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# The Influence of Chronic Kidney Disease on Colonic Microbial Metabolism

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## **Abstract**

There is an increasing interest in the colonic microbiota as a relevant source of uremic retention solutes accumulating in chronic kidney disease (CKD). Renal disease can also profoundly affect the colonic micro-environment and has been associated with a distinct colonic microbial composition. However, the influence of CKD on the colonic microbial metabolism is largely unknown. Therefore, we studied fecal metabolite profiles of hemodialysis patients and healthy controls using a gas chromatography mass spectrometry method. We observed a clear discrimination between both groups with 81 fecal volatile organic compounds being significantly different between hemodialysis patients and healthy controls. To further explore the differential impact of renal function loss *per se* versus dietary and other CKD-related factors, we also compared fecal metabolite profiles between hemodialysis patients and household contacts on the same diet, demonstrating a close resemblance. On the other hand, significant differences could be noted between fecal samples of rats 6 weeks after 5/6<sup>th</sup> nephrectomy and those of sham-operated rats, still suggesting an independent influence of renal function loss. Thus, CKD is associated with a distinct colonic microbial metabolism, although the impact of renal function loss *per se* in humans may be inferior to dietary and other CKD-related factors. The potential beneficial effect of therapeutics targeting colonic microbiota in CKD patients has to be awaited.

## Background

The human intestinal tract is colonized by hundreds of trillions of microbes, collectively possessing hundreds of times as many genes as coded for by the human genome. The combined genetic potential of the endogenous microbiota, referred to as the 'microbiome', supplements the host with trophic, metabolic and protective signals.<sup>1</sup> Accordingly, the mammalian plasma metabolome is a composite of endogenous metabolites and metabolites originating from the colonic microbiota.<sup>2</sup>

The colonic microbiota is also a significant contributor to the metabolome in patients with chronic kidney disease (CKD).<sup>3</sup> Widely studied uremic retention solutes as *p*-cresyl sulfate and indoxyl sulfate are actually microbiome-human co-metabolites. *p*-Cresyl sulfate results from the combined actions of bacterial fermentation of tyrosine to *p*-cresol and endogenous sulfate conjugation. Likewise, indoxyl sulfate is the end-product of bacterial fermentation of tryptophan to indole followed by endogenous oxidation and sulfate conjugation.<sup>4;5</sup>

Loss of renal function leads to retention of these solutes.<sup>6;7</sup> Notably, renal function is not the sole determinant of serum concentrations of these colon-derived uremic retention solutes. In a recent study, both eGFR and intestinal generation independently determined serum concentrations of *p*-cresyl sulfate and indoxyl sulfate, with intestinal generation showing substantial inter-individual variability.<sup>8</sup> This interplay between intestinal generation and renal excretion has been coined the gut-kidney axis.<sup>9</sup>

Vaziri *et al*, in a pivotal study, already demonstrated that the colonic microbial composition itself is altered in CKD. Notable increases in the number of bacterial operational taxonomic

units belonging to the Brachybacterium, Catenibacterium, Enterobacteriaceae, Halomonadaceae, Moraxellaceae, Nesterenkonia, Polyangiaceae, Pseudomonadaceae and Thiothrix families were found.<sup>10</sup> To isolate the effect of renal function loss from CKD-related dietary restrictions, drug therapy and co-morbid conditions (e.g., diabetes mellitus), they additionally used a 5/6<sup>th</sup> nephrectomy rat model, again observing significant differences in the colonic microbial composition.

As different microbial species can share similar functional gene profiles, so-called functional redundancy, knowledge of the microbial composition alone does not necessarily lead to an understanding of its metabolic activity.<sup>11</sup> Moreover, the colonic microbial composition is not the sole determinant of the microbial metabolism. Apart from the microbial composition, physico-chemical characteristics of the fermentable substrate, amount of substrate available, intraluminal pH, colonic transit time and other factors all affect the way substrates are utilized and fermentation products are formed.<sup>12-14</sup> It must be noted that CKD profoundly affects the gastro-intestinal environment, thereby potentially influencing colonic microbial metabolism. We previously demonstrated that small intestinal protein assimilation is disturbed in CKD patients.<sup>15</sup> In addition, intraluminal pH is higher due to a higher ammonia concentration. Also, colonic transit time is prolonged.<sup>16</sup> Furthermore, patients with renal dysfunction also receive intestinal targeted drug therapy (e.g., phosphate binders), as well as dietary restrictions, mostly fruit and vegetables, which prevent potassium overload, but as a trade-off result in a significantly decreased fiber intake.<sup>17</sup>

Therefore, we questioned whether the colonic microbial metabolism is CKD-specific. As CKD extends beyond renal function loss, with associated differences in diet, age, drug therapy,

and co-morbidity, the second aim was to disentangle the effect of renal function loss *per se* versus the overall impact of CKD ('renal phenotype').

## **Results**

### *Baseline characteristics of hemodialysis patients and control groups*

We included 20 maintenance hemodialysis patients with a median age of 74 years (interquartile range (IQR) 64 – 81) and a dialysis vintage of 22 months (IQR 9 – 30). All patients were on a stable hemodialysis regime (4 hours, 3 times weekly) with a mean single-pool Kt/V of 1.77 (Standard deviation (SD) 0.25) reflecting adequate dialysis treatment. Most of the hemodialysis patients (70 %) were treated with phosphate binders and all patients received nutritional counseling to restrict dietary intake of fluid, sodium, phosphate and potassium. Baseline characteristics of the hemodialysis group and 3 control groups (i.e., unrelated healthy subjects, unrelated age-matched healthy subjects and household contacts on the same diet) are summarized in table 1.

### *CKD versus healthy controls*

We measured fecal metabolite profiles of hemodialysis patients and healthy controls using a previously reported gas chromatography mass spectrometry (GC-MS) method.<sup>18</sup> This technique allows for untargeted metabolomics of fecal volatile organic compounds (VOCs). In total, we identified 243 different VOCs. Of these, 48 VOCs were subject-specific and 25 VOCs were found in all subjects. In addition, there was a significantly higher number of VOCs per sample in healthy controls compared to hemodialysis patients (mean of 98 (SD 8) vs. 79 (SD 5) VOCs, respectively,  $P < 0.0001$ ). At first, data were analyzed by principal component analysis (PCA) and hierarchical cluster analysis, both unsupervised methods, already

demonstrating substantial differences between fecal metabolite profiles of hemodialysis patients and healthy controls (Figure 1). Next, we built a partial least square discriminant analysis (PLS-DA) model to optimize differences between these 2 groups, resulting in a clear discrimination between hemodialysis patients and controls (Figure 2A). This PLS-DA model was further validated using leave-one-out cross-validation. As can be observed in figure 2B, all samples could precisely be allocated to one of both groups. As a final validation step, we included 5 unrelated fecal samples of hemodialysis patients, allowing us to perform a prediction analysis for these 5 samples (Figure 2B). Again, each sample could accurately be classified as belonging to the group of hemodialysis patients, demonstrating stability and predictive performance of the obtained model.

