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Frequency-following responses in sensorineural hearing loss : a systematic review

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1 Frequency-Following Responses in Sensorineural Hearing Loss: A  
2 Systematic Review

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## 33 Abstract

### 34 Purpose

35 This systematic review aims to assess the impact of sensorineural hearing loss (SNHL) on various  
36 frequency-following response (FFR) parameters.

37

### 38 Methods

39 Following PRISMA guidelines, a systematic review was conducted using PubMed, Web of Science,  
40 and Scopus databases up to January 2023. Studies evaluating FFRs in patients with SNHL and normal  
41 hearing controls were included.

42

### 43 Results

44 Sixteen case-control studies were included, revealing variability in acquisition parameters. In the time  
45 domain, patients with SNHL exhibited prolonged latencies. The specific waves that were prolonged  
46 differed across studies. There was no consensus regarding wave amplitude in the time domain. In the  
47 frequency domain, focusing on studies that elicited FFRs with stimuli of 170 ms or longer,  
48 participants with SNHL displayed a significantly smaller fundamental frequency ( $F_0$ ). Results regarding  
49 changes in the temporal fine structure (TFS) were inconsistent.

50

### 51 Conclusion

52 Patients with SNHL may require more time for processing (speech) stimuli, reflected in prolonged  
53 latencies. However, the exact timing of this delay remains unclear. Additionally, when presenting  
54 longer stimuli ( $\geq 170$  ms), patients with SNHL show difficulties tracking the  $F_0$  of (speech) stimuli. No

55 definite conclusions could be drawn on changes in wave amplitude in the time domain and the TFS in  
56 the frequency domain. Patient characteristics, acquisition parameters, and FFR outcome parameters  
57 differed greatly across studies. Future studies should be performed in larger and carefully matched  
58 subject groups, using longer stimuli presented at the same intensity in dB HL for both groups, or at a  
59 carefully determined maximum comfortable loudness level.

60

61

62 **Keywords:** Frequency following response, fundamental frequency, sensorineural hearing loss,  
63 systematic review

## 64 1. Introduction

65 The Frequency-Following Response, or FFR, is a scalp-recorded electrophysiological response to a  
66 complex sound [1, 2]. It is distinguished from other auditory evoked potentials because it mimics the  
67 temporal and spectral features of the eliciting auditory stimulus with notable similarity [3, 4] (see  
68 Figure 1a and 1b). The FFR arises from multiple generator sources, but is believed to be generated  
69 mainly in the auditory midbrain, which is a hub of afferent and efferent activity [2, 5-10].

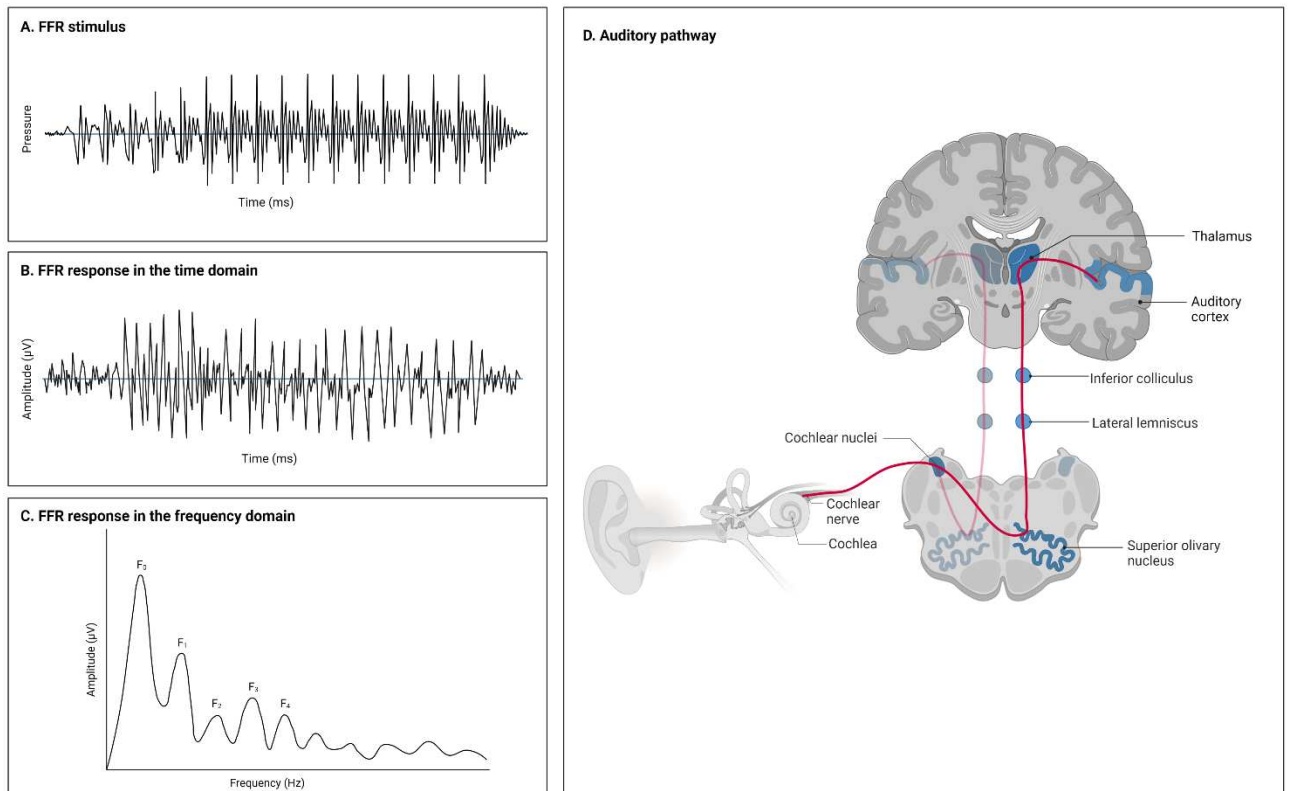
70 These features enable the FFR to be used to examine (speech) sound processing at the subcortical  
71 level, while also being influenced by processing on cortical level [2, 10]. The FFR is thus influenced by  
72 the entire auditory pathway. This pathway is illustrated in figure 1d. This differentiates the FFR from  
73 the classical click-elicited Auditory Brainstem Response (ABR), which provides information about the  
74 integrity of neural transmission through the auditory nerve up to the inferior colliculus [11]. The FFR  
75 helps us understand how complex acoustic information is encoded in the auditory system, how it  
76 integrates with other senses, and how both of these processes are influenced by experience [12-14].

77 The FFR can be characterized in a number of ways, each of which provides distinctive information  
78 about sound processing. One way to interpret FFR responses is by examining the timing of response  
79 peaks in the time domain waveform (see Figure 1b). In the time domain, latencies of response peaks  
80 can be quantified, as well as evaluations of relative timing of peaks within a response or of peaks  
81 between two responses (e.g., to the same stimulus presented in quiet and in background noise).

82 Additionally, the phase of individual frequencies within the response can be investigated [1]. For  
83 instance, the 40 ms stimulus /da/ evokes seven characteristic response peaks that have been named  
84 V, A, C, D, E, F, and O. Waves V, A, C, and O represent the transient component of the response, with  
85 V, A, and likely C referred to as the onset component. In contrast, wave O is recognized as the offset  
86 component. The sustained component is represented by peaks, D, E, and F [15].

87 In addition to latency measures obtained in the time domain, it is possible to represent the  
88 waveform in the frequency domain, by applying a fast Fourier transformation (see Figure 1c). By this

89 transformation, the encoding strength of individual frequencies in the FFR can be examined [1, 16,  
90 17]. This allows us to study the neural encoding of the temporal envelope and the temporal fine  
91 structure (TFS) of the stimulus, which are two acoustic features critical for pitch and speech  
92 perception [16, 18]. The temporal envelope is reflected in the fundamental frequency ( $F_0$ ), which is  
93 defined as the lowest frequency of a periodic waveform, and corresponds to the periodicity of the  
94 sound, or repetition rate of the sound envelope.  $F_0$  is investigated most effectively when averaging of  
95 the alternating stimulus polarities is performed. The harmonics ( $H_1, H_2, H_3$ , etc.) are whole-number  
96 multiples of the fundamental frequency [1, 16, 18]. Typically, all harmonics present in the stimulus  
97 are captured in the FFR, at least up to 1.2-1.3 kHz. In a speech stimulus, certain spectral components,  
98 called formants ( $F_1, F_2, F_3$ , etc.), are of particular importance because they bring the distinctive  
99 acoustic feature of the different phonemes, and are independent of the  $F_0$  of the speech sounds [1,  
100 6]. Subtracting the alternating stimulus polarities enhances spectral components of the FFR and  
101 eliminates the FFR envelope, enabling a more effective investigation of the TFS [16].



