

**This item is the archived peer-reviewed author-version of:**

Perfluoroalkyl acid (PFAA) profile and concentrations in two co-occurring tit species : distinct differences indicate non-generalizable results across passerines

**Reference:**

Lasters Robin, Groffen Thimo, Bervoets Lieven, Eens Marcel.- Perfluoroalkyl acid (PFAA) profile and concentrations in two co-occurring tit species : distinct differences indicate non-generalizable results across passerines  
The science of the total environment - ISSN 0048-9697 - 761(2021), 143301  
Full text (Publisher's DOI): <https://doi.org/10.1016/J.SCITOTENV.2020.143301>  
To cite this reference: <https://hdl.handle.net/10067/1748920151162165141>

1 Perfluoroalkyl acid (PFAA) profile and  
2 concentrations in two co-occurring tit  
3 species: distinct differences indicate  
4 non-generalizable results across  
5 passerines

6 Robin Lasters<sup>a,b,\*1</sup>, Thimo Groffen<sup>a,b,1</sup>, Lieven Bervoets<sup>a</sup>, Marcel Eens<sup>b</sup>

7 <sup>a</sup>Systemic Physiological and Ecotoxicological Research, Department of Biology, University of Antwerp,  
8 Groenenborgerlaan 171, 2020 Antwerp, Belgium.

9 [Robin.Lasters@uantwerpen.be](mailto:Robin.Lasters@uantwerpen.be)

10 [Thimo.Groffen@uantwerpen.be](mailto:Thimo.Groffen@uantwerpen.be)

11 [Lieven.Bervoets@uantwerpen.be](mailto:Lieven.Bervoets@uantwerpen.be)

12 <sup>b</sup>Behavioural Ecology and Ecophysiology Group, Department of Biology, University of Antwerp,  
13 Universiteitsplein 1, 2610 Wilrijk, Belgium.

14 [Marcel.Eens@uantwerpen.be](mailto:Marcel.Eens@uantwerpen.be)

15 \*Corresponding author

16 <sup>1</sup>Both authors contributed equally to this work

17 **Abstract**

18 Eggs of terrestrial bird species have often been used to biomonitor both legacy and emerging  
19 anthropogenic contaminants, such as perfluoroalkyl acids (PFAAs). However, few, if any, studies have  
20 examined whether results obtained in a given model species can be generalized across bird species.  
21 Therefore, we compared potential differences in egg PFAA profile and concentrations between two  
22 widely studied passerine species, great tit (*Parus major*) and blue tit (*Cyanistes caeruleus*), which are  
23 similar in many aspects of their ecology and life history. Whole clutches of both species were collected  
24 from the same breeding season and at the same place (Antwerp, Belgium), enabling us to study laying  
25 order effects. Additionally, we evaluated how egg PFAA concentrations for both species changed along  
26 a distance gradient from a PFAA point source. Although the sum PFAA concentrations did not  
27 significantly differ between great tits and blue tits, large differences in PFAA profile and laying order  
28 effects were observed. Great tits showed a more diverse PFAA detection profile, including  
29 perfluorooctane sulfonic acid (PFOS) and various long-chain perfluorocarboxylic acids (PFCAs) but no  
30 short-chain compounds. Contrarily, short-chain PFCAs (perfluorobutanoic acid (PFBA) and  
31 perfluorohexanoic acid (PFHxA)) were only detected in blue tit eggs. The variation of perfluorooctanoic  
32 acid (PFOA) concentrations within clutches was large in both species, although laying order effects on  
33 PFOA concentrations were only found in blue tits. Although egg PFOA concentrations of both species  
34 decreased similarly from the fluorochemical point source onwards, more variation in egg PFOA  
35 concentrations could be explained by distance from the fluorochemical plant in great tits (60%) than  
36 in blue tits (15%). Results showed that both species markedly differed in terms of egg PFAA profile and  
37 concentrations, most likely reflecting differences in diet, foraging habits and egg protein composition.  
38 Finally, biomonitoring results of PFAAs in eggs are likely not generalizable across bird species.

39

40

---

41 **Keywords:** Eggs, PFAAs, great tit, blue tit, clutch variation

## 42 **Introduction**

43 Perfluoroalkyl acids (PFAAs) are a diverse group of man-made organic compounds that consist of a  
44 fully fluorinated carbon chain and a functional acid group (Buck et al., 2011). The strength of the  
45 carbon-fluorine bond makes them extremely resistant to both abiotic and biotic degradation (Beach  
46 et al., 2006; Surma et al., 2017). The hydrophobic and lipophobic characteristics of these compounds  
47 result in distinctive physicochemical properties, including oil and water repellence (Surma et al., 2017).  
48 In addition, the hydrophobic alkyl chain of PFAAs allows them to bind with proteins, by forming  
49 hydrophobic interactions, which increase with increasing alkyl chain length, within the hydrophobic  
50 cavities and on the surface of protein molecules (Fedorenko et al., 2021). This can explain their  
51 accumulation in protein-rich tissues, such as liver and bird eggs (Vicente et al., 2015). Previous  
52 biomonitoring studies have demonstrated the bioaccumulation and biomagnification of PFAAs  
53 throughout the food chain (Conder et al., 2008; Fang et al., 2014). Hence, PFAAs have been reported  
54 globally from 2000 onwards in the environment, wildlife and humans (Giesy and Kannan, 2001, 2002;  
55 Butt et al., 2010; Rodriguez-Jorquera et al., 2016).

56 Bird eggs have been frequently used as a less-invasive matrix for biomonitoring of PFAAs (Hoff et al.,  
57 2005; Gebbink and Letcher, 2012; Custer et al., 2014; Groffen et al., 2017, 2019a). The majority of  
58 these biomonitoring studies measured PFAA concentrations in one randomly collected egg per clutch.  
59 However, little is known on the variation of PFAA deposition both within and among clutches (Custer  
60 et al., 2012; Vicente et al., 2015; Lasters et al., 2019). Within-clutch variation (WCV) of PFAA  
61 concentrations was much larger than the among-clutch variation (ACV) in Audouin gulls (*Larus*  
62 *audouini*) (Vicente et al., 2015) and great tits (Lasters et al., 2019). In the latter study, laying order  
63 effects were found to be an important driver of the large WCV in PFAA concentrations (Lasters et al.,  
64 2019). Therefore, it is unlikely that random collection of one egg will result in a representative measure  
65 of PFAA concentrations on the whole clutch level.

66 Biomonitoring studies along a distance gradient emanating from an active fluorochemical plant (3M)  
67 in Antwerp have revealed the highest concentrations of perfluorohexane sulfonic acid (PFHxS),  
68 perfluorooctane sulfonic acid (PFOS), perfluorodecane sulfonic acid (PFDS) and perfluorooctanoic acid  
69 (PFOA) ever detected in wild bird eggs (Lopez-Antia et al., 2017; Groffen et al., 2017, 2019a), which  
70 highlights that the fluorochemical plant in Antwerp is a PFAA hotspot. However, very few studies have  
71 examined possible interspecific differences in PFAA exposure among birds (Lopez-Antia et al., 2017; Su  
72 et al., 2017). Lopez-Antia et al. (2017) measured PFOS concentrations in eggs of three bird species from  
73 different trophic levels and found no significant differences among the species in terms of PFOS  
74 concentrations. On the other hand, Su et al. (2017) observed significant differences between an  
75 obligate piscivorous species (Caspian tern) and a facultative piscivore (herring gull). However, the eggs  
76 were collected on very different spatial gradients and within a large timeframe, which hinders the  
77 species comparability of these results. This emphasizes the need of a standardized monitoring design,  
78 along the same gradient and time period. By focusing on two widely studied species, the ability exists  
79 to identify broad intra-specific patterns in PFAA exposure that may be generalizable to other  
80 organisms.

81 To meet this end, passerines from the tit family (Paridae), specifically the blue tit (*Cyanistes caeruleus*)  
82 and great tit (*Parus major*), may be promising candidate birds to study potential differences in PFAA  
83 profile and concentrations in relation with clutch variation and laying order effects. Both tit species  
84 have been frequently used as biomonitoring species for POPs and metals and often share the same  
85 habitat (Dauwe et al., 2002; Van den Steen et al., 2009a; 2009b; Groffen et al., 2017). Nevertheless,  
86 they differ from each other in some life-history traits, such as clutch size, dispersal behaviour, diet,  
87 lifespan and metabolism (Cramp and Perrins, 1993). Together, this may result in accumulation  
88 differences to PFAAs and hence egg deposition of these pollutants between both species.  
89 Consequently, it is relevant to conduct a comparative analysis between these species in terms of PFAA  
90 concentrations and profile as well as to examine their suitability for biomonitoring of PFAAs.

91 Therefore, the central objective of this study was to investigate potential differences in egg PFAA  
92 profile and concentrations between two co-occurring passerines, using data of whole clutches that  
93 originate from the same area and breeding season. Secondly, variation patterns (WCV and ACV) of  
94 PFAA concentrations in clutches were assessed and potential influences of laying order effects on these  
95 patterns were examined. Then, we evaluated how egg PFAA concentrations for both species changed  
96 along a distance gradient from a known PFAA point source (3M). Lastly, we evaluated both species  
97 with respect to their relevance and suitability as biomonitor of PFAAs.

98 We hypothesize that great tits will show a more diverse PFAA detection profile compared to blue tits  
99 as great tits can spend up to 31% of their total foraging time on ground level and blue tits forage almost  
100 exclusively arboreal (Cramp and Perrins, 1993; Grzędzicka, 2018). Generally, we predict that great tits  
101 may have higher egg PFAA concentrations than blue tits due to their longer lifespan (Cramp and  
102 Perrins, 1993) and hence larger bioaccumulation potential. Typically, endogenous resources from the  
103 maternal reserves are used for the first eggs and may contain higher PFAA concentrations than the  
104 exogenous resources from the diet, due to the longer accumulation time within the mother bird.  
105 Consequently, a general decrease of PFAA concentrations throughout the laying order is expected, as  
106 the origin of resources used for the production of eggs might differ among eggs. Additionally, blue tits  
107 also invest more nutrients in egg production, relative to their body weight, than great tits (Cramp and  
108 Perrins, 1993; Van den Steen et al., 2009a). In general, WCV of PFAA concentrations is expected to be  
109 larger than ACV in both species, but even more profound in blue tits.

## 110 **Materials and methods**

### 111 *Study area and data collection*

112 During the autumn of 2015, nest boxes (diameter entrance: 32 mm) originally designed to allow  
113 nesting of great tits, were placed at five sites in the vicinity of Antwerp (Belgium), representing a  
114 distance gradient (0 – 11 km) starting from the fluorochemical plant 3M (Fig. 1). Besides the  
115 fluorochemical plant (28 nest boxes), Vlietbos (24 nest boxes; 1 km SE from the plant), Rot-

116 Middenvijver (further called 'Rot'; 20 nest boxes, 2.3 km ESE from the plant), Burchtse Weel (21 nest  
117 boxes; 3 km SE from the plant) and Fort 4 in Mortsel (58 nest boxes; 11 km SE from the plant) were  
118 selected as study areas. The selection of these sites was based on previous monitoring studies  
119 throughout the same area (Dauwe et al., 2007; D'Hollander et al., 2014; Lopez-Antia et al., 2017).

