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1 **Kidney activity increases in copper exposed goldfish (*Carassius***
2 ***auratus auratus*)**

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25 **Abstract**

26 In the present study, the effect of copper was examined in the common goldfish (*Carassius*
27 *auratus auratus*). Fish were fasted and exposed to either a high (0.84 μM), a low (0.34 μM) or
28 a control copper concentration (0.05 μM) for 1 and 7 days. Swimming performance was not
29 affected by either fasting or copper exposure. Food deprivation alone had no effect on
30 ionoregulation, but low plasma osmolality levels and plasma Na^+ were noticed in fasted fish
31 exposed to Cu for 7 days. Both gill Na^+/K^+ -ATPase and H^+ -ATPase activities were undisturbed,
32 while both kidney ATPase activities were up-regulated when challenged with the high Cu
33 levels. Up-regulated kidney ATPase activities likely acted as compensatory strategy to enhance
34 Na^+ reabsorption. However, this up-regulation was not sufficient to restore Na^+ to control levels
35 in the highest exposure group.

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38 **Key words:** Shubunkin, ionoregulation, toxicity, swimming performance, osmolality, heavy
39 metal, ATPase

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44 **1. Introduction**

45 Copper is an essential nutrient for all living organisms and has numerous functions in cellular
46 biochemistry (Burke and Handy, 2005). Increased use of heavy metals in anthropogenic
47 activities during the last decades led to increased metal levels in aquatic environments
48 worldwide, especially in mining and industrialised areas (Yang and Rose, 2003). The average
49 copper level in lake and river water is 0.16 μM , but in contaminated water the concentrations
50 can rise above 15.74 μM (ATSDR, 2004). In Flanders, as an example of an industrialised area,
51 the average norm for environmental quality of surface waters is 0.11 μM dissolved copper, or
52 0.77 μM total copper. The goal to decrease copper concentrations in 2010 with a minimal of
53 75% compared to 1985, was not reached but between 2000 and 2010, average copper
54 concentrations in surface waters have successfully decreased with 78% (MIRA, 2010).
55 However, due to historic pollution, the norm for ground water quality of 1.57 μM is still
56 occasionally exceeded (VMM, 2013). Besides industry, agriculture and aquaculture can also
57 significantly contribute to surface water copper concentrations. Currently, increasing copper
58 concentrations are often seen in aquaculture (Vutukuru et al., 2006) and they potentially can
59 cause problems. Even sublethal concentrations of toxic substances can induce biochemical,
60 physiological, morphological and genetic changes in aquatic organisms, depending on fish size
61 and water composition (Wood, 2001). Furthermore, different fish species suffer in a varying
62 degree from pollution. In the case of copper, gibel carp (*Carassius auratus gibelio*) appeared
63 considerably less sensitive to aqueous Cu than common carp (*Cyprinus carpio*) and rainbow
64 trout (*Oncorhynchus mykiss*). Based on LC50 values (96h), Cu was three times more toxic for
65 rainbow trout (LC50: 3.3 μM) than for common carp (LC50: 10.4 μM), and seven times more
66 toxic than for gibel carp (LC50: 22.0 μM) (De Boeck et al., 2004). It was suggested that the
67 genus *Carassius* has a relative higher tolerance to copper compared to other freshwater species
68 (De Boeck et al., 2004; Schjolden et al., 2007; Eyckmans et al., 2011).

69 Waterborne copper affects the gills of fish, the main location for gas and ion exchange, and
70 causes mucus production, cell swelling and lifting of the epithelium (Wood, 2001). The gills
71 are in continuous contact with the external environment and are thus a primary target for
72 waterborne pollutants (Pandey et al., 2008). Fast copper accumulation in this organ precedes
73 accumulation in other organs, such as liver, kidney and muscle (Grosell and Wood, 2002). This
74 accumulation can lead to a number of adverse effects in gill tissue such as a disruption of the
75 active uptake mechanisms for Na^+ and Cl^- (mainly through an inhibition of Na^+/K^+ -ATPase
76 activity), an increase in gill permeability, and oxidative stress (Eyckmans et al., 2010, 2011).
77 Therefore, it has been suggested that the sodium turnover rate determines the sensitivity to
78 lethal copper exposure (Grosell et al., 2002).

79 Additionally, copper is believed to inhibit ammonia excretion (Beaumont et al., 1995a,b,
80 2000a,b, 2003), by which increased ammonia levels can lead to reduced swimming capacity by
81 depolarising muscle cells (McKenzie et al., 2003). A possible explanation for this is that copper
82 may act to disrupt the enzymes (e.g. carbonic anhydrase) and /or transporters such as Na^+/K^+
83 ATPase involved the $\text{Na}^+/\text{NH}_4^+$ exchange mechanism (Zimmer et al., 2012). Another possibility
84 is that copper can inhibit the bidirectional transport of ammonia by binding to peptide residues,
85 suggesting Rh glycoproteins as potential targets for Cu toxicity (Lim et al., 2015). A recent
86 study suggests that Rhcg-a transcript level declined following Cu exposure which might
87 account for Cu induced ammonia efflux inhibition (Sinha et al., 2016) supporting the former.