102

103 **Fig. 1** (a) Waveform of a typical speech stimulus used to obtain the FFR: a 170 ms /da/ stimulus. (b)  
104 FFR response in the time domain. The FFR reflects temporal and spectral features of the eliciting  
105 stimulus. (c) By applying a Fast-Fourier transform, the FFR response can be interpreted in the  
106 frequency domain. (d) Schematic representation of the auditory pathway. The FFR is generated  
107 mainly in the auditory midbrain, but receives contributions by the entire auditory pathway. Created  
108 with BioRender.com

109

110 It has been demonstrated that the FFR is affected by various phenomena related to auditory  
111 perception and to higher-level language and music processing [19], including pitch discrimination  
112 [20], language experience and bilingualism [21-23], and musical training [24-27]. Moreover, several  
113 clinical conditions such as dyslexia [28, 29], mild cognitive impairment [30], and autism [31, 32] have  
114 been shown to affect the FFR. In addition, it has been suggested that the FFR has potential in the  
115 evaluation of cochlear synaptopathy [33, 34] and auditory neuropathy [35].

116 To date, it remains unclear whether FFRs are also influenced by SNHL. Therefore, the aim of the  
117 current systematic review is to assess whether SNHL affects FFRs. A secondary aim is to characterize  
118 the optimal parameters to study the FFR in patients with SNHL.

119

120

121

## 122 2. Materials and methods

### 123 2.1. Protocol registration

124 The protocol of this study has been registered at the PROSPERO international prospective register of  
125 systematic reviews (ID: CRD42022366281) at <https://www.crd.york.ac.uk/PROSPERO/>. During the

126 design and writing of this study, the Preferred Reporting Items for Systematic Reviews and Meta-  
127 analyses Protocols (PRISMA-P) statement [36, 37] was used as a guideline.

128

## 129 2.2. Eligibility criteria

130 Studies comparing FFRs in patients with SNHL with a normal hearing control group were included.  
131 Hearing loss could be unilateral or bilateral, and of any severity. Patients with co-occurrence of  
132 significant neurological disease were excluded. Studies investigating FFRs in patients using cochlear  
133 implants (CIs) were also excluded. There were no restrictions implemented on age of the patients.  
134 The included outcomes were all FFR parameters, both in the time and frequency domains. Regarding  
135 study design, we excluded reviews, systematic reviews, and meta-analyses.

136

## 137 2.3. Search strategy

138 The search strategy was based on the domain-determinant-outcome model [38]. In this model, the  
139 domain was defined as patients with SNHL. FFR parameters were the determinants, and the outcome  
140 was described as the occurrence of alterations in FFR parameters in patients with hearing loss  
141 compared to controls.

142 The databases that were searched in the scope of this systematic review are PubMed, Web of  
143 Science, and Scopus. Search strings were adapted for each of these databases. The reference list of  
144 potential sources was screened for additional articles. The search strategy included terms relating to  
145 SNHL and FFRs. There were no restrictions on date of publication or language. The date of the last  
146 search was October 17<sup>th</sup> 2023. The search strategies for each of the databases are presented in the  
147 Supplementary Information, section A.

148



149        2.4. Study selection

150 Titles and abstracts of the articles retrieved by database searches were screened by two independent  
151 authors (LJ and LB). Articles that were included based on the title and abstract and met the eligibility  
152 criteria were subsequently subjected to a full-text screening by the same two independent authors.  
153 In case of disagreement, this was resolved by a consensus meeting between the two reviewers. If a  
154 consensus could not be reached, an extra reviewer (ML) was consulted.

155

156        2.5. Data extraction

157 A standardized form was used for data extraction. The following data were extracted by the two  
158 reviewers (LJ and LB): author, year of publication, study design, characteristics of the study  
159 population (number, sex, age, hearing level), inclusion and exclusion criteria, study  
160 protocol/methodology, outcome measures, and results (values of FFR parameters and standard  
161 deviations when available).

162 Additionally, data regarding acquisition parameters were extracted. This includes the used  
163 equipment, stimulus, stimulus duration, number of sweeps, intensity, polarity, presentation rate,  
164 window, stimulated ear, and examination conditions.

165 Because of compelling heterogeneity in both the study population as well as in the acquisition  
166 parameters, conducting a meta-analysis was not considered feasible.

167 In the results section, results of studies that used shorter stimuli of around 40 ms and studies that  
168 used longer stimuli of at least 170 ms will also be discussed separately. The reasoning behind this is  
169 that longer stimuli allow for better phase locking than shorter stimuli [15, 39], so stimulus duration  
170 might affect the results of individual studies.

171

## 172        2.6.    Quality assessment

173    Quality assessment was performed using the Newcastle-Ottawa quality assessment scale (NOS) for  
174    case-control studies [40]. The NOS uses a star rating system to evaluate the quality in three  
175    categories: selection, comparability, and exposure or outcome. Each criterion met is rewarded with a  
176    star, with a maximum of nine stars attainable. The awarding of a star signifies that the criterion has a  
177    low risk of bias. No definitive cut-off values exist for the NOS, therefore the values described in  
178    McPheeters et al. [41] were employed. A score of 7 or higher was defined as good, a score between 5  
179    and 7 as moderate and scores lower than 5 as poor. Two independent reviewers (LJ and LB)  
180    conducted the risk of bias assessment, and discrepancies were resolved through discussion.

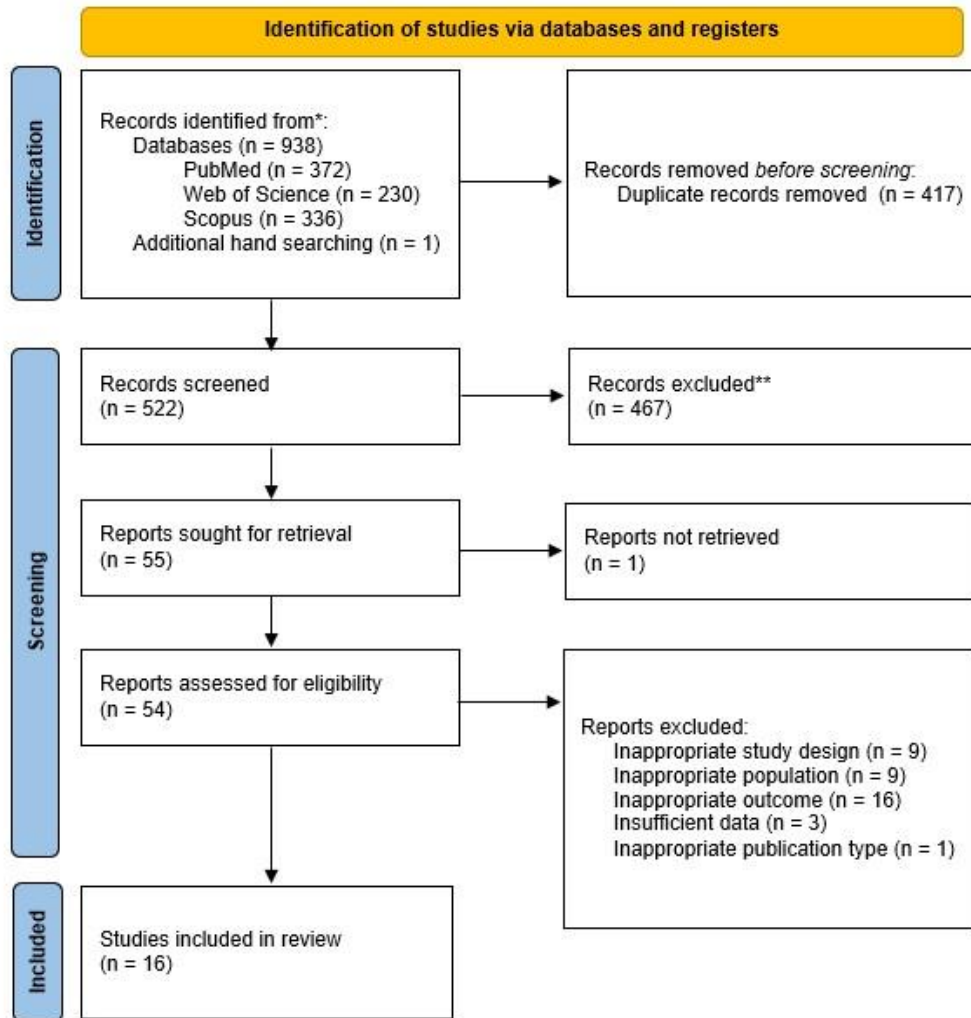
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182

