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1	Occurrence of selected halogenated flame retardants in Belgian foodstuff
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16 Abstract

17 This paper reports on the occurrence of halogenated flame retardants (HFRs), namely PBDEs, HBCDs, TBBPA, brominated phenols (BrPhs), dechlorane plus (DP) and emerging FRs in a variety 18 of Belgian foodstuffs. A total of 183 composite food samples were analyzed by GC-MS and LC-19 MS/MS techniques for the presence of HFRs. The analyses revealed that 72% of the samples was 20 contaminated with HFRs to some extent. The highest number of contaminated samples was 21 observed within the group 'Potatoes and derived products', 'Fish and fish products' and 'Meat and 22 meat products', while the least contaminated group was 'Food for infants and small children'. The 23 total HFR content ranged from <LOQ to 35.4 ng/g ww with an average content of 1.2 ng/g ww and 24 median of 0.25 ng/g ww. The samples with the highest total HFR levels were canned king crab, 25 fresh mackerel, Emmental cheese, fresh eel and plaice. The most frequently detected HFRs were 26 PBDEs and BrPhs being present in almost all food groups, and among the individual HFRs, the 27 28 most frequently found compounds were BDE-47 (53%), BDE-209 (46%) and 246-TBP (40%). TBBPA, DPs, TBPH and γ -HBCD occurred with a frequency of less than 5%. TBBPS, 26-DBP, 29 30 HBB, TBB and BTBPE were not detected in any of the analyzed food samples.

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32 Keywords

33 Brominated flame retardants; Dechloranes; PBDEs; HBCDs; food analysis; occurrence

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35 **1. Introduction**

Flame retardants (FRs) are a diverse group of chemicals added to a wide range of consumer 36 products, including plastics, polymers, textiles, building materials, and electric and electronic 37 equipment, to prevent or delay the propagation of fire (Kodavanti and Loganathan 2016). Currently, 38 there are four major groups of flame retardants on the market: inorganic, halogenated organic, 39 organophosphorus, and nitrogen based compounds. Brominated flame retardants (BFRs; a subgroup 40 of the halogenated organic class) are currently the largest market group of flame retardants due to 41 their low cost and high-performance efficiency. The main BFRs are polybrominated diphenyl ethers 42 (PBDEs), hexabromocyclododecane (HBCDs), tetrabromobisphenol A (TBBPA) and brominated 43 44 phenols (BrPhs).

PBDEs have become widespread environmental pollutants because they can leach out of the 45 consumer products (Covaci et al. 2011). Due to concerns about their persistent, bioaccumulative 46 47 and toxic properties (Birnbaum & Staskal 2004; De Jourdan et al. 2013), legal restrictions have been imposed upon their use and production (Directive 2003/11/EC; Directive 2002/95/EC; 48 49 Commission Decision 2005/717/EC). However, despite the restrictive measurements on their use, PBDEs have been detected in various food products for human consumption, such as fish (Covaci et 50 al. 2005; Eljarrat et al. 2007; Voorspoels et al. 2007; Roosens et al. 2008), meat products (Darnerud 51 et al. 2006; Voorspoels et al. 2007) and eggs (Pirard & De Pauw 2007; Voorspoels et al. 2007; 52 Covaci et al. 2009). The technical mixture/commercial formulation of HBCD contains three 53 isomers, α -HBCD, β -HBCD and γ -HBCD, and is used as additive flame retardant in polystyrene, 54 textiles, electronics and plastic materials. Due to its wide use and chemical persistence, it occurs in 55 different environmental matrices and may accumulate in the food web (Janak et al. 2005; Janak et 56 al., 2008; Leslie et al., 2011; Li et al., 2011; Koch et al. 2015; Letcher et al. 2015; Lyche et al. 57 2015). HBCDs have been detected in wild-caught and farmed fish, seafood and eggs (Janak et al. 58 2005; Covaci et al. 2009; Rawn et al. 2009; Schechter et al. 2010; Goemans et al. 2007). Exposure 59 to HBCDs can have effects on liver hormones and might induce neurobehavioral alterations (Deng 60

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et al. 2009; Feng et al. 2013; Cruz et al. 2015). TBBPA, the most commercially relevant BFR 61 (Abdallah 2014; Cruz et al. 2015), is used as a reactive BFR and is covalently bonded to plastic, 62 thus limiting its release to the environment compared to the additive BFRs (de Wit 2002). However, 63 several studies have reported its presence in the indoor and outdoor environment (Sjödin et al. 2001; 64 Tollbäck et al. 2006; Abdallah et al. 2008; Harrad et al. 2010; Abafe & Martincigh 2016). Effects of 65 TBBPA on thyroid hormones, neurological function, and reproduction have been shown (Chan & 66 Chan 2012; Huang et al. 2013). BrPhs, such as 2,4-dibromophenol (24-DBP) and 2,4,6-67 tribromophenol (246-TBP), are used as reactive FRs in epoxy, phenolic and polyester resins, 68 polyolefins and vinyl-aromatic polymers (EFSA 2012a). Furthermore, it has been shown that a 69 number of BrPhs occur naturally in different marine organisms (Chung et al. 2003a,b; EFSA, 70 2012a; Vetter & Janussen, 2005), BrPhs are not generally readily biodegradable and will persist in 71 the environment (EFSA 2012a; Howe et al. 2005). 72

73 The reduction in the use of PBDEs and HBCDs has consequently opened the way for emerging flame retardants (EFRs) to reach the market (Covaci et al. 2011). However, several of these EFRs 74 raised concerns about their persistence, bioaccumulation, long-range transport and toxicity 75 (DiGangi et al. 2010), and almost no information is available on their occurrence in food. It is 76 known that human exposure to BFRs varies widely throughout the world as it depends on their 77 country-related usage, production and legislation (Roosens et al. 2010). Therefore, since dietary 78 79 intake is known to be one of the main routes of human exposure to BFRs, together with inhalation of indoor air and ingestion of (indoor) dust (Bakker et al. 2008; Harrad et al. 2008; Roosens et al. 80 2010; Domingo 2012), the lack of data on the presence of BFRs in food can lead to a consequent 81 incorrect estimation of the health risks. In several reports dedicated to different classes of BFRs, the 82 European Food Safety Authority (EFSA 2011a,b; EFSA 2012a,b) has indicated that it is not 83 possible to perform an accurate risk assessment due to the lack of data on the occurrence in food 84 and consequently on the exposure to BFRs via diet. For this reason, the EU prepared a 85

Recommendation on the monitoring of BFRs in foodstuffs (Commission Recommendation
2014/118/EU).

