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1 **Children's Exposure to Polybrominated Diphenyl Ethers (PBDEs) through**
2 **Mouthing Toys**

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21 **Abstract**

22 Polybrominated diphenyl ethers (PBDEs) have previously been detected in children toys,
23 yet the risk of child exposure to these chemicals through the mouthing of toys or other items
24 is still unknown. We aimed to expand on the current knowledge by investigating the impact
25 of infants' mouthing activities on exposure to PBDEs present in toys. This was established by
26 a leaching model for determining the amount PBDEs that can leach from toys into saliva in
27 simulated conditions. The PBDE migration rate was at its highest for the 15 min low-
28 exposure scenario incubations ($198 \text{ pg/cm}^2 \times \text{min}$) with the ERM EC-591 certified reference
29 material (CRM) (0.17% w/w PBDEs). The leaching process was congener-dependent, since
30 the percentage of lower brominated PBDE congeners that leached out was up to 4.5 times
31 higher than for the heavier PBDEs. To study the scenario in which a child would mouth on a
32 toy flame retarded with BDE 209 alone, a plastic item containing 7% BDE 209 (w/w) was
33 also tested. The BDE 209 amounts leached out in only 15 min were higher than the amounts
34 leached from the CRM after the 16 h incubation. For the Belgian population, the exposure
35 scenario from mouthing on toys containing PBDEs in amounts similar to the REACH
36 threshold was found to be lower than the exposure from mother's milk, but higher than the
37 exposure through diet or even dust.

38

39

40 **Keywords:** Polybrominated diphenyl ethers; Mouthing; Plastics; Exposure Assessment; In
41 Vitro; Saliva

42

43 1. Introduction

44 There is growing concern that some toys may contain harmful additives which, if
45 absorbed into the body, may adversely impact long-term health (Stringer et al., 2000;
46 Stapleton et al., 2011). It is well-documented that flame retardants (FRs) are present in indoor
47 dust, and therefore available for human absorption through both dietary and non-dietary
48 means, such that young children who spend a high amount of time playing with toys, on the
49 ground in indoor areas, as well as using their hands and mouths to negotiate their
50 environment, have a potentially high risk of exposure (Moya et al., 2004; Cohen Hubal et al.,
51 2000; Xue et al., 2007). Thus, the mouthing of toys and other plastic items likely also
52 contributes to FR exposure, especially as infants express a higher propensity for object
53 mouthing than children of older ages, and may be in contact with the dust and chemicals
54 present in toys (Xue et al., 2007; EPA, 2008). However, the data available on the process
55 through which PBDEs migrate into children's saliva and body is scarce at best.

56 In a previous study (Ionas et al., 2014), a wide array of toys was examined for potentially
57 harmful additives, including PBDEs. One of the main outcomes was that the most significant
58 pathway of exposure was through mouthing, and the age group most at risk for this exposure
59 was infants. These FRs, which are not covalently bonded to the matrix, have been proven to
60 pose a risk of neurotoxicity and endocrine disruption (Lyche et al., 2015) and display a high
61 potential for environmental leaching during their use, storage, disposal, as well as upcycle
62 into newly manufactured goods (Ionas et al., 2014; Abbasi et al., 2015). This finding is of
63 particular concern because early-life is critical in the physiological development of children
64 and exposure to toxic chemicals at this stage can have lasting health effects.

65 To our knowledge, similar studies have been published mostly on phthalate esters, such
66 as the ones of Niino et al. (Niino et al., 2002, 2001) and Könemann (Könemann, 1998). Only
67 one publication (Chen et al., 2009) contained a brief, tentative *in vivo* study was done with 5
68 volunteers, which found highly variable migration rates among the volunteers and congeners.
69 In the same study, polybrominated biphenyls (PBBs) were detected in 63% of the toy
70 samples, with median values of 30 ng/g. These chemicals, which are very similar to the
71 PBDEs in terms of physico-chemical properties and use, are restricted under the Restriction
72 of Hazardous Substances Directive (RoHS) since 2003, but their use has started to be phased
73 out since the 1970s. Therefore, it is likely that even if PBDEs have started to be phased out in
74 many parts of the world, they will still be present in items made with recycled flame retarded
75 materials for years to come.

76 The aim of this study was to provide an early exposure assessment by determining the
77 leaching potential of PBDEs from children's toys into saliva in simulated conditions, taking
78 into consideration the infant mouthing behaviour as well.

79

80 **2. Experimental**

81 *2.1. Materials*

82 *n*-Hexane, acetone, toluene, tetrahydrofuran and *iso*-octane were purchased from J.T.
83 Baker (Deventer, the Netherlands) and dichloromethane (DCM) for residue analysis from
84 Promochem (Wesel, Germany). Anhydrous sodium sulphate was obtained from Merck
85 (Darmstadt, Germany). All solvents and reagents were at least of analytical grade.
86 Isotopically labelled (¹³C) BDE 209 and PBDE congeners were supplied by Wellington
87 Laboratories. Fluorinated PBDE congeners (F-BDE 47 and F-BDE 183) were bought from
88 Chiron (Trondheim, Norway). The ERM-EC591 CRM of BFRs in polypropylene (PBDEs:
89 17, 28, 47, 49, 66, 74, 75, 85, 97, 99, 100, 101, 118, 119, 138, 139, 153, 154, 155, 173, 180,
90 181, 182, 183, 190, 197, 204, 207, 208, 209 and BB-209) was purchased from IRMM (Geel,
91 Belgium). Glass beads (G9268-100G, 425-600 μm) were acquired from Sigma Aldrich (St.
92 Louis, MO, USA). Falcon™ conical centrifuge tubes (50 mL) were bought from Fisher
93 Scientific (Waltham, MA, USA).