88 In a comparative study, it was seen that common carp (*Cyprinus carpio*) and gibel carp
89 (*Carassius auratus gibelio*) reacted to sublethal copper exposure ($1\mu\text{M}$) with an immediate
90 decrease in swimming speed, while rainbow trout (*Oncorhynchus mykiss*) displayed a delayed
91 response, and clear increases in plasma and muscle ammonia were observed (De Boeck et al.,
92 2006).

93 A wide range of toxicological responses to copper has been reported in several tissues (gills,
94 liver, intestine and muscle) and plasma for various species (De Boeck et al., 2004, 2006, 2010;
95 Ebrahimpour et al., 2011). However, not much is known about the effect of Cu toxicity at
96 sublethal level on the kidney as secondary ionoregulatory organ. The present research was
97 conducted to investigate the ionoregulatory responses in both gill and kidney of fish exposed to
98 sublethal Cu concentrations. We chose to work with shubunkin (*Carassius auratus auratus*), a
99 goldfish variety, since the gibel carp, another *Carassius auratus* subspecies, showed the clearest
100 increase in kidney Cu accumulation in contrast with common carp and rainbow trout (De Boeck
101 et al., 2006). *Carassius auratus auratus* is the most common ornamental fish species worldwide
102 and is thought to be the domesticated form of gibel carp, which is an invasive species in the
103 waters of the Benelux. Furthermore, this species also provides an excellent research model to
104 understand the response to environmental challenges (e.g. Lushchak, 2001; Sinha et al., 2012;
105 Kong, et al., 2013).

106 In the present study, goldfish were exposed to either a high (0.84 μM) or a low (0.34 μM)
107 sublethal copper concentration for 1 day or 7 days. The exposure doses were based on an earlier
108 study (De Boeck et al., 1995), where these doses immediately decreased MO_2 in common carp,
109 but allowed recovery at the lower exposure level. To reduce the effects of feeding on ammonia
110 accumulation and excretion, experimental fish were fasted during the exposure, in parallel with
111 fasted control fish. Our first aim was to investigate the effect of copper exposure on swimming
112 performance. We hypothesised that, due to a decreased ammonia excretion, swimming capacity
113 would be reduced at the high exposure concentration. A second aim was to examine the
114 resulting plasma osmolality and Na^+ levels of fish exposed to different Cu levels. We expected
115 to observe reduced plasma Na^+ levels, a reduced plasma osmolality and an increased plasma
116 ammonia concentration. Finally, a third goal was to compare sublethal Cu effects on
117 ionoregulatory responses in the gill and kidney of goldfish, by measuring Na^+/K^+ ATPase and

118 H⁺-ATPase activity. An initial reduction of gill ATPase followed by a recovery was expected.
119 We further hypothesised that kidney ATPase might be activated to compensate for the potential
120 reduction in ionoregulatory capacities at the gills. Finally, it was expected that fasting would
121 not have any significant effects on the measured parameters, as earlier studies in our lab showed
122 that one week of fasting only had minor effects on goldfish (Liew et al., 2012, 2013).

123

124 **2. Materials and methods**

125 *2.1. Fish maintenance*

126 Goldfish, *Carassius auratus auratus*, of the shubunkin colour variety were obtained from a
127 local fish supplier (Aqua Hobby, Heist op den Berg, Belgium). The fish were kept in the aquaria
128 facilities of the laboratory of 'Systemic Physiological and Ecotoxicological Research' at the
129 University of Antwerp with softened Antwerp City tap water (17°C, pH 8.2 ± 0.4, water
130 hardness 297 ± 11 mg.L⁻¹ CaCO₃, 33 mg.L⁻¹ Na, 44 mg.L⁻¹ Cl, 60 mg.L⁻¹ Ca, 7.1 mg.L⁻¹ Mg).
131 Water quality was checked daily by using Standard Tetra Test Kits (Visicolor, Machery-Nagel,
132 Germany) and values remained <0.1 mg.L⁻¹ of NH₃/NH₄⁺; <0.03 mg.L⁻¹ of NO₂⁻ and <25 mg.L⁻¹
133 of NO₃⁻. Water was filtered through biological filters containing wadding, lava stones (0.8-
134 16.0 mm) and activated carbon (charcoal). About 80% of the water was replaced twice a week.
135 Fish were fed at 2% body weight (BW) with commercial pellets ('Hikari Staple', Kyorin Food
136 Ind. Ltd., Japan) twice a day.

137 One day before the experiment, 56 fish with a body mass of 12.18 ± 0.41 g (mean ± S.D.) were
138 transferred from their maintenance tanks into a temperature-controlled room set at 17°C with a
139 photoperiod of 14L:10D. Fish were randomly distributed into seven 50-60 L glass aquaria,
140 filled with 40 L well aerated water, with a density of 8 fish per aquarium. A bio-filter, filled
141 with lava stones and wadding, ensured the water quality and aeration. Black plastic shielding

142 minimized visual disturbance. Water quality was monitored as mentioned above and about 80%
143 of the water was statically replaced every two days.

