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Reference:

Thys Bert, Pinxten Rianne, Eens Marcel.- Long-term repeatability and age-related plasticity of female behaviour in a free-living passerine
Animal behaviour - ISSN 0003-3472 - 172(2021), p. 45-54
Full text (Publisher's DOI): <https://doi.org/10.1016/J.ANBEHAV.2020.11.021>
To cite this reference: <https://hdl.handle.net/10067/1766320151162165141>

Long-term repeatability and age-related plasticity of female behaviour in a free-living passerine

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Received 8 July 2020

Initial acceptance 9 September 2020

Final acceptance 16 October 2020

MS number 20-00517

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Behaviour is often both repeatable among individuals (i.e. personality) and plastically adjusted within individuals according to environmental conditions or age. Yet, little is known about the repeatability and age-related plasticity in behavioural traits across the lifetime of free-living animals, which is, however, crucial for understanding the development and evolutionary consequences of personality in the wild. Here, we explored long-term (co)variation and age-dependent expression of two female behaviours, female–female aggression and hissing behaviour, using longitudinal data of free-living great tits, *Parus major*. Both behaviours were repeatable across years but did not covary among females into a behavioural syndrome. In contrast to hissing behaviour, female aggression declined with age on the population level, which was due to within-individual plasticity in aggression and not selective disappearance. Moreover, individual females differed in their level of plasticity, with more aggressive females showing a steeper decline in aggression than less aggressive females, resulting in

a pattern where females became more similar in aggression with age. At the same time, the repeatability of aggression increased with age, mostly driven by a decrease in within-individual variance across age. Large between- and within-individual differences in same-sex aggression in early life and a higher repeatability in later life may be functionally linked to age-dependent requirements and constraints. Overall, our findings suggest that how female aggression will respond to selection might depend on when during the life cycle selection is operating, which has important consequences for the understanding of the evolutionary dynamics of animal personality in the wild.

Keywords: age-related plasticity, age-specific repeatability, behavioural reaction norms, female–female aggression, hissing behaviour, *Parus major*, personality, senescence

Individuals typically express certain behaviours many times across their lifetime. This behavioural trait expression is often highly plastic, where individuals adjust their behaviour in response to external environmental variables, as well as to internal factors such as age (Dingemanse, Kazem, Réale, & Wright, 2010; Brommer & Class, 2015). At the same time, individuals within populations often show repeatable between-individual differences in behavioural traits (i.e. personality) and multiple behavioural traits often covary among individuals into suites of traits (i.e. behavioural syndromes; Sih, Bell, Johnson, & Ziemba, 2004; Réale, Dingemanse, Kazem, & Wright, 2010). Behavioural trait expression is hence multidimensional and can be both repeatable among individuals and plastically adjusted within individuals. Investigating both patterns of individual behavioural (co)variation in conjunction is essential in explaining how selection might act on, and therefore shape, behavioural phenotypes (Dingemanse & Wolf, 2010; Dingemanse & Wolf, 2013).

Age-related changes in behaviour represent one specific aspect of behavioural plasticity (Dingemanse et al., 2010; Brommer & Class, 2015). Age-related plasticity occurs when behavioural trait expression changes within individuals with age, resulting in changes in population mean behaviour over age. Importantly, progressive changes in the behavioural composition of a population, due to selective (dis)appearance of individuals with certain behavioural types, can confound patterns of within-individual change (van de Pol & Verhulst, 2006). For example, risk-taking behaviours (e.g. aggression, boldness, exploratory behaviour) might be

plastically adjusted within individuals with age (e.g. due to life history trade-offs or senescence; detailed below), but at the same time, individuals that on average take more risks might have lower survival probabilities and hence selectively disappear from the population (Smith & Blumstein, 2008; Moiron, Laskowski, & Niemelä, 2019). Studying patterns of age-related behavioural trait expression therefore requires approaches that allow within- and among-individual age effects to be disentangled (van de Pol & Verhulst, 2006).

Whenever there are within-individual age-related changes in behaviour, individuals may be expected to differ in the rate at which they adjust their behaviour with age (Nussey, Wilson, & Brommer, 2007; Brommer & Class, 2015). The latter would be characterized by between-individual differences in age-related behavioural plasticity (i.e. Individual \times Age interaction; I \times A), with some individuals showing a greater or smaller degree of plasticity when ageing compared to others in the population. Importantly, the existence of I \times A in behaviour implies that the behaviour of individuals relative to one another changes over age and hence that repeatability of behaviour can change with age (Brommer, 2013; Dingemanse & Wolf, 2013). Moreover, since I \times A can have underlying additive genetic variation (i.e. Genotype \times Age interaction; G \times A), the heritability of behavioural traits and hence their response to selection might change across ages. In other words, in the presence of G \times A, evolutionary changes in behavioural traits will depend on when during the life cycle, hence at what age(s), selection is operating (Lynch & Walsh, 1998; Dohm, 2002; Brommer & Class, 2015). Although I \times A (and G \times A) in behaviour is expected to be common, empirical evidence in free-living species is still scarce (e.g. Carere, Drent, Privitera, Koolhaas, & Groothuis, 2005; Fisher, David, Tregenza, & Rodríguez-Muñoz, 2015; Class & Brommer, 2016; Araya-Ajoy & Dingemanse, 2017; Class, Brommer, & van Oers, 2019). Such studies are, however, a crucial first step in revealing the potential consequences of selection on, and therefore the evolutionary dynamics of, behavioural phenotypes in wild populations.

At least two lines of theory can explain concurrent patterns of behavioural repeatability (i.e. personality) and age-related plasticity. First, life history (asset protection) theory predicts that individuals differ consistently in behaviour because they differ in assets (i.e. residual reproductive value; Wolf, Van Doorn, Leimar, & Weissing, 2007). Specifically, individuals with low future fitness expectations (i.e. low assets) should consistently take more risks, to favour current reproduction over survival, compared to individuals with higher future fitness expectation (i.e. high assets; Wolf et al., 2007). At the same time, future fitness expectations (i.e. assets to protect) are not stable over the course of an individual's life but typically decrease with age.

Consequently, an individual should take more risks with age. Second, senescence can explain age-related plasticity in behaviour. Senescence is defined as a decline in organismal performance, and therefore fitness, with age (Williams, 1957; Hamilton, 1966). Hence, fitness-related traits are expected to change towards values associated with lower fitness. For risk-taking behaviours, which are generally assumed to increase current reproductive success, senescence would result in a decline in risk-taking behaviours within individuals with age (Brommer & Class, 2015). Asset protection and senescence can hence explain within-individual age-related behavioural changes, yet they predict changes in opposite directions. Probably not surprisingly, this is reflected in the current empirical evidence, where risk-taking behaviours have been found to increase (asset protection; Dammhahn, 2012; Fisher et al., 2015; Hall et al., 2015) or decrease (senescence; Class & Brommer, 2016; Araya-Ajoy & Dingemanse, 2017; Dingemanse, Moiron, Araya-Ajoy, Mochet, & Abbey-Lee, 2020) with age (see also reviews in Brommer & Class, 2015; Kok et al., 2019).

