Clinico-metabolic characterization improves the prognostic value of histological growth patterns in patients undergoing surgery for colorectal liver metastases

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Abstract

Background and Objectives: The histological growth pattern (HGP) represents a strong prognostic factor in patients undergoing surgery for colorectal liver metastases (CRLM). We evaluated whether the combination of HGP with clinico-metabolic parameters could improve its prognostic value.

Methods: In a series of 108 patients undergoing resection of CRLM, the HGP of CRLM was scored according to international guidelines. Baseline clinico-metabolic clinical status was evaluated using a metabolic-Clinical Risk Score (mCRS), combining traditional Memorial Sloan Kettering-CRS parameters with the tumor-to-liver glucose uptake ratio as measured with \(^{18}\text{F}\)Fluorodeoxyglucose/positron emission tomography.

Results: In patients with desmoplastic HGP (DHGP) CRLM (20% of all patients), 5- and 10-years overall survival (OS) and disease free survival (DFS) were 66% and 43% and 37% and 24.5%, as compared with 35% and 21% and 11% and 11% in the...
INTRODUCTION

Currently, surgery, whether or not associated with perioperative chemotherapy, is almost systematically recommended for patients with technically resectable colorectal liver metastases (CRLM), leading to prolonged survival in 35%–50% and cure in 20%–35% of the cases.\(^1\)\(^–\)\(^4\) Although justified by the fact that surgery still represents the only potentially curative option for these patients, this therapeutic decision-making remains poorly individualized as the majority of the patients recur postoperatively, including a substantial proportion with rapid and aggressive relapses.\(^5\)\(^–\)\(^6\) Accordingly, the identification of better selection criteria for surgery in patients with CRLM still represents a major objective, in particular, to prevent futile interventions in patients with resectable disease but aggressive tumor biology. Several clinical risk models have indeed been established for prognostication and stratification of these patients.\(^7\)\(^–\)\(^10\) However, these scoring systems remain poorly predictive at the individual level,\(^11\) underlying the need for identifying more accurate biomarkers of tumor biology and metastatic behavior.\(^12\)\(^–\)\(^19\)

The histopathological growth pattern (HGP) of liver metastases has now repeatedly been demonstrated as a reproducible, independent, and strong prognostic factor in patients who underwent resection of CRLM.\(^20\)\(^–\)\(^22\) Two main HGPs have been described in CRLM: (1) Desmoplastic HGP (DHGP), characterized by a fibrous or connective tissue rim surrounding the metastasis and separating tumor from liver cells, with numerous immune cells at the tumor–liver interface (TLI) and angiogenesis and, (2) Replacement HGP (RHGP), characterized by cancer cells growing into the liver parenchyma resulting in direct contact between cancer cells and liver cells, minimal to absent immune cell infiltrate at the TLI and tumor vascularization relying on the use of pre-existing hepatic vessels, that is, vessel cooption.\(^23\)\(^–\)\(^24\) A third, but uncommon HGP pattern has been observed, defined as the pushing HGP (PHGP), in which the metastasis pushes away the liver tissue, without desmoplastic rim and without invasion of cancer in the liver cell plates. Multiple studies have shown that patients have a significantly improved outcome when resected CRLM present a DHGP compared to CRLM with an RHGP.\(^25\)\(^–\)\(^27\)

In particular, postoperative survivals are significantly increased in patients with pure DHGP CRLM, that is, when 100% of the TLI displays desmoplastic features, as compared with CRLM with any RHGP component. In parallel, tumor glucose uptake, as measured by \(^{18}\)Fluorodeoxyglucose-positron emission tomography (\(^{18}\)F-FDG/PET-CT), had shown its prognostic value in different cancers.\(^28\)\(^–\)\(^33\) Generally, glucose uptake of cancer cells reflects the tumor metabolism that is increased by diverse mechanisms associated with its aggressiveness.\(^34\) Specifically in colorectal cancer and in CRLM, high preoperative glucose uptake is associated with a poor prognosis.\(^35\)\(^–\)\(^36\) We recently reported that the baseline tumor-to-liver glucose uptake ratio, as measured with \(^{18}\)F-FDG/PET-CT at diagnosis of CRLM, combined with the parameters of the Memorial Sloan Kettering Clinical Risk Score (CRS), a model that is widely used for stratification of patients with CRLM,\(^7\) may improve the prediction of the postoperative outcome in these patients. On this basis, we proposed a new prognostic score, defined as the metabolic CRS (mCRS).\(^37\)

In this study, we analyzed whether combining HGP with preoperative metabolic parameters measured by \(^{18}\)F-FDG/PET-CT associated with CRS (so-defined mCRS) would improve the prediction of postoperative outcome in patients undergoing surgery for CRLM. To that purpose, we analyzed a retrospective series of patients operated for CRLM and related survival to HGP and mCRS.