We then explored individual VOCs responsible for discrimination of fecal metabolite profiles. After adjustment for the false discovery rate (FDR), we identified a total of 81 individual VOCs being significantly different between hemodialysis patients and healthy controls. Of these, 53 VOCs were upregulated and 28 VOCs were downregulated in hemodialysis patients (Table 2 and 3). As can be derived from table 2, both *p*-cresol and indole were also upregulated in the hemodialysis group. When grouping individual metabolites according to chemical classes with inspection of the correlation loading plot, we observed an upregulation of aldehydes, benzenes, branched-chain fatty acids, furans, indoles, medium-chain fatty acids and short-chain fatty acids, while ketones were downregulated in hemodialysis patients.

As there were significant differences in baseline characteristics between hemodialysis patients and healthy controls, potentially contributing to the observed discrimination of

fecal metabolite profiles, we included a second healthy control group with a similar age, gender and body mass index distribution. As demonstrated in figure 3A, a pronounced discrimination between fecal metabolite profiles of hemodialysis patients and the second healthy control group was noted in the corresponding PLS-DA model. In addition, each left-out sample and each sample of the 5 unrelated hemodialysis patients could accurately be classified in leave-one-out cross-validation and prediction analysis, respectively (Figure 3B). The same was also observed when performing a secondary analysis in non-diabetic hemodialysis patients (Figure 3C and 3D). When investigating discriminating metabolites, we identified a total of 55 significant VOCs (FDR-adjusted) of which 17 VOCs were also different between hemodialysis patients and the other healthy control group (Supplemental Table 1 and 2).

#### *CKD versus household contacts on the same diet*

As CKD patients are subjected to substantial dietary restrictions and other therapeutic interventions, it is difficult to elucidate the impact of renal function loss *per se* on the colonic microbial metabolism. Therefore, we included a second control group of household contacts sharing the dietary habits of the hemodialysis patients. In addition, there were neither significant between-group differences in age, gender, body mass index nor in the prevalence of diabetes. In this population, we identified a total of 203 different VOCs with 53 subject-specific VOCs and 28 VOCs that were found in all subjects. There was no significant difference in number of VOCs per sample between hemodialysis patients and household contacts on the same diet (mean of 79 (SD 5) vs. 77 (SD 9) VOCs, respectively,  $P$  0.38). When performing PCA on fecal metabolite profiles of both groups, there was no discrimination between samples of hemodialysis patients and household contacts (data not shown). By

assigning group information with the PLS-DA model (Figure 4A), a discrimination could be observed between the 2 groups, which was, however, not as pronounced as in the previous analysis. Classification of left-out samples in the leave-one-out cross-validation was also inaccurate (sensitivity 45 % - specificity 50 %) and prediction analysis of unrelated hemodialysis patients failed to correctly predict 3 out of 5 samples (Figure 4B).

Again, we explored individual VOCs being different between hemodialysis patients and household contacts on the same diet. Now, we only identified 2 VOCs (benzofuran and dimethyl sulfide), albeit not formally significant after FDR adjustment. When taking into account chemical classes and examining the correlation loading plot for possible shifts, we found an upregulation of aldehydes and furans in the group of hemodialysis patients.

The differential impact of the renal phenotype (including differences in diet, age and other CKD-related factors) versus renal function loss itself was also clearly visualized in the score plot of the combined PLS-DA model, simultaneously incorporating all 4 groups (hemodialysis patients, healthy subjects, age-matched healthy subjects, household contacts on the same diet) (Figure 5). While there was a clear discrimination between fecal metabolite profiles of hemodialysis patients and both healthy control groups, this difference faded when considering household contacts on the same diet.

#### *Animal data*

To further explore the sole impact of renal function loss we compared CKD rats 6 weeks after induction of 5/6<sup>th</sup> nephrectomy with control rats 6 weeks after sham operation. As expected, serum creatinine and 24h proteinuria were significantly higher in the CKD group

than in the control group. Although both groups gained weight during study, final body weight of CKD rats was lower, probably due to a lower cumulative food intake (Table 4). When analyzing their fecal metabolite profiles, we observed a total of 227 individual VOCs. Of these, 20 VOCs were animal-specific and 60 VOCs were found in all fecal samples. There were no significant differences in number of VOCs per sample between fecal samples of CKD rats and those of control rats (mean of 136 (SD 7) vs. 133 (SD 6) VOCs, respectively,  $P$  0.36). PCA demonstrated discrimination between fecal samples of both groups (data not shown), which was even more pronounced when also including group information within the PLS-DA model (Figure 6A). In leave-one-out cross-validation, apart from one sample in each group, all samples could be correctly classified (sensitivity of 90 % and specificity of 90 %) (Figure 6B).

We also explored individual metabolites responsible for the discrimination. In unadjusted analysis, 58 VOCs differed between CKD rats and control rats. After FDR adjustment, 4 VOCs remained significantly different (Table 5). Of these, levels of ethylbenzene were downregulated in CKD rats, in agreement with the hemodialysis patients. For *p*-cresol and indole, there were no significant differences between CKD and control rats (both unadjusted  $P$ -value of 0.10). When stratified according to chemical classes in the correlation loading plot, induction of renal insufficiency by 5/6<sup>th</sup> nephrectomy resulted in a predominant upregulation of alkanes, branched-chain fatty acids, phenols and sulfides, while short-chain fatty acids and esters were downregulated.

## Discussion

In this study we explored the influence of CKD on the colonic microbial metabolism. The key findings are that CKD is associated with a distinct colonic microbial metabolism. The CKD-related differences in the human colonic microbial metabolism can be attributed to a large extent to dietary restrictions and to a lesser extent to loss of renal function.

Lately, there is increasing interest in the colonic microbial metabolism as contributor to uremic retention solutes accumulating in CKD.<sup>4;5</sup> Both *p*-cresyl sulfate and indoxyl sulfate are representatives of this group of solutes and have been associated with overall mortality, cardiovascular disease and progression of CKD.<sup>6;7;19-22</sup> Recently, it has been demonstrated that CKD profoundly alters the colonic microbial composition.<sup>10</sup> However, the impact of CKD on the colonic microbial metabolism is largely unexplored.