The main objective of this study was to respond to this Recommendation, to contribute filling the 88 gap on the occurrence data of BFRs in food. Fish and seafood, and to a lesser extent food of animal 89 origin (meat and dairy products), are estimated as the main contributors to the dietary intake of 90 PBDEs and HBCDs for the Belgian population (Voorspoels et al. 2007: Roosens et al. 2010: 91 Goscinny et al. 2011). Thus, the present study aimed to assess the presence and levels of PBDEs, 92 **EFRs** (including bis(2-ethylhexyl) tetrabromophthalate (TBPH), 2-ethylhexyl 93 2,3,4,5tetrabromobenzoate (TBB), bis-tribromophenoxy-ethane (BTBPE), hexabromobenzene (HBB)), 94 HBCDs (α -HBCD, β -HBCD, γ -HBCD), TBBPA, BrPhs and derivatives (including, 4-bromophenol 95 (4-BP), 24-DBP, 2,6-dibromophenol (26-DBP), 246-TBP, 2,4,6-tribromoanisole (TBA), 96 tetrabromobisphenol S (TBBPS)) and dechlorane plus (DPs, syn- and anti- isomers) in 183 97 98 composite food samples belonging to the above-mentioned food groups and to other relevant food categories purchased in Belgium (e.g., eggs, grains, fats and oils, vegetables and potatoes, food for 99 100 infants, etc.). Several of these BFRs have persistent organic pollutant (POP)-like properties and are 101 known for environmental and health issues.

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103 2. Materials and Methods

104 2.1 Sampling and pooling of the food items

Individual food items (1,289 samples) were purchased in Belgian supermarkets, discount retailers and some specialized meat and fish stores during 2015-2016. Only the edible parts were kept (*e.g.*, no bones or fish heads) and marinated sauces and other condiments were discarded from the prepared samples (*e.g.*, vinegar for marinated fishes and oils from canned foods). The individual samples were ground and homogenized, and equal amounts (\pm 75 g) of the food items belonging to the same food category were pooled to create a unique composite sample. Fish-based food supplements in gelatin capsules were purchased and mixed to generate one composite sample

without the gelatin coating. The composite samples were either freeze-dried, analyzed fresh (e.g. for 112 samples with high fat content, or containing emulsifiers), or directly aliquoted for analysis (dry 113 foodstuffs such as pasta and dry mashed potatoes). In total, 183 composite food samples were 114 prepared and categorized as 'Fish and fish products' (n=61 samples, including fish (FC), 115 crustaceans (CC) and molluscs (MC)), 'Meat and meat products' (MEC; n=35), 'Milk and dairy 116 products' (n=38, including liquid milk (LC), desserts (DC) and cheese (CHC)), 'Food for infants 117 and small children' (BC; n=18), 'Animal and vegetable fat' (OC/FAT-C; n=9), 'Grains and grain-118 based products' (GRAC; n=7), 'Eggs and egg products' (EGC; n=4), 'Potatoes and derived 119 products' (POC; n=4), 'Other food' (OTC: stock: n=4, food supplements: n=1; vegetables (VEC): 120 n=2). Pending analysis, the samples were stored at -20°C in Falcon tubes (50 mL) previously tested 121 and found to be free from the targeted HFRs. 122

Further details on the composite samples are given in Supporting Information, Table S1. Additionally, the table reports the type of preservation (frozen, canned, etc.), the number of individual food items pooled into the corresponding composite samples, and the lipid content (%) of the composite samples. For simplicity and to enhance readability, we will refer to samples as composite samples in the text. No distinction between locally produced and imported food was made in this study.

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130 2.2 Sample preparation and instrumental analysis

Due to the diverse nature of the targeted HFRs, two analytical methods, based on gas chromatography in combination with electron capture negative ionization mass spectrometry (GC-ECNI/MS) and ultra-high performance liquid chromatography-tandem mass spectrometry (UHPLC-MS/MS), were developed, in-house validated (Poma et al. 2016, Malysheva et al. 2017), and applied to the analysis of food samples. Information on the chemicals and materials used in the study is reported in Supplementary Data, section SD-1.

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138 2.2.1 GC-ECNI/MS analysis

Sample preparation and instrumental details are fully reported in Poma et al. (2016). In brief, 139 depending on the type of tissue and the lipid content of the food samples, 2 g, 1 g or 0.2 g (for non-140 fatty matrices, low fatty matrices, and high fatty matrices, respectively) was weighed, spiked with 141 50 µL of internal standard (IS) mixture (including BDE-103, BDE-128, ¹³C₁₂-BDE-209, ¹³C-TBPH, 142 ¹³C-TBB, ¹³C-DP-s, and ¹³C-DP-a), and added with 5 mL of acetonitrile (ACN):toluene (9:1, *v*:*v*). 143 After vortexing, the sample was loaded on empty SPE cartridges (25 mL) with a frit at the bottom 144 and the eluting solvent was collected in 15 mL pre-cleaned glass tubes. The extract was evaporated 145 to dryness, reconstituted in 0.5 mL hexane (Hex), loaded on a 3 mL Florisil® cartridge (pre-146 conditioned with 6 mL of Hex), and eluted with 6 mL of Hex:dichloromethane (DCM) (4:1, v:v) 147 and 6 mL of Hex:DCM (1:1, v:v). The extract was evaporated to dryness, reconstituted in 0.5 mL 148 Hex, loaded on a 6 mL cartridge containing 1.5 g of acidified silica (AS, 5%, w/w, prewashed with 149 150 6 mL Hex) for further clean-up, and eluted with 12 mL of Hex:DCM (1:1, v:v). The final extract was evaporated to near dryness, reconstituted in 100 µL of the recovery standard (RS) (CB-207 in 151 152 *iso*-octane:toluene; 9:1, v/v) and transferred to amber injection vials for GC-ECNI/MS analysis. The analysis of GC amenable compounds was performed with an Agilent 6890 GC (Palo Alto, CA, 153 USA) coupled to an Agilent 5973 MS operated in ECNI mode and equipped with a DB-5 capillary 154 column (15 m \times 0.25 mm \times 0.10 µm) (J&W Scientific, Folsom, CA, USA), electronic pressure 155 control, and a programmable-temperature vaporizer (PTV) inlet. The mass spectrometer was 156 operated in selected ion monitoring (SIM) for the quantification of all the analytes of interest (BDE-157 28. -47. -49. -99. -100, -138, -153, -154, -183, -209, TBPH, TBB, BTBPE, HBB, TBA, DPs). BDE-158 103 and BDE-128 were used as IS for all PBDE congeners (except BDE-209), TBA, HBB, and 159

