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The role of mucins in gastrointestinal barrier function during health and disease

Reference:

Breugelmans Tom, Oosterlinck Baptiste, Arras Wout, Ceuleers Hannah, de Man Joris, Hold Georgina L, De Winter Benedicte, Smet Annemieke.- The role of mucins in gastrointestinal barrier function during health and disease
Lancet gastroenterology & hepatology - ISSN 2468-1253 - 7:5(2022), p. 455-471
Full text (Publisher's DOI): [https://doi.org/10.1016/S2468-1253\(21\)00431-3](https://doi.org/10.1016/S2468-1253(21)00431-3)
To cite this reference: <https://hdl.handle.net/10067/1883210151162165141>

1 Mucins and gastrointestinal barrier dysfunction: partners in crime in 2 inflammation and cancer

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23 **Summary**

24 Mucins are the gatekeepers of the mucus barrier and are aberrantly expressed in various
25 gastrointestinal pathologies, including pathogen infection, inflammation and uncontrolled growth
26 and spread of abnormal cells. Although several studies have emphasized their role in gastrointestinal
27 mucosal barrier dysfunction, they are often still considered as passive mediators of the mucosal
28 barrier instead of regulators/modulators. In this review, we will cover the crosstalk between mucins
29 and gastrointestinal barrier function during health and disease by focusing on the one hand on the
30 bidirectional interaction between mucins and the gut microbiota and on the other hand on the
31 molecular mechanisms involved in key cell signalling pathways such as inflammation, cell-cell
32 interactions, cell differentiation, proliferation and survival. Additionally, we also highlight the
33 potential use of mucins in the diagnosis, follow-up and treatment of gastrointestinal diseases such as
34 chronic inflammatory diseases and cancer.

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48 **Search strategy and selection criteria**

49 An extensive literature search was performed on PubMed with multiple combinations of the
50 following search terms present in the title and/or abstract: "MUC*" AND "stomach", "colon",
51 "intestinal", "gastrointestinal", "gastrointestinal tract", "IBD", "Crohn", "ulcerative colitis",
52 "colorectal", "dysplasia", "cancer", "adenocarcinoma", "inflammation", "barrier integrity", "barrier
53 dysfunction", "microbiome", "microbiota", "cell-cell adhesion", "cell interaction", "cell junctions",
54 "cell differentiation", "cell polarity", "cell death", "cell survival", "cell proliferation". Results were
55 limited to research/review articles published from the year 1996. The following inclusion criteria
56 were used: (1) studies in English and (2) only original research papers or meta-analyses. The final
57 references were selected based on originality and relevance to the scope of this review. To limit the
58 final number of references included in the manuscript, we referenced previously published review
59 papers that had already summarized the findings of several included research papers whenever
60 possible.

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73 **1. Introduction**

74 The general architecture of the gastrointestinal (GI) tract features a thick mucus barrier, an
75 epithelium and the inner lamina propria hosting innate and adaptive immune cells (Appendix 1). The
76 mucus barrier separates the external luminal content from underlying host tissues and plays a pivotal
77 role in the communication between the complex and dynamic gut microbiota and the mucosal
78 immune system (Appendix 1).¹

79 Mucins (MUC) are the gatekeepers of the mucus barrier and are characterized by domains rich in
80 proline, threonine and serine that are heavily glycosylated (i.e. PTS domains).² They are functionally
81 and structurally heterogeneous and are transcribed from large genes containing multiple exons
82 which encode for various functionally unique domains, i.e. sperm protein enterokinase agrin (SEA),
83 epidermal growth factor-like (EGF), Nidogen-like (NIDO), the von-Willebrand factor-like (vWF)C/D,
84 immunoglobulin (Ig)-like, adhesion-associated domain in MUC4 and other proteins (AMOP), glycosyl
85 hydrolases family 18 (GH18), and the cytoplasmic tail (CT) (Figure 1).² Mucins are expressed either as
86 secretory or transmembrane glycoproteins. The secreted gel-forming mucins (MUC2, MUC5AC,
87 MUC5B, MUC6; Figure 1) form the major constituents of the mucus layer and are produced by
88 specialized mucus cells or goblet cells that are found throughout the GI epithelium. This review will
89 focus on the gastric and colonic mucosa (Appendix 2) as the secreted mucus from both the stomach
90 and the colon consists of two layers, an inner adherent layer that is sterile and difficult to dislodge
91 and an outer loose layer that is home to microbes and able to interact with secreted mucins
92 (Appendix 2).¹ Underneath the mucus layer, GI epithelial cells, particularly those that do not produce
93 mucus, present a dense forest of highly diverse transmembrane mucins (MUC1, MUC4, MUC12,
94 MUC13, MUC15, MUC17, MUC20, MUC21; Figure 1), which form the glycocalyx (Appendix 1).³
95 Besides preventing infection by microorganisms that live in the gut, transmembrane mucins possess
96 several EGF domains on their extracellular (C-terminal) tail and numerous phosphorylation sites on
97 their intracellular (N-terminal) domain enabling them to participate in the intracellular signal

98 transduction and to play an important role in the homeostasis of mucosal epithelial cells (Figure 1 &
99 Appendix 1).²

100 The GI epithelium is well organized to allow appropriate functioning and maintenance of the barrier.
101 In particular, individual epithelial cells are mechanically tied to one another by intercellular junctions
102 (i.e. tight junctions, adherens junctions, and desmosomes), which are essential to maintain cell–cell
103 adhesion and for the regulation of paracellular permeability (Appendix 1).⁴ Apart from linking
104 neighbouring cells, tight junctions are also involved in regulating apical-basal cell polarity, which is
105 established by the mutual interaction of three polarity complexes: i.e. the defective partitioning
106 [PAR; PAR3 – PAR6 – aPKC], Crumbs [CRB3 – PALS1 – PATJ], and Scribble [SCRIB – DLG – LGL]
107 complexes (Appendix 1).⁴ The GI epithelium represents a defensive barrier against environmental
108 and microbial attacks, carrying out several critical functions including antigen presentation,
109 antimicrobial peptide production, mucin expression and maintaining a tight physical barrier. The
110 latter is achieved via the regulation of well-coordinated processes, including proliferation, migration
111 and differentiation of epithelial/stem cells as well as epithelial cell survival/controlled cell death.²

112

113 **2. Mucins as mediators of gastrointestinal barrier dysfunction upon inflammation**

114 Mucins are often considered passive mediators of the mucosal barrier, understating their importance
115 in regulating epithelial barrier function. Aberrant mucin expression has been described in various GI
116 pathologies that involve a dysfunctional gut barrier, such as IBD and colorectal cancer (CRC).² The
117 secreted mucus layer in the colon, which mainly consists of MUC2 and to a lesser extent of MUC5B
118 (Appendix 2), is essential in suppressing an inflammatory response by preventing the penetration of
119 bacteria to the underlying epithelium. This was clearly demonstrated in *Muc2*-deficient mice who
120 develop colitis, as characterized by increased colonic infiltration of lymphocytes and elevated levels
121 of pro-inflammatory cytokines, and adenocarcinoma spontaneously or in the presence of *Salmonella*
122 infection.^{3,5} Expression of MUC5AC, which is rarely secreted in the healthy colon, has been
123 consistently observed to be increased in the inflamed mucosa of IBD patients.⁶ Similarly, depletion of

124 *Muc5AC* in mice also resulted in an aggravation of colitis.⁶ In addition, it is important to note that
125 impaired mucin glycosylation or defects in goblet cell functioning can also aggravate colitis severity
126 as well as promoting the development of colitis-associated cancer.⁷

127 Given the involvement of transmembrane mucins in epithelial cell signalling pathways, they are also
128 excellent candidates to mediate barrier function upon health and disease. Indeed, loss of MUC1 and
129 MUC13 expression has been shown to aggravate acute murine colitis, characterized by an increase in
130 colonic barrier permeability and reduced mucosal healing. During chronic colitis, however, their
131 absence decreased the risk of tumour formation.^{8,9} Reduction of MUC17 expression also resulted in a
132 profound loss of colonic epithelial barrier function, in terms of changes in transepithelial electrical
133 resistance (TEER) and permeability to 10 kDa fluorescein isothiocyanate (FITC)-dextran.¹⁰ On the
134 contrary, depletion of MUC4 improved disease resistance.² Furthermore, growing evidence now
135 shows that inappropriate overexpression of transmembrane mucins can affect barrier integrity by
136 modulating junctional protein function and subsequent signalling pathways affecting cell
137 invasiveness, migration, proliferation, and survival and may thus be responsible for the progression
138 towards diseases, including chronic inflammatory diseases and cancer.²

139

140 **3. Mucins and the microbiota – a Bidirectional communication**

141 Mucins are uniquely positioned to interact with the extracellular environment and an imbalance in
142 mucin-microbiota interactions will dictate the onset and course of disease.^{11,12} In healthy conditions,
143 gastrointestinal bacteria are not able to penetrate the mucus layer and reach the transmembrane
144 mucins. Nevertheless, impairment of mucin expression, resulting in a reduction of mucus secretion
145 and thickness, an increase in mucus degradation and penetrability and an altered mucin glycosylation
146 profile, allows commensal and pathogenic bacteria to reach the surface epithelium thereby inducing
147 infection and inflammation as described in many GI diseases.³ Indeed, CRC, IBD and pathogen
148 susceptibility are linked to excessive degradation of secreted mucins by the microbiota and aberrant
149 transmembrane mucin overexpression.^{1,3} In the stomach the interplay between mucins and

150 *Helicobacter pylori*, a major driver of gastric inflammation and cancer, is known to be important for
151 pathogenesis.¹³

152 Furthermore, antimicrobial treatment in mice causes a shift in microbial composition leading to an
153 alteration of goblet cell function and subsequently a decreased MUC2 production and thinning of the
154 inner mucus layer.^{3,14–17} Similarly, when comparing conventionally housed mice with germ free (GF)
155 mice, fewer and smaller goblet cells together with an impaired mucus layer due to decreased *Muc2*
156 levels were found in the GI tract of GF mice.¹⁸ All this confirms that the presence of a microbial
157 homeostasis is important for allowing a fully functional mucus layer to develop and mature. In
158 summary, mucins and the microbiota mutually influence each other, an extended overview of known
159 bacterial-mucin interactions is shown in Table 1, highlighting an intimate bidirectional crosstalk at the
160 level of the GI tract.¹⁸

