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Reference:

Verhaert Vera, New mark Nadine, D' Hollander Wendy, Covaci Adrian, Vlok Wynand, Wepener Victor, Addo-Bediako Abraham, Jooste Antoinette, Teuchies Johannes, Blust Ronny,- Persistent organic pollutants in the Olifants River Basin, South Africa : bioaccumulation and trophic transfer through a subtropical aquatic food web

The science of the total environment - ISSN 0048-9697 - 586(2017), p. 792-806

Full text (Publisher's DOI): <https://doi.org/10.1016/J.SCITOTENV.2017.02.057>

To cite this reference: <https://hdl.handle.net/10067/1405600151162165141>

1 **Persistent Organic Pollutants in the Olifants River Basin, South Africa: bioaccumulation and**
2 **trophic transfer through a subtropical aquatic food web**

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19
20 **Abstract**

21 This study investigates the trophic transfer of persistent organic pollutants (POPs: PCBs, PBDEs, OCPs
22 and PFASs) in the subtropical aquatic ecosystem of the Olifants River Basin (South Africa) by means of
23 trophic magnification factors (TMFs). Relative trophic levels were determined by stable isotope analysis.
24 POP levels in surface water, sediment and biota were low. Only Σ DDTs levels in fish muscle (<LOQ-61
25 ng/g ww) were comparable or higher than values from other temperate and tropical regions. Significant
26 positive relationships between relative trophic level and PCB, DDT and HCH concentrations were
27 observed so trophic levels play an important role in the movement of contaminants through the food
28 web. TMFs were > 1, indicating biomagnification of all detected POPs. Calculated TMFs for PCBs were
29 comparable to TMF values reported from the tropical Congo River basin and lower than TMFs from
30 temperate and arctic regions. For p,p'-DDT, a higher TMF value was observed for the subtropical
31 Olifants River during the winter low flow season than for the tropical Congo river. TMFs of DDTs from
32 the present study were unexpectedly higher than TMFs from temperate and arctic aquatic food webs.
33 The fish species in the aquatic ecosystem of the Olifants River can be consumed with a low risk for POP
34 contamination.

35
36 **Keywords**

37 Persistent organic pollutants; Bioaccumulation; Trophic Magnification Factors; Subtropical, Olifants
38 River Basin

41 **1. Introduction**

42 Persistent organic pollutants (POPs), such as organochlorine pesticides (OCPs: DDT, chlordanes,
43 hexachlorobenzene), polychlorinated biphenyls (PCBs), polybrominated diphenyl ethers (PBDEs) and
44 per- and polyfluoroalkyl Substances (PFASs), have been indicated as hazardous chemicals because of
45 their persistence, toxicity, global distribution and their bioaccumulative and biomagnificative potential.
46 POPs can be transferred across different levels of the aquatic food web with toxic effects frequently
47 manifested most explicitly at the level of top-predators, including human consumers of contaminated
48 fish (Covaci et al., 2005). To effectively mitigate the impact of POP contamination on ecosystems and
49 human health, an understanding of POP exposure in aquatic ecosystems is needed. For this, models
50 and factors, such as trophic magnification factors (TMFs), are used which consider bioavailability,
51 bioaccumulation and biomagnification of contaminants including POPs and evaluate/predict their impact
52 on aquatic ecosystems. TMFs represent the average food web biomagnification and if TMFs are above
53 1, biomagnification through the food web occurs (Borgå et al, 2012). POP levels in aquatic biota are
54 determined by (1) the amount of POP which is available for uptake into the organisms and (2) the
55 efficacy with which POPs are taken up at the base of the food web and are transferred across different
56 trophic levels (Walters et al., 2016). It can be expected that climatic factors can have an impact on these
57 parameters at different levels. Borgå et al. (2012) predicted lower TMFs in (sub)tropical aquatic
58 ecosystems due to higher biomass dilution of contaminants, because temperature, primary productivity,
59 growth rates and biomass- and tissue turnover are higher and food webs are generally shorter. The
60 majority of the existing TMF studies have been conducted in the Northern hemisphere, and studies from
61 the Southern hemisphere are underrepresented. In this way, it is difficult to investigate global patterns
62 of TMFs and the effect of climate on biomagnification (Borgå et al, 2012; Walters et al., 2016). This large
63 data gap highlights the need for thorough assessment on biomagnification of POPs in (sub)tropical
64 aquatic ecosystems.

65 The present study evaluates the pollution status of the Olifants River Basin (ORB) in South Africa and
66 investigates the trophic magnification of POPs through this subtropical aquatic food web.

67 Since South Africa has ratified the Stockholm Convention in 2004, the production, import and use of
68 POPs is banned, yet potential sources are still present. Previous studies on the OR basin report alarming
69 levels of OCPs (Gerber et al. 2015, 2016). OCPs have been used in agriculture and public health to
70 control pests and diseases. Although the use of OCPs is prohibited according to the Stockholm
71 Convention, the use of indoor residual spraying with DDT is allowed by the World Health Organization
72 (WHO, 2006) to control malaria in vector disease risk regions. Nevertheless, the restricted use makes
73 these pesticides available on the market which facilitates illegal usage. PCBs were widely used in a
74 broad range of applications (e.g. dielectric and hydraulic fluids, lubricating and cutting oils). PBDEs were
75 used as flame retardants (Voorspoels et al., 2004). Although PCBs and PBDEs are banned, they are
76 still present in the environment due to their persistent character and the use of contaminated material
77 (the shipping of old electrical equipment containing PCBs and PBDEs from Europe to Africa) (El-Kady
78 et al., 2007). PFASs are used as surfactants and surface protectors in water and oil repellents,
79 firefighting foams and food contact material due to their surface-active properties such as repelling both
80 water and oil (Becker et al., 2010; Lindstrom et al., 2011). Currently, very little data exist on the presence

81 and pollution status of POPs in the South African Olifants River Basin. Moreover, this is the first study
82 which monitors PFASs in fish in South Africa. It is imperative to address this gap and establish baseline
83 levels. In Africa, fish from inland water bodies are considered to be an important food source. Since it is
84 an important nutrition source, the consumption of contaminated fish is an important route of human
85 exposure to POPs (Gerber et al., 2016).

86 Specific objectives of the present study are (1) to produce a baseline dataset on selected POPs in
87 surface water, sediment and biota from the Olifants River Basin; (2) to investigate trophic transfer of
88 POPs through a subtropical freshwater food based on trophic magnification factors (TMFs); (3) to
89 compare TMFs from the present study with other TMFs from different climate regions, and (4) to
90 determine the potential human health risk by consumption of POP-contaminated fish. In this way, the
91 mentioned knowledge gap on biomagnification of POPs in (sub)tropical aquatic ecosystems is
92 addressed.

93

94 **2. Materials and methods**

95 **2.1 Study area**

96 The Olifants River basin (ORB) is situated in the North-East of South-Africa (Figure 1). The ORB is
97 situated in a mining, agricultural and urban region. The ORB has been described as one of the most
98 threatened rivers in southern Africa (De Villiers and Mkwelo, 2009), although it has a key role in nature
99 conservation, since the ORB is one of the main water sources for the Kruger National Park (KNP) and
100 delivers important goods and services to the residing communities. Samples were collected from four
101 locations: the Flag Boshielo Dam (FBD), the Phalaborwa Barrage (PB), Mamba Weir (MW) and the
102 Olifants Gorge (OG). The locations were selected upon their position in the ORB: two locations in the
103 mining, agricultural and urban region and two locations in the KNP. The Flag Boshielo Dam (FBD) is
104 situated in the middle sub area of the OR basin and is fed by the Olifants and Elands River (Figure 1).
105 The dam was constructed as a multipurpose dam to provide water for mining, urban, agricultural and
106 recreational sectors (IWMI, 2008). This middle subarea is characterized by wide-scale irrigated
107 agriculture. These commercial agricultural activities are reflected in the ecological status of the Elands
108 River, which is poor to unacceptable (De Villiers and Mkwelo, 2009). The other three sampling points
109 are situated downstream in the lower sub area of the ORB. The Phalaborwa Barrage (PB) is situated
110 just upstream the Kruger National Park (KNP) and was built to provide the Phalaborwa district of potable
111 water for human usage as well as to provide unpurified water for urban, industrial and mining functions
112 (Buermann et al., 1995). Next to the PB, a largescale copper and phosphorus mine is situated (De
113 Villiers and Mkwelo, 2009). An important aspect of the barrage construction is that the sluice gates
114 open at the bottom of the barrage allowing deposited silt to be washed through which means high
115 concentrations of suspended soils are released into the KNP (Buermann et al., 1995). The two river
116 sample points Mamba Weir (MW) and Olifants Gorge (OG) are both situated in the lower ORB within
117 the KNP, where no contamination or discharge into the river system is allowed. MW is situated on the
118 western boundary of the KNP, within close proximity to Phalaborwa, while OG is further east into the
119 park, close to the border with Mozambique. Major crocodile and fish mortalities at OG demonstrated
120 that the ecosystem functions of the river are disturbed, even within the KNP (Ashton, 2010; Van Vuuren,

121 2009). The ORB is characterized by a humid subtropical climate with high flow rates during hot and wet
122 summers and low flow rates during mild to cool and dry winters. The average annual temperature is
123 22.4°C and the average annual rainfall is 561mm. More detailed information on geological,
124 hydrogeological and climate regimes in the ORB is reported by WISA (2010) and IWMI (2008).