BTBPE. ¹³C-BDE-209 was used as IS for BDE-209. ¹³C-TBB, ¹³C-TBPH, ¹³C-DP-s, and ¹³C-DP-a,

161 were used as IS for TBB, TBPH, DP-s, and DP-a, respectively.

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163 2.2.2 UHPLC-MS/MS analysis

Details on sample preparation and instrumental settings are fully reported in Malysheva et al. 164 (2017). In brief, for the analysis of TBBPS, 2.5 g of a lyophilized sample or oil was extracted with 165 15 mL of ACN:HCOOH (9:1, v/v), and after centrifugation 5 mL of supernatant was transferred 166 into a tube containing 1 g EMR-Lipid activated beforehand with 5 mL H₂O. The tube was vortexed 167 for 1 min and centrifuged for 10 min at 4500 g. The supernatant was transferred into a tube 168 containing 1 g EMR-Lipid Polish salts and 25 mg carbon. After centrifugation, 4 mL of the upper 169 phase was evaporated till dryness under a stream of nitrogen at 40 °C. The residue was reconstituted 170 in 120 µL ACN. For the analysis of BrPhs (except 246-TBA), TBBPA and HBCDs, 2.5 g 171 lyophilized sample (or 1 g oil) was extracted with 15 mL of Hex:DCM (1:1, v/v) and after 172 centrifugation 6 mL of supernatant was reduced till approx. 2 mL and cleaned-up using 8 g AS 173 (44%, w:w) packed in an empty SPE cartridge. The cartridge was conditioned with 15 mL Hex and 174 the BFRs were eluted with 25 mL DCM. The eluate was evaporated till near dryness under a stream 175 176 of nitrogen at 40 °C. The solvent was exchanged to ACN until a total volume of 100 µL.

The UHPLC-MS/MS system consisted of an ACQUITY UPLC system coupled to a Xevo-TQ-S 177 178 mass spectrometer (Waters, Milford, MA, USA) operated in negative electrospray ionization ESI(-) mode. Data acquisition was performed in Multiple Reaction Monitoring (MRM) mode. 179 Chromatographic separation was achieved using an ACQUITY UPLCTM BEH C18 column (2.1 \times 180 100 mm, 1.7 µm) with an ACQUITY UPLCTM BEH C18 VanGuard pre-column (2.1 × 5 mm, 1.7 181 um) (Waters) at 45 °C. A mobile phase consisting of eluents A [H₂O:ACN (95:5, v:v) containing 182 0.1% CH₃COOH] and B [ACN:H₂O (95:5, v:v) containing 0.1% CH₃COOH] was used at a flow 183 rate of 0.3 mL/min. A gradient elution was applied as follows: 0–1.5 min, 50%; 1.5–2.0 min, 10% 184 A; 2.0–5.5 min, 10% A; 5.5–5.6 min, 50% A; 5.6–8.5 min, 50% A. 185

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187 *2.3 Quality assurance and quality control (QA/QC)*

Several quality assurance/control measures were applied to evaluate the accuracy and reliability ofthe measurements. Two procedural blanks were analyzed in each analytical batch of ten composite

food samples. Blank contribution was considered constant (RSD <30%) and therefore results are 190 blank corrected by subtraction of mean blank values from the values found in the samples. In 191 addition, a value equal to 3*SD of the blank measurement was used as cut-off before reporting 192 results, hereby assuring 99% confidence that any reported value was not confounded by a blank 193 contribution. Limits of quantification (LOQs) were calculated as three times the standard deviation 194 of blank values and divided by the amount of sample used for analysis. For compounds not detected 195 in the blanks, the LOQ was calculated based on the signal to noise ratio of 10/1, considering also 196 the chromatogram's characteristics for the respective retention times (e.g. co-elution, noisy 197 baseline). The following LOQs were achieved: 5 pg/g ww for PBDEs (except for BDE-209), 100 198 pg/g ww for BDE-209, 200 pg/g ww for TBPH and TBB, 50 pg/g ww for TBA, and 20 pg/g ww for 199 HBB and DPs, 10 pg/g ww for BTBPE, 0.01-8 ng/g ww for the other BrPhs, 0.2-1.8 ng/g ww for 200 TBBPS, 0.01-0.25 ng/g ww for TBBPA, and 0.004-1 ng/g ww for HBCDs. The mean recoveries of 201 202 the spiked IS ranged from 68 to 123%, while the mean expanded uncertainty of the methods ranged between 3 and 37%. Further details on the methods' performance can be found in Poma et al. 203 204 (2016) and Malysheva et al. (2017).

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206 2.4. Statistical analysis

For data treatment, statistical software IBM SPSS Statistics 24 was used. Because of the high frequency of non-detects, the mean and median levels of FRs were calculated with the non-detects set to zero (<LOQ = 0, i.e. lower bound, LB) in order to avoid overestimation.

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211 **3. Results and discussion**

212 3.1. Distribution of the total HFR content and frequency of contamination of the food groups

The GC-MS and LC-MS/MS analyses revealed that 72% of food composites were contaminated with at least one HFR. Fig. 1 provides an overview on the frequency of contamination for each food group. The highest number of contaminated samples (100%) was observed in the group 'Potatoes

and derived products', followed by 'Fish and fish products' (90%), 'Meat and meat products' (89%) and 'Other food' (86%). However, the total number of samples per group has to be taken into account in evaluation of this frequency. For instance, compared to the group 'Fish and fish products' (n=61), the group 'Potatoes and derived products' was comprised of considerably lower number of samples (n=4). The lowest number of contaminated samples were found in the 'Food for infants and small children' group with frequency of 11% (2 out of 18 samples containing HFR_{total} of <220 pg/g ww).