94

95 *2.2. Simulation of mouthing/leaching into saliva*

96 The procedure used was adapted from similar studies on phthalate esters (Könemann,
97 1998; Niino et al., 2001) which also included a comparison between the *in vitro* methodology
98 and an *in vivo* assay (Niino et al., 2002), to serve as control. An Incubating Orbital shaker
99 from VWR (Radnor, Pennsylvania, USA) was employed at a rotation speed of 250 rpm, and a
100 temperature of 37 °C, to mimic *in vivo* conditions as much as possible.

101 The saliva simulant solution used was the one described in the British Standard BS 6684
102 (1987), with the following composition: 4.5 g NaCl, 0.3 g KCl, 0.3 g Na₂SO₄, 0.4 g NH₄Cl,
103 0.2 g urea, 3.0 g lactic acid, dissolved in 1000 mL MilliQ water (resistivity 18.2 MΩ·cm) and
104 adjusted to pH 6.8. The chosen pH is derived from literature data (Könemann, 1998), to
105 match the pH of infant and toddler saliva. A volume of 30 mL of saliva simulant was used
106 per assay, and was added to a 50 mL Falcon™ conical centrifuge tube, along with the sample.
107 Since the migration of chemicals in a solution occurs from the surface, the FR concentrations
108 were normalised to surface area rather than weight. A 10 cm² total surface area was chosen,
109 to correspond to the surface area of a child's open mouth, as this is the surface area typically

110 available for mouthing at any one time (Earls et al., 2003). The samples were cut in pieces
111 shaped as rectangular parallelepipeds, to facilitate the calculation of their surface.

112

113 2.3. Samples

114 Real toy samples, as well as CRM samples, were run in triplicate for two exposure times
115 (15 and 60 min, low and high exposure scenario, respectively). The concentrations of PBDE
116 congeners in the ERM-EC591 CRM are one order of magnitude lower than what is required
117 to impart flame retardancy. Such levels are representative of the threshold defined by the
118 REACH directive (e.g., 0.1%). The two toy samples considered were analysed in a previous
119 study (Jonas et al., 2014). They contained levels one order of magnitude lower than the CRM,
120 and are representative for the scenario in which PBDEs are present only as a result of
121 contamination during the manufacturing or recycling process. The constituent polymers were
122 not specified on the samples. One toy was made of hard (brittle) plastic (toy car, made in
123 China) and the other of softer (bendable) plastic (toy figurines, unknown country of
124 production). Other plastic toy samples from the aforementioned study had similar
125 concentrations as the ones chosen for this study or lower. A toy sample with high
126 concentrations of PBDEs (percentage amounts) was not available for testing. The toy samples
127 were included in the study as a proof-of-concept of the migration procedure and to monitor
128 how well the used CRM mimics the real toy samples. To study the scenario in which a child
129 would mouth on an item flame retarded exclusively with PBDEs (e.g. remote control, mobile
130 phone, small toys with electronic components, etc.), a sample (TV-back panel) from another
131 study (Gallen et al., 2014) containing 7% BDE 209 was tested with the same conditions.

132

133 2.4. Extraction

134 Saliva simulant (30 mL) underwent liquid-liquid extraction using 2×5 mL of a 1:1 v/v
135 mixture of *n*-hexane and DCM. The organic phase was spiked with internal standards after
136 phase separation, to ensure optimal solubility for the standards. Then the extract was passed
137 over a cartridge containing anhydrous sodium sulphate, to retain all traces of water. The
138 extract was then evaporated, reconstituted in 200 μ L mixture of *iso*-octane and toluene (1:1,
139 v/v) and transferred to injection vials.

140

141 2.5. Instrumental analysis

142 The identification and quantification of PBDEs was done on an Agilent GC 6890N
143 (Agilent Technologies Netherlands BV, Amstelveen, the Netherlands) coupled to a 5975XL

144 MS with a chemical ionization source and equipped with a pulsed splitless inlet and an
145 Agilent 7683 auto-sampler. F-BDE 47, F-BDE 183 and ¹³C-BDE 209 were used as internal
146 standards. Analyte separation was carried out on an Agilent J&W DB-5HT (15 m × 0.25 mm
147 × 0.1 μm film thickness). One microliter was injected at 275 °C in the pulsed splitless mode
148 (pulse pressure 15 psi kept for 1.5 min). The oven temperature was programmed from 90 °C,
149 for 1.5 min, then raised with 25 °C/min to 190 °C, then raised with 6.75 °C/min to 310 °C
150 which was kept for 4 min. Methane was used as moderating gas (purity 4.5). Helium (purity
151 5.9) was used as a carrier gas with a ramped flow. The initial flow was 1 mL/min (for 20
152 min), then ramp 20 mL/min to 2 mL/min. The following mass fragments were monitored: *m/z*
153 484.4/486.4 and *m/z* 494.4/496.4 for BDE 209 and of ¹³C-BDE 209, respectively and *m/z*
154 79/81 for all other PBDEs. The temperatures of the interface, quadrupole and ion source were
155 300, 150 and 250 °C, respectively and the electron multiplier voltage was set at 1812 V.

156

157 2.6. QA/QC

158 Controls with the chosen migration media spiked with PBDE congeners were run for
159 every step of the process to assess possible contamination or loss of analytes. Recoveries
160 ranged between 78-86 %. Two procedural blanks were run with every batch of 8 samples
161 analysed. PBDE amounts detected in the blanks varied between non-detected to 300 pg. The
162 data was blank-corrected accordingly. The limits of quantification (LOQs), expressed in
163 pg/cm² sample, were calculated by dividing the analyte levels detected in the blanks by the
164 sample surface (10 cm²) considered for the experiments (Table SI-3).