144

145 *2.2. Experimental Design*

146 The experimental setup consisted of 3 control groups: 1 fed control group and 1 fasted control
147 group at day 1 and 1 fasted control group at day 7. Four exposed groups of goldfish were
148 exposed to either 0.34 μM copper (LCu) or 0.84 μM copper (HCu) for 1 day or for 7 days and
149 fish were fasted during the exposure. A copper sulphate solution ($\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$ RPL, Leuven,
150 Belgium) was added to the water of the experimental groups. After each water replacement the
151 water was again spiked with copper stock solution. Copper concentrations (measured by High
152 Resolution Inductively Coupled Plasma Mass Spectrometer ICP-MS, Element XR,
153 Thermofisher Scientific, Bremen, Germany) were monitored daily and were on average $0.05 \pm$
154 $0.01 \mu\text{M}$ (control), $0.34 \pm 0.02 \mu\text{M}$ (LCu) and $0.84 \pm 0.19 \mu\text{M}$ (HCu).

155

156 *2.3. Critical swimming speed, U_{crit}*

157 After 1 and 7 days, U_{crit} of both exposed and control groups was determined. Eight fish from
158 the same group were placed 14h prior to the experiment in individual separate Blazka-style
159 swimming respirometers with a known volume (≈ 4.1 L). During this acclimatization period,
160 fish were oriented using a water velocity of $10 \text{ cm}\cdot\text{s}^{-1}$. The head tank provided a continuous
161 flow of air-saturated water through each flume at a rate of $4 \text{ L}\cdot\text{min}^{-1}$. Water had the same copper
162 concentration as during the exposure period. The total content of the recirculation system was
163 approximately 450 L. After the acclimatization period, water velocity was increased with 5
164 $\text{cm}\cdot\text{s}^{-1}$ every 20 minutes, until fish fatigued. Fatigue was determined by the fact that fish could
165 no longer maintain position against the current and were swept and held against the mesh
166 screen. Then, speed was briefly lowered to allow fish to restart swimming. Fish were considered

167 totally fatigued when they were swept downstream for the second time within the same 20 min
168 interval (Tudorache et al., 2007). At this point, the performance test was terminated. U_{crit} was
169 calculated as $U_{crit} = U_i + [U_{ii}(T_i/T_{ii})]$, where U_i is referred as the highest velocity sustained for
170 the whole interval, while U_{ii} is the velocity increment ($5 \text{ cm}\cdot\text{s}^{-1}$), T_i is the time elapsed at fatigue
171 velocity and T_{ii} is the interval time (20 min) (Brett, 1964; De Boeck et al., 2006). The absolute
172 values ($\text{cm}\cdot\text{s}^{-1}$) were converted to relative swimming speeds in body lengths per second ($\text{BL}\cdot\text{s}^{-1}$)
173 ¹) by factoring the absolute values with body length (fork length). The biometric parameters
174 body mass and fork length did not significantly differ between groups (Table2).

175

176 *2.4. Sampling procedure*

177 Immediately after the swimming challenge, fish were anaesthetized with $0.5 \text{ g}\cdot\text{L}^{-1}$ ethyl-3-
178 aminobenzoate methanesulfonic acid (MS-222, Acros 197 Chemicals, Geel, Belgium)
179 neutralised with NaOH (Merck Eurolab nv/sa, Leuven, Belgium). Fish were blotted dry,
180 measured and weighed. Physical parameters were measured individually and the condition
181 factor was calculated as $K = (\text{BW}/\text{BL}^3) \times 100$. Before decapitation, a blood sample was taken
182 from the caudal blood vessel using a heparinised syringe (heparin from Sigma-Aldrich, co, St.
183 Louis, 200 USA). Blood was immediately centrifuged for 1 minutes at 13,200 rpm at 4°C .
184 Plasma was carefully pipetted into cryogenic vials and frozen in liquid N_2 . Subsequently, fish
185 were killed by severing their spinal cord prior to organ sampling. Gills, liver, kidney and white
186 muscle tissues were excised on ice. The whole liver mass was recorded and the hepatosomatic
187 index was calculated as $\text{HSI} = (\text{LM}/\text{BW}) \times 100$, where LM is referred as liver mass. Collected
188 tissues were immediately frozen in liquid nitrogen and stored at -80°C until further analysis.

189

190 *2.5. Biochemical analysis*

191 Plasma osmolality was determined by using The Advanced™ Micro Osmometer (Model
192 3300, Advanced Instruments, USA). The diacetyl monoxime assay (Price and Harrison, 1988)
193 was used to measure plasma urea. For measuring plasma ammonia concentrations, a
194 commercial Enzymatic Kit (R-Biopharm AG, Darmstadt, Germany) was used. Plasma Na⁺
195 concentrations were analysed using an Electrolyte Analyser 9180 (AVL Scientific corporation,
196 GA, USA).