Here, we evaluate the support for predictions within life history and senescence theory regarding age effects on behaviour, using longitudinal data collected over 4 years (2016–2019) in a population of free-living great tits, *Parus major*. We focused on female–female aggression during territorial intrusion (Slagsvold, 1993) and female hissing behaviour when confronted with a predator inside the nest (Sibley, 1955), both of which have been shown to be repeatable in the short term (i.e. within-year; Thys et al., 2017; Thys, Lambreghts, Pinxten, & Eens, 2019). Since both behaviours are expressed in risky situations they allow for appropriate evaluation of theory (Wolf et al., 2007; Brommer & Class, 2015). Notably, the functional consequences of age-related changes might differ between aggression and hissing behaviour due to behaviour-specific hypothesized relationships with fitness. That is, female–female aggression is predicted to increase reproductive success (Smith & Blumstein, 2008; Rosvall, 2011; see also Thys, Eens, Pinxten, & Iserbyt, 2020), since more aggressive females outcompete less aggressive females for access to males that own a territory and are better at preventing nest site or mate take-overs (Gosler, 1993; Slagsvold, 1993). Hence, within-individual changes towards higher aggression would align with predictions of the asset protection principle, while changes in the opposite direction would align with senescence. In addition, according to life history theory, more aggressive females should have lower survival probabilities and selectively disappear from the population (Wolf et al., 2007). In contrast, hissing behaviour is a form of antipredator nest defence, performed by some incubating and brooding females when confronted with a predator inside the nest (Sibley 1955). As hissing calls deter predators (Zub, Czeszczewik, Ruczyński,

Kapusta, & Walankiewicz, 2017; Dutour et al., 2020), females that produce more hissing calls may have both increased nest success and increased survival probabilities (Krams et al., 2014). However, recent evidence indicates that more fiercely hissing behavioural types may pay a reproductive cost in terms of egg production (Thys et al., 2019), fledging success (Tilgar & Koosa, 2019) or fledgling quality (Thys, Eens et al., 2020). In addition, nonhissing females may decrease their mortality risk, but increase the predation risk of offspring, by hiding in the nest or (partially) moving aside their clutch/brood upon predator confrontation (e.g. Fresneau, Klun, & Brommer, 2014). Studying patterns of repeatability and age-related plasticity, as well as selective (dis)appearance, across the lifetime of females is therefore necessary to help elucidate the functional significance of variation in hissing behaviour.

Overall, our aims were three fold. As a first step, using a bivariate analysis, we assessed both short-term (within-year) and long-term (across-year) repeatability of aggression and hissing behaviour, as well as whether these traits covaried among females into a long-term behavioural syndrome. Second, we investigated within-individual age-related plasticity in these behavioural traits. On the one hand, aggression and hissing behaviour might be up- and/or down-regulated in concert within females over age. On the other hand, both traits might be independently adjusted within females with age. Indeed, previous cross-sectional analyses within a single breeding season have revealed age effects on aggression, but not on hissing behaviour, with first-year breeding females being on average more aggressive than older females (Thys et al., 2017; Thys et al., 2019). Yet, the underlying causes of population level age effects are unknown and require longitudinal data (van de Pol & Verhulst, 2006). Third and finally, for traits showing age-related plasticity, we investigated whether females differed in the rate at which they adjusted their behaviour with age (i.e. $I \times A$) and we describe patterns of among-individual variance and repeatability of behaviour over age.

METHODS

Field procedures and data collection

The study was performed in a semiurban population of free-living great tits in the surroundings of Antwerp, Belgium (51°09'44"N–4°24'15"E). This population has been monitored since 1997, with at present approximately 150 nestboxes for great tits. Birds in the population are provided with a metal leg ring as nestlings or upon first capture, and all adults receive a unique combination of three plastic colour rings, allowing

identification in the field. Reproductive activities of breeding pairs are monitored to determine lay date, clutch size and onset of incubation.

For four years (2016–2019), behavioural tests were performed on females with first clutches ($N_{clutches} = 437$; i.e. clutches initiated within 30 days after the first egg of the year was laid in the population; van Noordwijk, McCleery, & Perrins, 1995). First, female–female aggression was assessed using simulated same-sex territorial intrusion tests during the egg-laying period (henceforth ‘aggression tests’; Thys et al., 2017). A stuffed female great tit (decoy, one of five) was placed on top of the focal female’s nestbox, at days 2 and 5 of the egg-laying period (with day 1 the day the first egg was laid). After the focal female entered within a radius of 15 m around the nestbox, or when she was already present at the start of the test, her behaviour was observed for 5 min. From a distance of approximately 15 m, the observer (B.T. or an observer trained by B.T., 11 in total) scored the following aggression parameters: the number of alarm calls produced, the minimum distance to the decoy (approach distance, m), the time spent on the decoy (s) and the number of attacks towards the decoy. Second, during the incubation period, female hissing behaviour was assessed using simulated predator intrusion tests (henceforth ‘hissing tests’; Grunst et al., 2018). The observer (one of 11) slowly and quietly approached the nestbox and inserted the head of a stuffed specimen of the great spotted woodpecker, *Dendrocopos major* (one of three) into the entrance hole of the focal female’s nestbox, at days 2 and 5 of the incubation period, thereby blocking the only entrance to the nestbox and preventing the incubating female from escaping. The woodpecker was held in this position for 1 min, during which the observer counted the hissing calls produced (easily heard from outside the nestbox when standing close to it), used as a measure of hissing behaviour (Supplementary Figure S1; see Krams et al., 2014; Grunst et al., 2018; Thys et al., 2019).

The number of behavioural observations differed between females and behavioural traits, depending on the number of years present in the population and whether or not focal females were observed inside their territory (for aggression tests) or nestbox (for hissing tests) at the time of testing. Over the course of 2016–2019, a total of 686 aggression tests and 866 hissing tests were successfully performed on 290 and 311 unique (i.e. ringed) females, respectively (Table 1). For 289 of these females, both aggression and hissing tests were successfully performed during the same breeding attempt, with four females repeatedly tested for both traits in 4 years, 21 females in 3 years, 56 in 2 years and 208 within 1 year.

Age of birds (with age = 0 representing the year of birth) was determined using hatching records (local recruits) or plumage characteristics upon first capture (immigrant birds; first-year versus older; Svensson, 1992). Hence, absolute age was known for local recruits ($N = 96$ of 312 birds; 30.8%), as well as for immigrant birds that were first captured as first-years ($N = 192$; 61.5%). Absolute age was unknown for immigrant birds with an adult plumage upon first capture, implying they were 2 years old or older ($N = 24$; 7.7%). For this latter category of immigrant birds, we assumed they recruited into the population as 2-year-olds (Bouwhuis, Sheldon, Verhulst, & Charmantier, 2009; Class & Brommer, 2016; Dingemanse et al., 2020). This assumption leads to age being underestimated in only a very small proportion of this category of immigrants, since for local recruits in the data ($N = 96$) we know that 93.8% recruited as first-years, 5.2% as second-years and only 1% as being older than 2 years. Overall, breeding age ranged between 1 and 7 and average life span was 1.85 years.

