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1 **Recurrent multi-stressor floc treatments with sulphide and**
2 **free ammonia enabled mainstream partial**
3 **nitritation/anammox**

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9

10 **Abstract**

11 Selective suppression of nitrite-oxidising bacteria (NOB) over aerobic and anoxic ammonium-oxidising
12 bacteria (AerAOB and AnAOB) remains a major challenge for mainstream partial nitritation/anammox
13 implementation, a resource-efficient nitrogen removal pathway. A unique multi-stressor floc treatment
14 was therefore designed and validated for the first time under lab-scale conditions while staying true to
15 full-scale design principles. Two hybrid (suspended + biofilm growth) reactors were operated
16 continuously at 20.2 ± 0.6 °C. Recurrent multi-stressor floc treatments were applied, consisting of a
17 sulphide-spiked deoxygenated starvation followed by a free ammonia shock. A good microbial activity
18 balance with high AnAOB (71 ± 21 mg N L⁻¹ d⁻¹) and low NOB ($4 \pm 17\%$ of AerAOB) activity was
19 achieved by combining multiple operational strategies: recurrent multi-stressor floc treatments, hybrid
20 sludge (flocs & biofilm), short floc age control, intermittent aeration, and residual ammonium control.
21 The multi-stressor treatment was shown to be the most important control tool and should be
22 continuously applied to maintain this balance. Excessive NOB growth on the biofilm was avoided
23 despite only treating the flocs to safeguard the AnAOB activity on the biofilm. Additionally, no signs
24 of NOB adaptation were observed over 142 days. Elevated effluent ammonium concentrations (25 ± 6

25 mg N L⁻¹) limited the TN removal efficiency to 39 ± 9%, complicating a future full-scale
26 implementation. Operating at higher sludge concentrations or reducing the volumetric loading rate
27 could overcome this issue. The obtained results ease the implementation of mainstream PN/A by
28 providing an additional control tool to steer the microbial activity with the multi-stressor treatment,
29 thus advancing the concept of energy neutrality in sewage treatment plants.

30 **Keywords**

31 Deammonification; Biological nitrogen removal; Nitrite-oxidizing bacteria; Nitrification; Nitrospira;
32 Brocadia

33

34 **1. Introduction**

35 Partial nitrification/anammox (PN/A) is a carbon- and energy-efficient nitrogen removal process due to
36 its 100% lower chemical oxygen demand (COD) (~carbon) and 60% lower oxygen (~energy) demand
37 compared to conventionally applied nitrification/denitrification (Jetten et al., 1997). Its implementation
38 in the main (water) stream of a sewage treatment plant (STP) is pursued to allow improved carbon
39 utilisation by the combination of an upstream carbon-capture stage and anaerobic sludge digestion in
40 the downstream side (sludge) stream. Consequently, energy-positive sewage treatment can be achieved
41 once these concepts are combined (Gao et al., 2014; Liu et al., 2018). This can result in considerable
42 energy savings, given sewage treatment's average energy consumption of about 37 kWh IE⁻¹ y⁻¹ for
43 Western European countries (Maktabifard et al., 2018).

44 Successful implementation of mainstream PN/A is challenging as operational conditions typically allow
45 the growth of unwanted nitrite-oxidising bacteria (NOB), competing for, respectively, oxygen and
46 nitrite with the essential aerobic and anoxic ammonium-oxidising bacteria (AerAOB and AnAOB). The
47 latter, AnAOB, are also often referred to as anammox bacteria. A combination of multiple dedicated
48 control strategies is essential to avoid NOB activity as they reduce both the nitrogen removal as well as
49 the energy efficiency (Agrawal et al. (2018); Laurenzi et al. (2019); Van Tendeloo et al. (2021a)). The
50 most effective strategies described so far include a (partial) combination of: i) oxygen availability

51 control by either continuous aeration at low dissolved oxygen (DO) setpoints (Laureni et al., 2016;
52 Seuntjens et al., 2020; Van Tendeloo et al., 2021b; Zheng et al., 2023) or intermittent control at a relative
53 higher DO setpoint (Miao et al., 2016; Pedrouso et al., 2019), ii) maintaining residual ammonium as
54 substrate for AerAOB and AnAOB (Laureni et al., 2016; Liu et al., 2019; Zheng et al., 2023), iii)
55 differential sludge retention time (SRT) control in combination with hybrid sludge (flocs + biofilm) to
56 pressure the NOB in the aerobic flocs with a low SRT_{floc} while the AnAOB in the partially-anoxic
57 biofilm (either granules or attached to carriers) are additionally retained to overcome their low growth
58 rate (Laureni et al., 2016; Liu et al., 2019; Van Winckel et al., 2019), and iv) applying inhibitory agents
59 or stressors to selectively suppress NOB activity over the other essential bacteria, preferentially as a
60 temporary treatment in the more concentrated return-sludge line to limit the total chemical addition.
61 Successful examples of such return-sludge treatments include recurrent exposure to *in-situ* generated
62 free ammonia (FA, NH_3) (Duan et al., 2019a; Wang et al., 2021) or free nitrous acid (FNA, HNO_2)
63 (Duan et al., 2019a; Peng et al., 2020; Wang et al., 2018; Zheng et al., 2023), substrate starvation (Ye
64 et al., 2019), and exposure to other compounds such as sulphide (Erguder et al., 2008), either *in-situ*
65 generated by sulphate reduction or externally dosed.

66 Despite promising results achieved in multiple lab studies (Laureni et al., 2019; Pedrouso et al., 2019;
67 Seuntjens et al., 2020), long-term and large-scale successes remain scarce (Agrawal et al., 2018; Cao et
68 al., 2017; Zheng et al., 2023). The ability of NOB to adapt to certain operational strategies over time
69 threatens the development. For example, Wang et al. (2021) observed NOB adaptation to low DO
70 control and afterwards to regular FA sludge treatments. Adaptation to single-stressor treatments such
71 as FA and FNA were also frequently observed (Duan et al., 2019a; Li et al., 2020; Ma et al., 2017; Peng
72 et al., 2020; Wang et al., 2021), compelling authors to either alternate between multiple treatments
73 (Duan et al., 2019a; Peng et al., 2020) or apply additional strategies such as bioaugmentation (Wang et
74 al., 2021). Additionally, the continuous intake of NOB via the influent challenges the long-term stability
75 (Duan et al., 2019b; Yu et al., 2020). Another issue is that many studies either exclude the AnAOB-rich
76 biofilm from treatment to safeguard the AnAOB activity (Peng et al., 2020; Wang et al., 2018; Wang
77 et al., 2021), or even exclude AnAOB completely from their study (Li et al., 2020; Ma et al., 2017),

78 potentially causing the NOB to grow uncontrolled in the biofilm if not dealt with care. Limiting nitrite
79 accumulation could however alleviate this threat (Gu et al., 2019; Gu et al., 2021; Laureni et al., 2019).
80 Finally, certain strategies are difficult to extrapolate to full-scale applications such as strict or low DO
81 control (Wang et al., 2021), thus reducing its NOB suppression effectivity, or due to extensive cost or
82 logistical challenges and being system dependant.