125

126 **2.2 Sample Collection**

127 At each location samples of surface water, sediment, invertebrates and fish were collected during the
128 summer, high flow (April 2012) and the winter, low flow season (September 2012). Physiochemical water
129 quality variables including temperature (°C), pH, oxygen saturation (%), dissolved oxygen (mg/L) and
130 conductivity ($\mu\text{S}/\text{cm}^2$) were measured in situ via a handheld WTW 340i multimeter at each location
131 preceding sampling (Table S1). POPs, such as PCBs, PBDEs and OCPs have very low aqueous
132 solubility and accumulate preferentially in the sediment (Voorspoels et al., 2004). Therefore, these
133 pollutants were not analyzed in surface water samples. For PFASs however, numerous studies have
134 shown that the dominating fraction of PFASs can be found within the surface waters of the ecosystem
135 (Li et al., 2010; Yang et al., 2011). For PFASs surface water analyses, a 1L polypropylene (PP) bottle
136 was filled per location.

137 At FBD and PB locations, sediment samples were taken with a Van Veen Grab from a boat. At the river
138 locations (MW & OG), sediment was collected with a 50mL vial from the shallow river banks due to boat
139 and wildlife constraints. At each location, three (sediment) grabs were pooled to 1 sample per location
140 and frozen to prevent loss of organic material. In the laboratory, sediment samples were subdivided for
141 POP and total organic carbon content (TOC) analysis.

142 Concerning invertebrates, dragonfly larvae (Gomphidae, Odonata) and the snail species *Tarebia*
143 *granifera* (Thiaridae, Gastropoda) were collected with an invertebrate net (mesh size: 0.5mm) and kept
144 at -20°C until POP and stable isotope analysis.

145 Fish from FBD and PB were collected with gill nets (70 to 120 mm stretched mesh size). In MW and
146 OG, *Clarias gariepinus* and *Hydrocynus vittatus* were collected with artificial lures and bait method and
147 for the other fish species an electrofishing unit was used. The following species were selected based on
148 their distribution throughout the study area: *Labeo rosae* (Rednose labeo), *Labeo congoro* (Purple
149 labeo), *Synodontis zambesensis* (Plain squeaker), *Schilbe intermedius* (Silver catfish), *Labeobarbus*
150 *marequensis* (Largescale yellowfish), *Hydrocynus vittatus* (Tiger fish), *Clarias gariepinus* (Sharptooth
151 catfish) and *Oreochromis mossambicus* (Mozambique tilapia). Fish standard length (0.1cm) and weight
152 (0.001g) were measured upon being filleted and skinned. Muscle tissue was collected for POP and
153 stable isotope analysis. Liver samples were collected for POP analysis. Samples were stored at -20°C
154 prior to extraction.

155

156 **2.3. Total Organic Carbon (TOC)**

157 For TOC, 3 replicates of the pooled sediment sample were analysed. TOC was determined through
158 Loss on Ignition (LOI). To this, the sediment samples (5-10g ww) were incinerated at 550 °C for 4 h,
159 weight loss was determined and LOI was calculated with the following formula (Heiri et al., 2001):

160 $\text{LOI (\%)} = (m_b - m_c / m_b - m_a) * 100$

161 with m_a = weight empty crucible (g), m_b = weight crucible + sediment sample before heating in muffle
162 furnace(g), m_c = weight crucible + sediment sample after heating in muffle furnace
163 To calculate the total amount of organic carbon a conversion factor of 1.724 is used, assuming that
164 organic carbon makes up 58% of the total organic matter content (Nelson and Sommers, 1996).

165

166 **2.4. PCBs, PBDEs and OCPs**

167 2.4.1. Chemicals and sample preparation

168 The following compounds were included in the analysis: 33 PCB congeners (IUPAC numbers: CB 18,
169 28, 44, 49, 52, 87, 95, 99, 101, 105, 110, 118, 128, 138, 146, 149, 151, 153, 156, 170, 171, 172, 174,
170 177, 180, 183, 187, 194, 195, 199, 205, 206, 209), 7 PBDEs (IUPAC numbers: 28, 47, 99, 100, 153,
171 154, and 183), DDT and metabolites (o,p'-DDD, o,p'-DDE, o,p'-DDT, p,p'-DDD, p,p'-DDE, and p,p'-
172 DDT), chlordanes-CHLs (trans-chlordane (TC), cis-chlordane (CC), cis-nonachlor (CN), trans-nonachlor
173 (TN), and oxychlordane (OxC)), HCHs (α -, β -, and γ -hexachlorocyclohexanes) and hexachlorobenzene
174 (HCB). BDE 209 was only analyzed in sediment samples. All solvents and chemicals were purchased
175 or prepared as described previously (Chu et al., 2002; Covaci et al., 2002). The methods used for the
176 determination of POPs in sediment and biota samples have been previously described and validated
177 (Covaci et al., 2005) and are summarized below. Per season, analyses were conducted on one pooled
178 sediment sample per location, one pooled invertebrate sample per species and per location and three
179 individual fish replicates per species and per location (POP analysis in liver samples was limited to two
180 species: *C. gariepinus* and *L. marequensis*). For the biota samples, fresh fish muscle and liver (2.5-4.0
181 g wet weight (ww)) and invertebrates (2.0-3.5 g ww) were homogenized with anhydrous Na₂SO₄, spiked
182 with internal standards (CB 143, BDE 77, ϵ -HCH) and extracted for 2 h by hot Soxhlet with 100 mL
183 hexane/acetone (3/1, v/v). After lipid determination on an aliquot of the extract, the remainder of the
184 extract was cleaned-up on 8 g acidified silica (44%, w/w) and analytes were eluted with 20 mL hexane
185 and 15 mL dichloromethane. The cleaned extract was then concentrated and reconstituted in 100 μ L
186 iso-octane. To obtain sufficient tissue mass required for the analytical analysis, individuals per
187 invertebrate species and per location were pooled. For the sediment (3 g), the same procedure was
188 followed, but 5 g of activated copper powder was added and mixed with the sample. The sediment
189 samples were spiked with internal standards (CB 143, BDE 77, ¹³C-BDE 209, and ϵ -HCH). For the
190 clean-up step, 2 g of copper powder was added on top of the acid silica column.

191

192 2.4.2. PCB, PBDE and OCP analysis

193 PBDEs, HCHs and CHLs were measured with an Agilent 6890-5973 gas chromatograph coupled to a
194 mass spectrometer (GC-MS) and equipped with a 30 m \times 0.25 mm \times 0.25 μ m DB-5 capillary column.
195 The MS was operated in electron capture negative ionization (ECNI) mode and was used in the selected
196 ion-monitoring (SIM) mode with ions m/z = 79 and 81 monitored during the entire run and specific ions
197 for OCPs acquired in well-defined windows. PCBs, DDTs, and HCB were measured with a similar GC-
198 MS system as for the PBDE determination, operated in electron ionization (EI) mode and equipped with
199 a 25 m \times 0.22 mm \times 0.25 μ m HT-8 capillary column. The MS was used in the SIM mode with two ions

200 monitored for each PCB homologue group or for each OCP. More detailed information on the GC-MS
201 analysis is given in the supplementary information (text + Table S2).

202

203 2.4.3. Quality assurance/quality control (QA/QC)

204 Retention times, ion chromatograms and relative abundance of the monitored ions were used as
205 identification criteria. A deviation of ion abundance ratios within 15% of the mean values for calibration
206 standards was considered acceptable. Quantification was based on five-point calibration curves. The
207 peaks were positively identified as target compounds if: (1) the retention time matched that of the
208 standard compound within ± 0.1 min and (2) the signal-to-noise ratio (S/N) was higher than 3:1. One
209 procedural blank was analyzed for each batch of 10 samples and this for each type of samples (fish,
210 invertebrates and sediments). The blank values were for most compounds not detectable, while for
211 compounds with detectable (but very low) blanks, the variation between the blanks was <30%. For each
212 analyte detected in the blanks, the mean procedural blank value was used for subtraction. After blank
213 subtraction, the limit of quantification (LOQ) was set at 3 times the standard deviation of the procedural
214 blank, which ensures >99% certainty that the reported value originates from the sample. For analytes
215 that were not detected in procedural blanks, LOQs were calculated for a ratio S/N equal to 10. LOQs
216 depended on the sample intake and on the analyte and ranged between 1 and 4 ng/g lipid weight (lw)
217 for biota and 10 and 50 pg/g dry weight (dw) for sediments. QC was performed by regular analyses of
218 procedural blanks, by random injection of standards and solvent blanks. A standard reference material
219 SRM 1945 (OCPs, PCBs, and PBDEs in whale blubber) and CRM 536 (PCBs in harbour sediment) was
220 used to test the accuracy of the method. Obtained values were not deviating more than 10% from the
221 certified values (Table S3). The QC scheme is assessed through successful participation to the
222 Interlaboratory Comparison Exercise Program for Organic Contaminants in Marine Mammal Tissue
223 organized by the National Institute of Standards and Technology (NIST, Gaithersburg, MD, USA).