165

166 2.7. Exposure scenarios

167 A number of observational studies were taken as a reference for this study (Moya et
168 al., 2004; Cohen Hubal et al., 2000; Xue et al., 2007; EPA, 2008; Könemann, 1998).
169 Additionally, five parents were interviewed about the mouthing behaviour of their children.
170 The focus was on mouthing of toys of different materials in addition to non-toy items. Both
171 hard and soft plastic toys were most frequently targeted for mouthing. Foam and textile toys,
172 as well as non-toy items (e.g. remote controls, pens, key chains, or cell phones) were only
173 occasionally mouthed. Based on this information and the existing observational studies, two
174 exposure scenarios were considered for plastic toys: a low exposure scenario (15 min
175 mouthing time/day) and a high exposure scenario (or “favourite toy” scenario of 60 min
176 mouthing time/day).

177 Children typically display mouthing behaviour all throughout their infancy and partly
178 during their toddler age (up to 24 months). In rare cases, the child can still display mouthing
179 behaviour even after the age of 24 months. This is an indicator of the development of a rare
180 condition called “oral fixation” (Angelo, 2013). Children with this condition will mouth on
181 items also at older ages, and if the items mouthed contain PBDEs, it can lead to increased
182 exposure to these chemicals.

183

184 2.8. *Method development*

185 The mouthing behaviour of children was simulated through a step of incubation/shaking.
186 First, a 24 h preliminary test was conducted using the ERM-EC591 CRM, which was chosen
187 for this purpose because it contains PBDEs (0.17 % w/w) in amounts similar to the REACH
188 threshold (0.1 % w/w). From this test, it was determined that the PBDE levels in the solution
189 were very close to the limit of solubility in aqueous media. Three methods of
190 incubation/shaking were then tested: uninterrupted shaking for 1 h (Niino et al., 2002),
191 replenishing the artificial saliva solution after 30 min (Earls et al., 2003) (60 min total
192 shaking time) and uninterrupted shaking for 60 min, with glass beads added (Könemann,
193 1998), meant to mimic chewing behaviour. The control against which these experimental
194 conditions were tested was an incubation experiment using the same set-up and the same
195 volume of real human saliva, collected by direct discharge, from nine volunteers of different
196 age and gender and pooled together. Since a person can donate 2-4 mL saliva at one time and
197 because 30 mL was required per replicate, this experiment was ran only once, to assess which
198 set of conditions generates values closest to real saliva.

199

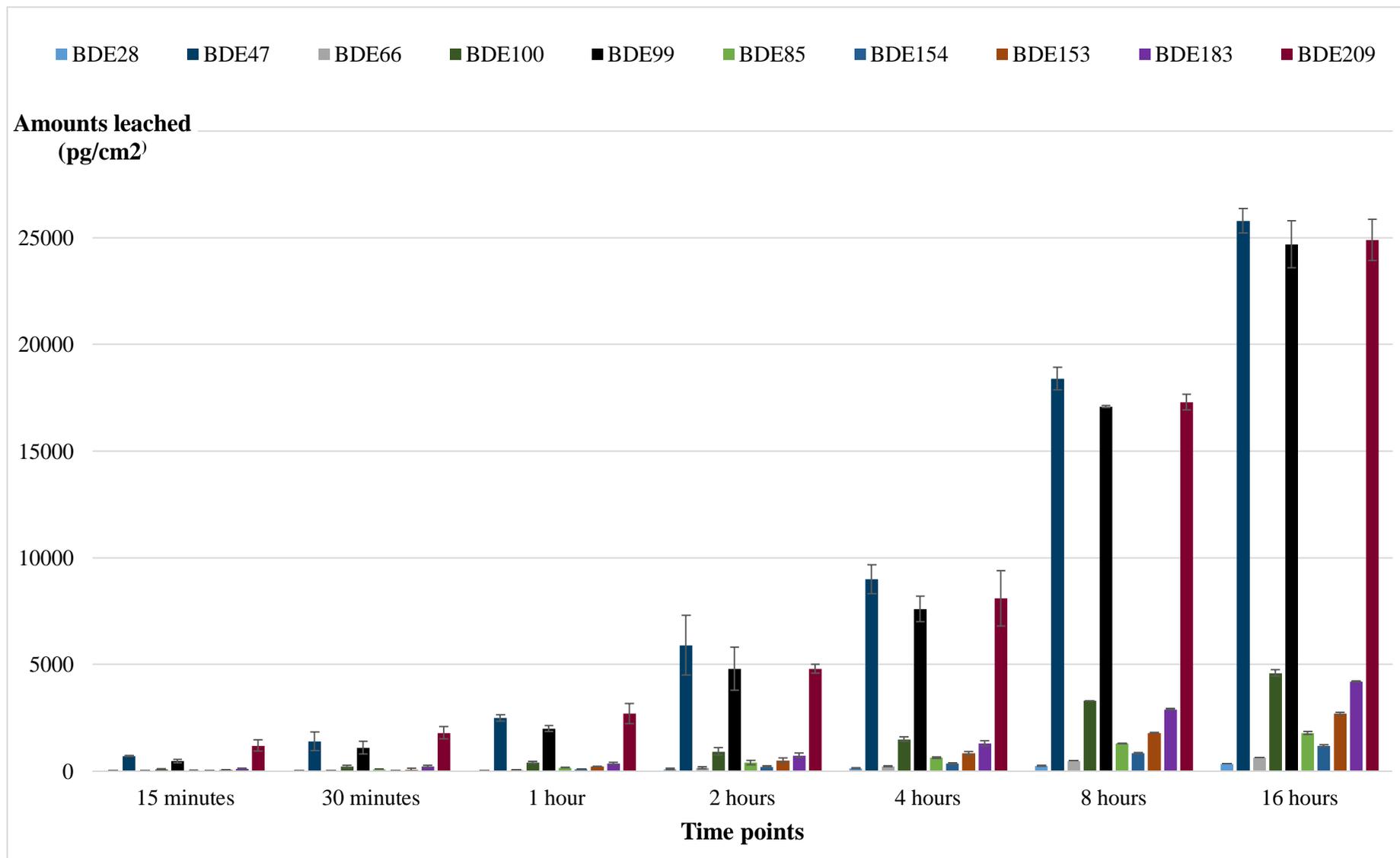
200 2.9. *Kinetics and magnitude of the migration process*