83 The development of a multi-stressor treatment could overcome these challenges as there are indications
84 that the combination of multiple stressors is less susceptible to NOB adaptation (Seuntjens et al., 2018;
85 Torà et al., 2010). Additionally, this technology would provide an extra control tool to limit NOB as a
86 combination of multiple strategies is essential for mainstream PN/A implementation (Agrawal et al.,
87 2018). Seuntjens et al. (2018) successfully tested the combination of a 2-day deoxygenated starvation
88 with sulphide exposure and a subsequent 1-hour exposure to FA, after screening for the most effective
89 combination of known NOB inhibitors.

90 In this study, the unique multi-stressor treatment concept formulated by Seuntjens et al. (2018) was
91 validated under lab-scale conditions while staying true to full-scale design principles: continuous
92 process with influent COD present, including AnAOB activity in a hybrid sludge system, and testing
93 the combination with other control tools. Additional attention was given to avoiding uncontrolled NOB
94 growth in the biofilm, while safeguarding the AnAOB activity, and any potential indications for
95 adaptation. The overall aim was to achieve mainstream nitrogen removal by AnAOB with minimal
96 NOB contribution. A combination of multiple strategies was tested: recurrent multi-stressor floc
97 treatments, aeration strategy (continuous and intermittent), hybrid sludge consisting of flocs and
98 attached (carriers) or suspended (granules) biofilm growth, short floccular SRT (8.5 days) control, and
99 residual ammonium ($\geq 5 \text{ mg N L}^{-1}$) control. Multiple combinations and variations on control setpoints
100 were tested in two separate reactors to identify crucial control tools and optimal settings. The return-
101 sludge treatment could act as an additional NOB activity control tool, providing the additional flexibility
102 needed for mainstream PN/A implementation and thus pave the way towards energy autonomous
103 sewage treatment.

105 **2. Materials and Methods**

106 **2.1. Reactor and experimental design**

107 Two identical integrated fixed-film activated sludge (IFAS) reactors with hybrid sludge (flocs and
108 biofilm) were operated in parallel under mainstream conditions at 20.2 ± 0.6 °C (Figure 1). Each reactor
109 consisted of a reaction vessel (4.7L) coupled to a cylindrical settler with a flat bottom (1L). A return
110 activated sludge (RAS) pump was installed to cycle the sludge to the reaction vessel. Influent was
111 continuously added at 11.3-16.1 L d⁻¹ from a shared influent vessel and consisted of tap water spike
112 with 50 mg NH₄⁺-N L⁻¹ (as (NH₄)₂SO₄), 7.5 mg PO₄³⁻-P L⁻¹ (as KH₂PO₄), 30 mg Mg²⁺ L⁻¹ (as
113 MgCl₂·6H₂O), 50 mg Ca²⁺ L⁻¹ (as CaCl₂·2H₂O), 300-500 mg HCO₃⁻ L⁻¹ (as NaHCO₃), and 1 mL L⁻¹ of
114 trace elements A and B (according to van de Graaf et al. (1996)). COD was mostly dosed separately
115 from a 2000-2250 mg COD L⁻¹ stock solution consisting of demineralised water spiked with 20%
116 acetate (as NaC₂H₃O₂), 15% yeast extract, and 65% sucrose (as C₁₂H₂₂O₁₁), to achieve a final influent
117 COD/N ratio of 1.5. Exceptionally, COD was directly added to the main influent (75 mg COD L⁻¹)
118 when one of the COD dosing pumps was out of order (see supplemental information, Table S1). Both
119 pumps were continuously operated at a RAS:influent ratio of 0.95 ± 0.03 and 0.74 ± 0.04 for reactor 1
120 and 2 (R1 and R2), respectively. pH (7.2-7.4) and DO were controlled by a multichannel controller
121 (Liquiline CM44X), coupled to a pH (Memosens CPS11E) and DO probe (Oxymax COS61D), all from
122 Endress+Hauser (Switzerland), and as actioner an acid (0.1 M HCl) or base (0.05 M NaOH) dosage
123 pump and an air pump (TEC APS 150, Tetra, Germany) connected to a cylindrical aeration stone. All
124 liquid pumps were supplied by Watson-Marlow (United Kingdom). Oxygen availability was controlled
125 by an on/off feedback control system that powers the airflow pump with the DO probe's input. A
126 rotameter was installed after the air pump to manually adjust the airflow rate to finetune the control.
127 The oxygen availability control was conducted through either continuous aeration at DO setpoint 0.3
128 mg O₂ L⁻¹ (R2, Phase I) or intermittent aeration (4/8 min on/off aeration) at DO setpoint 0.9 mg O₂ L⁻¹
129 for all other phases. Continuous mixing (300 rpm) was provided by an overhead mixer with propeller
130 blades (ES Overhead Stirrer, Velp Scientifica, Italy). Floccular sludge was wasted thrice a week and

131 separated from the biofilm using a 200 μm sieve to obtain the target SRT_{floc} of 8.5 days. Biofilm was
132 not actively wasted.

133

134 **Figure 1. Schematic overview of the reactor and experimental design.** Multi-stressor floc treatments were
135 conducted twice a week, treating about 33% of the total flocs, resulting in an overall frequency of 0.095 d^{-1} .
136 Biofilm (both attached and suspended) were excluded from the treatment.

137

138 The two reactors were operated independent of each other. Operational conditions were frequently
139 changed to derive the optimal combination of control tools and settings by comparing the change in
140 performance between subsequent phases within the same reactor. A summary of the operational
141 conditions per reactor and phase is given in **Table 1**.

142

143 **Table 1. Summary of the operational conditions per reactor and per operational phases.** Values
144 in bold indicate the main change between subsequent phases.

145

146 **2.2. Sludge origin and reactivation**

147 Sludge used for inoculation and bioaugmentation originated from three different sources (Table 2):

- 148 • DEMON[®] sludge: Full-scale sidestream PN/A reactor applying DEMON technology (Wett,
149 2006) at STP Nieuwveer (Breda, Netherlands), consisting of flocs and granules ($> 200 \mu\text{m}$).
- 150 • Long-term stored carriers: AnoxKaldnes K1 carriers with PN/A biofilm, operated in an IFAS
151 (4.7L) under mainstream conditions at 20°C (Peng et al., 2020). Stored for 2 years with nitrate
152 ($\leq 250 \text{ mg N L}^{-1}$) at 4°C .
- 153 • RBC biofilm: lab-scale rotating biological contactor (RBC) with a thick PN/A biofilm, operated
154 under mainstream conditions at $20 \pm 2^\circ\text{C}$ (Van Tendeloo et al., 2021b).