224

225 2.5. PFASs

226 2.5.1. Chemicals and sample preparation

227 The following compounds were included in the analysis: PFBS, PFHxS, PFOS, PFDS, PFBA, PFHxA,
228 PFOA, PFNA, PFDA, PFUdA, PFDaA, PFTra, and PFTeA. The extraction method to determine
229 carboxylate and sulfonate PFASs in fish is primarily based on the procedure developed by Powley et al.
230 (2005). PFASs analyses were restricted to fish samples, not in invertebrates due to limited biomass and
231 was conducted on muscle tissue of three replicates per fish species, per season and per location (for
232 liver tissue, only 1 species, *C.gariepinus*, was selected). Muscle tissues (1 g, ww) were homogenized
233 with an Ultra-Turrax dispersing tool and placed within individual 50 mL PP tubes. The samples were
234 then spiked with 80 μ L of internal standard mixture (MPFAS = 125 pg/ μ L concentration consisting of $^{13}\text{C}_8$ -
235 PFOS, $^{13}\text{O}_2$ -PFHxS, $^{13}\text{C}_4$ -PFBA, $^{13}\text{C}_2$ -PFHxA, $^{13}\text{C}_8$ -PFOA, $^{13}\text{C}_9$ -PFNA, $^{13}\text{C}_6$ -PFDA, $^{13}\text{C}_7$ -PFUdA), 10 mL
236 of acetonitrile (ACN) was added, followed by proper mixing via vortex. After sonication (3 x 10 min with
237 vortex mixing in between), mixing (at 230rpm, 16h.) and centrifugation (2400 rpm for 10 min), the
238 supernatant was transferred to new pre weighted 15 mL PP tubes. The acquired extract was evaporated
239 to 0.5 mL using a Speedvac and the weight of the tubes was determined. For sample purification,

240 Eppendorf tubes were firstly prepared with 25 mg Envi-Carb and 50 μ L glacial acetic acid (100%)
241 followed by the transfer of the evaporated extract. Rinsing of the empty 15 mL tubes was performed
242 twice by adding 250 μ L ACN, vortexed and transferred to the Eppendorf tube. Then samples were
243 vortexed for 1 min, centrifuged at 10 000rpm for 10 min and the cleaned supernatant was transferred to
244 new tubes. For filtration 195 μ L HPLC grade water, 2 mM ammonium acetate and 105 μ L of the extract
245 was added to an empty Eppendorf tube and vortexed thoroughly. The resulting 300 μ L was filtrated (0.2
246 μ m, syringe filter, OASIS Medical Inc. USA) using a syringe into polypropylene injection vials and
247 samples were ready for UPLC analysis.

248 One surface water sample per location and per season was analyzed. The extraction method of PFASs
249 from surface water was based on the Taniyasu et al. (2005) procedure. First, the water sample was
250 filtrated through Whatman 47 mm filters. A volume of 500 mL of the sample was spiked with the 80 μ L
251 internal standard (See Biota extraction) and shaken well. For the solid phase extraction, a vacuum glass
252 pump was set up with a Waters Oasis Wax cartridge (60 mg, 3cc) and an approximately flow of 2
253 drips/sec. Preconditioning of the cartridge with 4 mL 0.1 % NH_4OH in ACN and thereafter with 4 mL
254 HPLC grade water took place after which the spiked 500 mL water was added systematically. The
255 columns were washed with 2 mL 40% ACN in HPLC grade water. When completely dry, cartridges were
256 removed and eluted with 1 mL of 2 % NH_4OH in ACN. Before analysis the extract was filtrated (See
257 biota filtration). The only difference is that 105 μ L extract is diluted with 195 μ L HPLC grade water.

258

259 2.5.2. PFASs analysis

260 PFASs were quantified using an AQUITY Ultra Performance Liquid Chromatography (UPLC) coupled
261 to a tandem quadrupole mass spectrometer (TQD, Waters, USA) with electrospray interface operating
262 in negative ion mode (ES-MS/MS). Separation was performed on an ACQUITY BEH C18 column (1.7 μ m
263 particle size; 50 x 2.1 mm, Waters, USA). The injection rate proceeded with a volume of 10 μ L with a
264 flow rate of 450 μ L/min. Mobile phases were conveyed by a gradient program consisting of ACN with
265 0.1 % formic acid and water with 0.1% formic acid. The following analytes and internal standards with
266 mass transition were monitored and used for detection [precursor ion (m/z) \rightarrow product ion (m/z)]: 213
267 \rightarrow 169 (PFBA), 313 \rightarrow 269 (PFHxA), 217 \rightarrow 172 ($^{13}\text{C}_4$ -PFBA), 315 \rightarrow 270 ($^{13}\text{C}_2$ -PFHxA), 413 \rightarrow 369
268 (PFOA), 463 \rightarrow 419 (PFNA), 513 \rightarrow 469 (PFDA), 563 \rightarrow 519 & 269 (PFUdA), 663 \rightarrow 619 (PFTrA),
269 713 \rightarrow 669 (PFTeA), 299 \rightarrow 99 (PFBS), 403 \rightarrow 84 ($^{13}\text{O}_2$ -PFHxS), 399 \rightarrow 99 (PFHxS), 499 \rightarrow 80,99
270 (PFOS), 599 \rightarrow 80 (PFDS), 313 \rightarrow 296 (PFHxA), 421 \rightarrow 376 ($^{13}\text{C}_8$ PFOA), 472 \rightarrow 427 ($^{13}\text{C}_9$ PFNA),
271 519 \rightarrow 474 & 270 ($^{13}\text{C}_6$ PFDA), 570 \rightarrow 525 ($^{13}\text{C}_7$ PFUdA), 507 \rightarrow 80 ($^{13}\text{C}_8$ PFOS). For quantification, an
272 external calibration curve was used. Non-labelled standards of PFBS, PFHxS, PFOS, PFDS, PFBA,
273 PFHxA, PFOA, PFNA, PFDA, PFUdA, PFDaA, PFTrA and PFTeA were used to construct ten-level
274 calibration curves ($r^2>0.98$) The internal standards (MPFAS) were added to the samples prior to
275 extraction and the same amount of these standards was added to each calibration point. The calibration
276 curves were created preceding the analysis and were analyzed in the same run. The results are
277 corrected for matrix effects and recovery was based on the response area of the internal standards.
278 Concentrations of sulfonates are based on the ion, not on the salt. At least two calibration curves were
279 analysed for each run and pure ACN was injected for every ten injections to avoid carry-over effects.

280

281 2.5.3. Quality Assurance and Quality Control (QA/QC)

282 Duplicates for each 1 g of wet tissue and 500 mL water sample were incorporated and each sample
283 was injected twice. For each lot of approximately ten samples, a routine procedural blank of HPLC grade
284 water was spiked with the internal standard mixture and analyzed simultaneously. These measures
285 were taken to assure correctness and quality of the routine method. The response of the internal
286 standard in the samples provides information on possible matrix effects, suppression or enhancement
287 of the signal. The analyte limits of quantification (LOQ) were calculated as 10 times the signal to noise
288 ratio which were 100 pg/g for PFOA, 120 pg/g for PFOS and 65pg/g for PFNA and for surface water
289 0.86 ng/L, 0.73 ng/L and 0.55 ng/L, respectively.

290 Samples with reference material, sterilized fish muscle tissue (pike perch; *Stizostedion lucioperca*)
291 obtained from QUASIMEME Laboratory Performance Studies (Van Leeuwen *et al.*, 2011) were added.
292 The mean recoveries ranged from 67% to 106% for the analyzed PFASs.

293

294 2.6. Stable Isotope analysis

295 Fish and snail samples were dried at 60 °C, homogenized with a mortar and pestle into a fine powder,
296 weighed to the nearest 0.001 mg and encapsulated in pre-weighed 5 x 8 mm Sn capsules to determine
297 $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$. A similar procedure was used for the *gomphidae* larvae, but Ag cups were used because
298 HCl was added to remove traces of non-dietary carbonates due to the presence of an exoskeleton
299 (Verhaert *et al.* 2013). Stable isotope measurements were performed using a Thermo Flash HT/EA
300 coupled to a Thermo DeltaV Advantage IRMS with a ConFlo IV interface at the Department of Earth and
301 Environmental Sciences, KULeuven (Belgium). Stable isotope results are expressed using the following
302 formula:

$$303 \delta^{13}\text{C}; \delta^{15}\text{N} = [(R_{\text{sample}}/R_{\text{reference}}) - 1] \times 1000$$

304 with $R = {}^{13}\text{C}/{}^{12}\text{C}$ for carbon and ${}^{15}\text{N}/{}^{14}\text{N}$ for nitrogen.

305 Data were calibrated using a combination of IAEA-C6, IAEA-N1, and acetanilide, which was calibrated
306 in house for $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$. Estimated precision is generally better than 0.15 ‰ for both $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$.

307 Relative trophic levels were derived from animal $\delta^{15}\text{N}$ values using the following equation (Post, 2002):

$$308 \text{TL}_{\text{consumer}} = [(\delta^{15}\text{N}_{\text{consumer}} - \delta^{15}\text{N}_{\text{primary consumer}}) / \Delta \delta^{15}\text{N}] + 2$$

309 where $\text{TL}_{\text{consumer}}$ is the trophic level of the organism, $\delta^{15}\text{N}_{\text{consumer}}$ is $\delta^{15}\text{N}$ of the organism, $\delta^{15}\text{N}_{\text{primary consumer}}$
310 is the mean $\delta^{15}\text{N}$ of a local long-lived primary consumer, 2 is the trophic level of the primary consumer
311 and $\Delta \delta^{15}\text{N}$ is the trophic enrichment factor, or the shift in $\delta^{15}\text{N}$ between two consecutive trophic levels
312 (Post, 2002). In the present study, the primary consumer used as a baseline was the snail species
313 *Tarebia granifera*. A $\Delta \delta^{15}\text{N}$ trophic fractionation of 3‰ was used, as this is the most adequate estimate
314 for non-acid treated muscle tissue (McCutchan *et al.*, 2003; Vanderklift and Ponsard 2003). TMFs were
315 based on lipid-normalized contaminant POP concentrations and relative trophic levels, and were
316 calculated from the slope of the regression of the log-transformed concentrations of pollutants versus
317 trophic level calculated based on $\delta^{15}\text{N}$ (Borgå *et al.*, 2012) (Figure S1).

$$318 \text{Log} [\text{contaminant}] = a + b \text{TL} + \epsilon \qquad \text{TMF} = 10^b$$

319

320 **2.7. Statistical analysis**

321 Statistical analyses were conducted using GraphPad Prism 5 (GraphPad Software, Inc) and the SPSS
322 15.0 statistical package. The level of statistical significance was defined at $p < 0.05$. For POP
323 concentrations $<LOQ$, the value of $LOQ * f$ (detection frequency) was incorporated. Prior to analyses,
324 data was tested for normality (Shapiro-Wilk) and homogeneity of variance (Levene's tests) after which
325 log transformation was applied to data sets when necessary. Since invertebrates were pooled per
326 species and per location for POP analysis the ability to perform comparative statistical analysis for these
327 data sets was limited. In addition, POP analysis was performed on one pooled sediment sample per
328 location and per season and therefore statistical analysis was again limited. Differences in contamination
329 levels per fish species for locations and seasons were tested with two-way ANOVA, followed by Post-
330 Hoc Tukey test. One-way ANOVA was used for the comparison of POP contamination between species.
331 A paired sampled T-test was performed for the identification of any significant differences in means
332 between corresponding liver and muscle samples. Pearson's correlation coefficients were calculated for
333 (1) TOC content in sediment and sediment contamination levels; (2) the association between fish
334 biological characteristics (lipid content, length, weight) and POP levels in biota tissue; (3) the relation
335 between POP levels in sediment and biota tissue POP levels.