1.1 Patients and methods

A consecutive series of 357 patients who underwent curative-intent liver resection for CRLM at Institut Jules Bordet and Hôpital Erasme, Université Libre de Bruxelles, Belgium, between 2005 and 2017 was reviewed. Patients with extrahepatic disease were excluded. Hematox ylin and eosin (H&E) stained tissue sections of all resected CRLM were available and suitable for HGP scoring in 263/357 patients. Pathological samples could not be used for HGP scoring when tissue preservation was poor, in case of complete pathological response to preoperative chemotherapy, or when all CRLM had been treated with radiofrequency destruction. Patients with R2-resection of the CRLM were also excluded. In the remaining patient cohort, we identified 108 patients with baseline \(^{18}\)F-FDG/PET-CT available, that is, when performed at the time of the non-DHGP group (\(p = 0.07\) and 0.054). Among DHGP patients, those with a low-risk mCRS had improved postoperative outcomes, 5- and 10-years OS and DFS reaching 83.3% and 62.5% and 50% and 33%, as compared with 18% and 0% and 0% and 0% in high-risk mCRS patients (\(p = 0.007\) and 0.003). In contrast, mCRS did not influence postoperative survivals in non-DHGP patients.

Conclusions: Combining the clinico-metabolic characteristics with the HGP may improve prognostication in patients undergoing surgery for CRLM.

KEYWORDS
colorectal, liver metastasis, prognostic model, surgery
diagnosis of CRLM, before any eventual preoperative treatment. This study has been approved by ethical committees of both institutions (P2019/232 and CE2953).

1.1.2 | Clinicopathologic and surgical data

Demographic and clinicopathologic parameters were collected in a prospective database. CRS was calculated by assigning 1 point for the presence of each of the following conditions: node-negative primary tumor, CRLM diagnosis ≤ 12 months after resection of the primary, number of CRLM lesions > 1, size of the largest CRLM ≥ 50 mm, and preoperative carcinoembryonic antigen (CEA) ≥ 200 ng/ml. The CRS was divided into low-risk (0–2 points) and high-risk (3–5 points). Hepatectomy was defined as minor or major when less than 3 and greater than or equal to 3 segments were resected, respectively. Postoperative complications were recorded within 90 postoperative days and graded according to Clavien Dindo classification. Overall survival (OS) was defined as the time between liver surgery for CRLM and the last follow-up or death. Disease free survival (DFS) was defined as the time between liver surgery for CRLM and the first hepatic or extrahepatic recurrence, last follow-up or death.

1.1.3 | HGP scoring

HGP was evaluated according to international consensus guidelines published by the Liver Metastasis Research Network in 2017. In each patient, all available H&E-stained sections of the TLI of all available metastases were evaluated using light microscopy. All tissue sections were examined by one experienced pathologist, together with one surgeon and a medical student, blinded to individual patient’s data. Individual H&E-stained sections were excluded when less than 20% of the TLI was available. Results were indicated as average HGP scores that represent the mean percentage of each HGP per metastasis (in case of multiple slides per metastasis) or per patient (in case of multiple metastases per patient). According to the international consensus guidelines, when a fibrotic rim surrounded the tumor and no contact between cancer cells and hepatocytes was present, DHGP was noted. In the absence of a peritumoral fibrotic rim and when cancer cells grew into the liver parenchyma with close contact with hepatocytes, RHGP was noted. In the absence of a peritumoral fibrotic rim and when no direct contact between cancer cells and hepatocytes within the liver cell plates existed, PHGP was noted. Patients were categorized as DHGP when the desmoplastic HGP represented 100% of the TLI. All other patients were categorized as non-DHGP (i.e., any presence of RHGP or PHGP).

