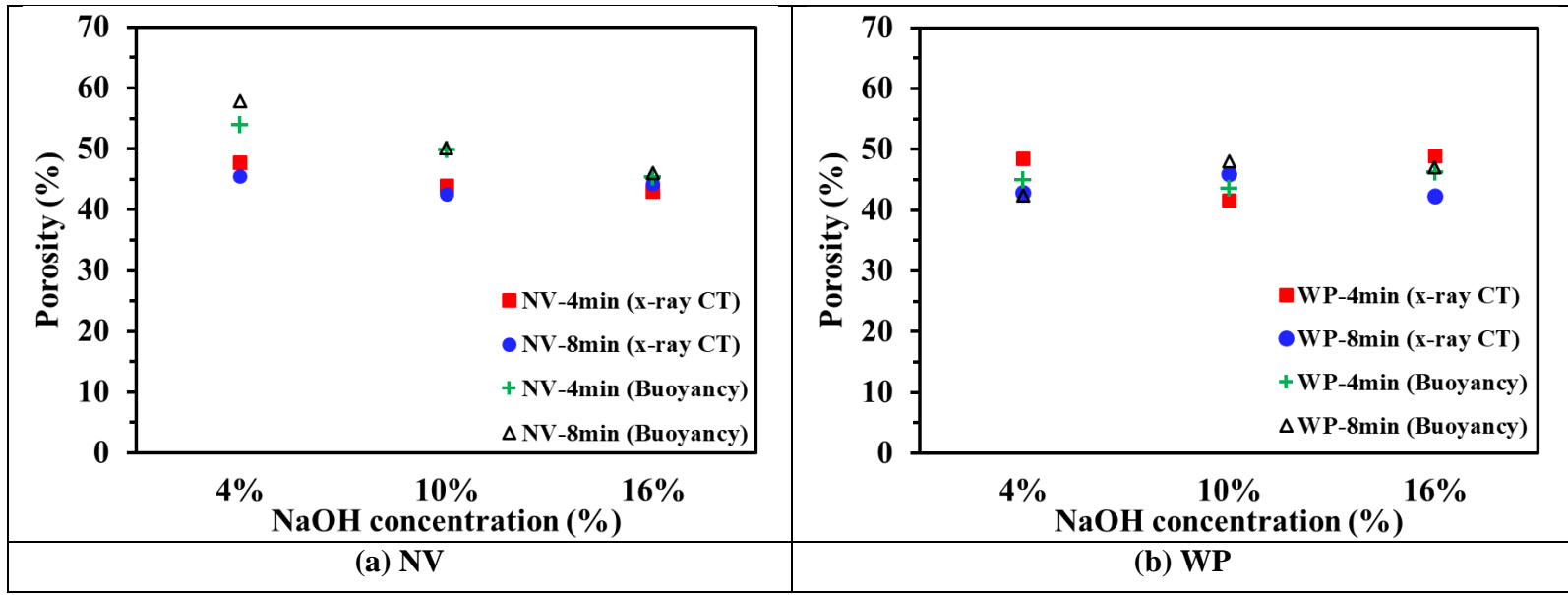
$$330 \quad P = 1 - \frac{\textit{Total volume of solids}}{\textit{Total volume of aggregate}} \quad \text{Equation 2}$$

331

332 The porosity of the NV and WP aggregates was also obtained using a buoyancy method according  
333 to ASTM C127 [35]. The porosity values calculated using the buoyancy and XCT methods are  
334 presented in Figure 6. As can be seen in Figure 6(a), for the NV aggregates, lower values of the  
335 porosity were obtained using XCT analysis than those obtained with the buoyancy method,  
336 especially at 4 % and 10 % NaOH concentrations. This may be attributed to pores in the NV  
337 aggregate that were smaller than about twice the XCT voxel size, 18  $\mu\text{m}$ , and so were not detected  
338 by the XCT. Other factors such as testing different samples for buoyancy and XCT, and error in  
339 segmentation could lead to the observed difference between porosity measured by buoyancy and  
340 XCT. Uncertainties in segmentation also produce uncertainties in porosity of 3.1%. It should be  
341 mentioned that for NV-10%-4 min, NV-16%-8 min, WP-10%-8min, and WP-16%-4min, two  
342 replicates were analyzed using XCT with coefficients of variation equal to 17.9 %, 10.7 %, 10.4 %,  
343 and 8.1 %, respectively, to calculate the porosity uncertainty for the XCT data, and their average

344 porosity is reported in Figure 6(a). For NV aggregates, a decreasing trend in porosity with  
345 increasing NaOH concentration was observed for both XCT and buoyancy test results (Figure  
346 6(b)), while the porosity for WP aggregates remained relatively constant (Figure 6(b)) for all  
347 values of NaOH concentration. For the NV aggregates, increasing the sintering time from 4 min  
348 to 8 min was found to have negligible influence on the porosity. As shown in Figure 6(a), the  
349 porosity values of aggregates at each NaOH concentration sintered for 4 min and 8 min were found  
350 to be very similar. Additionally, for the WP aggregates, the fluctuation in the porosity values was  
351 found to be within the standard deviation calculated for porosity measurement and accordingly, no  
352 specific trend was observed when sintering time varied from 4 min to 8 min. This observation  
353 implies further sintering time may only influence the physical appearance of the aggregates (as  
354 observed in Figures 2 and 3), but not the porosity.

355 The porosity of the NV aggregates was found to be higher than the WP aggregates. The porosity  
356 varied from 57.8 % to 42.6 % for the NV aggregates, while it was between 48.8 % and 41.6 % for  
357 the WP aggregates. Generally, a good agreement between XCT and buoyancy results for WP  
358 aggregates was observed. Higher porosity was observed for the WP-10%-8min aggregate in  
359 comparison with the WP-10%-4min. This implies that the formation of the liquid phase in the  
360 aggregates was successful at this NaOH concentration to entrap the big pores and increase the  
361 porosity (see Figure 4 and Figure 5). The high porosity obtained by both techniques showed an  
362 excellent capability of both NV and WP SPoRAs for water absorption needed to store a sufficient  
363 amount of water for internal curing.