336 To investigate differences in TMFs between different climate regions, ANCOVA was used by comparing
337 slopes of the regression between trophic level and the log of the contaminant concentration for the
338 different climates by R (Version 2.15.3).

339

340 **2.8. Human health risk assessment**

341
342 The Agency for Toxic Substances and Disease Registry (ATSDR, 2013) and the European Food Safety
343 Authority (EFSA, 2008) have determined Minimum Risk Levels (MRL) for oral intake of POPs. With
344 these MRLs, the maximum amounts of fish (kg) which can be consumed by a person of 60 kg without
345 potential human health risks is calculated taken into account the 50th and 95th percentile of observed
346 concentration of $\sum PCBs$, $\sum DDTs$, $\sum HCHs$, $\sum CHLs$, PFOA, and PFOS for all fish species sampled in
347 Olifants River, South Africa. The following formula is used:

$$348 Y = W \times M; Q = Y / C / 1000; Q = W \times M / C / 1000$$

349 with:

350 Y (ng/day) = maximum amount of POPs a 60 kg person can consume per day without posing health
351 risk; M (ng/kg body weight/day) = Minimum Risk Level (MRL) for oral intake of POPs; W (kg) = weight
352 of an average person of 60 kg; Q (kg) = maximum amount of contaminated fish muscle a 60 kg person
353 can consume per day without posing health risks; C (ng/g ww) = 50th and 95th percentiles of the
354 observed concentration of POPs in the fish muscle

355

356 **3. Results**

357 **3.1. Surface water**

358 PFASs concentrations in surface water were all < LOQ in the present study (0.86 ng/L for PFOA, 0.73
359 ng/L for PFOS and 0.55 ng/L for PFNA).

360

361 **3.2. Sediment**

362 3.2.1. POPs

363 *PCBs*

364 ΣPCB concentrations for all locations ranged between 0.16 and 2.0 ng/g dw and from 0.056 to 0.33 ng/g
365 dw for the summer high and winter low flow season, respectively (Figure S2 and Table 1). The following
366 PCB congeners were not detected in the sediment samples: CB 28, 52, 49, 74, 151, 138, 171, 156, 199,
367 196/203, 194, 206, and 209. Four of the seven indicator PCBs (CB 101, 118, 153, and 180) were present
368 and ranged from 0.10 to 0.86 ng/g dw for the summer high flow and from 0.06 to 0.22 ng/g dw for winter
369 low flow season (Table 1). The main contributing PCB congeners in the sediment were CB110 (18%),
370 CB101 (17%), CB153 (15%), and CB118 (15%). A trend in seasonal difference was observed for the
371 river sampling points (MW & OG) with the high flow season having higher PCB levels than the low flow
372 season.

373

374 *PBDEs*

375 ΣPBDEs levels ranged from 0.017 to 1.5 ng/g dw and from <LOQ to 0.011 ng/g dw in summer high flow
376 and winter low flow season, respectively (Table 1). PBDE congeners 99, 100, 153, 154, and 183 were
377 not detected in the sediments. The most dominant congeners of ΣPBDEs for all locations were BDE 209
378 (94 %) and BDE 47 (6%). Again, a trend in seasonal difference is observed with higher levels in the
379 summer high flow season compared to the winter low flow season.

380

381 *OCPs*

382 ΣDDTs ranged from 0.094 to 2.4 ng/g dw for the summer high flow season and from <LOQ to 4.3 ng/g
383 dw in winter low flow (Figure 2 and Table 1). The observed metabolite profile for DDTs was p,p'-DDE
384 (85%); p,p'-DDD (9.9%) and p,p'-DDT (4.9%). Metabolites o,p'-DDE, o,p'-DDD and o,p'-DDT were not
385 detected. The DDT/(DDE+DDD) ratio ranged from 0.01 to 0.97. For both seasons, FBD had the highest
386 ΣDDTs sediment levels.

387 For ΣHCHs, the summated levels throughout all locations ranged between <LOQ and 0.049 ng/g dw
388 and from <LOQ to 0.069 ng/g dw in summer high flow and winter low flow, respectively (Table 1). The
389 principal contributors to the ΣHCHs abundance were isomers γ-HCH (66 %) and β- HCH (34 %). Isomer
390 α-HCH could not be detected in the sediment samples.

391 ΣCHLs ranged from <LOQ to 0.046 ng/g dw in summer high flow and from <LOQ to 0.15 ng/g dw in the
392 winter low flow season. OxC was absent and CC (62%) was the predominant component overall. HCB
393 was detected at low levels ranging from <LOQ to 0.08 ng/g dw and from <LOQ to 0.03 ng/g dw in high
394 flow and low flow seasons, respectively.

395

396 3.2.2. TOC

397 The mean total organic carbon content (TOC in %) in the sediment samples ranged from 0.61±0.04%
398 to 8.9±1.1% in the high flow season and 0.31±0.03 to 3.1±0.09% in winter low flow (Table 1). Significant
399 differences were found among locations and between seasons (F6,14=168, p<0.0001). TOC values in
400 sediment from the dams FBD and PB were significantly higher than TOC in sediment from the river
401 points MW and OG. In addition, TOC was higher in FBD than in PB and TOC in the summer season of
402 FBD was higher than in the winter season.

403 Significant positive correlations between TOC (%) and OCP concentrations were observed for ΣDDT
404 (r(5)=0.86, r²=0.74, p=0.013, N=7); p,p'-DDE (r(5)=0.87, r²=0.76, p=0.011, N=7) and p,p'-DDD
405 (r(5)=0.93, r²=0.87, p=0.002, N=7) (Figure S3).

406

407 3.3. Invertebrates

408 The lipid content varied between 0.82% and 1.6% for *Gomphidae* larvae and between 1.1% and 1.3%
409 for the snail *T. granifera*, with no significant difference among locations or between seasons.

410 PCBs, PBDEs, HCHs and CHLs were close to or < LOQ for all invertebrate species at all sites (Table
411 2). The ΣDDT values throughout all locations for *Gomphidae* ranged between <LOQ and 1.7 ng/g ww
412 (20 to 206 ng/g lw). For *T. granifera*, the ΣDDT levels ranged between <LOQ and 1.2 ng/g ww (15 to
413 135 ng/g lw) (Figure 2). Metabolites o,p'-DDE, o,p'-DDD, o,p'-DDT and p,p'-DDD were not detected in
414 invertebrates for any of the locations. The predominant metabolites were p,p'-DDE contributing to 94 %
415 of ΣDDT and p,p'-DDT 6%. HCB could be detected with levels close to the LOQ throughout all locations
416 ranging between <LOQ and 0.21 ng/g ww (1.3 to 3.1 ng/g lw) for *Gomphidae* larvae and between <LOQ
417 and 0.22 ng/g ww for *T. granifera*.

418

419 3.4. Fish

420 3.4.1. POPs

421 PBDEs and HCB were < LOQ in all muscle tissues.

422

423 PCBs

424 The ΣPCBs concentrations ranged from <LOQ to 3.0 ng/g ww (<LOQ to 1278 ng/g lw) for all species
425 (Table 3, Figure S2). The Σ7PCBs (congeners 28, 52, 101, 118, 138, 153, and 180) varied from <LOQ
426 to 1.7 ng/g ww. PCB congeners 28, 52, 49, 74, 95, 151, 156, 183, 174, 177, 171, 194, and 209 were not
427 quantifiable in the fish species. The congener profile was dominated by CB 153 (32%); CB 180 (21%);
428 CB 138 (11%); CB 118 (8 %); CB 187 (7%); and CB 170 (6%). No significant differences among species,
429 locations and seasons were observed.

430 To investigate tissue specific contamination, ΣPCB levels in liver tissue from *C. garipepinus* and *L.*
431 *marequensis* were analyzed. ΣPCB levels in the liver ranged from <LOQ to 71 ng/g lw (Table S4) and
432 for Σ7PCBs the range was from <LOQ to 36 ng/g lw. Tissue specific accumulation was observed in the
433 fish with higher PCB levels in the liver than in the muscle tissue (4.4 ≤ t ≤ 14.1; 0.0001 ≤ p ≤ 0.001). No
434 correlation was found between liver and muscle for all individual PCB congeners.

435

436 OCPs

437 The Σ DDTs levels in the muscle fish tissue varied from <LOQ to 61 ng/g ww (28 to 27891 ng/g lw) (Table
438 3, Figure 2). Except for o,p'-DDE, all analyzed DDT metabolites were detected. p,p'-DDE isomer entails
439 91% of the overall contamination burden. The DDT/(DDE+DDD) ratio ranged between 0.01 and 0.25.