161 Specific bacterial species can bind to mucins through various structures, including mucus binding
162 proteins, outer membrane proteins, adhesins, lectins and appendages such as pili, flagella and
163 fimbriae (Table 1).^{1,22,50} In addition to supplying attachment sites, mucins also serve as important
164 carbon sources for the mucus-associated microorganisms, the so-called mucobiota, favouring their
165 replication (Table 1).^{11,51} *Akkermansia muciniphila*, *Bacteroides thetaiotaomicron* and
166 *Bifidobacterium bifidum* are three well characterised species who are known to be beneficial for
167 mucosal homeostasis and digest host glycans (Table 1). *B. bifidum* is able to strengthen tight
168 junctions and prevent the disruption of the epithelial barrier, whereas *A. muciniphila* and *B.*
169 *thetaiotaomicron* play an important role in maintaining gut homeostasis by supporting butyrate-
170 producing bacteria through degradation of mucins to acetate and by stimulating goblet cell
171 proliferation and mucin gene expression in the GI tract, respectively.³ Additionally, pathogens such as
172 enterohemorrhagic *E. coli*, *Citrobacter rodentium*, *Salmonella typhimurium*, *Clostridium difficile* and
173 *rotavirus* have the ability to hijack the beneficial effects of *A. muciniphila* and *B. thetaiotaomicron* to
174 enhance their pathogenicity.^{52–55} Other enteric pathogens such as *Vibrio Cholerae* and *Salmonella*

175 *typhimurium* are able to directly utilise mucin glycans as a carbon source (Table 1).^{56,57} Specific
176 enzymes required for mucin degradation are the sulfatases, glycoside hydrolases, and proteases
177 (Table 1). The sulfatases desulfate mucin terminal glycans which are subsequently degraded by
178 glycoside hydrolases and released as mono- and oligosaccharides which can then be used as energy
179 source by the microbiota.⁵⁸ When all glycans are digested, the mucin protein core becomes available
180 for degradation by proteases.³ Degradation of host glycans provides the required nutrients for the
181 establishment of the mucobiome but can also be an important mechanism in mucus thinning and
182 decreasing viscosity thus playing a role in GI infections. For example, *A. muciniphila* has been
183 associated with mucus thinning under dysbiotic conditions and dietary fiber deprivation.^{3,59} Besides
184 using glycans as an energy source, bacteria with mucolytic properties also generate short-chain fatty
185 acids (SCFAs) through fermentation. These SCFAs can serve as food source for non-mucolytic bacteria
186 through cross-feeding or can be absorbed by enterocytes to recover part of the energy spent through
187 synthesis and secretion of mucins. Additionally, SCFAs can increase colonic MUC2 expression further
188 confirming the mutualistic relationship between the host mucins and its resident microbiota.⁶⁰⁻⁶²

189 Both commensal and pathogenic bacteria are able to degrade mucins or use them as attachment
190 sites, promoting their replication and colonisation (Table 1). The host distinguishes commensal and
191 pathogenic bacteria via the presence of pattern recognition receptors (PRRs).⁶³ These PRRs recognise
192 conserved bacterial molecular structures, known as pathogen- or damage-associated molecular
193 patterns (PAMPs and DAMPs), resulting in the activation of specific pathways that lead to
194 inflammation.⁶³ Interestingly, some mucins can modulate the properties of host antimicrobial
195 peptides to maintain homeostasis and avoid pathogen invasion and infection. For example, MUC2
196 has been shown to induce the expression of β -defensin 2, a broad spectrum anti-microbial peptide,
197 in HT-29 CRC cells.⁶⁴ Commensal *E. coli* which are susceptible to β -defensin 2, are then protected by
198 MUC2, highlighting a dual role of this mucin to induce defence mechanisms against pathogens while
199 also shielding commensal microbes.⁶⁴ Furthermore, MUC2 also imprints dendritic cells (DCs) with
200 anti-inflammatory properties contributing to the tolerogenic tone of the gut environment.⁶⁵ Another

201 defence mechanism of MUC2 is the inhibition of pathogenic infection in the gut by reducing
202 colonisation through mucus clearance.⁶⁶ Similarly, MUC16 and MUC17 have also the ability to
203 prevent colonisation of the GI tract by enteroinvasive *E. coli* and *Staphylococcus aureus*,
204 respectively.^{10,67} Nevertheless, there are some situations in which pathogenic bacteria can penetrate
205 the mucus layer by degrading mucins, influencing mucus viscosity or affecting mucin expression,
206 synthesis and/or secretion (Table 1). *Campylobacter jejuni*, for instance, uses MUC2 as an
207 environmental trigger to increase expression of mucin degrading proteins to decrease mucus
208 viscosity.⁶⁸ *H. pylori* can penetrate the mucus layer by increasing the pH which reduces mucus
209 viscosity and by decreasing MUC5AC and MUC1 expression resulting in a disruption of the mucus
210 structure.¹³ In the colon, *Lactobacillus*, *B. thetaiotaomicron*, *Bifidobacteria* and *Faecalibacterium*
211 *prausnitzii* modulate mucus secretion by influencing goblet cell differentiation.^{21,33} Also probiotic
212 strains, such as *B. breve*, *B. dentium*, *E. coli* Nissle, *L. casei*, *L. plantarum*, *L. rhamnosus*, and
213 *Streptococcus thermophilus*, have been shown to regulate colonic mucus production in both animal
214 and cell culture models.^{33,38,42,69} Additionally, PAMPs, such as lipopolysaccharide (LPS) or
215 peptidoglycan, are known to induce the production of MUC2, MUC5AC, and MUC5B through
216 activation of the Ras-signalling pathway.⁷⁰

217

218 **4. Cell signalling pathways mediated by mucins**

219 *4.1. Inflammation*

220 In the connective tissue beneath the epithelium (i.e. the lamina propria), immune cells from both the
221 innate and adaptive immune system reside (Appendix 1). During an inflammatory response, foreign
222 antigens are presented by DCs to CD4⁺ T cells which produce cytokines to enhance barrier function
223 (e.g. IL-17, IL-22) and promote the recruitment of immune cells to prevent pathogen invasion in a
224 robust and well-coordinated way. Nevertheless, abnormally activated effector CD4⁺ T cells produce
225 different inflammatory mediators that sustain inflammation leading to chronic epithelial damage and
226 thus promote the development of inflammatory or autoimmune diseases.⁷ In addition, chronic

227 inflammation can induce abnormal cell growth and can also lead to local immunosuppression,
228 mediated by myeloid-derived suppressor cells (MDSCs) and Tregs, thereby promoting
229 tumourigenesis.⁸ Interestingly, transmembrane mucins can modulate the inflammatory
230 microenvironment and cell signalling as further highlighted below.^{2,8,9}

231 *MUC1*. MUC1 has been shown to modulate immune cell populations during colonic
232 inflammation, characterised by the inhibition of an excessive microbiota-driven Th17 immune
233 response, an increase in neutrophils in the colon and in MDSCs in the spleen and loss of CD8⁺ T
234 lymphocytes in the spleen and lymph nodes during experimental murine colitis.^{2,9} Such MUC1-
235 mediated increase in MDSCs and neutrophils can also create a tumour-promoting environment as
236 shown by the higher prevalence of colitis-associated colon cancer in Muc1-overexpressing mice.⁷¹
237 Since MUC1 has been identified as an IBD susceptibility gene and its expression is upregulated by
238 Th17-produced cytokines, its aberrant expression might dysregulate an important feedback
239 mechanism that is necessary to prevent an excessive and abnormal Th17-response.^{2,7,9} Furthermore,
240 the cytoplasmic tail of MUC1 (MUC1-C) can activate nuclear factor kappa B (NF-κB) and β-catenin/T-
241 cell factor (TCF)4 pathways in the colon of mice, via induction and facilitation of the complex
242 formation of TNF receptor-associated factor 6 (TRAF6) and transforming growth factor-β-activated
243 kinase 1 (TAK1), thereby promoting intestinal inflammation and cancer progression (Figure 2).⁹ In the
244 stomach, however, MUC1 blocks IL-8 secretion by suppressing NF-κB p65 activity in human gastric
245 epithelial cells, and reduces oxidative stress, as shown by the sustained increase in 3-nitrotyrosine
246 levels in the gastric epithelium of mice lacking epithelial MUC1 upon acetylsalicylic acid-induced
247 inflammation.^{2,72}

248 *MUC4*. MUC4 depletion resulted in a reduced infiltration of proinflammatory immune cells (T
249 cells and macrophages) and a reduced expression of interleukin (IL)-1, tumour necrosis factor (TNF)-α
250 and anti-microbial genes (Lysozyme M, SLP1) in the colon of DSS-induced colitis mice, which was
251 associated with an increased resistance against developing cancer.²

252 *MUC13*. In *Muc13*-deficient mice, fewer colonic tumours are seen in the azoxymethane
253 (AOM)/dextran sodium sulphate (DSS) CRC mice model with marked reduction in β -catenin/Wnt
254 signalling, an increase in CD103⁺ DCs (which are essential for tumour antigen cross-presentation) and
255 CD8⁺ T lymphocytes and a decrease in CD11b⁺Lys6G^{hi}F4/80⁻ granulocytic-MDSCs.⁸ *MUC13* has also
256 the ability to induce IL-8 secretion upon TNF- α stimulation by promoting p65 activity in human CRC
257 cells, further suggesting a pro-inflammatory role for *MUC13*.² Furthermore, in acutely inflamed or
258 dysplastic regions of the murine colon, the presence of *Muc13* has been associated with decreased
259 production of pro-inflammatory cytokines, thus also suggesting an immunosuppressive role.⁸

260 *MUC17*. In human colonic epithelial cells, silencing of *MUC17* expression aggravated the
261 proinflammatory response upon *E. coli* infection by increasing inducible nitric oxide synthase (iNOS)
262 and cyclooxygenase (COX)2 protein expression.¹⁰

263 Overall, activation of mucin signalling beneficially modulates the immune response during acute
264 inflammation, but sustained activation during chronic inflammation results in the promotion of
265 tumour development.

