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Flow cytometric analysis of drug-induced basophil histamine release

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Abstract

Histamine and its release can be studied by multicolor flow cytometry on a single cell level by an enzyme affinity method (HistaFlow®). However, for the time-being, the clinical and scientific application of the HistaFlow® technique remains limited. This study aims at verifying the reliability of the HistaFlow® as an instrument to quantify IgE-mediated basophil responses to drugs, i.e. rocuronium, which are believed to be less potent basophil activators than large proteinaceous allergens.

Ten patients and three exposed control individuals were included in this study. Each subject underwent in vitro basophil activation tests (HistaFlow®) with 0.16 and 1.6 mmol/L rocuronium.

Patients showed an activation of basophils ranging from 11 to 86% of CD63 positive basophils and a median histamine release per cell from 68 to 100% after stimulation with an optimal concentration of 1.6 mmol/L rocuronium. For the control individuals no activation was demonstrable.

This study confirms that the HistaFlow® technique is a reliable tool to study histamine release by individual cells in response to drugs. Although the HistaFlow® technique will probably not add to the diagnostic management of rocuronium allergy, our findings suggest that the technique could constitute an important asset for future studies on the pathomechanism(s) of immediate drug hypersensitivity reactions.
Introduction

Upon encountering allergens that cross-link FcεRI-bound specific IgE (sIgE), basophils release different mediators, such as histamine and leukotrienes. Traditionally, release of these mediators is quantified using assays measuring their extracellular content in the supernatant of all degranulated cells (1,2). Recently, we provided the proof-of-concept that histamine and its release can also be studied by multicolor flow cytometry on a single cell level by an enzyme affinity method (HistaFlow®) based on the affinity of the histaminase diamine oxidase (DAO) for its substrate histamine (3). However, for the time-being, the clinical and scientific application of the HistaFlow® technique remains limited.

This study aims at verifying the reliability of the HistaFlow® as an instrument to quantify IgE-mediated basophil responses to drugs, which are believed to be less potent basophil activators than large proteinaceous allergens. Rocuronium allergy, a rare but life threatening condition, was chosen as a model, mainly because IgE-mediated allergy to this neuromuscular blocking agent (NMBA) can robustly be established using a combination of skin testing, quantification of sIgE and traditional basophil activation tests (4).

Materials and methods

Patients and control individuals

Ten patients (5 female, median age 59 years (31-62) and 5 male, median age 51 years (38-63)) were selected and evaluated as detailed elsewhere (5). Briefly, patients had presented hypotension and/or bronchospasm within 5 min after injection of rocuronium and clinical suspicion of rocuronium hypersensitivity was documented by a positive skin test (ST) and basophil activation test (BAT). Three uneventfully rocuronium-exposed control individuals (1 female, age 57 years and 2 male, median age 39 years (12-66)) with a negative ST were also included. Participants gave a written informed consent as approved by the Ethical Committee of the University Hospital Antwerp (Belgium B300201316408).
In Vitro Activation of Basophils

Analysis of in vitro basophil activation was performed as described by Ebo et al. (3). Briefly, 200 µL endotoxin-free heparinized whole blood were challenged at 37°C for 20 min with 200 µL buffer as a negative control, 200 µL anti-IgE (Pharmingen, BD Bioscience, Erembodegem, Belgium) as a positive control, and 200 µL of an end concentration of 0.16 mmol/L and 1.6 mmol/L rocuronium. Stimulation with an end concentration of 1.6 mmol/L has been proven to be the optimal concentration in previous research (5). Reactions were stopped by chilling on ice, adding 1 mL ice-cooled PBS with 10 mmol/L EDTA and spinning for 5 min (4°C, 200g). To select and quantify basophil activation, cells were stained with 20 µL of monoclonal anti-human IgE (clone GE-1, Sigma Aldrich GmbH, Steinheim, Germany) labeled with Alexa Fluor 405 (Molecular Probes, Invitrogen, Paisley, UK), 10 µL of monoclonal anti-human CD63-FITC (clone H5C6, BD Biosciences, Erembodegem, Belgium) and 10 µL CD203c-APC (clone NP4D6, Biolegend, San Diego, CA, USA) for 20 min on ice. Cells were lysed/ixed with 2 mL Phosflow Lyse/Fix buffer (BD Biosciences, Erembodegem, Belgium) for 20 min (37°C). Cells were washed with and resuspended in PBS with 0.1% Triton-X-100 (PBS-TX, pH=7.4). To stain intracellular histamine 10 µL PE-labeled DAO (BD Biosciences, Erembodegem, Belgium) was added and incubated at 37°C (45 min). Cells were washed and re-suspended in PBS with 0.1% sodium azide and measured.