155 The initial biofilm inoculum for each reactor was (re)activated by first operating both IFAS reactors in
156 sequencing batch reactor (SBR) mode under anoxic conditions for 18 days (53 days for R1) to promote
157 AnAOB growth. R1 was inoculated with 1.3L (28% filling ratio) of the long-term stored carriers while
158 R2 was inoculated with empty K1 carriers, manually filled with RBC biofilm to promote attachment.
159 Each SBR cycle consisted of 15 min pulse feeding with mixing, 210 min reaction, 10 min extraction,
160 and 5 min idle time. No settling phase was foreseen to select for attached growth. The volume exchange
161 ratio was 31%. The influent was similar to the main operation (section 3.1.) except that 27 mg $\text{NH}_4^+\text{-N}$
162 L^{-1} (as $(\text{NH}_4)_2\text{SO}_4$), 35 mg $\text{NO}_2^-\text{-N}$ L^{-1} (as NaNO_2), and 15 mg $\text{NO}_3^-\text{-N}$ L^{-1} (as NaNO_3) instead of solely
163 ammonium were dosed, and a COD/N ratio of 0.75 instead of 1.5, solely consisting of acetate. Once
164 the actual experiment was started, the reactor operation switched to the conditions described in section
165 2.1. On day 35, DEMON[®] sludge (flocs + granules) were added to R1 and on day 12, RBC flocs (mixed
166 biofilm) to R2. Additionally, an extra SBR reactivation reactor, applying identical reactivation
167 conditions, was operated to further reactivate the long-term stored carriers until they were added to R1
168 on day 95, replacing 0.75L of the original carriers.

169 Occasionally, additional bioaugmentations were conducted with mainly DEMON[®] sludge (flocs and/or
170 granules, Table 2) to boost the maximum AnAOB activity and/or the overall biomass concentration and
171 conversion rates. R1 was considered to have solely attached biofilm growth (the granules were
172 afterwards shown to have low activity, Section 3.4) and flocs while R2 was considered as suspended
173 growth (no biofilm was observed on the empty carriers over the total 113 days they were in use, and
174 extra granules were added) and flocs. On day 95, the inactive granules and empty carriers were removed
175 from R1 and R2, respectively. In the second last phase (IIIb for R1 and V for R2), 57% of the carriers
176 from R1 (0.74L) were inoculated to R2 to test if limited AnAOB and/or high NOB activity in the biofilm
177 could explain the limited performance of R2 (see Section 3.1.). Simultaneously, all the granules present
178 in R2 were removed to better compare suspended (granular) versus fixed (on carriers) biofilm growth.

179

180 **Table 2. Inoculation and bioaugmentation overview per reactor.**

181

182 **2.3. Multi-stressor floc treatment**

183 Over the full reactor operation (excluding the final phase for each reactor), the floccular sludge was
184 regularly treated at a frequency of 0.095 d^{-1} by exposing 33% of the flocs twice a week to the multi-
185 stressor treatment. Each time, a pre-determined mixed liquid volume was harvested and sieved (200
186 μm) to separate the flocs and obtain about 33% of the total floc mass. Each multi-stressor treatment
187 consisted of three subsequent steps (Figure 1): pre-treatment, sulphide-spiked deoxygenated starvation,
188 and an FA shock. During the pre-treatment, the separated flocs were concentrated to $2.5 \pm 2.0 \text{ g VSS}$
189 L^{-1} by discarding the supernatants after settling. They were then transferred to a 500 mL Erlenmeyer,
190 sealed, and deoxygenated by sparging the headspace with N_2 gas for 10 minutes to starve the biomass
191 from substrates like oxygen as previous experiments indicated that this increased the inhibitor's
192 efficiency (Seuntjens et al., 2018). Sulphide (157 ± 16 or $305 \pm 12 \text{ mg S}^{2-}\text{-S L}^{-1}$ as $\text{Na}_2\text{S}\cdot x\text{H}_2\text{O}$ (35%
193 H_2O)) was dosed using a syringe and needle to maintain deoxygenated conditions. pH was corrected to
194 either 7.1 ± 0.5 or 6.2 ± 0.7 by injecting a predetermined volume of 1 M HCl. The flocs were then
195 stirred (250 rpm) for 2 days at $21 \pm 1^\circ\text{C}$. The starvation was ended by transferring the sludge to an open
196 500 mL Erlenmeyer. A one-hour FA shock was conducted by adding $640 \pm 13 \text{ mg NH}_4^+\text{-N L}^{-1}$ at pH
197 8.1, resulting in an FA concentration of $34 \pm 2 \text{ mg NH}_3\text{-N L}^{-1}$. Stirring at 250 rpm was applied during
198 the FA shock while the pH was maintained at 8.1 using 1 M NaOH. The treatment was concluded by
199 correcting the pH to 7.2 and returning the sludge to their respective reactor, resulting in a 10- to 50-fold
200 dilution to lift chemical stress conditions. Additionally, the presence of oxygen caused all the sulphide
201 to reactor to harmless sulphate. Exact treatment conditions are listed in the supplementary information
202 (SI, Table S3).

203 **2.4. Physical and chemical analyses**

204 Influent and effluent samples were taken five times per week from each reactor to determine its
205 performance. All samples were filtered ($0.22 \mu\text{m}$) and stored for maximally two weeks at 4°C prior to
206 analysis. Ammonium concentration was photometrically determined according to the Nessler method
207 (APHA, 1995) while nitrite and nitrate were measured with an anion exchange chromatograph (EcoIC,

208 Metrohm, Switzerland). Total nitrogen (TN) was calculated as the sum of these measurements. COD
209 was occasionally determined with measuring kits (Nanocolor, Macherey-Nagel, Germany).
210 Total and volatile suspended solids (TSS and VSS) were determined according to APHA (1995). The
211 suspended VSS concentration (sum flocs and suspended biofilm) of the reactors was measured thrice a
212 week. Biomass content on the carriers was determine twice in quadruple by scrubbing the biofilm of
213 five randomly selected carriers, then suspending it in tap water to 5 mL, and afterwards measuring the
214 VSS concentration. Additionally, fractionation tests were conducted twice a week on the harvested
215 sludge for the floc treatment. Two samples were therefore taken from the sludge and from the retentate
216 (>200 μm). VSS concentrations were measured for each sample and corrected for any dilution step. The
217 floccular VSS concentration was calculated as the difference between the total and the biofilm VSS. A
218 similar test was executed every week on the effluent.

219 **2.5. Molecular analysis**

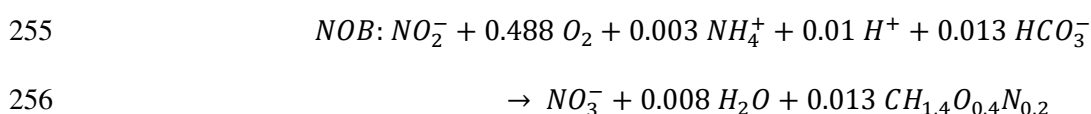
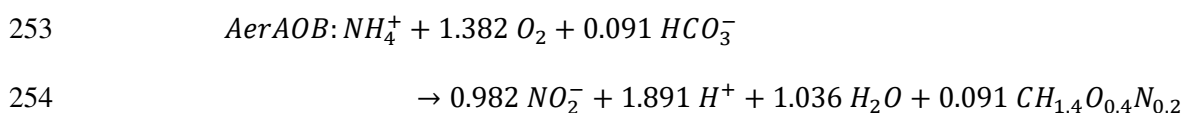
220 Biomass was sampled from each IFAS reactor over time for successive bacterial community analysis
221 to gain insights in community changes over time. Regular samples consisted of suspended sludge: flocs
222 + granules. Attached biofilm on carriers were occasionally sampled separately, separating the biofilm
223 with a needle from 5 random carriers. Samples were stored at -20°C after centrifugation and prior to
224 DNA extraction. Powerfecal kits (Qiagen, Germany) were used to extract total DNA content, in
225 accordance with the manufacturers protocol (incubation steps excluded). Dedicated dual-index paired-
226 end sequencing primers (Kozich et al., 2013) were used to amplify the V4 region of the 16S rRNA gene.
227 Paired-end sequencing was performed at the Medical genetics research group, University of Antwerp,
228 on a Miseq Desktop sequencer (M00984, Illumina) using 2x250 cycle chemistry. Analysis was
229 performed as described in Peng et al. (2020). In short: raw sequencing reads were processed with
230 DADA2 (Callahan et al., 2016) and Rstudio (v 3.6.3), using an in-house developed package
231 (www.github.com/SWittouck/tidyamplicons).