197 To determine muscle water content (MWC), muscle tissue was defrosted, weighed and dried in
198 the oven at 60°C for 48 h. Then the tissue was transferred into a desiccator for 1 h, allowing it
199 reaching room temperature without absorbing moisture, and weighed again. MWC (%) was
200 determined as the percentage of weight loss. Na⁺/K⁺-ATPase activity in gill and kidney samples
201 were measured using the McCormick method (1993), while the method of Lin and Randall
202 (1993) was used to measure H⁺-ATPase activity in gill and kidney samples. Tissues were
203 homogenized with ice cooled 4:1 SEI/SEID buffer solution (150mM sucrose; 10mM EDTA;
204 50mM imidazole/SEI with 0.1% sodium deoxycholate) and centrifuged (5000 g; 4°C; 1 min).
205 Duplicate 10 µl homogenates were pipetted into a 96-well microplate in four series. 200 µl of
206 mixture assay-A was added to the first series (400U lactate dehydrogenase; 500U pyruvate
207 kinase; 2.8 mM phosphoenolpyruvate; 0.7 mM ATP; 0.22 mM NADH; 50 mM imidazole) and
208 200 µl of mixture assay-B was added to the second series (mixture assay-A with 0.4 mM
209 ouabain) for Na⁺/K⁺-ATPase activity measurement. For measurement of H⁺-ATPase activity,
210 200 µl of mixture assay-C was added to the third series (mixture assay-B with 500 mM NaN₃)
211 and 200 µl of mixture assay-D was added to the fourth series (mixture assay-C with 100 mM
212 NEN). The enzyme activities were measured kinetically with a plate reader (ELX808IU Bio-
213 Tek Instruments Inc. VT, USA) at 340 nm for 30 min at 30 s intervals. An ADP standard curve
214 was used to calculate ATPase activity by subtracting oxidation rate of NADH to NAD in the
215 absence (assay A,C) or in the presence (assay B,D) of ouabain for Na⁺/K⁺-ATPase activity and

216 NEN for H⁺-ATPase. Protein content was determined according to Bradford (1976) using
217 bovine serum albumin as a standard, at 595 nm (US Biochemical, Cleveland, OH, USA).

218

219 *2.6. Statistical analysis*

220 All data are presented as mean values \pm standard error (SEM). Data were analysed with the
221 statistical program 'R', version 3.1.2, with a 5% level of significance. Normality was checked
222 by the Shapiro–Wilk test. The Bartlett test was used to verify the homogeneity of variances. If
223 the requirements for ANOVA were not fulfilled, a log-transformation or (reciprocal) square
224 root transformation of data was applied. Overall, the main effects of copper and exposure time
225 and their interaction were analysed by a multivariate analysis of variance (MANOVA) (Table
226 1). Subsequently, Bonferroni's multiple comparisons test was used to determine the differences
227 between groups. Data were compared to the control and the corresponding fasted non exposed
228 group. The Bonferroni correction was performed with the statistical program 'GraphPad Prism'
229 (GraphPad Software Inc., CA, USA).

230

231 **3. Results**

232

233 Overall, only copper treatment had a main significant effect ($P < 0.001$).

234

235 *3.1. Hepatosomatic index, K-factor, MWC, U_{crit}*

236 Neither copper exposure, nor exposure time had a significant effect on K-factor, MWC and U_{crit}
237 (Tables 1, 2 and 3). Fasting decreased the hepatosomatic index after 7 days ($P < 0.05$) compared
238 to the fed control. The interaction between treatment and time only had a significant effect on
239 MWC ($P < 0.05$) (Table 1).

240

241 *3.2. Biochemical analyses*

242 *3.2.1. Plasma values*

243 Plasma urea and plasma ammonia were not significantly affected by copper treatment nor by
244 exposure time (Table 1, Figs 1, 2). Fish exposed for 7 days to low copper concentration had
245 about 10% lower plasma osmolality compared to fed ($P<0.05$) and fasted controls ($P<0.01$)
246 (Fig.3). Plasma Na^+ concentration of fish exposed to LCu for 7 days and to HCu for both 1 day
247 and 7 days, were respectively 10.9% ($P<0.05$), 10.7% ($P<0.05$) and 15.1% ($P<0.001$) lower
248 compared to the fed control group (Fig.4), while fasted control fish did not show a significant
249 difference with the fed control. Exposure time had a significant effect on osmolality, while
250 treatment had a significant effect on both osmolality and plasma Na^+ concentration (Table1).

251

252 *3.2.2. Enzyme activity*

253 No significant difference was observed for Na^+/K^+ -ATPase activity and H^+ -ATPase activity in
254 gills (Fig.5A,B).

255 Copper increased Na^+/K^+ -ATPase activity in kidney of copper exposed fish (Fig.5C). Kidney
256 Na^+/K^+ -ATPase activity after 1 day of exposure of the HCu group was respectively 113.6%
257 ($P<0.01$) and 110.1% ($P<0.001$) higher than of fed and fasted control fish. Copper also induced
258 a significant increase in kidney H^+ -ATPase activity of fish after 1 day exposure to the highest
259 concentration. The enzyme activity was 164.2% ($P<0.001$) and 165.7% ($P<0.001$) higher
260 compared to respectively the fed and fasted control group (Fig.5D).

261 Treatment had a significant effect on Na^+/K^+ -ATPase and H^+ -ATPase activity in kidney, but
262 not in gills. The interaction between treatment and exposure period also had a significant effect
263 on Na^+/K^+ -ATPase and H^+ -ATPase activity in kidney (Table1).