In a first analysis, we demonstrated substantial differences in fecal metabolite profiles of hemodialysis patients and healthy controls, indicative of a distinct colonic microbial metabolism in CKD. When looking into more detail, we identified a total of 81 fecal metabolites being significantly different between hemodialysis patients and healthy controls. Interestingly, generation of both *p*-cresol and indole as precursors of *p*-cresyl sulfate and indoxyl sulfate, respectively, was also upregulated in hemodialysis patients, which confirms and extends a previous observation of higher levels of *p*-cresol and indole producing microbiota in patients with CKD.<sup>23</sup> In addition, there was an overall upregulation of aldehydes, benzenes, branched-chain fatty acids, furans, indoles, medium-chain fatty acids and short-chain fatty acids, while generation of ketones was blunted in hemodialysis patients. The clinical relevance of these fecal metabolite shifts is unknown. It may be hypothesized that alterations in fecal metabolite profiles may contribute to CKD-associated

intestinal barrier dysfunction, possibly leading to bacterial translocation and endotoxemia as a mechanism behind systemic inflammation and cardiovascular disease in CKD patients.<sup>24-26</sup> In addition, this may cause a paradigm shift in the traditional view of CKD as a state of accumulating, potentially toxic, solutes due to diminished renal excretion. Indeed, these findings may suggest that CKD also affects the intestinal exposure to different metabolites. Linking these fecal metabolite shifts to concomitant changes in serum levels in CKD patients may therefore be relevant to further elucidate the importance of the gut-kidney axis.

As CKD not only implies a loss of renal function, but goes along with differences in age and co-morbidity (e.g., diabetes mellitus), as well as substantial restrictions in diet, we performed additional analyses in an attempt to elucidate the differential impact of renal function loss itself versus the renal phenotype. First, we included an age-matched healthy control group, again demonstrating a pronounced discrimination with hemodialysis patients. Next, we compared hemodialysis patients with household contacts on the same diet that were also similar with respect to age, gender, body mass index and presence of diabetes mellitus. Fecal metabolite profiles of household contacts closely resembled those of hemodialysis patients. As the household contacts were no direct relatives of the hemodialysis patients, a common genetic background cannot explain the resemblance in fecal metabolite profiles, thus pointing to similarity in external influences. In this regard, it has been noted that cohabitation is associated with a more comparable colonic microbial composition<sup>27;28</sup>. Although this has mainly been explained by shared dietary habits as also present in the household contacts of our study, there may also be possible involvement of the mutual physical environment and social interaction.<sup>29;30</sup> Additionally, as it remains challenging to explore the sole effect of human renal function loss, we studied fecal

metabolite profiles in rats 6 weeks after 5/6<sup>th</sup> nephrectomy as well as after sham operation with both groups receiving regular dietary supply. In agreement with a previous experimental study by Meinardi *et al.*,<sup>31</sup> there were substantial differences in fecal metabolite profiles between CKD and control rats, pointing to an important and independent influence of renal function loss *per se*. Although inter-species differences cannot be excluded, these findings suggest that dietary and other CKD-related factors have a substantial impact on colonic microbial metabolism in CKD patients and may even outweigh the impact of renal function loss itself.

As nutrient intake is one of the most important factors driving colonic microbial behavior in the general population, it may not be surprising that dietary differences have a substantial impact on colonic microbial metabolism in CKD patients.<sup>13;32</sup> However, changing nutrient intake in CKD patients may not be simple, as these patients are at risk for hyperkalemia, hyperphosphatemia and malnutrition. Therefore, targeting the colonic microbial metabolism may be more feasible than interfering with current standard-of-care dietary restrictions. We previously explored the potential beneficial effect of prebiotics consisting of a mixture of inulin and oligofructose in hemodialysis patients, resulting in reduced serum levels and generation rates of *p*-cresyl sulfate.<sup>33</sup> Small studies with probiotics also demonstrated their potential to reduce generation of certain microbial-derived uremic retention solutes (e.g., indoxyl sulfate).<sup>34;35</sup> However, it must be noted that, although these results are encouraging, there are no studies investigating the benefit of these therapeutics on hard clinical endpoints.

There are limitations to our study. First, to investigate colonic microbial metabolism we studied metabolite profiles in fecal samples, probably more reflecting distal colonic microbial metabolism than that of the entire colon. In addition, we cannot exclude a concomitant effect of altered colonic metabolite transport due to CKD. Third, although household contacts were selected based on a statement of similar dietary habits, we did not formally include dietary assessments. Minor dietary differences between hemodialysis patients and household contacts can therefore not be excluded, but would probably not substantially alter the abovementioned conclusions. Availability of dietary information may also have enabled us to link changes in fecal metabolite profiles to specific CKD-related dietary differences. Fourth, our study population mainly consisted of patients of Caucasian origin. Care must be taken to extrapolate our data to other patient populations. Finally, a direct comparison between animal and human data may be challenging when considering inter-species differences in colonic microbial metabolism. Thus, further studies are still required to establish the sole effect of human renal function loss on fecal metabolite profiles.

In conclusion, the colonic microbial metabolism is altered in CKD. While this can be attributed in part to loss of kidney function *per se*, dietary and other CKD-related factors also affect the colonic microbial metabolism and even outweigh the importance of a reduced glomerular filtration rate. These observations challenge the conventional paradigm of accumulation of potentially toxic solutes solely due to diminished renal excretion. Our findings suggest that CKD also affects exposure to metabolites through altered colonic microbial metabolism.

## **Concise methods**

### *Patients and controls*

CKD patients, treated with maintenance hemodialysis therapy for at least 3 months at the dialysis unit of the University Hospitals Leuven, 18 years or older and able to provide consent, were eligible for inclusion (clinicaltrials.gov NCT01874210). We included 3 control groups composed of unrelated healthy subjects, unrelated age-matched healthy subjects, as well as household contacts on the same diet. Each group consisted of 20 subjects. Patients with known gastro-intestinal disease (e.g., inflammatory bowel disease) and previous colorectal surgery were excluded. Use of antibiotics, prebiotics or probiotics in the past 4 weeks was not allowed. Both hemodialysis patients and control subjects were asked to bring a fecal sample to the laboratory within 12 hours of defecation. After collection of the fecal sample, an aliquot was immediately frozen and stored at – 20 °C until further analysis. Preliminary testing demonstrated no differences between fecal metabolite profiles of fresh and frozen (– 20 °C) samples. The study was performed according to the Declaration of Helsinki and approved by the ethics committee of the University Hospitals Leuven. Informed consent was obtained from all patients.

### *Animals*

Experimental procedures were conducted according to the National Institutes of Health Guide for the Care and Use of Laboratory Animals 85-23 (1996) and approved by the ethics committee of the University of Antwerp (Permit number: 2012-13). Fourteen male Wistar rats (Charles River, Lille, France) were subjected to 5/6<sup>th</sup> nephrectomy, consisting of the ligation of 2/3 of the extrarenal branches of the renal artery of the left kidney, followed by nephrectomy of the right kidney one week later. Before surgery, rats were anesthetized by intraperitoneal injection of 60 mg/kg Nembutal (Ceva Santé Animale, Libourne, France).