201 Additional experiments with different migration times (15 and 30 min, followed by 1, 2,
202 4, 8 and 16 h, all in triplicate) were done, in order to investigate the behaviour and migration
203 rate of the analytes from the plastic matrix (Figure 1 and Table SI-1).

204

205

206 **Figure 1:** Amounts leached from EC-591 CRM at different time points (results in pg/cm^2) (n=3 replicates / time point)

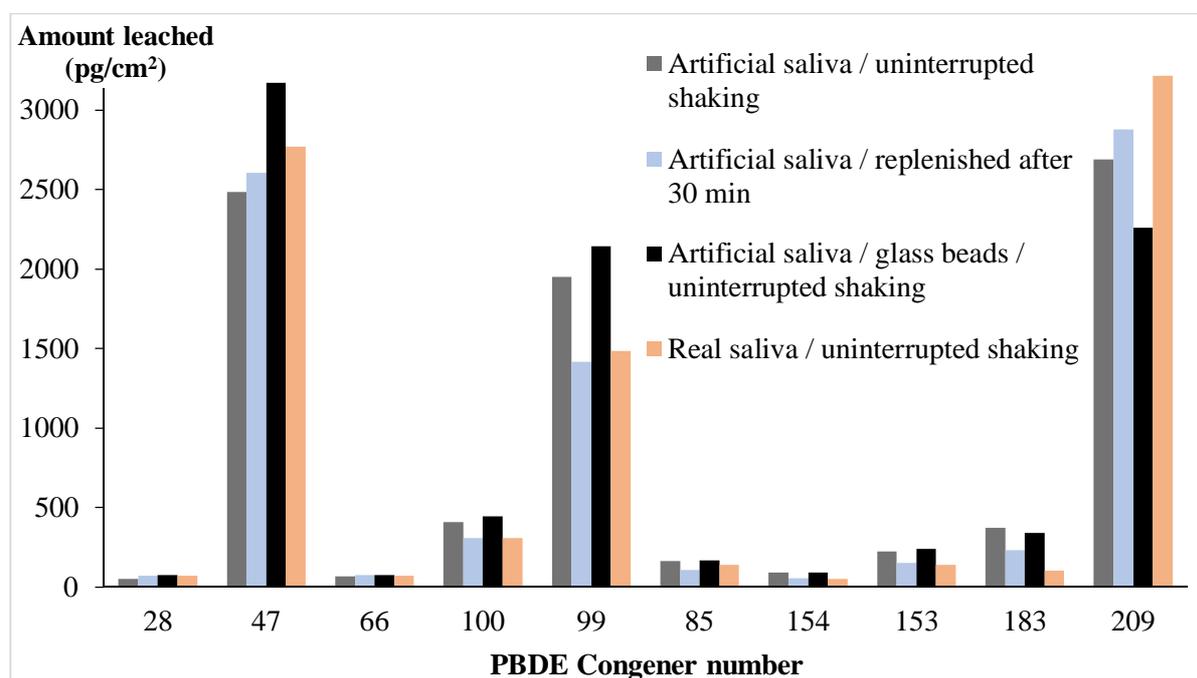


207

208 **3. Results and discussion**

209 The method development showed that the addition of glass beads to the artificial saliva,
210 to simulate chewing behaviour or its replenishment to better mimic the start of the digestive
211 process, did not considerably increase the observed migration rates for PBDEs (Figure 2). All
212 tested methods generated similar results. The real saliva control displayed a slightly higher
213 migration rate for BDE 209, as compared to the other conditions, while adding the glass
214 beads to the artificial saliva solution seemed to marginally favour the release of the lighter
215 PBDE congeners from the matrix (Figure 2).

216



217 **Figure 2:** Comparison of different experimental conditions tested to simulate mouthing
218 behaviour (incubation time: one hour, CRM used: ERM EC-591 containing 0.17% PBDEs;
219 average sample mass corresponding to 10 cm² was 0.27 g)
220
221