Importantly, age at recruitment does not necessarily correspond to first age of behavioural testing since some individuals in the population were already of a certain age when testing started in 2016 (see Table 1). Similarly, the last age of behavioural testing does not necessarily correspond to the final age an individual was found breeding in the population (i.e. some individuals were found breeding again after 2019; Table 1). Birds not found breeding in the population for two consecutive breeding seasons can be considered to have died (Bouwhuis et al., 2009). Consequently, in our data, individuals with complete life histories were restricted to those recruiting in 2016 (or thereafter) and found breeding at the latest in 2018 ($N = 119$ for aggression; $N = 130$ for hissing behaviour).

<H2>Statistical analyses

Prior to all other analyses, a principal component analysis was performed on the aggression parameters scored during aggression tests. This resulted in a single principal component (PC1) with eigenvalue > 1 ($EV = 1.40$) explaining 49% of the total variance (Table A1; see also Thys et al., 2017). High scores on PC1 reflected closer approach distance, more time on the decoy and more attacks. In contrast, low scores on PC1 reflected more alarm calls produced from a larger distance. This component was used in further analyses as a measure of aggression (henceforth aggression).

Next, we conducted three general sets of analyses. First, we fitted a bivariate mixed model (model 1) with aggression and hissing behaviour as response variables. The model included the following fixed effects: age, year (2016–2019), lay date (relative to the first-egg date in the given year) and clutch size. Age was left-centred (i.e. fitted as actual age – 1) to ensure that model intercepts corresponded to female behaviour at the earliest age of first reproduction (Dingemanse et al., 2020). Clutch size was centred and standardized within individuals, thereby partitioning effects of clutch size on behavioural traits into its among-individual (i.e. mean clutch size per individual) and within-individual (clutch deviation; i.e. the deviation of each observation from an individual's mean clutch size) components (van de Pol & Wright, 2009). Random intercepts were included for female identity (ID, 289 levels) and the unique combination of ID and year (ID_Year, 399 levels), the latter denoting a period (here breeding season) during which repeated observations were obtained for individuals. This random-effect structure enabled us to quantify behavioural (co)variation on different hierarchical levels (Araya-Ajoy, Mathot, & Dingemanse, 2015). Specifically, the among-individual level (random effect ID) reflects the long-term (co)variation caused by permanent environment effects and genetic differences. The within-individual/among-year level (random effect ID_Year) reflects short-term (co)variation caused by common environmental effects (e.g. food availability, breeding density, temperature) that vary across years. Finally, the residual level reflects within-individual plasticity (and/or measurement errors) caused by short-term effects that vary across observations within years. From this model, we calculated both short- (R_{ST}) and long-term (R_{LT}) adjusted repeatability (i.e. after correcting for fixed effects in the model) of aggression and hissing behaviour, by dividing the variance of interest by the total variance (i.e. sum of among-individual, within-individual/among-year and residual variance in the denominator). The distinction between the formulas for R_{ST} and R_{LT} is that the numerator for R_{ST} includes the sum of the among-individual and within-individual/among-year variance, while the formula for R_{LT} includes only the among-individual variance in the numerator (Araya-Ajoy et al., 2015). For ease of interpretation, covariances between aggression and hissing behaviour on different hierarchical levels were converted into correlations by dividing the respective covariance by the square root of the product of the respective variances.

Second, we modelled within-individual age effects on behaviour. Given the absence of strong support for covariation between aggression and hissing behaviour on any hierarchical level (see Results), we ran a separate univariate mixed model (model 2) for each behavioural trait, thereby using the full data available for

each trait. Age was partitioned into its among- and within-individual effects following Class and Brommer (2016). That is, individuals' 'mean age' was calculated as $(\text{last observed age} + 1)/2$. This represents the among-individual age effect and since it is linked directly with an individual's life span it estimates selective (dis)appearance of certain behavioural phenotypes (van de Pol & Verhulst, 2006). 'Age deviation' was calculated as the deviation of each observation from an individual's mean age, representing the within-individual age effect. Both 'mean age' and 'age deviation' were included as fixed effects in the models (along with the fixed effects included in model 1). Higher-order polynomial age effects (e.g. 'age deviation' squared) were not considered as their estimation requires more repeated measurements per female than we were able to collect. Random intercepts were included for ID (290 levels for aggression; 311 levels for hissing behaviour) and ID_Year (403 levels for aggression; 436 levels for hissing behaviour). We did not include random intercepts for Year, Observer or Decoy ID in these models since preliminary analyses revealed they explained little to no variation in behaviour (Table A2; thereby also preventing overparameterization leading to singular fit and model convergence issues). Since only two females more than 5 years old were tested for their behaviour (Table 1), we reran the same models by either combining age categories 5, 6 and 7 into one age category (Dingemanse et al., 2020) or removing behavioural observations made when females were older than 5 years (Bouwhuis et al., 2009). Neither analysis changed our estimates (see Table A3), showing there were no indications that our results were driven by these few very old females. Additionally, we reran the same models using only the data of females with complete life histories (detailed above), thereby obtaining more biologically relevant estimates of selective (dis)appearance from the population (i.e. 'mean age' effects). This revealed that estimates for 'mean age' were similar in sign to, but slightly higher in magnitude than, estimates from the main analyses (see Table A4). Yet, since estimates of both analyses found similar support, only findings of the main analyses are discussed further.

Third and finally, for behavioural traits showing within-individual age effects, we further investigated whether individuals differed in age-related plasticity (i.e. $I \times A$). We restricted this analysis to include only observations made up to when females were 4 years of age (i.e. 670 observations on 285 females; representing 98% of all data) since sample sizes in older age classes were too low (Table 1). Specifically, we fitted a random regression model (model 3) which included 'mean age' (i.e. among-individual age effect) and age (fitted as actual age – 1) as fixed effects, the former avoiding biases in estimates of within-individual age effects (van de Pol & Verhulst, 2006). Random intercept and random slopes were included for female ID, thereby estimating among-

individual variance in mean behaviour ($ID_{\text{intercept}}$), age-related plasticity (ID_{slope}) and their covariance ($Cov_{\text{intercepts-slopes}}$). The intercept–slope covariance was converted into a correlation ($Cor_{\text{intercepts-slopes}}$) using the standard formula for correlations (see above). Since residual variance is likely to vary across age groups, thereby potentially influencing repeatability, we allowed for heterogeneous residuals across age classes (i.e. age-specific residual variances for age classes 1, 2, 3 and 4; e.g. Cleasby & Nakagawa, 2011; Brommer, 2013; Class et al., 2019). Age-specific repeatabilities were then calculated by dividing the respective age-specific among-individual variance by the sum of the among-individual and age-specific residual variance.