120 During the breeding season of 2016, many nest boxes ( $N > 10$ ) got occupied by blue tits at Fort 4, which  
121 enabled a comparative analysis between both species based on whole clutch data. For the other study  
122 areas, the number of nest boxes occupied by blue tits was too limited ( $N < 4$ ) to enable a proper species  
123 comparison (Table S1). Therefore, in accordance with the egg sampling design for great tits in Groffen  
124 et al. (2019a), only the third egg was collected from clutches in these study areas. In this way, we could  
125 test in a standardized way how PFAA concentrations changed along the distance gradient between  
126 both species.

127 At the onset of the breeding season, the nest-building phases of each nest were followed up every two  
128 to three days. In order to determine the egg laying order, advanced nests were checked daily to  
129 determine the egg laying date and to identify individual eggs. Each egg was then numbered with a non-  
130 toxic marker according to the laying order. Prior to the start of incubation, third eggs were collected  
131 from the nest boxes of all study areas (Table S1). In addition, complete clutches from Fort 4 with a  
132 known laying order were collected and eggs were individually stored in 50 mL polypropylene (PP) tubes  
133 in a freezer (-20 °C) for further analyses. In total eight clutches of great tit (clutch size: 4-8 eggs  $\pm$  1.3  
134 (min - max  $\pm$  SD);  $N = 47$ ) and blue tit (clutch size: 7-14 eggs  $\pm$  1.7,  $N = 81$ ) were collected. In Table S1,  
135 a schematic overview is provided of all the clutch sample sizes of blue tits (present study) and great  
136 tits (see Groffen et al., 2019a and Lasters et al., 2019) that were used for the analyses in the present  
137 study.

### 138 *Chemical analysis*

139 All used abbreviations of PFAAs are according to Buck et al. (2011). All target analytes and the  
140 isotopically mass-labelled internal standards (ISTDs; Wellington Laboratories, Canada) used in the

141 quantification of these analytes are illustrated in Table S2. Samples were analyzed for four target  
142 perfluoroalkyl sulfonic acids (PFASs): perfluorobutane sulfonic acid (PFBS), PFHxS, PFOS and PFDS.  
143 Moreover, 11 perfluorocarboxylic acids (PFCAs) were added as target analytes, including  
144 pentafluorobenzoic acid (PFBA), perfluoropentanoic acid (PFPeA), perfluorohexanoic acid (PFHxA),  
145 perfluoroheptanoic acid (PFHpA), PFOA, perfluorononanoic acid (PFNA), perfluorodecanoic acid  
146 (PFDA), perfluoroundecanoic acid (PFUnDA), perfluorododecanoic acid (PFDoDA),  
147 perfluorotridecanoic acid (PFTTrDA) and perfluorotetradecanoic acid (PFTeDA). The ISTDs included  $^{18}\text{O}_2$ -  
148 PFHxS,  $[1,2,3,4-^{13}\text{C}_4]$ PFOS,  $^{13}\text{C}_4$ -PFBA,  $[1,2-^{13}\text{C}_2]$ PFHxA,  $[1,2,3,4-^{13}\text{C}_4]$ PFOA,  $[1,2,3,4,5-^{13}\text{C}_5]$ PFNA,  $[1,2-$   
149  $^{13}\text{C}_2]$ PFDA,  $[1,2-^{13}\text{C}_2]$ PFUnDA and  $[1,2-^{13}\text{C}_2]$ PFDoDA. The stock ISTD solution was diluted in a mixture of  
150 50:50 (v:v) of HPLC grade acetonitrile (ACN; LiChrosolv. Merck Chemicals, Belgium) and MQ water (18.2  
151 m $\Omega$ , TOC: 2.0 ppb, Merck Millipore, Belgium) at a concentration of 125 pg/ $\mu\text{L}$  to spike the samples.

#### 152 *Chemical extraction*

153 Whole egg content was transferred into a polypropylene (PP) tube and homogenized by repeatedly  
154 sonicating and vortex-mixing. Approximately 0.2 g of homogenized sample was weighed ( $\pm$  0.01 mg,  
155 Mettler Toledo, Zaventem, Belgium) and used for the analysis. The extraction procedure was described  
156 and validated by Groffen et al. (2019c). Homogenates were spiked with 80  $\mu\text{L}$  of 125 pg  $\mu\text{L}^{-1}$  of each  
157 ISTD (in 50:50 (v:v) of ACN:HPLC grade water). After adding 10 mL of ACN, the samples were sonicated  
158 three times (with vortex-mixing in between periods) and left overnight on a shaking plate (135 rpm,  
159 20°C, GFL 3020, VWR International, Leuven, Belgium). Afterwards the samples were centrifuged (4°C,  
160 10 min, 2400 rpm at 1037 g, Eppendorf centrifuge 5804R, rotor A-4-44) and the supernatant was stored  
161 in a 14 mL PP tube. After conditioning and equilibration of the Chromabond HR-XAW SPE cartridges  
162 (Application No 305200, SPE department, Macherey-Nagel, Germany, 2009) with 5 mL of ACN and 5  
163 mL of MQ, respectively, the samples were loaded onto the cartridges. Hereafter, the cartridges were  
164 washed with 5 mL of 25 mM ammonium acetate and 2 mL of ACN. The elution was performed using 2  
165 x 1 mL of 2% ammonium hydroxide in ACN and the purified extract was completely dried with an

166 Eppendorf rotational-vacuum-concentrator (30°C, type 5301, Hamburg, Germany). The dried extract  
167 was reconstituted in 200 µL of 2% ammonium hydroxide in ACN and filtered through a 13 mm Acrodisc  
168 Ion Chromatography Syringe Filter with 0.2 µm Supor polyethersulfone membrane (VWR International,  
169 Leuven, Belgium) into a PP injector vial prior to instrumental analysis.

#### 170 *UPLC-TQD analysis*

171 The target analytes were analyzed using an ACQUITY Ultrahigh Performance Liquid Chromatography  
172 (ACQUITY, TQD, Waters, Milford, MA, USA) coupled to a TQD tandem quadrupole mass spectrometer  
173 (UPLC-MS/MS) with negative electrospray ionization. To separate the different target analytes, an  
174 ACQUITY UPLC BEH C18 VanGuard Pre-column (2.1 x 50 mm; 1.7 µm, Waters, USA) was used. The  
175 mobile phase was composed of ACN, HPLC grade water and 0.1% HPLC grade formic acid. The solvent  
176 gradient started at 65% to 0% water in 3.4 min and back to 65% water at 4.7 min. The flow rate was  
177 set to 450 µL/min and the injection volume was 10 µL. PFAA contamination that might originate from  
178 the system was delayed by insertion of an ACQUITY BEH C18 pre-column (2.1 x 30 mm; 1.7 µm, Waters,  
179 USA) between the solvent mixer and the injector. Each target analyte was identified and quantified  
180 based on multiple reaction monitoring (MRM) of the diagnostic transitions that are displayed in Table  
181 S2.

#### 182 *Quality control and assurance*

183 Per batch of ten samples, one procedural blank (10 mL of ACN) was included to detect any  
184 contamination. To prevent cross-over contamination between samples during detection in the UPLC-  
185 MS/MS, ACN was regularly injected to rinse the columns. Limits of quantification (LOQs) were  
186 calculated for each analyte based on instrumental LOQ considering a signal-to-noise ratio of 10 and  
187 are displayed in Table 1. Individual PFAAs were quantified using their corresponding ISTD with  
188 exception of PFPeA, PFHpA, PFTTrDA, PFTTeDA, PFBS and PFDS for which no ISTD were present.  
189 According to Groffen et al. (2019c), these analytes were all quantified using the ISTD of the compound  
190 closest in terms of functional group and size (Table S2). The quantification of the target analytes was

191 based on an internal standard calibration curve, which is detailed in Lasters et al. (2019). For calibration  
192 verification, we regularly evaluated a mid-level calibration point which was a 1:1 (125 pg/ $\mu$ L PFAAs:125  
193 pg/ $\mu$ L mPFAAs) spiked non-extracted solution of ACN. For samples in which the peak response area of  
194 the target analyte exceeded those of the internal standard with a factor 1000 (= highest calibration  
195 point), diluted sample duplicates were performed in order to fit within the linear range and hence to  
196 reliably quantify the sample. The recovery ranges (min-max) for each PFAAs were calculated by  
197 comparing the peak signal areas of the internal standard for each target compound in the spiked egg  
198 samples with those of the procedural blanks (Table S3).

### 199 *Statistical analyses*

200 The PFAA composition profile in great and blue tit eggs was calculated as the contribution of single  
201 compounds to the total  $\Sigma$ PFAA,  $\Sigma$ PFSA and  $\Sigma$ PFCA concentrations in the eggs. Only eggs originating  
202 from clutches with  $\geq 50\%$  detection frequency for a certain PFAS compound were included for the  
203 analyses, while compounds with  $<50\%$  overall detection frequency were excluded. The boundary of  
204 50% detection frequency was developed in order to prevent that the distribution of the data would be  
205 left-skewed due to overleverage of left-censored data (i.e.  $<LOQ$  values). For quantifications below  
206 LOQ, replacement concentration values were calculated following the maximum likelihood estimation  
207 method (de Solla et al., 2012). The iterative Solver function in Excel (Microsoft corp, version 16.0) was  
208 used to fit all the data values for each compound along a log-normal probability plot based on the  
209 estimated mean and variance of all measurements (Villanueva, 2005). Assumptions of the used  
210 statistical models were examined with Shapiro-Wilks test and data were log-transformed when needed  
211 to meet normality assumptions. All statistical analyses were done in R (version 3.5.2) and  $P < 0.05$  was  
212 set as the basic level of significance. Adjusted  $P$ -values were obtained after Bonferroni correction.

213 The package lmerTest was used to fit linear mixed-effect models (LMMs) with Gaussian error  
214 distribution to test for significant differences in egg PFAA profile and concentrations between blue tits  
215 and great tits. The influence of egg laying order was tested by adding this variable as predictor to the

216 LMM and by standardizing the concentration values of the eggs in function of each clutch mean and  
217 standard deviation. In this way, there is no confounding factor of lesser or greater contaminated  
218 clutches due to varying clutch sizes that can bias possible laying order effects. Hereby, the nest box  
219 identity was included as random intercept to take into account the interdependency of eggs that  
220 originate from the same clutch/mother bird. The egg laying order was included as random slope in the  
221 model to adjust for the nested structure of the dataset (i.e. eggs nested in their respective clutch  
222 cluster). Then, the clutch variation patterns in PFAA concentrations were compared between both  
223 species by estimating variance components (ACV and WCV) from an intercept-only LMM, with nest  
224 box identity as random intercept. All these analyses were restricted to PFOA and the  $\Sigma$ PFAAs, as only  
225 these variables resulted in  $\geq 50\%$  detection of the samples from both species at Fort 4. All the reported  
226 estimates of the effect sizes are shown in figures as empirical means  $\pm$  standard error.