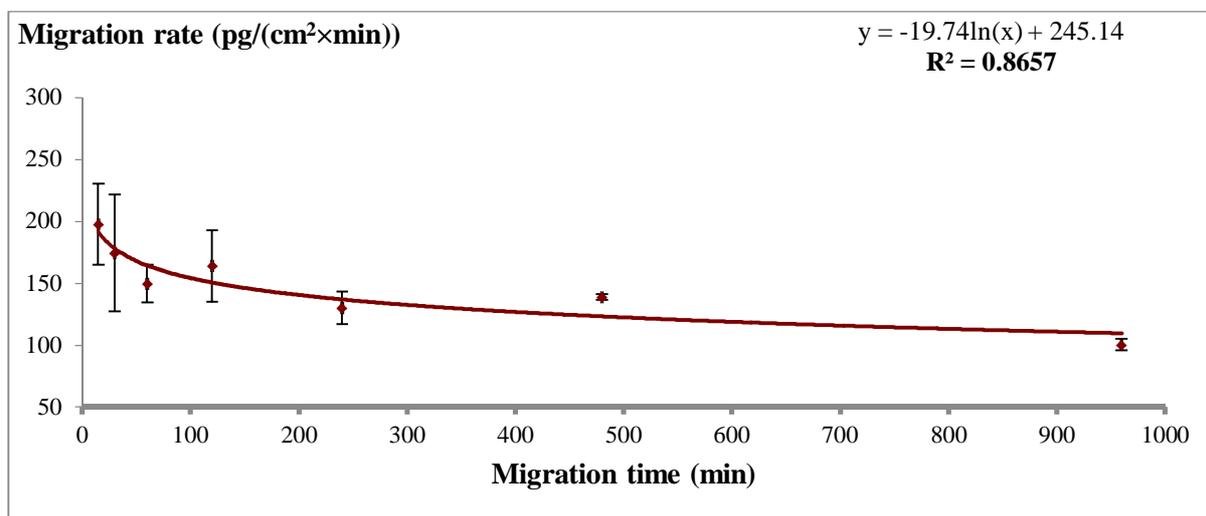
222 The differences in the amounts of PBDEs migrated out of the CRM were low (Figure 2)
223 and the procedure described by Niino et al. (Niino et al., 2002) produced data which
224 correlated well with the data of the real saliva migration experiment ($R^2=0.96$, Figure SI-1).
225 Therefore, this procedure was chosen for the purpose of our study.

226

227 **3.1. Factors influencing the migration of PBDEs**

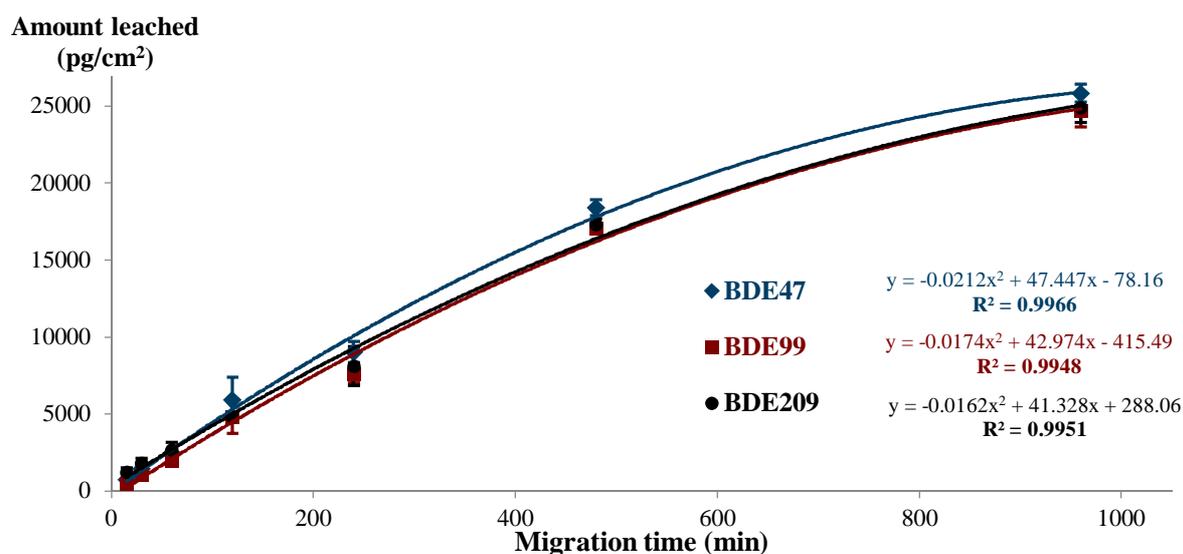
228 Variables involved in the migration of PBDEs from the polymer were the sample surface
229 loading, the replacement frequency of the saliva, and the physical-chemical properties of the
230 compounds.

231 The kinetic leaching experiment showed that the migration rate was the greatest: 198
 232 $\text{pg}/(\text{cm}^2 \times \text{min})$ during the first 15 min and the detected PBDEs levels were up to $1200 \text{ pg}/\text{cm}^2$
 233 even for this time point which was the low exposure scenario. After 4 h, the migration rate
 234 was slowing down and reaching equilibrium with the water phase (Figure 3).
 235



236
 237 **Figure 3:** Migration rate of (total) PBDEs from the ERM EC-591 CRM (polypropylene
 238 matrix). Each point is an average of three experiments. The error bars represent the standard
 239 deviation for each migration time point.
 240

241 However, considering the amounts which have migrated into the artificial saliva, signs of
 242 saturation started to show at the last time point (16 h) (Figure 4). The surface loading seems
 243 to be a more important exposure factor than solution saturation in the first hour of exposure.
 244