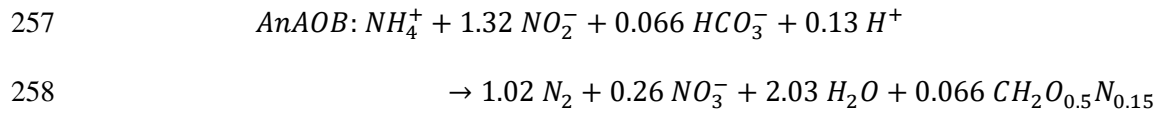
232 2.6. Batch maximum activity tests

233 Batch maximum activity tests were conducted twice to gain more insights in the dynamics in AerAOB,
234 NOB, and AnAOB activity in both the floc and biofilm fraction as well as between R1 and R2. A 200
235 μm sieve was used to separate the floccular and biofilm fraction. No COD was added to avoid nitrogen
236 removal via denitrification. Two types of tests were performed: *in-situ* aerobic tests applying the
237 reactor's intermittent aeration control and *ex-situ* anoxic tests to determine the maximum AnAOB
238 activity. For the *in-situ* tests, both reactors were operated as batch (no influent nor RAS flow) and the
239 settlers were emptied. Ammonium was added at 50 mg N L^{-1} and 6-8 liquid samples were taken over
240 time. The activity in the flocs was measured first (20-22 h) and afterwards the biofilm (20-22 h). After
241 each test was concluded, a sludge sample was taken to determine the biomass concentration.
242 Simultaneously, the maximum AnAOB activity was measured *ex situ* in closed Erlenmeyers in triplicate
243 for each reactor. Ten min sparging with N_2 gas and $50 \text{ mg NH}_4^+\text{-N L}^{-1}$ and $50 \text{ mg NO}_2^-\text{-N L}^{-1}$ was spiked
244 to guarantee optimal conditions for AnAOB. The sampling frequency was identical to the *in-situ* tests.
245 Floccular activity was not tested *ex situ* and were temporarily stored at 20°C with $15 \text{ mg NO}_3^-\text{-N L}^{-1}$
246 instead.

247 2.7. Calculations

248 A microbial activity balance (or nitrite balance) was made by estimating how much nitrite was produced
249 by AerAOB in the reactor, and how much of this nitrite was consumed by AnAOB, NOB, or remained
250 residual. All TN removal was hereby assumed to originate from AnAOB activity, thus neglecting any
251 potential denitrification activity. The following stoichiometry was used (Lotti et al., 2014; Strous et al.,
252 1998):





259 The SRT_{floc} was calculated using the reactor and effluent VSS concentrations, reactor mixed liquor
260 sampling volumes, and the wasted floc volume.

261

262 3. Results and Discussion

263 Two identical IFAS reactors were continuously operated to study the effectivity of the multi-stressor
264 treatment and other operational control tools (oxygen availability control, residual ammonium, and
265 differential SRT control with hybrid sludge) on the nitrogen-converting community. The main goal was
266 to achieve mainstream nitrogen removal by AnAOB with minimal NOB contribution, also referred to
267 as a good microbial activity balance. Multiple variations in control tools were tested over time to
268 observe the most optimal combination (**Table 1**): Continuous versus intermittent aeration (R2, Phase I
269 versus II), doubled sulphide dose during the multi-stressor treatment tested at neutral starvation pH (R1,
270 Phase I versus II-III and R2, Phase IV-V) and at slightly acidic pH (R2, Phase I-II versus III), and
271 attached (R1) versus suspended (R2, Phase I-IV) biofilm growth. In the final phase of each reactor, the
272 recurrent multi-stressor floc treatment was concluded to study the necessity of such treatment.

273

274 3.1. Overall reactor nitrite balance

275 R1 was first operated for an additional 34 days in anoxic mode to improve biofilm acclimatisation to
276 mainstream conditions and promote AnAOB growth (Section 2.2). Afterwards, flocs were added and
277 intermittent aeration was initiated. R1 started (day 35-45) with an initially balanced system as all the
278 nitrite produced by AerAOB was consumed by AnAOB or remained residual (Figure 2 R1). The
279 combination of a PN/A inoculum (reactivated long-term stored PN/A carriers, and DEMON[®] flocs and
280 granules, Section 2.2) with intermittent aeration and recurrent multi-stressor floc treatments at standard
281 sulphide dose ($151 \pm 15 \text{ mg S}^2 \text{ L}^{-1}$) and neutral pH (7.1 ± 0.5), resulted in full NOB suppression during
282 days 35-45. This was also reflected in the microbial community composition, with an initial low relative
283 NOB abundance ($\leq 0.2\%$, Figure 3).

284 Afterwards, NOB activity could consistently be observed at an average relative nitrite consumption of
285 about 30% while nitrite accumulation was no longer observed. Consequently, these initial conditions
286 failed to maintain stable and long-term NOB suppression. Insufficient AnAOB compared to AerAOB
287 activity resulting in nitrite accumulation, potentially caused by the switch from sidestream (inoculum)

288 to mainstream (reactor) conditions, was believed to be the main cause for the occurrence of NOB
289 activity as high nitrite levels promote NOB activity (Gu et al., 2021).

290 **From Phase IIIa onwards, the good microbial activity balance was restored with low nitrite uptake by**
291 **NOB ($4 \pm 17\%$), high uptake by AnAOB ($93 \pm 20\%$) and neglectable nitrite accumulation (**
292 Table 3). This was achieved by doubling the sulphide dose to $307 \pm 15 \text{ mg S}^{2-} \text{ L}^{-1}$ (Phase IIa onwards),
293 a temporary reduction in DO levels due to technical difficulties (Phase IIb and IIc) and the addition of
294 additional reactivated long-term stored carriers in combination with fixing the aeration control (Phase
295 IIIa). Once again, a reduced relative NOB abundance was observed at the start of Phase IIIa (0.2-0.5%),
296 although it recovered to about 1% throughout the rest of Phase IIIa (Figure 3). In the final two phases,
297 the balance deteriorated after purposely removing 57% of the carriers (Phase IIIb), resulting in nitrite
298 accumulation and overall lower rates, and concluding the recurrent floc treatment (Phase IV), resulting
299 in a rapid revival of NOB activity (Figure 2 R1). This corresponded with the highest relative NOB
300 abundance detected throughout R1's operation, namely 2% at day 164.