440 The Σ DDTs metabolite profile in liver from *C. gariepinus* and *L. marequensis* corresponded to the muscle
441 composition (p,p'-DDE also dominant metabolite contamination contributor in liver), with levels ranging
442 from 1 to 4326 ng/g lw (Table S4). A positive significant correlation for p,p'-DDE ($r(13)=0.79$, $r^2=0.63$,
443 $p<0.001$, $N=14$) between levels in the muscle and levels in the liver as well as for isomer p,p'-DDD
444 ($r(13)=0.65$, $r^2=0.43$, $p=0.011$, $N=14$) was observed. DDT and metabolites accumulated more in liver
445 than in muscle tissue ($3.7 \leq t \leq 11.1$; $0.0001 \leq p \leq 0.003$).

446 The other detected OCPs in the fish tissues were HCHs and CHLs. Σ HCHs concentrations varied from
447 <LOQ to 0.89 ng/g ww (<LOQ to 87 ng/g lw) (Table 3). While isomer γ -HCH is the most dominant
448 metabolite in the sediment, this metabolite is absent in the fish. α -HCH and β -HCH constituted 28% and
449 72% respectively in all samples analyzed. Σ HCH levels in liver ranged from <LOQ to 0.42 ng/g lw (Table
450 S4) and were significantly higher than in the muscle tissue ($t(1,13)=4.2$, $p=0.001$). The HCH pattern in the
451 liver was dominated by γ -HCH (84%), β -HCH (16%) and no α -HCH, in contrast with the muscle where
452 γ -HCH was not detected. In the sediment TC and CC were dominant CHLs while in fish TC and OxC
453 were absent with TN (64%), CN (26%) and CC (11 %) encompassing the majority of the isomers. The
454 Σ CHLs ranged between <LOQ and 0.81 ng/g ww (<LOQ to 87 ng/g lw) (Table 3). Σ CHL levels in the
455 liver tissue ranged from <LOQ to 8.6 ng/g lw with similar compositional profiles than muscle tissue (Table
456 S4). No significant correlation between liver and muscle tissue was observed.

457

458 PFASs

459 Regarding Σ PFASs concentrations measured in the fish muscle and liver, only 3 out of 13 PFAS
460 compounds analyzed could be detected (Figure 3, Table S5 and S6). PFOS, PFOA and PFNA in muscle
461 tissue ranged from 0.15 to 2.7 ng/g ww, from <LOQ to 0.42 ng/g ww and from <LOQ to 0.14 ng/g ww
462 respectively with PFOS>PFOA>PFNA (Table S5). Values were significantly higher in liver compared to
463 muscles for PFOA ($T_5=3.08$, $p=0.027$), PFOS ($T_5=3.04$, $p=0.029$) and PFNA ($T_5=4.16$, $p=0.009$). No
464 significant correlation between liver and muscle tissue was observed.

465

466 3.4.2. Relation between POP levels and biological characteristics

467 The lipid content percentage in fish studied varied from $0.18 \pm 0.09\%$ for *S. intermedius* to $2.9 \pm 0.87\%$ for
468 *L. marequensis* (Table 3). No significant difference in lipid content for the same species at different
469 locations or seasons were identified.

470 No clear trend was observed between lipid content, weight and length and POP levels in fish. For *C.*
471 *gariepinus*, *L. rosae*, *L. marequensis*, *S. intermedius* and *S. zambesensis* no significant correlation
472 between biological parameters and POP levels was observed. However, for *L. congoro* and *H. vittatus*
473 a significant negative correlation was observed between length and CB118, 153,187, 183, 128, 174,
474 177,180, 170, 199, HCB, p,p'-DDE and p,p'-DDT (Table S7).

475

476 **3.5. Relationships between POP levels in the environment and biota tissues**

477 Weak or no significant correlations were found for POPs in TOC normalized sediments correlated with
478 lipid normalized POP levels in invertebrate tissue samples and fish muscle tissue. Additionally, no or
479 weak negative correlations were found between individual fish species and respective invertebrates
480 Gomphidae or *T. granifera*.

481

482 **3.6. Trophic transfer of POPs through a subtropical food web**

483 3.6.1. Trophic level

484 Ranges and mean (\pm SD) levels of nitrogen stable isotopes are presented in Table 2 and 3. Trophic
485 levels ranged from 2.0 ± 0.1 for *T. granifera* to 4.0 ± 0.6 for *S. intermedius*. On average, trophic levels
486 increased from detritivores to omnivores to piscivores (Figure S4).

487

488 3.6.2. Trophic transfer and trophic magnification factors

489 TMFs are based on the relation between the trophic level (TL) and the log contaminant concentration.
490 For POPs, the log lipid normalized concentrations were used. For POPs which could be detected in both
491 invertebrates and fish (CB153, CB187, CB180, CB170, CB199, CB206, *p,p'*-DDE, *p,p'*-DDD, *p,p'*-DDT,
492 α -HCH, and β -HCH), the relationship between TL and logPOP concentrations were tested for FBD, MW
493 and OG. At FBD, invertebrates could not be collected in the winter low flow season, so trophic transfer
494 and TMFs were not calculated for this season. For PFASs, no significant relation between TL and PFASs
495 were found. . In the summer high flow season at FBD, significant relations between TL and CB153,
496 CB187, CB180, CB170, CB206, *p,p'*-DDE and *p,p'*-DDD were observed. At MW, CB170, CB199 and
497 CB206, *p,p'*-DDE, *p,p'*-DDD and *p,p'*-DDT and α -HCH were significantly related to TL in both seasons.
498 In addition, TL and logCB153, CB180 and β -HCH were also significantly related in the summer high
499 flow. For OG, a significant relationship between TL and CB153, 187, 180, 170, 199 and 206, *p,p'*-DDE,
500 *p,p'*-DDD and *p,p'*-DDT, α -HCH and β -HCH was observed in both seasons (Figure 4). Based on the
501 slopes of these relationships, TMFs were calculated (Table S8). TMFs ranged from 1.3 for α -HCH at
502 OG to 9.0 for *p,p'*-DDE at OG, with the highest TMF values for DDXs, followed by PCBs and finally
503 HCHs. POPs with a $\log K_{ow} < 5$, such as HCHs have lower TMFs than POPs with $5 < \log K_{ow} < 7$ (PCBs,
504 DDTs) (Table S8 and Figure 5). For all POPs, no significant difference in slopes of the regression
505 between TL and logPOP for the two seasons was observed.

506

507 **3.7. Minimum Risk Levels for Human Health**

508 Table 4 represents the maximum amounts of fish muscle tissue (kg) which can be consumed by a
509 person of 60 kg without potential human health risks based on MRLs (ATSDR, 2010; EFSA, 2008) and
510 taken into account the 50th and 95th percentile of observed concentration of Σ PCBs, Σ DDTs, Σ HCHs,
511 Σ CHLs, PFOA and PFOS for all fish species sampled in Olifants River, South Africa The highest
512 potential health risk is found in *S. zambesensis* because of elevated Σ DDTs levels. A person of 60 kg
513 can consume a daily amount of 640 g of *S. zambesensis* without posing a potential human health risk.

514

515 **4. Discussion**

516 **4.1. Surface water**

517 For PFASs, levels were all < LOQ. Studies on PFASs in South Africa are scarce, but levels of PFOA
518 and PFOS were detected in rivers in the Western Cape Province (314 and 182 ng/l in Diep River, 390
519 and 47 in Salt River and 146 and 23 in Eerste River for PFOA and PFOS respectively) (Mudumbi et al.
520 2014). Therefore, these pollutants are present in South Africa, but apparently to a lesser extent in the
521 ORB.

522

523 **4.2. Sediment**

524 4.2.1. POPs

525 One pooled sample was analyzed for POPs, so differences in sediment levels among locations and
526 between seasons can only be expressed as trends, but not statistically tested. Both for PCBs and
527 PBDEs, a trend of higher levels in the summer season was observed. Σ PCB and Σ PBDE levels in the
528 sediment of the Olifants River are low when compared to the literature. The Σ 7PCBs levels in the present
529 study were comparable to values reported from the Congo River Basin (Verhaert et al., 2013), the Nile
530 River, Egypt (El-Kady et al., 2007) and Lake Victoria (Ssebugere et al., 2014), but lower than in the
531 industrialized, urban and agricultural area of the Vaal River (South Africa) (Quinn et al., 2009) or several
532 industrialized European rivers (Waszak & Dabrowska, 2009; Van Ael et al, 2012). Σ PBDE sediment
533 concentrations were comparable to levels detected in the pristine Congo River Basin (Verhaert et al.,
534 2013), lower than levels determined in the Juksei River, South Africa (Olukunle et al., 2012) and up to
535 1000 fold lower than in sediment samples from the more industrialized Scheldt river in Belgium, Europe
536 (Covaci et al., 2005, Van Ael et al., 2012).

537 For both seasons, FBD had the highest Σ DDTs sediment levels. FBD is located in the Middle ORB
538 where agricultural practice is more extensive compared to the Lower ORB. However, this DDT pollution
539 originates from historical use when referred to the DDT/(DDE+DDD) ratio (Quinn et al. 2011). To
540 determine the magnitude of DDT contamination, the results were compared to Σ DDTs observed in
541 sediments from other studies. Gerber et al. (2015) collected samples from the Olifants River at MW and
542 OG during high and low flow seasons in 2009-2011. Levels ranged from <LOQ to 1.97 ng/g dw which
543 is in the same range as the observed concentrations in the present study. Levels were higher than those
544 detected in the Congo River by Verhaert et al. (2013) and Tana- and Sabaki Rivers in Kenya (Lalah et
545 al., 2003), while analogous to the range (0.27 to 4.62 ng/g dw) identified by Quinn et al. (2009) in the
546 Vaal River, South Africa and to sediment samples analyzed from Lake Bosomtwi in Ghana (Darko et
547 al., 2008).