264

265 **Discussion**

266 We studied the effect of sublethal Cu exposure, using copper concentrations similar to those
267 found in surface waters. Our study confirms that even at low concentrations the osmoregulation
268 was disturbed. After copper exposure, plasma osmolality and plasma Na⁺ concentrations were
269 reduced, while both kidney ATPase activities were upregulated. Both gill Na⁺/K⁺-ATPase and
270 H⁺-ATPase activities were undisturbed. Copper exposure was relatively short, therefore almost
271 no significant effects were observed on HSI or K-factor. In contrast to our original hypothesis,
272 no significant effect on U_{crit} was observed.

273 Copper exposure is known to inhibit sodium influx by inhibiting the Na⁺/K⁺-ATPase, resulting
274 in reduced plasma Na⁺ levels, by nonspecific binding to thiol groups on the subunits of the
275 transporter and also by binding to the Mg²⁺ binding site (Laurén and McDonald, 1987; Li et al.,
276 1998), plus competitive inhibition at the apical Na⁺-channel (Grosell and Wood, 2002; Pyle and
277 Wood, 2008). In line with this, the reduced plasma osmolality (7 days) and Na⁺ levels (1 and 7
278 days) in our study indicate a disruption of the iono- and osmoregulatory capacity. Since water
279 content of the tissues remained unaffected, the osmoregulatory disturbance was limited.
280 Eyckmans and co-workers (2010), who used a similar copper concentration of 0.8 µM, found a
281 short lived decreasing gill Na⁺/K⁺-ATPase activity at 12h of exposure in gibel carp followed
282 by decreasing plasma sodium concentrations starting only from 3 days onward, while effects in
283 rainbow trout were more prominent in the first days of exposure. In the present study, gill
284 Na⁺/K⁺-ATPase in goldfish remained largely undisturbed, although an early short lived
285 disturbance (e.g. 12h) might have been missed. Nevertheless, plasma Na⁺ was reduced, in
286 accordance with the effects seen in gibel carp (Eyckmans et al., 2010). However, other
287 mechanisms caused by Cu exposure might alter Na⁺ fluxes as well such as increases of sodium
288 loss caused by a displacement of calcium by copper in the tight junctions, leading to changes
289 in permeability (Laurén and McDonald, 1985; Handy et al., 2002; Niyogi et al., 2006). Another
290 possible cause of reduced Na⁺ uptake could be inhibition of H⁺-ATPase activities. In the apical

291 membrane, H⁺-ATPase activities play an important role in Na⁺ uptake, as Na⁺ uptake through
292 the apical Na⁺ channel (ENaC) is thought to be coupled to electrogenic proton extrusion
293 generating an electrical gradient (Evans et al., 2005). However, the numerical reduction in gill
294 H⁺-ATPase activity at 7 days HCu showed not to be significant.

295 Our study showed that kidney ATPase activities were activated under Cu exposure. This
296 presumably is to counteract reduced Na⁺ uptake at the gills by increasing Na⁺ reabsorption from
297 the urine. It was observed before that in rainbow trout exposure to both long (28d) and short
298 (3d) term acclimation to low levels of waterborne Cu (20 µg.L⁻¹ ~ 0.31 µmol.L⁻¹), led to a 40-
299 48% reduction in renal Na⁺ losses (Grosell et al, 1998). This occurred through a combination
300 of reduced urine flow rate and urinary Na⁺ content, indicating increased reabsorption of Na⁺
301 and adaptation of tubular function within the first 3 days of Cu exposure. Na⁺/K⁺-ATPase plays
302 a pivotal role in renal Na⁺ reabsorption, therefore the increased Na⁺/K⁺-ATPase activity
303 suggests a comparable tendency for reduced urinary Na⁺ losses under Cu exposure in goldfish.
304 Interestingly, a similar pattern was observed for both kidney Na⁺/K⁺-ATPase and H⁺-ATPase
305 activity, with increased ATPase activities for both transporters at the high copper level after 1
306 day. Although kidney ATPase activities likely acted as compensatory strategy to enhance Na⁺
307 reabsorption, this was not sufficient to restore Na⁺ to control levels in the highest exposure
308 group. Overall, plasma Na⁺ levels of fasted groups were slightly lower than those of fed fish,
309 but this was not reflected in plasma osmolality or ATPase activities.

310 No statistically significant treatment effect on U_{crit} was observed which was in contrast with
311 our original hypothesis. In an earlier study on rainbow trout, common and gibel carp exposed
312 to 1 µM of Cu (De Boeck et al., 2006) both trout and common carp showed extended reductions
313 in U_{crit} up to 7 days while in gibel carp a limited reduction in U_{crit} was seen only within the first
314 12 hours after copper exposure. After 24 hours of exposure, the gibel carp had almost recovered
315 and no further reduction in swimming performance was observed, similar to what we noticed

316 in goldfish in the present study. Reductions in swimming capacity under Cu exposure are
317 believed to be attributed to increased ammonia levels, with closer correlations to plasma
318 ammonia rather than muscle ammonia, as it is the distribution of ammonia between intra- and
319 extracellular compartments that causes depolarisation of the muscle cells (Beaumont et al.,
320 1995a,b, 2000a,b; McKenzie et al., 2003, De Boeck et al., 2006). However, in the present study
321 plasma ammonia and plasma urea were not significantly increased, which likely explains why
322 swimming capacity remained unaffected.