Flow Cytometric Analysis

Flow cytometric analysis was performed on a FACSCanto II flow cytometer (BD Immunocytometry Systems, San Jose, CA) equipped with three lasers (violet - 405 nm, blue – 488nm and red - 635 nm) to detect 8 colors including fluorochromes used as described by Ebo et al. (3). Correct compensation settings for these fluorochromes were performed using BD CompBeads (BD Biosciences, Erembodegem, Belgium). Fluorescence minus one (FMO) and DAO staining with and without permeabilization was used to set a marker between DAO positive and negative cells. Flow cytometric characterization of basophils relied upon a combination of side scatter (SCC), anti-IgE and CD203c. Standardization of intracellular
histamine content was performed using standardized fluorospheres (SPHERO Ultra Rainbow Calibration particles, Spherotech, Lake Forest, IL) as described by the manufacturer. Results were expressed as % CD63 positive basophils and as the % median histamine release per basophil (%MHC). MHC percentage was calculated as the ratio of the difference between MFI/cell in non-degranulating (CD203c\textsuperscript{dim} and CD63\textsuperscript{-}) basophils minus the MFI/cell in degranulating (CD203c\textsuperscript{hi} and CD63\textsuperscript{+}) basophils, against the MFI/cell in non-degranulating (CD203c\textsuperscript{dim} and CD63\textsuperscript{-}) basophils multiplied by 100 (%MHC = [(CD203c\textsuperscript{dim}CD63\textsuperscript{-} - CD203c\textsuperscript{hi}CD63\textsuperscript{+})/ CD203c\textsuperscript{dim}CD63\textsuperscript{-}] x 100).

**Statistical analysis**

Results were expressed as median and range. The Mann-Whitney U-test was used to state significant differences between the controls and patients. Differences were considered significant at a $P$ value less than 0.05.

**Results**

When stimulated with rocuronium 1.6 mmol/L, basophils of the patients showed an up-regulation of CD63 ranging from 11 to 86% (Fig 1.A.) and median histamine release per cell (MHC) varying between 68 to 100% MHC (Fig. 1B). In contrast, in rocuronium-exposed control individuals, no rocuronium-induced CD63 up-regulation nor histamine release was demonstrable (Fig. 1). Figure 2 shows a representative HistaFlow\textsuperscript{®} plot of a patient with an allergy to rocuronium (Fig. 2).

**Discussion**

Although for many the reference assay for effector cell activation remains the basophilic histamine release tests (6), these techniques have never entered mainstream diagnostic application and have now been largely supplanted by the basophil activation test (BAT). Traditional BAT relies upon flow cytometric quantification of alterations of specific activation or degranulation markers on the surface membrane of the cell (7). Moreover, it has been demonstrated that flow cytometry enables to combine analysis of surface markers with a simultaneous
study of intracellular signaling molecules such as p38 MAPK (mitogen-activated protein kinase) (8) and STAT 5 (signal transducer and activator of transcription) (9) and, most interestingly, quantification of intracellular histamine and its release by in vitro activated basophils (3). However, for the time being, the technique of flow cytometric quantification of intracellular histamine content and histamine release, which is called HistaFlow®, is still in its infancy and literature is restricted to a proof-of-concept in birch pollen allergy (3) and a follow-up study in wasp venom immunotherapy (10). With respect to drugs, which are generally considered less potent basophil activators than larger proteinaceous allergens, the technique has only been applied in 3 cases who suffered from an immediate reaction to the opiate antitussive pholcodine (11) and one patient with a cepazolin allergy (12).