301

302 **Figure 2. Microbial activity balance (or nitrite balance) of reactor 1 (R1, top) and 2 (R2, bottom).** The nitrite
303 production by AerAOB is visualised as well as the fate of this nitrite: consumption by AnAOB, NOB, or remains
304 residual. Alternating grey and white zones correspond to different phases. The exact conditions per phase are
305 summarised in Table 1.

306

307 **The imposed reactor conditions on R2 together with the different inoculum (RBC suspended biofilm,**
308 **DEMON[®] flocs and granules (section 2.2)) failed to achieve a good microbial activity balance with minimal**
309 **NOB contribution during most phases (I-IV). Phase I started with continuous aeration at an average DO**
310 **of $0.35 \pm 0.23 \text{ mg O}_2 \text{ L}^{-1}$ in combination with recurrent multi-stressor floc treatments with a sulphide dose**
311 **of $159 \pm 17 \text{ mg S}^{2-} \text{ L}^{-1}$ and starvation pH of 6.2 ± 0.7 . From Phase IIa onwards, the DO control was switched**
312 **to intermittent aeration. Starting from Phase IIIa, the sulphide dose in the multi-stressor treatment was**
313 **doubled to $303 \pm 9 \text{ mg S}^{2-} \text{ L}^{-1}$. And in Phase IV, the starvation pH was increased to 7.2 ± 0.5 . Nevertheless,**
314 **none of these changes could succeed in completely suppressing the NOB activity. This was also reflected in**
315 **the relative NOB abundance which remained high throughout these phases (2-6%, Figure 4). Only after**

316 exchanging all the suspended biofilm in R2 with 57% of the attached biofilm in R1 (day 138), to guarantee
317 the presence of sufficient AnAOB activity, a good microbial activity balance was achieved with AnAOB
318 consuming $76 \pm 5\%$ of the produced nitrite and NOB only $19 \pm 4\%$ (

319 Table 3, Phase V). Similar to R1, this balance was severely disturbed after the recurrent floc treatments
320 were concluded (Phase VI).

321 The contribution of denitrification (DN) and denitrification (DNit) in TN removal and thus in the nitrite
322 balance cannot be excluded since COD was added to the influent. Other IFAS studies observed that 80-
323 100% of the added COD was removed aerobically, even at low DO setpoints between 0.05 and 0.30 mg
324 $\text{O}_2 \text{L}^{-1}$ (Laureni et al., 2016; Seuntjens et al., 2020). Since the DO in this study was on average 81% of
325 the time above 0.05 mg $\text{O}_2 \text{L}^{-1}$ (88.6% for the best performing Phase R1-IIIa) and continuously fed, it
326 can be assumed that most COD was also removed aerobically. TN removal by DN is desired as it can
327 improve the overall reactor performance by removing nitrate and COD without the use of aeration
328 energy, but consequently it could influence the calculated nitrite balance, resulting in an overestimation
329 of the NOB suppression and AnAOB activity. DNit is less preferred as it competes with AnAOB
330 although it is still more resource-efficient compared to DN. Nevertheless, COD will also be present in
331 the full-scale implementation at similar or even higher influent COD/N ratios (typically ≤ 2 , Verstraete
332 and Vlaeminck (2011)), thus the obtained results were not compromised. To further boost the DN
333 potential, and thus TN removal, anoxic feeding rather than continuous could be implemented.

334

335 **Table 3. Summary of the main performance indicators:** TN removal rate (NRR) and efficiency, effluent nitrite
336 concentration, and estimated NOB activity.

337

338 **3.2. Dynamics in microbial community composition**

339 The microbial community composition of the suspended sludge (flocs and granules) was frequently
340 determined through the experiments to study any dynamics, possibly linked to the imposed control
341 tools. Results therefore solely focus on nitrogen-converting species (AerAOB, NOB, and AnAOB),

342 excluding heterotrophic bacteria. Flocs, granules, and carriers were occasionally measured separately
343 as well.

344 The dominant genera in both reactors were *Nitrosomonas* (AerAOB), *Nitrospira* (NOB), and Ca.
345 *Brocadia* (AnAOB) (Figure 3 and Figure 4). Additionally, *Nitrotoga* (NOB) was frequently observed
346 while Ca. *Anammoxoglobus* (AnAOB) occasionally got detected in low relative abundance ($\leq 0.2\%$).
347 Ca. *Kuenenia* (AnAOB) was sometimes detected in relative high abundance, especially towards the end
348 of the experiment (day 93+). Its presence was linked to the carriers: they occurred in high relative
349 abundance in the seeded carrier's biofilm (Figure S1), detected after an additional 60-day reactivation
350 in an anoxic SBR reactor (Section 2.2), seeded to R1 on day 0, and afterwards used again as
351 bioaugmentation in R1 on day 95, and finally partially transferred to R2 on day 138 from R1. Moreover,
352 Ca. *Kuenenia* was not detected in the other seeded sludges (Van Tendeloo et al., 2021a; Van Tendeloo
353 et al., 2021b).

354 **By comparing the microbial community composition of R1 and R2, it can be noted that R2 had a**
355 **consistent and considerable elevated relative NOB abundance (0.4-8% versus 0.2-2%). This is in line**
356 **with the performance data, where the lowest relative NOB activity was achieved in R1 (**

357 Table 3). Similarly, a higher relative AerAOB abundance was detected (3-9% versus 2-5%). No
358 consistent differences were observed for AnAOB.

359

360 **Figure 3. Microbial community evolution of R1.** Relative abundance of all identified NOB (red), AerAOB
361 (green) and AnAOB (blue) amplicon sequence variants in the suspended sludge (flocs + granules), expressed
362 relatively over the total community. "Days since inoculation" shows the number of days since the latest
363 inoculation (**Table 2**).

364

365 Microbial community analyses of each sludge fraction (flocs, granules, and total suspended sludge)
366 were conducted twice for each reactor (Figure S1). Carriers were also separately analysed towards the
367 end of the experiment. The relative abundance of NOB was generally higher in the granules than in the
368 flocs. This could be linked to the multi-stressor floc treatment, pressuring the NOB population in the

369 flocs. No consistent difference in species could be detected. Unexpectedly, a high relative abundance
370 of AnAOB on the flocs was detected (4-17%), which was unlikely as the short SRT_{floc} (3-17 days)
371 would prevent AnAOB growth in the floccular fraction. A possible explanation could be the
372 disintegration of granules or detachment of biofilm from the carriers. This could explain the high
373 relative AnAOB abundance in R1 after day 97 when most of the biofilm was assumed to be on carriers,
374 despite carriers not being included in the suspended sludge microbial community analyses (Figure 3).

375

376 **Figure 4. Microbial community evolution of R2.** Relative abundance of all identified NOB (red), AerAOB
377 (green) and AnAOB (blue) amplicon sequence variants in the suspended sludge (flocs + granules), expressed
378 relatively over the total community. “Days since inoculation” shows the number of days since the latest
379 inoculation (Table 2).