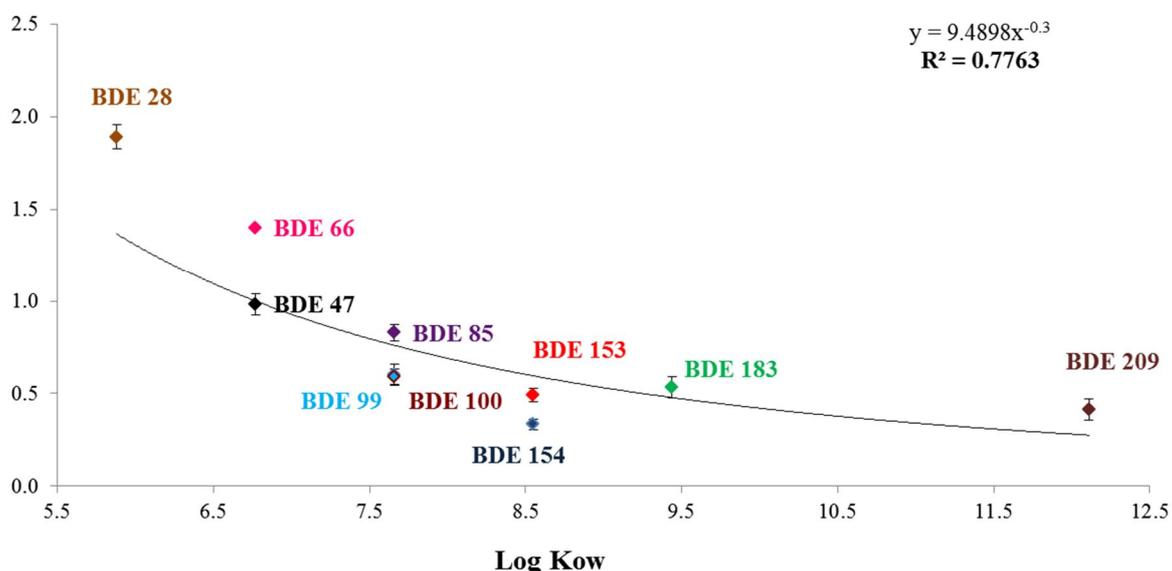


246 **Figure 4:** Profile of PBDE migration from the ERM EC-591 CRM (polynomial regression
247 with the corresponding equations displayed, n=7). Each point is an average of three
248 experiments. The error bars represent the standard deviation for each migration time point.
249 For the migration profiles of the other congeners, see Figure 1 and Table SI-1.
250

251 In our closed system, the limit of solubility in aqueous media was a limitation to the
252 migration process. However, in real life, the saliva from the mouth is continuously being
253 swallowed into the digestive tract and is replaced by fresh saliva. As a consequence, the
254 values generated by our model are likely slightly underestimated. But considering that the
255 migration rate is only starting to considerably slow down after 4-8 h (at the PBDE
256 concentrations of the considered CRM), this does not significantly influence the two
257 exposure scenarios of 15 and 60 min.

258 Another important migration factor was the physical-chemical properties of the PBDE
259 congeners. The surface to saliva leaching was congener-dependent, since the congeners with
260 a lower molecular mass and lower octanol-water partition coefficient leached more readily
261 than the heavier and more lipophilic congeners (Figure 5).
262

Percentage PBDEs leached from the surface of the CRM pellets



263
264 **Figure 5:** Influence of Log K_{ow} (calculated using the Syracuse Research Corporation EPI
265 estimation program)(European Chemicals Bureau, 2002) on leaching (one hour shaking time
266 with artificial saliva) (power regression, n=10). Each point is an average between three
267 experiments. Information about how the point on the Y axis values were estimated is present
268 in the Supporting Information section.
269

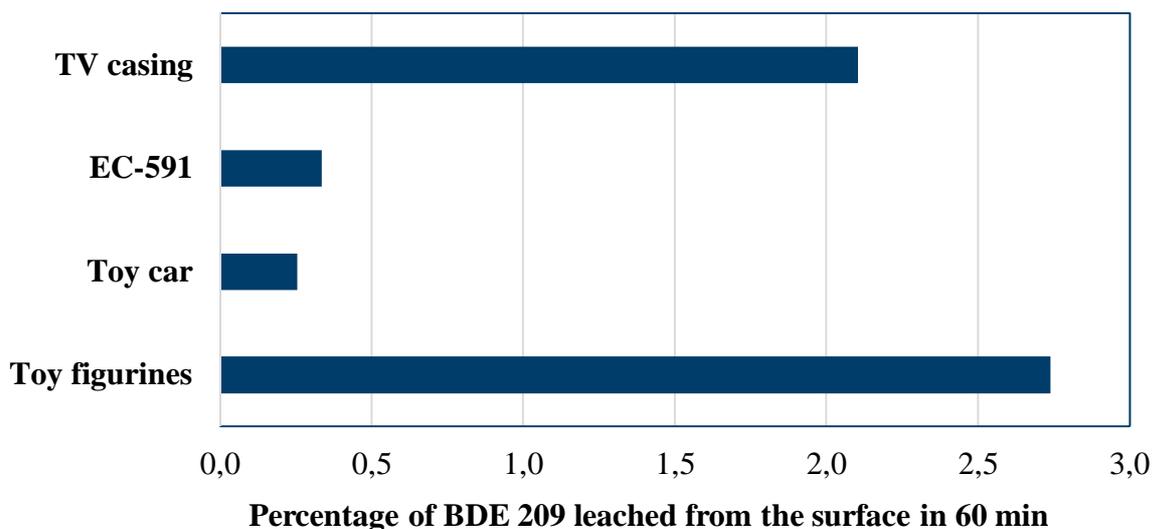
270 The lower congeners leached up to 2% from the CRM pellets, while ~0.5% of BDE 209
271 migrated into the aqueous solution. This indicates that the exposure to the lower congeners,
272 which are more persistent, bioaccumulative and have been proven to cause adverse health
273 effects (Lyche et al., 2015), is higher via this pathway than for BDE 209. The higher
274 brominated PBDEs may undergo biotransformation into the body to lower brominated
275 PBDEs (Noyes et al., 2011; Roberts et al., 2012) or other PBDE metabolites (Erratico et al.,
276 2012; Meerts et al., 2001).