The total content of the targeted HFRs in the investigated samples ranged from <LOQ to 35.4 ng/g 223 ww with an average content of 1.2 ng/g ww and a median of 0.25 ng/g ww. Considering the sum of 224 all targeted HRFs in this study, the samples with the highest levels were the following: canned king 225 crab (CC-01; 35.4 ng/g ww) > fresh mackerel (FC-52; 22.8 ng/g ww) > Emmental cheese (CHC-20; 226 17.2 ng/g ww) > fresh eel (FC-56; 11.5 ng/g ww) > plaice (FC-55; 11.4 ng/g ww). Overall, the 227 228 highest number of the targeted HFRs (regardless the level) was observed in fresh oysters (MC-01) > marinated trout (FC-10) = frozen sole (FC-41) > smoked mackerel (FC-16) = fresh mackerel (FC-229 230 52) = fresh eel (FC-56).

The food group 'Fish and fish products' was characterized by the presence of samples with the 231 highest maximum levels of all groups (Fig. 2). The HFR_{total} content in 'Meat and meat products' 232 ranged from <LOQ to 9.8 ng/g ww with an LB mean of 0.8 ng/g ww and a median of 0.6 ng/g ww. 233 The most contaminated sample of this group was a composite sample of salami (MEC-04), mostly 234 due to the abundant presence of BDE-209 (9.2 ng/g ww). A number of HFRs (mostly BDE-47, 235 BDE-209, TBA and 246-TBP) were quantifiable in samples from the group 'Milk and dairy 236 products' being mostly detected in cheese and desserts. The content ranged from <LOQ to 17.2 237 ng/g ww with an LB mean of 0.7 ng/g ww and a median of 6 pg/g ww. Interestingly, the second 238 highest LB mean (1.4 ng/g ww) was noted in 'Eggs and egg products' which was mainly attributed 239 to the presence of α -HBCD (3.8 ng/g ww) in one of the samples. The lowest average HFR_{total} 240 content was observed in 'Food for infants and small children' (0.02 ng/g ww) and 'Animal and 241

vegetable fat' (0.2 ng/g ww). The median for the different food groups was not higher than 0.7 ng/g
ww with the exception of 'Food for infants and small children' and 'Animal and vegetable fat' with
a median of <LOQ.

Contribution of each HFR to the contaminated food composites is presented in Fig. 1. From this 245 figure it is obvious that the most frequently detected HFR groups were PBDEs and BrPhs being 246 present in all food groups, except for 'Animal and vegetable fat', in which PBDEs were not found. 247 'Meat and meat products', 'Fish and fish products' and 'Milk and dairy' were the groups with all or 248 most of the targeted HFR groups being represented. Among the individual HFRs, the most 249 frequently detected compound was BDE-47 (53%), followed by BDE-209 (46%) and 246-TBP 250 (40%) (data not shown). TBBPA, DPs, TBPH and γ -HBCD were detected with a frequency of less 251 than 5%. TBBPS, 26-DBP, HBB, TBB and BTBPE were not detected in any of the analyzed food 252 samples. 253

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In the following sections the quantitative data are discussed with regards to occurrence of the different HFR groups in the analyzed food composites, and overview of the descriptive statistics is provided in Table 1.

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260 3.2. Occurrence of the different HFR groups

261 *3.2.1. Occurrence of PBDEs*

The measured levels of individual PBDE congeners for all composite food samples are reported in Supplementary Data, Table S2. PBDEs were the most frequently detected compounds in most composite food samples (detection frequency 57%) (Fig. 1), with lower bound (LB) based mean levels for sum PBDEs ranging from 17 ± 61 pg/g ww in 'Food for infants and small children' to $1,029 \pm 3,564$ pg/g ww in the cheese category, and with total values for sum PBDEs up to 16,888 pg/g ww (firm-cheese emmental) (Table 1, Table S2).

The FC category was characterized by LB mean levels of 433 ± 928 pg/g ww. Surimi (FC-07) was 268 the least contaminated seafood item (5 pg/g ww), while fresh eel (FC-56) had the highest total 269 PBDE content (5,727 pg/g ww) (Table S2). The higher levels of PBDEs in eel samples (equal to 31 270 ng/g lipid weight (lw)) are similar to those observed in eels from the Elbe river, Germany (34 ± 13) 271 ng/g lw) and the Saint Lawrence River, Canada (23 ng/g lw) (Sühring et al. 2014), and generally 272 lower than the PBDE levels observed in eels from Belgium (1.2 - 140 ng/g lw) (Malarvannan et al. 273 2014), Lake Ontario, Canada (77 ng/g lw) (Sühring et al. 2014), and from the Gironde estuary 274 system (24 – 220 ng/g lw) (Tapie et al. 2011). BDE-47 was the most representative congener (41%) 275 of the mean contamination in the composite fish/seafood samples (mean LB level of 179 pg/g ww), 276 followed by BDE-209 (32%), BDE-100 (12%), BDE-49 (7%), BDE-28 (4%), BDE-154 (2%), and 277 BDE-153 and -183 (1%). The PBDE levels measured in FC samples are comparable with other 278 studies in Europe (Kiviranta et al. 2004; Darnerud et al. 2006; Voorspoels et al. 2007; Törnkvist et 279 280 al. 2011; Xu et al. 2015), Asia (Nguyen et al. 2014), USA (Schecter et al. 2008; Schecter et al. 2010a; Schecter, et al. 2010b), and worldwide (Domingo 2012). It was not possible to provide 281 reliable quantitative results for BDE-99 due to the co-elution with ¹³C-TBB. 282

Differently from the FC category, the CHC, MEC, and POC samples were mainly affected by the 283 presence of BDE-209 (between 95 and 100%) as the dominant congener in these samples, possibly 284 due to a contamination during the production chain, sample handling (before and/or after 285 purchasing), or extraction process in the laboratory. Noteworthy is the highest level of BDE-209 in 286 firm-cheese emmental (CHC-20, 16,839 pg/g ww), and the presence of BDE-28 (from 6 to 265 pg/g 287 ww) in 54% of the samples in MEC category. For the latter case, this is probably due to an 288 interfering compound co-eluting with BDE-28. BDE-209 was also found in all potato samples 289 (POC), with levels between 119 and 1213 pg/g ww, while BDE-47 was found (14 pg/g ww) only in 290 291 paprika chips (POC-02). BDE-47 and BDE-209 were the only congeners found in OTC samples, ranging from 9 to 26 pg/g ww and from 209 to 557 pg/g ww, respectively. 292

Regarding the other analyzed food categories, BDE-47 and BDE-209 were the only congeners detected in food for infants and small children, eggs, grains, and other food. In 'Food for infants and small children' only two samples showed PBDE levels above the LOQ. In baby biscuits (BC-05), 254 pg/g ww BDE-209 was measured (maybe due to the use of contaminated fats during their production), and in powdered soy formula (BC-07) 56 pg/g ww BDE-47 was found. All other BC products had values <LOQ for PBDEs.