The current study confirms that the HistaFlow® technique also enables to demonstrate histamine release by small chemicals that generally elicit relative little basophil activation such as drugs. Since this semi-quantitative study does not aim at calculating the real intracellular histamine content, but rather at describing the mechanism of immediate drug hypersensitivity, the chosen wide spectrum calibration method seems sufficient. Although the HistaFlow® technique will probably not add to the diagnostic management of rocuronium allergy, our findings suggest that the technique could constitute an important research asset for future studies about immediate drug hypersensitivity reactions (IDHR) (13). First, HistaFlow® experiments closely mirror the in vivo pathway leading to symptoms of IDHR. Second, the technique captures data that are inaccessible for traditional mediator release assays requiring homogeneous cell populations and of which results merely represent an average of isolated cells analyzed. Third, as already exemplified, HistaFlow® allows an integrated analysis of mediator release, intracellular signaling and alterations of surface activation markers and inhibitory receptors such as CD300a (inhibitory receptor of 60 kDa). In fact, it is anticipated that by extending the experiments to intracellular signaling (8,14) and inhibitory receptors (15) the HistaFlow® technique might unveil novel insights into drug-specific basophil degranulation patterns. One particularly interesting area we believe to be perfectly manageable for experimental examination by the HistaFlow® technique relates to the pathomechanism(s) of IDHR. Because effector cell degranulation does not per se require IgE/FceRI cross-linking, the technique might also be valuable to study IgE-independent IDHR resulting from alternative means of cell activation (e.g. anaphylatoxins such as C5a and C3a, pathogen-associated molecular patterns (PAMPs) or direct mast cell activation). For example, the technique could...
contribute to resolve the recent controversy about the basophil activation potential of quinolones such as moxifloxacin (16).

In conclusion, this study confirms flow cytometry to constitute a reliable tool to study histamine release by individual cells in response to drugs in both an IgE-dependent and IgE-independent basophil activation and subsequent degranulation. Furthermore, it is anticipated that the technique might disclose fundamental insights into distinct drug-induced basophil degranulation patterns.

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References

Figure 1. Basophil activation test and median histamine release per cell expressed as % MHC results after stimulation with 1.6 mmol/L rocuronium.

(A) Basophil activation test. Circles: Rocuronium-induced CD63 expression in control individuals with a negative ST after exposure to rocuronium. Squares: Patients allergic to rocuronium confirmed by a positive ST and BAT. The line represents the median.

(B) %MHC: Circles: Rocuronium-induced % median histamine release per cell (MHC) in control individuals with a negative ST after exposure to rocuronium. Squares: Responsive patients allergic to rocuronium confirmed by a positive ST and BAT. The line represents the median.

Figure 2. Representative sample of histamine release after IgE/FcεRI cross-linking and activation by rocuronium.

(A) Selection of unique cells based on forward scatter (FCS) area and height plot. (B) Basophils are gated out as IgE high positive cells and (C) CD203c⁺ cells. (D) Activation with anti-IgE as a positive control led to an upregulation of CD203c. (E) Histamine (DAO) and CD63 expression upon stimulation with buffer as a negative control. (F) Activation of basophils with anti-IgE resulted in histamine release by 73% of basophils (DAO- cells). (G) Upon stimulation with 0.16 mmol/L rocuronium no histamine release was noticeable in this sample. (H) Stimulation with 1.6 mmol/L rocuronium led to a 52% release of the basophils’ histamine content.