277

278 3.2. Influence of PBDE concentration on migration

279 By comparing the percentages of BDE 209 leached from the surface of the materials
280 determined for the same time point, large differences between the materials can be observed
281 (Figure 6). While both the CRM and the toy car sample leach around 0.3% during the 60 min
282 leaching experiment, the toy figurines sample (made of softer plastic) leaches almost 3%,
283 almost 10 times more.

284



285

286 **Figure 6:** The percentage of BDE 209 leached after 60 min of simulated mouthing, from the
287 surface of the samples. The amount of BDE 209 on the surface was estimated by dividing the
288 amounts contained in the whole body of the sample by the surface-area-to-volume ratio.

289

290 The PBDE concentrations in the toy samples have been determined in a previous study
291 (Jonas et al., 2014) to be similar (toy figurines 15 µg/g BDE 209, 19 µg/g in the toy car).
292 However, the leaching rates varied between 410 and 50 pg/cm², respectively. The toy made
293 out of a harder plastic (toy car) leached lower amounts of PBDEs than the one made out of a
294 softer plastic (toy figurines), although the harder toy had higher levels of BDE 209. The same

295 phenomenon was noted during the preliminary tests with the EC-590 (polyethylene) and EC-
296 591 (polypropylene). This could indicate that the type of material may also be factor in the
297 migration process. The absolute amounts migrated from these toy samples were, as expected,
298 lower than for the CRM (Table 1, Table SI-1).

299 The TV casing with BDE 209 levels one order of magnitude higher than the CRM (7%
300 w/w), leached out higher amounts of BDE 209 in only 15 min than the CRM after 16 h
301 incubation. Thus, if a child mouths on an item flame retarded with PBDEs, even in a low
302 exposure scenario, he will get a much higher dose (one order of magnitude), as compared to a
303 toy manufactured under the REACH directive.

304

305 3.3. Evaluation of children's exposure through mouthing

306 The safety of children's toys has been called into question as a number of (toxic)
307 additives have been reported (Stapleton et al., 2011; Ionas et al., 2014; Chen et al., 2009).
308 Currently, there is insufficient information in the literature about mouthing of toys as a route
309 of infant exposure to FRs. The topic of this study is of special concern for exposure research,
310 and should provide a springboard for future studies since young children are at risk of
311 unnecessary PBDE exposure resulting from activity-driven, indoor contact with contaminated
312 media and sources.

313 Early-life is as a particularly sensitive period for exposure to FRs, since the physiological
314 characteristics of a young child are rapidly defining and therefore highly susceptible to
315 influence. Possibly, exposure to some FRs in early-life may promote adverse endocrine-
316 related activity (Jugan et al., 2010; Rudel and Perovich, 2009). Therefore, elucidating key
317 sources, transport mechanisms, and exposure-dose relationships during critical stages of
318 development is essential to promote long term health (Lyche et al., 2015).

319 Infant children are more likely to mouth toys than children of older ages, and receive a
320 higher exposure to PBDEs *via* this pathway (Figure SI-2). However, infants also display
321 mouthing behaviour with other items, including electronics, such as remote controls and
322 mobile phones which fit easily into their mouths. When viewed from the perspective of an
323 expanded exposure model, the mouthing of toys in combination with breast-feeding and the
324 incidental ingestion of dust likely account for the overall daily dose. Although the simulated
325 model presented herein theoretically examines exposure over typical time periods, the
326 mouthing frequency of infants is intermittent and saliva actively reproducing, such that each
327 new contact with a toy may lead to further uptake.

328

329 **Table 1:** Leaching levels (results in pg/cm²) from toy samples) (n=3 replicates / time point) and from plastic from an item flame retarded with
 330 BDE 209 (n=1, due to low material availability). EC-591 CRM added for comparison. For levels in the material, see Table SI-2. For LOQs see
 331 Table SI-3.
 332

| Sample | Migration time | Analyte | BDE 28 | BDE 47 | BDE 66 | BDE 100 | BDE 99 | BDE 85 | BDE 154 | BDE 153 | BDE 183 | BDE 209 |
|---|----------------|-------------|--------|--------|--------|---------|--------|--------|---------|---------|---------|---------|
| Toy figurines (softer plastic) | 15 min | <i>Mean</i> | <4 | 30 | <0.5 | <0.5 | <1 | <0.5 | <1 | <4 | <0.5 | <29 |
| | | <i>SD</i> | - | 4 | - | - | - | - | - | - | - | - |
| | 60 min | <i>Mean</i> | <4 | 40 | <0.5 | <0.5 | <1 | <0.5 | <1 | <4 | 10 | 410 |
| | | <i>SD</i> | - | 10 | - | - | - | - | - | - | 2 | 170 |
| Toy car (hard plastic) | 15 min | <i>Mean</i> | <4 | <1 | <0.5 | <0.5 | <1 | <0.5 | <1 | <4 | <0.5 | 50 |
| | | <i>SD</i> | - | - | - | - | - | - | - | - | - | 15 |
| | 60 min | <i>Mean</i> | <4 | <1 | <0.5 | <0.5 | 5 | <0.5 | <1 | 30 | 5 | 50 |
| | | <i>SD</i> | - | - | - | - | 0* | - | - | 10 | 1 | 25 |
| EC-591 CRM (hard plastic, 0.17% PBDEs) | 15 min | <i>Mean</i> | 20 | 710 | 20 | 100 | 470 | 35 | 20 | 55 | 120 | 1200 |
| | | <i>SD</i> | 2 | 25 | 4 | 10 | 80 | 5 | 4 | 15 | 5 | 260 |
| | 60 min | <i>Mean</i> | 50 | 2500 | 65 | 410 | 2000 | 160 | 90 | 220 | 370 | 2700 |
| | | <i>SD</i> | 2 | 150 | 0* | 40 | 130 | 10 | 10 | 15 | 50 | 470 |
| TV Casing (7% BDE 209) | 15 min | Amount | <4 | <1 | <0.5 | <0.5 | <1 | <0.5 | <1 | <4 | 170 | 46600 |
| | 60 min | Amount | <4 | <1 | <0.5 | <0.5 | <1 | <0.5 | <1 | <4 | 470 | 152000 |