The low levels of PBDEs found in baby food is assuring, as infants are the most vulnerable subgroup of the population to contaminants like PBDEs (Lyche et al. 2015; Linares et al. 2015). These values are similar to those measured by Liu et al. (2014), who found total PBDE levels in baby food to be <100 pg/g ww in most analyzed samples, with BDE-47 and BDE-209 as the most frequently detected congeners.

In the 'Eggs and egg products', BDE-47 (21 pg/g ww) and BDE-209 (267 pg/g ww) were measured 304 305 in quail eggs (EGC-01), while only BDE-209 (559 pg/g ww) was found in organic eggs (EGC-02). In 'Grains and grain products', BDE-47 and BDE-209 were measured in croissant and similar 306 307 pastry (GRAC-02) with values of 81 pg/g ww and 1,603 pg/g ww, respectively, and only BDE-209 was measured in loaf bread (GRAC-03, 157 pg/g ww) and fresh white bread (GRAC-5, 403 pg/g 308 ww). The prevalence of BDE-47 and BDE-209, among the considered PBDE congeners, in several 309 food samples (such as fish/seafood, meat, eggs) resembles the composition of the commercial 310 mixtures, even though the manufacture of these chemicals has ceased in many countries, 311 underlining the persistence of these contaminants. 312

The CC category did not contain any BDE congeners above the LOQ, mostly due to the low lipid content of these aquatic organisms and their low trophic level in the food chain. Low levels of PBDEs were measured also in shrimps (19.6 pg/g w; Domingo et al. 2008) and crustaceans (20 pg/g ww; Bodin et al. 2007), whereas a more recent study in Korean foodstuff reported higher levels in (cooked) shrimps (116 pg/g ww; Nguyen et al. 2014). This can be due to differences in sample

origins (e.g. geographical location and collection sites) and proximity to eventual contamination
sources, with varying levels of environmental PBDE contamination.

320 No PBDEs were detected in OC/FAT-C, VEC, and LC categories either.

Recently, action limits for Σ PBDEs in different foodstuffs were proposed by the Scientific 321 Committee of the Belgian Federal Agency for the Safety of the Food Chain (FASFC) (Scientific 322 Committee of the FASFC 2017). The proposed action limits, calculated by dividing the 323 toxicological reference value of the compounds by the 97.5th percentile of consumption of the 324 concerned foodstuffs (Scientific Committee of the FASFC 2017), are listed in Table 2. The 325 Σ PBDEs levels found in the current study were therefore compared to the FASFC action limits and 326 were found to be much lower than the proposed values in all cases. It has to be noted that our study 327 was not designed for market control since composite samples were used. Nevertheless, the 328 measured level of 64 ng/g lw for Σ PBDEs in a composite sample of Emmental cheese (CHC-20) 329 330 was above the action limit for this food group (40 ng/g lw), but the measurement uncertainty associated with the result (50%) should be taken into account. 331

332

333 *3.2.2. Occurrence of EFRs and DPs*

The measured levels of the EFRs for all composite food samples are given in Supplementary Data, Table S2. TBPH was only found in two samples from the vegetable oil category, with values of 295 pg/g ww in mixed oils (OC-04) and 350 pg/g ww in olive oil (OC-01), and in one sample from the 'Meat and meat products' (MEC-11), with value of 202 pg/g ww in duck foie gras. In this case, as TBPH was present in detectable amounts in the procedural blanks, it cannot be excluded that these values resulted from activities related to the laboratory analysis, rather than from a real contamination of the samples.

The other targeted EFRs (HBB, TBB, BTBPE) were <LOQ in all analyzed food items. Liquid milk,
desserts, 'Food for infants and small children', crustaceans, and 'Potatoes and derived products'
composite samples showed non-quantifiable levels of EFRs.

DPs were measured only in firm cheese emmental (CHC-20, 68 pg/g ww syn-DP and 271 pg/g ww 344 anti-DP), quail eggs (EGC-01, 130 pg/g ww syn-DP and 507 pg/g ww anti-DP), and boudin noir 345 pork (MEC-16, 62 pg/g ww syn-DP and 269 pg/g ww anti-DP). Existing literature data on the 346 levels of DPs in wild bird eggs showed higher (1.5 - 15 ng/g ww, Gauthier et al. 2007; 2.2 - 21 ng/g)347 ww, Su et al. 2015) or similar (0.2 - 1.8 ng/g ww, Chen et al. 2012) values of DPs than/to our total 348 DP measurements in quail eggs. In addition, it is reported in literature that the DP isomers in the 349 technical product are present in a ratio (syn/anti) of about 0.3, with the anti-isomer representing 350 about 75% of the total (Sverko et al. 2008; Sverko et al. 2011). In the analyzed food samples, the 351 ratio *syn/anti*-isomers was 0.25, 0.26 and 0.21 for cheese, egg and meat samples respectively, with 352 the *anti*-isomer representing about 80% of the total, comparable to the reported literature data. 353

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355 *3.2.3. Occurrence of HBCDs and TBBPA*