364

365 Figure 6. Porosity of aggregates obtained using XCT and buoyancy methods for (a) NV and (b)  
 366 WP (the maximum standard deviation of porosity measured by buoyancy for three replicates and  
 367 measured by XCT for two replicates was determined to be 2.59% and 8%, respectively)

368

369

### 370 3.2.3 Sphericity

371 It has been reported that spherical aggregates enhance the workability of fresh concrete [37–40],  
 372 since spheres have a smaller intrinsic viscosity than other shapes. To evaluate the sphericity of the  
 373 SPoRA, a sphericity index ( $\Psi$ ), a measure of how close the shape of an aggregate is to a perfect  
 374 sphere [29,41], was calculated using Equation 3 [41]. To calculate the surface area of the aggregate  
 375 (A), the perimeter of the aggregate cross section was calculated in all binary images of each data  
 376 set using the XCT results and then used with the stack of images, along with the voxel size.

377

378 
$$\psi = \frac{6 \cdot V}{D \cdot A}$$
 Equation 3

379 where:

380 V = Total volume of aggregate

381 A = Surface area of aggregate

382 D = Diameter of a sphere with equal volume to aggregate

383

384 D can be calculated using the following equation:

$$385 \quad D = 2 * \sqrt[3]{\frac{3V}{4\pi}} \quad \text{Equation 4}$$

386

387 The sphericity index was calculated for both the NV and WP SPoRA aggregates for different

388 sintering times. The results are shown in Figure 7 as a function of NaOH concentration. An

389 approximate bilinear behavior was observed for both NV and WP aggregates. NV aggregates

390 retained their sphericity ( $\Psi=1$ ) with 4 % and 10 % NaOH concentrations sintered for 4 and 8 min

391 and based on Figure 7(a) the onset of deformation was observed after 10 % NaOH concentration.

392 In contrast, WP lost its sphericity ( $\Psi<1$ ) as the NaOH concentrations passed 4 % and based on the

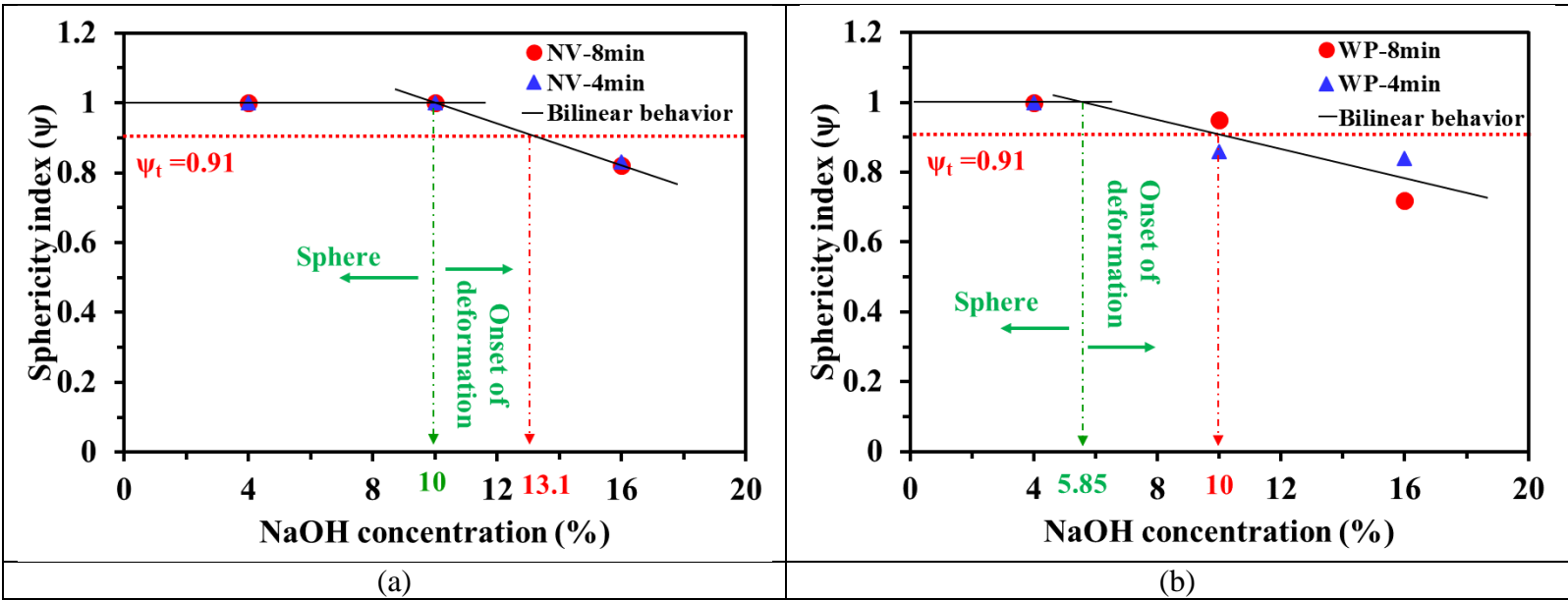
393 approximate bilinear behavior the onset of deformation would start at 5.85 % NaOH concentration.

394 To further evaluate the SPoRA sphericity, a threshold value ( $\Psi_t$ ) was selected for which aggregates

395 were considered to be “close enough” to a perfect sphere. This threshold value was chosen to be

396 the same as the sphericity index of the Platonic dodecahedron shape, which is 0.91 [41]. NV

397 aggregates were predicted to have sphericity lower than  $\Psi_t$  at 13.2 % NaOH concentration, while  
 398 this same value for WP aggregates was observed to be reached at 10 % NaOH concentration.