548 Σ HCHs, Σ CHLs and HCB sediment levels were all low compared to the literature (Verhaert et al., 2013;
549 Covaci et al., 2006; Darko et al., 2008; Getenga et al., 2004; Quinn et al., 2009). Σ HCHs and Σ CHLs
550 levels at MW and OG from the present study are lower than levels found in 2009-2011 at MW and OG
551 which indicates a possible decrease of the pollution in these environments. For HCB, levels were
552 comparable (Gerber et al. 2015).

553

554

555

556 4.2.2. TOC

557 Sediment characteristics, such as total organic carbon (TOC) are imperative in the fate and retention of
558 POPs in the sediment with expected higher sediment POP levels when TOC content increases
559 (Miglioranza et al., 2002; Munn and Gruber, 1997). This relationship was determined for p,p'-DDE, p,p'-
560 DDD and Σ DDT.

561

562 4.3. Invertebrates

563 Similar as for sediment, DDT and metabolites were the predominant pollutants. The presence of p,p'-
564 DDE metabolite in greater excess compared to p,p'-DDT confirms the historical use. For all sampling
565 points, FBD showed the highest Σ DDT accumulated levels for both invertebrate species which is in line
566 with the fact that FBD is situated in a more developed area with agricultural, urban and industrial
567 practices compared to the other sampling points. Compared to other studies in Africa, levels are similar
568 to slightly higher (Kidd et al. 2001; Verhaert et al. 2013). Although, DDT can be used for residual indoor
569 spraying in South Africa, the concentrations found in the invertebrates do not show evidence of
570 problematic or recent pollution by DDT in the middle and lower Olifants River.

571

572 4.4. Fish

573

574 4.4.1. POPs

575 PCB concentrations in the current study were considerably lower than in the freshwater fish from studies
576 in more industrialized European countries such as Belgium (Van Ael et al., 2012), Italy (Viganò et al.,
577 2008), and the USA (Monosson et al. 2003). Also the Σ PCBs levels in *H. vittatus* at Lake Pongolapoort,
578 South Africa, with a mean concentration of 257 ± 115 ng/g lw, are higher than Σ PCBs levels from the
579 present study (Wepener et al., 2012). Comparably, Σ PCBs levels in fish from Lake Tanganyika, and
580 Congo River, were higher compared to the current study (Manirakiza et al., 2002; Verhaert et al. 2013).
581 DDT levels in *H. vittatus* from OG in the present study are lower when compared with previously reported
582 DDT levels of *H. vittatus* from OG in the low flow season of 2010 and the high flow season of 2011
583 (9037 ± 3221 and 647 ± 261 ng/g lw, respectively) (Gerber et al., 2015). Gerber et al. (2015) stated that
584 concentrations of the majority of the OCPs in fish from OG were the highest levels ever recorded from
585 South African freshwater systems and in many cases the concentrations were higher than most
586 contaminated areas from around the world. This observation indicates a decrease in DDT levels
587 between 2010-2011 and 2012. The DDT/(DDE+DDD) ratio was < 1 which indicates that the Σ DDTs
588 within the aquatic ecosystem originates mainly from historical usage. Also DDT levels in *H. vittatus* in
589 Lake Pongolapoort (South Africa) reflected a larger scale historical use of DDT (Wepener et al., 2012).
590 The DDT profiles of the fish closely resemble those of the sediment with the main differences occurring
591 with o,p'-DDT and o,p'-DDD being none detectable in the sediment samples.

592 Σ HCH and Σ CHL levels in the present study were low and in the same range as levels found in fish
593 from Lake Tanganyika (Burundi) and Congo River Basin (Manirakiza et al., 2002; Verhaert et al., 2013).
594 Regarding Σ PFASs concentrations in fish, only 3 out of 13 PFAS compounds analyzed could be
595 detected. An important determinant of PFASs bioaccumulation potential is the functional group attached

596 to the carbon chain. It is known that for example the functional group 'sulfonate' has a greater
597 bioconcentration factor, half life and uptake rate in comparison with carboxylate perfluoroalkyl of the
598 same carbon chain length (Lindstrom et al., 2011; Martin et al., 2003). Furthermore, the largest
599 bioaccumulation concern pertains to the PFASs long-chain lengths $C \geq 8$ which generally bioaccumulate
600 more than those with $C \leq 7$ (Martin et al., 2003; Labadie and Chevreuil, 2011; Lindstrom et al., 2011).
601 These facts can be extrapolated to the current study where PFOS, with long chain length and a sulfonate
602 group, is the predominant contributor of Σ PFAS in the different fish tissues. Furthermore this pattern is
603 in agreement with findings reported in other studies (Kannan et al., 2005; Bossi et al., 2008; Berger et
604 al., 2009; Becker et al., 2010). In terms of comparative studies, the current study was the first survey
605 done on PFASs delineation in fish of the ORB and to our knowledge, the first study on PFASs in fish in
606 South Africa. Generally, a lack of data and studies in the African continent for PFASs in fish was
607 observed. The reported concentrations of PFOS in crocodile plasma from the ORB (0.776 to 118 ng/g
608 ww) largely exceed the levels in fish from the present study (Christie et al., 2016). Compared to other
609 studies around the world, PFOS levels in muscle tissue and liver in fish from the Olifants River are low
610 (Hoff et al., 2005; Kannan et al., 2005; Berger et al., 2009; Becker et al., 2010; Labadie and Chevreuil,
611 2011; Malinsky et al., 2011; Pan et al., 2014) (Table S9).

612 For Σ PCBs, Σ DDTs and Σ HCHs and PFAAs, higher levels in liver tissue than muscle tissue were
613 detected. As toxicants are metabolized in the liver, high pollutant levels are expected in this organ (Barni
614 et al., 2016). In addition, given that PFASs are protein-bound (Li et al., 2010; Martin et al., 2003), the
615 liver is considered a major organ for PFAS storage (Labadie and Chevreuil, 2011). In the literature, it
616 was reported that PFASs preferentially accumulates in blood, followed by liver, muscle and kidney
617 (Houde et al., 2011; Kannan et al., 2005; Martin et al., 2003; Suja et al., 2009). Muscle tissue however,
618 is also frequently used in biomonitoring assessments being an edible component and thus of interest
619 from a human health perspective (Labadie and Chevreuil, 2011). No clear trends in species,
620 geographical and temporal variations of PCBs, PBDEs, OCPs and PFASs concentrations in biota were
621 observed.

622

623 4.4.2. Relation between biological characteristics and POP levels

624 Biological characteristics, including fish length, fish weight and lipid content were previously reported as
625 determining factors for POP bioaccumulation. But in the present study, no clear trends were observed
626 between lipid content, weight and length and POP levels in fish with exception for a significant negative
627 relation between length and POPs in *L. congoro* and *H. vittatus*.

628

629 **4.5. Relationships between POP levels in the environment and biota tissues**

630 To investigate the relationship between POP levels in sediment and biota, POP levels in biota tissue
631 were related to POP concentrations in the sediment. TOC and lipid normalization is required since POP
632 levels are prone to accumulate in organic fractions of sediments and lipids of biota (Kafilzadeh et al.,
633 2012). No significant relationships were found between POP levels in surface water and sediment and
634 biota. Surface water and sediment POP levels were observed to be poor indicators of the real exposure
635 and bioavailability for biota of subtropical freshwater food webs. This is possibly due to lesser retention

636 in surface water and sediment and more dominant dissipation processes, like volatilization and faster
637 rates of degradation with higher temperatures in (sub)tropical climates
638 Previous research determined that low absolute levels of POPs in sediments from (sub)tropical regions
639 are not necessarily an indication of low exposure to POPs. The semi-volatile character of POPs
640 combined with their low aqueous solubility and elevated ambient temperatures, leads to higher
641 atmospheric concentrations and lower aquatic ecosystem concentrations in (sub)tropical regions
642 relative to temperate regions (Verhaert et al., 2013; Iwata et al., 1994; Kannan et al., 1995; Larsson et
643 al., 1995).

644
645

646 **4.6. Trophic transfer of POPs through a subtropical food web**

647 4.6.1. Trophic level

648 The ratio of ^{15}N to ^{14}N ($\delta^{15}\text{N}$) is a powerful tool for estimating the trophic position of organisms since
649 stable nitrogen isotope ratios of consumers are typically enriched by 2-4‰ relative to their diet (Layman
650 et al., 2012). Trophic levels corresponded well with the levels reported on Fishbase (www.fishbase.org)
651 for *L. marequensis*, *C. gariepinus*, *S. intermedius* and *H. vittatus*. According to Fishbase, *S. zambesensis*
652 and *L. rosae* have a trophic level of 2.7 ± 0.34 and 2.4 ± 0.18 respectively, which is slightly lower than
653 trophic levels determined in the present study (3.3 ± 0.39 and 3.5 ± 0.29 , respectively). But on average,
654 trophic levels increased from detritivores to omnivores to piscivores.

655

656 4.6.2. Trophic transfer and trophic magnification factors

657 For CB153, CB187, CB180, CB170, CB199, CB206, *p,p'*-DDE, *p,p'*-DDD, *p,p'*-DDT, α -HCH, and β -
658 HCH, significant correlations between TL and log POP were observed and TMFs were > 1 , thus
659 biomagnification of POPs occurs in the food web of the ORB. No significant relation between TL and
660 PFASs were found which means no trophic transfer of PFASs in the ORB.

661 One of the key predictors of biomagnification is the octanol-water partition coefficient (log K_{ow}). Organic
662 compounds with $\log K_{ow} < 5$ have lower potential for biomagnification and POPs with $5 < \log K_{ow} < 7$ have
663 the highest potential. These findings were observed across modeling studies, laboratory experiments,
664 and field studies (Walters et al., 2011). The present study confirms these findings (Figure 5).