All analyses were performed in R 3.6.1 (R Core Team, 2019). Prior to analyses, continuous response and explanatory variables were centred and standardized to unit variance, unless stated otherwise. All models were fitted assuming a (multivariate) Gaussian error distribution. The MCMCglmm package (Hadfield, 2010) was used throughout to simulate values of the posterior distribution of model parameters (see Appendix for details on prior specification for different models). Based on 2000 simulations, we extracted 95% credible intervals (CrI) around the mean. Fixed-effect and covariance/correlation estimates were considered to find strong support if 95% CrI did not overlap with zero. Support for variance components was assessed using permutation tests (Araya-Ajoy & Dingemanse, 2017; Thys et al., 2019). Specifically, female identity (i.e. ID) was randomly reshuffled across observations and mixed modelling approaches as described above were then performed on the new data set to obtain posterior mean estimates for the variance components of interest. This procedure was repeated 100 times to obtain a ‘null’ distribution of posterior means for each variance component. Using this ‘null’ distribution, we calculated the probability (permutation.P) that the observed posterior mean variance estimate was greater than any posterior mean value of the ‘null’ distribution.

<H2>*Ethical Note*

This study was approved by the ethical committee of the University of Antwerp (ID 2017-23 and 2017-61), performed in accordance with Belgian and Flemish laws regarding animal welfare and adhered to the ASAB/ABS guidelines for the use of animals in behavioural research and teaching. The Royal Belgian Institute of Natural Sciences (KBIN) provided ringing licences for all authors and technicians. Nestbox monitoring, ringing and behavioural experiments (which mimicked naturally occurring conspecific and predator confrontations) created only very low levels of stress that did not cause nest abandonment or nestling mortality.

RESULTS

(Co)variance in aggression and hissing behaviour

We found strong support for the existence of among-individual and within-individual/among-year variation in both aggression and hissing behaviour (all permutation.P < 0.01), with aggression and hissing behaviour being repeatable both within (R_{ST}) and across (R_{LT}) years (Table 2). Moreover, aggression decreased with age on the population level (Fig. 1). For hissing behaviour, we found strong support for effects of lay date and mean clutch size. Specifically, females that produced more hissing calls started laying relatively earlier and produced, on average, smaller clutches (Table 2). Although both aggression and hissing behaviour were repeatable, we found no support for among-individual, within-individual/among-year or residual correlations between both behaviours (Table 3).

Age effects on behaviour

The within-individual age effect on female aggression was strongly supported, with aggression decreasing when females aged ('age deviation'; β [95% CrI]; -0.30 [-0.44;-0.15]). No strong support was found for a within-individual age effect on hissing behaviour (-0.08 [-0.20;0.03]). Among-individual age effects (i.e. 'mean age') were not supported, either for female aggression (-0.13 [-0.32;0.06]) or for hissing behaviour (0.04 [-0.16;0.27]), indicating the absence of strong support for the selective (dis)appearance of certain behavioural phenotypes (see also Table A4). Output of full models can be found in Table A3.

Age-related plasticity and age-specific repeatability

Given we found support for within-individual age-related plasticity in aggression, we focussed on this trait in further analyses. The random regression model revealed strong support for between-individual differences in both intercepts and slopes (both permutation.P \leq 0.01; Table 4, Fig. 2), indicating that females differed both in mean aggression and in age-related plasticity in aggression. Moreover, we found strong support for a negative correlation between intercepts and slopes, indicating that females that were on average more aggressive also showed a larger (i.e. more negative) decline in aggression with age.

Among-individual variance (V_{ID}) in aggression declined between ages 1 and 2 (Fig. 3a). At age 3, V_{ID} was lower than at age 1 but slightly higher than at age 2. This was subsequently followed by an apparent increase in V_{ID} at age 4, but uncertainty around the estimate was large (Fig. 3a; age-specific variances calculated from model 3 following Brommer, 2013). In addition, residual variance (V_R) was notably higher at age 1 than at older ages (Table 4, Fig. 3a). Age-specific repeatabilities (R [95% CrI]) of aggression, calculated based on age-specific estimates of V_{ID} and V_R , were 0.30 [0.16;0.44] for age 1, 0.33 [0.17;0.49] for age 2, 0.57 [0.42;0.76] for age 3 and 0.66 [0.45;0.86] for age 4, indicating an increase in repeatability with age (Fig. 3b).

DISCUSSION

We found that female–female aggression and female hissing behaviour were repeatable within and across years, but that they did not form a behavioural syndrome. In contrast to hissing behaviour, aggression was found to decline on the population level. The latter was due to within-individual age-related plasticity in aggression and not selective disappearance of more aggressive females from the population. Moreover, females differed in the rate at which aggression changed with age. Specifically, more aggressive behavioural types showed a steeper decline in aggression, resulting in females becoming more similar in their aggression when they age. At the same time, female aggression became more repeatable with age, mostly due a decrease in within-individual variance across age.

(Co)variation in female behaviours

In line with our previous findings, females were found to differ consistently in aggression and hissing behaviour within a given year (Thys et al., 2017; Thys et al., 2019). Here, we extend these findings by showing that both behavioural traits were also repeatable across years (i.e. long-term repeatable). Since repeatability is generally thought to set an upper limit to heritability (Boake, 1989; Dochtermann, Schwab, & Sih, 2015; but see also Dohm, 2002), both traits may have the potential to evolve in response to selection. Although both behaviours were repeatable, aggression and hissing behaviour did not covary among females in the long term (i.e. no behavioural syndrome; see also Thys, Eens et al., 2020). Long-term among-individual correlations can arise from permanent environmental effects and genetic correlations. Hence, the absence of a strong among-individual correlation, assumed to be at least partially underpinned by a genetic correlation (Dochtermann,

2011), suggests that female aggression and hissing behaviour may be able to evolve independently in response to selection. Moreover, female aggression and hissing behaviour also did not covary in the short term (i.e. the within-individual/among-year level), suggesting the absence of strong common environmental effects influencing both behavioural traits in conjunction across years. Hence, we have demonstrated that aggression and hissing behaviour are two independent aspects of a female's behavioural phenotype, which are potentially influenced by different underlying genetic mechanisms, intrinsic factors (e.g. age; discussed below) and/or environmental conditions.

<H2>Population level age effects on behaviour

An individual's age is predicted to influence the level of behavioural trait expression (Dingemanse et al., 2010; Brommer & Class, 2015). Here, we have shown that female great tits adjusted their level of same-sex aggression in relation to age, resulting in a decline on the population level. Importantly, this population level decrease in aggression over age was due to plastic changes of aggression within individuals and not due to selective disappearance of more aggressive females over age. Hence, we have provided scarce empirical evidence for age-related behavioural plasticity in a personality trait in a free-living species, while simultaneously showing that female aggressive behavioural types do not appear to have different survival probabilities.