399 Figure 7. The sphericity index ( $\Psi$ ) of (a) NV and (b) WP aggregates (the maximum standard  
 400 deviation for two replicates was determined to be 0.06)

401

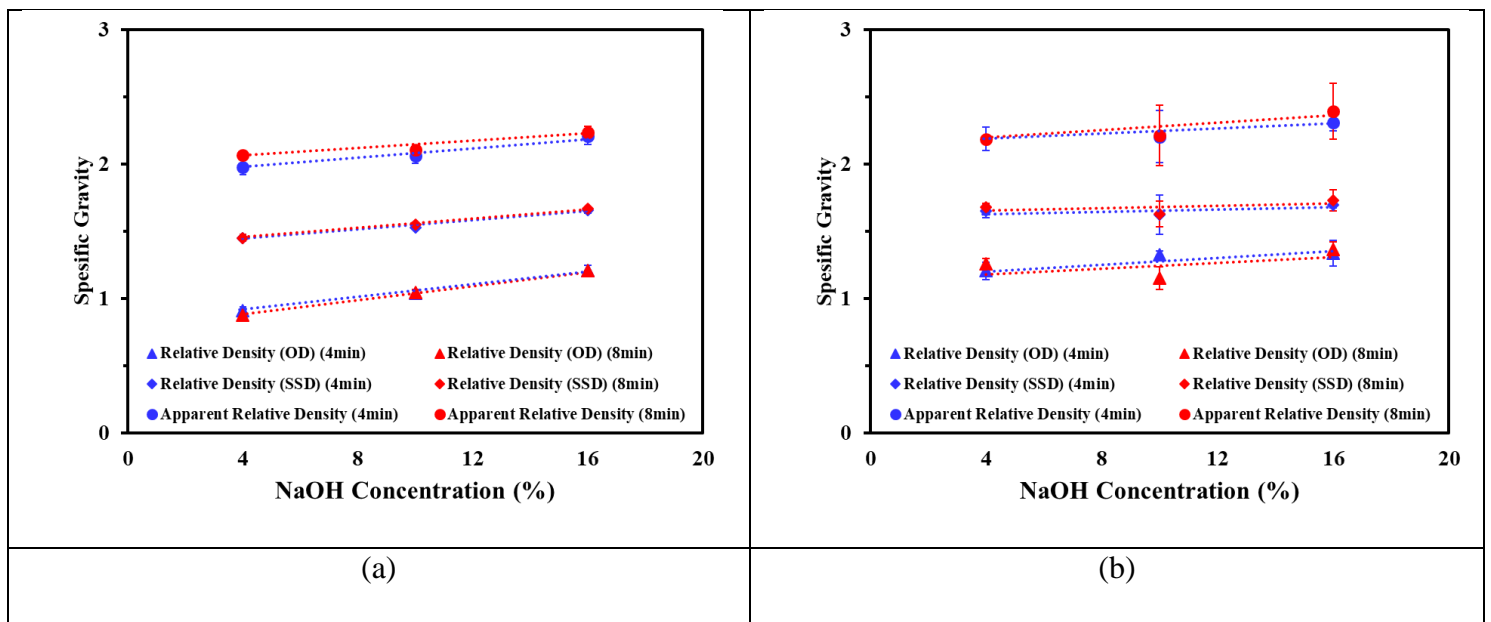
402

403

### 404 3.3 Specific gravity

405 A minimum of three aggregates of each type were tested to obtain representative results for specific  
 406 gravity measurements. Figure 8 reports the specific gravity for the NV and WP aggregates for both  
 407 4 min and 8 min sintering times at 4 %, 10 %, and 16 % NaOH concentrations. For the NV  
 408 aggregates, it was observed that as the NaOH concentration increased, the specific gravity also  
 409 slightly increased, which is consistent with the porosity measurements, which decreased with  
 410 increasing NaOH concentration. It appears that increasing sintering time may not affect the  
 411 specific gravity significantly as seen in Figure 8(a). For the WP aggregates, the specific gravity

412 (Figure 8b) of aggregates did not change significantly between different NaOH concentrations  
 413 although bloating (i.e., formation of gaseous phase and its entrapment inside the aggregate due to  
 414 formation of liquid phase on the surface of aggregate) occurred for the WP aggregates with large  
 415 pores forming (as was discussed in Section 3.2.1) in comparison to the NV aggregates. This may  
 416 be attributed to the fact that the total porosity of both the WP aggregates and the NV aggregates  
 417 remained relatively similar (Figure 6).  
 418



419 Figure 8. Apparent, oven dry, and saturated surface dry specific gravity of (a) NV sintered for  
 420 4min and 8min (b) WP sintered for 4 min and 8 min (the error bars indicate  $\pm$  one standard  
 421 deviation for three replicates).

422

423

424

### 425 3.4 Water absorption

426 Since the saturation state of LWA has a direct effect on the internal curing of concrete, the water  
 427 absorption capacity of aggregates was examined . Figure 9 shows the water absorption of NV and WP