## 183        3. Results

### 184        3.1.    Study selection

185    A total of 938 articles were retrieved from the search databases, one paper was retrieved by  
186    additional hand searching. After the removal of 417 duplicates, the articles were subjected to title  
187    and abstract screening. In this phase, 467 articles were excluded. After full-text screening, 16 papers  
188    were included in this systematic review. A detailed overview of the study selection process can be  
189    found in the PRISMA flowchart in Figure 2.



\*Consider, if feasible to do so, reporting the number of records identified from each database or register searched (rather than the total number across all databases/registers).

\*\*If automation tools were used, indicate how many records were excluded by a human and how many were excluded by automation tools.

190

191

192 **Fig. 2** PRISMA flowchart of the study selection procedure [37].

193

### 194 3.2. Study characteristics

195 Sixteen case-control studies comparing FFRs between patients with hearing loss and controls were

196 included (see Tables 1 and 2), of which one had a longitudinal design. The average number of

197 patients with hearing loss enrolled in these studies was 18, ranging from 6 to 40. On average, 19

198 control participants, ranging from 6 to 45, were included. The mean age of patients with hearing loss  
199 was 38.5 years, ranging from 4 to 86 years, and the mean age for controls was 30.5 years, ranging  
200 from 4 to 78 years. The proportion of male patients in the hearing loss group was, on average, 54.5%  
201 (ranging from 26.7 to 71.4%). In control groups, the proportion of male participants was 39.9%  
202 (ranging from 10 to 60%).

203 The investigated FFR parameters varied across papers. In the time domain, five studies investigated  
204 changes in peak latency and amplitude [42-46]. In the frequency domain,  $F_0$  changes were studied by  
205 six papers, this being the most investigated FFR parameter [22, 42, 47-50]. Of these studies, four also  
206 investigated the TFS [22, 47-49]. Two studies focused on signal-to-noise ratio (SNR) [51, 52], and four  
207 papers studied the stimulus-to-response cross-correlation, which was defined as the calculated  
208 correlation between the stimulus and neural response [48, 52-54].

209 For each individual study, a summary of the characteristics of the hearing loss group and control  
210 group, and relevant results are presented in the Supplementary Information, section B.

211

### 212 3.3. Quality assessment

213 The studies that met the inclusion criteria were subjected to a quality assessment. According to the  
214 predetermined cutoff scores, eleven studies received a good quality rating. Four studies were rated  
215 as moderate quality, and one study was rated with as poor quality according to the Newcastle-  
216 Ottawa quality assessment scale (NOS) for case-control studies [40]. An overview of the quality  
217 assessment is presented in Table 1. Additional information on the different items that were scored  
218 can be found in the Supplementary Information, section C. It is noteworthy that the non-response  
219 rate was not described in any of the included studies, which was scored in the eighth criterion of the  
220 NOS. Therefore, none of the included studies received a star for this specific criterion.

221

Reference	Selection				Comparability	Exposure			Total NOS	Quality rating
	1	2	3	4	5	6	7	8		
Abd El-Ghaffar et al., 2018 [55]	★		★	★	★★	★	★		7	Good
Akhoun et al., 2008 [51]	★			★		★	★		4	Poor
Ananthakrishnan et al., 2016 [47]	★	★	★	★	★	★	★		7	Good
Anderson et al., 2013 [22]	★	★	★	★	★★	★	★		8	Good
Fu et al., 2019 [54]	★	★	★	★	★★	★	★		8	Good
Hao et al., 2018 [48]	★	★		★	★★	★	★		7	Good
Jalaeia and Zakariab, 2019 [44]	★	★	★	★	★	★	★		7	Good
Ji et al., 2023 [45]	★	★	★	★	★★	★	★		8	Good
Koravand et al., 2017 [42]	★	★	★	★	★★	★	★		8	Good
Leite et al., 2018 [46]	★			★	★	★	★		5	Moderate
Molis et al., 2023 [52]	★			★	★★	★	★		6	Moderate
Nada et al., 2016 [43]	★	★	★	★	★	★	★		7	Good
Plyler et al., 2001 [56]	★			★	★	★	★		5	Moderate
Presacco et al., 2019 [53]	★	★	★	★	★	★	★		7	Good
Roque et al., 2019 [49]	★	★	★	★	★	★	★		7	Good
Seol et al., 2020 [50]	★	★	★	★		★	★		6	Moderate

222

223 *Table 1. Quality assessment, performed using the Newcastle-Ottawa quality assessment scale (NOS)*

224 *for case-control studies. The NOS uses a star rating system to evaluate the quality in three categories.*

225 *A study can be awarded a maximum of one star for each numbered item within the selection and*

226 *exposure categories. A maximum of two stars can be given for comparability. The following eight*

227 *items (described in detail in the Supplementary Information, section C) were assessed: 1. Case*

228 definition 2. Representativeness of cases 3. Controls selection 4. Definition of controls 5.  
 229 Comparability of cases and controls 6. Ascertainment of exposure 7. Ascertainment for cases and  
 230 controls 8. Non-response rate.

231

### 232 3.4. Synthesis of results

#### 233 3.4.1. Overall results

234 An overview of the results of the most commonly reported FFR parameters are visually displayed in  
 235 Table 2. In the following paragraphs, we will discuss the results for each FFR parameter individually.

Reference	Time domain		Frequency domain			
	Latencies	Amplitudes	F <sub>0</sub>	TFS	SNR	S-R correlation
Akhoun et al., 2008 [51]					↓	
Ananthakrishnan et al., 2016 [47]			↓	↓		
Anderson et al., 2013 [22]			↑	=		
Fu et al., 2019 [54]						↓
Hao et al., 2018 [48]			↓	=		↓
Jalaeia and Zakariab, 2019 [44]	↑ (waves V, A, and C)	↓ (wave A)				
Ji et al., 2023 [45]	↑ (waves A, C, E, and O)	↓ (wave A)				
Koravand et al., 2017 [42]	↑ (waves D and E)	↑ (wave O)	↑ (RMS of F <sub>0</sub> )			
Leite et al., 2018 [46]	↓ (wave V at M9) ↑ (wave O at M3 and M9)	↓ (V-A amplitude at M0 and M3, not at M9)				
Molis et al., 2023 [52]					↓ (OHI vs YNH) = (OHI vs ONH)	↓ (OHI vs YNH) = (OHI vs ONH)

<b>Nada et al., 2016 [43]</b>	↑ (wave V for /da/ and /ba/, wave A and C in left ear for /da/; wave A and F for left ear for /ba/)	=				
<b>Presacco et al., 2019 [53]</b>		↓ (OHI vs YNH) = (OHI vs ONH)				↓ (OHI vs YNH) = (OHI vs ONH)
<b>Roque et al., 2019 [49]</b>			= (OHI vs ONH vs YNH)	↓ (OHI vs YNH) = (OHI vs ONH)		
<b>Seol et al., 2020 [50]</b>			↓			
↑	Significantly ( $p < 0.05$ ) larger, or longer latency, in SNHL					
=	No difference between SNHL and normal hearing controls ( $p \geq 0.05$ )					
↓	Significantly ( $p < 0.05$ ) smaller, or shorter latency, in SNHL					
	This FFR component was not reported in this study					