Female aggression in great tits is used in same-sex competition for access to males with a territory (Gosler, 1993) and more aggressive females are thought to be better at preventing intruding females from taking over the nest site or mate (Slagsvold, 1993). Moreover, we have previously shown that female aggression is linked with parental investment and short-term (annual) reproductive success, although fitness consequences associated with different aggressive behavioural types varied across years (see Thys, Eens et al., 2020). Nevertheless, female aggression probably reflects investment in reproduction and, following the asset protection principle, we would have expected an increase in aggression as females aged. In contrast, we found a within-individual decline in aggression with age, contradicting predictions of asset protection but aligning with predictions within senescence. Interestingly, the pattern of within-individual age-related plasticity in female aggression we observed generally follows previously described patterns of reproductive senescence in female great tits, where reproductive performance is highest in early life and decreases afterwards (Bouwhuis et al.,

2009; Dingemanse et al., 2020). Formally linking reproductive senescence with patterns of age-related plasticity in female aggression will hence be a fruitful future endeavour.

Alternatively, or in addition to senescence, differences in the cost–benefit ratio associated with female aggression across age may have contributed to within-individual age-related plasticity. Since great tits commonly reoccupy their territory of the previous breeding season (i.e. high nest site fidelity; Kluijver, 1951; Harvey, Greenwood, & Perrins, 1979), new females have to either outcompete already established (i.e. older) females for access to males or settle with other vacant territory-owning males. Consequently, selection might favour higher aggression in early life, while selective benefits (relative to costs) of high aggression progressively decrease later in life. In line with this, social and breeding experience (hence prior knowledge about the breeding area) increase with age, which potentially leads to more accurate assessment of the threat associated with same-sex territorial intrusion, in terms of both nest site and partner loss (see also Araya-Ajoy & Dingemanse, 2017). More accurate threat assessment, combined with varying cost–benefit ratios, may also coincide with the adoption of different strategies to settle same-sex contests across age (Johnstone & Norris, 1993; Kokko, 1997). For example, when ageing, female great tits may increasingly rely on status signalling, instead of overt aggression, to settle same-sex contests (see e.g. Thys, Pinxten, & Eens, 2020). Hence, future studies should aim at identifying whether the age-related plasticity in female same-sex aggression we observed is caused by senescence, age-related changes in cost–benefit ratios and/or breeding experience.

In contrast, female hissing behaviour was not plastically adjusted within females with age, neither did certain hissing behavioural types selectively (dis)appear from the population. Consequently, and contrasting with predictions from either asset protection or senescence, we found no strong support for either population or individual level plasticity in hissing behaviour across age. The absence of age-related plasticity, combined with the high short- and long-term repeatability, suggests that there may be strong permanent environmental and/or genetic effects underlying variation in hissing behaviour, which awaits confirmation (but see Timm, Koosa, & Tilgar, 2019). Moreover, variation in hissing behaviour has been argued to be maintained by life history trade-offs, with hissing females prioritizing survival over investment in current reproduction, while nonhissing females do the opposite (Krams et al., 2014; Thys et al., 2019; Tilgar & Koosa, 2019). In line with this, we indeed showed that females that produced more hissing calls started breeding relatively earlier and on average had smaller clutches. Hence, more fiercely hissing behavioural types seemed to pay a reproductive cost in terms of the

average number of eggs they produced (Thys et al., 2019). However, this apparent cost was not outweighed by increased survival, given the absence of selective disappearance of certain hissing behavioural types, arguing against hissing behaviour being involved in the trade-off between reproduction and survival. The latter might be partially due to our use of artificial nestboxes, which are less prone to predation than natural cavities (e.g. Mitrus, 2003). Nevertheless, hissing behaviour has been found to differentially affect female survival in another nestbox population of great tits (Krams et al., 2014). Assessing lifetime reproductive success associated with different hissing behavioural types may help to reveal how long-term among-individual variation in hissing behaviour is maintained within our population.

Age-related plasticity and age-specific repeatability

For female aggression, which declined on the population level, we additionally revealed that females differed in the rate at which they plastically adjusted their aggression with age (i.e. between-individual differences in age-related plasticity; $I \times A$). Moreover, more aggressive behavioural types decreased their aggression to a larger extent than less aggressive types, leading to a decrease in among-individual variance across most of the life span of female great tits. As a result, aggression followed a pattern where females in our population became more similar as they aged. Our findings largely corroborate previously observed patterns of age-related plasticity in aggressive behaviour in response to handling in blue tits, *Cyanistes caeruleus* (Class & Brommer, 2016), but are in contrast with, for example, findings in field crickets, *Gryllus campestris*, where boldness and activity increased with age and no evidence was found for individual differences in plasticity (i.e. no $I \times A$; Fisher et al., 2015; see also reviews in Brommer & Class, 2015; Kok et al., 2019).

Among-individual variation provides the raw material for selection to act on and the existence of $I \times A$ indicates that measurements at one point in time do not necessarily reflect true among-individual variance (and repeatability; Brommer, 2013). Consequently, the outcome of selection may differ depending on when during the life cycle selection is operating and age classes are hence not necessarily equivalent with respect to their evolutionary potential and/or response (Lynch & Walsh, 1998; Nussey et al., 2007). Here, we have shown that among-individual variance in aggression follows a roughly U-shaped pattern over the life span of females, first decreasing and then increasing in later life. Note that variances at the extremes are probably overestimated,

especially when sample sizes are low (e.g. Promislow, Tatar, Khazaeli, & Curtsinger, 1996). Hence, our limited sample size in age class 4 prevents us from drawing strong conclusions regarding the increase in among-individual variance late in life, as also reflected by the large uncertainty around the estimate. Consequently, determining whether among-individual variance indeed follows a U-shaped pattern or rather decreases monotonically with age and/or potentially flattens off in later life would require a larger sample size in old age classes. Interestingly, because within-individual (i.e. residual) variance was also found to vary across age classes, repeatability did not follow the same age-related pattern as the among-individual variance. That is, we found that residual variance in female aggression was particularly high at 1 year old compared to later in life. Consequently, although among-individual variance in aggression declined with age (from 1 year old to 2–3 years old), the relatively larger age-related decline in residual variance ultimately resulted in an increase in repeatability. Hence, female aggression became more consistent (i.e. repeatable) with age, which appeared to be mainly driven by a reduction in within-individual variance. Age-related increases in the repeatability of behavioural traits has been found in a number of species, including humans, but only a few studies have aimed at identifying underlying processes (i.e. changes in among-individual and/or within-individual variance; reviews in Brommer & Class, 2015; Kok et al., 2019). In the particular case of female great tit aggressive behaviour, relatively large among- and within-individual (i.e. residual) variance when 1 year old could be, at least partially, linked to high and variable same-sex competition faced by females at this stage (i.e. first potential age of breeding). Later in life, female aggression seems to become less plastic (as suggested by reduced within-individual variance) and more stabilized at, on average, a lower level of expression (see also Araya-Ajoy & Dingemanse, 2017), which could be linked with high nest site fidelity, reduced competition and/or females becoming more accurate in threat assessment (see also above). Hence, age-dependent requirements and constraints may result in age-related changes in the repeatability (and underlying variance components) of female same-sex aggression.