266

267 4.2. Cell-cell interactions, cell differentiation, motility and invasion

268 In the healthy gut, epithelial cells are characterised by a polarized columnar shape, strong cell-cell
269 interactions and limited migratory capacity (Appendix 1). Loss of intestinal epithelial barrier function
270 through a disruption of intercellular junctional proteins, is considered as an important feature of the
271 pathogenesis of IBD and CRC (Appendix 1).² Furthermore, several biochemical changes are induced in
272 epithelial cells known as epithelial-to-mesenchymal transition (EMT) during inflammation and cancer
273 progression. Upon EMT, epithelial cells gain mesenchymal characteristics, resulting in cell
274 morphology alterations, loss of cell adherence and increased cell motility.⁹

275 *MUC1*. Aberrant expression of *Muc1* correlated with the altered expression levels of the tight
276 junction protein genes *claudin (Cldn)1* and *occludin (Ocln)* in the T-cell transfer colitis mouse model.⁴

277 MUC1 depletion in breast cancer cells also affected expression of *CLDN1*, *OCN*, *zonula-occludens*
278 *(ZO)-1* and *E-cadherin (CDH1)*, further underlining a functional role for MUC1 in regulating junctional
279 protein expression during inflammation and carcinogenesis.⁹ Regarding EMT, MUC1 associates with the
280 SH3 domain containing kinase binding protein 1 (SH3KBP1) and Cbl proto-oncogene (CBL), a protein
281 complex involved in the reorganization of the actin cytoskeleton, cell adhesion, migration, and
282 invasion in human CRC (Figure 3).^{2,9} MUC1 was also found to form a complex with MYC Proto-
283 Oncogene, BHLH Transcription Factor (MYC), thereby promoting stemness and pluripotency in the
284 murine colon during the progression of colitis to dysplasia and cancer (Figure 3).⁹ Another MUC1
285 interaction partner to induce EMT in CRC cells is zinc finger E-box binding homeobox 1 (ZEB1), via
286 phosphorylation of AKT serine/threonine kinase 1 (AKT) (Figure 3).^{9,72} ZEB1 stimulates the expression
287 of vimentin and N-cadherin and suppresses the expression of E-cadherin, resulting in the loss of cell-
288 cell adherence and an increased cell motility.⁹ Ligand of MUC1 and ZEB1 also inhibits CRB3
289 expression in breast cancer cells, leading to the activation of the yes-associated protein 1 (YAP),
290 which in turn activates Wnt/ β -catenin/TCF4 signalling.⁹ A direct interaction between MUC1-C and β -
291 catenin has also been shown at the invasive front of colorectal tumours (Figure 3), which associates
292 with low grade differentiation and worse patient survival.^{2,73} Interestingly, depletion of MUC1 in CRC
293 cells suppresses the nuclear translocation of β -catenin and decreased ZEB1 expression.^{9,73} The erb-b2
294 receptor tyrosine kinases (ERBB) are also key modulators of many cellular characteristics, including
295 cell migration. As such, MUC1 is able to interact with epidermal growth factor receptor (EGFR) in
296 colon cancer cells (Figure 3).⁷⁴

297 *MUC4*. In CRC, most patients have decreased colonic MUC4 expression. Nevertheless, high
298 MUC4 expression in early-stage CRC is associated with a worse prognosis. Indeed, aberrant MUC4
299 signalling induces loss of cell-cell contact in different human epithelial cell lines which is probably
300 mediated by the activation of mitogen-activated protein kinase (MAPK)3/ERK1 and MAPK1/ERK2 and
301 the upregulation of Cyclin D1 (CCND1), resulting in the relocalisation of E-cadherin.⁷⁵ Similar to
302 MUC1, loss of MUC4 promotes epithelial differentiation in pancreatic cancer cells by increasing the

303 binding of β -catenin to E-cadherin at the cell membrane which stimulates tight junction expression.⁷³
304 Conversely, β -catenin represses MUC4 expression in CRC cells, probably through the suppression of
305 the transcription factor atonal BHLH transcription factor 1 (HATH1).⁷⁶ In gastric adenocarcinoma,
306 MUC4 overexpression is also observed, yet it does not correlate with tumour differentiation or stage.
307 However, MUC4 promotes the activation of ERBB2, thereby reducing cell-cell aggregation and
308 enhancing the motility of human gastric cancer cells.⁷⁷

309 *MUC13*

310 In the DSS-induced murine colitis model, aberrant expression of *Muc13* correlates with intestinal
311 permeability and the expression of *Cldn1*, *junctional adhesion molecule (Jam)2*, and *tight junction*
312 *protein (Tjp)2*.⁴ In addition, MUC13 stabilizes β -catenin localisation in the nucleus, resulting in
313 increased levels of Jun proto-oncogene (JUN), CCND1, matrix metalloproteinase (MMP)7, and SMAD
314 family member (SMAD)2/3 in CRC cells (Figure 4).⁸

315 *MUC17*. MUC17 increases ERK phosphorylation, thereby stimulating migration and cell
316 adherence of human CRC cells and promoted healing following experimental colitis.⁷⁸ On the
317 contrary, loss of MUC17 expression in CRC cells was associated with reduced phosphorylation of
318 OCLN and decreased expression of ZO-1.¹⁰

319 Aberrantly expressed MUC1, MUC4 and MUC13 seem to induce EMT signalling pathways in GI
320 epithelial cells upon inflammation and cancer, by interacting with amongst other β -catenin, ZEB1,
321 ERK and ERBB. As a result, cell-cell interactions are disturbed and cell motility and invasion are
322 stimulated, further promoting tumorigenicity. In contrast, MUC17 signalling appears to stimulate
323 cell-cell interactions as well as cell motility, but the evidence is still limited.

324

325 *4.3. Cell proliferation, growth and survival*

326 A breach in the GI mucosal barrier further results in disruption of regulated cell death and the vicious
327 cycle of continuous barrier and cell death dysfunction promotes cancer development. Diverse human

328 malignancies, including GI cancers, overexpress transmembrane mucins over the surface of the
329 tumour to exploit their role in signalling cell proliferation, growth, and survival.²

330 *MUC1*. MUC1-C is able to enhance cell growth in CRC cells via phosphorylation of AKT and
331 induction of the kinase S6K1 thereby affecting translation of TP53-induced glycolysis regulatory
332 phosphatase (TIGAR), a major regulator of cellular redox homeostasis (Figure 2).⁹ The regulatory
333 effect of MUC1-C on CRC cell growth can also occur through the β -catenin-mediated upregulation of
334 CCND1 and MYC.⁷³ MUC1 can then bind directly to the MYC promoter or β -catenin resulting in
335 suppression of β -catenin phosphorylation and degradation by glycogen synthase kinase 3 β (GSK3 β)
336 (Figure 2).⁹ Additionally, MUC1 has also the ability to enhance homo-dimerization and
337 phosphorylation of EGFR for the activation of ERK1/2, a signalling pathway involved in cell
338 proliferation and survival. The interaction between MUC1 and EGFR is then stimulated by galectin-3,
339 a carbohydrate-binding protein elevated in GI cancers (Figure 2).⁷⁴

340 MUC1 also interferes with cell death mechanisms making it an important hurdle for cytotoxic cancer
341 therapies by promoting chemoresistance in GI cancers (Figure 2). In CRC cells, multiple pathways are
342 modulated by MUC1 signalling to confer resistance to DNA damage-induced apoptosis. Firstly,
343 MUC1-C disrupts Cullin 4A (CUL4A) signalling by sequestering ABL proto-oncogene 1 (ABL1) to the
344 cytoplasm and blocking CUL4A-mediated translocation of Cdc6 to the cytoplasm. As a result, MDM2-
345 induced proteasomal degradation of TP53 is suppressed. Simultaneously, homeodomain interacting
346 protein kinase 2 (HIPK2) expression is downregulated by MUC1-C which decreases TP53
347 phosphorylation and activates cyclin dependent kinase inhibitor 1A (CDKN1A), resulting in cell cycle
348 arrest instead of cell death. In addition, MUC1-C also directly interacts with TP53 and co-activates
349 CDKN1A transcription (Figure 2).⁷⁹ Secondly, JNK, activated by MUC1-C, stimulates transcriptional
350 activity of JUN thereby attenuating the activation of apoptotic effectors (Figure 2).⁸⁰ Thirdly, MUC1-C
351 associates with BCL2 associated X (BAX) protein to block its dimerization and prevent leakage of
352 apoptotic factors from the mitochondria (Figure 2).⁸⁰ Fourthly, MUC1 also activates the NF- κ B

353 pathway through release of p65 promoting cell survival (Figure 2).² Lastly, MUC1-C has also been
354 shown to induce PI3K-AKT-S6K1 signalling, inducing TIGAR translation (Figure 2).⁹
355 In gastric tumour cells, however, ERBB2-mediated phosphorylated MUC1-C suppresses apoptosis by
356 modulating β -catenin translocation or by associating with heat shock protein (HSP)90 and HSP70
357 leading to an attenuated release of pro-apoptotic factors (Figure 2).^{2,9,72,81}
358 Tumours often have a hypoxic environment which can stimulate cells to undergo apoptosis. MUC1
359 signalling can block this hypoxia-mediated cell death in CRC cells by attenuating AKT activity via PI3K,
360 resulting in forkhead box O3 (FOXO3)-induced gene transcription which is involved in oxidant
361 scavenging and DNA damage repair (Figure 3).^{9,80} Furthermore, MUC1 upregulates prolyl hydroxylase
362 domain protein (PHD)3 expression in CRC cells, suppressing the activation of hypoxia-inducible factor
363 (HIF)1A by marking it for proteasomal degradation. MUC1 then reduces the accumulation of ROS by
364 stimulating the expression of antioxidant enzymes, further potentiating PHD3-mediated inhibition of
365 HIF1A. Although HIF1A initially induces invasion and resistance to apoptosis, it will promote
366 apoptosis under severe and/or prolonged hypoxia via TP53 (Figure 3).^{9,80}
367 Finally, MUC1 also has the ability to block anoikis, a process where apoptosis is induced upon loss of
368 cell attachment. More specifically, the extracellular domain of MUC1 suppresses activation of
369 integrin β 1 and subsequently prevents cell surface death receptors to bind their ligands through
370 steric hindrance.²

371 *MUC13*. Janus kinase (JAK)2/signal transducer and activator of transcription (STAT)5 induce
372 expression of MUC13 in CRC cells. This in turn modulates various cancer-associated proteins resulting
373 in the activation of the anti-apoptotic protein BCL2 like 1 (BCL2L1) and subsequent blocking of
374 apoptosis (Figure 4).^{2,8} This activation of BCL2L1 via MUC13 can also be mediated by the NF- κ B
375 pathway in two distinct ways. Firstly, MUC13 interacts with tumour necrosis factor receptor (TNFR)1
376 and baculoviral IAP repeat containing 2 (cIAP1) to increase activation of inhibitor of NF- κ B kinase
377 regulatory subunit gamma (IKBKG) (Figure 4). Secondly, DNA damage induces MUC13 translocation
378 to the cytosol and nucleus, increasing activation of IKBKG which in turn leads to activation of

379 inhibitor of NF- κ B kinase (IKK)s and NF- κ B (Figure 4).⁸ Similar to MUC1, MUC13 can inhibit GSK3B-
380 mediated phosphorylation of β -catenin, promoting its nuclear translocation, activating transcription
381 of genes involved in survival and cell cycle control (i.e. CCND1 and MYC) (Figure 4).⁸

382 *MUC17*. MUC17 has the ability to inhibit apoptosis through promotion of ERK1/2 signalling in
383 the colonic epithelium.⁷⁸

384 It is clear that transmembrane mucins possess various mechanisms to affect cell growth and
385 survival in inflammation and cancer. A better understanding of their regulatory role on DNA-damage
386 induced cell death could be of major importance to overcome chemoresistance in GI cancers.