356 The levels of HBCDs and TBBPA measured in the composite food samples are reported in Supplementary Data, Table S2. In all food samples, HBCDs (the sum) were detected in the range 357 from <LOQ to 5.5 ng/g ww with an average content of 76 pg/g ww and median of <LOQ. Of the 358 three HBCD isomers, α-HBCD was the most frequently detected and was most predominant in 359 'Fish and fish products', with the highest level of 5.3 ng/g ww in fresh eel (FC-56). The prevalence 360 of α-HBCD over the other HBCDs in food was also observed in most of other studies (EFSA 361 2011b; Fernandes et al. 2016; Goscinny et al. 2011; Schecter et al. 2012) and the possible reasons 362 for that were summarized in Malarvannan et al. (2014). The current results for HBCDs in this food 363 group are comparable to those obtained in Belgium in 2008 except for eel, which was not sampled 364 at that time (Goscinny et al. 2011). The HBCDs' levels in eel found in this study were similar to 365 those measured in pooled eel samples originating from sites located in rural areas along the river 366 Scheldt in Belgium (Malarvannan et al. 2014). Among the different categories in the group 'Fish 367 and fish products', HBCDs were detected only in one CC (frozen scampi: γ -HBCD at 30 pg/g ww) 368 and one MC sample (fresh oysters: all three HBCDs detected in the range 13-239 pg/g ww). As for 369

FC, the frequency of detection was 22% (of all FC samples positive for HFRs) and the range for positive samples for Σ HBCDs was from 66 pg/g ww (frozen sole) to 5.5 ng/g ww (fresh eel).

The total HBCD content in 'Meat and meat products' ranged from <LOQ to 613 pg/g ww with an

373 LB mean of 43 pg/g ww (Table 1). The highest levels for Σ HBCDs were found in chorizo (613

pg/g ww) and salami (403 pg/g ww).

375 Only one sample of 'Milk and dairy products' contained HBCDs, namely β -HBCD at 5 pg/g ww 376 (LC-07: fresh low-fat cow milk). Contrary to these results, in the Belgian study in 2008 the only 377 HBCD detected in dairy products was γ -HBCD (Goscinny et al. 2011).

Interestingly, a relatively high level of α -HBCD (3.8 ng/g ww) was measured in organic eggs, 378 bringing the LB mean level for this compound 8 to 23 times higher than in 'Fish and fish products' 379 (124 pg/g ww) and 'Meat and meat products' (42 pg/g ww), respectively. The remaining egg 380 samples (non-organic chicken and quail eggs) did not contain HBCDs above LOQ. Such difference 381 382 in contamination can probably be because animals raised in organic farms usually spend more time outside compared to animals raised in other systems and consequently their exposure to 383 384 environmental contaminants is higher. Few years ago, similar HBCD levels were found in homeproduced eggs from free-foraging chickens of Belgian private owners (Covaci et al. 2009). 385 However, no HBCDs were detected in eggs in another study in Belgium in 2008 (Goscinny et al. 386 2011). Remarkably, α-HBCD (487 pg/g ww) was detected in the sample of fish-based food 387 supplement (OTC-05 from the group 'Other food') and the fact that this product is derived from 388 fish, which often contains this BFR, can possibly explain this result. The HBCDs were previously 389 reported in fish-based food supplements from Canadian, Japanese and British markets (Kakimoto et 390 al. 2008; Rawn et al. 2010; UK Food Standards Agency 2006). The levels of HBCDs in 'Food for 391 infants and small children', 'Grains and grain products', 'Potatoes and derived products' and 392 'Animal and vegetable fat' were below LOQ (Table 1, Table S2). 393

As regards co-occurrence of the HBCD isomers, α-HBCD co-occurred with β-HBCD only in 15%
of cases, and these composites belonged to FC, MC, MEC and EGC categories. The co-occurrence

of all three HBCDs was observed only in samples of eel (FC-56), trout (FC-57) and oysters (MC01).

As for \sum PBDEs, action limits for \sum HBCDs in different foodstuffs were proposed by the Scientific Committee of the Belgian FASFC (Scientific Committee of the FASFC 2017) (Table 2). In this study, the \sum HBCDs content did not exceed the proposed values.

TBBPA had low frequency of occurrence (2%) in the composite food samples which is consistent with the previously reported results, and was associated with the lower bioaccumulation potential of TBBPA (Morris et al. 2004; de Boer & Wells 2006; Fernandes et al. 2016). TBBPA was detected only in 'Meat and meat products' with an LB mean of 3 pg/g ww (Table 1), and the contaminated samples were turkey (96 pg/g ww), fish sticks (39 pg/g ww) and canned king crabs (8 pg/g ww).

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407 *3.2.4. Occurrence of BrPhs and derivatives*

The levels of BrPhs and derivatives measured in the composite food samples are provided in Supplementary Data, Table S2. Total content of BrPhs and their derivatives varied by food group, ranging from <LOQ to 35.4 ng/g ww with an LB mean of 730 pg/g ww and median of <LOQ. The most contaminated sample was canned king crab (CC-01), followed by fresh grey shrimps (FC-52; 22.2 ng/g ww) and fresh plaice (FC-55; 11.3 ng/g ww). Both 26-DBP and TBBPS were not detected in any of the analyzed food groups.

246-TBP was the most frequently detected BrPh (63% of samples positive for BrPhs) with some 414 food groups being contaminated only with this BrPh, namely 'Food for infants and small children' 415 (BC-05, baby biscuits: 27 pg/g ww), 'Potatoes and derived products' (POC-02, paprika chips: 156 416 pg/g ww) and 'Animal and vegetable fat' (up to 318 pg/g ww). Following 246-TBP, TBA occurred 417 in 43% of samples positive for BrPhs, with LB mean values ranging from 15 ± 52 pg/g ww (MEC) 418 to $358 \pm 865 \text{ pg/g}$ ww (FC). Among the different food categories, TBA was most frequently 419 occurring in FC and MC samples. The presence of high levels of TBA in composite fish/seafood 420 and mussel samples (up to 4.2 ng/g ww in fresh salmon (FC-01) and 255 pg/g ww in fresh mussels 421

(MC-02)) can be explained by the fact that this compound is naturally produced by algae, bacteria, 422 fungi and sponges in the marine environment (Moore et al. 2002; Vetter et al. 2005; Bidleman et al. 423 2016). In addition, as fresh salmon (FC-01) and smoked salmon from Ireland (FC-02) contained 424 more than 4 ng/g ww of TBA (4.2 and 4.0 ng/g ww, respectively) (Table S2), this fish species 425 showed to be highly affected by the presence of TBA. However, because lower TBA levels were 426 measured in smoked salmon from Norway (FC-03, 508 pg/g ww) and canned salmon (FC-04, 457 427 pg/g ww), and no specific information related to the area/country of origin of FC-01 and FC-04 is 428 available, it is difficult to speculate further. 429