From an ultimate perspective, the existence of IxA in female aggression could be caused by differences in reproductive senescence rates between aggressive behavioural types. This remains to be determined, but recent evidence suggests this might be the case. That is, a recent study in female great tits found that more exploratory behavioural types did not selectively disappear from the population but instead showed higher reproductive senescence than less exploratory types (Dingemanse et al., 2020). The existence of IxA and

apparent absence of survival selection on female aggression that we observed, combined with previously reported positive covariation between female aggression and exploratory behaviour (Thys et al., 2017), raises the possibility that female aggression follows similar behaviour–senescence patterns as recently reported for exploratory behaviour (Dingemanse et al., 2020). If so, more aggressive females would pay the cost of higher early investment in reproduction by an earlier onset of senescence, instead of decreased survival. Notably, we found that variation in aggression was not linked with either mean clutch size (see also Thys, Eens, et al., 2020) or deviations from mean clutch size across years, suggesting the absence of a link between aggression and reproductive investment in terms of egg production. Whether this is also the case for other reproductive traits awaits confirmation.

Importantly, our findings do not preclude fluctuating (across-year) selection. That is, fluctuating environmental conditions (i.e. extrinsic factors; such as density, predation and resource abundance) may not only affect fitness consequences of variation in female aggression (Thys, Eens et al., 2020) but also influence rates of reproductive senescence (e.g. by speeding up or slowing down senescence rates; see review in Lemaître & Gaillard, 2017). Along these lines, evolutionary theories of senescence predict that I×A in fitness-related traits has underlying additive genetic variance (i.e. G×A), which can lead to age-dependent heritability and age-dependent rates of evolutionary change in response to selection (Lynch & Walsh, 1998; Dohm, 2002; Nussey et al., 2007; Brommer & Class, 2015). Empirical evidence for G×A in behaviour is scarce (Class & Brommer, 2016; Class et al., 2019; review in Brommer & Class, 2015) and whether this is true for female great tit aggression deserves further investigation, as it will help reveal whether the I×A we observed represents potentially evolved differences in age-related plasticity.

Conclusion

Same-sex aggression and hissing behaviour were repeatable in the long term but represented independent aspects of a female great tit's behavioural phenotype. In line with this, female aggression, but not hissing behaviour, declined on the population level due to within-individual age-related plasticity. Moreover, females differed in the rate at which they adjusted their aggression with age, resulting in a decline in among-individual variance across most of the life span of female great tits. At the same time, repeatability of aggression

increased with age, with potentially important implications for the consequences of selection at different ages. Our findings illustrate the importance of considering individual differences in age-related behavioural plasticity to improve our ultimate understanding of animal personality in free-living species.

ACKNOWLEDGMENTS

We are grateful to Geert Eens, Peter Scheys and all former students for invaluable support in the field. The editor and two anonymous referees provided valuable comments which greatly improved the manuscript. This work was supported by the University of Antwerp and the FWO Flanders through a PhD fellowship (to B.T., grant ID: 1.1.434.18N) and an FWO-project (to M.E. and R.P., project ID: G0A36.15).

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Table 1: Sample sizes for aggression and hissing tests. (A) Number of individuals with regard to the number of repeated observations (between 1 and 8). (B) Number of individuals tested at each age, as well as the first and last age of observation for all individuals (age ranged from age 1 to 7, averaging 1.85 years).

(A)	Repeated observations								Total
	1	2	3	4	5	6	7	8	
Aggression	69	145	22	30	8	13	1	2	290
Hissing	3	218	2	57	1	26	0	4	311
(B)	Age								
	1	2	3	4	5	6	7		
Aggression	215	100	53	26	7	1	1		
First age	215	43	15	12	4	0	1		
Last age	156	65	38	23	6	1	1		
Hissing	235	110	52	27	10	1	1		
First age	235	43	14	12	6	0	1		
Last age	167	72	38	23	9	1	1		

Table 2: Results of the bivariate mixed model (model 1) predicting female aggression and hissing behaviour in a population of great tits ($N = 289$) between 2016 and 2019.

	Aggression	Hissing
<i>Fixed effects</i>	β (CrI)	β (CrI)
Intercept	0.09 (-0.45;0.61)	0.19 (-0.38;0.80)
Age ^a	-0.23 (-0.32;-0.15)	-0.04 (-0.12;0.04)
Year 2017	0.13 (-0.10;0.38)	0.40 (0.21;0.60)
Year 2018	0.29 (0.07;0.55)	0.40 (0.19;0.62)
Year 2019	-0.15 (-0.37;0.10)	0.55 (0.31;0.76)
Lay date	-0.03 (-0.12;0.06)	-0.13 (-0.21;-0.05)
Mean clutch	0.01 (-0.06;0.07)	-0.07 (-0.14;0.00)
Clutch deviation	-0.13 (-0.29;0.01)	-0.01 (-0.12;0.09)
<i>Random effects</i>	σ^2 (CrI)	σ^2 (CrI)
ID	0.18 (0.07;0.29)	0.61 (0.48;0.74)
ID_Year	0.21 (0.09;0.33)	0.14 (0.08;0.21)
Residual	0.57 (0.49;0.66)	0.21 (0.18;0.23)
<i>Repeatability (R)</i> ^b	R (CrI)	R (CrI)
R_{ST}	0.42 (0.32;0.50)	0.79 (0.74;0.82)
R_{LT}	0.19 (0.07;0.29)	0.64 (0.55;0.71)

Mean estimates for fixed and random effects, as well as short-term (R_{ST}) and long-term (R_{LT}) repeatability, are given with 95% credible intervals in parentheses. Fixed effects with strong support are in bold. Support for variances was assessed using permutation tests (see text for details). Covariances from the model are given in Table 3.

^a Linear covariate, fitted as age - 1.

^b Adjusted repeatability, i.e. corrected for all fixed effects in the model.

Table 3: Covariances/correlations between female aggression and hissing behaviour on different hierarchical levels.

Level	Covariance	Correlation
ID	0.002 (-0.093;0.090)	0.01 (-0.29;0.30)
ID_Year	0.05 (-0.01;0.12)	0.29 (-0.11;0.63)
Residual	0.02 (-0.02;0.06)	0.05 (-0.05;0.16)

Covariances/correlations, estimated from the bivariate mixed model (model 1) presented in Table 2, are given with 95% credible intervals in parentheses.

Table 4: Results from random regression (model 3) modelling aggression as a function of age.