387

388 **5. Clinical and therapeutic potential of mucins**

389 It is clear that mucins are aberrantly expressed during gastrointestinal inflammation and cancer
390 progression, resulting in the modulation of the mucobiota and key cellular pathways involved in cell-
391 cell communication, cell differentiation, proliferation, growth, and survival. As such, mucins could be
392 interesting targets for the diagnosis, follow-up, and treatment of many diseases.

393 Several studies have already highlighted that targeting mucins by different means could exert
394 beneficial effects on cellular homeostasis and enhance the efficacy of treatment (Table 2). For
395 instance, since loss of MUC13 is associated with elevated levels of CD103⁺ DCs and CD8 T cells at the
396 tumour site, an increased sensitivity of MUC13-deficient colorectal tumours to checkpoint inhibitor
397 anti-PD-L1 antibodies was shown.⁸ Furthermore, coupling MUC1-antibodies with PE38-exotoxins
398 induced tumour cell killing proportional to MUC1 expression in breast and pancreas tumours.⁸²
399 Intraperitoneal injection of GO-203, a MUC1-C inhibitor peptide, has been shown to protect against
400 colitis and the progression to dysplasia and colitis-associated colon cancer in the AOM/DSS mouse
401 model.⁹ This effect could be partially mediated by reversing MUC1-C-induced EMT, as has been
402 shown in CRC cells.^{9,83} Alternatively, the intrarectal administration of recombinant MUC17 protein
403 improved intestinal healing after chemical induction of murine colitis by the intrarectal
404 administration of 5% acetic acid, of which the biological activity was influenced by the amount of

405 cysteine-rich like domains and the presence of a functional SEA domain.^{78,89} Besides directly targeting
406 mucins for therapeutic purposes, probiotic bacteria can also be used to promote the expression of
407 particular mucins and in this way modulate the gastrointestinal mucus barrier and prevent the
408 adherence of potential pathogenic organisms. For instance, the administration of *L. plantarum* and *L.*
409 *rhamnosus* can effectively increase MUC2 and MUC3 expression in intestinal epithelial cells,
410 strengthening the mucosal barrier and decrease pathogen invasion susceptibility. Administration of
411 these *Lactobacilli* has already been proven to inhibit EPEC adhesion and infection of the intestinal
412 epithelium.²⁶ Another strategy to manipulate the microbiota is through faecal microbiota
413 transplantation (FMT). Although FMT is gaining interest for treating *C. difficile* infection and IBD, the
414 mechanisms behind the therapy remain largely unknown.⁸⁴ In a piglet model infected with *E. coli*
415 K88, the number of goblet cells and the expression of MUC2 and tight junction proteins significantly
416 increased after FMT while the abundance of beneficial bacteria such as *Lactobacilli* also increased.⁸⁴
417 FMT could prove to be a viable treatment option to alleviate mucosal injury, increased
418 gastrointestinal permeability and disease-associated dysbiosis.

419 Incorporating mucin antigens in vaccines is also a promising development within tumour
420 immunotherapy (Table 2). The use of several types of MUC1-containing vaccines (e.g. injection of
421 cancer stem cells, DNA vaccines, subunit vaccines and DC vaccines) has been associated with
422 protection against colitis and smaller CRC tumours and longer tumour-free periods. Mechanistically
423 this has been shown to be achieved through enhanced activity of DCs, natural killer cells, cytotoxic T
424 lymphocytes, and antibody production as well as suppression of MDSCs and Treg cells.^{71,85,86}
425 Remarkably, combinatory therapy (DNA vaccine with oxaliplatin) was shown to suppress tumour
426 growth by almost 75%.⁸⁶ Additionally, the intratumoural injection of MUC1-loaded DCs resulted in
427 the complete disappearance of gastric cancer lesions in an 80-year-old male patient.⁸⁸ Numerous
428 clinical studies have already highlighted the potential and safety of MUC1-based vaccines for the
429 treatment of various cancers by boosting anti-tumour immunity.^{86,87} For instance, a phase 2 study
430 investigating CRC patients with resected lung or liver metastases showed a similar 2-year recurrence

431 free survival after treatment with autologous DCs loaded with a poxvector vaccine encoding
432 carcinoembryonic antigen (CEA) and MUC1 (PANVAC) (47%) or with the PANVAC vaccine in
433 combination with granulocyte-macrophage colony-stimulating factor (GM-CSF) (55%). Interestingly,
434 although there were no significant differences in the 2-year recurrence-free survival between
435 vaccinated patients and a contemporary group of unvaccinated patients, overall survival was
436 significantly improved upon vaccination.⁸⁷ Another MUC1-based vaccine combined with the
437 immunomodulator poly-ICLC was well tolerated and showed a strong immunogenic response in
438 43.6% of patients with a history of premalignant lesions in the colon, highlighting its potential as a
439 strategy for CRC prevention.⁸⁶

440 Finally, mucin mRNA and protein expression signatures could also be used as biomarkers for disease
441 diagnosis and prognosis at early stage and follow-up (Table 2). High expression of MUC1 or MUC13 in
442 tumour tissue is associated with a poor prognosis in oesophageal, gastric and/or CRC.^{8,9,91} High MUC4
443 expression has also been reported to be predictive for poor survival in early stage colorectal
444 tumours.⁸⁹ The detection of *MUC1* expression in blood has proven its role in the prediction of 2-year
445 progression-free survival of CRC patients.⁹² In addition, fluorescently and radiolabelled MUC1 is also
446 used to monitor therapy response by MRI and to visualise colon tumour xenografts by molecular
447 imaging.^{98,99}

448 Genetic variation such as single nucleotide polymorphisms (SNPs) in mucin genes are frequently
449 reported in GI pathologies and often correlate with clinical outcomes.^{7,89,94,95} Indeed, SNPs in *MUC1*,
450 *MUC4* and *MUC16* are associated with the prognosis, tumour mutation burden, and efficacy of
451 immunotherapy in CRC and/or gastric cancer patients (Table 2).^{93–95,97,100} In addition, CRC patients
452 with a TT to CC tandem substitution of rs886403 in *MUC21* had a worse survival and higher
453 recurrence risk. Carrying the CC genotype of rs4729655 in *MUC17*, on the contrary, increased survival
454 in rectal cancer patients.¹⁰⁰ Genetic polymorphisms in *MUC1*, *MUC3A*, *MUC4*, *MUC13*, *MUC16*,
455 *MUC19*, *MUC21*, and *MUC22* have also been associated with Crohn's disease and ulcerative colitis.⁷

456 The presence of genetic variants in mucin genes can affect their expression pattern resulting in
457 different mRNA isoforms via alternative splicing. While most mRNA isoforms produced from the
458 same mucin gene locus encode similar biological functions, others can alter the protein function.^{7,97}
459 In oesophageal cancer, for instance, different mRNA isoform expression patterns of *MUC1* have been
460 found between normal and tumour tissue. Here, the expression of mRNA isoform MUC1/B was lower
461 in tumour tissue as compared to control tissue and inversely correlated with tumour stage and lymph
462 node metastasis. On the contrary, the concomitant expression of the mRNA isoforms MUC1/C,
463 MUC1/D and MUC1/Z positively associated with cancer progression.⁹⁷ Also, in CRC tissue and
464 adjacent normal tissue, two distinct isoforms of *MUC2* have been identified. A higher positivity for
465 the variant MUC2TR2 was observed as compared to MUC2.1 but their clinical role is still unclear.⁹⁷
466 Although the findings in the GI tract are still limited, alternative mucin transcripts have been
467 identified in several pathologies outside the GI tract, such as ovarian and pancreatic cancer and dry
468 eye disease⁹⁷, highlighting the role of mucin mRNA isoforms in disease progression and their
469 potential use as biomarkers or novel treat-to-target strategies.

470

471 **6. Concluding remarks**

472 Although mucins are indispensable for GI mucosal barrier homeostasis, they are dual-faceted
473 proteins. They provide an essential nutrient source for the gut microbiota, shaping community
474 composition and function. However, some bacterial members have evolved mechanisms to
475 penetrate the secreted mucus layer and/or to use mucins as docking sites to infect the host and
476 induce an inflammatory response. Furthermore, it has also been shown that transmembrane mucins
477 affect epithelial cell behaviour via ERBB, NF- κ B, Wnt/ β -catenin, PI3K/AKT, MAPK/ERK, and JAK/STAT
478 signalling, which are major signalling pathways in the context of wound healing and the restoration
479 of GI barrier integrity. However, constitutive activation of these pathways compromises GI barrier
480 function promoting chronic inflammation and tumourigenesis. Since aberrant expression and genetic
481 variants of mucins are frequently observed in GI pathologies, they must be considered as important

482 players in the modulation of these pathways and thus also in the onset and course of these diseases.
483 As such, aberrant mucin expression patterns have proven their worth in the diagnosis and prognosis
484 of GI inflammatory disorders and cancers. Concerning the prevention and treatment of GI diseases,
485 most clinical research so far has successfully focused on the potential of MUC1. Nevertheless, future
486 research should extent to other mucins as well and further improve our understanding of their role in
487 GI epithelial cell signalling since they are promising candidates for the management and treatment of
488 many GI diseases.

489

490 **7. Contributors**

491 AS, BDW, GH, TB and BO contributed to the concept and design of this review. TB and BO performed
492 the literature search and reviewed and selected the papers for inclusion in this review. TB, BO and AS
493 wrote and edited the manuscript. BO, TB and AS created the figures (BO: figures 1 – 4; TB: Appendix
494 1; AS: Appendix 2). AS, BDW, GH, WA, HC and JDM critically revised the manuscript, the figures, and
495 the tables. All authors approved the final draft.

496

497 **8. Declaration of interests**

498 TB, BDW and AS are inventors on a patent related to mucin isoforms in diseases characterized by
499 barrier dysfunction, including IBD, IBS, gastrointestinal infections and cancer (WO/2021/013479). The
500 other authors declared no conflicting interests.

501

502 **9. Acknowledgements**

503 Figures 2 – 4 and appendices 1 – 2 were created with Biorender.com. The work was supported by the
504 Antwerp University Research Fund (BOF DOCPRO4 n°34782 (TB) and n° 39958 (BO)), the Antwerp
505 University valorisation fund (IOF-SBO: n° 42601 (WA)) and the Research Foundation Flanders (FWO
506 n° 1244421N (HC)).