1.1.4 | 18F-FDG/PET-CT imaging procedure and analyses

18F-FDG-PET/CT was performed with four different cameras (GE Discovery LightSpeed, GE Discovery 690, Philips Gemini-16P, and Philips Gemini GXL). Whole-body imaging (skull base or apex of the skull to mid-thigh) was performed according to the standardized practice guidelines. Imaging started 60–120 min after 18F-FDG administration. Images were analyzed using dedicated commercial software (PET VCAR v.4.6; Advantage Workstation; GE Healthcare). Maximum standardized uptake values (SUVmax) were computed for all observable CRLM. Additionally, reference SUV of the background liver specific to each patient was calculated by measuring the average SUV in a spherical region of interest of 3 cm of diameter in nontumor liver tissue (SUVmean(liver)), similarly to PERCIST criteria 1.0. When no lesion was observable, the lesion's SUVmax value was considered equal to SUVmean(liver). Ratios SUVmax/SUVmean(liver) were calculated to reduce the variability of the measurements due to differences between cameras. Images were analyzed by three experienced nuclear physicians blinded to individual patient’s data.

1.1.5 | Metabolic CRS

As previously reported, we defined a mCRS by expanding the CRS with metabolic data derived from 18F-FDG/PET-CT. One point was added to the CRS when the highest SUVmax/SUVmean(liver) ratio of the metastatic hepatic lesion was greater than 4.3. The mCRS was calculated for each patient and divided into low-risk (0–3 points) and high-risk (4–6 points).

1.1.6 | Statistical analysis

The data were analyzed with the statistical software SPSS (IBM version 27. Values are expressed as medians (interquartile range [IQR]), mean (SD) or the number of patients and percentages. Descriptive analysis of all of the clinical and histological parameters was done. Survival curves were generated using the Kaplan–Meier method. Survival was compared between the groups (DHGP vs. non-DHGP) using the Log rank test. The factors affecting survival were evaluated using a univariate and multivariate cox regression analysis. Factors with a p < 0.1 in univariate analysis were entered to a multivariate cox regression model. A p < 0.05 was considered statistically significant.

2 | RESULTS

2.1 | Patient characteristics and postoperative outcomes

The demographic and clinicopathological characteristics of the 108 patients are described in Table 1. The mean age was 64 years and 62% of the patients were male. Forty-two patients (38.9%) had a body mass index (BMI) between 25 and 29.9 kg/m². Eighteen patients (16.6%) had a BMI ≥ 30 kg/m², and 35% of the patients were classified ASA III. Forty percent of the patients had a left colon or sigmoid primary tumor and a third a rectal tumor. Seventy-five percent had a
stage III or IV primary tumor and 44% a mutated KRAS status. Approximately half of the patients received adjuvant chemotherapy after colorectal surgery. CRLM were synchronous and multiple in 70% of the cases. The majority of the patients (80%) received chemotherapy before liver resection and 16% received chemotherapy after liver surgery. Almost half of the patients underwent major liver resection and 20% had high-grade postoperative complications. No postoperative mortality was recorded. After a median follow-up of 66 ± 14 months, the 3-, 5-, and 10-years OS in the entire series was 54.2%, 41.9%, and 25.3%, respectively, with a median OS of 45 ± 12.6 months (Figure 1A). The 3-, 5-, and 10-years DFS was 18.4%, 16.6%, and 12.4%, respectively, with a median DFS of 9 ± 1.3 months (Figure 1B).

### 2.2 Histopathological growth patterns

The individual HGP scores are detailed in Figure 2. Twenty percent of the patients were categorized as DHGP and 80% as non-DHGP (Table 1 and Figure 2).
2.3 | Primary tumor characteristics, preoperative treatments, CRS, metabolic characteristics and mCRS in relation with HGP

There was no correlation between KRAS mutational status and the DHGP or non-DHGP presentations (Table 2). Similarly, we found no association between the administration of preoperative chemotherapy and the DHGP or non-DHGP presentations (Tables 2). In the entire series, almost half of the patients presented with a high-risk CRS at the time of liver surgery (Table 1). Forty-six patients (42.6%) had at least 1 CRLM with a $\text{SUV}_{\text{max}}/\text{SUV}_{\text{mean(liver)}} > 4.3$, and 80 patients (74%) has a low-risk mCRS (Table 1).