380

381 **3.3. Importance of the recurrent multi-stressor floc treatments**

382 **Necessity of the treatment**

383 **The application of recurrent multi-stressor floc treatments was essential for both achieving and**
384 **maintaining a well-balanced nitrogen system. This was shown by the quick deterioration in performance**
385 **after the recurrent treatment was concluded. For R1, already 6 days after the final treatment was**
386 **concluded (day 147), nitrite consumption by NOB increased at the expense of AnAOB activity (Figure 2**
387 **R1). On average, $59 \pm 35\%$ of all produced nitrite was consumed by NOB in Phase VI, compared to only**
388 **$11 \pm 9\%$ when the recurrent floc treatment was still applied in Phase IIIb (**

389 Table 3). However, the relocation of 57% of R1’s carriers to R2 might have sped up this process, as
390 insufficient potential AnAOB activity remained and consequently nitrite accumulation was observed
391 (Figure 2 R1, Phase IIIb). As previously stated, the presence of elevated nitrite concentrations can boost
392 NOB activity and was most likely responsible for this fast deterioration in performance in R1 (Section
393 3.1). For R2, a consistent elevated nitrite consumption by NOB was only observed 28 days after the
394 final treatment, with a relative consumption of 41-75% (day 167-187) compared to 15-25% in Phase V.
395 However, already 4 days after concluding the last treatment, a small increase in relative nitrite

396 consumption by NOB (15-25% to 33-41%) was observed (Figure 2 R2). This could not be linked to
397 concluding the recurrent floc treatment given the short time frame. The underlying trigger remains
398 unknown, but after 5 days low NOB activity was observed again.

399 Relative abundance of NOB fluctuated over time, although a clear increase could be observed in R2
400 from day 115 onwards, from 0.4% to 8%, mainly due to an increase of *Nitrospira* (Figure 4). This could
401 be linked to concluding the recurrent multi-stressor floc treatments at day 143, although this trend
402 already started between day 115 and 129 for an unknown reason (no changes in operation) (Figure 4).
403 The domination of *Nitrospira* could indicate that this NOB genus was the least susceptible to the
404 imposed reactor conditions and multi-stressor treatments, followed by *Nitrotoga*. This was in
405 accordance with other studies, in which the above-mentioned genera were also the most resilient
406 towards FNA stress (Duan et al., 2019a; Ma et al., 2017).

407 **Additional batch tests were performed to obtain more insights in the dynamics in AerAOB, NOB, and**
408 **AnAOB activity in both the floc and biofilm fraction (Section 2.6). By comparing the activity before (day**
409 **131) and 17 days after the final treatment was conducted (day 156), the effect of the recurrent floc treatment**
410 **could be derived (**

411 Table 4). A decrease in the floccular AerAOB/NOB activity ratio of both reactors could be observed
412 from 3.0 and 1.6 to 1.2 and 1.2 for R1 and R2, respectively. Similarly, this ratio also decreased in the
413 biofilm from 3.9 (both R1 and R2 shared the same attached biofilm before concluding the treatments)
414 to 2.5 and 2.1, respectively. This showed that concluding the recurrent multi-stressor floc treatment
415 resulted in a selective increase in NOB activity over AerAOB and AnAOB. Overall, the NOB activity
416 measured in the batch test (sum flocs and biofilm) increased with 70% and 81% for R1 and R2,
417 respectively, assuming that the initial NOB activity in the biofilm was respectively 43% and 57% of the
418 activity measured in R1 on day 132 (as 57% of R1's carriers were relocated to R2 on day 137). AnAOB
419 activity consistently decreased with respectively 47% and 31% while for AerAOB no (R1) or only a
420 22% increase could be observed (R2). The *in-situ* tested AnAOB activity was only 23% and 26% of the
421 maximum AnAOB activity (*ex-situ* batch test) for R1 and R2, respectively, while this was 62% for the
422 carriers from R1 before the recurrent treatment was concluded. This additionally highlights the

423 importance of the floc treatment to limit NOB activity and consequently reduce the competition with
424 AnAOB for nitrite.

425

426 **Table 4. Summary of the batch maximum activity test results on days 131 and 156.**

427

428 **Beneficial effects of the treatment**

429 **Next to the importance of the floc treatment on maintaining a balanced microbial system, the batch test**
430 **results also showed that excessive NOB growth on the biofilm could be avoided despite only treating**
431 **the flocs. Contrary to the expected threat of uncontrolled NOB growth in the flocs, a positive (>1)**
432 **AerAOB/NOB activity ratio could be achieved in the biofilms of both R1 and R2 (**

433 Table 4). Additionally, this ratio was similar or even slightly higher for the biofilm compared to the
434 flocs, while only the latter were treated. Consequently, the recurrent treatment of the flocs had an
435 indirect, positive effect on the biofilm. Uncontrolled NOB growth in the biofilm can thus be avoided
436 by treating solely the flocs with the multi-stressor treatment, in combination with the other applied
437 operational strategies, in contrary to the issues encountered/concerns raised in other studies (Peng et al.,
438 2020). A possible explanation could be the occurrence of sufficient AnAOB activity in the biofilm,
439 competing with NOB for nitrite and thus avoiding uncontrolled NOB growth as described in the source-
440 sink concept (Laureni et al., 2019; Seuntjens et al., 2020; Wang et al., 2021). This can be explained by
441 the difference in nitrite affinity, which is 1-2 orders higher for AnAOB compared to NOB, allowing the
442 active biofilm to serve as a sink and therefore impede the NOB activity (Lotti et al., 2014; Park and
443 Noguera, 2007).

444 No signs of adaptation were observed over the 108 and 142 days of reactor operation with recurrent
445 floc treatments for R1 and R2, respectively. Almost complete NOB suppression could still be achieved
446 through the means of these treatments, until they were concluded in the final phase of each reactor as
447 previously discussed. This was in contrary to Wang et al. (2021) who observed an increase in NOB
448 activity up to 100% of the AerAOB activity after 60 days of recurrent exposure to FA treatments, caused
449 by a shift from *Nitrospira* to *Nitrotoga* as main NOB genera.

450 **Most-effective treatment conditions**

451 **Throughout the multiple phases in both reactors, some multi-stressor treatment conditions were varied,**
452 **allowing to determine the most-effective conditions. Overall, the highest AnAOB and lowest NOB**
453 **activity were obtained in combination with a high sulphide dose ($307 \pm 15 \text{ mg S}^2 \text{ L}^{-1}$) and neutral pH**
454 **(7.1 ± 0.5) during the multi-stressor treatment (**

455 **Table 3; R1-IIIa, R2-IV, and R2-V).** The isolated effect of varying one treatment condition was however
456 difficult to observe as it often coincided with other variations such as inoculation of new sludge and
457 unforeseen changes in aeration control. Overall, the effect of concluding the multi-stressor treatment
458 was considerably more severe than these small variations in treatment conditions (Figure 2). The higher
459 effectivity of the multi-stressor treatment at doubled sulphide dose was in line with previous,
460 unpublished own research, for which a 112% increase in nitrite accumulation (thus selective
461 suppression of NOB over AerAOB) was observed compared to the same treatment with a lower sulphide
462 dose and similar reactor conditions and inoculum. The optimal starvation pH according to that study on
463 the other hand was at reduced pH (6.1 ± 0.1), yielding a 48% increase in nitrite accumulation compared
464 to neutral pH (7.2 ± 0.1) while in this research the neutral pH seemed to be the most promising. A
465 possible explanation could be the reduced AerAOB activity of -32% that was linked to the pH reduction,
466 limiting the overall performance.