227 Finally, ANCOVA was used with quadratic terms to model egg PFAA concentrations in function of the  
228 two following predictors: species and distance from the PFAA point source (3M). A two-way interaction  
229 term was added to test for species-specific differences in possible concentration changes along the  
230 distance gradient. For these analyses, data of the third eggs from blue tits and great tits were used due  
231 to the limited number of breeding blue tits in nest boxes at study areas other than Fort 4. In this way,  
232 a standardized comparison could be made of the PFAA pattern and concentrations blue tits and great  
233 tits. This analysis was restricted to PFOA and PFOS as these were the only compounds detected in  $\geq 50\%$   
234 of the samples from both species along the gradient.

## 235 **Results**

### 236 *Species comparison: PFAA profile and concentrations (whole clutch data)*

237 An overview of the median and mean concentrations, ranges, detection frequencies and relative  
238 contribution to the  $\Sigma$ PFAAs for all detected PFAAs in eggs of the blue tits and great tits from clutches  
239 at Fort 4 is displayed in Table 1. PFOS was the major contributor to the  $\Sigma$ PFAA concentrations in the  
240 eggs of great tits (74%) with concentrations ranging from 6.7 – 55 ng/g wet weight (ww). By contrast,

241 PFBA contributed most to the  $\Sigma$ PFAA concentrations in blue tit eggs (66%) with concentrations ranging  
242 from <LOQ to 216 ng/g ww (Table 1). For PFOA, the egg concentrations were significantly higher in  
243 blue tits compared to great tits (Fig. 2;  $P < 0.01$ ,  $\chi^2_6 = 10.5$ ), although this compound was detected in  
244 similar frequencies for both species. The  $\Sigma$ PFAA concentrations did not significantly differ between  
245 both species (Fig. 2;  $P > 0.05$ ).

246 Table 1 provides a comparative overview of the PFAA detection frequencies between both species and  
247 shows large differences between them. Strikingly, PFOS was never detected in any blue tit egg while  
248 this compound was detected in all of the eggs in great tits (Table 1). Short-chain PFCAs (PFBA and  
249 PFHxA) were only detected in blue tit eggs, while various long-chain PFCAs (PFNA, PFDoDA, PFTrDA  
250 and PFTeDA) were only found in great tit eggs (Table 1). For blue tits, the highest detection frequency  
251 was observed for PFOA (90%), followed by PFBA (63%) (Table 1). In great tits, PFOS and PFOA were  
252 both mostly detected and in equal frequencies. With exception of PFOS, none of the target PFSAs  
253 (PFHxS, PFBS and PFDS) was detected in both species. In addition, some of the target short-chain PFCAs  
254 (PFPeA and PFHpA) were not detected in any of the egg samples as well. Notably, PFHxS and PFHxA  
255 were detected in 35% and 5% of the blue tit clutches at the fluorochemical plant site, respectively,  
256 while these compounds were never detected in any of the great tit eggs.

#### 257 *Clutch variation patterns in PFAA concentrations (whole clutch data)*

258 For both tit species, a large variation in PFOA egg concentrations was observed throughout the laying  
259 order (Fig. 3). The within-clutch variation (WCV) explained most of the total variation in PFAA  
260 concentrations and was much larger than the among-clutch variation (ACV) (Fig. 4). The WCV  
261 contributed for 71% and 97% to the total variation in  $\Sigma$ PFAA concentrations of great tit and blue tit  
262 clutches, respectively. This pattern was reflected in an overall significant decline of PFOA  
263 concentrations in blue tit clutches ( $-0.017 \pm 0.012$ ;  $\chi^2_6 = 0.86$ ,  $P < 0.05$ ), while these concentrations  
264 followed no pattern in great tit clutches (Fig. 3;  $P > 0.05$ ).

#### 265 *PFOS and PFOA concentrations along the distance gradient (using 3<sup>rd</sup> egg data)*

266 The change of egg PFAA concentrations along the distance gradient is depicted in Fig. 5. The egg PFOS  
267 concentrations decreased significantly in both species from the fluorochemical plant onwards (Fig. 5;  
268  $F_{1,125} = 63$ ,  $P < 0.001$ ), with a more steep decline in great tits compared to blue tits (significant  
269 interaction term:  $F_{1,125} = 5.9$ ,  $P < 0.05$ ). The linear model showed that distance from the fluorochemical  
270 plant explained 66% and 32% of the total variation in egg PFOS concentrations of the great tit and blue  
271 tit, respectively (Fig. 5;  $R^2$  great tit = 0.66 and  $R^2$  blue tit = 0.32). Egg PFOS concentrations were  
272 significantly higher in great tits than blue tits along the whole gradient (Fig. 5;  $F_{1,125} = 25$ ,  $P < 0.001$ )  
273 with concentrations ranging from <LOQ to 187000 ng/g ww and from <LOQ to 6743 ng/g ww,  
274 respectively.

275 Similarly, PFOA concentrations in eggs of blue tits and great tits declined with distance from the  
276 fluorochemical plant (Fig. 5;  $F_{1,125} = 23$ ,  $P < 0.001$ ). However, PFOA concentrations decreased in the  
277 same way along the distance gradient as the interaction term between species and distance from the  
278 fluorochemical plant was not significant ( $P > 0.05$ ). The linear model estimated that 60% and 15% of  
279 the total variation in PFOA concentrations could be explained by the distance from the fluorochemical  
280 plant (Fig. 5;  $R^2$  great tit = 0.60 and  $R^2$  blue tit = 0.15). The egg PFOA concentrations in blue tits were  
281 significantly higher compared to great tits (Fig. 5;  $F_{1,125} = 12$ ,  $P < 0.01$ ) and concentrations ranged from  
282 <LOQ to 359 ng/g ww and from <LOQ to 34 ng/g ww along the gradient.

## 283 **Discussion**

### 284 *Species comparison: PFAA profile and concentrations (whole clutch data)*

285 Compared to previous biomonitoring studies on bird eggs near Antwerp, the PFAA concentrations in  
286 whole clutches of both tit species were relatively low (Groffen et al., 2017, 2019a; Lopez-Antia et al.,  
287 2017, 2019). The study area in which whole clutches were collected for the species comparison, i.e.  
288 Fort 4, is located around 11 km from the nearest known PFAA point source (3M). Earlier monitoring  
289 studies in birds showed that egg PFAA concentrations decreased rapidly from the point source  
290 onwards (Groffen et al., 2017, 2019a), which was also confirmed in the present study for PFOS and

291 PFOA (Fig. 5). This finding is also in agreement with monitoring studies in birds near other  
292 fluorochemical hotspots (Custer et al. 2012, Russell et al., 2019).

293 The hypothesis that great tits would show a more diverse detection profile compared to blue tits was  
294 confirmed (Table 1). The profile of both species was unexpectedly divergent from each other: the PFAA  
295 profile of great tits was characterized by domination of PFOS along with frequent detections of various  
296 long-chain PFCAs, including the ubiquitous compound PFOA. In blue tits, on the other hand, PFOA was  
297 most frequently observed and target short-chain PFCAs (PFBA and PFHxA) were only detected in this  
298 species. Importantly, PFOS was not detected in any of the blue tit clutches at Fort 4 and only a few  
299 long-chain PFCAs (PFDA and PFUnDA) were found compared to great tits. The dominant exposure  
300 source of PFAAs in terrestrial animals is considered to be the diet (D'Hollander et al., 2015; Gebbink et  
301 al., 2015). Therefore, it is likely that these contrasting results reflect differences in diet and foraging  
302 habits between both species.

303 Both species are income breeders that mainly use recently incorporated exogenous resources for the  
304 formation of their eggs (Ward and Bryant, 2006; Van den Steen et al., 2009a) and they are primarily  
305 insectivorous birds that preferentially feed on caterpillars throughout the year (Pollock et al., 2017;  
306 Grzędzicka, 2018). However, great tits are more ground-feeding birds compared to blue tits, who feed  
307 almost exclusively arboreal in the canopy during the breeding season (Krebs, 1971; Cramp and Perrins,  
308 1993). Consequently, blue tits feed almost solely on herbivorous prey, such as aphids and caterpillars  
309 (Cowie and Hinsley, 1988), which are expected to mostly accumulate short-chain PFAAs. These short-  
310 chain compounds are highly water soluble and are known to be dominantly present in contaminated  
311 plant tissues, especially the leaf parts (Blaine et al., 2013, Brendel et al., 2018). In this way, short-chain  
312 PFAAs can be transferred through this particular food chain to blue tits and may ultimately be  
313 deposited in the eggs. On the other hand, great tits may be exposed to more different PFAA  
314 compounds through the intake of additional food sources when foraging on the ground, such as spiders  
315 and beetles (Cramp and Perrins, 1993; Van den Steen et al., 2010). Several studies suggest that long-

316 chain PFAAs (e.g. PFOS and C<sub>10</sub>-C<sub>14</sub> PFCA analogues) can accumulate in potential food sources of the  
317 great tit (D'Hollander et al., 2014; Groffen et al., 2019b).

318 Spatial or temporal variation in egg sampling of both species could also affect the PFAA profiles  
319 between great tits and blue tits. However, the whole clutch data were collected in the same area (Fort  
320 4) and time period (i.e. March-April 2016) and this was further evidenced by the fact that the laying  
321 date of the 1<sup>st</sup> egg did not significantly differ between the species (Table S4). Consequently, these  
322 diverging results are not likely a result of differences in spatial or temporal variation.

323 Importantly, it cannot be ruled out that the diverging detection and accumulation profiles between  
324 both species are also caused by differences in egg nutrient composition. From all nutrient classes,  
325 proteins are considered the most important carriers transferring PFAAs from one biological matrix (e.g.  
326 liver mother bird) to the other (e.g. eggs) (Jones et al, 2003; Lau et al., 2007; Wang et al., 2019).  
327 Although very little is known about egg nutrient allocation in tit species, recent proteome analysis of  
328 blue tits demonstrated that concentrations of abundant egg proteins can differ to great extent with  
329 those in great tits (Valcu et al., 2019). For instance, ovotransferrin, an abundant egg protein, can be  
330 present in more than 10 times higher concentrations in yolk of blue tits compared to great tit yolk  
331 (Valcu et al., 2019). Furthermore, egg nutrient deposition may also vary among individuals due to  
332 differences in age or clutch size (Bourgault et al., 2007; Valcu et al., 2019). Unfortunately, no data of  
333 the mother bird, such as age or reproductive status, could be obtained.

334 Higher protein concentrations in blue tit eggs may have resulted in increased matrix effects during the  
335 extraction process. This is supported by the fact that LOQ values for some of the detected PFAAs were  
336 often much larger in blue tits compared to great tits, especially for PFOS and some long-chain PFCAs  
337 that were absent in the detection profile of blue tits (Table 1). Moreover, extraction recoveries of some  
338 compounds (e.g. PFOS) were considerably lower for blue tit eggs compared to those of great tits (Table  
339 S3). This indicates that larger matrix effects, due to presumably higher protein residue concentrations  
340 in the blue tit eggs, may have caused larger suppression of the ion signal leading to lower peak signal

341 resolutions. Therefore, it is plausible that the absence of particular PFAAs in blue tit eggs is also a  
342 consequence of analytical difficulties as a result of the varying egg protein composition between both  
343 species.