Although detection frequency of 4-BP was lower, this BrPh occurred overall at much higher levels 430 (LB mean: 441 ng/g ww) compared to 246-TBP (LB mean: 63 ng/g ww) (data not shown). The 431 levels of 4-BP in positive samples varied from 164 pg/g ww (FC-18, canned tuna) to 23 ng/g ww 432 (CC-01, canned king crab). Only 23% of the samples in group 'Meat and meat products' contained 433 434 BrPhs, and the content ranged from <LOQ to 826 pg/g ww with a LB mean of 77 pg/g ww and median <LOQ (Table 1). The detected BrPhs were TBA, 246-TBP and 4-BP. Overall, the BrPhs 435 436 were mostly detected in processed meat products and liver with maximum levels reaching 710 pg/g ww in duck foie gras (MEC-11) and 440 pg/g ww in fresh pork chipolata sausage (MEC-18), both 437 for 4-BP. Within the group 'Milk and dairy products', the CHC category contained only TBA, 246-438 TBP and 24-DBP at levels up to 373 pg/g ww, while no BrPhs were measured in the LC category. 439 The groups 'Grains and grain products' and 'Other food' contained only 246-TBP and TBA at 440 levels <200 pg/g ww. TBA was the only BrPh found in the samples of the group 'Eggs and egg 441 products' at levels <100 pg/g ww in special Omega-3 eggs and organic chicken eggs. The lower 442 levels of TBA measured in cheese, meat stocks, eggs, cereals, and meat (up to 252 pg/g ww in 443 salami) could be likely resulted from activities related to the sample processing prior analysis, 444 445 industrial production, and/or laboratory analysis (sample handling, its presence in the laboratory environment), rather than from a real contamination of the samples. It is worth mentioning that a 446 number of EFRs might degrade into more bioavailable compounds such as 246-TBP, therefore 447

some BrPhs found in the environment could, in part, result from degradation processes (EFSA
2012a). Furthermore, several brominated aromatic compounds, such as 4-BP, 24-DBP, 26-DBP and
246-TBP, occur naturally in a number of different marine organisms (Chung et al. 2003a,b; EFSA
2012a; Gribble 2009; Vetter & Janussen 2005). Thus, contamination of food with these BrPhs can
be of natural origin and not related to their industrial use of as FRs.

453

454 **4. Conclusions**

This study reports on occurrence of the different HFRs, including those specified in the Commission Recommendation 2014/118/EU, in Belgian foodstuffs. The study contributes to providing HFR occurrence data for, among others, the less investigated food groups as well as providing occurrence figures not only for the more frequently analyzed HFRs, as PBDEs and HBCDs, but also for EFRs, for which data are scarce.

460 The HFR levels that were measured in this work were generally consistent with the available literature data for food. The high frequency of contamination and the highest maximum HFR levels 461 462 were found in 'Fish and fish products' which is consistent with previously reported data, and can be explained by the physico-chemical properties of the HFRs targeted in this study, their 463 environmental behavior and their bioaccumulation potential. It is worth mentioning that 'Food for 464 infants and small children' has very low frequency of contamination, and only few HFRs were 465 detected in this group at low levels. This is a positive observation, as infants are the most vulnerable 466 subgroup of the population. The most frequently detected HFRs were PBDEs and BrPhs, the latter 467 result can possibly be affected by natural production of BrPhs by the aquatic organisms. HBCDs 468 were detected less frequently. 469

Overall, these results demonstrate that certain Belgian foodstuffs remain contaminated with such HFRs as PBDEs that were banned in the EU for several years, and HBCDs, on the use of which restrictions have been applied. However, the PBDE and HBCD content measured in the study were below the action limits proposed by the Belgian FASFC for these contaminants. While this study

expands the database on HFRs in food, it is reasonable to continue surveillance on their occurrence
in this matrix, since over the last years no declining trend in the PBDE and HBCD levels could be
clearly observed. Further it is advisable to conduct further research to assess differences in HFR
contamination of food farmed or produced in different regions of the world, as well as the effect of
food packaging on HFR levels.
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List of abbreviations

246-TBP	2,4,6-Tribromophenol
24-DBP	2,4-Dibromophenol
26-DBP	2,6-Dibromophenol
4-BP	4-Bromophenol
ACN	Acetonitrile
AL	Action limit
AS	Acidified silica
BC	Food for infants and small children
BFRs	Brominated flame retardants
BrPhs	Brominated phenols
BTBPE	Bis-tribromophenoxy-ethane
CC	Crustaceans
CHC	Cheese
DC	Desserts
DCM	Dichloromethane
DP	Dechlorane plus
DP-a	Dechlorane plus <i>anti</i> -isomer
DP-s	Dechlorane plus <i>syn</i> -isomer
EFRs	Emerging flame retardants
EFSA	European Food Safety Authority
EGC	Eggs and egg products
EMR	Enhanced Matrix Removal
ESI	Electrospray ionization
EU	European Union
FASFC	Federal Agency for the Safety of the Food Chain
FC	Fish category
FRs	Flame retardants
GC-ECNI/MS	Electron capture negative ionization mass spectrometry
GRAC	Grains and grain-based products
HBB	Hexabromobenzene
HBCDs	Hexabromocyclododecane
Hex	Hexane
HFRs	Halogenated flame retardants
IS	Internal standard
IO	Interguartile
LB	Lower bound
LC	Liquid milk
LOO	Limit of quantification
MC	Molluscs
MEC	Meat and meat products
MRM	Multiple Reaction Monitoring
OC/FAT-C	Animal and vegetable fat
OTC	Other food
PBDEs	Polybrominated diphenyl ethers
POC	Potatoes and derived products
POP	Persistent organic pollutant
PTV	Programmable-temperature vaporizer
0A	Ouality assurance
ÕC	Quality control
 	

RS RSD SD SIM SPE TBA TBB TBBPA TBBPA TBBPS TBPH UHPLC-MS/MS VEC ww	Recovery standard Relative standard deviation Standard deviation Selected ion monitoring Solid Phase Extraction 2,4,6-Tribromoanisole 2-Ethylhexyl 2,3,4,5-tetrabromobenzoate Tetrabromobisphenol A Tetrabromobisphenol S Bis(2-ethylhexyl) tetrabromophthalate Ultra-high performance liquid chromatography-tandem mass spectrometry Vegetables Wet weight	
	ANA	

1 Figure captions

2

Fig. 1. Contribution of each HFR to the contaminated samples (a) and frequency of contamination

4 of the analyzed composite food samples (b).