236

237 *Table 2. Visual representation of the results of the most commonly reported FFR parameters across*  
238 *the different included studies. Several FFR parameters that were reported by a small number of the*  
239 *included studies only were not included in this table.*

240 *Abbreviations: OHI = older hearing-impaired group, ONH = older normal hearing group, YNH =*  
241 *younger normal hearing group, M0 = initial evaluation, M3 = 3 months after initial evaluation for the*  
242 *control group and after hearing aids adaptation for the SNHL group, M9 = 9 months after initial*  
243 *evaluation for the control group and after hearing aids adaptation for the SNHL group.*

244

### 245 3.4.2. Time domain

#### 246 Latencies

247 All five studies that investigated latency changes in the time domain reported prolonged latencies of  
248 at least one of the response peaks in patients with SNHL [42-46]. Jalaeia and Zakariab [44] found  
249 significantly prolonged latencies of the waves V, A, and C ( $p < 0.001$ ,  $p < 0.001$ , and  $p = 0.001$ ,  
250 respectively). Ji et al. [45] reported prolonged latencies of waves A, C, E, and O ( $p = 0.007$ ,  $p = 0.042$ ,

251 p = 0.037, and  $p < 0.001$ , respectively). On the other hand, the prolonged latencies in children with  
252 SNHL described by Koravand et al. [42] were waves D ( $p = 0.04$ ) and E ( $p = 0.05$ ). Nada et al. [43]  
253 reported a prolonged wave V in response to both /da/ and /ba/ stimuli (/da/ stimulus: right ear  $p =$   
254  $0.031$ , left ear  $p = 0.022$ ; /ba/ stimulus: right ear  $p = 0.041$ , left ear  $p = 0.012$ ), as well as for waves A  
255 ( $p = 0.014$ ) and C ( $p = 0.043$ ) in the left ear only in response to a /da/ stimulus and for waves A ( $p =$   
256  $0.005$ ) and F ( $p = 0.045$ ) in the left ear only in response to a /ba/ stimulus. An exception can be found  
257 in the study by Leite et al. [46], where they observed a shorter latency of wave V nine months after  
258 hearing aid fitting in the SNHL group compared to the control group at nine months after the initial  
259 evaluation ( $p = 0.007$ ). Additionally, they noted a prolonged latency in wave O for the SNHL group at  
260 both the 3-month and 9-month follow-up points ( $p = 0.007$  and  $p = 0.004$ , respectively).

261 It must be noted that Koravand et al. [42], Jalaieia and Zakariab [44], Ji et al. [45], and Leite et al. [46]  
262 all elicited FFRs using a 40 ms /da/ stimulus, while Nada et al. [43] used a longer /da/ stimulus with a  
263 duration of 206 ms, as well as a 114 ms /ba/ stimulus.

264

## 265 Amplitudes

266 Regarding amplitude changes in participants with SNHL, there were three studies reporting  
267 significantly decreased amplitudes in the time domain in patients with SNHL [44-46]. More  
268 specifically, the significantly decreased peak was wave A in both Jalaieia and Zakariab ( $p < 0.001$ ) [44],  
269 and in Ji et al. ( $p < 0.001$ ) [45]. Leite et al. [46] reported a significantly smaller V-A amplitude at M0  
270 (initial evaluation) ( $p = 0.04$ ) and M3 (3 months after initial evaluation for the control group and after  
271 hearing aids adaptation for the SNHL group) ( $p = 0.02$ ), but not at M9 (9 months after after initial  
272 evaluation for the control group and after hearing aids adaptation for the SNHL group) ( $p = 0.080$ ).  
273 On the contrary, Koravand et al. [42] reported a significantly larger amplitude of wave O in children  
274 with SNHL ( $p = 0.01$ ). There were no significant differences in the other waves. Nada et al. [43]  
275 reported no significant difference in any of the waves elicited by both the /da/ and /ba/ stimulus.



276 Presacco et al. [53] reported significantly smaller amplitudes in both the transition region and the  
277 steady-state region in the older adults with SNHL compared to the younger adults with normal  
278 hearing ( $p = 0.001$  for both the transition and steady-state region), as well as in the older normal  
279 hearing group compared to the younger normal hearing adults ( $p = 0.048$  for the transition region,  $p =$   
280  $0.014$  for the steady-state region). However, no significant differences were found between the  
281 older adults with SNHL and the older normal hearing adults ( $p = 0.099$  for the transition region,  $p =$   
282  $0.426$  for the steady-state region).

283

284

### 285 3.4.3. Frequency domain

#### 286 Fundamental frequency ( $F_0$ )

287 The most frequently analyzed FFR parameter was the  $F_0$ , being investigated in six studies [22, 42, 47-  
288 50]. The reported results were inconsistent across these studies. More specifically, three studies  
289 reported a significantly smaller  $F_0$  in participants with SNHL [47, 48, 50]. Conversely, Anderson et al.  
290 [22] reported a significantly larger  $F_0$  in noise ( $p = 0.022$ ), but not in quiet ( $p = 0.304$ ) for their first  
291 condition, in which the unamplified /da/ stimulus was presented to both normal hearing participants  
292 and participants with SNHL. For their second condition, in which the unamplified /da/ stimulus was  
293 presented to the normal hearing group and an individually amplified /da/ stimulus based on their  
294 hearing loss was presented to the SNHL group, the  $F_0$  was significantly larger in quiet and in noise in  
295 the SNHL group than in normal hearing controls. Similarly, Koravand et al. [42] reported a  
296 significantly larger RMS of  $F_0$  in children with bilateral SNHL ( $p = 0.03$ ) compared to children with  
297 normal hearing. Roque et al. [49] reported no significant differences between the three subject  
298 groups (older adults with SNHL, young normal hearing adults, and older normal hearing adults) in  
299 phase locking factor (PLF) to the temporal envelope ( $p = 0.65$ ). The PLF is a measure for phase  
300 coherence for a specific frequency range at each individual point in time during a response.

301

302 Temporal fine structure (TFS)

303 Four studies investigated the TFS. Three of these studies did not report a significant difference in TFS  
304 between participants with SNHL and normal hearing participants [22, 47, 49]. In contrast,  
305 Ananthakrishnan et al. [47] reported a smaller F1 magnitude for the SNHL group compared to the  
306 normal hearing control group across all four tested sound pressure levels (70, 75, 80, and 85 dB SPL).  
307 However, when converted to equal sensation level (dB SL), post-hoc analyses indicated only a  
308 significant group effect at 60 dB SL, and not at 50 or 55 dB SL.

309

310 Signal-to-noise ratio

311 Akhoun et al. [51] calculated the signal-to-noise ratio as the ratio (in dB) between the root-means  
312 square on the whole FFR and the root-means square on the pre-averaging silence. They reported a  
313 significantly smaller signal-to-noise ratio in participants with unilateral hearing loss compared to  
314 normal hearing controls ( $p = 0.001$ ). Molis et al. [52] calculated the SNR as the ratio of the peak  
315 magnitude of the discrete Fourier transform to the response of a  $\pm 25$  Hz range around the stimulus  
316 frequency to the average discrete Fourier transform magnitude of the pre-stimulus baseline in the  
317 same  $\pm 25$  Hz range. Bonferroni-corrected post hoc tests showed a statistically significant smaller SNR  
318 in the older adults with SNHL compared to the younger normal hearing group ( $p = 0.008$ ). However,  
319 the SNR was not statistically smaller for the older adults with SNHL compared to the older normal  
320 hearing adults ( $p = 0.620$ ).