During study, rats were fed a standard rodent diet (SSNIFF Spezialdiäten, Soest, Germany) and had free access to food and water. Animals were housed 2 per cage and bedding was changed twice weekly. At 6 weeks post 5/6<sup>th</sup> nephrectomy, 10 animals were still alive and included for further analysis. At that moment, blood was drawn by puncture of the tail vein. Furthermore, urine and fecal matter were collected for 24 hours using metabolic cages. As a control group, we used 10 male Wistar rats undergoing sham operation and fed the same diet. Again, 6 weeks after the procedure, collection of blood, urine and fecal matter was performed.

#### *Analytical methods*

Fecal metabolite profiles were studied using a dedicated GC-MS method, allowing for untargeted metabolomics of fecal VOCs with identification of a highly relevant subgroup, including *p*-cresol and indole as precursors of *p*-cresyl sulfate and indoxyl sulfate, respectively<sup>18</sup>. Immediately before analysis, fecal aliquots were thawed and 0.25 g fecal sample was suspended in 4870  $\mu$ l water. 2-Ethylbutyrate (40  $\mu$ l; 250 mg/100 ml) was added as internal standard. A magnetic stirrer, a pinch of sodium sulfate, and 130  $\mu$ l sulfuric acid were added to the sample to salt out and acidify the solution, respectively. To prevent cross-over from one sample to another, water samples were extracted after each sample. The VOCs were analyzed on a GC-MS (Trace GC, Thermoquest, Rodano, Italy and DSQ II, Thermo Electron, San José, CA, USA), which was coupled on-line to a purge-and-trap system (Velocity, Teledyne Tekmar, Mason, OH, USA). Metabolites were purged out the sample for 20 min with a helium flow rate of 40 ml/min, carried over a dry flow column (Trap Tenax tbv Velocity, Interscience, Louvain-la-Neuve, Belgium) for 3 min to control moisture transfer, and concentrated on a second polar trap column (Trap Vocarb tbv Velocity, Interscience).

Consequently, the VOCs were desorbed from the trap by raising the trap temperature to 250 °C for 5 min. After desorption, the trap temperature was further raised to 270 °C for 10 min to remove any contamination of tailing compounds. The desorbed compounds were conducted via the transfer line (175 °C) to the injector of the GC, where they were separated on an analytical column, AT Aquawax DA (30 m x 0.25 mm internal diameter, 0.25 µm film thickness, Grace, Deerfield, IL, USA). Helium was used as carrier gas with a constant flow of 10 ml/min. The oven temperature was maintained at 35 °C (isothermal for 2 min) and increased with 5 °C/min to 100 °C and with 10° C/min to 240 °C. This final temperature was held for 5 min. MS was performed in full scan mode from m/z 30 to m/z 500 at 2 scans/s. Xcalibur software (Thermo Scientific, Breda, The Netherlands) was used for the automatization of the GC-MS and for data acquisition. The resulting chromatograms were processed using Automatic Mass Spectral Deconvolution and Identification Software (AMDIS, version 2.71) provided by the National Institute of Standards and Technology (NIST, Gaithersburg, MD, USA). Identification of the metabolites in the samples was achieved by comparing the mass spectra of unknown peaks with the NIST library. Compounds showing mass spectra with match factors  $\geq 90\%$  were positively identified. Differential peak identities were further confirmed for retention time and mass spectra from our in-house standards library. All compounds were relatively quantified compared with 2-ethylbutyrate.

### *Statistical analysis*

Data are expressed as mean (standard deviation (SD)) for normally distributed variables or median (interquartile range (IQR)) for non-normally distributed variables. Between-group differences of baseline characteristics were tested using Student's t-test, Wilcoxon rank sum test or Chi-squared test, as appropriate. *P*-values less than 0.05 were considered significant.

For statistical processing of fecal metabolite profiles, sample-specific VOCs, i.e., compounds that were detected in only one subject, were discarded from statistical analysis because they do not exert any discriminatory power due to their low occurrence rate and introduce noise if implemented into the classification model<sup>36</sup>. Multivariate statistical analysis consisted of principal component analysis (PCA), hierarchical cluster analysis and partial least square discriminant analysis (PLS-DA). Data were weighed by their standard deviation to give them equal variances. PCA and hierarchical cluster analysis, both unsupervised methods, were carried out for first data exploration and clustering of metabolite profiles without knowledge of group membership. PLS-DA, a supervised learning technique, was then applied to cluster samples with similar metabolite profiles after assignment of group information. The obtained models were validated using leave-one-out cross-validation and additional inclusion of 5 unrelated samples of hemodialysis patients also allowed to test the predictive performance of these models. Between-group differences of VOCs were explored with the correlation loading plot and Wilcoxon rank sum test. The Benjamini – Hochberg false FDR was applied to correct for multiple testing and FDR-adjusted *P*-values of less than 0.05 were considered significant<sup>37</sup>. All statistical analyses were performed using SAS (version 9.3, the SAS institute, Cary, NC, USA) and Unscrambler (Version 10.3, CAMO A/S, Trondheim, Norway).

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**Statement of competing financial interests**

No conflicts of interest

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## Legends to figures

### Figure 1 – Fecal metabolite profiles of hemodialysis patients and healthy controls

a) Hierarchical cluster analysis. Rows represent fecal metabolite profiles of hemodialysis patients (CKD ▫) and healthy controls (control ●). Red indicates increased abundance of individual volatile organic compounds relative to internal standard and blue indicates decreased abundance, and b) Principal component analysis score plot of fecal metabolite profiles of hemodialysis patients (▫) and healthy controls (●).

### Figure 2 – Partial least square discriminant analysis of fecal metabolite profiles of hemodialysis patients and healthy controls

a) Partial least square discriminant analysis score plot of fecal metabolites profiles of hemodialysis patients (▫) and healthy controls (●), and b) Leave-one-out cross-validation and prediction analysis from the partial least square discriminant analysis model for hemodialysis patients (▫), healthy controls (●) and 5 additional unrelated hemodialysis patients (□); the predicted group of hemodialysis patients has a target value of  $y = 1$ , the group of healthy controls has a target value of  $y = 0$ , and the discriminant threshold ( $y = 0.5$ ) is the dashed line.