467 **3.4. Importance of the other control strategies**

468 **Aeration control: continuous versus intermittent**

469 The application of intermittent aeration (4/8 min on/off aeration, DO setpoint $0.9 \text{ mg O}_2 \text{ L}^{-1}$ and $0.60 \pm$
470 $0.44 \text{ mg O}_2 \text{ L}^{-1}$ on average) yielded better results compared to continuous aeration ($0.35 \pm 0.23 \text{ mg O}_2$
471 L^{-1}) under the tested reactor conditions as shown by the transition from continuous to intermittent
472 aeration in R2 (Figure 2 R2, Phase I to IIa). An increase in AnAOB activity was observed (14 ± 11 to
473 $23 \pm 4 \text{ mg TN-N L}^{-1} \text{ d}^{-1}$) at the expense of less relative nitrite production by NOB ($77 \pm 38\%$ to $65 \pm$
474 12%) and reduced nitrite accumulation ($17 \pm 62\%$ to $0 \pm 5\%$). The AerAOB activity remained almost
475 identical (61 ± 29 and $62 \pm 9 \text{ mg NO}_2\text{-N L}^{-1} \text{ d}^{-1}$). This observation was in line with Miao et al. (2016)

476 for whom NOB suppression was only achieved after switching from continuous ($0.17 \pm 0.08 \text{ mg O}_2 \text{ L}^{-1}$)
477 ¹) to intermittent aeration (7/21 min on/off at $0.5 \text{ mg O}_2 \text{ L}^{-1}$).

478 **The reduced airflow rate for R1 in Phases IIb and especially IIc compared to Ia-IIa resulted in a**
479 **decreased average DO concentration of respectively 0.60 ± 0.32 , 0.20 ± 0.24 and $0.72 \pm 0.42 \text{ mg O}_2 \text{ L}^{-1}$**
480 **¹ at a similar intermittent aeration pattern (**

481 Table 3). With all other operational conditions constant, except for the inoculation of DEMON[®] flocs
482 on day 82 (Phase IIc), a clear reduction in AerAOB activity could be observed from 55 ± 13 to 29 ± 7
483 and $28 \pm 15 \text{ mg NO}_2^- \text{-N L}^{-1} \text{ d}^{-1}$ for Phase IIa, IIb and IIc, respectively. Moreover, the TN removal rate
484 decreased, although the relative nitrite consumption by AnAOB remained similar or even increased (58
485 $\pm 14\%$, $54 \pm 16\%$ and $68 \pm 32\%$). In contrast, the relative nitrite consumption by NOB considerably
486 decreased from $45 \pm 17\%$ (Phase IIa) to $33 \pm 15\%$ (IIb) and $10 \pm 21\%$ (IIc), resulting in relatively more
487 nitrite accumulation (up to $22 \pm 13\%$). This could not be completely linked to the inoculation of
488 additional flocs, as they were only added at the start of Phase IIc and thus cannot explain the increase
489 in Phase IIb. The reduced average DO concentration thus resulted in overall lower aerobic rates, boosted
490 AnAOB activity and resulted in a relative reduction in NOB activity and nitrite accumulation. The full-
491 scale application of these reduced DO setpoints would however not be feasible as it would result in
492 too low conversion rates, making it a space-intensive technology. The originally targeted DO setpoint
493 was therefore restored from Phase IIIa onwards, despite potentially being slightly less effective.
494 Restoring these settings resulted in a further decrease in NOB activity (to $4 \pm 17\%$ in Phase IIIa), in
495 combination with the addition of extra DEMON[®] flocs and reactivated long-term stored carriers to
496 supply more potential AnAOB activity which successfully consumed all residual nitrite.

497 **Biofilm growth mode: attached or suspended**

498 One of the main differences between R1 and R2 was the biofilm type that was used as inoculum, being
499 mainly attached (carriers) for R1 and suspended (granules) for R2. The occurrence of granules in R1
500 during the first 61 days can be neglected since: i) their biomass concentration was always limited ($<$
501 $0.09 \text{ g VSS L}^{-1}$ and $< 19\%$ of the full suspended VSS, Table S2), ii) no additional granular sludge was
502 added over time (solely flocs), and iii) even after the granular biomass concentration dropped below

503 0.02 g VSS L⁻¹ or 4% of the total suspended solids, no differences in performance could be observed
504 (Figure 2 R1). For R2, no biofilm growth was observed on the empty carriers during the 113 days they
505 were present in the reactor, thus AnAOB were only present in suspended biofilm.

506 **Attached biofilm appeared to be the most optimal growth mode under the tested conditions as it**
507 **achieved the best microbial activity balance (R1-IIIa,**

508 **Table 3). This could also be derived from the batch test results, with a AerAOB/NOB and AnAOB/NOB**
509 **activity ratio of 3.9 and 3.0, respectively, for the attached growth in R1 and only 1.7 and 0.3, respectively,**
510 **for the suspended growth in R2 (**

511 Table 4). Replacing the granules in R2 with 57% of R1's carriers considerably improved its
512 performance, reaching a relative nitrite consumption by NOB similarly to R1 ($19 \pm 4\%$ and $4 \pm 17\%$).

513 A potential explanation for the supremacy of attached growth could be that the carriers are retained in
514 the reactor vessel (HRT = 3.5 - 5.7 h) and do not cycle through the settler (HRT = 0.8 - 1.2) unlike the
515 granules. The anoxic conditions in the settler create additional stress, possibly resulting in the
516 disintegration of granular sludge due to the anoxic starvation (Yamamoto et al., 2011), and limits the
517 growth potential. Other studies also showed that carriers might be advantaged over granules growth as
518 it is easier to retain biofilm on carriers compared to granules (O'Shaughnessy, 2016). Carriers do not
519 have these disadvantages, which could potentially explain the higher AnAOB activity retention on the
520 carriers. Additionally, the use of carriers in a full-scale application would improve the robustness as
521 they are easier to retain in the system.

522 **The presence of sufficient AnAOB activity in general, regardless of the growth mode, was additionally**
523 **essential in achieving and maintaining a good microbial activity balance. For R1, the addition of**
524 **reactivated long-term stored carriers with high AnAOB activity (Section 2.2) at the start of Phase IIIa, in**
525 **combination with the applied control strategies, improved the microbial activity balance. Wang et al. (2021)**
526 **made a similar observation for which the addition of AnAOB activity improved the selective NOB**
527 **suppression. This was linked to the source-sink concept and limiting nitrite availability to avoid NOB**
528 **activity, as explained in Section 3.1. Moreover, after 57% of the carriers, and thus AnAOB activity, was**
529 **removed in Phase IIIb, nitrite accumulation was observed which boosted NOB growth and resulted in a**

530 **faster deterioration of the microbial activity balance compared to R2, where almost no nitrite accumulated**
531 **(Figure 2;**
532 **Table 3).**

533 **Bioaugmentation**

534 The occasional addition of PN/A sludge (Table 2) also influenced the reactor performance and can
535 therefore be seen as a control tool. Sidestream PN/A sludge was added to the reactors if either the
536 AnAOB activity was too low (adding granules, mainly to R2) or if the conversion rates or floccular
537 VSS concentration was too low (adding flocs, to both R1 and R2). These bioaugmentations most likely
538 helped to achieve the good microbial activity balance (R1 Phase IIIa and R2 Phase V) but were not
539 sufficient on themselves to maintain this. Firstly, inoculations typically have an immediate but short-
540 lasting effect and are mainly beneficial if the operational conditions favour PN/A. Bioaugmentations
541 are therefore often successful for start-up (Bartroli et al., 2011; Zhang et al., 2012) but not necessary as
542 process control (Kamp et al., 2019; Mannucci et al., 2015). Secondly, no more sidestream PN/A flocs
543 were added to R1 after day 95 and yet the microbial balance was maintained for 95 days until the
544 experiment was concluded (about 10 times SRT_{floc}). Finally, it was clearly shown in the final phase of
545 each reactor that the multi-stressor treatments were essential to avoid NOB to dominate the community
546 while this was not the case for the bioaugmentation. For future applications, bioaugmentation is
547 therefore not proposed as a control strategy but was rather used in these lab experiments to overcome
548 process hiccups like unwanted AnAOB activity loss due to suboptimal process conditions.