323 Cu levels in aquatic environments can run as high as 15 μM . Our exposure concentrations are
324 much lower, albeit above the average concentration of 0.16 μM . Overall, we conclude that at
325 these ecologically relevant concentrations osmoregulation in the relatively robust goldfish is
326 still disturbed. Although increased renal Na^+/K^+ -ATPase and H^+ -ATPase activities likely
327 supported increased renal Na^+ reabsorption in goldfish in an attempt to counteract ion loss, this
328 upregulation did not suffice to restore plasma Na^+ or osmolality within the first week of
329 exposure.

330

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337

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339

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464

465 **Tables**

466 **Table1:** Effect of treatment (exposure to low (0.34 μ M) or high (0.84 μ M) copper
 467 concentrations) and exposure time (1 or 7 days) and their interaction on physiological
 468 parameters of goldfish.

469

	Treatment		Time		Treatment x time	
	F-value	<i>P</i> -value	F-value	<i>P</i> -value	F-value	<i>P</i> -value
HSI	3.619	0.021	1.697	0.200	0.509	0.678
K-factor	0.172	0.915	1.512	0.226	0.308	0.819
MWC	0.356	0.785	0.022	0.884	2.955	0.044
Ucrit	0.768	0.519	0.253	0.618	0.632	0.559
Plasma urea	0.591	0.625	0.052	0.821	0.807	0.498
Plasma ammonia	0.822	0.489	0.649	0.425	1.523	0.223
Osmolality	9.113	0.000	4.523	0.040	1.090	0.364
Sodium	10.096	0.000	1.010	0.321	0.877	0.461
Na ⁺ /K ⁺ -ATPase gill	2.364	0.085	1.160	0.288	2.424	0.080
H ⁺ ATPase gill	1.363	0.268	1.613	0.211	0.937	0.432
Na ⁺ /K ⁺ -ATPase kidney	6.420	0.001	0.230	0.634	3.229	0.032
H ⁺ ATPase kidney	23.442	0.000	0.009	0.926	4.262	0.011

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471

472 **Table2:** Biometric data of goldfish exposed to low (LCu, 0.34 μ M) or high (HCu, 0.84 μ M)
 473 copper concentrations. Values are mean \pm SEM. Asterisks denote significant differences (*P* <
 474 0.05) compared to the fed control (*). No significant differences were found compared to the
 475 fasted control.

476

Treatments	Body mass (g)	Fork length (cm)	K-factor	HSI
Fed control	12.54 \pm 1.63	8.7 \pm 0.4	1.88 \pm 0.16	5.49 \pm 0.29
Fasted control				
1 day	12.41 \pm 0.78	8.5 \pm 0.2	2.02 \pm 0.15	3.20 \pm 0.60
7 days	10.85 \pm 1.05	8.6 \pm 0.2	1.69 \pm 0.08	2.22 \pm 0.30 *
LCu				
1 day	13.28 \pm 1.08	8.0 \pm 0.7	2.05 \pm 0.15	5.14 \pm 1.49
7 days	12.05 \pm 0.87	8.8 \pm 0.2	1.75 \pm 0.06	2.75 \pm 0.49
HCu				
1 day	13.30 \pm 0.87	8.7 \pm 0.3	2.05 \pm 0.13	4.12 \pm 0.94
7 days	10.88 \pm 1.08	8.3 \pm 0.3	1.92 \pm 0.15	2.24 \pm 0.24

477

478 **Table3:** MWC and U_{crit} of goldfish exposed to low (LCu, 0.34 μ M) or high (HCu, 0.84 μ M)

479 copper concentrations. Values are mean \pm SEM. No significant differences were found.

Treatments	U_{crit} (BL/s)	MWC (%)
Fed control	5.92 \pm 0.52	34.35 \pm 1.60
Fasted control 1 day	6.77 \pm 0.27	33.66 \pm 0.83
7 days	6.42 \pm 0.53	34.17 \pm 1.82
LCu 1 day	5.57 \pm 0.62	30.26 \pm 1.64
7 days	6.09 \pm 0.40	34.55 \pm 1.08
HCu 1 day	5.98 \pm 0.37	33.97 \pm 1.56
7 days	6.80 \pm 0.44	31.86 \pm 1.70

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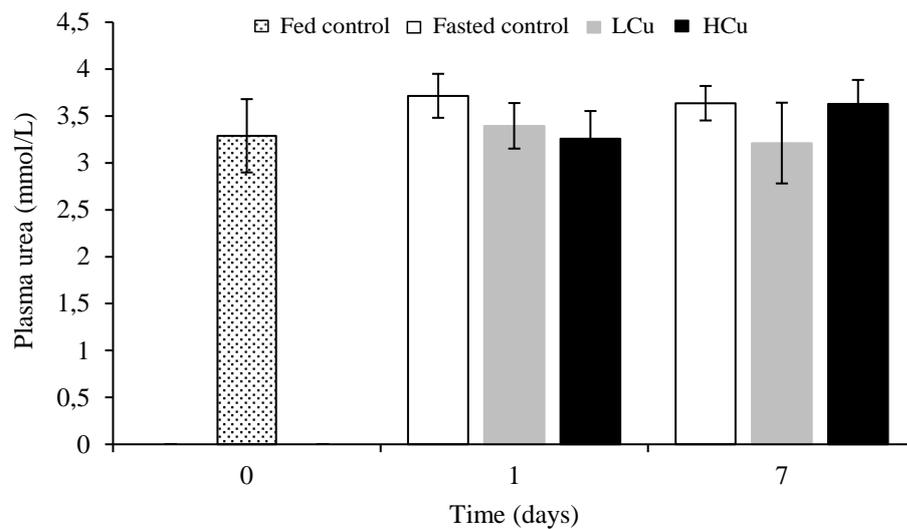
497 **Figures**