### Figure 3 – Partial least square discriminant analysis of fecal metabolite profiles of hemodialysis patients and age-matched healthy controls

a) Partial least square discriminant analysis score plot of fecal metabolites profiles of hemodialysis patients (▫) and age-matched healthy controls (◆), and b) Leave-one-out cross-validation and prediction analysis from the partial least square discriminant analysis model for hemodialysis patients (▫), age-matched healthy controls (◆) and 5 additional unrelated

hemodialysis patients (□); c) Partial least square discriminant analysis score plot of fecal metabolites profiles of non-diabetic hemodialysis patients (▪) and age-matched healthy controls (◆), and d) Leave-one-out cross-validation and prediction analysis from the partial least square discriminant analysis model for non-diabetic hemodialysis patients (▪), age-matched healthy controls (◆), and 5 additional unrelated hemodialysis patients (□); the predicted group of hemodialysis patients has a target value of  $y = 1$ , the group of healthy controls has a target value of  $y = 0$ , and the discriminant threshold ( $y = 0.5$ ) is the dashed line.

**Figure 4** – Fecal metabolite profiles of hemodialysis patients and household contacts on the same diet

a) Partial least square discriminant analysis score plot of fecal metabolites profiles of hemodialysis patients (▪) and household contacts on the same diet (△), and b) Leave-one-out cross-validation and prediction analysis from the partial least square discriminant analysis model for hemodialysis patients (▪), household contacts on the same diet (△) and 5 additional unrelated hemodialysis patients (□); the predicted group of hemodialysis patients has a target value of  $y = 0$ , the group of household contacts on the same diet has a target value of  $y = 1$ , and the discriminant threshold ( $y = 0.5$ ) is the dashed line.

**Figure 5** – Fecal metabolite profiles of hemodialysis patients, healthy controls, age-matched healthy controls and household contacts on the same diet

Partial least square discriminant analysis score plot of fecal metabolites profiles of hemodialysis patients (▪), healthy controls (●), age-matched healthy controls (◆) and household contacts on the same diet (△).

**Figure 6** – Fecal metabolite profiles of rats 6 weeks after induction of 5/6<sup>th</sup> nephrectomy and after sham operation

a) Partial least square discriminant analysis score plot of fecal metabolites profiles of rats 6 weeks after induction of 5/6<sup>th</sup> nephrectomy (CKD rats ■) and after sham operation (control rats ●), and b) Leave-one-out cross-validation from the partial least square discriminant analysis model for CKD rats (■) and controls rats (●); the predicted group of CKD rats has a target value of  $y = 1$ , the group of control rats has a target value of  $y = 0$ , and the discriminant threshold ( $y = 0.5$ ) is the dashed line.

## Tables

**Table 1** – Baseline characteristics of hemodialysis patients and control groups

Variable	Hemodialysis patients (n = 20)	Healthy controls (n = 20)	Age-matched healthy controls (n = 20)	Household contacts (n = 20)
Age (years)	74 (64 – 81)	25 (23 – 32) <sup>a</sup>	72 (66 – 78) <sup>b</sup>	69 (64 – 77) <sup>b</sup>
Gender: female/male (%)	10/10 (50/50)	17/3 (85/15) <sup>a</sup>	10/10 (50/50) <sup>b</sup>	10/10 (50/50) <sup>b</sup>
Body mass index (kg/m <sup>2</sup> )	26.34 (5.08)	21.32 (1.55) <sup>a</sup>	27.14 (3.75) <sup>b</sup>	27.61 (6.46) <sup>b</sup>
Diabetes mellitus: yes/no (%)	6/14 (30/70)	0/20 (0/100) <sup>a</sup>	0/20 (25/75) <sup>a</sup>	5/15 (25/75) <sup>b</sup>

Data are expressed as mean (SD) or median (IQR), as appropriate. Differences between groups were tested using Student's t-test, Wilcoxon rank sum test or Chi-squared test, as appropriate.

<sup>a</sup> P-value hemodialysis patients vs. control group < 0.05.

<sup>b</sup> P-value hemodialysis patients vs. control group non-significant

**Table 2** – Relative levels of volatile organic compounds upregulated in fecal samples of hemodialysis patients versus healthy controls (median (interquartile range))

Metabolite	Hemodialysis patients	n <sup>a</sup>	Healthy controls	n <sup>a</sup>	P-value <sup>b</sup>
Diphenyl sulfide	0.0187 (0.0140 – 0.0207)	20	ND	0	< 0.0001
o-Cymene	0.0920 (0.0301 – 0.3262)	20	ND	0	< 0.0001
Benzoic acid, 4-ethoxy-, ethyl ester	0.0096 (0.0058 – 0.0125)	20	0.0002 (0 – 0.0003)	14	< 0.0001
Hexadecanal	0.0700 (0.0511 – 0.0925)	20	0.0011 (0.0001 – 0.0016)	15	< 0.0001
Propanal	0.2318 (0.1850 – 0.4000)	20	0.0506 (0.0369 – 0.0595)	20	< 0.0001
Carbon disulfide	0.0486 (0.0377 – 0.0614)	20	0.0040 (0.0032 – 0.0052)	20	< 0.0001
Tetradecanal	0.1353 (0.0818 – 0.1911)	20	0.0065 (0.0043 – 0.0095)	0	< 0.0001
Furan	0.0440 (0.0243 – 0.0512)	20	0.0078 (0.0064 – 0.0138)	20	< 0.0001
Oxirane, hexadecyl-	0.1346 (0.0525 – 0.2575)	20	0.0051 (0.0034 – 0.0137)	20	< 0.0001
Dodecanal	0.0528 (0.0248 – 0.0835)	20	0.0033 (0.0012 – 0.0062)	19	< 0.0001
Tridecanal	0.0044 (0.0023 – 0.0105)	17	0 (0 – 0)	2	< 0.0001
γ-Dodecalactone	0.0036 (0.0006 – 0.0108)	17	0 (0 – 0)	2	< 0.0001
4-Hydroxy-2-methylacetophenone	0.0033 (0.0023 – 0.0057)	16	0 (0 – 0)	1	< 0.0001
2-Furancarboxaldehyde, 5-methyl-	0.0104 (0.0056 – 0.0143)	19	0.0006 (0.0003 – 0.0012)	20	< 0.0001
Benzene, 1,3,5-trimethyl-	0.0024 (0.0016 – 0.0042)	19	0.0003 (0.0002 – 0.0005)	20	< 0.0001
Cumene	0.0089 (0.0043 – 0.0162)	20	0.0021 (0.0010 – 0.0025)	20	< 0.0001
Furan, 2-methyl-	0.0535 (0.0327 – 0.0752)	20	0.0082 (0.0055 – 0.0119)	20	< 0.0001
Propanal, 2-methyl-	0.2629 (0.1480 – 0.3990)	20	0.0603 (0.0312 – 0.1109)	20	< 0.0001
Butanoic acid, 2-methyl-	1.7851 (1.1153 – 2.1031)	20	0.4009 (0.2690 – 0.6865)	20	< 0.0001
Butanoic acid, 3-methyl-	1.9240 (1.2099 – 2.4170)	20	0.3947 (0.3106 – 0.8021)	20	< 0.0001
Unknown ether	0.0333 (0.0079 – 0.0441)	18	0.0007 (0 – 0.0021)	14	< 0.0001
Indole	0.0045 (0.0017 – 0.0093)	19	0.0008 (0.0004 – 0.0011)	20	< 0.0001
Cyclododecane	0.0039 (0.0019 – 0.0111)	16	0 (0 – 0)	3	< 0.0001
Propanoic acid, 2-methyl-	0.5095 (0.3770 – 0.6937)	20	0.1705 (0.1351 – 0.3057)	20	< 0.0001