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- 6

Fig. 2. Distribution of the total HFR content in the different food groups.

8 For visibility reasons an exponent-transformed scale (exponent=0.5) is applied to the y-axis of both graphs. Outliers

9 with values between 1.5 and 3 times the interquartile (IQ) range are indicated with a circle, while extremes with values

10 more than 3 times the IQ range are indicated with a star.

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					F	ood group				
HFRs ^b	All samples	Fish and fish products	Meat and meat products	Milk and dairy products	Eggs and egg products	Food for infants and small children	Animal and vegetable fat	Grains and grain products	Potatoes and derived products	Other food
<u>PBDEs</u>							2			
Mean SD ^c Median	76 650 0	370 861 91	689 1536 347	601 2733	212 268 144	17 61 0		321 620	591 494 515	182 250
Maximum	16889	5727	9171	16889	559	254		1684	1213	567
Minimum	0	0	0	0	0	0	ND	0	119	0
25 th percentile	0	2.5	23	0	0	0		0	160	0
75 th percentile	0	366	651	226	491	× 0		403	1097	487
90 th percentile	56	726	1165	790	*	76		*	*	*
ТВРН										
Mean	2		6				72			
SD	23		34				143			
Median	0		0				0			
Maximum	350	ND^{d}	202	ND	ND	ND	350	ND	ND	ND
Minimum	0		0				0			
75 th percentile	0		0				148			
90 th percentile	0		0				*			
∑DPs										
Mean	5		10	9	159					
SD	44		61	55	319					
Median	0	ND	0	0	0	ND	ND	ND	ND	ND
Maximum	637		358	339	637					
Minimum	0		0	0	0					
25 th percentile	0		0	0	0					

Table 1. Descriptive statistics for the HFR content in composite food samples. Concentrations are expressed in pg/g ww^a.

75 th percentile	0		0	0	478					
90 th percentile	0		0	0	*					
∑HBCDs										
Mean	38	131	43	0.1	971					70
SD	352	707	128	0.8	1943					184
Median	0	0	0	0	0					0
Maximum	5516	5516	613	5	3885	ND	ND	ND	ND	487
Minimum	0	0	0	0	0	ND	ND	ND	ND	0
25 th percentile	0	0	0	0	0					0
75 th percentile	0	0	0	0	2914					0
90 th percentile	0	204	184	0	*					*
TBBPA						, C				
Mean	0.8		3				~			
SD	8		16			\sim				
Median	0		0							
Maximum	96	ND	96	ND	ND	ND	ND	ND	ND	ND
Minimum	0	ND	0	ND	ND	ND	ND	ND	ND	ND
25 th percentile	0		0							
75 th percentile	0		0							
90 th percentile	0		0			/				
\sum BrPhs and deri	vatives									
Mean	208	2070	77	62	33	1.5	118	45	39	72
SD	1595	5457	184	134	39	6.4	142	77	78	75
Median	0	402	0	0	28	0	0	0	0	52
Maximum	35390	35390	826	662	76	27	318	175	156	197
Minimum	0	0	0	0	0	0	0	0	0	0
25 th percentile	0	8.5	0	0	0	0	0	0	0	0
75 th percentile	0	1603	0	72	71	0	259	138	117	138
90 th percentile	156	4162	399	254	*	2.7	*	*	*	*

^aSamples >LOQ as well as samples <LOQ were included ^bHFR groups were made as follows: \sum PBDEs includes BDE-28, -47, -49, -99, -100, -138, -153, -154, -183, -209; \sum DPs includes syn-DP and anti-DP; \sum HBCDs includes α -HBCD, β -HBCD; \sum BrPhs and derivatives includes 4-BP, 24-DBP, 26-DBP, 246-TBP, 246-TBA, TBBPS ^cSD: standard deviation ^dND: not detected

*not reported

Table 2. Comparison of the maximum PBDE and HBCD levels measured in the current study with the proposed action limits (AL) in Belgium (Scientific Committee of the FASFC 2017).

Foodstuff	Proposed AL for	Max \sum PBDEs in this	Proposed AL for	Max \sum HBCDs in this	
rooustull	∑ PBDE s ^a	study	∑HBCDs ^b	study	
Dairy products (cheese,) (ng/g lw)	40	64	500	<loq< td=""></loq<>	
Milk (ng/g lw)	30	<loq< td=""><td>400</td><td>0.5</td></loq<>	400	0.5	
Eggs (ng/g lw)	200	7.8	3000	54	
Vegetable oils and butter (ng/g lw)	60	<loq< td=""><td>900</td><td><loq< td=""></loq<></td></loq<>	900	<loq< td=""></loq<>	
Meat (ng/g lw)	80	24	1000	2.3	
Fish oil based food supplement (ng/g lw)	100	<loq< td=""><td>2000</td><td>0.6</td></loq<>	2000	0.6	
Food for infants (ng/g ww)	0.7	0.3	10	<loq< td=""></loq<>	
Fish (ng/g ww)	30	5.7	400	5.5	

^aThe sum includes BDE-28, BDE-47, BDE-99, BDE-100, BDE-153, BDE-154, BDE-183, BDE-209

^bThe sum includes α -HBCD, β -HBCD, γ -HBCD

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1 Highlights

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- Analysis of 183 composite foodstuff by GC-MS and LC-MS/MS
- Occurrence data for halogenated flame retardants (HFRs) in Belgian foodstuff
- Occurrence data for emerging flame retardants and less studied food groups for which data
 are scarce
- PBDEs and brominated phenols were the most frequently detected HFRs
- TBBPS, 26-DBP, HBB, TBB and BTBPE were not detected in any of the analyzed foods