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757

758 **Figure legends**

759 **Figure 1. Structural overview of secreted and transmembrane mucins.** The structure of the
760 canonical sequence is shown here, but for most mucins, multiple (mRNA/protein) isoforms exist.
761 *MUC20 localises to the cell membrane, yet it does not contain a well-defined transmembrane
762 region.

763 **Figure 2. Known molecular mechanisms of MUC1 mediating GI epithelial cell signalling pathways**
764 **during inflammation and cancer.** MUC1 can induce EMT-features by (in)directly interacting with (1)
765 SH3KBP1 and CBL, (2) MYC, (3) ZEB1, (4) β -catenin and (5) NF- κ B. MUC1 mediates cell proliferation

766 and resistance to (genotoxic stress-induced) apoptosis through (in)direct modulation of (1) HSP90
767 and HSP70, (2) ERBB (EGFR), (3) ABL1, (4) HIPK2, (5) TP53, (6) JNK, (7) NF- κ B and (8) PI3K-AKT-S6K.

768 **Figure 3. Known molecular mechanisms of MUC1 mediating hypoxia-induced cell death in GI**
769 **cancer.** 1) MUC1 indirectly induces FOXO3a-induced gene transcription which is involved in oxidant
770 scavenging and DNA damage repair, both important mechanisms to survive in hypoxic conditions. 2)
771 MUC1 will prevent apoptotic/necrotic responses under prolonged or severe hypoxic conditions by
772 inhibiting HIF-1 α -mediated stabilization of TP53 and the subsequent induction of pro-death proteins.

773 **Figure 4. Known molecular mechanisms of MUC13 mediating GI epithelial signalling pathways**
774 **during inflammation and cancer.** 1) MUC13 promotes the nuclear translocation of β -catenin,
775 thereby promoting EMT and cell survival. 2) MUC13 can inhibit apoptosis through activation of the
776 anti-apoptotic protein BCL2L1 by modulating various cancer-associated proteins or by mediating NF-
777 κ B signalling via IKBKG.

778 **Appendix 1. Schematic representation of the gastrointestinal mucosal barrier.** The gastrointestinal
779 barrier comprises a mucus barrier, a monolayer of epithelial cells and the inner lamina propria
780 hosting immune cells. Secreted and transmembrane mucins represent the major components of the
781 mucus barrier. Gastrointestinal epithelial cells are tightly linked to each other by intercellular
782 junctions: i.e. tight junctions, adherens junctions and desmosomes. The PAR, Crumbs, and Scribble
783 polarity complexes regulate the polarized expression of membrane proteins in the epithelial cells.
784 DC: dendritic cell; NK cell: natural killer cell; AMPs: antimicrobial peptides.

785 **Appendix 2.** The organization of the epithelium and the two-layered mucus system (i.e. an inner,
786 attached sterile mucus and an outer, loose mucus layer) in the stomach and colon. The outer mucus
787 layer of the stomach contains low numbers of bacteria (i.e. $<10^4$ /ml) whereas the numbers of
788 bacteria are greater in the colonic outer mucus layer (i.e. $10^9 - 10^{12}$ /ml).

Figure 1

[Click here to access/download;Figure;Figure1_R1.png](#)