Bromochloronitromethane	0.0017 (0.0008 – 0.0033)	20	0.0004 (0.0003 – 0.0007)	20	0.0001
<i>p</i> -Cresol	0.7123 (0.5485 – 0.9055)	20	0.1214 (0.0797 – 0.1694)	20	0.0002
Methanethiol	0.0475 (0.0236 – 0.0699)	18	0.0078 (0.0044 – 0.0124)	17	0.0002
Methane, tribromo-	0.0030 (0.0018 – 0.0058)	18	0.0006 (0.0004 – 0.0007)	20	0.0002
9-Hexadecenal	0.0007 (0 – 0.0023)	12	ND	0	0.0003
Furan, tetrahydro-	0.5948 (0.3757 – 1.0087)	20	0.2250 (0.1486 – 0.4011)	20	0.0004
Acetaldehyde	1.0375 (0.8149 – 1.3758)	20	0.5494 (0.2662 – 0.6825)	20	0.0004
Benzaldehyde	0.4652 (0.3334 – 0.6707)	20	0.1450 (0.0821 – 0.2110)	20	0.0005
Benzene, 1,2,4-trimethyl-	0.0032 (0 – 0.0060)	13	0 (0 – 0)	2	0.0006
Styrene, 3,4-dimethyl-	0.0026 (0 – 0.0173)	13	0 (0 – 0)	2	0.0006
Unknown aldehyde	0.0788 (0.0144 – 0.1369)	18	0.0028 (0.0011 – 0.0079)	17	0.0006
Pentanoic acid	0.6949 (0.4082 – 1.0076)	20	0.2249 (0.1837 – 0.3160)	20	0.0007
3,4-Dimethyl-2-(3-methyl-butryl)-benzoic acid, methyl ester	0.0001 (0 – 0.0006)	11	ND	0	0.0006
Phenol, 3,5-dimethyl-	0.0030 (0.0018 – 0.0055)	18	0.0010 (0.0006 – 0.0019)	20	0.002
Acetic acid	0.3123 (0.1873 – 0.4586)	20	0.1472 (0.1139 – 0.1887)	20	0.003
Propanoic acid	0.2419 (0.1210 – 0.4632)	20	0.0980 (0.0721 – 0.1359)	20	0.006
Benzyl alcohol	0 (0 – 0.0009)	8	ND	0	0.007
Nonanal	0 (0 – 0.0006)	8	ND	0	0.007
<i>p</i> -Xylene	0.0022 (0 – 0.0041)	14	0.0002 (0 – 0.0007)	10	0.009
Benzeneacetaldehyde	0.0074 (0.0018 – 0.0143)	16	0.0018 (0.0011– 0.0025)	18	0.01
Benzene, 1,2,3,5-tetramethyl-	0 (0 – 0.0022)	7	ND	0	0.01
1-Butanol	0.0549 (0.0159 – 0.2146)	20	0.0067 (0.0023 – 0.0205)	20	0.02
1H-Indole, 3-methyl-	0.1199 (0.0307 – 0.2992)	19	0.0185 (0.0025 – 0.0657)	20	0.02
$\alpha$ -Terpineol	0.0090 (0.0035 – 0.0439)	19	0.0025 (0.0013 – 0.0069)	20	0.02
<i>p</i> -Menth-1-en-4-ol	0.0241 (0.0039 – 0.0465)	16	0.0029 (0.0002 – 0.0064)	15	0.02
Toluene	0.0081 (0.0068 – 0.0184)	17	0.0034 (0.0019 – 0.0043)	20	0.04
Butanoic acid	1.3062 (0.6324 – 1.7350)	20	0.5292 (0.3271 – 0.8490)	20	0.05

Butanoic acid, 2,2-dimethyl-	0 (0 – 0.0157)	5	ND	0	0.05
7-Hexadecene	0 (0 – 0.0002)	5	ND	0	0.05

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<sup>a</sup> number of subjects in which volatile organic compound was detected (/20)

<sup>b</sup> False discovery rate adjusted *P*-value

ND: non-detectable

**Table 3** – Relative levels of volatile organic compounds downregulated in fecal samples of hemodialysis patients versus healthy controls (median (interquartile range))

Metabolite	Hemodialysis patients	n <sup>a</sup>	Healthy controls	n <sup>a</sup>	P-value <sup>b</sup>
β-Cymene	ND	0	0.0092 (0.0048 – 0.0212)	20	< 0.0001
2-Pentanone	ND	0	0.0138 (0.0023 – 0.0263)	20	< 0.0001
Ethyl ether	ND	0	0.0038 (0.0013 – 0.0056)	17	< 0.0001
Propanoic acid, 2-methyl-, 2,2-dimethyl-1-(2-hydroxy-1-methylethyl)propyl ester	ND	0	0.0005 (0.0003 – 0.0054)	16	< 0.0001
Propanoic acid, 2-methyl-, 3-hydroxy-2,4,4-trimethylpentyl ester	0 (0 – 0)	2	0.0006 (0.0002 – 0.0081)	19	< 0.0001
5-Hepten-2-one, 6-methyl-	ND	0	0.0003 (0.0000 – 0.0010)	15	< 0.0001
Thiophene, 2-methyl-	0 (0 – 0)	2	0.0003 (0.0002 – 0.0005)	17	< 0.0001
2-Pentanol	ND	0	0.0007 (0 – 0.0013)	14	< 0.0001
2-Carene	ND	0	0.0005 (0 – 0.0027)	14	< 0.0001
Hexane	ND	0	0.0038 (0 – 0.0689)	14	< 0.0001
Disulfide, methyl propyl-	0 (0 – 0)	1	0.0010 (0 – 0.0043)	14	0.0006
Trichloromethane	0 (0 – 0.0036)	5	0.0122 (0.0034 – 0.0412)	20	0.0007
Ethylbenzene	0 (0 – 0)	2	0.0009 (0 – 0.0014)	14	0.0008
Unknown component	0 (0 – 0)	3	0.0008 (0.0005 – 0.0011)	18	0.0009
1-Butene, 3,3-dimethyl-	ND	0	0.0002 (0 – 0.0006)	10	0.002
Phenol, 2-ethyl-	0 (0 – 0)	1	0.0002 (0 – 0.0009)	12	0.003
Disulfide, dimethyl-	0.1176 (0.0747 – 0.1713)	20	0.2447 (0.1582 – 0.3505)	20	0.004
Methane, bromodichloro-	0 (0 – 0)	2	0.0001 (0 – 0.0001)	14	0.004
Hexanal	0 (0 – 0.0029)	8	0.0048 (0.0029 – 0.0116)	17	0.004
Pyrrrole	0 (0 – 0)	2	0.0002 (0 – 0.0003)	13	0.008
Isopropyl alcohol	ND	0	0 (0 – 0.0011)	7	0.01
Pentanal	0 (0 – 0.0014)	5	0.0059 (0 – 0.0131)	14	0.02
3-Phenyl-4-penten-2-ol	ND	0	0 (0 – 0.0001)	6	0.03