There was no correlation between CRS, mCRS categories and low- and high-risk mCRS and the DHGP or non-DHGP presentations (Table 2). A higher baseline glucose uptake of CRLM was observed in the non-DHGP patients as compared with DHGP, mean $\text{SUV}_{\text{max}}/\text{SUV}_{\text{mean(liver)}}$ being of $4.5 \pm 2$ and $3.4 \pm 1.7$ and ($p = 0.009$), and significantly more patients in the non-DHGP group had at least 1 CRLM with $\text{SUV}_{\text{max}}/\text{SUV}_{\text{mean(liver)}} > 4.3$, representing 50%, as compared with 13.6% in the DHGP group ($p = 0.003$) (Table 2). However, a considerable overlap of these values was observed between DHGP and non-DHGP, as witnessed by the confidence intervals. There was no significant difference in the mCRS categories and ratios of low-versus high-risk mCRS between DHGP and non-DHGP groups (Table 2).
2.4 | Risk factors associated with postoperative survivals

The size of the largest CRLM > 50 mm, high-risk mCRS, and major heptatectomy were significantly associated with poorer OS in univariate analysis (Table 3). A statistical trend for an improved OS was associated with DHGP when compared with non-DHGP, median OS being respectively 89 ± 7.5 months versus 37 ± 7.5 (p = 0.075) (Figure 1C and Table 4). In multivariate analysis, none of these factors remained significant (Table 3). Positive lymph node status of primary tumor, more than 1 CRLM, high-risk CRS, high-risk mCRS and major hepatectomy, were all significantly associated with poorer DFS in univariate analysis (Table 3). A tendency for a better DFS was observed in DHGP as compared with non-DHGP, median DFS being respectively of 14.4 months versus 8.3 (p = 0.057) (Figure 1D and Table 4). All these factors have been tested for colinearity and, as no significant colinearity was found, all of the factors were entered into a multivariable model. In multivariate analysis, more than 1 CRLM (hazardous ratio [HR] = 1.93, 95% confidence interval [CI] = 1.06–3.52, p = 0.031) and non-DHGP (HR = 2.375, 95%CI = 1.187–4.75, p = 0.014) were significant for poorer DFS (Table 4). When HGP and mCRS were considered together, a significantly better outcome is observed in patients with DHGP and low-risk mCRS as compared with all other groups for OS (p = 0.007) (Figure 1E) and for DFS (p = 0.003) (Figure 1F). In particular, in patients with DHGP and low-risk mCRS, 3-, 5- and 10-years OS were 83%, 83% and 62.5%, as compared to 18%, 18% and 0%, in patients with DHGP and high-risk mCRS (p = 0.003) (Table 4 and Figure 1E), and 3- and 5-years DFS were 50% and 33%, as compared with 0% and 0%, in patients with DHGP and high-risk mCRS (p < 0.001) (Table 4 and Figure 1F). Of note, OS and DFS in DHGP with high-risk mCRS were similar to patients with non-DHGP independent of mCRS. (Table 4, Figures 1E and 1F).

3 | DISCUSSION

The challenge faced when selecting patients for CRLM surgery is in fact to distinguish between the patients with restricted metastatic capacity, or oligometastatic disease, who may benefit from metastasis-targeted therapies, and those with aggressive metastatic spreading, for whom surgery will ultimately be ineffective. It is expected that these different types of metastatic progressions depend on both the intrinsic tumor cell characteristics and the host responses. HGPs of CRLM reflect these complex interactions of cancer cells and the specific microenvironment of the liver and might thus represent an attractive candidate biomarker in this setting. At present, the prognostic value of HGP has been reproducibly demonstrated in patients undergoing resection of CRLM. Furthermore, similar observations have been made in patients operated for liver metastases from other origins, such as breast cancer or melanoma. This supports the potential value of HGP as a (surrogate) marker predominantly related to the individual tumor biology and its metastatic profile, rather than to its primary origin.