549

550 **3.5. Application potential**

551 **Due to the combination of all the applied operational strategies (intermittent aeration, hybrid sludge**
552 **growth, residual ammonia, and short SRT_{floc} control) but especially due to the application of the**
553 **recurrent multi-stressor floc treatment, a well-balanced lab-scale PN/A system was established at**
554 **mainstream conditions with low nitrite consumption by unwanted NOB. The best-performing phase**

555 was R1-IIIa in which an average volumetric TN removal rate of $71 \pm 21 \text{ mg N L}^{-1} \text{ d}^{-1}$ was achieved with
556 NOB activity equal to only $4 \pm 17\%$ of the AerAOB activity (

557 Table 3). This obtained rate is similar to what is currently achieved in a full-scale sewage treatment
558 plant ($100 \text{ mg N L}^{-1} \text{ d}^{-1}$, Tchobanoglous et al. (2013)), although the latter includes other processes such
559 as organic matter and phosphorus removal. However, the TN removal efficiency ($39 \pm 9\%$), and
560 consequently the effluent quality, was insufficient to be applicable full-scale. The main reason was an
561 elevated effluent ammonium concentration ($25 \pm 6 \text{ mg N L}^{-1}$), limiting the TN removal efficiency to the
562 ammonium conversion efficiency of $50 \pm 10\%$. This was due to the relatively low suspended biomass
563 levels of on average $0.3 \pm 0.1 \text{ g VSS L}^{-1}$ in that phase. In a future application, higher biomass levels
564 should be applied to achieve higher conversion rates and consequently avoid overloading of the system.
565 This however affects the floccular SRT, possibly affecting the NOB suppression efficiency and should
566 thus be tested out first under experimental settings. Additionally, further optimisation of the technology
567 could be considered, preferably on pilot scale, like the SRT_{floc} control and aeration settings (minor
568 changes) to boost the rates without compromising the NOB suppression. In a full-scale application,
569 ammonium-sensors would be linked to the aeration control to guarantee desired ammonium levels, with
570 gradually lowered setpoints towards the final basins to avoid high ammonium concentration in the final
571 effluent. Additionally, continuous aeration could be applied at the final basin to oxidise any remaining
572 ammonium into nitrate to improve the effluent environmental quality. Finally, post-treatment
573 technologies like post-denitrification with methanol dosing could be considered to reach (future) strict
574 discharge limits (e.g., 3 mg TN L^{-1}), similar to conventional treatment plants, or reducing the overall
575 volumetric TN loading rate.

576 The recurrent multi-stressor floc treatment would be applied continuously in a full-scale application.
577 Floccs from the return-sludge line, separated from the biofilm by, for example, a sieve or hydro cyclone
578 and concentrated in the secondary settler, would be continuously subjected to the multi-stressor
579 treatment. The application of a belt press could be considered to further concentrate the return-sludge
580 and consequently reduce the total costs (Peng et al., 2020). Sulphide should be added from an external
581 source but is globally available in large quantities as it is a recovered resource from fossil fuel

582 purification. The acid and base for respectively the pH correction after the sulphide dose and the FA
583 shock should also be provided externally. The FA shock on the other hand can be generated *in situ*,
584 utilising the ammonium-rich reject water after anaerobic digestion of the sludge, which was calculated
585 to be sufficient at similar conditions by Peng et al. (2020). Other manipulations such as sparging with
586 N₂ gas are redundant for the full-scale application since return sludge is treated, originating from a
587 settler and thus already be deprived of oxygen. The other control strategies can easily be implemented
588 as they are currently already applied in STP, in either the main or side stream. The treatment's stress is
589 lifted by reintroducing the sludge into the main stream due to dilution effects, reduces pH (less FA
590 speciation), and presence of oxygen (converting sulphide into harmless sulphate) and other substrate
591 (lifting the starvation). A flash aeration basin at the end of the treatment line could be foreseen to avoid
592 the introduction of any sulphide into the main stream.

593 The subsequent steps in the development of the multi-stressor treatment and achieving mainstream
594 PN/A in general would be to first further fine-tune the control strategies as mentioned before. Secondly,
595 validation with real pre-treatment sewage including fluctuations in both influent concentration and load
596 should be tested to increase the technology readiness level, as well as verifying the effectivity of the
597 control tool at lower temperatures (<20°C). Additionally, a life cycle and economic assessment should
598 be carried out to determine whether the proposal is sustainable and economically viable.

599

600 **4. Conclusions**

601 A good microbial activity balance with high AnAOB ($71 \pm 21 \text{ mg N L}^{-1} \text{ d}^{-1}$) and low NOB activity (4
602 $\pm 17\%$ of AerAOB) could be achieved under mainstream conditions by combining multiple operational
603 strategies: recurrent multi-stressor floc treatments ($307 \pm 15 \text{ mg S}^{2-} \text{ L}^{-1}$ spiked 2-day starvation at pH
604 7.1 ± 0.5 , followed by a 1-hour $34 \pm 2 \text{ mg FA-N L}^{-1}$ shock), hybrid sludge (flocs and attached biofilm),
605 short SRT_{floc} control (8.5 days), intermittent aeration (4/8 min on/off at DO setpoint $0.9 \text{ mg O}_2 \text{ L}^{-1}$), and
606 residual ammonium control ($\geq 5 \text{ mg N L}^{-1}$). The multi-stressor floc treatment was the most important
607 control tool and should be continuously applied to maintain a good microbial activity balance. No signs
608 of NOB adaptation were observed, and uncontrolled NOB growth on the biofilm could successfully be
609 avoided by solely treating the flocs to safeguard the AnAOB activity. The presence of sufficient
610 AnAOB activity to limit residual nitrite levels was hereby also essential to avoid NOB activity.

611

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615

616 **6. Author contributions**

617 M. Van Tendeloo: Conceptualization, Methodology, Investigation, Visualization, Writing – original
618 draft, Funding acquisition. M. C. Baptista: Conceptualization, Methodology, Investigation,
619 Visualization. T. Van Winckel: Conceptualization, Methodology, Writing – review & editing. Siegfried
620 E. Vlaeminck: Conceptualization, Writing – review & editing, Methodology, Visualization,
621 Supervision, Project administration, Funding acquisition.

622

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