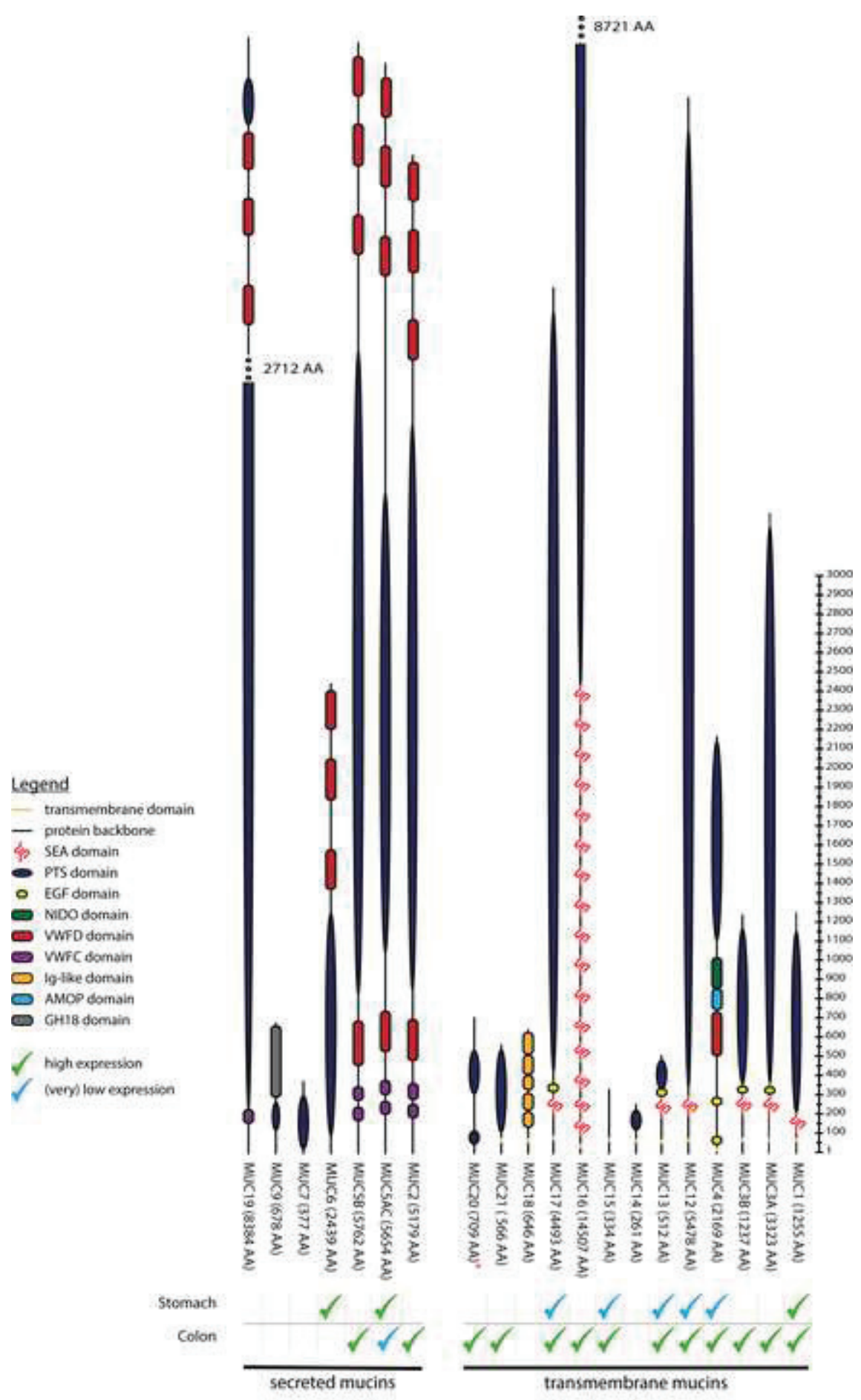


Figure 2

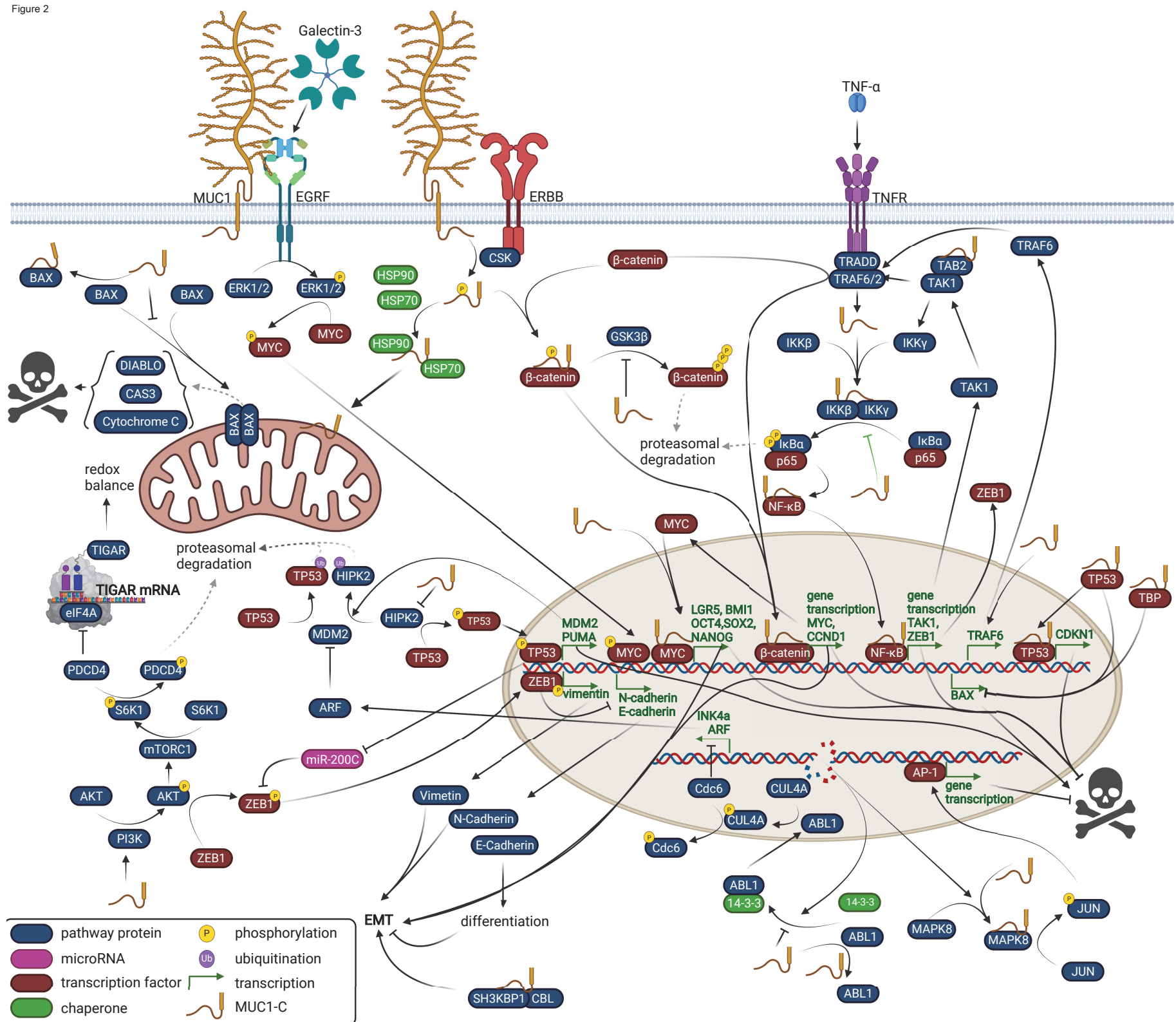


Figure 3

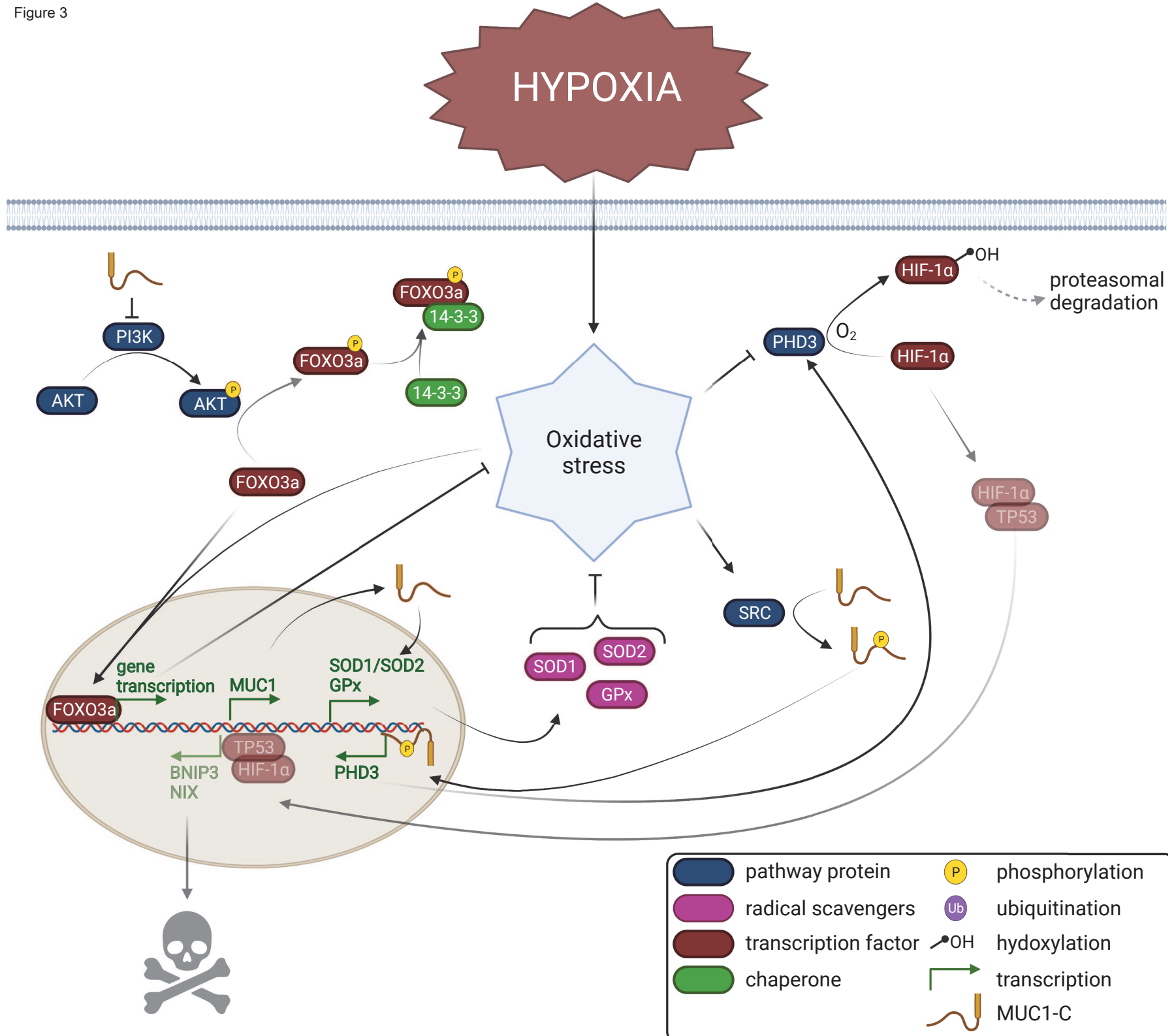


Figure 4

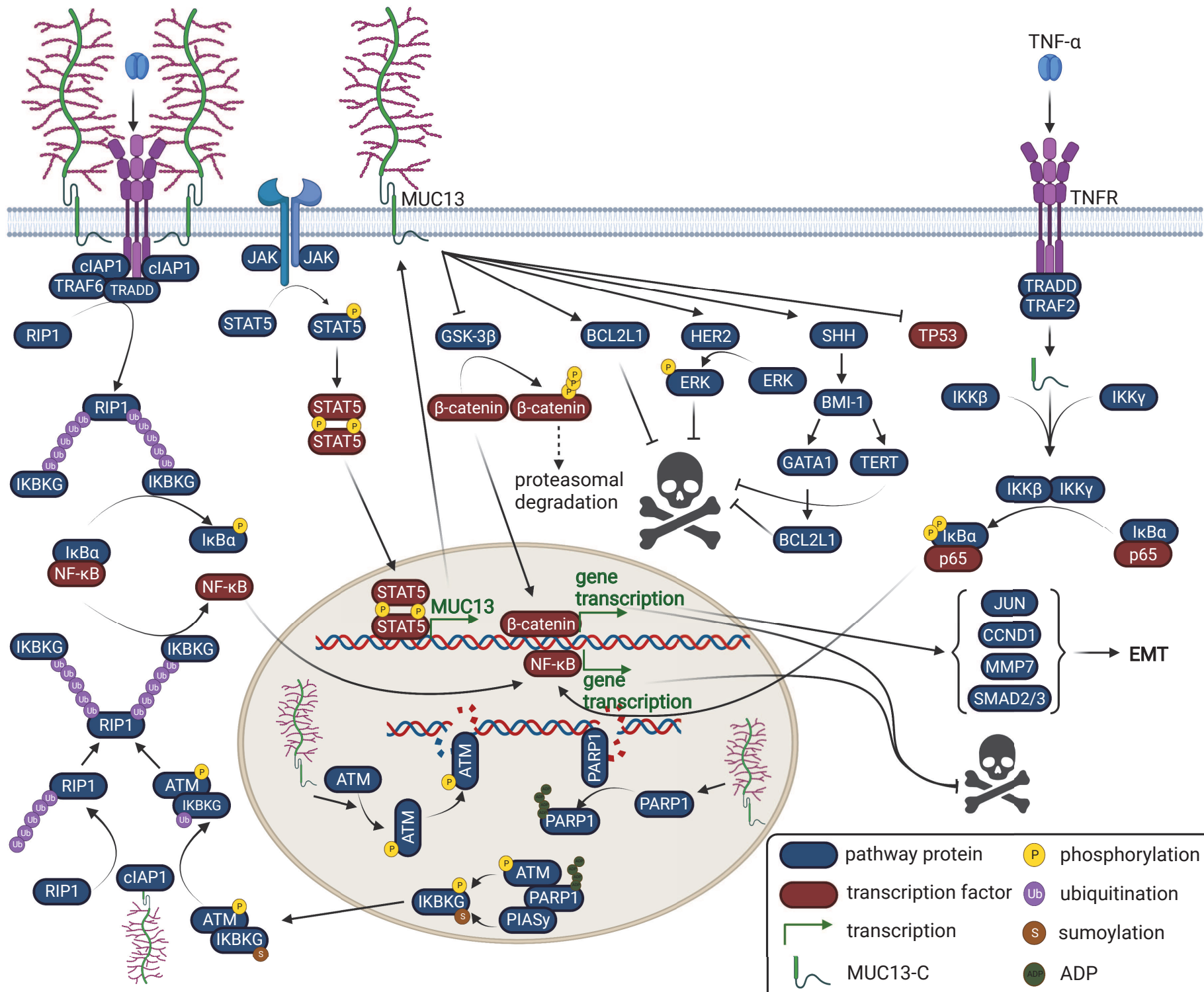













































































Table 1. Overview of known bacterial-mucin interactions in the GI tract.

| Bacterial species | Pathogen /commensal | Bacterial protein | Target | Model | Ref. |
|--|---------------------|---------------------------------|---|---|----------|
| MUCIN ADHESION | | | | | |
| Mucus binding protein | | | | | |
| <i>Lactobacillus fermentum</i> | commensal | MucBP | GalNAc; GlcNAc;Gal; Neu5Ac |  | 19 |
| <i>Lactobacillus lactis</i> | commensal | MbpL | MUC3, MUC5AC |  | 20 |
| <i>Lactobacillus reuteri</i> | commensal | MucBP | GalNAc; GlcNAc;Gal; Neu5Ac |  | 19-21 |
| <i>Lactobacillus plantarum</i> | commensal | MucBP | mucus |  | 20 |
| Mucin lectins | | | | | |
| <i>Bifidobacterium longum</i> (infantis) | commensal | F1SBPs | O-glycans |  | 21 |
| <i>Vibrio cholerae</i> | pathogen | GbpA | GlcNAc |  | 20,21 |
| Flagella, pili, fimbriae | | | | | |
| <i>Bacillus cereus</i> | commensal | flagellin | mucus |  | 22 |
| <i>Clostridium difficile</i> | pathogen | flagellin (FliC; FliD) | mucus |  | 20,21,23 |
| <i>Escherichia coli</i> (nissle) | commensal | flagellin | O-glycans |  | 21 |
| <i>Escherichia coli</i> (EHEC) | pathogen | flagellin (H7) | core 2 O-glycans |  | 20,21 |
| <i>Escherichia coli</i> (EPEC) | pathogen | flagellin (H6) | core 2 O-glycans |  | 20,21 |
| <i>Pseudomonas aeruginosa</i> | pathogen | flagellin | MUC1 |  | 21 |
| <i>Escherichia coli</i> (EAEC) | pathogen | fimbriae | MUC1 |  | 24 |
| <i>Escherichia coli</i> (EHEC) | pathogen | fimbriae (FimH) | mannose |  | 22 |
| <i>Escherichia coli</i> (ETEC) | pathogen | fimbriae (F17G; EtpA; CfaE) | resp. GlcNAc; O-glycans; sialylated mucin |  | 25,26 |
| <i>Escherichia coli</i> (STEC) | pathogen | fimbriae (FedF) | H antigens of type 1 |  | 26 |
| <i>Escherichia coli</i> (UPEC) | uropathogen | fimbriae (F9; FimH) | resp. Gal β 1,3N-GalNAc; mannose |  | 26 |
| <i>Klebsiella pneumoniae</i> | pathogen | fimbriae (fimA) | mannose |  | 27 |
| <i>Salmonella enterica</i> (typhimurium) | pathogen | fimbriae (Std, FimH) | resp. α 1->2fucosylation; mannose |  | 26 |
| <i>Enterococcus faecium</i> | pathogen | pilus (PilB) | mucus |  | 28 |
| <i>Lactobacillus johnsonii</i> | commensal | pilus (SpaC) | mucus |  | 19,21 |
| <i>Lactobacillus paracasei</i> | commensal | pilus | α 2->3sialylation; α 1->2fucosylation; blood groups A, B, O; Lewis x, y and b |  | 29 |
| <i>Lactobacillus rhamnosus</i> | commensal | pilus (SpaC) | mucus |  | 19,21 |
| <i>Streptococcus gallolyticus</i> | commensal | pilus (Pil3) | MUC5AC |  | 30 |
| Blood group binding adhesins | | | | | |
| <i>Campylobacter jejuni</i> | pathogen | Carbohydrate-lectin, FlaA, MOMP | Fuca1, 2; Gal1, 4; GlcNAc |  | 20,21 |
| <i>Helicobacter pylori</i> | pathogen | BabA; SabA; LabA | resp. lewis b; lewis x and a; LacdiNAc |  | 20 |
| <i>Lactobacillus mucosae</i> | commensal | Lam29 | blood groups A and B antigens |  | 20 |
| <i>Salmonella enterica</i> | pathogen | SiiE adhesin | MUC1 |  | 31 |
| Other | | | | | |
| <i>Bacteroides fragilis</i> | commensal | NanU | Neu5Ac |  | 21,23 |
| <i>Bacteroides thetaiotaomicron</i> | commensal | SusD-like protein | LacNAc |  | 23 |