321

322 Stimulus-to-response ratio

323 As for the stimulus-to-response ratio, two out of four studies, more specifically the studies by Hao et  
324 al. [48] and Fu et al. [54], reported significantly smaller ratios for the SNHL participants compared to

325 the normal hearing control group ( $p = 0.001$  and  $p < 0.001$ , respectively). In contrast, the study by  
326 Presacco et al. [53] did report that the younger normal hearing group had significantly higher  
327 stimulus-to-response correlations than either the older normal hearing adults ( $p = 0.045$ ) or the older  
328 adults with SNHL ( $p = 0.025$ ). However, there were no significant differences between the older  
329 normal hearing adults and the older adults with SNHL ( $p = 0.961$ ). In the study by Molis et al. [52], the  
330 stimulus-to-response correlation coefficient (SRCC) was defined as the absolute value of the  
331 covariance between the stimulus and response, normalized to a 0-1 scale by dividing by the product  
332 of their standard deviations. They reported similar results, being that Bonferroni-corrected post hoc  
333 tests revealed that the SRCC was significantly smaller in the older adults with SNHL compared to the  
334 younger normal hearing adults ( $p = 0.003$ ), but that there was no significant difference for the SRCC  
335 when comparing the older adults with SNHL to the older normal hearing adults ( $p = 0.216$ )

336

### 337 Response to stimulus in quiet and in noise

338 Five studies acquired FFRs to stimuli presented in quiet and in noise [22, 48, 50, 53, 55]. Three of  
339 these compared  $F_0$  component in the quiet condition to the noise condition, and yielded conflicting  
340 findings. Seol et al. [50] reported a significantly smaller  $F_0$  in the noise condition compared to the  
341 quiet condition for both the SNHL group ( $p < 0.0001$ ) and the control group ( $p < 0.0001$ ). In contrast,  
342 Hao et al. [48] did not find a significant difference in  $F_0$  between both conditions for both the SNHL  
343 group ( $p = 0.124$ ) and for the normal hearing control group ( $p = 0.204$ ). Abd El-Ghaffar et al. [55]  
344 reported a significant decrease of  $F_0$  in the noise condition relative to the quiet condition in subjects  
345 with unilateral hearing loss ( $p = 0.04$  in study group with left unilateral hearing loss,  $p = 0.03$  in study  
346 group with right unilateral hearing loss). In the normal hearing control group, no significant  
347 difference was found between both conditions ( $p = 0.19$  for right ears of control group,  $p = 0.13$  for  
348 left ears of control group). Other parameters that were compared between both conditions differed  
349 between studies, limiting the possibilities for further comparisons.

350

351       **3.4.4. FFR acquisition parameters**

352       A summary of the equipment and the acquisition parameters used in the included studies is provided  
353       in Table 3. The most frequently used stimulus was /da/, being presented in ten of the included  
354       studies [22, 42-46, 48, 50, 53, 55]. It is notable that stimulus duration, intensity and presentation rate  
355       varied greatly between studies. More specifically, stimulus duration ranged from 40 ms to 543 ms.  
356       Seven studies used longer stimuli of 170 ms and more [43, 47-50, 53, 54]. This in contrast with seven  
357       of the remaining studies, that presented stimuli of around 40 ms [22, 42, 44-46, 51, 55].

358       As mentioned in the materials and methods section, we decided to split up results in the frequency  
359       domain between studies that used shorter stimuli of around 40 ms and studies that used longer  
360       stimuli of at least 170 ms. These results are discussed in the paragraphs below. In the studies by  
361       Molis et al. [52] and Plyler et al. [56], durations of the used stimuli fell between these designated  
362       durations. However, these studies did not include analyses of  $F_0$  and TFS between, and therefore,  
363       they are not addressed in the subsequent sections.

364

Reference (first author, journal citation, year)	Equipment	Electrode montage (noninverting/inverting/ground)	Stimulus type/stimulus duration	Intensity (dB SPL)	Polarity	Presentation rate (s)	Sampling rate (Hz)	Time window (ms)	Sweeps number for condition	Artifact rejection	Filtering (Hz)	Stimulated ear	Condition	Comments
Abd El-Ghaffar et al., 2018 [55]	Intelligent Hearing Systems	Fz/mastoids /Fpz	/da/, 40.05 ms duration	80	A	10.9/s	NR	0-60	1 x 1024	NR	NR	Monaurally (unaffected ear in study group)	NR	In quiet + with ipsilateral white noise at + 10 and +5 signal to noise ratio (SNR)
Akhoun et al., 2008 [51]	Centor USB	Cz/mastoids /Fpz	/ba/, 60 ms duration	45 dB SL	A	11.1/s	50 kHz	80	3000	NR	80-3200 Hz	Right and left	NR	
Ananthakrishnan et al., 2017 [47]	Intelligent Hearing Systems	1) Fz/mastoid/ Fpz 2) Fz/C7/Fpz Recorded simultaneously and averaged	/u/, 265 ms duration	60-85 in NH listener and 70-95 in HI listener, in 5 dB steps	A	2.76/s	NR	300	4000	NR	50-3000 Hz	Monaurally (Right ear in control group and ear with mild-moderate SNHL in study group)	Relax, were allowed to sleep	
Anderson et al., 2013 [22]	Bio-logic Navigator Pro System (Natus Medical, Inc.)	Cz/earlobes/ Fpz	/da/, 40 ms duration	80	A	10.9/s	12 kHz	85.3 (-15.8 - 69.5 ms)	2 x 3000	± 23 µV	100-2000 Hz	Binaurally	Watched muted movie	Quiet and noise condition (noise : + 10 dB SNR)
Fu et al., 2019 [54]	NeuroScan SynAmps2 system (Compumedics Ltd.)	Cz/ipsilateral earlobe/Fpz	Steady tone and three rising FM sweeps, 200 ms duration	75 for NH group, between 15 and 25 for HI group	A	3 FM sweeps: rates of 50, 100 and 200 Hz/s separately	20 kHz	300 (-50 - 250 ms)	3 x 3200 (steady tone + 1 kind of FM sweep)	± 25 µV	30-3000 Hz	Monaurally (Right ear for NH group, better impaired ear for HL group)	Watched muted movie	
Hao et al., 2018 [48]	Intelligent Hearing Systems	Cz/mastoids /Fpz	/da/, 170 ms duration	85	A	3.89/s	2500	240 (-40 - 200 ms)	1 x 2048	NR	30-3000 Hz	Monaurally (both ears)	Watched	2 conditions: 1) Quiet

													muted movie	2) Noise: continuous white noise ipsilaterally at an SNR of 8 dB
Jalaeia and Zakariab, 2019 [44]	Natus Medical Inc.	Cz/right mastoid (M2)/Fpz	/da/, 40 ms duration	30 dB SL	NR	10.3/s	NR	74.67 ms	2 x 3000	± 23.8 $\mu$ V	100-2000 Hz	Right ear	Supine position, watching voiceless cartoons	
Ji et al., 2023 [45]	Bio-logic Navigator (Natus Medical, Inc.)	Fpz/mastoid /opposite mastoid	/da/, 40 ms	80	A	10.9/s	NR	85.33 ms	2 x 3000	NR	100-2000 Hz	Inferior ear	Supine or sit on sofa to watch silent cartoons	
Koravand et al., 2017 [42]	Biologic Navigator Pro System (Natus Medical Inc.)	Cz/ipsilateral earlobe/contralateral earlobe	/da/, 40 ms duration	85 in control group, 85-90 in HL group	A	3.1/s	NR	64 ms	1 x 3000, 1 x 2000	20 $\mu$ V, $\leq$ 10%	100-1500 Hz	Right ear	Relaxed, closed eyes	
Leite et al., 2018 [46]	Universal Smart Box Jr™ Smart EP, iIntelligent Hearing Systems	Fz/right mastoid (M2)/Fpz	/da/, 40 ms duration	80 dBnNA	A	11.1/s	NR	60 ms	3 x 1000	NR	100-3000 Hz	Right ear	Comfortable position	
Molis et al., 2023 [52]	NeuroScan (Compumedics Ltd.)	Cz,C7,left mastoid (M1),Fz/right mastoid (M2)/Fpz	6 tone-glides with varying slide direction (risong/falli	80	A	Varying (interstimulus interval varied)	20 kHz	120 ms (0-40 ms, 40-80 ms, and 80-120 ms)	3000	30 $\mu$ V	100-3000 Hz	Left ear (unless right ear had a	Reclined position, sleepi	Data were re-referenced for analysis using a vertical montage Cz to