#### 344 *Clutch variation patterns in PFAA concentrations (whole clutch data)*

345 The WCV for all PFAS was higher than the ACV in both species, which is supported by other studies on  
346 PFAA clutch variation (Custer et al., 2012; Vicente et al., 2015; Lasters et al., 2019). As was described  
347 previously, the production of eggs is energetically costly and tits use current rather than stored  
348 nutrients for this process (Williams, 2005; Ward and Bryant, 2006; Van den Steen et al., 2009a). The  
349 WCV pattern was even larger in blue tit clutches than in those of great tits (Fig. 4), which can best be  
350 explained by the larger clutch sizes of blue tits (Table S4) between both species. Blue tits can have  
351 clutches up to 16 eggs, having among the largest clutch sizes ever reported in songbirds (Cramp and  
352 Perrins, 1993). Furthermore, blue tits invest a larger amount of resources into their eggs than great  
353 tits, relative to their body weight (Van den Steen et al., 2009a). Finally, variation in food preferences  
354 of the mother bird or shifting availability of prey types throughout the breeding season can also be  
355 contributing mechanisms to increase WCV in passerines (Longcore et al., 2007; Custer et al., 2010;  
356 Valcu et al., 2019).

357 The PFOA concentrations decreased significantly throughout the laying order in blue tits which may be  
358 caused by physiological exhaustion of the mother bird during the egg laying period. The formation of  
359 eggs is a very energy-demanding process, during which females experience constraints in nutrient  
360 mobilization from the liver to the eggs as the egg laying period proceeds (Bourgault et al., 2007; Valcu  
361 et al., 2019). In addition, females rely on daily replenishment of their endogenous maternal resources  
362 with dietary resources during the laying period (Ward and Bryant, 2006; Bourgault et al., 2007; Van  
363 den Steen et al., 2009b). Nutrients stored in maternal tissue usually hold higher concentrations of  
364 bioaccumulative pollutants than those in dietary resources (Braune and Norstrom, 1989; Van den  
365 Steen et al., 2009b). For the production of the first eggs, the females will mainly use maternal

366 resources, whereas dietary resources, which might contain lower PFOA concentrations, are used for  
367 the later eggs (Van den Steen et al., 2009a).

368 This finding is in agreement with those reported for other organic pollutants (Van den Steen et al.,  
369 2006, 2009a, 2009b), PFOS in gulls (Vicente et al., 2015) and for most other PFAAs in great tits, but not  
370 PFOA (see Fig. S1; Lasters et al., 2019). Although speculative, it is plausible that metabolic differences  
371 between both species in assimilation efficiency of specific nutrients to which PFOA binds, might  
372 underpin this result. Lastly, it should be noticed that the declining pattern of PFAA concentrations in  
373 blue tits is not very evident, whereas more declining trends could be observed for various PFAA  
374 compounds in great tits. Although speculative, it may be that a large part of the blue tit mother birds  
375 overwintered in a relatively low PFAA exposure region prior to the breeding season and consequently  
376 built up relatively low concentrations of PFAAs in their maternal reserves prior to the breeding season.  
377 If they then disperse for breeding purposes to Fort 4, which is also a relatively low PFAA exposure  
378 region, the difference between the concentrations in the maternal reserves and those in the diet may  
379 not be too large. This may result in a more homogeneous distribution of PFAA concentrations in the  
380 eggs and hence absence of clear laying order effects. Furthermore, the sample size is relatively small  
381 for our clutch dataset and, to the best of our knowledge, no other studies exist that examined laying  
382 order effects of PFAAs in passerines, which also makes it difficult to compare our study results properly  
383 and to disentangle possible explanations from each other.

#### 384 *PFOS and PFOA concentrations along the distance gradient (3<sup>rd</sup> egg data)*

385 Using the sub-dataset of the third eggs, PFOS concentrations in great tits were significantly higher than  
386 in eggs of blue tits along the whole distance gradient (Fig. 5). On average, great tits have a longer  
387 lifespan and larger body size ( $\pm 20\%$ ) than blue tits (Cramp and Perrins, 1993). In theory, this should  
388 result in a larger bioaccumulation and biomagnification potential of PFOS (Conder et al., 2008, Yoo et  
389 al., 2008) in great tits compared to blue tits. However, the reverse pattern was true for PFOA and also  
390 the general PFAA detection profile vastly differed between both tit species, as mentioned in the earlier

391 species comparison based on whole clutch data. This suggests that both species experience different  
392 PFAA exposure sources via food, have different foraging habits or different egg protein composition,  
393 as discussed earlier. Unfortunately, no data of the diet or age could be obtained to validate these  
394 hypotheses.

395 The distance to the fluorochemical plant site in the linear model explained less of the total variation in  
396 PFOA and PFOS concentrations in eggs of blue tits, compared to great tits (Fig. 5). Furthermore, PFOS  
397 concentrations significantly decreased more rapidly in great tits eggs and the contribution of PFOA  
398 along the gradient remained constantly low (<3%), while this was more variable in blue tits. Together,  
399 these findings indicate that exposure sources other than the fluorochemical plant site and biological  
400 differences play an important role in the contribution to the total PFAA burden of blue tits. Females of  
401 the blue tits disperse more frequently than those of the great tit, over distances up to several  
402 kilometers, which results in less recruitment of local offspring compared to great tits (Greenwood et  
403 al., 1979; Cramp and Perrins, 1993; Van den Steen et al., 2010). Therefore, it could be that some of the  
404 breeding blue tit females at the considered study areas along the pollution gradient are immigrants  
405 that originate from sites with another PFAA exposure background. Hence, the egg PFAA concentrations  
406 in blue tits show a more variable pattern along the pollution gradient than in great tits.

407 Based on the present whole clutch data of the blue tit and great tit, which are both important  
408 ecotoxicological model species, large WCV of PFAA concentrations was found as well as clear  
409 differences in terms of PFAA profile and concentrations between both species. Therefore, our results  
410 strongly suggest that even co-occurring bird species may have different exposure pathways to PFAAs  
411 and/or different egg nutrient composition. This implies that biomonitoring results cannot be  
412 generalized across species, but rather, species have their own specific relevance with respect to  
413 biomonitoring of PFAAs and provide complementary information. In this regard, the great tit may  
414 foresee rather qualitative information about the various types of PFAAs present in a given environment

415 compared to the blue tit. On the other hand, the blue tit may provide more quantitative information  
416 than the great tit on the extent of contamination for some dominant PFAAs, for instance PFOA.

#### 417 **Conclusion**

418 To the best of our knowledge, we have presented the first comparative study in PFAA profile and  
419 concentrations between two passerines from egg data of the same study area and same breeding  
420 season, which provided novel insights in the ecotoxicology of PFAAs. Distinct differences were found  
421 between two co-occurring passerine species, the great tit and blue tit, in terms of PFAA profile and  
422 laying order effects. Great tits showed a much more diverse egg PFAA detection profile than blue tits  
423 and egg concentrations of individual compounds were divergent, suggesting differences in diet and  
424 foraging habits. Moreover, egg protein composition differences between both species may also explain  
425 some of the observed differences between the species, as analytical difficulties were experienced with  
426 the blue tit egg extraction, presumably due to larger matrix effects in this species. For both species,  
427 variation of PFAA concentrations within clutches was much larger than among clutches. On the other  
428 hand, patterns of laying order effects on PFAA concentrations were different between great tits and  
429 blue tits. Although egg PFOA concentrations of both species similarly decreased from the  
430 fluorochemical point source onwards, much more variation in egg PFOA concentrations could be  
431 explained by distance from the fluorochemical plant in great tits than in blue tits. Based on our results,  
432 biomonitoring results of PFAAs in eggs are most likely not generalizable across bird species.

#### 433 **Acknowledgements**

434 The authors are very thankful to the Fund for Scientific Research Flanders (FWO-Flanders) and the  
435 University of Antwerp for funding this research (FWO nr: G038615N). In addition, we would like to  
436 express our sincere thanks to 3M for the opportunity to conduct this study at their site. Furthermore,  
437 we would like to acknowledge Ana Lopez-Antia, Peter Scheys and Geert Eens for their help during the  
438 fieldwork and Tim Willems for performing the UPLC analysis. We are extremely thankful to Wouter  
439 Melens, Koen Maes and the Agency for Nature and Forest (ANB) for providing us access to the different  
440 sampling sites and for the possibility to store field materials in these areas. Finally, we would like to

441 thank E. Matthysen, V. Jaspers, P. de Voogt and R. Scheifler for proofreading the manuscript and  
442 providing helpful comments and suggestions that improved the quality of this study.

443 **References**

- 444 Beach, S. A., Beach, J. L., Newsted, K., Coady, K. and Giesy, J. P. (2006). Ecotoxicological evaluation of  
445 perfluorooctanesulfonate (PFOS). *Reviews of Environmental Contamination and Toxicology* 186: 133 –  
446 174.
- 447 Blaine, A. C., Rich, C. D., Hundal, L. S., Lau, C., Mills, M. A., Harris, K. M. and Higgins, C. P. (2013). Uptake  
448 of perfluoroalkyl acids into edible crops via land applied biosolids: field and greenhouse studies.  
449 *Environmental Science and Technology*. 47: 14062 – 14069.
- 450 Bourgault, P., Thomas, D. W., Blondel, J., Perret, P. and Lambrechts, M. M. (2007). Between-population  
451 differences in egg composition in blue tits (*Cyanistes caeruleus*). *Canadian Journal of Zoology*. 85: 71 –  
452 80.
- 453 Braune, B. M. and Norstrom, R. J. (1989). Dynamics of organochlorine compounds in herring gulls: III.  
454 Tissue distribution and bioaccumulation in Lake Ontario gulls. *Environmental Toxicology and*  
455 *Chemistry*. 8: 957 – 968.
- 456 Brendel, S., Fetter, E., Staude, C., Vierke, L. and Annegret, B. (2018). Short-chain perfluoroalkyl acids:  
457 environmental concerns and a regulatory strategy under REACH. *Environmental Sciences Europe* 30: 9  
458 – 20.
- 459 Buck, R. C., Franklin, J., Berger, U., Conder, J. M., Cousins, I. T., De Voogt, P., Jensen, A. A., Kannan, K.,  
460 Mabury, S. A. and Van Leeuwen, S. P. J. (2011). Perfluoroalkyl and polyfluoroalkyl substances in the  
461 environment: terminology, classification, and origins. *Integrated Environmental Assessment and*  
462 *Management* 7: 513 – 541.
- 463 Butt, C. M., Berger, U., Bossi, R., and Tomy, G. T. (2010). Levels and trends of poly- and perfluorinated  
464 compounds in the arctic environment. *Science of the Total Environment* 408: 2936 – 2965.
- 465 Conder, J. M., Hoke, R. A., De Wolf, W., Russell, M. H. and Buck, R. C. (2008). Are PFCAs  
466 bioaccumulative? A critical review and comparison with regulatory criteria and persistent lipophilic  
467 compounds. *Environmental Science and Technology* 42: 995 – 1003.
- 468 Cowie, R. J. and Hinsley, S. A. (1988). Feeding ecology of great tits (*Parus major*) and blue tits (*Parus*  
469 *caeruleus*), breeding in suburban gardens. *Journal of Animal Ecology* 57: 611 – 626.
- 470 Cramp, S. and Perrins, C. M. (1993). *Handbook of the Birds of Europe the Middle East and North Africa.*  
471 *The Birds of the Western Palearctic. Volume VII – Flycatchers to Shrikes. Chapter Paridae:* pp. 145 –  
472 281. Oxford University Press, Oxford: New York.