Furan, 2-pentyl-	0 (0 – 0)	4	0.0003 (0.0001 – 0.0004)	16	0.03
β-Pinene	0 (0 – 0)	1	0 (0 – 0.0020)	8	0.03
1-Butanone, 1-(2-furanyl)-	0 (0 – 0)	3	0.0001 (0 – 0.0003)	12	0.05
Thiocyanic acid, methyl ester	ND	0	0 (0 – 0.0000)	5	0.05
3-Buten-2-one, 3-methyl-	ND	0	0 (0 – 0.0003)	5	0.05

<sup>a</sup> number of subjects in which volatile organic compound was detected (/20)

<sup>b</sup> False discovery rate adjusted *P*-value

ND: non-detectable

**Table 4** – Characteristics of CKD rats and control rats 6 weeks after 5/6<sup>th</sup> nephrectomy or sham operation

Variable	CKD rats (n = 10)	Control rats (n = 10)	P-value
Serum creatinine (mg/dl)	1.58 (± 0.27)	0.84 (± 0.24)	< 0.0001
Creatinine clearance (ml/min)	0.80 (± 0.29)	1.67 (± 0.36)	< 0.0001
Proteinuria (mg/24h)	79 (40 – 160)	12 (8 – 14)	0.0003
Body weight (g)	370 (± 36)	406 (± 25)	0.02
Cumulative food intake (g per 6 weeks)	996 (± 50)	1090 (± 38)	0.0002

**Table 5** – Relative levels of volatile organic compounds differentially expressed in fecal samples of CKD rats and controls rats (median (interquartile range))

	Metabolite	CKD rats	n <sup>a</sup>	Control rats	n <sup>a</sup>	<i>P</i> -value <sup>b</sup>
<b>UP</b>	Benzoic Acid	0.0004 (0.0002 – 0.0007)	8	0 (0 – 0)	0	0.04
	1-Hexadecanol	0 (0 – 0)	0	0.0024 (0.0019 – 0.0094)	9	0.04
<b>DOWN</b>	Propanoic acid	0.1388 (0.1038 – 0.1582)	10	0.2244 (0.1919 – 0.2613)	10	0.04
	Ethylbenzene	0 (0 – 0)	2	0.0030 (0.0015– 0.0053)	10	0.04

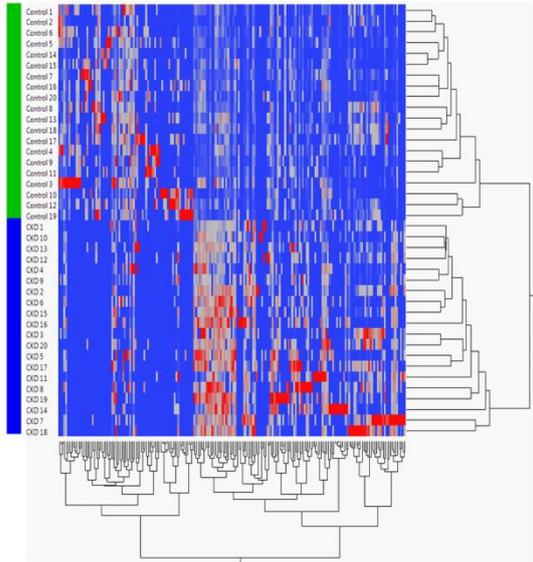
<sup>a</sup> number of rat samples in which volatile organic compound was detected (/10)