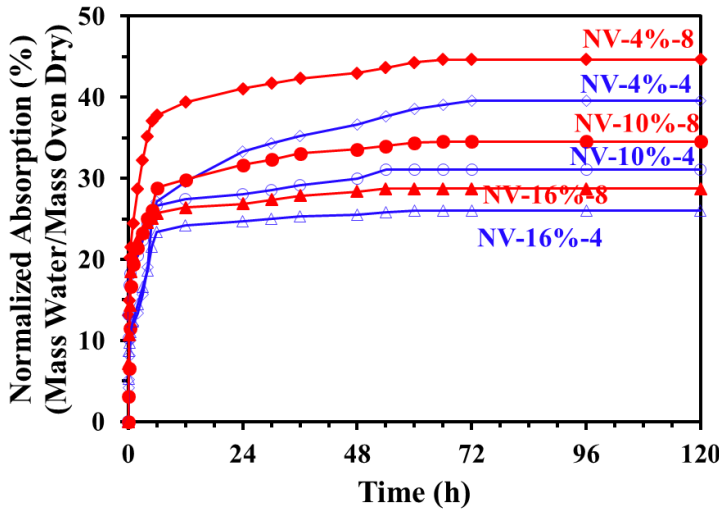


428 aggregates with different NaOH concentrations and sintering times during the first 120 h of absorption.  
429 Rapid absorption was observed over the first 6 h, which is mainly due to the capillary suction of empty  
430 capillary pores, and the slower rate of absorbed water after that, so-called secondary absorption, is  
431 related to water absorption by larger pores [42]. The experimental results in Figure 9 show that NV  
432 and WP SPoRAs have a considerable number of capillary pores, which contributed to rapid water  
433 absorption. The rapid absorption suggests a promising potential for using both the NV and WP SPoRA  
434 for internal curing.

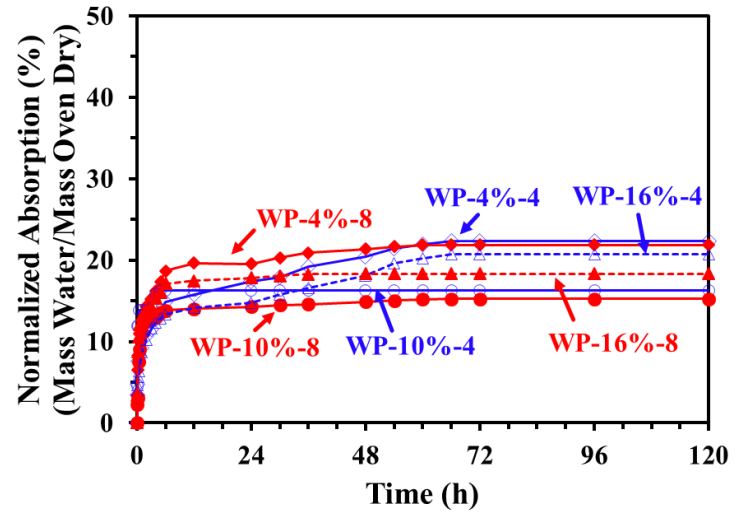
435 For the NV aggregates, the water absorption capacity decreased with increasing NaOH concentration,  
436 which may be due to reductions in pore volumes as previously observed in Figure 6. However,  
437 increasing the sintering time from 4 min to 8 min was found to increase the water absorption capacity  
438 for the NV aggregates. This increment may be attributed to the formation of capillary pores that can  
439 effectively absorb water.

440 The water absorption of the WP aggregates was found to be much lower than the water absorption of  
441 the NV aggregates, but still within the desired range for internal curing (more than 5 % according to  
442 ASTM C1761 [43]). This observation may be attributed to the formation of larger pores in the WP  
443 aggregates (see Figure 4 and Figure 5) as opposed to the NV aggregates, which may slow down the  
444 water absorption process (needing more time) for the WP aggregates due to a reduction in capillary  
445 suction. The formation of larger pores in WP aggregates may be attributed to the higher calcium  
446 content in raw WP ash compared with NV ash, which leads to formation of a liquid phase with  
447 lower viscosity in the WP aggregates. Consequently, coalescence and pore growth can be easier  
448 in the WP aggregates in comparison to NV aggregates (with less calcium) resulting in formation  
449 of larger pores. The maximum water absorption of the WP aggregates occurred at 4 % NaOH

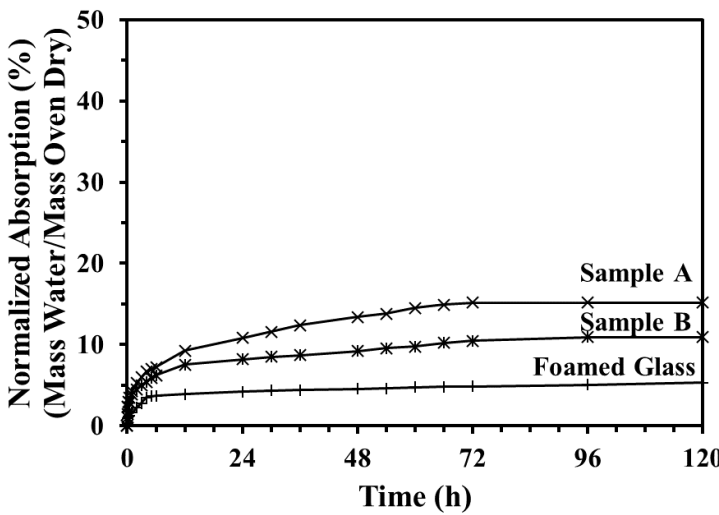
450 concentration sintered for 4 min and 8 min. However, the sintering time and NaOH concentration  
 451 had less influence on the absorption behavior of the WP aggregates compared to the NV aggregates.