| | | | | | |
|--|-----------|------------------------------|--|---|----------|
| <i>Bifidobacterium breve</i> | commensal | | mucus |  | 32 |
| <i>Bifidobacterium bifidum</i> | commensal | transaldose, sialidase | type A antigen |  | 20,26 |
| <i>Bifidobacterium dentium</i> | commensal | | MUC2 |  | 33 |
| <i>Bifidobacterium longum</i> (longum) | commensal | transaldolase | mucus |  | 34 |
| <i>Fusobacterium nucleatum</i> | pathogen | | MUC2 |  | 35 |
| <i>Klebsiella pneumoniae</i> | pathogen | LPS, capsular polysaccharide | mucus |  | 27 |
| <i>Lactobacillus acidophilus</i> | commensal | SlpA, GAPDH | mucus |  | 19,20 |
| <i>Lactobacillus fermentum</i> | commensal | MapA | mucus |  | 20 |
| <i>Lactobacillus lactis</i> | commensal | AggL | mucus |  | 20 |
| <i>Lactobacillus plantarum</i> | commensal | Msa, GAPDH | resp. mannose, blood groups A and B antigens |  | 19,20 |
| <i>Lactobacillus reuteri</i> | commensal | MapA, CmbA, EF-Tu | resp. mucus, mucus, sulphated carbohydrates |  | 19,20 |
| <i>Lactobacillus rhamnosus</i> | commensal | MBF | mucus |  | 20 |
| <i>Listeria Monocytogenes</i> | pathogen | LmiA | MUC2 |  | 21,26 |
| <i>Ruminococcus gnavus</i> | pathogen | RgNanH (trans-sialidase) | α 2,3- or α 2,6-Sialyllactose |  | 23 |
| MUCIN DEGRADATION | | | | | |
| <i>Akkermansia muciniphila</i> ; <i>Bacteroides fragilis</i> ; <i>Bacteroides thetaiotaomicron</i> ; <i>Bifidobacterium bifidum</i> | commensal | glycohydrolases* | |  | 26,36 |
| <i>Clostridium perfringens</i> ; <i>Clostridium difficile</i> ; <i>Ruminococcus gnavus</i> ; <i>Salmonella typhimurium</i> | pathogen | glycohydrolases* | |  | 26,36 |
| <i>Akkermansia muciniphila</i> ; <i>Bacteroides fragilis</i> ; <i>Bacteroides ovatus</i> ; <i>Bacteroides thetaiotaomicron</i> ; <i>Bifidobacterium breve</i> ; <i>Bifidobacterium fragilis</i> ; <i>Ruminococcus torques</i> | commensal | sulfatases | |  | 20,26,36 |
| <i>Helicobacter pylori</i> ; <i>Prevotella RS2</i> ; <i>Pseudomonas Aeruginosa</i> ; <i>Streptococcus oralis</i> | pathogen | sulfatases | |  | 20,26,36 |
| <i>Akkermansia muciniphila</i> ; <i>Bacteroides thetaiotaomicron</i> ; <i>Acinetobacter</i> ; <i>Escherichia coli</i> (SE-11; nissile) | commensal | proteases | |  | 37 |
| <i>Citrobacter rodentium</i> ; <i>Clostridium perfringens</i> ; <i>Escherichia coli</i> (AIEC; EAEC; EHEC; ETEC; STEC; UPEC); <i>Pseudomonas aeruginosa</i> ; <i>Shigella flexneri</i> ; <i>Streptococcus pneumoniae</i> ; <i>Vibrio cholerae</i> | pathogen | proteases | |  | 37 |
| MUCIN EXPRESSION/INHIBITION | | | | | |
| <i>Bacteroides thetaiotaomicron</i> | commensal | | increase MUC2, MUC4 |  | 20,23 |
| <i>Bifidobacterium animalis</i> (lactis) | commensal | | increase MUC2 |  | 38 |
| <i>Bifidobacterium dentium</i> | commensal | acetate | increase MUC2 |  | 33 |
| <i>Campylobacter jejuni</i> | pathogen | | increase MUC1 |  | 39,40 |
| <i>Clostridium difficile</i> | pathogen | C difficile toxin A | decrease MUC2; increase MUC1 |  | 13,40 |
| <i>Citrobacter rodentium</i> | pathogen | | increase MUC1; decrease MUC2 |  | 40 |
| <i>Escherichia coli</i> | commensal | LPS | increase MUC5AC; MUC2; MUC5B |  | 13,41 |
| <i>Escherichia coli</i> (Nissile) | commensal | | increase MUC2, MUC3, MUC5AC, MUC5A |  | 42 |

| | | | | | |
|-------------------------------------|-----------|-----------------------|-----------------------------------|---|-------|
| atypical <i>EPEC</i> | pathogen | | increase MUC2, MUC5AC, MUC3, MUC4 |  | 2 |
| <i>EAEC</i> | pathogen | Pic | increase MUC2, MUC5AC |  | 43,44 |
| <i>UPEC</i> | pathogen | Pic | increase MUC2, MUC5AC |  | 43,44 |
| <i>Faecalibacterium prausnitzii</i> | commensal | | increase MUC2, MUC4 |  | 20,23 |
| <i>Fusobacterium nucleatum</i> | pathogen | | increase MUC2 |  | 45 |
| <i>Helicobacter pylori</i> | pathogen | LPS | decrease MUC5AC and increase MUC1 |  | 13 |
| <i>Lactobacillus</i> | commensal | p40 | increase MUC2, MUC3 |  | 13,46 |
| <i>Lactobacillus acidophilus</i> | commensal | | increase MUC2 |  | 38 |
| <i>Lactobacillus casei</i> | commensal | | increase MUC2 |  | 19,42 |
| <i>Lactobacillus plantarum</i> | commensal | exopolysaccharide 116 | increase MUC2 |  | 38,47 |
| <i>Lactobacillus rhamnosus</i> | commensal | | increase MUC2 |  | 48 |
| <i>Listeria monocytogenes</i> | pathogen | Listerio-lysin 0 | increase MUC3, MUC4, MUC12 |  | 13 |
| <i>Pseudomonas aeruginosa</i> | pathogen | LPS | increase MUC5AC; MUC2; MUC5B |  | 13 |
| <i>Ruminococcus gnavus</i> | pathogen | rgE1 | increase MUC1, MUC2 |  | 49 |
| <i>Shigella flexneri</i> | pathogen | Pic | increase MUC2, MUC5AC |  | 43,44 |
| <i>Streptococcus thermophilus</i> | commensal | | increase MUC2 |  | 38 |
| <i>Vibrio cholerae</i> | pathogen | cholera toxin | increase MUC2 |  | 13 |

*It is suggested that up to 40% of the gut microbiota encodes glycohydrolases.⁴






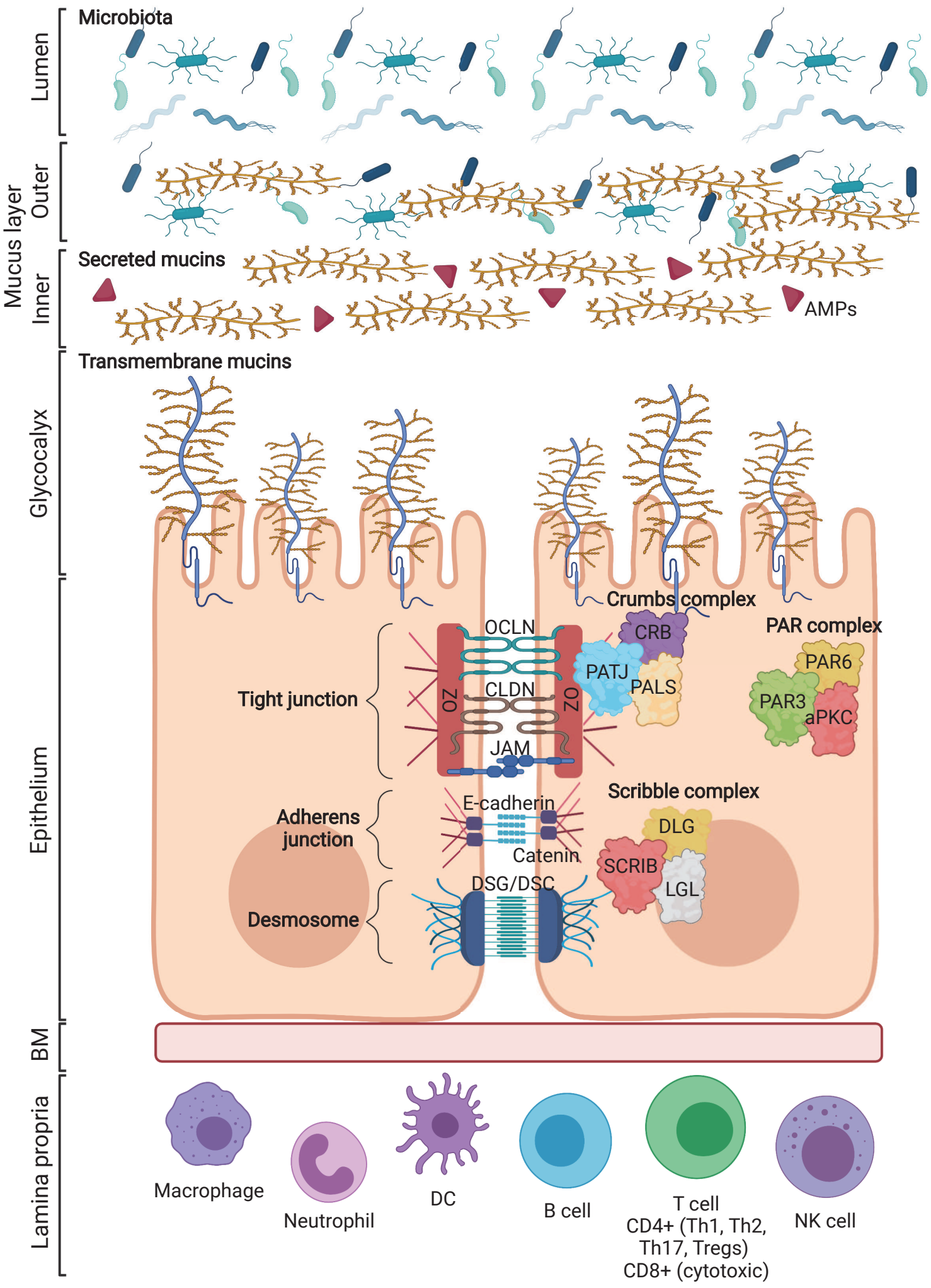
Data was obtained from a cell culture model (), animal model (mouse (), rabbit () or bovine ()), and/or human patients ().