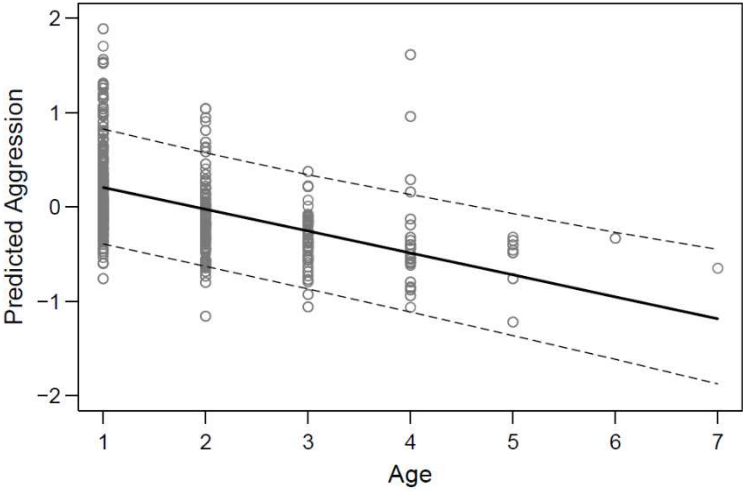
	Estimate
<i>Fixed effects</i>	β (CrI)
Intercept	-0.09 (-0.42;0.22)
Mean age ^a	0.21 (-0.06;0.42)
Age ^b	-0.37 (-0.51;-0.24)
<i>Random effects</i>	σ^2 (CrI)
ID _{intercept}	0.40 (0.19;0.64)
ID _{slope}	0.17 (0.06;0.28)
Cov _{intercepts-slopes}	-0.21 (-0.36;-0.03)
Cor _{intercepts-slopes}	-0.80 (-0.95;-0.46)
<i>Residual^c</i>	
Age 1	0.91 (0.71;1.11)
Age 2	0.37 (0.25;0.50)
Age 3	0.17 (0.11;0.25)
Age 4	0.36 (0.15;0.63)

Mean estimates for fixed and random effects are given with 95% credible intervals in parentheses. Fixed effects with strong support are in bold. Support for variances was assessed using permutation tests (see text for details).

^a Calculated as (last age + 1)/2.

^b Linear covariate, fitted as age - 1.

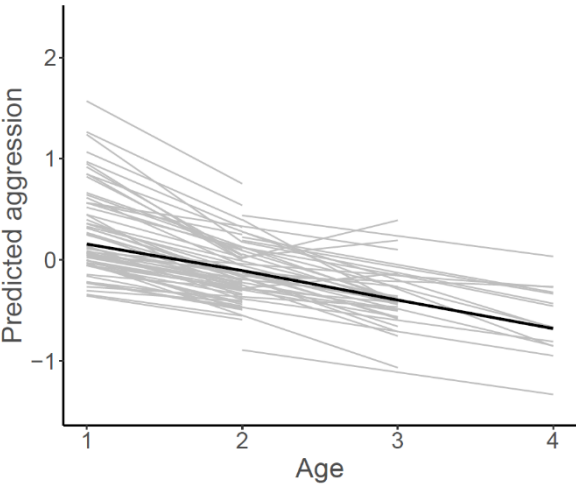
^c Residual variances were allowed to differ across age classes.



629 **Figure 1:** Female aggression with respect to age on the population level. The average population
630 regression line (solid line), as predicted by model 1, is given with associated 95% credible intervals
631 (dashed lines). Points depict predicted values for aggression of individuals at each age. Estimates from
632 model 1 with left-centred age (presented in Table 2) were back-transformed to actual age.

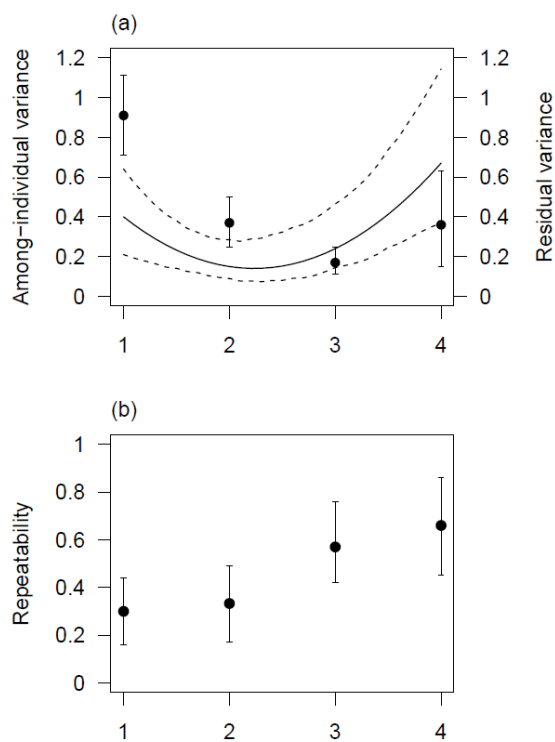
633

634



635 **Figure 2:** Individual (grey lines) and population (black line) reaction norms of female aggression with
636 respect to age. Estimates from model 3 with left-centred age (presented in Table 4) were back-
637 transformed to actual age.

638



640 **Figure 3:** (a) Variances in female aggression as a function of age: among-individual variance (solid
641 line) with associated 95% credible intervals (CrI; dashed lines) across ages and age-specific residual
642 variances (dots) with associated 95% CrI (whiskers) for each age class. (b) Repeatability of aggression
643 (dots) with associated 95% CrI (whiskers) for each age class.

644 **Appendix**

645 All models ran for 2.2×10^6 iterations, discarding the first 2×10^6 iterations (burn-in phase) and using a
646 thinning interval of 1000. This resulted in a sample of 2000 values for each estimate. To assess prior sensitivity,
647 we ran each model with different prior specifications (e.g. inverse Wishart, inverse gamma). Using different
648 relatively uninformative priors gave qualitatively similar results. Results presented in this article are from models
649 with the following prior specifications

650 (1) Bivariate mixed model

651 `list(R=list(V=diag(2)/3,nu=2), G=list(G1=list(V=diag(2)/3, nu=2), G2=list(V=diag(2)/3, nu=2)))`

652 (2) Univariate mixed models

653 `list(R=list(V=1/3,nu=1), G=list(G1=list(V=1/3, nu=1), G2=list(V=1/3, nu=1)))`

654 (3) Random regression model

655 `list(R=list(V=diag(4)/4,nu=0.01), G=list(G1=list(V=diag(2)/3, nu=0.01)))`

656

Table A1: PCA loadings for aggression parameters scored during territorial intrusion experiments

	PC1
Eigenvalue	1.40
Proportion of total variance	0.49
No. of alarm calls	-0.317
Approach distance ^a	0.332
Time on decoy	0.646
No. of attacks	0.610

^a Approach distance was multiplied by -1 prior to analysis.