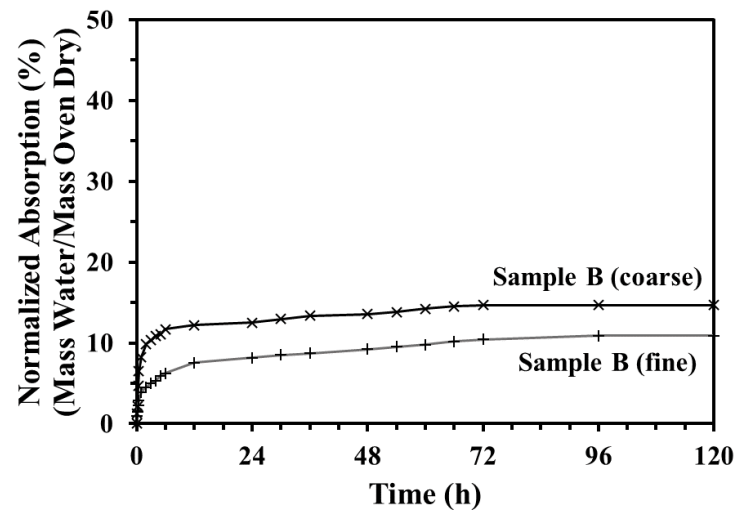
(a)



(b)



(c)



(d)

452  
 453 Figure 9. Measured water absorption behavior of different samples as a function of time (a) NV  
 454 SPoRA (b) WP SPoRA (c) reference LWAs, and (d) coarse and fine Sample B LWA (the  
 455 maximum standard deviation for three replicates was determined to be 1.5%)

456  
 457 As shown in Figure 9(a) and (b), the 24 h absorption for the SPoRA ranges from 24.7 % to 41 %  
 458 for NV and from 14.3 % to 19.5 % for WP, which is above the water absorption capacity required

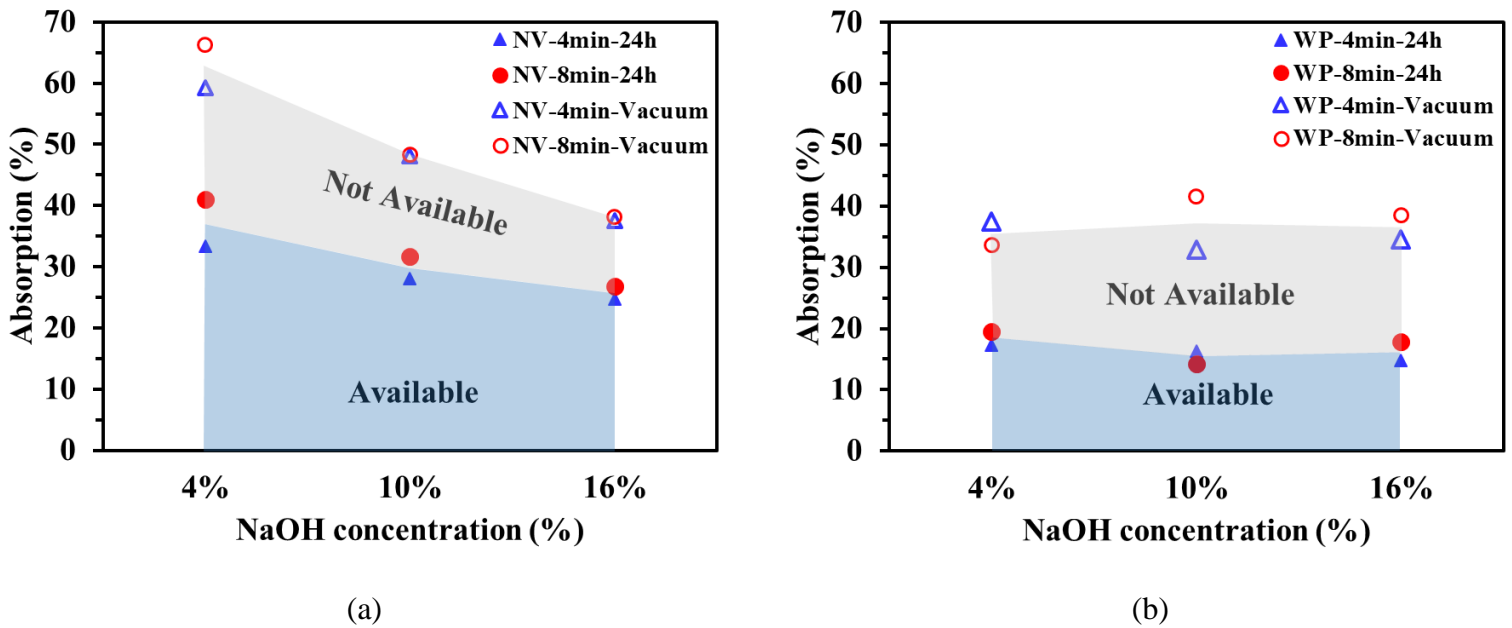
459 by ASTM C1761 [43], i.e., more than 5 %. This value is between 8.1 % and 10.8 % for the reference  
460 LWAs (i.e., Sample A and Sample B as shown in Figure 9(c)). As indicated in Figure 9(c), the  
461 absorption for foamed glass is less than 5 % even after 72 h, making it less desirable for internal  
462 curing. Foamed aggregate contains a disconnected pore structure that hinders water penetration  
463 into the pores and limits its water absorption capacity [44]. Both the NV and WP aggregates  
464 showed superior absorption capacities in comparison to Sample A and Sample B, which makes  
465 the SPoRA promising LWAs to absorb/store sufficient amount of water for concrete internal  
466 curing.

467 LWA water absorption behavior also depends on the aggregate size. Larger LWAs generally have  
468 larger pores; however, when they are crushed to smaller aggregates, the large pores break down  
469 resulting in a reduction in pore volume. Accordingly, the same aggregates with larger particles  
470 may have higher water absorption than smaller particles. This was confirmed by comparing the  
471 water absorption of coarse and fine Sample B LWA as shown in Figure 9(d) [10]. The coarse  
472 Sample B LWA had higher water absorption than did the fine Sample B LWA, but the water  
473 absorption of the SPoRA is much higher than even the coarse Sample B LWA.