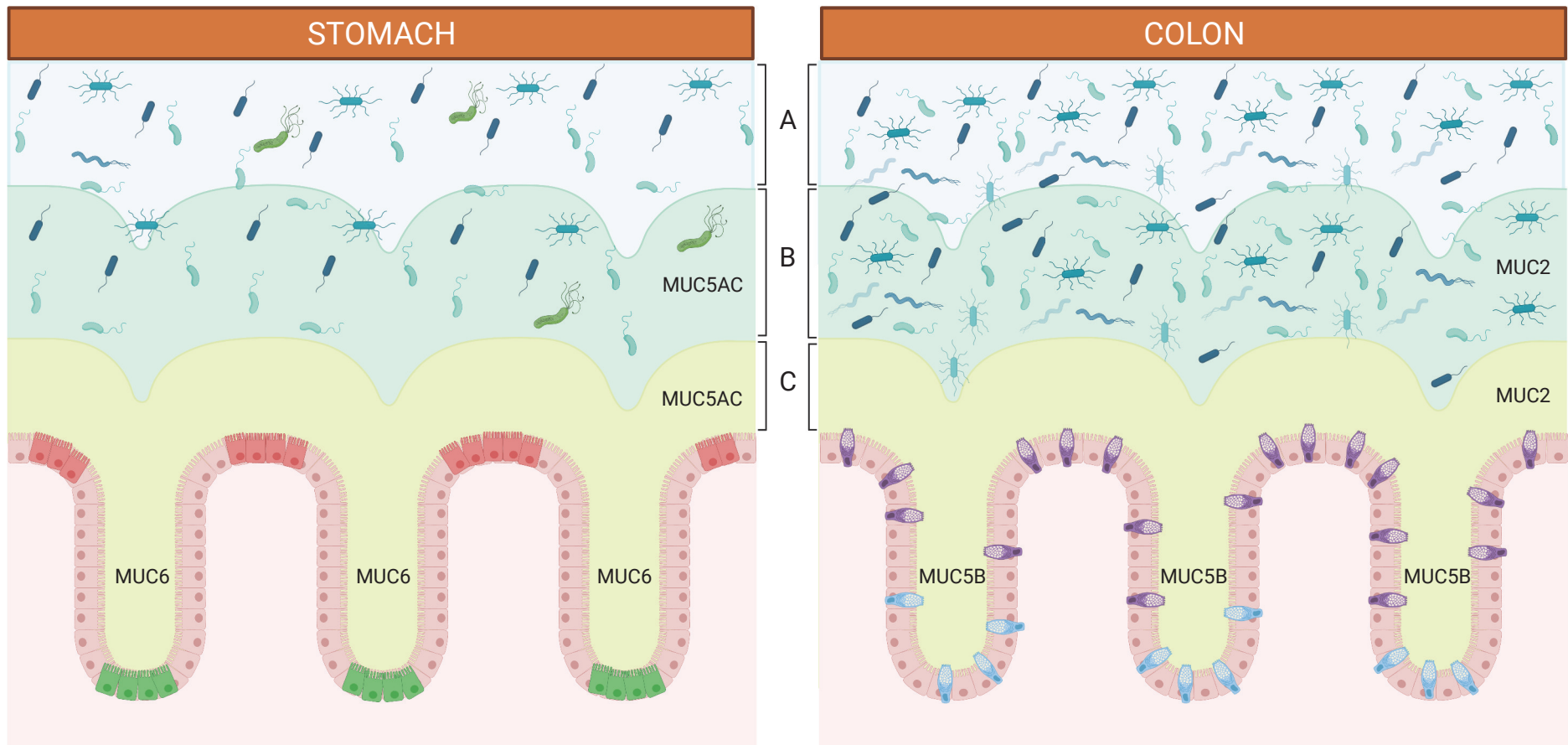
Table 2. Overview of clinical applications involving mucins in the GI pathologies.





| Clinical application | Specific effects | Model [#] | Ref. |
|---|--|--------------------|------|
| TARGETING MUCINS FOR THERAPY | | | |
| Antibody-based immunotherapy | Antibodies targeting the MUC1 -SEA domain coupled with PE38-exotoxins induces tumour cell killing proportional to MUC1 expression | C, A | 82 |
| Mucins as a potential therapeutic target | <ul style="list-style-type: none"> Treatment with GO-203, a MUC1-C inhibitor peptide, protects against colitis and the progression to colon cancer; Increased sensitivity of MUC13-deficient CRC to immune checkpoint inhibitors. | A | 83 |
| Mucins as a therapeutic agent | Intrarectal administration of recombinant MUC17 improves intestinal healing post-colitis. | A | 78 |
| Stimulation of mucin production to enhance the gastrointestinal mucus barrier | <ul style="list-style-type: none"> The administration of <i>Lactobacillus plantarum</i> and <i>rhamnosus</i> increases MUC2 and MUC3 expression. FMT re-introduces essential bacterial species for stimulating production of MUC2 and tight junction proteins. | C | 26 |
| | | A | 84 |
| USING MUCINS IN VACCINES TO ENHANCE TUMOUR IMMUNOTHERAPY | | | |
| Vaccination with cancer stem cells | Injection of CRC stem cells with high MUC1 expression enhances anti-tumour efficacy. | A | 85 |
| DNA vaccine | Vaccination with a plasmid carrying the fusion gene of survivin/ MUC1 potentiated immunogenicity and the anti-tumour effect in CRC, and prolonged survival. Moreover, the combinatory therapy with oxaliplatin enhanced these effects. | A | 86 |
| DC vaccines | <ul style="list-style-type: none"> The administration of patient-derived DCs mixed with viral vectors carrying CEA, MUC1, B7-1, ICAM-1, and LFA-3 promoted overall survival after surgical resection of CRC metastases; The intratumoural injection of MUC1-loaded DCs resulted in the complete disappearance of gastric cancer lesions in 80-year old male patient. | P | 87 |
| Subunit vaccines | The subcutaneous administration of a peptide mixture containing 100-amino acid synthetic MUC1 and a TLR3 agonist induced immunogenicity in 43·6% of patients with a history of advanced colonic adenomas. | P | 88 |
| | | P | 86 |
| MUCINS AS BIOMARKERS | | | |
| Mucin expression to predict therapy response | Increased sensitivity of MUC13 -deficient CRC to immune checkpoint inhibitors | A | 8 |
| Prognosis | <ul style="list-style-type: none"> High tumoural MUC1 or MUC13 expression is associated with poor survival in CRC; High tumoural MUC4 expression is associated with poor survival in CRC patients with early stage tumours; High tumoural MUC1 expression is associated with metastasis and survival in oesophageal squamous cell carcinoma; High cytoplasmic expression of MUC13 in gastric cancer is associated with tumour stage and survival. | P | 8,89 |
| | <ul style="list-style-type: none"> Algorithmic determination of circulating tumour cells by evaluating the expression of six genes (CEA, EpCAM, CK19, MUC1, EGFR and C-Met) enabled a prediction of progression-free survival in CRC patients. | P | 89 |
| | <ul style="list-style-type: none"> The mutational profile of five genes (SMAD4, MUC16, COL6A3, FLG and LRP1B) independently predicts recurrence and prognosis in patients with advanced stage colon cancer; MUC4 mutation in colon cancer is associated with tumour mutation burden and patient prognosis; Mutation status and mutation number of MUC4, MUC16 and TTN are predictors for tumour mutation burden, prognosis and immunotherapy efficacy in gastric cancer; The MUC1 rs4072037 polymorphism is associated with an increased risk of developing gastric cancer as well as recurrence and disease-related death. Specific MUC1 splice variants are associated with tumour progression and outcome in oesophageal squamous cell carcinoma. | P | 90 |
| | | P | 91 |
| | | P | 92 |
| | | P | 93 |
| | | P | 94 |
| | | P | 95 |
| | | P | 96 |
| | | P | 97 |
| Diagnosis | RT-PCR assay evaluating the expression of six genes (CEA, EpCAM, CK19, MUC1 , EGFR, and C-Met) correctly diagnoses CRC (87% sensitivity, 85% specificity). | P | 92 |
| Tumour imaging and therapy response | Magnetic resonance imaging using a dual-modality imaging probe consisting of dextran-coated iron oxide nanoparticles conjugated to the fluorescent dye Cy5·5 and to a underglycosylated MUC1 -peptide enables the assessment of 5-fluouracil response in CRC. | M | 98 |
| Imaging for tumour detection | A radiolabeled peptide targeting MUC1 (99mTc-HYNIC- D(TPPE)) can visualize tumours in nude mice bearing HT29 tumours. | M | 99 |

DC: dendritic cell; CRC: colorectal cancer

#Data was obtained from a cell culture model (C), animal model (A) or human patients (P).





-  MUC5AC-producing mucous cells
-  MUC6-producing mucous cells
-  MUC2-producing goblet cell
-  MUC5B-producing goblet cell

- A = lumen
- B = outer mucus layer
- C = inner mucus layer