The present study confirms the independent prognostic value of the HGP of CRLM with a hazard ratio of 2.375 for developing recurrent disease in patients with non-DHGP metastases. Of note, the use of other cut-offs for HGP categorization, such as desmoplastic features at more than 95%, more than 66% or more than 50% of the TLI, is not associated with an improvement of the prognostic value (data not shown). This result should be interpreted taking into account the fact that a high proportion of patients in the current series received preoperative chemotherapy, a factor that has been shown to increase the ratio of DHGP, while decreasing its intrinsic favorable prognostic value. This selection bias in our patient population is due to the fact that we routinely use 18F-FDG/PET-CT to evaluate the response to chemotherapy. The limited number of patients without chemotherapy before liver resection does not allow comparing the respective prognostic value of HGPs in patients with or...
TABLE 2 Clinical risk score, metabolic characteristics and metabolic clinical risk score in DHGP and non-DHGP groups

<table>
<thead>
<tr>
<th></th>
<th>DHGP (n = 22)</th>
<th>Non-DHGP (n = 86)</th>
<th>P value</th>
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<tr>
<td>KRAS mutation</td>
<td>9 (47.4%)</td>
<td>33 (42.9%)</td>
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<td>3 (3.5%)</td>
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<td>1</td>
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<tr>
<td>3</td>
<td>7 (31.8%)</td>
<td>31 (36%)</td>
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<tr>
<td>4</td>
<td>4 (18.2%)</td>
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<td>5</td>
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<tr>
<td>High risk clinical risk score, n (%)</td>
<td>11 (50%)</td>
<td>40 (46.5%)</td>
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<tr>
<td>SUV_{max}/SUV_{mean(liver)}</td>
<td>3.16 (1.74)</td>
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<td>SUV_{max}/SUV_{mean(liver)} &gt; 4.3</td>
<td>3 (13.6%)</td>
<td>43 (50%)</td>
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Metabolic clinical risk score 0.94

<table>
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<td>0</td>
<td>1 (4.5%)</td>
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<td>2 (9.1%)</td>
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<td>1 (4.5%)</td>
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<td>6</td>
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<tr>
<td>High risk metabolic clinical risk score</td>
<td>5 (22.7%)</td>
<td>23 (26.7%)</td>
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<td>Neoadjuvant chemotherapy</td>
<td>19 (86.4%)</td>
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<td>Immunotherapy</td>
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<td>Bevacizumab</td>
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<td>Cetuximab</td>
<td>3 (13.6%)</td>
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The main finding of our study is that, among the patients with resected liver metastases with the most favorable desmoplastic pattern, clinico-metabolic characterization may be applied to refine the prognostic value of this HGP. To evaluate the clinico-metabolic status in each patient, we relied on the mCRS that we previously described, which combines the traditional CRS parameters with the tumor glucose metabolism assessed with 18F-FDG/PET-CT. An advantage of the mCRS, and in contrast with HGP, is the availability of this score at the time of diagnosis of CRLM, not influenced by any preoperative systemic treatment. When patients undergoing resection of DHGP CRLM are divided into low or high-risk mCRS groups, highly significant differences in postoperative survivals were observed. In patients with DHGP CRLM and low-mCRS, 5-years OS and DFS reached 83% and 33%, as compared with 18% and 0%, respectively, in patients with DHGP CRLM and high-mCRS. In contrast, we found no impact of the mCRS in patients with non-DHGP. Furthermore, the metabolic and the clinico-metabolic characteristics, including the SUV_{max}/SUV_{mean(liver)} ratio, the SUV_{max}/SUV_{mean(liver)} ratio > 4.3, the mCRS categories and low- versus high-risk CRS, were not prognostic when considered independently of the HGP. An additional caveat of our study is that chemotherapy can change the HGP of a CRLM as has been suggested by several authors. Given that the assessment of the mCRS occurs before and the HGP scoring after the administration of chemotherapy, the analyses of the association between these two parameters (Table 2) might have been affected by HGP conversion, for example, from replacement to desmoplastic, in some patients. The elevated preoperative FDG uptake by liver metastases with a postoperative non-DHGP is, however, to be expected, as the replacement HGP is composed of less-differentiated carcinoma with an efficient blood supply by vessel co-option. Still, large overlaps between uptake values in...
TABLE 4  Univariate and multivariate cox regression analysis of factors affecting OS and DFS