474 Figure 10 shows a comparison between vacuum absorption and 24 h absorption of the SPoRA.  
475 The vacuum absorption shows the maximum possible capacity for absorbing water, while in  
476 practice, the 24 h water absorption value is more often used. The difference between vacuum  
477 absorption and 24 h absorption, indicated by the gray region in the figure, shows water in pores  
478 that cannot be filled during 24 h. These pores need a longer time to be filled due mainly to their  
479 larger pore sizes; accordingly, this water is not available for internal curing. The blue region,  
480 however, demonstrates the absorption percentage that can be achieved by the capillary suction of  
481 pores during the first 24 h. It can be inferred that not all the pores could be filled when the aggregate

482 was soaked in the water. Holm et al. [44] showed that LWA water absorption is highly dependent  
 483 on average pore size, pore continuity, and pore size distribution.

484 For the WP aggregates, the amount of water that is not available for internal curing was found to  
 485 be higher than for the NV aggregates. This may be due the pore structure of the WP SPoRA as  
 486 was previously observed in Figure 4 and Figure 5 which showed that WP contains pores with  
 487 larger sizes than NV. The WP SPoRA aggregates have pores in the range of mm (see Figure 5),  
 488 and under the soaking condition, it is possible that not all of the pores can absorb water in the first  
 489 24 h.



490 Figure 10. Vacuum and 72 h water absorption of (a) NV and (b) WP (the maximum standard  
 491 deviation for three replicates was determined to be 4.5%)

492  
 493 *3.5 Water desorption*

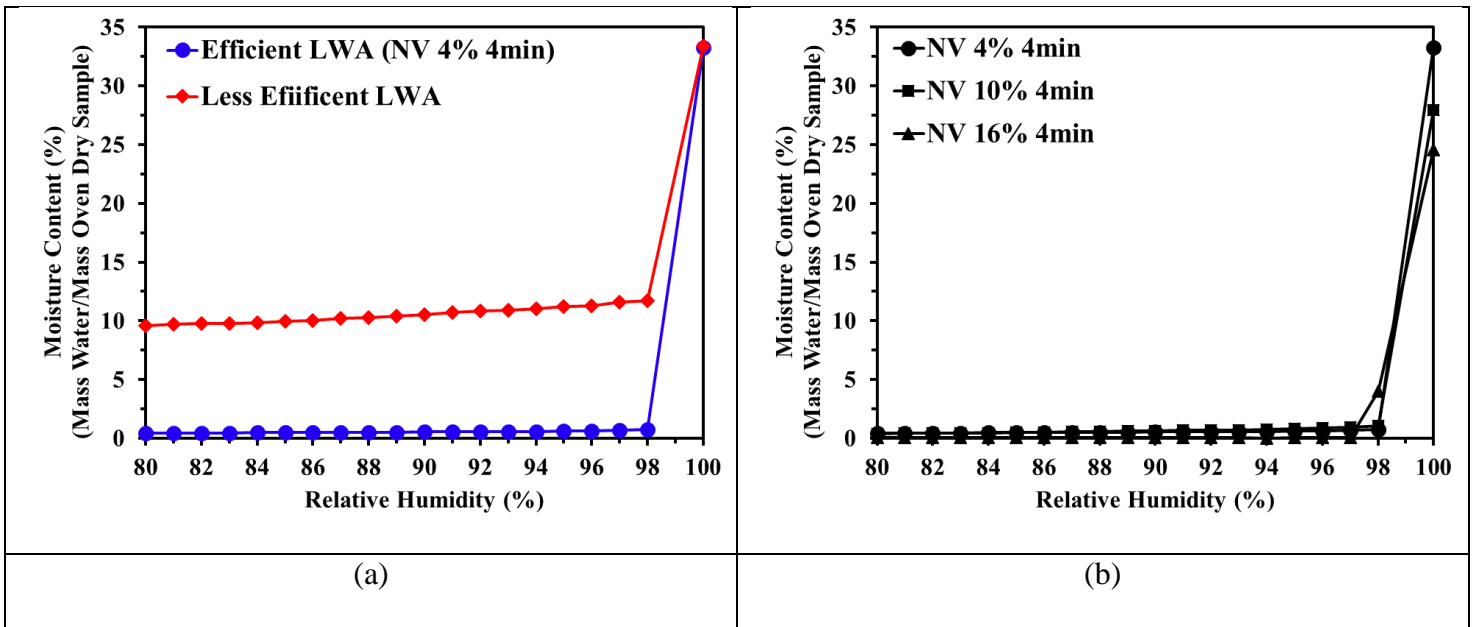
494 The desorption isotherm for an LWA that is suitable for concrete internal curing indicates how the  
 495 LWA can desorb stored water during cement hydration and self-desiccation of concrete to properly  
 496 cure concrete. The desorption isotherms for the SPoRA after 24 h absorption in water are shown