498

499 **Fig1.** Plasma urea accumulation of goldfish exposed to low (LCu, 0.34 μ M) or high (HCu, 0.84
500 μ M) copper concentrations. Values are mean \pm SEM. No significant differences were found.

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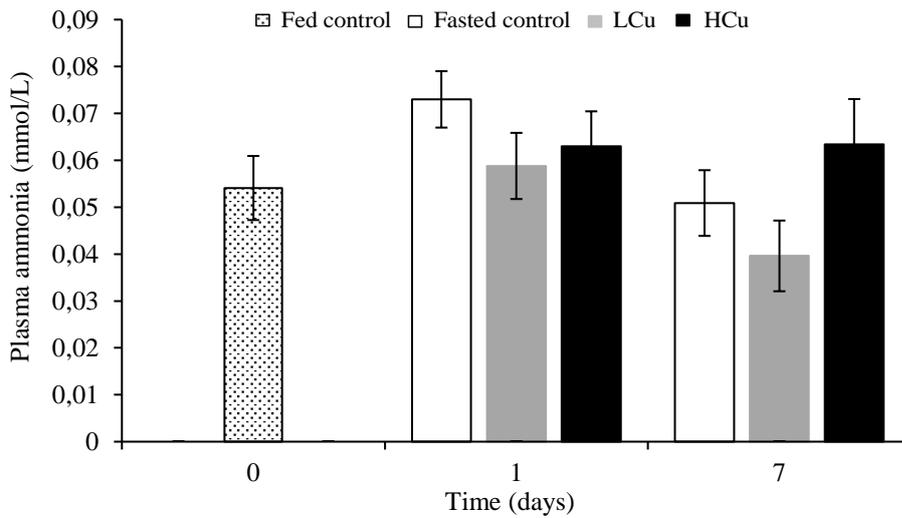


503

504 **Fig2.** Plasma ammonia accumulation of goldfish exposed to low (LCu, 0.34 μ M) or high (HCu,
505 0.84 μ M) copper concentrations. Values are mean \pm SEM. No significant differences were
506 found.

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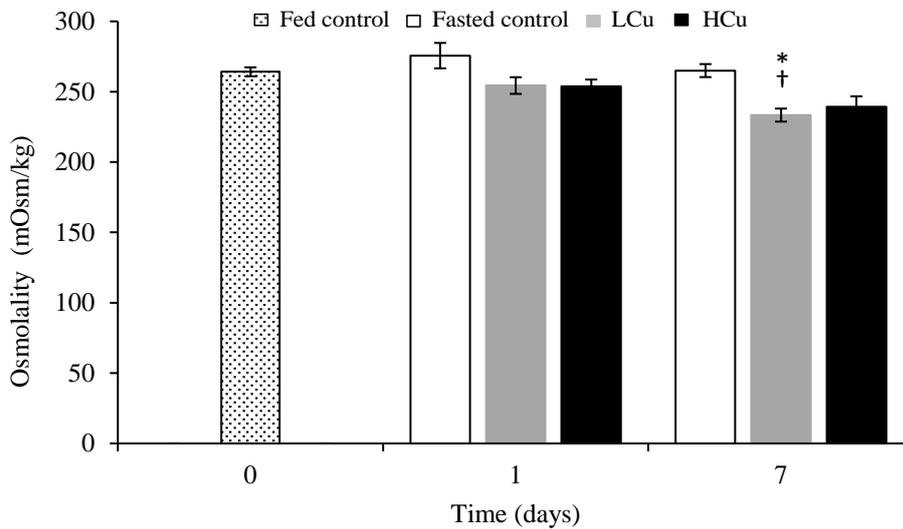
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511 **Fig3.** Osmolality of goldfish exposed to low (LCu, 0.34 μ M) or high (HCu, 0.84 μ M) copper
 512 concentrations. Values are mean \pm SEM. Different symbols denote significant differences ($P <$
 513 0.05) between fed control (*) or fasted control (†).