			ng) and extent of frequency change (1/3, 2/3, or 1 octave), 120 ms									lower PTA)	ng was encouraged	C7) and a horizontal montage (M1 to M2)
Nada et al., 2016 [43]	Intelligent Hearing Systems	Fz/mastoids /Fpz	/da/, 206 ms duration /ba/, 114 ms duration	50 dB SL or most comfortable level	A	11.1/s	NR	75 (0-75 ms)	3 x 1024	NR	150-1500 Hz	Monaurally (both ears)	NR	
Plyler et al., 2001 [56]	Tucker-Davis Technologies, System II	Fz/C7/left mastoid	15-step /ba/-/da/-/ga/ continuum, 100 msec duration	92, 82, and 72	A	5/s	20 kHz	110 ms	2 x 1500	NR	100-3000 Hz	Right ear	NR	
Presacco et al., 2019 [53]	BioSemi ActiABR200 acquisition system (BioSemi B.V.)	Cz/earlobes/ 2 forehead ground common mode sense/driven right leg electrodes	/da/, 170 ms duration	75	A	4/s	16,384 Hz	236 (-47 - 89 ms)	Minimum 2300	± 30 µV	70-2000 Hz	Binaurally	Watched muted movie	In quiet and in the presence of narrating voice presented at 4 noise levels (+3, 0, -3, and -6 dB SNRs)
Roque et al., 2019 [49]	BioSemi ActiABR200 acquisition system (BioSemi B.V.)	Cz/earlobes/ two forehead electrodes	DISH, 483 ms duration DITCH, 543 ms duration	75	A	1.5/s	16,384 Hz	660 ms	3000	± 30 µV	70-2000 Hz	Right ear	NR	
Seol et al., 2020 [50]	NeuroScan SynAmps2 and StIM2 (Compumedics, Inc.)	Cz/earlobes/ Fpz	/da/, 170 ms duration	80 dBA (rms level)	A	NR	20,000 Hz	170 ms	6000	> 20 µV	70-2000 Hz	Binaurally	Watched muted movie	Through loudspeaker 1 m away from participant 0 and +5 dB SNR

365

366 Table 3. Summary of the used equipment and acquisition parameters for FFR measurements. Abbreviations: A = alternating, NR = not reported.

367        3.4.5. Results of studies using a short stimulus ( $\pm 40$  ms)

368        Seven of the included studies elicited FFRs by using shorter stimuli of around 40 ms [22, 42, 44-46,  
369        51, 55]. Two of these investigated the  $F_0$ . Anderson et al. [22] reported a larger  $F_0$  in the SNHL group  
370        in noise, both when presenting the unamplified as well as the individually amplified /da/ stimulus. In  
371        quiet, the  $F_0$  was significantly larger in the SNHL group using the individually amplified /da/, but not  
372        for the unamplified /da/ stimulus. Similarly, Koravand et al. [42] reported a significantly larger RMS of  
373         $F_0$  in children with SNHL compared to children with normal hearing.

374        Anderson et al. [22] was the only study that investigated TFS with a shorter stimulus. This study  
375        found no differences in TFS between both groups in quiet and noise.

376

377        3.4.6. Results of studies using a longer stimulus ( $\geq 170$  ms)

378        Seven studies used stimuli of 170 ms and longer [43, 47-50, 53, 54]. Four of these studies  
379        investigated changes of the  $F_0$  in participants with SNHL. Three out of these four studies reported a  
380        significantly smaller amplitude of  $F_0$  in participants with SNHL compared to normal hearing controls  
381        [47, 48, 50]. Of these three studies, Ananthakrishnan et al. [47] elicited FFRs by using a 265 ms /u/  
382        stimulus, and Hao et al. [48] and Seol et al. [50] both used a 170 ms /da/ stimulus. The latter two  
383        studies reported a significant decrease in  $F_0$  amplitude in noise [48, 50]. In contrast, the fourth study  
384        that investigated  $F_0$  changes using a longer stimulus [49], reported no significant differences between  
385        the three subject groups in PLF to the temporal envelope.

386        It must be noted that in the research performed by Ananthakrishnan et al. [47],  $F_0$  was significantly  
387        smaller for the SNHL group at all four tested levels in dB SPL (70, 75, 80, and 85 dB SPL). However,  
388        when interpreting the FFR data at equal sensation level (dB SL), the  $F_0$  magnitude did not differ  
389        between both groups.

390        Results regarding possible TFS changes in participants with SNHL were inconclusive. Hao et al. [48]  
391        reported no significant TFS changes between groups. Similarly, post-hoc analyses performed by



392 Roque et al. [49] showed no significant differences in PLF to the temporal fine structure between the  
393 older adults with SNHL and the two normal hearing groups (older normal hearing adults and younger  
394 normal hearing adults). Ananthakrishnan et al. [47] reported smaller  $F_1$  magnitude for the SNHL  
395 group at all levels expressed in dB SPL. In contrast, when interpreting this data expressed in dB SL,  
396 post-hoc analyses showed that  $F_1$  is only significantly larger in the NH group at 60 dB SL, and not at  
397 the other intensities.

398

#### 399 3.4.7. Results of studies with similar mean ages in both groups

400 The mean age in the SNHL groups across studies was 38.5 years, while the mean age in the control  
401 groups was 30.5 years. It is noteworthy that some of the included studies carefully matched ages  
402 between the two subject groups, while other studies showed big age differences between the  
403 groups. Since previous research has shown that age can affect FFRs [57, 58], we decided to look at  
404 studies with a mean age gap of less than 10 years separately to investigate whether the studies with  
405 bigger age gaps might have affected the results. Eleven of the includes studies reported small mean  
406 age gaps between groups [22, 42, 44-46, 48-50, 52, 53, 55]. Two studies did not report mean ages of  
407 both groups [43, 56], and were therefore also excluded from this analysis. Detailed results of the  
408 most common FFR outcome parameters of these eleven studies with close age gaps are shown in the  
409 Supplementary Information, section D.

410 The overall results, when considering only studies with closer age gaps, resembled the previously  
411 described findings obtained when including all studies in the analysis. Anderson et al. [22] and  
412 Koravand et al. [42] investigated the  $F_0$  using shorter stimuli, reporting a significantly larger  $F_0$  and  
413 RMS of  $F_0$ , respectively, in SNHL. As for the three studies using longer stimuli and investigating  $F_0$ ,  
414 Hao et al. [48] and Seol et al. [50] both reported a significantly smaller  $F_0$  in the SNHL group. In  
415 contrast, Roque et al. [49] did not report a significant difference in  $F_0$  between the older normal  
416 hearing adults and the older adults with SNHL. Four studies included in this section investigated the

417 FFR in the time domain. All of these studies reported significantly prolonged latencies, with the exact  
418 peaks differing across studies. As discussed previously, Leite et al. [46] observed a shorter latency of  
419 wave V at nine months (M9) ( $p = 0.007$ ), in addition to a prolonged latency in wave O for the SNHL  
420 group at both the 3-month (M3) and 9-month (M9) follow-up points ( $p = 0.007$  and  $p = 0.004$ ,  
421 respectively).

422 Regarding amplitude changes, two studies [44, 45] reported a significant decrease in the amplitude  
423 of wave A ( $p < 0.001$  for both studies). Leite et al. [46] reported a significantly smaller V-A amplitude  
424 at initial evaluation (M0) ( $p = 0.04$ ) and at the 3-month follow-up point (M3) ( $p = 0.02$ ), but not at the  
425 9-month follow-up point (M9) ( $p = 0.080$ ). In contrast with these findings, a significantly larger  
426 amplitude of wave O in children with SNHL was reported by Koravand et al. ( $p = 0.01$ ). Presacco et al.  
427 [53] did not find any significant differences in amplitudes between the older adults with SNHL and  
428 the older normal hearing adults, both in the transition region ( $p = 0.099$ ) and in the steady-state  
429 region ( $p = 0.426$ ).

430

431

432

## 433 4. Discussion

434 To our knowledge, this is the first paper to systematically review FFR data, available in literature,  
435 reported in patients with SNHL compared to normal hearing controls. A meta-analysis was not  
436 feasible, due to heterogeneity in the study populations as well as the acquisition parameters.