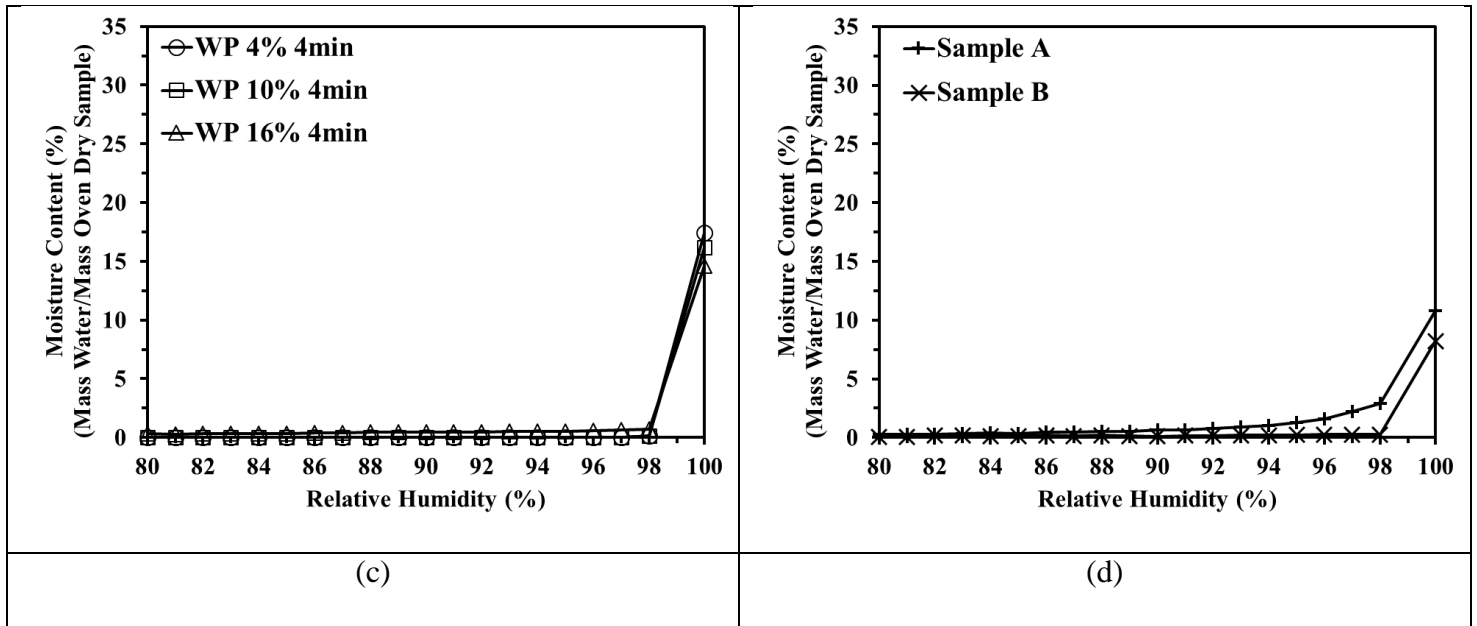
497 in Figure 11. 24 h absorption was selected as it is often used in practice to saturate LWAs for  
498 internal curing. An efficient LWA shall release more than 85 % of its absorbed water as RH drops  
499 to 94 % RH according to ASTM C1761 [43]. Figure 11(a) shows a desorption behavior comparison  
500 between an aggregate that is not an efficient LWA for internal curing (schematically drawn and referred  
501 to as less efficient LWA) and an LWA that is effective for internal curing (here it is NV-4%-4 min and  
502 referred to as efficient LWA). Note that both the efficient and less efficient LWAs have an equal initial  
503 water absorption capacity. However, the efficient LWA released more than 90 % of absorbed water at  
504 94 % RH while the less efficient LWA retained a substantial portion of the absorbed water ( $\approx 33$  % of  
505 initial absorbed water) at low RH. The retained water mainly represents water that remains in very  
506 small pore sizes (with diameters less than  $\approx 10$  nm according to the Kelvin equation [45]) in the LWA.  
507 Accordingly, this water is not available for internal curing of concrete since its associated pore  
508 diameters are in the range of gel pores in concrete (pores with diameters less than 10 nm [37]).  
509 Therefore, its associated capillary suction pressure is above the generated pressure from capillary pores  
510 in concrete (pores with diameters less than 10 nm [37]) according to the Kelvin-Young-Laplas equation  
511 [46], which prevents its movement for curing from the LWA to the concrete capillary pores during  
512 self-desiccation of concrete. References [1,47,48] showed that LWAs that are suitable for concrete  
513 internal curing possess pore diameters above 100 nm, and they are efficient in providing water during  
514 concrete self-desiccation.

515 Both the NV and WP aggregates released most of their stored water at RHs above 98 % RH (Figure  
516 11(b) and (c)), which corresponds to pore sizes above 100 nm diameter according to the Kelvin  
517 equation [45]. As such, it can be inferred that SPoRA mainly have pores larger than 100 nm, making  
518 them suitable for internal curing. Based on Figure 11(b) and (c), the NV and WP aggregates are  
519 capable of readily releasing their absorbed water. This also implies that the pore structure of  
520 SPoRA is open and well connected, which is supported by the 2-D projections of SPoRA presented

521 in Figure 4 and Figure 5. As a result, absorbed water can easily move from LWAs to the outside  
 522 of the aggregate and provide sufficient water for cement hydration during internal curing.

523 The amount of absorbed water released at 94 % RH is shown in Figure 12. ASTM C1761 indicates  
 524 85 % moisture release at 94 % RH as the limit for a suitable aggregate for internal curing. Both  
 525 the NV and WP SPoRA passed this requirement. Sample A and Sample B LWAs passed the  
 526 requirement by ASTM C1761, but both of these LWAs have 24 h absorption capacity much less  
 527 than the SPoRA, as can be seen in Figure 9. Comparing the absorption and desorption behavior of  
 528 the SPoRA aggregates with the reference LWAs (Figure 9 and Figure 11), it can be concluded that  
 529 all the SPoRA aggregates studied here are better LWAs for internal curing than are the reference  
 530 LWAs.