473 Custer, C. M., Gray, B. R. and Custer, T. W. (2010). Effects of egg order on organic and inorganic element  
474 concentrations and egg characteristics in tree swallows, *Tachycineta bicolor*. *Environmental Toxicology*  
475 *and Chemistry* 29: 909 – 921.

476 Custer, C. M., Custer, T. W., Schoenfuss, H. L., Poganski, B. H. and Solem, L. (2012). Exposure and effects  
477 of perfluoroalkyl compounds on tree swallows nesting at Lake Johanna in east central Minnesota, USA.  
478 *Reproductive Toxicology* 33: 556 – 562.

479 Custer, C. M., Custer, T. W., Dummer, P. M., Etterson, M. A., Thogmartin, W. E., Wu, Q., Kannan, K.,  
480 Trowbridge, A. and McKann, P. C. (2014). Exposure and effects of perfluoroalkyl substances in tree  
481 swallows nesting in Minnesota and Wisconsin, USA. *Archives of Environmental Contamination and*  
482 *Toxicology* 66: 120 – 138.

483 Dauwe, T., Bervoets, L., Janssens, E., Pinxten, R., Blust, R. and Eens, M. (2002). Great and blue tit  
484 feathers as biomonitors for heavy metal pollution. *Ecological Indicators* 1: 227 – 234.

485 Dauwe, T., Van de Vijver, K., de Coen, W. and Eens, M. (2007). PFOS levels in the blood and liver of a  
486 small insectivorous songbird near a fluorochemical plant. *Environment International* 33: 357 – 361.

487 De Solla, S. R., de Silva, A. O. and Letcher, R. J. (2012). Highly elevated levels of perfluorooctane  
488 sulfonate and other perfluorinated acids found in biota and surface water downstream of and  
489 international airport, Hamilton, Ontario, Canada. *Environment International*. 39: 19 – 26.

490 D'Hollander, W., De Bruyn, L., Hagenars, A., de Voogt, P. and Bervoets, L. (2014). Characterisation of  
491 perfluorooctane sulfonate (PFOS) in a terrestrial ecosystem near a fluorochemical plant in Flanders,  
492 Belgium. *Environmental Science and Pollution Research* 21: 11856 – 11866.

493 D'Hollander, W., Herzke, D., Huber, S., Hajslova, J., Pulkrabova, J., Brambilla, G., De Filippis, S. P.,  
494 Bervoets, L. and de Voogt, P. (2015). Occurrence of perfluorinated alkylated substances in cereals, salt,  
495 sweets, and fruit items collected in four European countries. *Chemosphere* 129: 179 – 185.

496 Fang, S., Chen, X., Zhao, S., Zhang, Y., Jiang, W., Yang, L. and Zhu, L. (2014). Trophic magnification and  
497 isomer fractionation of perfluoroalkyl substances in the food web of taihu lake, China. *Environmental*  
498 *Science and Technology* 48: 2173 – 2182.

499 Fedorenko, M., Alesio, J., Fedorenko, A., Slitt, A. and Bothun, G. D. (2021) Dominant entropic binding  
500 of perfluoroalkyl substances (PFASs) to albumin protein revealed by <sup>19</sup>F NMR. *Chemosphere* 263: 1 –  
501 9.

502 Gebbink, W. A. and Letcher, R. J. (2012). Comparative tissue and body compartment accumulation and  
503 maternal transfer to eggs of perfluoroalkyl sulfonates and carboxylates in Great Lakes herring gulls.  
504 Environmental Pollution 162: 40 – 47.

505 Gebbink, W. A., Berger, U. and Cousins, I. T. (2015). Estimating human exposure to PFOS isomers and  
506 PFCA homologues: the relative importance of direct and indirect (precursor) exposure. Environment  
507 International 74: 160 – 169.

508 Giesy, J. P. and Kannan, K. (2001). Global distribution of perfluorooctane sulfonate in wildlife.  
509 Environmental Science and Technology 35: 1339 – 1342.

510 Giesy, J. P. and Kannan, K. (2002). Perfluorochemical surfactants in the environment: These  
511 bioaccumulative compounds occur globally, warranting further study. Environmental Science and  
512 Technology 36: 146A – 152A.

513 Greenwood, P. J., Harvey, P. H. and Perrins, C. M. (1979). The Role of Dispersal in the Great Tit (*Parus*  
514 *major*): The Causes, Consequences and Heritability of Natal Dispersal. Journal of Animal Ecology. 48:  
515 123 – 142.

516 Groffen, T., Lopez-Antia, A., D'Hollander, W., Prinsen, E., Eens, M. and Bervoets, L. (2017).  
517 Perfluoroalkylated acids in the eggs of great tits (*Parus major*) near a fluorochemical plant in Flanders,  
518 Belgium. Environmental Pollution 228: 140 – 148.

519 Groffen, T., Lasters, R., Lopez-Antia, A., Prinsen, E., Bervoets, L. and Eens, M. (2019a). Limited  
520 reproductive impairment in a passerine bird species exposed along a perfluoroalkyl acid (PFAA)  
521 pollution gradient. Science of the Total Environment 652: 718 – 728.

522 Groffen, T., Eens, M. and Bervoets, L. (2019b). Do concentrations of perfluoroalkylated acids (PFAAs)  
523 in isopods reflect concentrations in soil and songbirds? A study using a distance gradient from a  
524 fluorochemical plant. Science of the Total Environment 657: 111 – 123.

525 Groffen, T., Lasters, R., Lemièrre, F., Willems, T., Eens, M., Bervoets, L. and Prinsen, E. (2019c).  
526 Development and validation of an extraction method for the analysis of perfluoroalkyl substances  
527 (PFASs) in environmental and biotic matrices. Journal of Chromatography B 1116: 30 – 37.

528 Grzędzicka, E. (2018). Habitat and diet variability of two coexisting tit species in central European  
529 forests. Bird Study 65: 52 – 61.

530 Hoff, P. T., Van de Vijver, K., Dauwe, T., Covaci, A., Marevoet, J., Eens, M., Blust, R. and De Coen, W.  
531 (2005). Evaluation of biochemical effects related to perfluorooctane sulfonic acid exposure in

532 organohalogen-contaminated great tit (*Parus major*) and blue tit (*Parus caeruleus*) nestlings.  
533 Chemosphere 61: 1558 – 1569.

534 Jones, P. D., Hu, W., De Coen, W., Newsted, J. L. and Giesy, J. P. (2003). Binding of perfluorinated fatty  
535 acids to serum proteins. Environmental Toxicology and Chemistry 22: 2639 – 2649.

536 Krebs, J. R. (1971). Territory and breeding density in the great tit, *Parus major* L. Ecology 52: 2 – 22.

537 Lasters, R., Groffen, T., Lopez-Antia, A., Bervoets, L. and Eens, M. (2019). Variation in PFAA  
538 concentrations and egg parameters throughout the egg-laying sequence in a free-living songbird (the  
539 great tit, *Parus major*): implications for biomonitoring studies. Environmental Pollution 246: 237 – 248.

540 Lau, C., Anitole, K., Hodes, C., Lai, D., Pfahles-Hutchens, A. and Seed, J. (2007). Perfluoroalkyl acids: a  
541 review of monitoring and toxicological findings. Toxicological Sciences 99: 366 – 394.

542 Longcore, J. R., Haines, T. A. and Halteman, W. A. (2007). Mercury in tree swallow food, eggs, bodies,  
543 and feathers at Acadia National Park, Maine, and an EPA Superfund site, Ayer, Massachusetts.  
544 Environmental Monitoring and Assessment 126: 129 – 143.

545 Lopez-Antia, A., Dauwe, T., Meyer, J., Maes, K., Bervoets, L. and Eens, M. (2017). High levels of PFOS in  
546 eggs of three bird species in the neighbourhood of a fluoro-chemical plant. Ecotoxicology and  
547 Environmental Safety 139: 165 – 171.

548 Lopez-Antia, A., Groffen, T., Lasters, R., AbdElgawad, H., Sun, J., Asard, H., Bervoets, L. and Eens, M.  
549 (2019). Perfluoroalkyl acids (PFAAs) concentrations and oxidative status in two generation of great tits  
550 inhabiting a contamination hotspot. Environmental Science and Technology 53: 1617 – 1626.

551 Pollock, C. J., Capilla-Lasheras, P., McGill, R. A. R., Helm, B. and Dominoni, D. M. (2017). Integrated  
552 behavioural and stable isotope data reveal altered diet linked to low breeding success in urban-  
553 dwelling blue tits (*Cyanistes caeruleus*). Scientific Reports 7: 5014.

554 Rodriguez-Jorquere, I. A., Silva-Sanchez, C., Strynar, M., Denslow, N. D. and Toor, G. S. (2016).  
555 Footprints of urban micro-pollution in protected areas: investigating the longitudinal distribution of  
556 perfluoroalkyl acids in wildlife preservers. PLoS One 11: 1 – 18.

557 Russell, M. C., Newton, S. R., McClure, K. M., Levine, R. S., Phelps, L. P., Lindstrom, A. B. and Strynar,  
558 M. J. (2019). Per- and polyfluoroalkyl substances in two different populations of northern cardinals.  
559 Chemosphere 222: 295 – 304.

560 Su, G., Letcher, R. J., Moore, J. N., Williams, L. L. and Grasman, K. A. (2017). Contaminants of emerging  
561 concern in Caspian tern compared to herring gull eggs from Michigan colonies in the Great Lakes of  
562 North America. *Environmental Pollution* 222: 154 – 164.

563 Surma, M., Piskula, M., Wiczowski, W. and Zielinski, H. (2017). The perfluoroalkyl carboxylic acids  
564 (PFCAs) and perfluoroalkane sulfonates (PFSA) contamination level in spices. *European Food Research*  
565 *and Technology* 243: 297 – 307.

566 Valcu, C-M., Scheltema R. A., Schweiggert, R. M., Valcu, M., Teltcher, K., Walther, D. M., Carle, R. and  
567 Kempnaers, B. (2019). Life history shapes variation in egg composition in the blue tit *Cyanistes*  
568 *caeruleus*. *Communications Biology* 2: 1 – 14.

569 Van den Steen, E., Dauwe, T., Covaci, A., Jaspers, V. L. B., Pinxten, R. and Eens, M. (2006). Within- and  
570 among-clutch variation of organohalogenated contaminants in eggs of great tits (*Parus major*).  
571 *Environmental Pollution* 144: 355 – 359.

572 Van den Steen, E., Eens, M., Jaspers, V. L. B., Covaci, A. and Pinxten, A. (2009a). Effects of laying order  
573 and experimentally increased egg production on organic pollutants in eggs of a terrestrial songbird  
574 species, the great tit (*Parus major*). *Science of the Total Environment* 407: 4764 – 4770.