665 Challenges remain in identifying general patterns in biomagnification among ecosystems and food webs
666 (Walters et al., 2016). Studies on these patterns are mainly conducted in freshwater systems of
667 temperate or cold climates and TMF studies on POPs in the Southern hemisphere are scarce which
668 makes comparison of the present study with other data difficult. This stresses again the importance of
669 this study in contributing to the significant knowledge gap on biomagnification in (sub)tropical aquatic
670 ecosystems. In addition, comparison among studies is often complicated because TMFs for a given
671 pollutant can vary widely among studies depending on various factors including types of consumers
672 included in the analysis, the range of trophic levels investigated, energetic requirements of organisms,
673 freshwater versus marine systems (Walters et al., 2011; Walters et al., 2016).

674 Previous studies have shown that latitude is a determining factor for TMFs with higher TMFs in the arctic
675 aquatic ecosystems. The processes behind this observation are not yet well understood but the following

676 points are mentioned: biodilution, excretion rate and complexity of the food web (Borgå et al., 2012).
677 When comparing TMFs with data from the tropical Congo River from Verhaert et al. (2013) significant
678 differences could be observed for the compounds which were detected in both regions (CB153, CB187,
679 CB180, p,p'-DDE and p,p'-DDT). Data from the Itimbiri river for the CRB and OG for the ORB were used.
680 For PCBs no significant interaction was observed which means that slopes are the same for the tropical,
681 subtropical summer high flow and subtropical winter low flow (CB153: $F_{2,47}=0.41$, $p=0.67$, CB187:
682 $F_{2,49}=0.50$, $p=0.61$, CB180: $F_{2,49}=0.10$, $p=0.91$) (Figure 6). However, a significant difference in PCB
683 levels between tropical and subtropical was determined with higher PCB levels in the tropical region
684 than in the subtropical region and no difference between subtropical summer and winter (CB153:
685 $F_{2,49}=50$, $p<0.001$, CB187: $F_{2,51}=17$, $p<0.001$, CB180: $F_{2,51}=6.3$, $p=0.003$). In conclusion, although PCB
686 background concentrations differ between the climate regions, no significant differences in TMFs were
687 observed for CB153, CB187 and CB180 so the average food web biomagnification of these PCBs
688 occurs in the same way in the tropical and subtropical regions.
689 For p,p'-DDE and p,p'-DDT, a significant interaction was found so a significant difference between the
690 slopes occurs and thus the TMFs (p,p'-DDE: $F_{2,49}=3.62$, $p=0.03$, p,p'-DDT: $F_{2,47}=0.41$, $p=0.02$) (Figure
691 5). The average biomagnification of p,p'-DDE and p,p'-DDT is higher in the subtropical region during
692 winter than in the tropical region. However, no significant difference in biomagnification between the
693 subtropical region during summer and the tropical region was observed.
694 Compared to TMFs from the subtropical lake Taihu (Yu et al. 2012 and Wang et al., 2012), TMFs from
695 the present study were higher for both PCBs and DDTs. But when compared to mean TMFs from marine
696 and freshwater systems all over the world (Walters et al. 2016) and freshwater lakes across Canada
697 and US (Houde et al., 2008), TMFs for PCBs from the present study were lower and for DDTs higher
698 (Table S10).

699

700 **4.7. Minimum Risk Levels for Human Health**

701 Fish are a pivotal food source for rural communities inhabiting the ORB (Gerber et al., 2016). Since
702 POPs are accumulated and biomagnified in the food web of the Olifants River, also human consumers
703 which are on the top of the food chain can be at risk by consuming contaminated fish (Du Preez et al.,
704 2003; Afful et al., 2010). A broad range of adverse health effects are associated with POPs. POP health
705 effects include endocrine disrupting capacities, reproductive impairment, immune system damage and
706 documented or suspected cancers (Afful et al., 2010; Bordajandi et al., 2003; Jones and de Voogt, 1999;
707 Munn and Gruber, 1997).

708 Based on the MRLs (ATSDR, 2010), the maximum amounts of fish (kg) which can be consumed by a
709 person of 60 kg without potential human health risks is calculated. The FAO (2010) estimated the
710 average fish consumption rate of the South African population on 21 g per day. So taken into account
711 the observed concentrations of the present study, the fish species in the aquatic ecosystem of the ORB
712 can be consumed without a risk for the analyzed POP contamination.

713

714 **5. Conclusions**

715 The overall detection frequency and detected concentrations of PCBs, PBDEs, OCPs and PFASs in
716 surface water, sediment, invertebrates and fish were low. As a result, fish from the ORB can be
717 consumed without a risk for POP contamination. DDT and metabolites are predominant, but the detected
718 DDT pollution originates from historical use. Significant positive relationships between relative trophic
719 level and PCB, DDT and HCH concentrations were observed and TMFs were > 1 , indicating POP
720 biomagnification in the ORB food web. Previous research predicted lower POP TMFs in (sub)tropical
721 aquatic ecosystems when compared to temperate and arctic ecosystems. In the present study, this
722 prediction was confirmed for PCBs but for DDTs, TMFs were unexpectedly higher than TMFs from
723 temperate and arctic aquatic food webs.

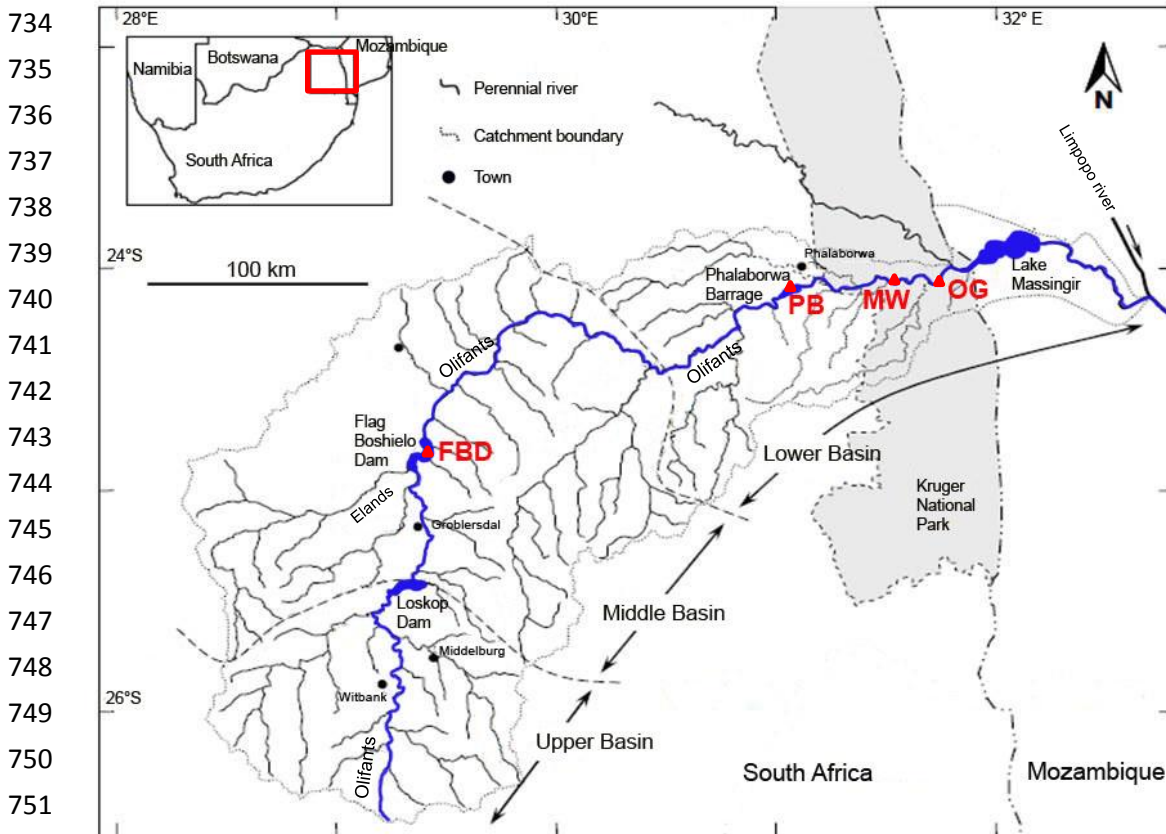
724

725 **6. Acknowledgements**

726 Samples were taken during a fieldtrip in the frame of the VLIR-Institutional University Cooperation
727 Programme with the University of Limpopo, South Africa (The impact of land-use on functions of the
728 Limpopo and Olifants river systems ZIUS2016AP021). We would like to thank VLIR for the financial
729 support, Ruan Gerber, Russell Tate, Steven Osmond and Kris Bal for the help in the field and Prof.
730 Steven Bouillon for the stable isotope analysis. Partial financial support for this research was obtained
731 from the Research Foundation Flanders, FWO (grant 1.5.182.13N).