437

438 When interpreting the results of the different studies regarding the FFR in the time domain, there  
439 seems to be a tendency towards prolonged latencies of the peaks in SNHL [42-46]. Since peak

440 latencies reflect temporal precision of the synchronous neural activity in response to the stimulus  
441 [59], these data could potentially indicate that patients with SNHL require a longer time for  
442 processing (speech) stimuli. The exact peaks that occur with prolonged latency differ between  
443 studies. Therefore, it remains unclear whether this delay occurs in the onset, transition, steady-state  
444 or offset of the response. It must, however, be noted that the study by Jalaiea and Zakariab [44] was  
445 the only one of these five studies that presented stimuli in dB SL to both groups. Consequently, we  
446 cannot conclude whether this delay reflects a longer processing time, rather than a delay caused by  
447 the fact that stimuli were presented at a relatively lower intensity to the SNHL group compared to  
448 the control group, since most of the studies did not control stimulus intensity for audibility.

449 There was no consensus between the six studies that investigated possible amplitude changes of the  
450 FFR peaks in the time domain [42-46, 53].

451

452 In the frequency domain, the stimulus-to-response ratio was significantly smaller in the SNHL group  
453 compared to the normal hearing control group in two studies, reflecting less accuracy of subcortical  
454 phase-locking encoding in participants with SNHL [48, 54]. However, Presacco et al. [53] and Molis et  
455 al. [52] reported a significantly higher stimulus-to-response ratio in the younger normal hearing  
456 group compared to the older adults with SNHL and the older normal hearing adults. However, no  
457 significant difference was found when comparing the older adults with SNHL with the older normal  
458 hearing adults. The fact that the young normal hearing group had a better representation of the  
459 stimulus compared to both older groups and that no differences were found between the two older  
460 groups speaks in favor of an age-related degradation of the response.

461 This finding is in line with the results regarding the signal-to-noise ratio (SNR). For this parameter,  
462 one study [51] reported a significantly smaller SNR in participants with unilateral hearing loss  
463 compared to normal hearing controls. However, the mean age of the SNHL group was 51 years, while  
464 the mean age for the control group was 21 years. As a result, we cannot rule out a possible factor of

465 age-related degradation of the response in this study. Similarly, Molis et al. [52] reported significantly  
466 larger SNR in the younger normal hearing group compared to the older normal hearing adults and  
467 the older adults with SNHL, with no significant difference between both older groups.

468

469 At first glance, the results regarding possible changes of the  $F_0$  and TFS in participants with SNHL  
470 seemed rather inconsistent. When focusing on studies that elicited FFRs using longer stimuli with a  
471 duration of at least 170 ms, three out of four studies reported significantly smaller amplitudes of  $F_0$  in  
472 participants with SNHL compared to normal hearing controls [47, 48, 50]. Since the amplitude of  $F_0$   
473 correlates with the neural encoding of the fundamental frequency of stimuli [1], these results  
474 indicate that participants with SNHL show difficulties in tracking the fundamental frequency of  
475 (speech) stimuli. In studies that used longer stimuli to elicit FFRs, the findings on TFS were  
476 inconclusive, and therefore no definitive conclusions could be made regarding the impact of SNHL on  
477 this particular FFR parameter.

478

479

#### 480 4.1.1. Clinical implications

481 Based on these results, in which we observe that patients with SNHL show a smaller amplitude of  $F_0$ ,  
482 the FFR might be of interest to investigate the effect of hearing aid fitting. BinKhamis et al. [60]  
483 elicited FFRs with a 40 ms /da/ presented at 70 dBA in 98 adult hearing aid users. Measurements  
484 were performed with and without their hearing aids, in quiet and in noise at +10 dB SNR. the aided  
485 situation, all peak latencies were significantly shorter ( $p < 0.01$ ), and amplitudes of peaks V-A, D, and  
486 F were significantly larger ( $p < 0.01$ ) compared to the unaided situation, in both quiet and noise. In  
487 the frequency domain,  $F_0$  amplitude was significantly larger ( $p < 0.01$ ) in the aided condition  
488 compared to the unaided condition in quiet and in noise. These results are to be expected, as hearing

489 aid fitting enhances perception and sensation level. Similarly, FFRs were measured in children with  
490 SNHL before and after hearing aid fitting in the study by Easwar et al. [61]. Six phonemic stimuli were  
491 presented together as the speech token /suji/ at 55, 65, and 75 dB SPL. The use of a hearing aid  
492 resulted in significantly larger envelope-following response amplitudes for all stimuli. Direct  
493 comparisons between changes in envelope-following response amplitude and sensation level  
494 revealed that the degree of change was explained primarily by the change in sensation level provided  
495 by the hearing aids. This aligns with a previous study conducted by Easwar et al. in 2015 [62], where  
496 it was observed that an increase in stimulus level and the use of hearing aids yielded a significant  
497 increase in the number of envelope-following responses detected. Furthermore, at 50 and 65 dB SPL,  
498 the use of amplification led to a significant increase in the response amplitude for the majority of  
499 stimuli. Karawani et al. [63] performed a longitudinal study in 35 older adults with moderate age-  
500 related SNHL. The experimental group used hearing aids during a period of six months, the control  
501 group did not use hearing aids during this period. FFRs elicited by the 170 ms speech syllable /ga/,  
502 presented at 65 and 80 dB SPL in quiet and in noise (+10 dB SNR), were acquired at initial evaluation  
503 and after six months. In the time domain, peak latencies remained stable in the experimental group,  
504 but they increased in the control group in the quiet conditions at 65 and 80 dB SPL. The authors  
505 suggest that the use of hearing aids may offset the latency delays that may be expected over time in  
506 older adults with hearing loss. In the frequency domain, results are inconsistent with the two studies  
507 discussed previously. A significant reduction in  $F_0$  amplitude was reported in the experimental group  
508 (only in the 65 dB stimulus condition), while no change was observed in controls. They suggest that  
509 the use of hearing aids decreases  $F_0$  amplitude over time for conversational level stimuli. One  
510 proposed explanation for this finding is that an imbalance between inhibitory and excitatory  
511 transmission, which arises with aging, might be “normalizing” as a result of the use of amplification.  
512 Another potential application for the FFR is its use as an objective tool for bimodal benefit, which  
513 was investigated in the study by Kessler et al. [64]. FFRs were measured in fourteen unilateral  
514 cochlear implant (CI) users who wore a hearing aid in the nonimplanted ear. FFRs were measured in

515 the nonimplanted ear in response to a 170 ms /da/ stimulus. A significant correlation ( $r = 0.83$ ,  $p <$   
516  $0.001$ ) between the  $F_0$  amplitude and bimodal benefit for consonant-nucleus-consonant words in  
517 quiet was revealed. This relationship remained significant when controlling for four-frequency PTA  
518 and accounting for multiple comparisons. There was no significant relationship between the  
519 amplitude of  $F_1$  and bimodal benefit for any of the speech recognition tasks. These results indicate  
520 that the FFR holds potential as an objective tool that can assess the integrity of the auditory system  
521 and help predict bimodal benefit from the nonimplanted ear.

522

523

#### 524 4.1.2. Limitations and directions for future research

##### 525 Acquisition parameters

526 A factor to consider when selecting appropriate stimuli for future studies, is the stimulus duration.  
527 The stimulus duration differed between the studies, ranging from 40 ms to 543 ms. In our experience  
528 and knowledge, longer stimuli allow for better phase locking than shorter stimuli. A /da/ syllable for  
529 instance, which is the most frequently used stimulus to investigate FFRs, consists of a transient  
530 segment followed by a sustained periodic segment. The transient onset response is similar to the  
531 click-elicited ABR. The sustained segment of the stimulus elicits sustained subcortical responses  
532 reflecting synchronous neural phase locking, which are reflected in the FFR [15, 39]. Consequently,  
533 stimuli need to have a sufficient length to allow this phase locking to occur. Thus, longer stimuli are  
534 preferred to investigate phase locking in this population, and for this reason we recommend future  
535 studies to select longer stimuli of 170 ms and longer for the acquisition of FFRs.