<sup>b</sup> False discovery rate adjusted *P*-value

ND: non-detectable

Figure 1

A



B

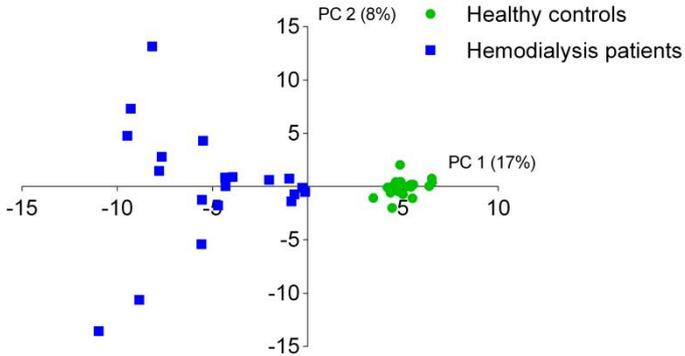


Figure 2

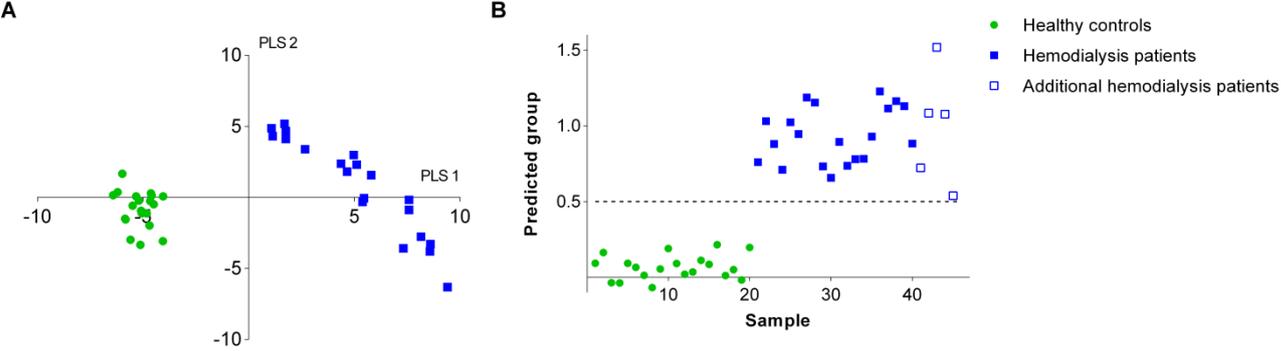


Figure 3

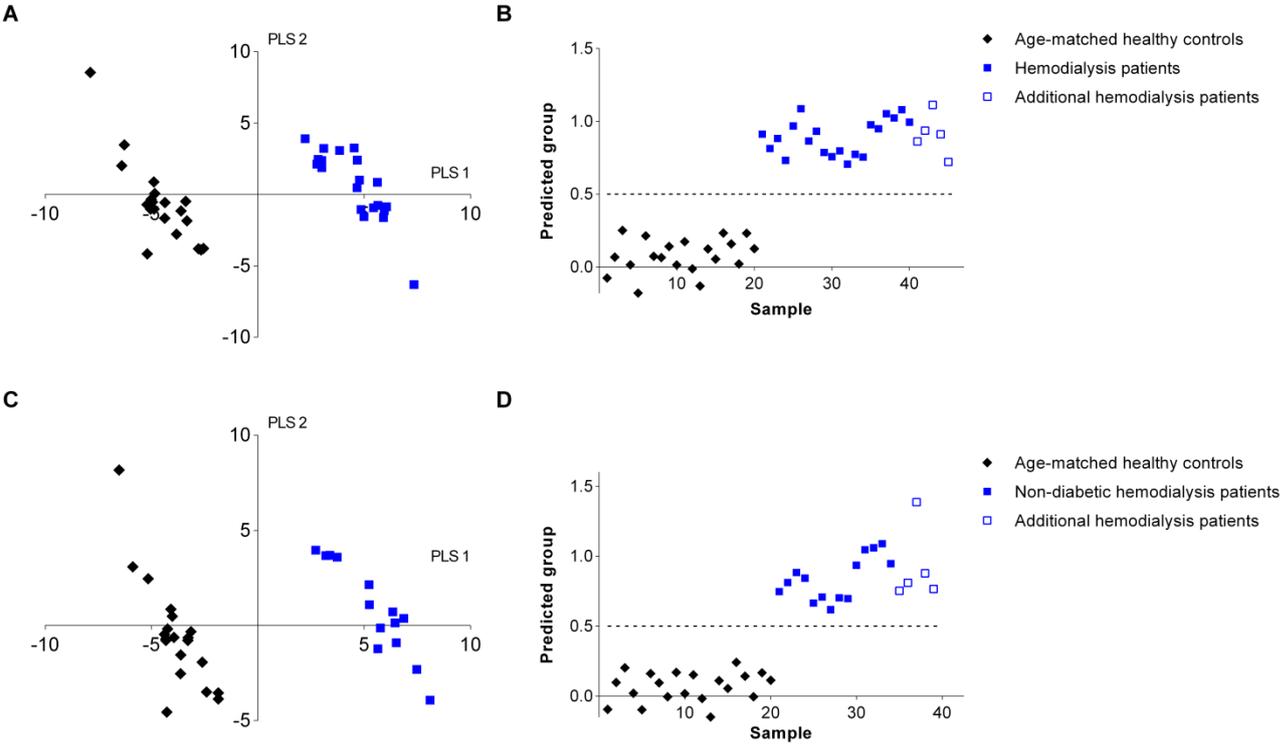


Figure 4

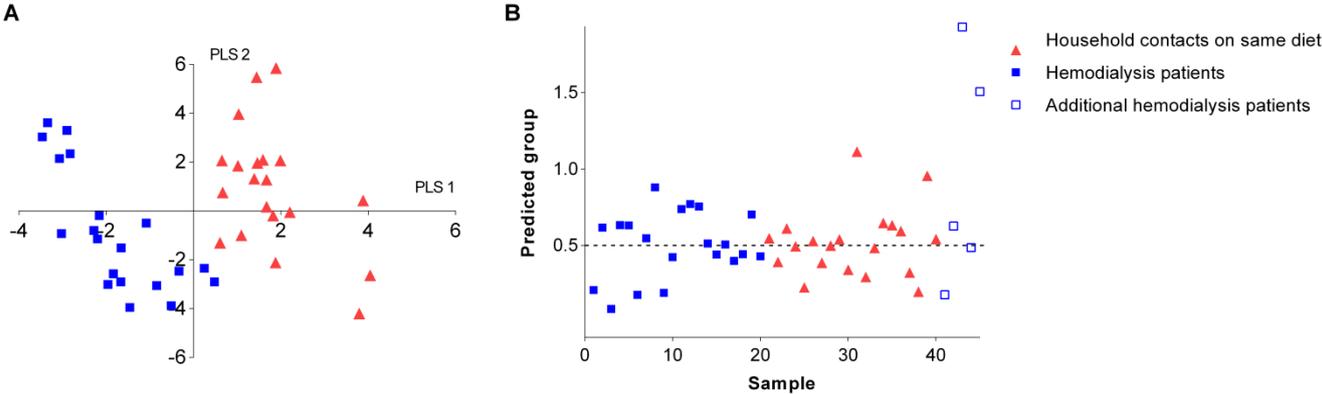


Figure 5

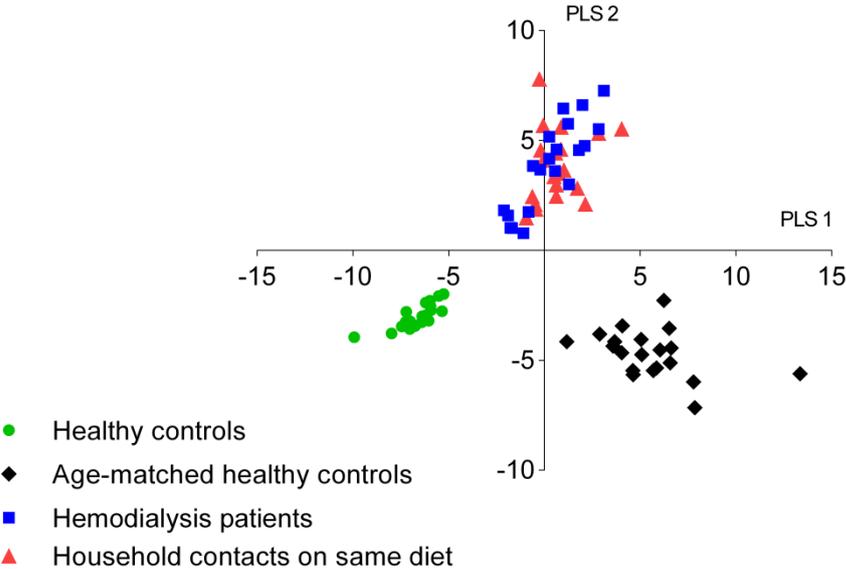


Figure 6