575 Van den Steen, E., Jaspers, V. L. B., Covaci, A., Neels, H., Eens, M. and Pinxten, R. (2009b). Maternal  
576 transfer of organochlorines and brominated flame retardants in blue tits (*Cyanistes caeruleus*).  
577 *Environment International* 35: 69 – 75.

578 Van den Steen, E., Pinxten, R., Covaci, A., Carere, C., Eeva, T., Heeb, P., Kempnaers, B., Lifjeld, J. T.,  
579 Massa, B., Norte, A. C., Orell, M., Sanz, J. J., Senar, J. C., Sorace, A. and Eens, M. (2010). The use of blue  
580 tit eggs as a biomonitoring tool for organohalogenated pollutants in the European environment.  
581 *Science of the Total Environment* 408: 1451 – 1457.

582 Vicente, J., Sanpera, C., García-Tarrasón, M., Pérez, A. and Lacorte, S. (2015). Perfluoroalkyl and  
583 polyfluoroalkyl substances in entire clutches of Audouin's gulls from the Ebro delta. *Chemosphere* 119:  
584 62 – 69.

585 Villanueva, P. (2005). MLE-based procedure for left-censored data excel spreadsheet. Office of  
586 Pesticide Programs. U.S. Environmental Protection Agency, Washington, DC.

587 Wang, F., Zhao, C., Gao, Y., Fu, J., Gao, K., Lv, K., Wang, K., Yue, H., Lan, X., Liang, Y. et al. (2019). Protein-  
588 specific distribution patterns of perfluoroalkyl acids in egg yolk and albumen samples around a  
589 fluorochemical facility. *Science of the Total Environment* 650: 2697 – 2704.

- 590 Ward, S. and Bryant, D. M. (2006). Barn swallows *Hirundo rustica* form eggs mainly from current food  
591 intake. *Journal of Avian Biology* 37: 179 – 189.
- 592 Williams, T. D. (2005). Mechanisms underlying the costs of egg production. *Bioscience* 55: 39 – 48.
- 593 Yoo, H., Kannan, K., Kim, K. S., Lee, K. T., Newsted, J. L. and Giesy, J. P. (2008). Perfluoroalkyl acids in  
594 the egg yolk of birds from Lake Shihwa, Korea. *Environmental Science and Technology* 42: 5821 – 5827.

## Tables and figures

### Tables

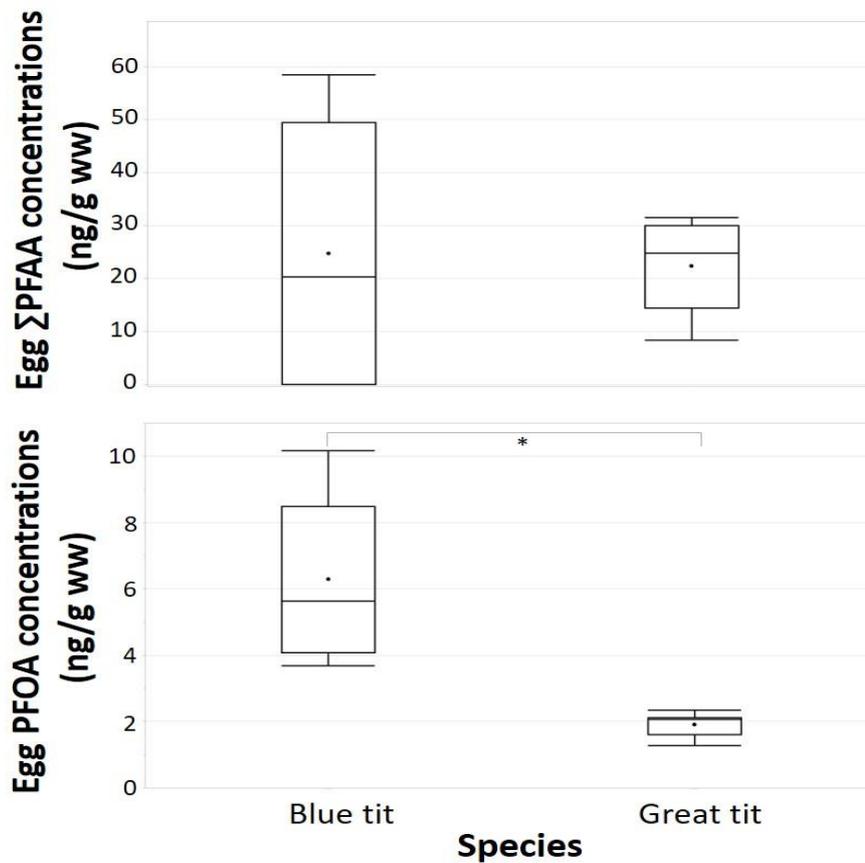
**Table 1:** Limits of quantification (LOQs; ng/g ww, determined as 10x the S/N ratio), median and mean concentrations (ng/g ww), min-max ranges (ng/g ww), detection frequencies (Freq. (%)) and relative contribution (Contr. (%) to the  $\Sigma$ PFAAs) of the target PFAA analytes in pooled blue tit eggs and pooled great tit eggs from whole clutches of Fort 4 near Antwerp (Belgium) in 2016. <sup>1</sup> Great tit data were adopted from Lasters et al. (2019). <LOQ = below the limit of quantification.

SPECIES	PFCAs									PFSAs	$\Sigma$ PFAAs
<b>Blue tit (N = 81)</b>	PFBA	PFHxA	PFOA	PFNA	PFDA	PFUnDA	PFDoDA	PFTrDA	PFTeDA	PFOS	/
LOQ	0.12	0.30	0.04	3.0	0.78	0.78	2.6	0.28	1.3	11	/
Median	0.29	<LOQ	4.30	<LOQ	<LOQ	<LOQ	<LOQ	<LOQ	<LOQ	<LOQ	20
Mean	13	<LOQ	5.7	<LOQ	<LOQ	0.87	<LOQ	<LOQ	<LOQ	<LOQ	24
Range	<LOQ – 85	<LOQ – 1.2	<LOQ – 58	<LOQ	<LOQ – 7.2	<LOQ – 11	<LOQ	<LOQ	<LOQ	<LOQ	<LOQ– 59
Freq.	63	5	90	0	6	26	0	0	0	0	100%
Contr.	66	0.18	30	0	0.90	2.9	0	0	0	0	/
<b>Great tit <sup>1</sup> (N = 47)</b>											
LOQ	0.26	0.30	0.05	0.59	0.43	0.78	0.44	0.26	0.36	2.6	/
Median	<LOQ	<LOQ	1.4	1.0	1.4	<LOQ	1.8	1.1	<LOQ	24	25
Mean	<LOQ	<LOQ	2.0	1.0	1.5	<LOQ	2.1	1.0	0.43	26	22
Range	<LOQ	<LOQ	0.72 – 3.7	<LOQ – 2.4	<LOQ – 3.5	<LOQ	0.90 – 4.8	<LOQ – 5.7	<LOQ – 2.0	6.7 – 55	8.4-32
Freq.	<LOQ	<LOQ	100	81	96	<LOQ	95	94	40	100	100%
Contr.	0	0	7	3.1	4.6	0	7	3.7	0.95	74	/