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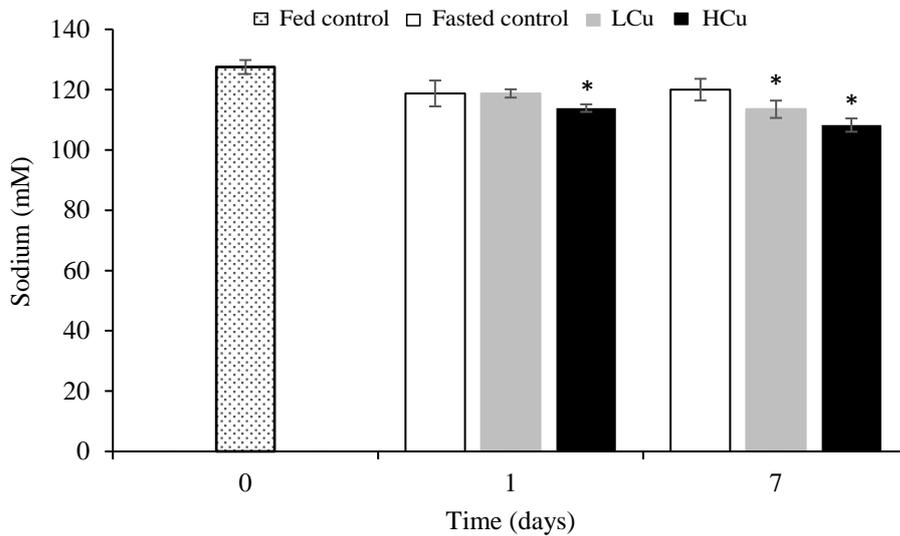
517

518 **Fig4.** Plasma sodium of goldfish exposed to low (LCu, 0.34 μ M) or high (HCu, 0.84 μ M)
 519 copper concentrations. Values are mean \pm SEM. Asterisks denote significant differences ($P <$

520 0.05) compared to the fed control (*). No significant differences were found compared to the
521 fasted control.

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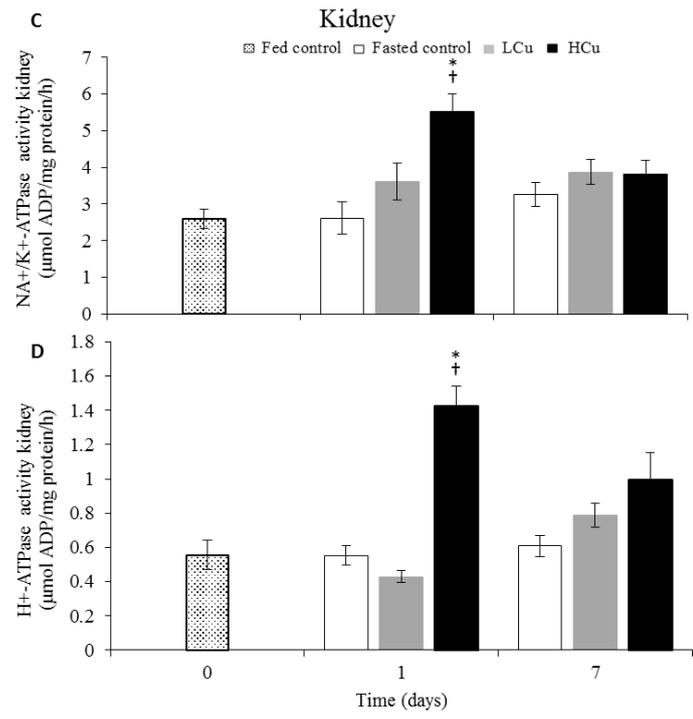
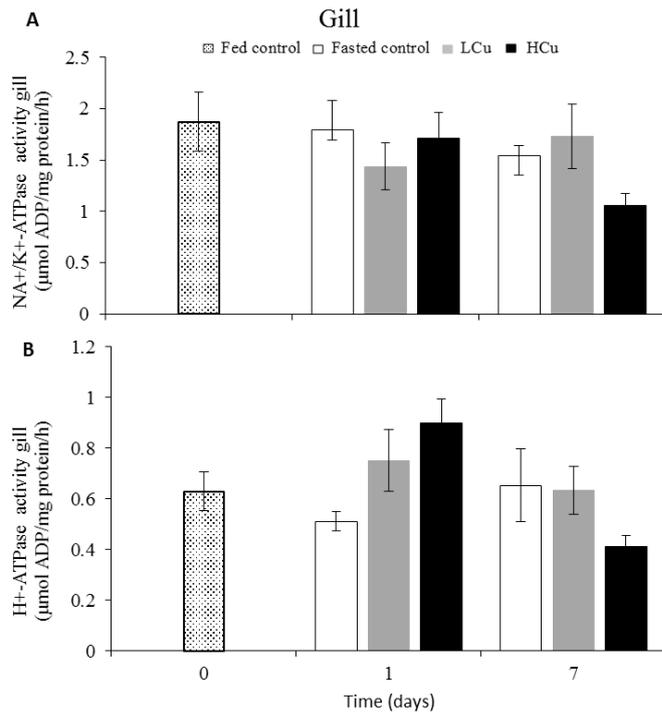


524

525 **Fig5.** Enzyme activity; Na⁺/K⁺-ATPase in gill (A), H⁺-ATPase in gill (B), Na⁺/K⁺-ATPase in
526 kidney (C), H⁺-ATPase in kidney (D) of goldfish exposed to low (LCu, 0.34 μM) or high (HCu,
527 0.84 μM) copper concentrations. Values are mean ± SEM. Different symbols denote significant
528 differences (P < 0.05) between fed control (*) or fasted control (†).

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