333 *Value lower than 0.5

334 Of additional consideration is that each time a toy (or object) is mouthed, and then either
335 put on the floor, table, or elsewhere, the now saliva-saturated surface of the toy may absorb
336 dust or other contaminated media from the child's environment. Apart from pacifiers, it is
337 unlikely that a child will mouth any one object for long periods of time without intermittent
338 opportunities for surface re-contamination. The qualification and quantification of this
339 potential pathway can thus only lend itself useful toward elucidating the overall causal chain
340 of exposure risk.

341 The current study has aimed to more accurately assess the exposure of infants to PBDEs
342 through mouthing activities by clarifying the potential and rate of source to saliva migration
343 in an experimental model. Our findings suggest that the migration/leaching of PBDEs into
344 saliva is highly dependent on the physicochemical properties of the individual congener, and
345 the type of material. The surface loading is a very significant factor to consider when
346 elucidating exposure risk between a low-exposure (15 min mouthing time/day) and a high
347 exposure scenario (or "favourite toy" scenario of one hour mouthing time/day), since the
348 migration rate for the low exposure scenario is the highest. And if the item mouthed is flame
349 retarded with PBDEs, it can lead to high exposure levels even in a short time. It is thus
350 important for parents to be informed about what items typically contain these chemicals or
351 other harmful additives, especially if the items are small enough so that they can be mouthed
352 on by their children.

353

354 In order to put the obtained values in perspective with other exposure pathways, the
355 experimental values were tentatively compared to data available for other exposure pathways
356 (Table 2). For the Belgian population (Roosens et al., 2010), the exposure from mouthing on
357 toys containing PBDEs in amounts similar to the REACH threshold (0.1% product) is lower
358 than the exposure from mother's milk, but higher than the exposure through diet or even dust.

359 PBDE levels from Belgium, in the matrices listed in Table 2, are typically lower than in
360 other parts of the world, such as the USA (Dodson et al., 2012). This is reflected in the
361 average exposure levels from a similar study focusing on the American population (Johnson-
362 Restrepo and Kannan, 2009), where the mouthing exposure is in the same range as the
363 exposure through ingestion of dust, but still considerably lower than the exposure through
364 maternal nursing.

365 Even higher contact times than our "favourite toy" scenario are reported in the literature,
366 such as observed mouthing times of up to 171.5 min per day (Könemann, 1998).

367

368 **Table 2:** Exposure levels obtained in this study, (n=3 replicates) and average exposure levels
 369 derived from other literature studies, for infants (0-1 years)

| Source | Exposure pathway | Σ PBDEs (ng/day)* |
|-------------------------------------|--|--------------------------|
| (Roosens et al., 2010) | Human milk | 152.1 |
| | Food | 15.4 |
| | Dust | 8.2 |
| | Indoor (house) air | 0.4 |
| (Johnson-Restrepo and Kannan, 2009) | Human milk | 385.5 |
| | Food | 5.5 |
| | Dust | 33.5 |
| | Indoor (house) air | 3 |
| Experimental data | Mouthing on toys: Low exposure | 24 ± 5 |
| | Mouthing on toys: High exposure | 67 ± 7 |

370 *Because during this stage of development, children experience the fastest increase in body weight (up to 3
 371 fold), it was preferred not to express the exposure depending on average weight
 372

373 Another important factor determining the leaching of PBDEs from plastic items during
 374 mouthing is the intensity of chewing behaviour. In the tentative *in vivo* study by Chen et al.
 375 (Chen et al., 2009), this is likely the cause of the considerable variability of the PBDE levels
 376 leached from toys. Differences in physicochemical properties of different matrices and
 377 different FRs have an impact on surface loadings, dust adherence and the whole set of
 378 processes leading to oral transfer (Ruby and Lowney, 2012; Stapleton et al., 2008; Stapleton
 379 et al., 2014; Webster et al., 2011; Weschler and Nazaroff, 2012). Chewing behaviour
 380 facilitates the leaching of chemicals from toys to saliva, in addition to potential ingestion of
 381 material microparticles.

382
 383 *3.4. Future Considerations*

384 Additional studies are also needed for alternative FRs, such as phosphorus flame
 385 retardants (PFRs) and new BFRs containing more polar groups, such as -OH, =O or a
 386 triazine ring. Mouthing behaviour is an age-dependent activity and there is a wide variability
 387 of objects mouthed, including non-toy items. Therefore, a more comprehensive and
 388 integrated exposure assessment across infant groups, for additives in these items, *via* both
 389 dietary and non-dietary routes is needed. Additional areas of research may include:
 390 clarification on the rate of dust fractionation from object surfaces during the mouthing,
 391 licking, or sucking of objects; and a synthesis of data regarding source-to-skin or source-to-
 392 saliva migration patterns for both objects and dermal surfaces.

393

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400

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