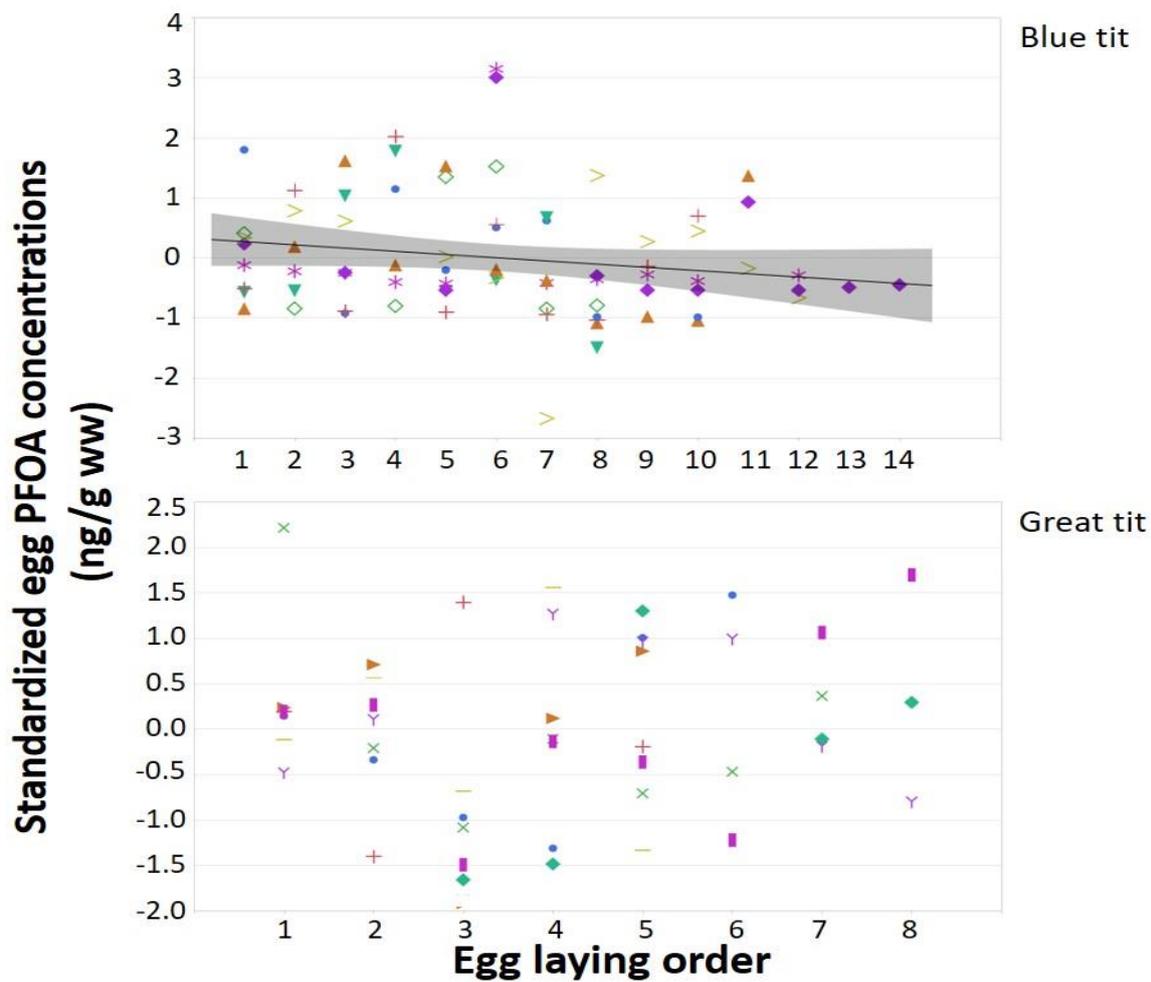
Figures



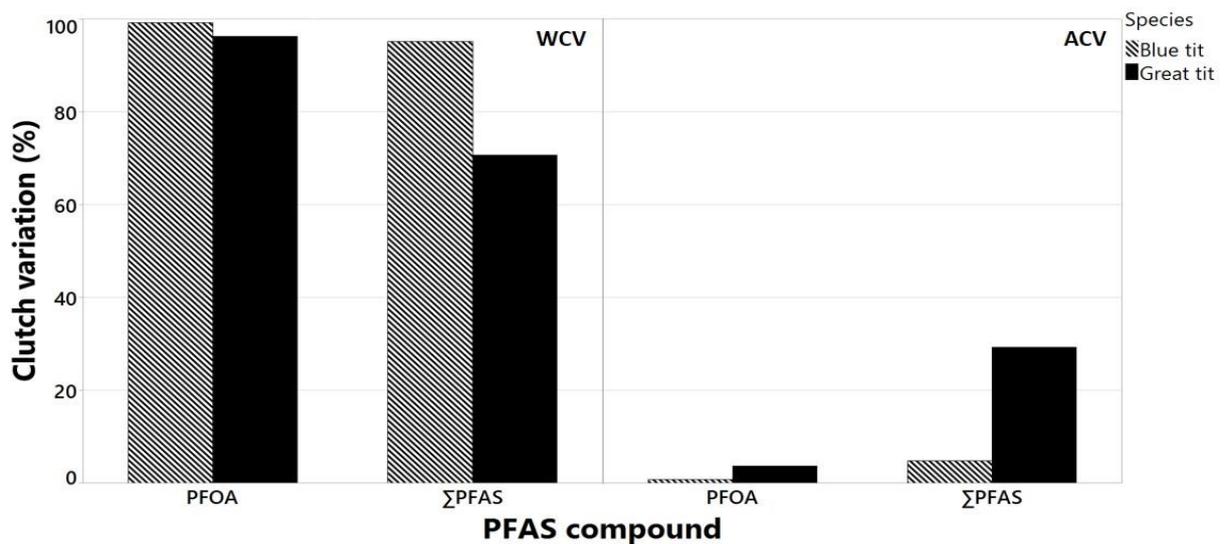
**Fig. 1:** Overview of the study area in Antwerp, Belgium. Sampling locations are indicated as letters: A. Fluorochemical plant 3M, B. Vlietbos, C. Middenvijver-Rot, D. Burchtse Weel, E. Fort 4. Figure was adopted from Groffen et al. (2019a).



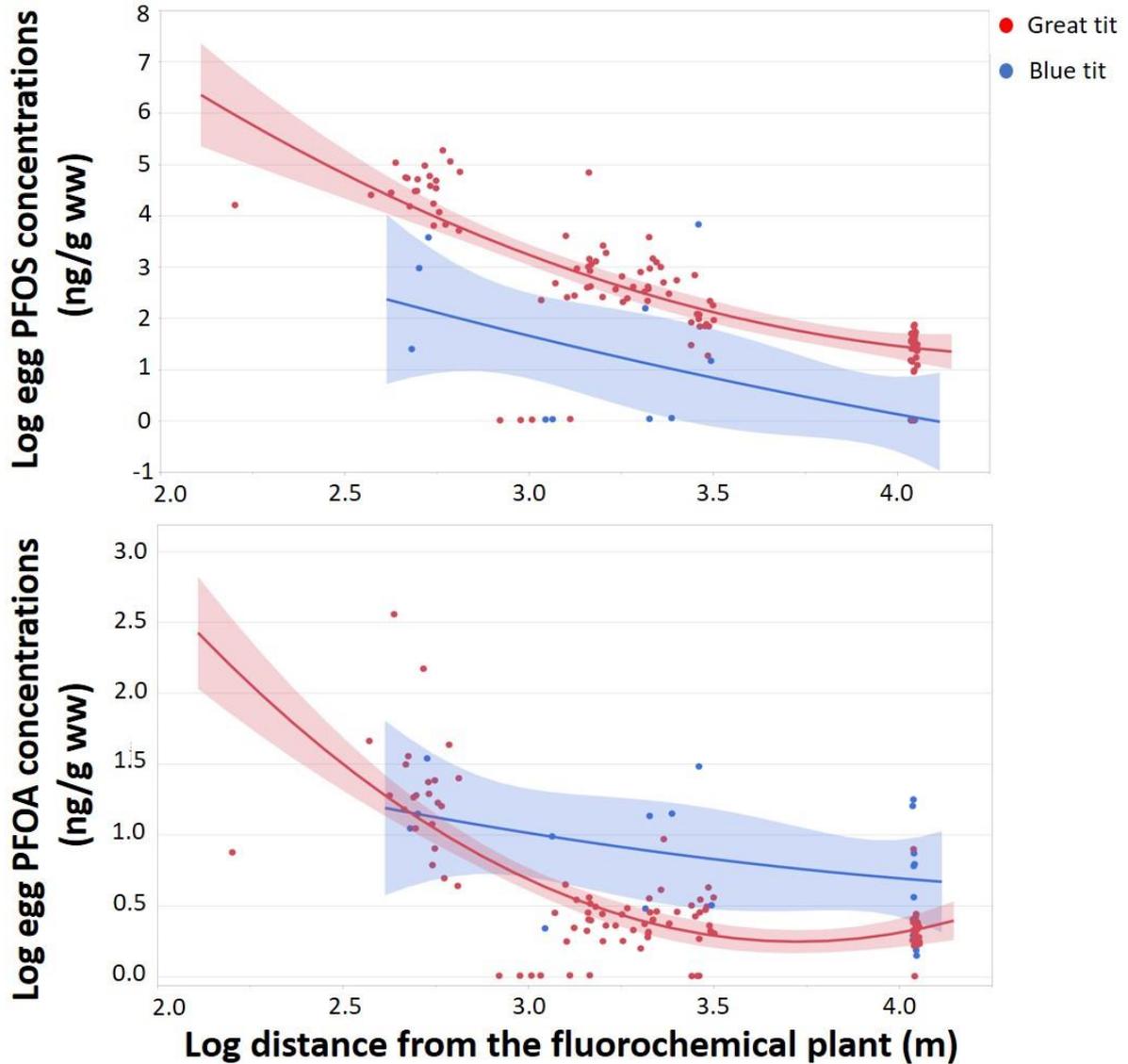
**Fig. 2:** Comparison of egg PFAA concentrations, expressed in ng/g wet weight (ww), between blue tit and great tit eggs from clutches of Fort 4 (Antwerp) in 2016. The filled circle within each boxplot represents the empirical mean. Top graph: no significant differences in egg  $\Sigma$ PFAA concentrations between both species; lower graph: significantly higher egg PFOA concentrations in blue tits compared to great tits ( $P < 0.01$ ). Great tit data were adopted from Lasters et al. (2019).



**Fig. 3:** Comparison of egg laying order associations with log egg PFOA concentrations (ng/g wet weight) between blue tit (top graph) and great tit (lower graph) clutches from Fort 4 (Antwerp) in 2016. Standardized egg PFOA concentrations for blue tits significantly declined ( $P < 0.05$ ) along the laying order while no significant association was found for the great tit. The gray band denotes the 95% confidence interval for the regression estimates of the slope. Each symbol represents an individual clutch. Great tit data were adopted from Lasters et al. (2019).



**Fig. 4:** Comparison of variation within clutches (WCV; left figure) and variation among clutches (ACV; right figure) of PFOA and  $\Sigma$ PFAA concentrations between blue tit (shaded bar) and great tit (black bar) eggs from Fort 4 (Antwerp) in 2016. Great tit data were adopted from Lasters et al (2019).



**Fig. 5:** Comparison of log egg PFOS (top graph) and PFOA (lower graph) concentrations in third eggs (ng/g wet weight) along the PFAA pollution gradient (3M; Vlietbos; Rot; Burchtse Weel; Fort 4) between blue tits (open dots; dashed regression curve;  $N = 17$ ) and great tits (filled dots; solid regression curve;  $N = 111$ ). The gray band denotes the 95% confidence interval for the regression estimates of each slope. PFOS blue tit curve adjusted  $R^2 = 0.32$ ,  $P < 0.05$ ; PFOS great tit curve adjusted  $R^2 = 0.66$ ,  $P < 0.001$ . PFOA: blue tit curve: adjusted  $R^2 = 0.15$ ,  $P < 0.01$  and PFOA great tit curve adjusted  $R^2 = 0.60$ ,  $P < 0.001$ . Great tit third egg data were adopted from Groffen et al. (2019a).

## Supplementary information

### Tables

**Table S1:** Schematic overview of the number of collected eggs and clutches of each tit species from all the study areas.<sup>1</sup> Third egg data adopted from Groffen et al. (2019a); <sup>2</sup> Complete clutch data were adopted from Lasters et al. (2019). Grey filled area = no data.

Study area	Number third eggs		Number complete clutches	
	Blue tit	Great tit <sup>1</sup>	Blue tit	Great tit <sup>2</sup>
3M	4	23		
Vlietbos	1	21		
Rot	2	18		
Burchtse Weel	2	16		
Fort 4	8	33	8	8

**Table S2:** MRM transitions, mass-labelled internal standards (ISTDs), cone voltages (V) and collision energy (eV) for the target perfluoroalkyl substances and their internal standard (Table was adopted from Groffen et al. (2019c)).

Compound	Precursor ion (m/z)	Product ion (m/z)		Cone Voltage (V)	Collision energy (eV) for diagnostic transition1	Collision energy (eV) for diagnostic transition 2	Internal standard (ISTD) used for quantification
		Diagnostic product Ion 1	Diagnostic product Ion 2				
PFBA	213	169	169	19	19	50	<sup>13</sup> C <sub>4</sub> -PFBA
PFPeA	263	219	219	15	10	45	<sup>13</sup> C <sub>4</sub> -PFBA
PFHxA	313	269	119	19	21	65	[1,2- <sup>13</sup> C <sub>2</sub> ]PFHxA
PFHpA	363	319	169	24	40	30	[1,2- <sup>13</sup> C <sub>2</sub> ]PFHxA
PFOA	413	369	169	22	13	60	[1,2,3,4- <sup>13</sup> C <sub>4</sub> ]PFOA
PFNA	463	419	169	28	17	20	[1,2,3,4,5- <sup>13</sup> C <sub>5</sub> ]PFNA
PFDA	513	469	219	25	29	29	[1,2- <sup>13</sup> C <sub>2</sub> ]PFDA
PFUnDA	563	519	169	18	30	35	[1,2- <sup>13</sup> C <sub>2</sub> ]PFUnDA
PFDODA	613	569	319	22	21	30	[1,2- <sup>13</sup> C <sub>2</sub> ]PFDODA
PFTrDA	663	619	319	26	21	30	[1,2- <sup>13</sup> C <sub>2</sub> ]PFDODA
PFTeDA	713	669	169	28	21	21	[1,2- <sup>13</sup> C <sub>2</sub> ]PFDODA
PFBS	299	80	99	40	65	45	<sup>18</sup> O <sub>2</sub> -PFHxS
PFHxS	399	80	99	22	30	60	<sup>18</sup> O <sub>2</sub> -PFHxS
PFOS	499	80	99	60	58	58	[1,2,3,4- <sup>13</sup> C <sub>4</sub> ]PFOS
PFDS	599	80	99	29	63	63	[1,2,3,4- <sup>13</sup> C <sub>4</sub> ]PFOS
<sup>13</sup> C <sub>4</sub> -PFBA	217	172	172	19	19	50	
[1,2- <sup>13</sup> C <sub>2</sub> ]PFHxA	315	269	119	19	21	65	
[1,2,3,4- <sup>13</sup> C <sub>4</sub> ]PFOA	417	372	172	22	13	60	
[1,2,3,4,5- <sup>13</sup> C <sub>5</sub> ]PFNA	468	423	172	28	17	20	
[1,2- <sup>13</sup> C <sub>2</sub> ]PFDA	515	470	220	25	29	29	
[1,2- <sup>13</sup> C <sub>2</sub> ]PFUnDA	565	520	170	18	32	35	
[1,2- <sup>13</sup> C <sub>2</sub> ]PFDODA	615	570	320	22	21	30	
<sup>18</sup> O <sub>2</sub> -PFHxS	403	84	103	22	30	60	
[1,2,3,4- <sup>13</sup> C <sub>4</sub> ]PFOS	503	80	99	60	58	58	

**Table S3:** Minimum and maximum extraction recovery range, expressed in %, for the egg samples of the great tit and blue tit. Great tit data adopted from Lasters et al. (2019).