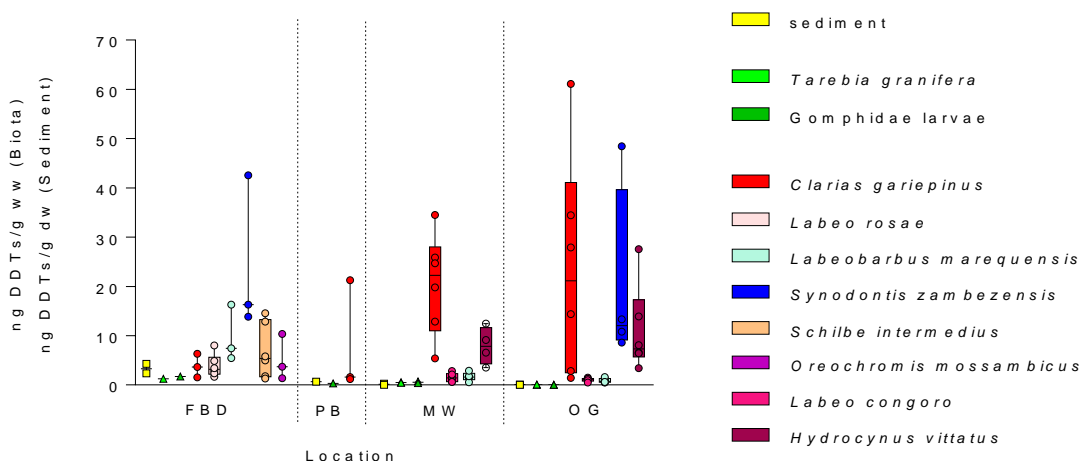
732

733 **Figures**



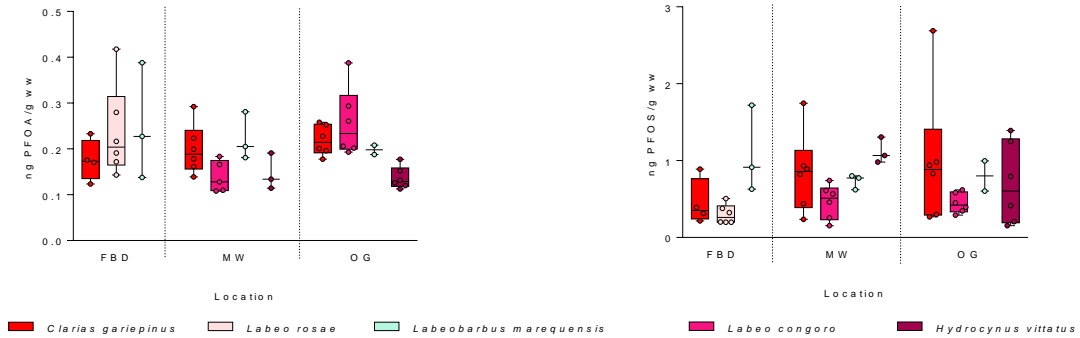
753 Figure 1: Adapted from Ashton (2010) illustrating the Upper, Middle and Lower Sub Basins of
 754 the Olifants River Catchment, South Africa. Sampling locations are indicated in bold: Δ FBD:
 755 Flag Boshielo Dam, Δ PB: Phalaborwa Barrage, Δ MW: Mamba Weir, Δ OG: Olifants Gorge.

756



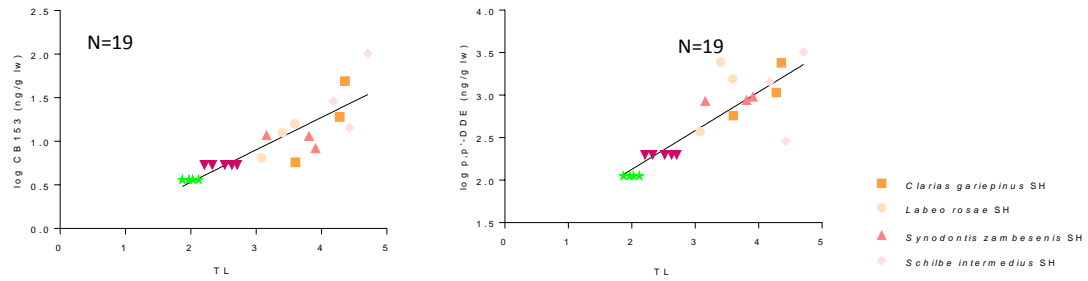
757
 758 Figure 2: Boxplot of \sum DDT in sediment(ng/g dw) and invertebrate and fish species (ng/g ww)
 759 per location (Box: 25-75 percentiles, line: median, whiskers: minimum and maximum, each
 760 individual value was plotted)

761

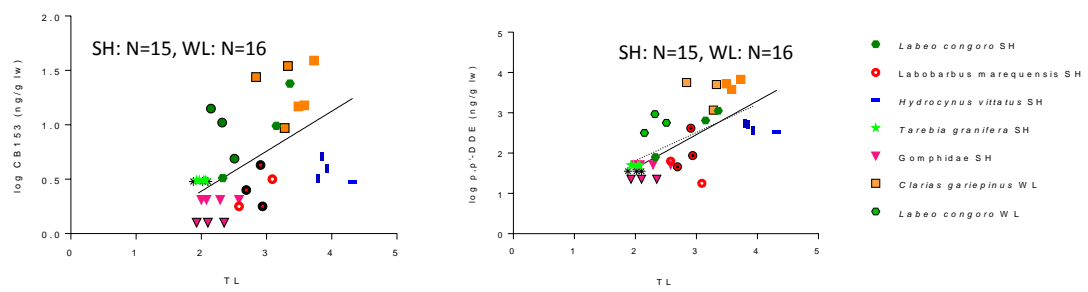


762
 763 Figure 3: Boxplots of PFOA (left) and PFOS (right) for different fish species (ng/g ww) per
 764 location (Box: 25-75 percentiles, line: median, whiskers: minimum and maximum, each
 765 individual value was plotted)
 766

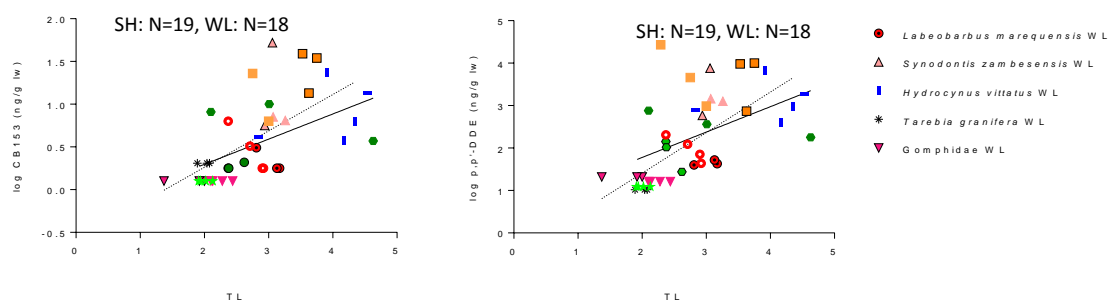
767
 768 A.



769
 770 B.

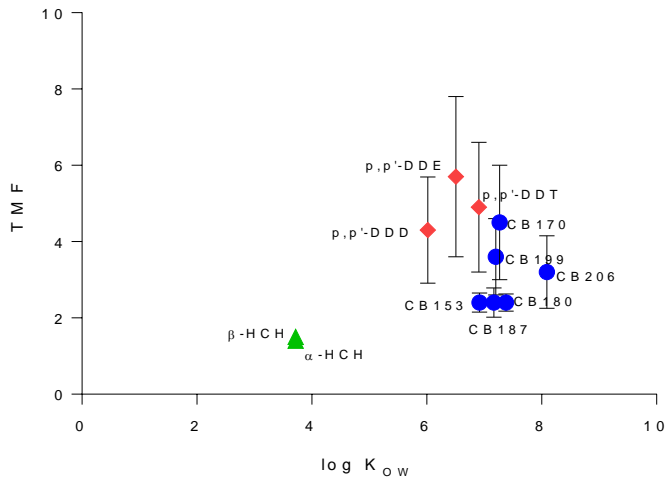


771
 772 C.



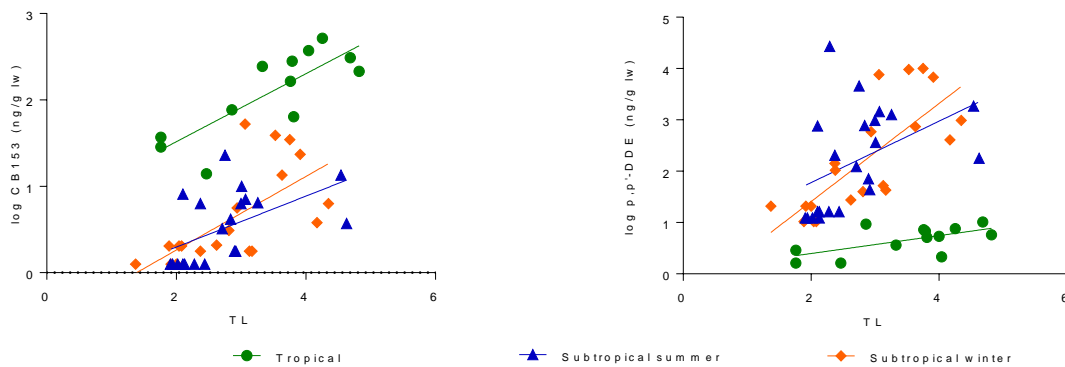
773
 774 Figure 4: Relationship of trophic level (TL) and log concentrations of CB153 and p,p'-DDE of different
 775 food webs in the summer high flow SH (——) and winter low flow WL season (----) at FBD (A),
 776 MW (B) and OG (C).
 777

778



779
 780 Figure 5: Average TMFs (different sampling locations and seasons were pooled since no
 781 significant differences were observed) versus log Kow for the different measured POPs (Error
 782 bars represent SD)
 783

784



785
 786 TL*location: $F_{2,47}=0.41, p=0.67$
 787 TL: $F_{1,49}=38, p<0.001$
 788 Location: $F_{2,49}=50, p<0.001$
 789

790
 791 TL*location: $F_{2,49}=3.62, p=0.03$

791 Figure 6: Comparison of slopes for the relationship between TL and log CB153 and ppDDE for the
 792 tropical region (Itimbi river, Congo River Basin: Verhaert et al., 2013), the subtropical summer high flow
 793 (OG of ORB) and subtropical low flow winter (OG of ORB).
 794

795

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