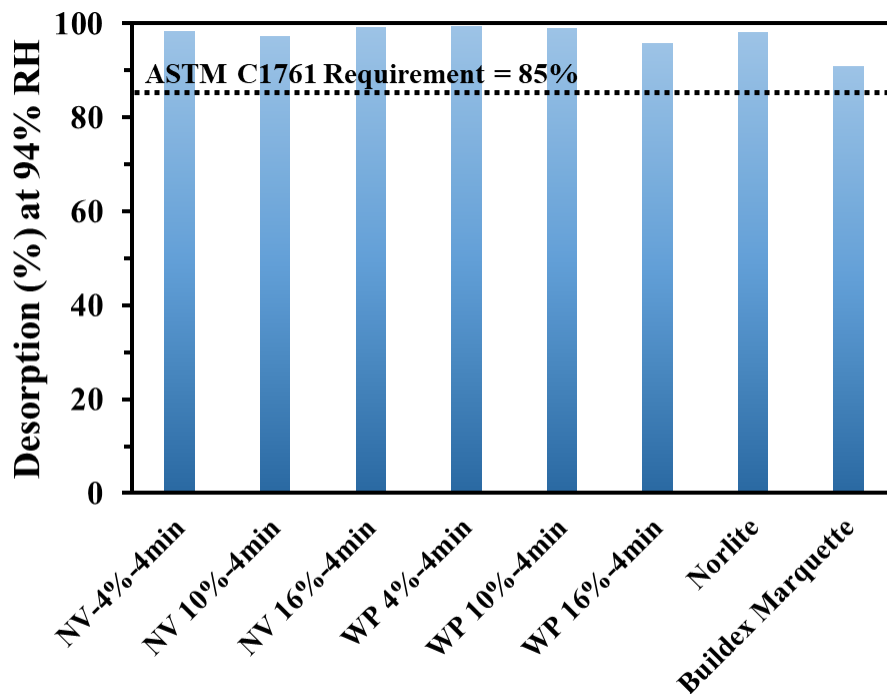




531 Figure 11. (a) Example of an efficient and less efficient desorption response, (b) desorption  
 532 response of NV, (c) desorption response of WP, and (d) desorption response of reference LWAs

533

534



535

536 Figure 12. Moisture released at 94 % RH per initial 24 h moisture absorption (% , by mass)

537

538

#### 539 **4. Summary and conclusions**

540

541 This paper examines the potential use of a novel Spherical Porous Reactive Aggregate (SPoRA)

542 as an effective and efficient LWA produced from waste bottom ash for internal curing of concrete.

543 SPoRA possesses three main features that make it a better LWA in comparison to commercial

544 LWAs: a spherical shape to increase the workability of concrete, better sorption properties to

545 absorb and desorb water for internal curing, and a glassy surface with crystalline internal structure

546 to provide surface reactivity with the cementitious matrix while possessing desirable internal

547 crystalline strength [24]. To evaluate the performance of SPoRA for concrete internal curing, its

548 engineering properties, including porosity, sphericity, specific gravity, water absorption, and water

549 desorption were measured.

550 It was observed that the addition of NaOH at a concentration of 10 % or more can result in non-

551 spherical deformations in the NV aggregates during the sintering process while for the WP

552 aggregates, non-spherical deformation began at a lower NaOH concentration (after 4 %, by mass).

553 This may be because the WP ash has a higher calcium content in comparison to the NV ash,

554 resulting in a higher slag amount during sintering process for WP, which leads to higher

555 deformation for WP in comparison with NV. The NV aggregates maintained the maximum

556 sphericity (i.e., 1) up to 10 % NaOH concentration and had sphericity of 0.82 at 16 % NaOH

557 concentration, while WP aggregates started to lose their maximum sphericity (0.91) before 10 %

558 NaOH concentration.

559 XCT observations revealed the formation of connected pore structures with sufficient pore spaces

560 for the NV and WP aggregates, favoring their absorption/desorption transport properties. Larger



561 pores were observed in the WP aggregates compared to the NV aggregates, which may be  
562 attributed to a lower viscosity of the liquid phase in the WP aggregates (due to higher calcium  
563 content) during sintering than that of the NV aggregates. The lower viscosity allows the production  
564 of larger pores as it facilitates expansion of emitted gases formed during the sintering process.

565 To evaluate the maximum capacity of the SPoRA material for storing water for internal curing,  
566 the porosity was measured and a generally good agreement between the porosity measured by  
567 XCT and a buoyancy test was observed. Both methods measured the porosity of the SPoRA  
568 material to be more than 41.6 % by volume, which is sufficient to store the desired amount of  
569 water for internal curing. For the NV aggregates, it was observed that porosity decreased by  
570 increasing the NaOH concentration. For the WP aggregates, increasing the NaOH concentration  
571 was found to increase the porosity only up to 10 % NaOH concentration, beyond which increasing  
572 the NaOH concentration did not seem to significantly affect the aggregate porosity. Increasing the  
573 sintering time from 4 min to 8 min was not found to influence the porosity significantly.

574 An effective LWA should absorb more than 5 % water (by mass) during a 72 h time period and  
575 desorb more than 85 % of the absorbed water (by mass) when RH drops to 94 % according to  
576 ASTM C1761. Evaluations of the water absorption capacity and the desorption properties of the  
577 SPoRA material showed that both the NV and WP aggregates possessed excellent capability in  
578 absorbing water, which ranged from 26 % to 44.6 % for NV and from 15.25 % to 22.3 % for WP.  
579 Both the NV and WP SPoRA materials showed a superior water absorption capacity in comparison  
580 to the reference commercial LWAs (i.e., expanded shale, clay, and slate, or foamed glass). The  
581 SPoRA desorption isotherms also showed a superior water desorption capability compared to the  
582 reference LWAs. Both the NV and WP aggregates released more than 90 % of absorbed water  
583 when RH dropped to 94 %.

584 This research provides crucial fundamental information (e.g., pore structure, porosity, physical  
585 appearance, absorption behavior and desorption behavior) to evaluate whether SPoRA (as a novel  
586 LWA from waste bottom ash) has the potential to be used as an effective LWA for concrete internal  
587 curing. Based on the results of this study, it can be concluded that SPoRA made using low- and  
588 high-calcium waste bottom ashes are effective LWAs that can be used in concrete for the purpose  
589 of internal curing. While the specific gravity and porosity measurements obtained in this study can  
590 be used as indirect indications of SPoRA mechanical properties, further research is needed to  
591 understand the effect of using SPoRA on the mechanical properties of concrete and other concrete  
592 properties including shrinkage, freeze-thaw, scaling, elastic modulus, and interfacial transition  
593 zone (ITZ) structure.

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