657

658 **Table A2:** Random effect estimates in explaining variance in aggression and hissing behaviour

	Aggression	Hissing
Fixed effects (β)		
Intercept	-0.03 (-0.32;0.26)	-0.08 (-0.39;0.25)
Random effects (σ^2)		
ID	0.30 (0.18;0.43)	0.71 (0.59;0.84)
Decoy ^a	0.01 (0.00;0.04)	0.01 (0.00;0.02)
Observer ^b	0.04 (0.00;0.12)	0.02 (0.00;0.09)
Year ^c	0.02 (0.00;0.18)	0.03 (0.00;0.28)
Residual	0.67 (0.59;0.79)	0.24 (0.21;0.27)

Mean estimates for fixed and random effects are given with 95% credible intervals in parentheses.

^a Refers to same-sex decoy (five random levels) for aggression and to woodpecker (three random levels) for hissing behaviour.

^b 11 random levels associated with observer identity.

^c Four random levels associated with year (2016–2019).

659

Table A3: Output of univariate mixed models (model 2) using different (sub)sets of data

	Full data		Age 5, 6 and 7 pooled		Age > 5 removed	
	Aggression	Hissing	Aggression	Hissing	Aggression	Hissing
Fixed effects (β)						
Intercept	0.29 (-0.39;0.92)	0.32 (-0.71;1.18)	0.32 (-0.37;0.99)	0.31 (-0.36;0.98)	0.34 (-0.31;1.03)	0.33 (-0.33;1.00)
Mean age	-0.13 (-0.32;0.06)	0.04 (-0.16;0.27)	-0.16 (-0.34;0.05)	0.03 (-0.20;0.25)	-0.17 (-0.36;0.02)	0.02 (-0.19;0.24)
Age deviation	-0.30 (-0.44;-0.15)	-0.08 (-0.20;0.03)	-0.30 (-0.44;-0.15)	-0.08 (-0.20;0.03)	-0.30 (-0.44;-0.15)	-0.08 (-0.20;0.04)
Year 2017	0.14 (-0.10;0.36)	0.49 (0.30;0.68)	0.15 (-0.09;0.40)	0.48 (0.30;0.67)	0.16 (-0.09;0.38)	0.48 (0.29;0.68)
Year 2018	0.32 (0.10;0.56)	0.43 (0.20;0.63)	0.32 (0.07;0.56)	0.41 (0.22;0.65)	0.32 (0.09;0.56)	0.40 (0.19;0.64)
Year 2019	-0.09 (-0.34;0.16)	0.62 (0.34;0.91)	-0.10 (-0.37;0.18)	0.61 (0.35;0.89)	-0.09 (-0.36;0.17)	0.60 (0.32;0.87)
Lay date	-0.01 (-0.02;0.01)	-0.02 (-0.03;-0.01)	-0.01 (-0.02;0.01)	-0.02 (-0.04;-0.01)	-0.01 (-0.03;0.01)	-0.02 (-0.03;-0.01)
Mean clutch	-0.10 (-0.24;0.04)	-0.06 (-0.16;0.05)	-0.10 (-0.25;0.02)	-0.06 (-0.13;0.00)	-0.10 (-0.24;0.03)	-0.06 (-0.12;0.00)
Clutch deviation	0.00 (-0.06;0.06)	0.01 (-0.13;0.13)	0.00 (-0.06;0.06)	0.01 (-0.09;0.08)	0.00 (-0.06;0.06)	0.00 (-0.08;0.09)
Random effects (σ^2)						
ID	0.19 (0.06;0.32)	0.62 (0.49;0.75)	0.18 (0.06;0.31)	0.63 (0.50;0.78)	0.18 (0.06;0.31)	0.63 (0.51;0.77)
ID_Year	0.19 (0.06;0.31)	0.13 (0.07;0.18)	0.19 (0.07;0.33)	0.12 (0.07;0.18)	0.19 (0.07;0.34)	0.13 (0.07;0.19)
Residual	0.57 (0.49;0.67)	0.20 (0.17;0.23)	0.57 (0.48;0.66)	0.20 (0.17;0.23)	0.57 (0.48;0.66)	0.20 (0.18;0.23)
N (ID;obs)	290;686	311;866	290;686	311;866	289;683	310;862

Mean estimates for fixed and random effects are given with 95% credible intervals in parentheses. Fixed effects with strong support are in bold. *N* (ID;obs): number of individuals/number of observations per analysis.

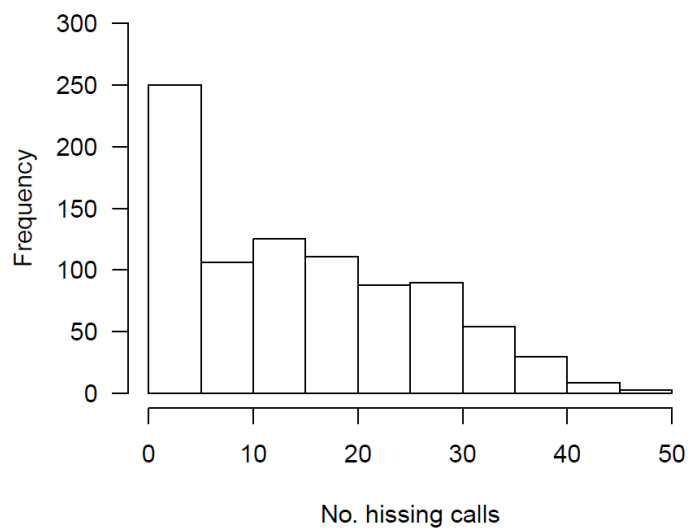
1 **Table A4:** Output of univariate mixed models using only data of females with full life histories

	Aggression	Hissing
Fixed effects (β)		
Intercept	0.63 (-0.49;1.81)	-0.09 (-1.25;1.03)
Mean age	-0.29 (-0.67;0.08)	0.19 (-0.26;0.63)
Age deviation	-0.54 (-0.86;-0.24)	-0.21 (-0.51;0.06)
Year 2017	0.19 (-0.19;0.52)	0.56 (0.24;0.85)
Year 2018	0.37 (-0.06;0.79)	0.48 (0.02;0.89)
Lay date	-0.01 (-0.03;0.02)	-0.01 (-0.04;0.01)
Mean clutch	-0.04 (-0.15;0.08)	-0.04 (-0.15;0.07)
Clutch deviation	0.06 (-0.14;0.27)	0.09 (-0.14;0.27)
Random effects (σ^2)		
ID	0.29 (0.12;0.49)	0.66 (0.44;0.88)
ID_Year	0.00 (0.00;0.00)	0.09 (0.02;0.18)
Residual	0.68 (0.53;0.85)	0.21 (0.16;0.25)
<i>N</i> (ID;obs)	119;255	130;329

Mean estimates for fixed and random effects are given with 95% credible intervals in parentheses. Fixed effects with strong support are in bold. *N* (ID;obs): number of individuals/number of observations per analysis.

2

3



4

5 **Figure A1:** Distribution of the number of hissing calls produced.