<table>
<thead>
<tr>
<th></th>
<th>OS Univariate analysis</th>
<th>OS Multivariate analysis</th>
<th>DFS Univariate analysis</th>
<th>DFS Multivariate analysis</th>
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<tr>
<td></td>
<td>HR 95% CI</td>
<td>p</td>
<td>HR 95% CI</td>
<td>p</td>
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<td>Node-positive primary tumor, n (%)</td>
<td>1.654</td>
<td>0.884–3.096</td>
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<td>Disease-free interval &lt; 12 months, n (%)</td>
<td>1.034</td>
<td>0.587–1.819</td>
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<td>Number of CRLM: &gt;1 liver metastasis, n (%)</td>
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<td>0.637–2.044</td>
<td>0.657</td>
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<td>Size of CRLM: Largest &gt;50 mm, n (%)</td>
<td>1.86</td>
<td>1.036–3.339</td>
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<td>CEA &gt; 200</td>
<td>0.715</td>
<td>0.285–1.797</td>
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<td>KRAS mutation</td>
<td>1.437</td>
<td>0.814–2.535</td>
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<td>Major hepatectomy (≥ 3 segments)</td>
<td>1.755</td>
<td>1.024–3.007</td>
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<td>CRS Categories (high risk vs. low risk)</td>
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<td>SUVmax/SUVmean(liver) &gt;4.3</td>
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<td>Metabolic risk score (high risk vs. low risk)</td>
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<td>Desmoplastic vs. nondesmoplastic</td>
<td>1.93</td>
<td>0.93–4.1</td>
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<td>Neoadjuvant chemotherapy before primary surgery</td>
<td>1.433</td>
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<td>Adjuvant chemotherapy after primary surgery</td>
<td>1.196</td>
<td>0.703–2.035</td>
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<td>Neoadjuvant chemotherapy before LM surgery</td>
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<td>Adjuvant chemotherapy after LM surgery</td>
<td>0.594</td>
<td>0.287–1.232</td>
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</table>

Abbreviations: DFS, disease free survival; LM, liver metastasis; mCRS, metabolic clinical risk score; OS, overall survival.
DHGP and non-DHGP CRLM preclude the use of FDG-uptake for predicting HGP in the present series.

HGP assessment on surgical resection specimen represents a snapshot of the tumor’s histological organization that may change as a natural disease course or as a consequence of therapy, such as chemotherapy. In that sense, having access to noninvasive means, such as CT- or magnetic resonance imaging (MRI)-imaging and radiomics to repeatedly identify the HGP of CRLM in a patient would be of significantly added value, both to improve its reliability as a biomarker and to better understand tumor biology, including response to chemotherapy. More particularly, the MRI biomarker and to better understand tumor biology, including response to chemotherapy, both to improve its reliability as a biomarker and to better understand tumor biology, including response to chemotherapy. In that sense, having access to noninvasive means, such as CT, magnetic resonance imaging (MRI), and radiomics to repeatedly identify the HGP of CRLM in a patient would be of significantly added value, both to improve its reliability as a biomarker and to better understand tumor biology, including response to chemotherapy.52,53 More particularly, the MRI-technique may allow now to precisely explore the tumor and the peripheral liver parenchyma compartments, offering promising perspectives in this respect.54 In parallel, recent developments in molecular imaging techniques using specific PET tracers could provide qualitative, quantitative and dynamic evaluation on the nature of intra- and peri-tumoral cellular infiltrates, such as lymphocytes or fibroblasts.55,56 Such information could be of major interest to predict and to follow the evolution of different HGP. This would create an attractive tool, integrating HGP into new therapeutic decision algorithms to predict the benefit (or not) of surgery for CRLM.

The main limitations of our study are the small number of patients, its retrospective nature, and the absence of a significant group of patients that were chemo-naive at the time of surgery. This emphasizes the need for further validation of our main finding, the significantly improved DFS of patients with DHGP CRLMs with a low-risk mCRS in larger cohorts that will also include patients without preoperative chemotherapy.

In conclusion, the addition of baseline clinico-metabolic characteristics may significantly improve the prognostic value of HGP. When noninvasive methods able to predict HGP are available, the resulting parameters could be integrated into new risk models to improve the precision of the therapeutic decisions in patients with CRLM candidate for surgery.

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CONFLICT OF INTERESTS
The authors declare that there are no conflict of interests.

DATA AVAILABILITY STATEMENT
The data sets used and/or analyzed during the current study are available from the corresponding author upon reasonable request.

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