536

537 A key observation from the studies included in this systematic review, is that the majority utilized  
538 stimuli presented at the same intensity (in dB SPL) for both the SNHL and the normal hearing control  
539 groups, which could have influenced the results discussed in the sections above.

540 For instance, in the study conducted by Ananthakrishnan et al. [47], the  $F_0$  was significantly smaller  
541 for the group with SNHL at all four tested levels in decibels sound pressure level (70, 75, 80, and 85  
542 dB SPL). However, when analyzing the FFR data at equal sensation level (dB SL), no statistically  
543 significant difference was observed in  $F_0$  magnitude between the SNHL and control groups. One  
544 possible explanation is that the neural representation of the stimulus envelope, as indicated by  $F_0$   
545 magnitude, is comparable for both groups when compared at equal sensation levels. This would  
546 suggest that audibility, at least in part, may account for the degraded  $F_0$  representation observed in  
547 the SNHL group. Nonetheless, it should be noted that this specific study used a derived measure  
548 based on the PTA for each participant within both groups to determine the sensation level associated  
549 with each presentation level. Due to inevitable variations in PTA, this computation may result in a  
550 wide range of sensation level values within the SNHL group for a given presentation level.

551 Furthermore, the small sample size may reduce statistical power and introduce additional variability,  
552 which could lead to insignificant group comparisons. Hence, the equal sensation level comparisons  
553 should be interpreted with caution. Nonetheless, these results strengthen the previously discussed  
554 argument that presenting stimuli at the same intensity to both the SNHL and normal hearing groups  
555 may have affected results. This highlights the importance of our recommendation for future research  
556 to control audibility in the experimental design.

557 Considering the findings of this study, we suggest that the factor of audibility may not have been  
558 taken into account when presenting stimuli at same intensity to both groups. Therefore, we strongly  
559 recommend future studies to control audibility in the experimental design. One possible approach  
560 could involve presenting stimuli at the same intensity in dB SL for both groups. We propose an  
561 intensity of around 40-45 dB SL for both groups, as this intensity is high enough to elicit qualitative  
562 FFRs, without being uncomfortable for participants [44, 65]. An important consideration regarding  
563 this approach, is that matching sensation levels may not be feasible, especially in more severe  
564 degrees of SNHL. Alternatively, presenting stimuli at maximum comfortable loudness level could be  
565 considered. However, this level should be carefully determined for each participant and stimulus.

566 This is especially of importance for patients with SNHL, in order to avoid excessively intense stimuli,  
567 as the hearing loss may not be uniformly distributed across the spectra. An additional note of  
568 attention when using this approach, is that the stimulus may become distorted when presented at  
569 higher intensities, affecting FFRs.

570

#### 571 Factors related to subject selection

572 In addition to appropriate stimulus selection, researchers investigating FFR components in SNHL  
573 populations must also ensure that their control group is carefully matched to the experimental  
574 group. Specifically, matching for age is of particular importance. Failure to properly match these  
575 factors may introduce confounding variables that could impact the interpretation of study results. In  
576 the current systematic review, the mean age of SNHL participants was 38.5 years, while the mean  
577 age for normal hearing control participants was 30.5 years. In previous research by Parthasarathy et  
578 al. [57], it was reported that the amplitude of  $F_0$  decreases with age in rats. This decrease of  $F_0$   
579 amplitude with age was confirmed in a human study by Clinard et al. [58], reflecting that neural  
580 representation of stimuli becomes weaker as age increases.

581 To investigate whether this mean difference of 8.0 years between both investigated groups might  
582 have affected results, the results of studies with mean age gaps of less than 10 years were discussed  
583 separately. When focusing on studies with smaller age gaps only, overall results were not affected.

584 Nevertheless, a major limitation of the study by Ananthakrishnan et al. [47] is that the mean age of  
585 subjects in the SNHL group was 50.66 years, while the mean age of the normal hearing controls was  
586 24.55 years. The observed differences between both groups when presenting stimuli at an equal  
587 intensity in dB SPL might therefore be attributed to age degradation rather than hearing loss effects.  
588 This highlights the importance of accurate age matching between groups.

589



590 It is worth noting that a significant proportion of the studies included in our review lacked precise  
591 information on the hearing levels of participants. To address this issue, we suggest that future  
592 studies report averaged audiograms or at least pure tone averages for both the experimental and  
593 control groups. Clearly, this information is crucial for accurately investigating the impact of (the  
594 degree of) SNHL on FFR parameters. Moreover, not all studies clearly specified the etiology of SNHL  
595 of the subjects. Because of this lack of information, we were unable to focus on studies that have  
596 specifically selected patients with a common etiology.

597

598 The study by Goossens et al. [66] could be an example in which subject characteristics were carefully  
599 matched and the stimulus were controlled for audibility. A comparative analysis of neural envelope  
600 encoding in SNHL subjects and normal hearing controls was performed by measuring auditory  
601 steady-state responses (ASSRs) in response to acoustic amplitude modulations. Equal loudness level  
602 of stimulus presentation was acquired by setting the stimulus level to 70 dB SPL for the control  
603 group, which was rated as comfortably loud by the participant on a graphic rating scale. The  
604 sensation level of the 70 dB SPL stimulus equaled to 65 dB SPL. For the SNHL group, every participant  
605 was asked to adjust the level of the stimulus until they perceived it as comfortably loud on the  
606 graphic rating scale. SNHL and control subjects were divided into narrow age cohorts spanning one  
607 decade each. This study's results revealed that, after adjusting for audibility, there was a significant  
608 enhancement in neural synchronization within subcortical and cortical auditory regions among young  
609 and middle-aged adults with SNHL. However, without accounting for audibility, this enhancement  
610 was only observed in the brainstem. This may be attributed to homeostatic mechanisms. It has been  
611 demonstrated that the reduced cochlear output in SNHL because of hair cell loss and/or  
612 synaptopathy, triggers various mechanisms that induce central gain to sustain an operative degree of  
613 neural excitability. Interestingly, older adults with SNHL did not exhibit changes in the degree of  
614 neural synchronization relative to normal hearing controls. The reason for this age-related variation

615 is not entirely clear yet. Similar results were found by Farahani et al. [67] in which middle-aged  
616 subjects with SNHL showed enhanced ASSR response strength and higher phase-locking. Meanwhile,  
617 in older subjects with SNHL, a decreased response strength and less phase-locking was found. The  
618 results for the middle-aged groups seem contradictory with our findings that F0 seems to be smaller  
619 in SNHL, reflecting difficulty tracking the fundamental frequency of stimuli. This reaffirms the  
620 importance of thorough matching based on age between both groups, in order to eliminate effects of  
621 age-related degradation.

622

623

#### 624 4.1.3. Conclusion

625 In conclusion, we report a tendency towards smaller fundamental frequencies in participants with  
626 SNHL compared to normal hearing controls. This indicates that patients with SNHL show difficulties in  
627 tracking the fundamental frequency of (speech) stimuli. There also seems to be a trend towards  
628 prolonged latencies in the time domain, although the specific delayed peaks differ between studies.  
629 Results regarding TFS and peak amplitudes in the frequency domain were inconclusive. Participant  
630 characteristics, acquisition parameters, and FFR outcome parameters differed greatly across studies.  
631 We strongly recommend future studies to use longer stimuli of at least 170 ms to elicit FFRs, as these  
632 stimuli allow obtaining more robust and comprehensive information regarding neural phase locking.  
633 Finally, future studies should include larger subject groups, and they should control for audibility, for  
634 example by presenting stimuli at the same intensity in dB SL for both groups or at a carefully  
635 determined maximum comfortable loudness level.

636

637

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651 The authors declare no competing interests.

652

653

## 654 7. CRediT authorship contribution statement

655 **Laura Jacxsens:** Conceptualization, Methodology, Formal Analysis, Writing – Original Draft, Writing –  
656 Review & Editing, Visualization. **Lana Biot:** Data Curation, Formal Analysis, Writing – Review &  
657 Editing. **Carles Escera:** Conceptualization, Supervision, Writing – Review & Editing. **Annick Gilles:**  
658 Supervision, Writing – Review & Editing. **Emilie Cardon:** Conceptualization, Writing – Review &  
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662

663

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