<b>PFAA compound</b>	<b>Great tit (% min-max)</b>	<b>Blue tit (% min-max)</b>
PFBA	35-114	32-107
PFPeA	35-114	32-107
PFHxA	28-170	10-162
PFHpA	28-170	10-162
PFOA	27-107	3.7-98
PFNA	22-108	1.9-88
PFDA	17-114	1.9-105
PFUnDA	11-91	4.7-117
PFDoDA	8.6-71	2.8-63
PFTTrDA	8.6-71	2.8-63
PFTeDA	8.6-71	2.8-63
PFBS	6-112	2.9-24
PFHxS	6-112	2.9-24
PFOS	5.5-81	6.2-14
PFDS	5.5-81	6.2-14

**Table S4:** Mean values ( $\pm$  SE) of the breeding and egg parameters for blue tits and great tits from Fort 4 (Antwerp) in 2016, controlling for the egg laying order. Significant differences between both species are denoted with \* ( $P < 0.05$ ), \*\* ( $P < 0.01$ ) or \*\*\* ( $P < 0.001$ ). Great tit data adopted from Lasters et al. (2019). ). <sup>A</sup> Laying date 1<sup>st</sup> egg = the number of days after which the first egg was laid in Fort 4.

<b>Breeding and egg parameters</b>	<b>Blue tit (<i>N</i> = 81)</b>	<b>Great tit (<i>N</i> = 47)</b>
Egg content weight (g)	<b>1.1 (0.05)</b>	<b>1.5 (0.08) ***</b>
Volume (mm <sup>3</sup> )	<b>1065 (47)</b>	<b>1323 (67) ***</b>
Shell thickness (mm)	0.21 (0.01)	0.21 (0.02)
Laying date 1 <sup>st</sup> egg (day) <sup>A</sup>	11 (1.1)	11 (1.6)
Clutch size ( <i>N</i> )	<b>10.7</b>	<b>6.8 ***</b>

**Table S5:** min-max concentration ranges (ng/g ww) of the target PFAA analytes among the individual clutches of blue tits and great tits from Fort 4 near Antwerp (Belgium) in 2016. <sup>1</sup> Great tit data were adopted from Lasters et al. (2019). <LOQ = below the limit of quantification.

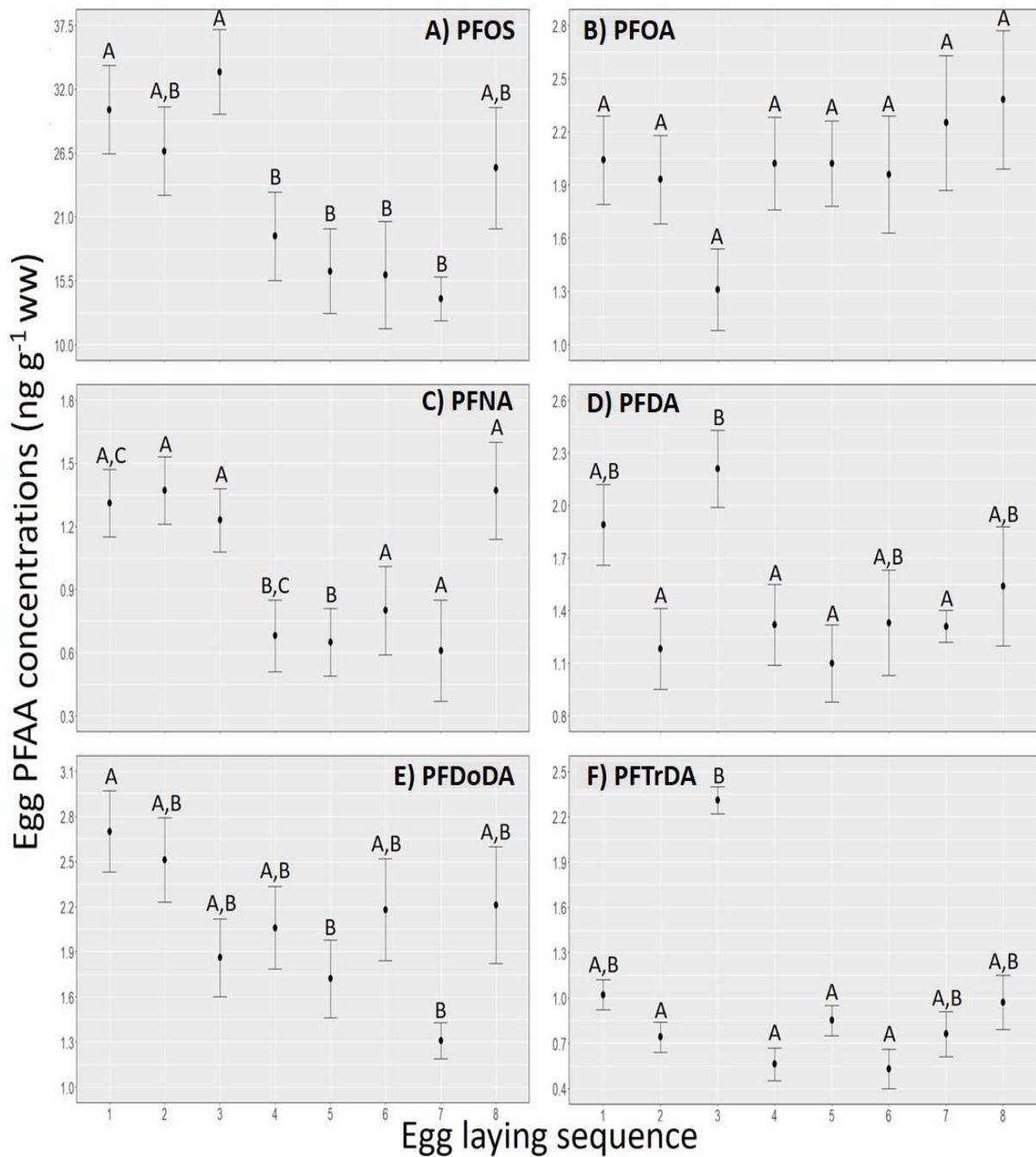
<b>Min - max concentration range (ng/g ww)</b>									
<b>Blue tit Clutch ID</b>	PFBA	PFHxA	PFOA	PFNA	PFDA	PFUnDA	PFDoDA	PFTTrDA	PFTeDA
1	<LOQ-81	<LOQ-0.15	0.40-11	<LOQ	<LOQ	<LOQ-1.4	<LOQ	<LOQ	<LOQ
2	<LOQ-2.6	<LOQ-0.79	3.7-58	<LOQ	<LOQ-7.2	<LOQ-1.7	<LOQ	<LOQ	<LOQ
3	<LOQ-85	<LOQ	<LOQ-11	<LOQ	<LOQ-1.1	<LOQ-11	<LOQ	<LOQ	<LOQ
4	<LOQ-11	<LOQ	<LOQ-18	<LOQ	<LOQ	<LOQ-4.2	<LOQ	<LOQ	<LOQ
5	0.23-22	<LOQ	<LOQ-32	<LOQ	<LOQ	<LOQ-4.3	<LOQ	<LOQ	<LOQ
6	0.29-1.6	<LOQ-1.2	4.1-15	<LOQ	<LOQ-2.0	<LOQ-3.8	<LOQ	<LOQ	<LOQ
7	0.06-47	<LOQ	0.20-6.4	<LOQ	<LOQ	<LOQ-2.1	<LOQ	<LOQ	<LOQ
8	0.46-0.38	<LOQ-0.35	3.1-5.6	<LOQ	<LOQ	<LOQ-1.1	<LOQ	<LOQ	<LOQ
<b>Great tit Clutch ID</b>	PFBA	PFHxA	PFOA	PFNA	PFDA	PFUnDA	PFDoDA	PFTTrDA	PFTeDA
1	<LOQ	<LOQ	1.1-3.2	<LOQ-1.9	1.2-3.5	<LOQ	1.2-2.2	<LOQ-2.4	<LOQ-0.44
2	<LOQ	<LOQ	0.93-2.2	<LOQ-1.1	0.48-1.5	<LOQ	1.3-2.7	0.66-1.5	<LOQ-0.18
3	<LOQ	<LOQ	0.79-2.3	<LOQ-1.6	0.51-2.4	<LOQ	0.90-2.8	<LOQ-3.1	<LOQ-0.91
4	<LOQ	<LOQ	1.1-2.8	<LOQ-1.9	<LOQ-2.2	<LOQ	1.7-4.8	0.47-5.7	<LOQ-0.96
5	<LOQ	<LOQ	1.2-2.9	<LOQ-1.2	1.0-2.2	<LOQ	1.5-2.9	0.41-3.2	<LOQ-0.71
6	<LOQ	<LOQ	1.1-3.2	<LOQ-1.4	1.1-2.1	<LOQ	1.7-3.5	0.52-2.3	<LOQ-0.65

---

7	<LOQ	<LOQ	0.72-3.0	0.79-2.4	<LOQ-2.3	<LOQ	1.3-2.9	0.40-2.5	<LOQ-0.69
8	<LOQ	<LOQ	0.73-3.7	0.77-2.0	1.1-3.0	<LOQ	2.0-3.6	0.68-2.6	<LOQ-1.1

---

Figures



**Fig. S1:** Mean PFSA concentrations, expressed in ng g<sup>-1</sup> wet weight (ww), in sequentially laid great tit eggs of whole great tit clutches from Fort 4 (Antwerp) in 2016 for PFOS (A), PFOA (B), PFNA (C), PFDA (D), PFDoA (E) and PFTrA (F). Different letters denote significant ( $P < 0.05$ ) differences among egg numbers in the laying order and the error bars represent standard errors. Egg 1:  $N = 7$ , egg 2:  $N = 7$ , egg 3:  $N = 8$ , egg 4:  $N = 7$ , egg 5:  $N = 8$ , egg 6:  $N = 4$ , egg 7:  $N = 3$ , egg 8:  $N = 3$ . Earlier published data adopted from Lasters et al. (2019).